



2011 UC SAN DIEGO

Volleyball

Contact: Scott Flanders • sflanders@ucsd.edu • 805.390.4219

SCHEDULE/RESULTS

0-0 Overall
0-0 CCAA

August

25 at Point Loma Nazarene (exhib.) W 3-1
29 Cal Baptist (scrimmage) 4 p.m.

September

1 at Hawai'i Pacific¹ 10 p.m.
2 vs. Seattle Pacific¹ 8 p.m.
3 vs. Northwest Nazarene¹ 4:30 p.m.
3 vs. Chaminade¹ 10:30 p.m.
9 Cal Poly Pomona* 7 p.m.
11 San Francisco State* 1 p.m.
16 at Cal State Dominguez Hills* 7 p.m.
17 at Cal State L.A.* 7 p.m.
23 Cal State Stanislaus* 7 p.m.
24 Chico State* 7 p.m.
30 at Humboldt State* 7 p.m.

October

1 at Sonoma State* 7 p.m.
5 Cal State San Bernardino* 7 p.m.
7 at Cal State Monterey Bay* 7 p.m.
8 at Cal State East Bay* 7 p.m.
14 at San Francisco State* 7 p.m.
15 at Cal Poly Pomona* 7 p.m.
21 Cal State L.A.* 7 p.m.
22 Cal State Dominguez Hills* 7 p.m.
28 at Chico State* 7 p.m.
29 at Cal State Stanislaus* 7 p.m.

November

4 Sonoma State* 7 p.m.
5 Humboldt State* 7 p.m.
9 at Cal State San Bernardino* 7 p.m.
11 Cal State East Bay* 7 p.m.
12 Cal State Monterey Bay* 7 p.m.
17-20 NCAA Regionals TBA

December

1-3 NCAA Finals TBA

¹ Hilton Waikiki Beach Invitational (Honolulu)

* CCAA match
all times Pacific

TRITONS OPEN 2011 SEASON IN THE ISLANDS

HILTON WAIKIKI BEACH INVITATIONAL
September 1-3, 2011
Honolulu, Hawai'i

September 1
vs. Hawai'i Pacific
10 p.m.



September 2
vs. Seattle Pacific
8 p.m.



September 3
vs. Northwest Nazarene
4:30 p.m.



September 3
vs. Chaminade
10:30 p.m.



UCSD Against the Tourney Field

Chaminade

All-time series record: 5-0

Last meeting: 8/30/07 (UCSD 3, CUH 0)

Hawai'i Pacific

All-time series record: 4-3

Last meeting: 8/31/07 (UCSD 3, HPU 0)

Northwest Nazarene

All-time series record: 4-0

Last meeting: 11/15/07 (UCSD 3, NNU 2)

Seattle Pacific

All-time series record: 5-1

Last meeting: 9/6/08 (UCSD 3, SPU 1)

AVCA Ranks UCSD 24th in National Preseason Poll

The Tritons head into the season ranked 24th nationally according to the American Volleyball Coaches Association (AVCA) Preseason Poll, one spot better than where they finished the 2010 season. Reigning national champion Concordia-St. Paul is ranked No. 1 and garnered all 32 first place votes, while Central Missouri is No. 2 and the CCAA's Cal State San Bernardino is ranked third. Seattle Pacific is 13th, the same ranking it held at the end of the 2010 season. See page three for the complete poll.

CCAA Coaches Pick UCSD to Finish Second in the League

The annual California Collegiate Athletic Conference (CCAA) Preseason Coaches Poll has UCSD finishing second in the league this season. Reigning champion Cal State San Bernardino is chosen to repeat and Sonoma State rounds out the top three. See page three for the complete poll.

UCSD Volleyball Honored by AVCA for Academic Excellence

The American Volleyball Coaches Association (AVCA) recently announced that the UCSD women's volleyball program earned an AVCA Team Academic Award for the 2010-11 season. The award, which was initiated following the 1992-93 academic year, honors collegiate and high school volleyball teams that displayed excellence in the classroom by maintaining at least a 3.30 cumulative team grade point average on a 4.0 scale or a 4.10 cumulative team GPA on a 5.0 scale. Since the award's inception, the number of honorees has grown 674%. A total of 481 squads garnered the award this year, 57 of those coming from the NCAA Division II ranks.



Scan code to download PDF to mobile



click pics for complete bio!



1 • Wilroy



2 • Werhane



3 • Lombardi



4 • Brunsting



5 • Williamson



6 • Andrews



7 • Deer



8 • Nazaradeh



10 • Demos



11 • Kinney



14 • Condon



15 • Gam



16 • Freidenberg



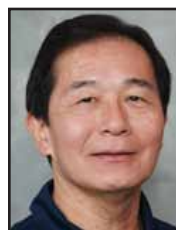
22 • McCutchan



32 • Hawthorne



HC • Ricci Luyties



AC • Mas Shibata



AC • Katie Glomb

ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown/High School/Last School
1	Tash Wilroy	MB	5-11	Jr.	Saugus/Saugus/Pierce College
2	Janessa Werhane	L	5-8	Sr.	Norco/Norco
3	Brittany Lombardi	DS/L	5-8	So.	Carmel/Carmel
4	Roxanne Brunsting	OH/S	5-10	Sr.	Chula Vista/Bonita Vista
5	Hillary Williamson	OH	5-10	Sr.	Orange/EI Modena
6	Lizzy Andrews	OH/L	5-10	So.	Santa Clara/Archbishop Mitty
7	Karly Deer	S	5-8	So.	La Jolla/La Jolla
8	Edrina Nazaradeh	MB	5-11	RFr.	San Jose/Archbishop Mitty
10	Lauren Demos	MB	6-1	Fr.	Newport Beach/Newport Harbor
11	Rachele Kinney	OPP	6-1	RFr.	Granite Bay/Granite Bay
14	Katie Condon	OH	5-10	Sr.	Pasadena/Flintridge Sacred Heart
15	Rachel Gam	OH	6-2	Fr.	Oak Park/Oak Park
16	Julia Freidenberg	MB	5-11	Jr.	Seattle, Wash./Interlake
22	Sara McCutchan	MB	6-0	RFr.	Irvine/Woodbridge
32	Amber Hawthorne	S	5-10	Fr.	Granada Hills/Granada Hills

Head Coach Ricci Luyties, 2nd season (UCLA '85)
Assistant Coach Mas Shibata, 2nd season (Fresno State '77)
Assistant Coach Katie Glomb, 1st season (Cal State East Bay '11)

By Position

Defensive Specialist (1)
 3 Brittany Lombardi
 Libero (3)
 2 Janessa Werhane
 3 Brittany Lombardi
 6 Lizzy Andrews
 Middle Blocker (5)
 1 Tash Wilroy
 8 Edrina Nazaradeh
 10 Lauren Demos
 16 Julia Freidenberg
 22 Sara McCutchan

Opposite (1)
 11 Rachele Kinney
 Outside Hitter (5)
 4 Roxanne Brunsting
 5 Hillary Williamson
 6 Lizzy Andrews
 14 Katie Condon
 15 Rachel Gam

Setter (3)
 4 Roxanne Brunsting
 7 Karly Deer
 32 Amber Hawthorne

By Year

Freshman (3)
 10 Lauren Demos
 15 Rachel Gam
 32 Amber Hawthorne
 Redshirt Freshman (3)
 8 Edrina Nazaradeh
 11 Rachele Kinney
 22 Sara McCutchan
 Sophomore (3)
 3 Brittany Lombardi
 6 Lizzy Andrews
 7 Karly Deer
 Junior (2)
 1 Tash Wilroy
 16 Julia Freidenberg
 Senior (4)
 2 Janessa Werhane
 4 Roxanne Brunsting
 5 Hillary Williamson
 14 Katie Condon

Pronunciations

1 TAHSH (Natasha) WILL-roy (rhymes with boy)
 2 Janessa WHIRR-hayne
 8 Edd-REE-nah Nah-zah-RAH-dee
 10 Lauren DEE-mohse (rhymes with close)
 11 Rah-SHELL Kinney
 14 Katie CON-dun
 15 RAY-chill Gamm (rhymes with ham)
 16 Julia FRY-den-burg
 HC RICKY LOO-tees
 AC MAHS Shih-BAH-tah
 AC Katie GLOMB (rhymes with bomb)

Starters Returning (4 + libero)

No.	Name	Pos.	MP-MS	SP	KPS	Pct.	APS	SAPS	DPS	BPS	PPS
2	Janessa Werhane	L	28-0	109	0.01	-.133	0.74	0.23	4.61	0.00	0.24
4	Roxanne Brunsting	OH/S	25-25	93	2.54	.181	3.74	0.38	3.30	0.39	3.17
5	Hillary Williamson	OH	25-24	94	2.22	.158	0.26	0.10	3.03	0.26	2.46
14	Katie Condon	OH	28-28	107	2.94	.200	0.28	0.24	3.20	0.34	3.39
16	Julia Freidenberg	MB	27-25	101	2.11	.347	0.16	0.27	0.93	0.73	2.80

Starters Lost (2)

No.	Name	Pos.	MP-MS	SP	KPS	Pct.	APS	SAPS	DPS	BPS	PPS
12	Kaitlin Potter	MB	25-17	72	2.14	.327	0.07	0.00	0.39	0.50	2.41
15	Thalia McCann	S	28-17	108	0.69	.319	7.64	0.08	1.80	0.24	0.90

Other Letterwinners Returning (3)

No.	Name	Pos.	MP-MS	SP	KPS	Pct.	APS	SAPS	DPS	BPS	PPS
3	Brittany Lombardi	DS/L	6-1	22	0.00	-.429	0.18	0.23	2.05	0.00	0.23
6	Lizzy Andrews	OH/L	6-1	9	0.44	-.048	0.11	0.00	1.56	0.00	0.44
7	Karly Deer	S	8-0	12	0.00	.000	1.83	0.00	0.42	0.00	0.00

Other Letterwinners Lost (4)

No.	Name	Pos.	MP-MS	SP	KPS	Pct.	APS	SAPS	DPS	BPS	PPS
9	Audrey Green	MB	25-14	86	0.90	.221	0.03	0.00	0.22	0.73	1.34
10	Sally Yingst	OH	8-2	25	1.76	.118	0.16	0.04	1.68	0.12	1.86
17	Cara Simonsen	MB	26-11	67	1.25	.222	0.09	0.03	0.31	0.66	1.66
19	Alanna Rutan	OPP	24-4	69	0.87	.219	0.06	0.17	0.72	0.10	1.11

Newcomers (4)

No.	Name	Pos.	Ht.	Yr.
1	Tash Wilroy	MB	5-11	Jr.
10	Lauren Demos	MB	6-1	Fr.
15	Rachel Gam	OH	6-2	Fr.
32	Amber Hawthorne	S	5-10	Fr.

QUICK FACTS

The University

Location	La Jolla, CA 92093
Founded	1960
Enrollment	29,110
Colors	Blue and Gold
Nickname	Tritons
Affiliation	NCAA Division II
Conference	CCAA
Chancellor	Dr. Marye Anne Fox
Athletics Director	Earl W. Edwards
Athletics Phone	858.534.4211
Facility (capacity)	RIMAC Arena (5,000)
Press Row Phone	805.390.4219

Coaching Staff

Head Coach	Ricci Luyties, 2nd season
Alma Mater	UCLA '85
Record at UCSD (years)	19-9 (1)
Overall Record (years)	104-105 (7)
E-mail	rluyties@ucsd.edu
Assistant Coach	Mas Shibata, 2nd season
Alma Mater	Fresno State '77
E-mail	m1shibata@ucsd.edu
Assistant Coach	Katie Glomb, 1st season
Alma Mater	Cal State East Bay '11
E-mail	kglobm@ucsd.edu
Volleyball Phone	858.534.8443

2010 Season

Overall Record	19-9
CCAA Record (finish)	15-7 (T-2nd)
Final AVCA Ranking	25th
Highest AVCA Ranking	8th
Postseason	NCAA West Region Semifinalist

Team History

First Season	1976
Overall Record (years)	841-309 (35)
First Year in NCAA Division II	2000
NCAA Division II Record (years)	261-67 (11)
CCAA Record (years)	180-45 (11)
CCAA Titles (years)	1 (2004)
NCAA Division II Tournaments (years)	10 (2000, 2001, 2002, 2003, 2004, 2006, 2007, 2008, 2009, 2010)
NCAA Division III Record (years)	580-242 (24)
NCAA Division III Tournaments (years)	19 (1981-99)
NCAA Division III National Titles (years)	7 (1981, 1984, 1986, 1987, 1988, 1990, 1997)

Communications

Volleyball Contact	Scott Flanders
E-mail	sflanders@ucsd.edu
Phone	805.390.4219
Press Row Phone	805.390.4219

On the Web

UCSD Athletics	ucsdtritons.com
CCAA	goccaa.org
AVCA	avca.org
NCAA	ncaa.com/sports/volleyball-women/d2

Social

Facebook	UCSDTritons
Twitter	UCSDAthletics

AVCA NATIONAL POLL

Rank	Team (1st place votes)	2010 Final
1	Concordia-St. Paul (32)	1
2	Central Missouri	3
3	Cal State San Bernardino	4
4	Tampa	2
5	Washburn	6
T6	Nebraska-Kearney	5
T6	Southwest Minnesota State	7
8	Grand Valley State	8
9	Wayne State (Neb.)	9
10	Hillsdale	12
11	Metro State	11
12	Minnesota Duluth	10
13	Seattle Pacific	13
14	Indianapolis	15
15	Lewis	14
16	Minnesota State	16
17	Western Washington	17
18	Emporia State	18
19	West Florida	19
20	Truman	21
21	Wingate	24
22	Dowling	20
23	Abilene Christian	22
24	UC San Diego	25
25	Northern Michigan	23

UCSD in the AVCA Poll

Preseason	24
-----------	----

CCAA COACHES POLL

Rank	Team (1st place votes)	Points
1	Cal State San Bernardino (11)	121
2	UC San Diego (1)	100
3	Sonoma State	95
4	Cal State L.A.	89
5	Cal State East Bay	84
6	Chico State	68
T7	Cal State Monterey Bay	54
T7	San Francisco State	54
9	Cal Poly Pomona	45
10	Cal State Stanislaus	34
11	Humboldt State	17
12	Cal State Dominguez Hills	15

FINAL 2010 CCAA STANDINGS

School	CCAA	Overall
Cal State San Bernardino	21-1	28-2
Cal State East Bay	15-7	20-7
UC San Diego	15-7	19-9
Sonoma State	14-8	17-10
Cal State L.A.	13-9	16-11
Cal State Monterey Bay	12-10	15-10
San Francisco State	11-11	14-13
Cal State Stanislaus	10-12	13-14
Chico State	9-13	14-14
Cal Poly Pomona	8-14	10-17
Cal State Dominguez Hills	2-20	3-25

2010 UC San Diego Women's Volleyball
UC San Diego Combined Team Statistics (as of Aug 10, 2011)
All matches

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	19-9	9-2	7-6	3-1
CONFERENCE	15-7	9-2	6-5	0-0
NON-CONFERENCE	4-2	0-0	1-1	3-1

#	Player	sp	Attack				pct	Set		Serve			Dig			Blocking					points		
			k	k/s	e	ta		a	a/s	sa	se	sa/s	re	dig	dig/s	bs	ba	total	blk/s	be		bhe	
14	CONDON, Katie	107	315	2.94	105	1052	.200	30	0.28	26	8	0.24	29	342	3.20	8	28	36	0.34	8	1	363.0	
4	BRUNSTING, Roxanne	93	236	2.54	104	731	.181	348	3.74	35	38	0.38	6	307	3.30	11	25	36	0.39	5	5	294.5	
16	FREIDENBERG, Julia	101	213	2.11	49	473	.347	16	0.16	27	20	0.27	0	94	0.93	12	62	74	0.73	5	2	283.0	
5	WILLIAMSON, Hillary	94	209	2.22	115	594	.158	24	0.26	9	13	0.10	15	285	3.03	3	21	24	0.26	7	0	231.5	
12	POTTER, Kaitlin	72	154	2.14	43	339	.327	5	0.07	0	0	0.00	0	28	0.39	3	33	36	0.50	1	0	173.5	
9	GREEN, Audrey	86	77	0.90	29	217	.221	3	0.03	0	0	0.00	0	19	0.22	14	49	63	0.73	9	1	115.5	
17	SIMONSEN, Cara	67	84	1.25	37	212	.222	6	0.09	2	3	0.03	1	21	0.31	7	37	44	0.66	2	1	111.5	
15	MCCANN, Thalia	108	74	0.69	16	182	.319	825	7.64	9	15	0.08	1	194	1.80	2	24	26	0.24	4	5	97.0	
19	RUTAN, Alanna	69	60	0.87	20	183	.219	4	0.06	12	18	0.17	7	50	0.72	2	5	7	0.10	0	0	76.5	
10	YINGST, Sally	25	44	1.76	24	169	.118	4	0.16	1	8	0.04	7	42	1.68	0	3	3	0.12	3	0	46.5	
2	WERHANE, Janessa	109	1	0.01	3	15	-.133	81	0.74	25	50	0.23	25	503	4.61	0	0	0	0.00	0	1	26.0	
3	LOMBARDI, Brittany	22	0	0.00	3	7	-.429	4	0.18	5	2	0.23	5	45	2.05	0	0	0	0.00	0	0	5.0	
6	ANDREWS, Lizzy	9	4	0.44	5	21	-.048	1	0.11	0	0	0.00	0	14	1.56	0	0	0	0.00	0	0	4.0	
7	DEER, Karly	12	0	0.00	0	2	.000	22	1.83	0	0	0.00	0	5	0.42	0	0	0	0.00	1	1	0.0	
	TEAM	-	-	-	-	-	-	-	-	-	-	-	4	-	-	-	-	-	-	-	-	-	-
	UC SAN DIEGO	109	1471	13.50	553	4197	.219	1373	12.60	151	175	1.39	100	1949	17.88	62	287	205.5	1.89	45	17	1827.5	
	Opponents	109	1325	12.16	584	4086	.181	1252	11.49	100	184	0.92	151	1862	17.08	92	274	229.0	2.10	42	28	1654.0	

Team Statistics	UCSD	OPP	Date	Opponent	Score	Score by set	Att.
ATTACK			Sep 03	vs Alaska Anchorage	w 3-2	25-15,25-23,24-26,22-25,15-12	122
Kills	1471	1325	Sep 03	vs Central Washington	w 3-0	25-18,25-14,25-18	146
Errors	553	584	Sep 04	vs Western Washington	L 1-3	25-19,27-29,22-25,24-26	126
Total Attacks	4197	4086	Sep 04	at Western Oregon	w 3-0	25-23,25-12,25-18	112
Attack Pct	.219	.181	*Sep 10	HUMBOLDT STATE	w 3-0	25-22,25-20,25-22	268
Kills/Set	13.5	12.2	*Sep 11	SONOMA STATE	w 3-0	25-14,25-21,25-22	358
SET			*Sep 15	#24 CAL STATE EAST BAY	L 2-3	25-27,22-25,25-19,25-22,13-15	234
Assists	1373	1252	*Sep 17	at CSUMB	L 2-3	27-29,22-25,25-18,25-15,12-15	425
Attempts	4012	3957	*Sep 18	at San Francisco State	L 2-3	25-15,28-26,21-25,26-28,13-15	178
Assist Pct	.342	.316	*Sep 24	at Chico State	L 2-3	14-25,25-20,25-13,23-25,18-20	172
Assists/Set	12.6	11.5	*Sep 25	at Cal State Stanislaus	L 1-3	19-25,26-24,20-25,22-25	228
SERVE			*Oct 01	#23 CAL STATE L.A.	w 3-1	22-25,25-22,25-16,25-21	467
Aces	151	100	*Oct 02	CSU DOMINGUEZ HILLS	w 3-0	26-24,25-20,25-20	334
Errors	175	184	*Oct 08	#4 CSU SAN BERNARDINO	L 1-3	25-17,18-25,22-25,12-25	407
Attempts	2462	2243	*Oct 09	CAL POLY POMONA	w 3-1	19-25,25-22,25-19,25-15	394
Serve Pct	.929	.918	*Oct 15	at Sonoma State	w 3-2	25-23,25-21,22-25,20-25,15-8	234
Aces/Set	1.4	0.9	*Oct 16	at Humboldt State	w 3-1	25-15,22-25,25-19,25-14	163
SERVE RECEPTIONS			*Oct 22	SAN FRANCISCO STATE	w 3-1	19-25,25-22,25-9,25-19	394
Errors	100	151	*Oct 23	CSU MONTEREY BAY	w 3-0	25-15,25-14,25-17	464
Errors/Set	0.9	1.4	*Oct 27	at #22 Cal State East Bay	w 3-1	25-19,25-20,16-25,26-24	407
Attempts	2053	2276	*Oct 29	CAL STATE STANISLAUS	w 3-1	25-20,25-23,22-25,25-19	452
Reception Pct	.951	.934	*Oct 30	CHICO STATE	w 3-0	25-13,25-19,25-19	577
DEFENSE			*Nov 05	at CSU Dominguez Hills	w 3-0	25-13,25-19,25-13	83
Digs	1949	1862	*Nov 06	at Cal State L.A.	w 3-2	15-25,21-25,25-14,25-23,15-12	420
Digs/Set	17.9	17.1	*Nov 12	at Cal Poly Pomona	w 3-2	22-25,22-25,25-15,25-19,15-11	227
BLOCKING			*Nov 13	at #6 CSU San Bernardino	L 0-3	14-25,19-25,18-25	422
Block Solo	62	92	Nov 18	vs Sonoma State	w 3-0	25-23,25-14,25-17	113
Block Assist	287	274	%Nov 19	at #6 CSU San Bernardino	L 0-3	14-25,11-25,23-25	690
Total Blocks	205.5	229.0					
Blocks/Set	1.9	2.1					
Block Errors	45	42					
Ball handling errors	17	28					
ATTENDANCE							
Total	4349	3761					
Dates/Avg Per Date	11/395	13/289					
Neutral site #/Avg	4/127						
Current win streak	0	-					
Home win streak	5	-					

Record in 3-set matches: 9-2
Record in 4-set matches: 6-3
Record in 5-set matches: 4-4