



**2009
women's soccer**



alexia ZATARAIN • sr • mf



lisa BRADLEY • jr • mf



sara BOLTON • so • d

***UC San Diego
• Season Prospectus •***



UC San Diego

2009 WOMEN'S SOCCER QUICK FACTS

GENERAL INFORMATION

Location La Jolla, Calif.
 Founded 1960
 Enrollment 28,500
 Colors Blue and Gold
 Nickname Tritons
 Affiliation NCAA Division II
 Conference CCAA
 Facility Triton Soccer Field (1,750)
 Chancellor Dr. Marye Anne Fox
 Athletics Director Earl W. Edwards
 UCSD Athletics Phone 858.534.4211
 UCSD Athletics Fax 858.534.8172

WOMEN'S SOCCER HISTORY

First Year 1981
 All-Time Record 414-116-51 (.756)
 NCAA Appearances 22 (8 in Division II)
 NCAA Championships 7
 (1989, 1995, 1996, 1997, 1999, 2000, 2001)

WOMEN'S SOCCER STAFF

Head Coach Brian McManus
 Record at UCSD/years 370-53-29/22 years
 Overall Record/years 370-53-29/22 years
 Email Coach McManus bmmcmanus@ucsd.edu
 Assistant Coaches/years Kristin Jones/6th
 Greg LaPorte/2nd
 Email Coach Jones kjones@nomadssoccer.org
 Email Coach LaPorte glaporte@ucsd.edu
 Women's Soccer Phone 858.337.5665

TEAM INFORMATION

2008 Overall Record 15-4-4
 2008 CCAA Record 9-3-2/1st South Division
 2008 Postseason NCAA West Regional
 Starters Returning/Lost 8/3
 Letterwinners Returning/Lost 15/5
 Newcomers 14

TOP RETURNERS

Alexia Zatarain • Sr. • MF 4 Goals, 3 Assists
 Sarah McTigue • So. • F 2 Goals, 7 Assists
 Remy Hitt • Jr. • MF 3 Goals, 1 Assist
 Lisa Bradley • Jr. • MF All-CCAA Second Team
 Sara Bolton • So. • D All-CCAA Honorable Mention

SPORTS INFORMATION

Associate AD/SID (Women's Soccer contact) Ryan Hall
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 SID Mailing Address 9500 Gilman Dr.
 Intecollegiate Athletics
 La Jolla, CA 92093-0531

MEDIA SERVICES

UCSD Athletics Home Page UCSDtriton.com
 CCAA Home Page goCCAA.org
 San Diego Union Tribune sports@uniontrib.com
 North County Times sports@nctimes.com
 The UCSD Guardian sports@ucsdguardian.org



UC San Diego

2009 PRESEASON RETURNEE ROSTER

NUMERICAL

<u>No.</u>	<u>Name</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Hometown/Previous School</u>
0	Alex Krzyzosiak	GK	5-5	So.	Berkeley, CA/Berkeley HS
1	Kristin Armstrong	GK	5-8	So.	Anaheim, CA/Canyon HS
2	Sarah McTigue	F	5-7	So.	Bellflower, CA/Valley Christian HS
3	Lindsay Mills	MF	5-2	So.	Valencia, CA/William S. Hart HS
4	Katie Kuykendall	D	5-4	RSo.	Valencia, CA/William S. Hart HS
5	Courtney Capobianco	MF	5-5	So.	Laguna Beach, CA/Laguna Beach HS
6	Remy Hitt	MF	5-6	Jr.	La Mesa, CA/Helix HS
8	Jenelle Rotenberg	D	5-8	So.	La Canada, CA/La Canada HS
9	Sara Spaventa	D	5-7	So.	Santa Barbara, CA/San Marcos HS
10	Lisa Bradley	MF	5-5	Jr.	Martinez, CA/Carondelet HS
11	Alexia Zatarain	MF	5-5	Sr.	Canyon Country, CA/Canyon HS
13	Elisa Sahagun	MF	5-8	Jr.	Hacienda Heights, CA/Wilson HS
14	Tanaya Pattnaik	MF	5-4	So.	Davis, CA/Davis Senior HS
15	Sara Bolton	D	5-6	So.	Carlsbad, CA/Carlsbad HS
16	Shelby Wong	MF	5-3	So.	Danville, CA/Monte Vista HS
18	Anne Wethe	MF	5-5	So.	Los Alamitos, CA/Los Alamitos HS
19	Alexa-Rae Navarro	F	5-6	So.	Temecula, CA/Great Oak HS
22	Jillian Welch	MF	5-6	So.	Redondo Beach, CA/Redondon Union HS

ALPHABETICAL

<u>No.</u>	<u>Name</u>	<u>Pos.</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Hometown/Previous School</u>
1	Kristin Armstrong	GK	5-8	So.	Anaheim, CA/Canyon HS
15	Sara Bolton	D	5-6	So.	Carlsbad, CA/Carlsbad HS
10	Lisa Bradley	MF	5-5	Jr.	Martinez, CA/Carondelet HS
5	Courtney Capobianco	MF	5-5	So.	Laguna Beach, CA/Laguna Beach HS
6	Remy Hitt	MF	5-6	Jr.	La Mesa, CA/Helix HS
0	Alex Krzyzosiak	GK	5-5	So.	Berkeley, CA/Berkeley HS
4	Katie Kuykendall	D	5-4	RSo.	Valencia, CA/William S. Hart HS
2	Sarah McTigue	F	5-7	So.	Bellflower, CA/Valley Christian HS
3	Lindsay Mills	MF	5-2	So.	Valencia, CA/William S. Hart HS
19	Alexa-Rae Navarro	F	5-6	So.	Temecula, CA/Great Oak HS
14	Tanaya Pattnaik	MF	5-4	So.	Davis, CA/Davis Senior HS
8	Jenelle Rotenberg	D	5-8	So.	La Canada, CA/La Canada HS
13	Elisa Sahagun	MF	5-8	Jr.	Hacienda Heights, CA/Wilson HS
9	Sara Spaventa	D	5-7	So.	Santa Barbara, CA/San Marcos HS
22	Jillian Welch	MF	5-6	So.	Redondo Beach, CA/Redondon Union HS
18	Anne Wethe	MF	5-5	So.	Los Alamitos, CA/Los Alamitos HS
16	Shelby Wong	MF	5-3	So.	Danville, CA/Monte Vista HS
11	Alexia Zatarain	MF	5-5	Sr.	Canyon Country, CA/Canyon HS

Head Coach: Brian McManus - 23rd season

Assistant Coaches: Kristin Jones, Greg LaPorte



UC San Diego

2009 SCHEDULE

<i>Date</i>	<i>Day</i>	<i>Opponent</i>	<i>Location</i>	<i>Time</i>
August/September				
Aug. 29	Saturday	Central Washington	UC San Diego	7:00 p.m.
Sept. 5	Saturday	Dixie State	UC San Diego	7:00 p.m.
Sept. 11	Friday	San Francisco State	UC San Diego	4:30 p.m.
Sept. 13	Sunday	Cal State Monterey Bay	UC San Diego	12:00 p.m.
Sept. 16	Wednesday	Cal State East Bay	Hayward	12:30 p.m.
Sept. 18	Friday	Cal State Stanislaus	Turlock	7:00 p.m.
Sept. 20	Sunday	Chico State	Chico	11:30 a.m.
Sept. 25	Friday	Cal Poly Pomona	Pomona	4:30 p.m.
Sept. 27	Sunday	Cal State San Bernardino	San Bernardino	11:30 a.m.
October				
Oct. 2	Friday	Sonoma State	UC San Diego	7:00 p.m.
Oct. 4	Sunday	Humboldt State	UC San Diego	2:30 p.m.
Oct. 8	Thursday	Western Washington	UC San Diego	7:00 p.m.
Oct. 11	Sunday	Cal State East Bay	UC San Diego	12:00 p.m.
Oct. 16	Friday	Cal State Dominguez Hills	Carson	7:00 p.m.
Oct. 19	Monday	Cal State L.A.	Los Angeles	7:00 p.m.
Oct. 23	Friday	Cal State San Bernardino	UC San Diego	4:30 p.m.
Oct. 25	Sunday	Cal Poly Pomona	UC San Diego	12:00 p.m.
Oct. 30	Friday	Cal State L.A.	UC San Diego	7:00 p.m.
November				
Nov. 1	Sunday	Cal State Dominguez Hills	UC San Diego	2:30 p.m.
Nov. 6-8	Fri.-Sun.	CCAA Championships	at TBA	TBA
Nov. 12-14	Thu.-Sun.	NCAA First and Second Rounds	at TBA	TBA
Nov. 21-22	Sat.-Sun.	NCAA Quarterfinals	at TBA	TBA
Nov. 4-6	Fri.-Sun.	NCAA Finals	at TBA	TBA

*Denotes California Collegiate Athletic Association Game

Home games denoted in **bold**

All home games played at UCSD's Triton Soccer Field

All Times are listed in Pacific Standard Time

2008 UC San Diego Women's Soccer
UC San Diego Combined Team Statistics (as of Jul 06, 2009)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	15-4-4	7-1-2	7-3-2	1-0-0
CONFERENCE	9-3-2	4-1-1	5-2-1	0-0-0
NON-CONFERENCE	6-1-2	3-0-1	2-1-1	1-0-0

Date	Opponent	Score	Att.	##	Player	gp	g	a	pts	sh	sh%	sogsog%	gw	pk-att
Aug 28	at Central Washington	W 2-0	132	7	BELAK-BERGER, N	23	13	3	29	52	.25	28	.53	5 4-4
08/30/0	at Western Washington	W 2-1	145	11	ZATARAIN, Alexia	21	4	3	11	50	.08	18	.36	2 0-0
Sept 3	CAL STATE SAN MARCOS	0-0	361	2	MCTIGUE, Sarah	23	2	7	11	41	.04	13	.31	2 0-0
Sep 6	TEXAS A&M COMMERCE	W 4-0	383	20	BORENSTEIN, Laur	18	4	1	9	17	.23	8	.47	1 0-0
* Sep 12	at San Francisco State	L 1-2	101	6	HITT, Remy	20	3	1	7	6	.50	4	.66	1 0-0
* Sep 14	at CSU Monterey Bay	W 2-1	75	16	WONG, Shelby	22	1	3	5	32	.03	15	.46	1 0-0
* Sep 17	CSU DOMINGUEZ HILLS	W 3-2	462	10	BRADLEY, Lisa	23	2	0	4	17	.11	6	.35	0 0-0
* Sep 19	at Cal State L.A.	W 2-0	223	18	WETHE, Anne	23	1	2	4	24	.04	9	.37	0 0-0
* Sep 26	CAL POLY POMONA	W 2-0	597	17	ESQUIVEL, Amand	21	1	1	3	9	.11	7	.77	1 0-0
* Sep 28	CSU SAN BERNARDINO	L 0-1	577	19	NAVARRO, Alexa-R	16	1	0	2	9	.11	4	.44	0 0-0
* Oct 03	SONOMA STATE	W 2-1	586	5	CAPOBIANCO, Cou	15	1	0	2	8	.12	3	.37	1 0-0
* Oct 05	HUMBOLDT STATE	W 3-0	405	15	BOLTON, Sara	23	1	0	2	6	.16	4	.66	0 0-0
* Oct 10	at Cal State Stanislaus	W 1-0	74	14	PATTNAIK, Tanaya	2	1	0	2	3	.33	2	.66	1 0-0
* Oct 12	at Chico State	W 3-0	214	3	MILLS, Lindsay	23	0	2	2	22	.00	7	.31	0 0-0
* Oct 15	at CS Dominguez Hills	W 2-1	103	8	ROTENBERG, Jene	14	0	1	1	9	.00	5	.55	0 0-0
* Oct 19	CAL STATE L.A.	0-0	712	9	SPAVENTA, Sara	22	0	1	1	1	.00	0	.00	0 0-0
Oct 25	ACADEMY OF ART	W 1-0	435	21	MAYO, Kelly	8	0	0	0	11	.00	3	.27	0 0-0
* Oct 31	at CSU San Bernardino	0-0	254	12	BAUGH, Rachel	16	0	0	0	4	.00	3	.75	0 0-0
* Nov 02	at Cal Poly Pomona	L 0-2	421	4	KUYKENDALL, Kati	11	0	0	0	2	.00	0	.00	0 0-0
Nov 07	at San Francisco State	0-0	1465	22	WELCH, Jillian	3	0	0	0	1	.00	0	.00	0 0-0
Nov 09	CSU DOMINGUEZ HILLS	W 3-1	1234	13	SAHAGUN, Elisa	2	0	0	0	0	.00	0	.00	0 0-0
Nov 13	vs BYU-Hawaii	W 1-0	90	01	MCGOVERN, Jessi	23	0	0	0	0	.00	0	.00	0 0-0
Nov 15	at Seattle Pacific	L 1-3	450	1	ARMSTRONG, Krist	3	0	0	0	0	.00	0	.00	0 0-0
Total						23	35	25	95	324	.10	139	.42	15 4-4
Opponents						23	15	11	41	258	.05	97	.37	4 0-1

TEAM STATISTICS UCSD OPP

SHOT STATISTICS		
Goals-Shot attempts	35-324	15-258
Goals scored per game	1.52	0.65
Shot pct.	.108	.058
Shots on goal-Attempts	139-324	97-258
SOG pct.	.429	.376
Shots/Game	14.1	11.2
CORNER KICKS	107	89
PENALTY KICKS	4-4	0-1
PENALTIES		
Yellow cards	8	18
Red cards	0	0
ATTENDANCE		
Total	5752	3657
Dates/Avg Per Date	10/575	12/305
Neutral Site #/Avg	1/90	

##	Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T	Sho
1	ARMSTRONG, Kri	2	25:07	0	0.00	0	.000	0-0-0	0
01	MCGOVERN, Jess	23	2157:31	15	0.63	81	.844	15-3-4	11
Total		23	2182:38	15	0.62	82	.845	15-3-4	13
Opponents		23	2182:38	35	1.44	104	.748	4-14-4	6

Goals by Period	1st	2nd	OT	OT2	Total
UC San Diego	10	22	2	1	35
Opponents	5	9	0	1	15

Shots by Period	1st	2nd	OT	OT2	Total
UC San Diego	142	164	10	8	324
Opponents	111	127	13	7	258

Saves by Period	1st	2nd	OT	OT2	Total
UC San Diego	34	41	3	4	82
Opponents	43	55	3	3	104

Corners by Period	1st	2nd	OT	OT2	Total
UC San Diego	55	50	1	1	107
Opponents	44	37	4	4	89

Fouls by Period	1st	2nd	OT	OT2	Total
UC San Diego	89	113	3	6	211
Opponents	122	154	6	5	287

2008 UC San Diego Women's Soccer
UC San Diego Combined Team Statistics (as of Jul 06, 2009)
Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	9-3-2	4-1-1	5-2-1	0-0-0
CONFERENCE	9-3-2	4-1-1	5-2-1	0-0-0
NON-CONFERENCE	0-0-0	0-0-0	0-0-0	0-0-0

Date	Opponent	Score	Att.	##	Player	gp	g	a	pts	sh	sh%	sogsog%	gw	pk-att
* Sep 12	at San Francisco State	L 1-2	101	7	BELAK-BERGER, N	14	9	1	19	31	.29	19	.61	4 3-3
* Sep 14	at CSU Monterey Bay	W 2-1	75	20	BORENSTEIN, Laur	13	4	1	9	11	.36	7	.63	1 0-0
* Sep 17	CSU DOMINGUEZ HILLS	W 3-2	462	2	MCTIGUE, Sarah	14	2	4	8	23	.08	7	.30	2 0-0
* Sep 19	at Cal State L.A.	W 2-0	223	6	HITT, Remy	13	2	1	5	4	.50	3	.75	1 0-0
* Sep 26	CAL POLY POMONA	W 2-0	597	11	ZATARAIN, Alexia	13	1	3	5	32	.03	9	.28	1 0-0
* Sep 28	CSU SAN BERNARDINO	L 0-1	577	10	BRADLEY, Lisa	14	1	0	2	8	.12	3	.37	0 0-0
* Oct 03	SONOMA STATE	W 2-1	586	19	NAVARRO, Alexa-R	9	1	0	2	3	.33	2	.66	0 0-0
* Oct 05	HUMBOLDT STATE	W 3-0	405	15	BOLTON, Sara	14	1	0	2	2	.50	1	.50	0 0-0
* Oct 10	at Cal State Stanislaus	W 1-0	74	16	WONG, Shelby	14	0	2	2	21	.00	9	.42	0 0-0
* Oct 12	at Chico State	W 3-0	214	3	MILLS, Lindsay	14	0	1	1	12	.00	5	.41	0 0-0
* Oct 15	at CS Dominguez Hills	W 2-1	103	8	ROTENBERG, Jene	10	0	1	1	7	.00	5	.71	0 0-0
* Oct 19	CAL STATE L.A.	0-0	712	17	ESQUIVEL, Amand	13	0	1	1	6	.00	5	.83	0 0-0
* Oct 31	at CSU San Bernardino	0-0	254	18	WETHE, Anne	14	0	0	0	11	.00	5	.45	0 0-0
* Nov 02	at Cal Poly Pomona	L 0-2	421	21	MAYO, Kelly	3	0	0	0	6	.00	2	.33	0 0-0

TEAM STATISTICS UCSD OPP

SHOT STATISTICS	UCSD	OPP
Goals-Shot attempts	21-179	10-134
Goals scored per game	1.50	0.71
Shot pct.	.117	.075
Shots on goal-Attempts	83-179	47-134
SOG pct.	.464	.351
Shots/Game	12.8	9.6
CORNER KICKS	58	52
PENALTY KICKS	3-3	0-0
PENALTIES		
Yellow cards	5	12
Red cards	0	0
ATTENDANCE		
Total	3339	1465
Dates/Avg Per Date	6/556	8/183
Neutral Site #/Avg	0/0	

12	BAUGH, Rachel	9	0	0	0	1	.00	1	1.00	0	0-0
4	KUYKENDALL, Kati	8	0	0	0	1	.00	0	.00	0	0-0
22	WELCH, Jillian	2	0	0	0	0	.00	0	.00	0	0-0
13	SAHAGUN, Elisa	1	0	0	0	0	.00	0	.00	0	0-0
9	SPAVENTA, Sara	13	0	0	0	0	.00	0	.00	0	0-0
5	CAPOBIANCO, Cou	9	0	0	0	0	.00	0	.00	0	0-0
1	ARMSTRONG, Krist	2	0	0	0	0	.00	0	.00	0	0-0
Total		14	21	15	57	179	.11	83	.46	9	3-3
Opponents		14	10	6	26	134	.07	47	.35	3	0-0

##	Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T	Sho
1	ARMSTRONG, Kri	1	6:29	0	0.00	0	.000	0-0-0	0
01	MCGOVERN, Jess	14	1310:43	10	0.69	36	.783	9-2-2	6
Total		14	1317:12	10	0.68	37	.787	9-2-2	7
Opponents		14	1317:12	21	1.43	62	.747	3-8-2	4

Goals by Period	1st	2nd	OT	OT2	Total
UC San Diego	5	15	1	0	21
Opponents	3	6	0	1	10

Shots by Period	1st	2nd	OT	OT2	Total
UC San Diego	72	99	2	6	179
Opponents	55	67	6	6	134

Saves by Period	1st	2nd	OT	OT2	Total
UC San Diego	15	17	2	3	37
Opponents	21	38	0	3	62

Corners by Period	1st	2nd	OT	OT2	Total
UC San Diego	24	33	1	0	58
Opponents	26	23	1	2	52

Fouls by Period	1st	2nd	OT	OT2	Total
UC San Diego	56	77	2	3	138
Opponents	74	104	3	4	185