

ROW

for the cure

The San Diego Susan G. Komen Foundation and UC San Diego's Women's Crew team invite you to participate in the 2010 San Diego Row for the Cure to be held Sunday, October 31st on Mission Bay.

Established in 2002, the event raises money through participant entry fees, donations, and raffle tickets to be given DIRECTLY to the Komen Foundation. Over the past eight years, the regatta has raised over \$200,000 to assist under and uninsured women. Last year's event raised \$21,392 and served over 26,000 people in San Diego County. These funds paid for 8,320 mammograms for uninsured and underinsured women. The support paid for the 2,539 women who were referred for a biopsy, and through that, the early detection caught 211 women at Stage 1, where there is a 98% survival rate. Funds raised from last year's Row for the Cure also covered complete chemotherapy for four women, rent for a year for 12 women who could not work while ill, and meals 3 times a day for a family whose mother was too ill to work.

"One in nine women will be diagnosed with breast cancer and that resonates with us because there are nine women in each boat. When we look at our teammates, we know one will be diagnosed with breast cancer," said Head Coach for UC San Diego Women's Crew, Pattie Pinkerton, "We have lost moms, sisters, and alumni and we want to do all that we can to find a cure. This gives the university and water community an opportunity to take part and support the search for the cure."

Our goal this year is to raise \$25,000, so that we can reach even more women and families in our community and support the search for the cure! Your participation in the Row for the Cure can help make this happen!

The event is open to all human powered water craft. Last year's event saw a record number of participants; which included rowers, dragon boats, stand up and sit-down paddlers, first time rowers in the barge, and outriggers. In 2009, participants ranged in age from 12 to 84.

If you would like to participate in this year's Row for the Cure, you can register online at www.regattacentral.com, clicking on Row for the Cure or going directly to Regattas.

You can raise funds by setting up an online giving page at: http://sandiego.info-komen.org/site/TR?fr_id=2121&pg=entry You can register yourself, your team or crew. Komen will provide all the assistance you need!

You may also print out an entry form and bring to the event or fax prior to the event. Click on the following link to access the entry form: [ENTRY FORM](#)

EVENT INFORMATION

- **DATE:** Sunday, October 31st
- **TIME:** First race starts at 7:55 am, last race starts at 9:25 am

***Registration available Saturday, October 30th at 1220 El Carmel Place; pick up t-shirts and registration packets between 9:30 am and 11:30 am. Day of the event, registration opens at 6:30 am.**

- **LOCATION:** North Ski Beach, Mission Bay
- **ENTRY FEE:**

The entry fee varies based on number of people in boats:

Eights: \$90

OC-6: \$60

Fours/Quads/K4: \$50

Double/Pairs/OC-2/K-2/Rec K-2: \$40

Barge Guest/Stand-up Paddlers/K-1/Single Rowers: \$25

New this year! Barge Groups! If you have a group of six or more, contact Pattie Pinkerton, Head Coach for UCSD Women's Crew, at ppinkerton@ucsd.edu

- **DIRECTIONS/COURSE MAP:**

Click on the following link for Directions and Course Map: [Directions and Course Map](#)

- **TENTATIVE RACE SCHEDULE:**

Click on the following link for Race Schedule: [Race Schedule](#)

For more information www.RowForTheCure.com or www.komensandiego.org