

2012 NCAA Division II Women's Soccer Championship
West Regional – First Round
Seattle Pacific vs. BYU-Hawaii Quotes, Nov. 8, 2012

Seattle Pacific Head Coach Chuck Sekyra

On how he felt his team performed against BYU-Hawaii:

"I thought we were fine. I thought defensively, we kept our shape up. I thought we were very organized and did a nice job of defending as a team. I just thought we could be more efficient in our movement of the ball, our finishing opportunities. I think we can get better chances by keeping the ball a little bit longer in the final third. The first game can always be rough; you want to get through it, and then you've got the confidence to do anything, so I feel good about the fact that we got our first game under our belt and won."

On what SPU will need to do against UCSD Saturday night to move on:

"We'll have to be very efficient. We'll have to be tremendously organized defensively. We'll want to put our chances away. We'll just have to be very efficient in all areas of the field and all areas of the game."

Seattle Pacific Sophomore Forward Heather Young

On her game-winning goal:

"Our teammate had the ball on the left side of the field, and I felt a defender on my back and I knew (Laura Moore) was going to chip it in so when she did, I just kind of flicked the ball, and thankfully, the keeper was out of position and under the net and the ball popped over her head and went in."

On facing UCSD in Saturday night's Second Round:

"We're just going to come in prepared and mentally strong. We know what we need to do. We've been here last year and we got kicked out, but this year's different and we have something to work for, something to prove with our team, so I think we'll be ready."

BYU-Hawaii Head Coach Alex Ruegner

General comments on the game:

"I thought it was a hard-fought match. (Seattle Pacific) is definitely an awesome program. They have been for a long time. I think we battled on both ends and it was a good game. It was definitely a hard-fought game. They won, and we lost."