

2021 UCM MULE RELAYS



Date: Friday April 16th, 2021

Site: University of Central Missouri at Walton Stadium

Time: Field Events at 1:00 PM
Running Events at 4:00 PM

Entries: Entries for the meet must be completed on line at by Wednesday, April 14th at 7:00 pm:
[Online Entry Form](#)

No entries will be taken after the deadline, scratches only on the day of the meet. TFFRS ID numbers are required on the web site. This is an open competition. There is no limit to the number of entries per event. <http://www.trxctiming.com/TFRRS/Instructions.pdf>

Unattached entries will only be accepted by athletes from current MIAA teams. Coaches must confirm these entries with Kip Janvrin janvrin@ucmo.edu or Kirk Pedersen pedersen@ucmo.edu before the entry deadline.

Scratches/Changes: Coaches can manage their entries until Thursday, April 15th at 7:00 pm: [Scratches/Changes](#)

[Performance List](#) [Heat/Flight Sheets](#)

Entry Fee: \$300.00 per team, or \$25.00 per individual. A men's and women's team count as two teams. Entry Fee is based on your declared entry, so please scratch all non competing athletes before the declaration deadline.

Track Facilities: Due to space restrictions in our stadium our Track is 385 meters in length from common start to common finish in lane 1. Lane three is 400 Meters. The 800 Meter Run and 1600 Meter Relay will start in lanes and break to lane three. Races of 1500 Meters and longer will be run in lanes 3-8 on a waterfall start. The common start and finish is located in the Northeast corner of the Stadium. All sprints and jumps will be run with a tailwind.

Throwing Area: All throwing events will be contested at our throws complex located 300 Meters West of the Stadium. All implements will be weighed in the red shed at the Throwing Complex. The Javelin runway is rubber.

Jumps Area: **High Jump:** is located at the north end of the stadium.
Long Jump, Triple Jump and Pole Vault: Are located 300 meters west of the stadium, just north of our Throws complex. Be aware of conflicts that may arise due to distance between our Jumps area and the Track when making entries. Jump Officials will be somewhat flexible for athletes in running events.

**Covid- 19
Protocol:**

The travel party must adhere to MIAA Covid guidelines. The entire travel party must have PCR Test Result or Antigen Test Result conducted the week of the competition and results shared with UCM by Noon Thursday April 15th. Please use the linked form [HERE](#) to document your team's weekly testing.

For questions and share results contact Kathy Anderson: klanderson@ucmo.edu or (660) 543-4310

Only competing athletes, warming up athletes and coaches shall be allowed in the competition area of the track, throwing field and the jumping area. Coaches, please help keep our venue safe by keeping social distance and wearing masks.

Spectators are allowed to attend this event. Please help keep social distance and wear masks. No admission will be charged.

Additional

Information: Kirk Pedersen (660)-543-8309 pedersen@ucmo.edu
Kip Janvrin (660)-543-4254 janvrin@ucmo.edu

Entry Info: Rich Schilling (314)-522-6176 rich@trxctiming.com

MULE RELAYS

ORDER OF EVENTS AND TENTATIVE TIME SCHEDULE FRIDAY APRIL 16th, 2021

FIELD EVENTS

1:00 PM	Men's Hammer Throw
2:30	Men's Pole Vault
3:00	Women's Hammer Throw
	Women's Javelin
	Men's Long Jump
	Women's Long Jump
4:30	Men's Javelin
	Men's Triple Jump
	Women's Triple Jump
4:45	Men's Discus
5:00	Women's Shot Put
	Women's Pole Vault
	Women's High Jump
6:30	Men's High Jump
7:00	Women's Discus
	Men's Shot Put

RUNNING EVENTS

4:00 PM	110 Meter Hurdles	M	Prelim
4:15	100 Meter Hurdles	W	Prelim
4:30	100 Meter Dash	M/W	Prelim
4:50	3000 Meter Steeplechase	WM	Final
5:15	100 Meter Hurdles	W	Final
5:25	110 Meter Hurdles	M	Final
5:30	100 Meter Dash	M/W	Final
5:40	1500 Meter Run	W/M	Final
6:15	400 Meter Relay	W/M	Final
6:30	400 Meter Dash	W/M	Final
6:50	800 Meter Run	W/M	Final
7:20	400 Meter Hurdles	W/M	Final
7:45	200 Meter Dash	W/M	Final
8:15	5000 Meter Run	W/M	Final
9:15	1600 Meter Relay	W/M	Final
9:40	10,000 Meter Run	Combined	Final

Updated time schedule will be on Thursday, April 15th at 8:00 am