



NCAA Division II West Regional Cross Country Championships

Team Standings

Start Time: Saturday, November 5, 2011 10:30:00 AM

Saturday, November 5, 2011 1:10:37 PM

Womens 6K

Place	Total Points	Team Name				Total Time					
1	27	Alaska Anchorage Women				1:47:30.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
1	Ruth KEINO	16	5:35.4	20:51	*	3	Miriam KIPNGENO	15	5:44.5	21:25	*
4	Ivy OGUINN	14	5:45.3	21:28	*	7	Shoshana KEEGAN	16	5:49.9	21:45	*
12	Susan BICK	14	5:54.2	22:01	*	14	Susan TANUI	14	5:56.3	22:09	
27	Bryn HAEBE	13	6:00.9	22:26							
2	66	Chico State Women				1:50:03.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
5	Alia GRAY	16	5:47.7	21:37	*	9	Amy SCHNITTGER	16	5:51.7	21:52	*
13	Katie SPENCER	16	5:55.2	22:05	*	19	Shannon RICH	16	5:57.6	22:14	*
20	Paige HENKER	15	5:57.9	22:15	*	23	Jonah WEEKS	15	5:59.5	22:21	
48	Tiffany HEFLIN	13	6:10.5	23:02							
3	148	Western Washington Women				1:52:45.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
15	Rachael JOHNSON	16	5:56.6	22:10	*	21	Katelyn STEEN	13	5:58.2	22:16	*
29	Lauren BREIHOF	16	6:01.9	22:30	*	38	Mary ROGERS	15	6:07.3	22:50	*
45	Haley OCONNOR	13	6:09.7	22:59	*	47	Sierra BRISKY	16	6:10.2	23:01	
77	Mikhaila THORNTON	13	6:23.1	23:49							
4	164	Alaska Fairbanks Women				1:53:05.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
10	Theresia SCHNURR	16	5:52.5	21:55	*	24	Crystal PITNEY	16	5:59.8	22:22	*
34	Raphaela SIEBER	14	6:04.6	22:40	*	42	Heather EDIC	15	6:08.9	22:56	*
54	Jana BENEDIX	16	6:13.2	23:12	*	97	Alyson MCPHETRES	14	6:29.5	24:13	
108	Kryston MCPHETRES	13	6:33.6	24:28							
5	171	Cal Poly Pomona Women				1:53:08.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
6	Tiffany DINH	15	5:49.1	21:42	*	31	Diana ZAPATA	16	6:03.3	22:35	*
35	Jazmine REYES	15	6:04.9	22:41	*	39	Lizette HUERTA	13	6:07.8	22:52	*
60	Sarah GULLI	14	6:14.8	23:18	*	81	Jenny MCCARTHY	15	6:25.0	23:56	
84	Regina LOPEZ	14	6:25.8	23:59							
6	212	Seattle Pacific Women				1:54:17.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
11	Heidi LAABS-JOHNSON	16	5:53.9	22:00	*	22	Natty PLUNKETT	16	5:58.4	22:17	*
51	Robyn ZEIDLER	14	6:11.3	23:05	*	59	Mckayla FRICKER	14	6:14.5	23:17	*
69	Allison CUTTING	14	6:20.2	23:38	*	73	Jasmine JOHNSON	13	6:22.0	23:45	
121	Josephine BECKER	16	6:38.1	24:45							

* indicates runner scored team points

Womens 6K

Place	Total Points	Team Name						Total Time			
7	216	San Francisco St. Women						1:54:29.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
16	Zuleima JIMENEZ	14	5:56.8	22:11	*	26	Paxton COTA	13	6:00.6	22:25.	*
46	Sue CHOI	15	6:10.0	23:00.	*	61	Alicia TRUJILLO	14	6:15.1	23:19.	*
67	Kendall DYE	15	6:19.1	23:34.	*	89	Lindsay ENRIGHT	14	6:27.4	24:05.	
96	Caitlin STARK	14	6:29.3	24:12							
8	224	UC San Diego Women						1:54:38.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
8	Chia CHANG	14	5:50.1	21:46	*	28	Michelle LEROUX	13	6:01.4	22:28	*
43	Dani BRABENDER	13	6:09.2	22:57	*	70	Alia BALES	13	6:20.7	23:40.	*
75	Aaryn KOBAYASHI	16	6:22.6	23:47	*	80	Ximena CRUZ	15	6:24.7	23:55	
94	Madison TANNER	13	6:28.7	24:10							
9	239	Cal St. Stanislaus Women						1:55:00.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
30	Courtney ANDERSON	15	6:02.5	22:32	*	32	Denali FOLDAGER	16	6:03.8	22:37	*
57	Rachel NARANJO	15	6:14.0	23:15.	*	58	Katie TIMMERMANS	14	6:14.3	23:16.	*
62	Claire JENKINS	16	6:15.3	23:20.	*	79	Alyssa THIELE	15	6:24.2	23:53	
106	Marina GHABBOUR	14	6:33.0	24:26							
10	262	Cal St. Los Angeles Women						1:55:50.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
25	Maritza HERNANDEZ	16	6:00.3	22:24	*	40	Valerie SANCHEZ	16	6:08.1	22:53.	*
41	Cassie MEJIA	15	6:08.4	22:54	*	64	Sabrina LOPEZ	14	6:18.3	23:31	*
92	Alyssa VAUGHN	15	6:28.2	24:08.	*	113	Raizah SINGH	15	6:34.9	24:33.	
127	Regina HERNANDEZ	14	6:40.3	24:53							
11	305	Humboldt State Women						1:56:13.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
2	Bridget BERG	15	5:42.6	21:18	*	53	Amanda REYNOLDS	13	6:12.9	23:11	*
55	Jeannie CASTELL	14	6:13.5	23:13.	*	71	Alizah ROTMAN	15	6:21.0	23:41.	*
124	Kindra ASCHENBRENNER	14	6:39.5	24:50.	*	143	Chelsea SCHAEFER	15	6:48.0	25:22	
12	312	BYU-Hawaii Women						1:57:07.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
36	Lacey KROUT	16	6:06.2	22:46	*	37	Katherine BUXTON	16	6:07.0	22:49	*
63	Kassondra MCGONEGAL	14	6:16.7	23:25	*	86	Katrina KROPASHEK	13	6:26.3	24:01.	*
90	Kelsey ELDER	15	6:27.7	24:06.	*	139	Veronica CAMARILLO	13	6:46.7	25:17.	
13	339	Northwest Nazarene Women						1:57:25.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
18	Natalie EVANS	14	5:57.4	22:13.	*	49	Jordan POWELL	15	6:10.8	23:03	*
56	Meagan SWENSON	15	6:13.7	23:14.	*	104	Hailey BRADSHAW	13	6:32.2	24:23.	*
112	Keesha BROWN	13	6:34.6	24:32.	*	134	Christine HARWOOD	15	6:45.1	25:11	
161	Danielle BEESLEY	16	7:46.2	28:59							
14	417	Western Oregon Women						1:59:25.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
50	Amanda WRIGHT	16	6:11.0	23:04.	*	52	Janelle EVERETTS	16	6:12.1	23:08	*
95	Megan EVERETTS	16	6:29.0	24:11	*	98	Nicole ANDERSON	13	6:30.3	24:16	*
122	Kayanna CECCHI	16	6:38.4	24:46	*	136	Rachel SHELLEY	13	6:45.9	25:14.	
137	Meryl BUTCHER	16	6:46.2	25:15.							
15	423	Cal St. San Bernadino Women						1:59:52.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
66	Rebekah FRAZIER	15	6:18.8	23:33	*	76	Deserae PEREZ	15	6:22.8	23:48.	*
88	Nikki CHESNUT	16	6:27.1	24:04.	*	93	Victoria PERDOMO	13	6:28.5	24:09.	*
100	Janelle MYERS	13	6:30.9	24:18	*	118	Courtney CIRAULO	15	6:36.2	24:38.	
140	Dominique ESPARZA	13	6:47.0	25:18.							

* indicates runner scored team points

Womens 6K

Place	Total Points	Team Name				Total Time					
16	511	Sonoma St. Women				2:01:44.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
82	Carly MCCREADY	16	6:25.3	23:57	*	101	Kelli BERCIER	13	6:31.4	24:20	*
103	Alicia LEUTH	15	6:32.0	24:22.	*	109	Rachel BORG	15	6:33.8	24:29	*
116	Sabille SCHEPPMANN	16	6:35.7	24:36.	*	128	Ashley HOLTZE	16	6:40.8	24:55	
145	Veronica KAYS	15	6:50.5	25:31							
17	517	MSU-Billings Women				2:02:06.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
17	Whitney MICKELSEN	15	5:57.1	22:12.	*	102	Renae HEPFNER	13	6:31.7	24:21.	*
107	Melanie BOCK	14	6:33.3	24:27	*	144	Mary OWEN	15	6:49.1	25:26	*
147	Theresa LOMBARDI	13	6:52.9	25:40	*	149	Elizabeth BROWN	13	6:54.5	25:46	
151	Keri CLUMP	14	6:57.4	25:57							
18	517	Cal St. Monterey Bay Women				2:01:45.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
33	Piper DELANEY	15	6:04.1	22:38	*	105	Cristina HERNANDEZ	13	6:32.5	24:24	*
115	Jennie YEAMAN	13	6:35.4	24:35.	*	123	Hayley THARP	16	6:39.2	24:49.	*
141	Sara DIONNE	13	6:47.2	25:19.	*	150	Allie LEVY	13	6:54.7	25:47	
155	Ally SWAN	13	7:10.3	26:45							
19	532	Grand Canyon Women				2:02:16.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
68	Megan YOUNG	15	6:19.9	23:37	*	99	Kelsi BEAM	14	6:30.6	24:17	*
110	Monique BELMUDES	15	6:34.1	24:30	*	126	Justine PETERSON	15	6:40.0	24:52.	*
129	Julia WILD	15	6:42.1	25:00	*	133	Amber CHRISTENBERRY	15	6:44.8	25:10	
158	Megan ANDERSON	13	7:21.3	27:26							
20	540	Cal St. East Bay Women				2:02:46.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
65	Kaitlyn SMITH	13	6:18.6	23:32	*	87	Amanda MCNABB	15	6:26.9	24:03.	*
111	Gabriella CRUZ	16	6:34.4	24:31.	*	131	Tiffany DUFFY	14	6:43.2	25:04	*
146	Nastassia HAMOR	15	6:51.8	25:36	*						
21	551	Central Washington Women				2:02:42.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
85	Connie MORGAN	13	6:26.1	24:00.	*	91	Ashlee SINCRAUGH	14	6:27.9	24:07.	*
117	Chelsea DOWDELL	13	6:36.0	24:37.	*	120	Taylor KARTES	14	6:37.3	24:42	*
138	Rose CRUZE	13	6:46.4	25:16.	*	152	Briana BARTON	13	7:03.1	26:18	
157	Ashley RICE	15	7:15.4	27:04							
22	561	Cal St. Dominguez Hills Women				2:03:35.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
72	Astynne PRICE	16	6:21.2	23:42.	*	74	Reyna SAMANIEGO	16	6:22.3	23:46.	*
132	Rebecca CARACOZA	16	6:44.6	25:09	*	135	Julia WILSON	13	6:45.6	25:13.	*
148	Lidia FERMAN	15	6:54.2	25:45	*	156	Gloria FLORES	13	7:12.4	26:53	
23	569	Hawaii Pacific Women				2:05:02.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
78	Kim KUHNERT	15	6:23.6	23:51	*	83	Shannon WHITE	13	6:25.5	23:58	*
119	Mary BOTSFORD	15	6:36.8	24:40	*	130	Alisha GIPE	14	6:42.9	25:03	*
159	Taylor SINN	13	7:22.4	27:30	*						
24	578	St. Martins Women				2:04:03.000					
Points	Name		Pace	Time	Points	Name		Pace	Time		
44	Joscelyn MINTON	16	6:09.4	22:58	*	114	Kaitlynn PECHA	16	6:35.2	24:34.	*
125	Erika COPELAND	14	6:39.7	24:51.	*	142	Lindsay ANDERSEN	13	6:47.5	25:20	*
153	Ashley LLAPITAN	15	7:03.6	26:20	*	154	Beatriz RAMIREZ	13	7:08.7	26:39	
160	Brittany BLAKE	13	7:24.8	27:39							

* indicates runner scored team points



NCAA Divison II West Regional Cross Country Championships

Team Standings

Start Time: Saturday, November 5, 2011 10:30:00 AM

Saturday, November 5, 2011 1:10:40 PM

Mens 10K

Place	Total Points	Team Name				Total Time					
1	37	Alaska Anchorage Men				2:35:11.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
1	Micah CHELIMO	15	4:53.4	30:19	*	4	Alfred KANGOGO	15	4:58.7	30:52	*
8	Yonatan YILMA	16	5:01.9	31:12	*	11	Isaac KANGOGO	13	5:03.5	31:22	*
13	Dylan ANTHONY	13	5:04.2	31:26	*	19	Jacob PARISIEN	15	5:07.4	31:46	
34	Michael ADAMS	16	5:15.0	32:33							
2	39	Chico State Men				2:35:29.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
2	Isaac CHAVEZ	14	4:53.5	30:20	*	6	Johnny SANCHEZ	13	5:01.1	31:07	*
9	Adrian SHERROD	15	5:03.1	31:19	*	10	Joseph RIVERA	16	5:03.2	31:20	*
12	Joey KOCHLACS	16	5:03.7	31:23	*	14	Dayne GRADONE	14	5:05.6	31:35	
16	Anthony COSTALES	16	5:06.9	31:43							
3	126	Western Oregon Men				2:40:17.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
5	Connor KASLER	15	4:59.7	30:58	*	18	Dan SPRINKLE	16	5:07.3	31:45	*
26	Ryan CHAPMAN	15	5:11.6	32:12	*	36	Lukas FENLEY	16	5:15.5	32:36	*
41	Kyle LARSON	16	5:17.1	32:46	*	59	Drew LARSON	15	5:22.6	33:20.	
80	Brady BEAGLEY	14	5:29.0	34:00.							
4	128	Western Washington Men				2:40:44.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
20	Eric BRILL	16	5:08.4	31:52	*	21	Dak RIEK	14	5:08.9	31:55	*
23	Nick ABRAHAM	16	5:10.3	32:04	*	29	Kyle JOHNSON	15	5:12.7	32:19	*
35	Tanner BOYD	14	5:15.2	32:34	*	44	Tyler CANNON	15	5:17.6	32:49.	
47	Dylan PETERSON	14	5:18.1	32:52.							
5	200	Northwest Nazarene Men				2:42:15.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
3	Barak WATSON	15	4:54.0	30:23	*	22	Jesse BAGGENSTOS	15	5:09.4	31:58	*
54	Michael GORDON	13	5:21.1	33:11	*	55	Kaleb FLEENOR	13	5:21.3	33:12	*
66	Matt STARK	16	5:24.4	33:31	*	76	Luke HETRICK	16	5:27.9	33:53	
91	Matt RANKIN	15	5:33.2	34:26							
6	211	San Francisco St. Men				2:43:42.000					
Points	Name	Pace	Time	Points	Name	Pace	Time				
28	Brian TREJO	15	5:12.3	32:16	*	31	Bruk ASSEFA	14	5:13.4	32:23	*
43	Will ZENTMYER	15	5:17.4	32:48	*	49	Ernesto RODRIGUEZ	15	5:18.4	32:54.	*
60	Ryan WOODS	14	5:22.7	33:21.	*	77	Tyler DENISTON	15	5:28.2	33:55	
82	David URISTA	15	5:29.4	34:02.							

* indicates runner scored team points

Mens 10K

Place	Total Points	Team Name						Total Time			
7	247	Seattle Pacific Men						2:45:00.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
25	Seth PIERSON	13	5:11.3	32:10	*	46	Turner WILEY	13	5:17.9	32:51.	*
57	Aj BAKER	15	5:22.3	33:18	*	58	Jacob WAHLENMAIER	16	5:22.4	33:19.	*
61	William HARRISON	15	5:22.9	33:22.	*	62	Nathanael SLEIGHT	16	5:23.1	33:23.	
8	250	Humboldt State Men						2:45:07.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
24	Joe OSTINI	14	5:10.5	32:05.	*	40	Benjamin STERN	14	5:16.6	32:43	*
51	Tyler CLEVELAND	14	5:20.3	33:06	*	67	Abel GUTIERREZ	15	5:25.0	33:35	*
68	Brent RITSCHER	13	5:25.5	33:38	*	69	Maxmillian BELL	13	5:26.3	33:43	
94	John HUDSON	13	5:38.4	34:58							
9	252	UC San Diego Men						2:45:13.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
37	Matt LENEHAN	15	5:15.6	32:37.	*	39	Kellen LEVY	14	5:16.3	32:41	*
50	John SVET	16	5:18.5	32:55.	*	56	Alex CORLISS	16	5:21.6	33:14	*
70	Ben RICH	14	5:26.8	33:46	*	71	Jeremy RILEY	16	5:26.9	33:47	
84	Mario FLORES	14	5:30.2	34:07							
10	261	St. Martins Men						2:45:10.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
7	Kyle VAN SANTEN	16	5:01.6	31:10	*	15	Spencer HUNT	16	5:06.3	31:39	*
73	Joe BERGER	14	5:27.3	33:49.	*	74	Joseph PATTI	15	5:27.4	33:50	*
92	Frank KRAUSE	13	5:35.8	34:42	*	109	Devon DEMOSS	14	5:54.0	36:35	
113	Alex NELSON	13	6:06.0	37:49							
11	277	Cal Poly Pomona Men						2:45:42.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
17	Ryan CARRELL	15	5:07.1	31:44	*	53	William TSAI	13	5:20.8	33:09	*
63	Brandon HAUGEN	13	5:23.2	33:24.	*	65	Clark SELTERS	16	5:23.5	33:26.	*
79	Andres ZAVALA	15	5:28.9	33:59	*	86	Brendan DILLOUGHERY	13	5:31.0	34:12	
12	306	BYU-Hawaii Men						2:47:03.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
42	Justin ROYER	15	5:17.3	32:47	*	45	Spencer DEAVILLA	15	5:17.7	32:50.	*
52	Matthew BELLISTON	16	5:20.5	33:07	*	78	James CLAY	13	5:28.5	33:57	*
89	Yuki KITIHARA	15	5:32.6	34:22	*						
13	321	Central Washington Men						2:48:13.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
30	Manuel SANTOS	16	5:13.1	32:21	*	38	Nathan MINOR	14	5:15.8	32:38.	*
72	Nathan POWER	14	5:27.1	33:48	*	83	Ryan THOMPSON	13	5:29.5	34:03.	*
98	Jacob PHIPPS	14	5:42.4	35:23	*	103	Ryan LOUTSIS	13	5:46.5	35:48	
105	Jon SWANSON	15	5:50.3	36:12							
14	332	Grand Canyon Men						2:48:30.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
27	Kipkorir MUTAI	16	5:12.1	32:15	*	32	Charles SIMON	15	5:13.7	32:25	*
88	Jordan BEVERLY	13	5:32.3	34:20	*	90	Brandon KOCCMOUD	13	5:33.1	34:25	*
95	Renato ROMO	15	5:39.5	35:05	*	110	Andrew MEYERS	15	5:55.8	36:46	
114	Seth ALSTROM	14	6:25.8	39:52							
15	342	MSU-Billings Men						2:48:25.000			
Points	Name		Pace	Time		Points	Name		Pace	Time	
33	Brian POTTER	15	5:14.2	32:28	*	48	Daniel LOMBARDI	15	5:18.2	32:53.	*
81	Chase ROBINSON	14	5:29.2	34:01.	*	87	Ryan BLOMBACK	15	5:31.9	34:18	*
93	Ethan WILHELM	13	5:36.3	34:45	*	99	Travis BUTTELMAN	15	5:42.9	35:26	
108	Dylan LAMMERS	13	5:53.4	36:31							

* indicates runner scored team points

Mens 10K

Place	Total Points	Team Name				Total Time			
16	449	Alaska Fairbanks Men				2:54:09.000			
Points	Name	Pace	Time	Points	Name	Pace	Time		
64	Tux SEIMS	14	5:23.4	33:25.	*	85	Andrew ARNOLD	14	5:30.5 34:09 *
96	Lars ARNESON	15	5:40.3	35:10	*	100	Kenneth BREWER	13	5:43.4 35:29 *
104	Joseph DILLON	13	5:47.7	35:56	*	106	Nolin AINSWORTH	13	5:51.3 36:18
112	Wyatt MAYO	14	6:01.1	37:19					
17	482	Cal St. Monterey Bay Men				2:56:39.000			
Points	Name	Pace	Time	Points	Name	Pace	Time		
75	Cameron CRUSE	15	5:27.6	33:51.	*	97	Logan COE	13	5:41.3 35:16 *
101	Karson HAYDEN	13	5:43.9	35:32	*	102	Bobby WOYJECK	13	5:45.0 35:39 *
107	Ray GARCIA	15	5:51.8	36:21	*	111	James DEITLER	13	6:00.0 37:12

* indicates runner scored team points