

UConn

TRACK & FIELD



VISITING TEAM GUIDE 2019

**George J. Sherman Family Sports Complex
Storrs, Conn.**

CONTENTS

Athletic Staff Directory	<u>3</u>
Facility Information	<u>4-6</u>
Event Check-In & Implement Weigh-In.....	<u>5</u>
Locker Room Facilities	<u>6</u>
Parking	<u>6</u>
Training Room	<u>6</u>
Warm-Up Area.....	<u>6</u>
General Information	<u>7-9</u>
Airport Information	<u>7</u>
Bus Information	<u>7</u>
Car Rental Information	<u>7</u>
Hotel Accommodations	<u>8</u>
Meal Information	<u>8</u>
Media Information	<u>9</u>
Practice Times	<u>9</u>
Sports Medicine	<u>9</u>
Tailgating Policy	<u>9</u>
Appendices	<u>11-12</u>
Appendix A – Directions to Sherman Complex	<u>11</u>
Appendix B – Team Drop-Off & Bus Parking Map	<u>12</u>

UConn Athletics

2095 Hillside Road
Storrs, CT 06269

www.uconnhuskies.com

MEN'S TRACK & FIELD

Head Coach

Greg Roy
2111 Hillside Road
Storrs, CT 06269
860-486-2365
gregory.roy@uconn.edu

Associate Head Coach

Rich Miller
2111 Hillside Road
Storrs, CT 06269
860-486-2257
richard.s.miller@uconn.edu

Assistant Coach

Moose Akanno
2111 Hillside Road
Storrs, CT 06269
860-486-2365
museveni.akanno@uconn.edu

ADMINISTRATION

Senior Associate Director of Athletics

Neal Eskin
860-486-2725
neal.eskin@uconn.edu

EVENT MANAGEMENT

Event Management Assistant

Zach Heckt
Office: 860-486-3770
Cell: 860-707-4081
Zrh17001work@uconn.edu

WOMEN'S TRACK & FIELD

Head Coach

J.J. Clark
2111 Hillside Road
Storrs, CT 06269
860-486-4840
joe.clark@uconn.edu

Operations Coordinator

Alexa Gianinio
2111 Hillside Road
Storrs, CT 06269
860-486-4840
alexa.gianinio@uconn.edu

COMMUNICATIONS

Athletic Communications Assistant

Asha Evans
860-486-1496
Asha.evans@uconn.edu

Chris Jones
860-486-4707
christopher.jones@uconn.edu

EQUIPMENT

Assistant Director of Equipment Services

Mackenzie Rivers
Office: 860-486-1002
Cell: 860-685-1837
mackenzie.rivers@uconn.edu

ATHLETIC TRAINING

Assistant Athletic Trainer

Patti Kula
Office: 860-486-0480
Cell: 860-617-5294
patti.kula@uconn.edu

FACILITY INFORMATION

George J. Sherman Family – Sports Complex

[2111 Hillside Road](#)

[Storrs, CT 06269](#)



George J. Sherman Family-Sports Complex is home to the UConn Field Hockey, Women's Lacrosse, and Men and Women's Track and Field programs. The \$3.7 million athletic facility is located adjacent to Greer Fieldhouse and behind Gampel Pavilion and the Werth Family UConn Basketball Champions Center, and in the heart of UConn's main campus in Storrs. A financial gift of more than \$650,000 to UConn's Athletic Development Fund by Lottie K. Sherman of West Hartford helped provide the necessary funding for the project. The entire complex is named after Lottie Sherman's late husband, George J. Sherman.

The complex opened in the 1995-96, academic year. The George J. Sherman Family-Sports Complex features an artificial turf field (nylon knit on elastic layer over a vertical drain base), an eight-lane, 400-meter all-weather track surface, as well as seating for 2,000 fans, full-field lighting, a press box, and an electronic scoreboard.

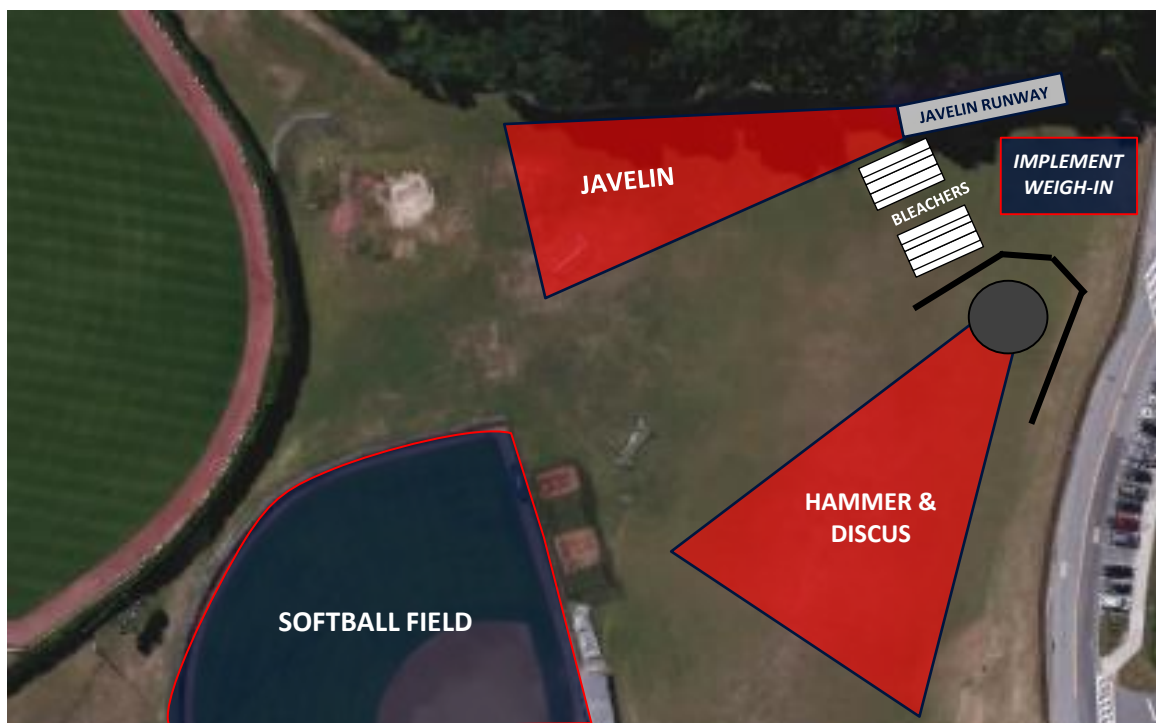
FACILITY INFORMATION

EVENT CHECK-IN & IMPLEMENT WEIGH-IN

EVENT CHECK-IN & SHOT PUT IMPLEMENT WEIGH-IN



HAMMER, DISCUS, JAVELIN IMPLEMENT WEIGH-IN



FACILITY INFORMATION

LOCKER ROOM FACILITIES

Locker rooms are located in the Field House directly behind George J. Sherman Complex and will be available for use throughout the meet. Locker rooms will be designated for male and female athletes. Please inform the UConn Operations Staff of any additional locker room needs (i.e. shower, towels, etc.). Please be aware that there is no food permitted in the locker room pre or post competition.

PARKING

VISITING TEAM PARKING

A University of Connecticut host will meet your team in front of the Field House where you will unload and be escorted to the your locker room upon arrival. Buses and/or vans will be instructed where to park by your host.

FAN PARKING

Visiting fans may park behind Gampel Pavilion/Field House after 4:00pm weekdays and anytime on weekends. Additional parking is located in the South Garage for a fee. Please see [Appendix B](#) for parking garage location on the campus map.

0-1 Hours	\$2.00	5-6 Hours	\$8.00
1-2 Hours	\$4.00	6-7 Hours	\$9.00
2-3 Hours	\$5.00	7-8 Hours	\$10.00
3-4 Hours	\$6.00	8-9 Hours	\$11.00
4-5 Hours	\$7.00		

Hourly Rate: 5:00pm–6:00am — \$1.00

Maximum Charge for 24 Hours: \$12.00

Lost Ticket Charge: \$12.00

TRAINING ROOM

The training room will open approximately one and a half hours prior to competition. (Sooner by arrangement)

WARM-UP AREA

All warm-ups for running or jump events will take place inside the Field House. The track and turf will also be available for warm-ups.

GENERAL INFORMATION

AIRPORT

Bradley International Airport
[Schoephoester Road](#)
[Windsor Locks, CT 06096](#)

(860) 292-2000

BUS LINES

Constitution Coach

Phone: (800) 447-3287

Dattco

Phone: (800) 229-4879

Peter Pan

Phone: (860) 289-1531

Post Road Stages

Phone: (860) 644-1531

CAR RENTALS

Alamo

Phone: (800) 992-9823

Avis

Phone: (860) 627-3500

Budget

Phone: (860) 627-3700

Hertz

Phone: (860) 627-3850

Enterprise

Phone: (860) 292-7061

National

Phone: (844) 855-7199

Located at Bradley International Airport

CONCESSIONS

Concessions will be available during home events.

GENERAL INFORMATION

HOTEL ACCOMODATIONS

NAME	ADDRESS	PHONE NUMBER
Fairfield Inn & Suites	121 Pavilions Drive Manchester, CT 06040	860-648-9796
Radisson Hotel Hartford	50 Morgan Street Hartford, CT 06120	860-549-2400
Hartford Hilton	315 Trumbull Street Hartford, CT 06103	860-728-5151
Hartford Marriott Downtown	200 Columbus Blvd. Hartford, CT 06103	866-373-9806
Hartford Windsor Marriott Airport	28 Day Hill Road Windsor, CT 06095	860-688-7500
Sheraton Hartford Hotel at Bradley Airport	1 Bradley International Airport Windsor Locks, CT 06096	860-627-5311
Sheraton Hartford South Hotel	100 Capital Blvd Rocky Hill, CT 06067	860-257-6000

MEAL INFORMATION

NAME	ADDRESS	PHONE NUMBER	SERVICE TYPE
Red Rock	591 Middle Turnpike Storrs, CT 06268	(860) 429-1366	Dine In, Delivery, Carry Out
Subway	125 North Eagleville Road Storrs, CT 06268	(860) 429-6806	Carry Out
Gansett Wraps	12 Royce Cir, #101a Storrs, CT 06268	(860) 850-0000	Dine In, Pick Up, Delivery
Dog Lane Café	1 Dog Lane Storrs, CT 06269	(860) 429-4900	Dine in, Carry Out
Moe's	1 Dog Lane Storrs, CT 06268	(860) 477-1553	Dine in, Carry out

MEDIA INFORMATION

All media needs are coordinated through Asha Evans at (860)-486-1496 or at asha.evans@uconn.edu.

PRACTICE TIMES

If you are looking to schedule practice time please contact Zach Heckt at (860)-707-4081 or at zrh17001work@uconn.edu.

SPORTS MEDICINE

Ice, water, stretcher, cups and splints will be supplied on the sideline.

In most cases, in the event of a medical emergency, any participant transported via ambulance will be taken to:

Windham Hospital
[112 Mansfield Ave.](#)
[Willimantic, CT 06226](#)
Hospital Main Number: 860-456-9116

Director of Sports Medicine:	Dr. Deena Casiero, MD	(860) 486-0404
Team Physician:	Dr. Matthew Hall, MD	(860) 486-0404
Athletic Training Staff:	Patti Kula	(860) 486-0480

TAILGATING

Tailgating is prohibited in the University of Connecticut's parking lots during home events.

APPENDICES

[APPENDIX A](#) --- DIRECTIONS TO THE SHERMAN COMPLEX

[APPENDIX B](#) --- PARKING MAP



APPENDIX A

DIRECTIONS TO SHERMAN COMPLEX

From Bradley International Airport - The University of Connecticut campus is approximately 45 minutes driving time from the airport. Take I-91 South to I-291 East to I-84 East to exit 68. Off the exit take a right on Rte. 195 South and follow signs to the University. Once on campus take a right on North Eagleville Road. At the second stoplight, take a left onto Hillside Road. The Field House will be on your right. Buses may drop off the team in the bus cut out in front of the Field House.

From Hartford - The University of Connecticut campus is approximately 30 minutes driving time from the city of Hartford. Take I-84 East to exit 68. Off the exit take a right onto Rte. 195 South and follow signs to the University (approx. 7 miles). Once on campus take a right onto North Eagleville Road. At the second stoplight, take a left onto Hillside Road. The Field House will be on your right. Buses may drop off the team in the bus cut out in front of the Field House.

From Boston - The University of Connecticut campus is approximately 1.5 hours from Boston. From the Mass Pike, take I-84 West to exit 68. Off the exit take a left on Rte. 195 South and follow signs to the University. Once on campus take a right onto North Eagleville Road. At the second stoplight, take a left onto Hillside Road. The Field House will be on your right. Buses may drop off the team in the bus cut out in front of the Field House.

From Providence - The University of Connecticut is approximately one and one quarter hour from Providence. From Rte. 295 take exit 5-6, following signs to Hartford. Take Rte. 6 West to Rte. 101 West to Rte. 44 west. Take a left onto Rte. 195 South. Once on campus take a right onto North Eagleville Road. At the second stoplight take a left onto Hillside Road. The Field House will be on your right. Buses may drop off the team in the bus cut out in front of the Field House.

From New York - The University of Connecticut is approximately one and one-half to two hours from New York. Take 95 North to 91 North to 84 East. From 84 East take exit 68. Once off the exit take a right onto Rte. 195 south and follow signs to the University (approx. 7 miles). Once on campus, take a right onto North Eagleville Road. At the second stoplight, take a left onto Hillside Road. The Field House will be on your right. Buses may drop off the team in the bus cut out in front of the Field House.



APPENDIX B

TEAM DROP-OFF & BUS PARKING

