



TRACK & FIELD

MEET SCHEDULE

SATURDAY, APRIL 13, 2019

FIELD EVENTS SCHEDULE

THROWS

10:00 AM HT (M) Followed by HT (W), DT (M), DT (W)

10:00 AM JT (W) Followed by JT (M)

FOLLOWING JAVELIN SP (W) Followed by SP (M)

JUMPS

11:00 AM HJ (M) Followed by HJ (W)

12:00 PM PV (W) Followed by PV (M)

12:00 PM LJ (M&W) Followed by TJ (M&W) - *2 PITS*

TRACK EVENTS SCHEDULE

11:00 AM 3000 Steeplechase

4x100 Relay

1500m

100/110HH

400m

100m

800m

400IH

200m

5000m

4x400m

All Track events are Women followed by Men with the exception of the 10k which will run M/W together

