

170 MIAA Titles, Seven National Titles

The University of Central Missouri has a long and rich history of excellence in athletics, both on the field of play and in the classroom.

Outstanding teams, combined with some of the finest facilities in Division II athletics give UCM's students, faculty and staff one more aspect of college life to enjoy with pride.

Always a contender for conference titles, Central Missouri belongs to the 11-member Mid-America Intercollegiate Athletics Association, which is recognized nationwide as one of the strongest conferences in all of NCAA Division II.

Since 1983, the tenure of Athletic Director Jerry Hughes, UCM has won or shared 117 MIAA championships, more than any other league school. All-time, the Mules have taken home 119 titles, while the Jennies are at 51.

Central Missouri has won five national championships since 1980 (men's and women's basketball in 1984--the first school in NCAA history to win both titles in the same season--baseball in 1994 and 2003, and women's bowling in 2003), and seven overall.

The Jennies volleyball team has been to the NCAA Tournament every season for the past 26 years, and the Mules have won 13 MIAA Indoor Track & Field titles in the last 15 years, and eight of the last nine MIAA Outdoor Track & Field crowns. The Mules baseball squad has also made 16 consecutive NCAA Tournament appearances, including 11 Division II World Series berths in that span.

Last season, Mules basketball ranked third in the nation in attendance and made it to the NCAA Division II Final Four, finishing with a perfect 18-0 mark at home.

Track and field had four individual national championships, with the Mules taking a sixth place national finish indoors and fifth outdoors, while the Jens took third indoors.

Many schools brag of an overall grade point average between 2.5 and 2.9 for their 300 or so student-athletes. For the past nine years, though, Central Missouri's more than 500 student-athletes have enjoyed an overall GPA of at least 3.00.

UCM athletics also brought the university national exposure on television this year. Mules basketball hosted the first-ever live, nationally televised event from the UCM campus in front of 5,378 fans and a national audience on CBS College Sports Television. They also played on CBS College Sports TV in the Final Four in Springfield, Mass. Jennies bowling competed against Nebraska for the national title live on ESPN2 and ESPNU with the replay being shown on ESPN.

2008-09 Athletic Highlights

- Overall GPA above 3.00 for the ninth consecutive year for our 500+ student-athletes.
- Five MIAA Championships
 - Mules Outdoor Track and Field
 - Mules Indoor Track and Field
 - Jennies Soccer
 - Mules Golf
 - Jennies Softball
- One MIAA Tournament Championship
 - Mules Basketball - NCAA-II Final Four.
- 14 NCAA Postseason appearances out of 16 sports.
- Top four MIAA finishes in 12 of 14 conference sponsored sports.
- Finished 3rd overall in the NACDA Directors Cup standings (a competition for best overall athletic program in the nation). It was the best finish ever by an MIAA school.
- Six Coach of the Year awards.
- Four individual national championships.
- 30 student-athletes had 43 All-American seasons and performances.
- Hosted three NCAA Regionals as No. 1 seed.



The 2008-09 Trophies



The University of Central Missouri has provided quality postsecondary education to the state and nation for nearly 139 years. UCM was founded in 1871 as a regional normal school for teacher preparation and has grown into a comprehensive university that offers more than 150 areas of study.

More important than numbers, however, is the high quality of its regionally, nationally and internationally known programs. UCM is Missouri's lead institution in professional applied sciences and technology.

Just take a look at why Central Missouri is right for you.

The Right Size

Central Missouri is a state leader in discipline-specific accreditations. The university's quality programs, small class sizes, opportunities for hands-on experience right from the beginning, and personalized attention from a dedicated faculty are all UCM hallmarks. In addition, nearly 11,000 students from all over the state, nation and world help to make the university's learning environment positive and friendly.

The Right Place

The University of Central Missouri is located in Warrensburg, a friendly community of 18,000 people near the intersection of U.S. Highway 50 and Missouri Route 13.

Warrensburg is only 35 miles from suburban Kansas City, with its many cultural offerings, entertainment options and professional sports franchises. Other recreational opportunities include the beautiful Lake of the Ozarks 90 minutes to the southeast.

The Right Price

Central Missouri's Office of Student Financial Services disburses more than \$80 million annually in federal, state, institutional, and private assistance. More than 75 percent of the students who enroll at UCM receive some form of financial assistance, making an already reasonably priced Central Missouri education even more affordable.

The Right Time

Because of Central Missouri's outstanding reputation, hundreds of leading businesses, industries, schools and government agencies actively recruit its graduates each year.

UCM currently has a 93 percent job placement rate of graduates within six months of graduation.

Central Missouri is dedicated to training Missouri's workforce and emphasizes programs that are critical to Missouri's future.

The university also works with business and industry to retrain and continually educate people who are already in the job market.



The Right "Stuff"

Central Missouri's 1,500-acre campus includes the 300-acre Pertle Springs biological research area and recreational park, including the 18-hole Keth Memorial Golf Course; Max B. Swisher Skyhaven Airport; Missouri Safety Center; 100,000-watt public broadcasting stations KMOS-TV and KTBG-FM; Prussing Research Farm; South Recreation Complex; and the main campus with its instructional buildings, 19 residence halls, Audrey J. Walton Stadium at Vernon Kennedy Field, Elliott Union, James R. Crane Stadium at Robert N. Tompkins Field, and UCM Multipurpose Building.

As a well-known cultural center, UCM provides abundant opportunities to attend events and exhibitions of the fine and performing arts.

The Right Programs

Central Missouri is accredited by the North Central Association of Colleges and Schools. All of its teacher education programs are dually accredited by the National Council for Accreditation of Teacher Education and the Missouri Department of Elementary and Secondary Education.

All undergraduate and graduate business administration degree programs in Central Missouri's Adrian and Margaret Harmon College of Business Administration have earned the prestigious accreditation of the Association to Advance Collegiate Schools of Business-International.

In addition, programs in art, athletic training, aviation, chemistry, drafting technology, education, industrial hygiene, manufacturing and construction, music, nursing, occupational safety, social work, and speech pathology and audiology are all nationally accredited.



This is Central Missouri

For more information about why the University of Central Missouri is the right fit, or for more detailed information about programs or admission to Central Missouri, call the Office of Admissions at

1-877-SAY-UCMO

or visit Central Missouri's web site at

www.ucmo.edu



Undergraduate Programs

Harmon College of Business Administration

Accounting
Business Communication
Computer Information Systems
Economics
Finance
Legal Studies
Management
Marketing

College of Education

Career and Technology Education
Elementary and Early Childhood Education
Educational Foundations and Literacy
Educational Leadership and Human Development

College of Health and Human Services

Communication Disorders
Criminal Justice
Health and Human Performance
Nursing
Safety Sciences
Sociology
Social Work

College of Arts, Humanities, and Social Sciences

Anthropology
Art
Communication
Design
English
Geography
History
Modern Languages
Music
Philosophy
Political Science
Psychology
Theatre

College of Science and Technology

Agriculture
Air Force ROTC and Army ROTC
Aviation
Biology
Chemistry
Computer Science
Earth Science
Mathematics
Military Science and Leadership
Physics

School of Technology

- Automotive Power
- Computer-Aided Drafting and Design Technology
- Construction Management
- Electronics Technology
- Engineering Technology
- Fashion and Apparel Merchandising
- Graphic Arts Technology Management
- Industrial Technology
- Photography

Graduate Programs

Master of Arts

Accountancy
Communication/Speech Communication
English
Environmental Studies
History
Music
Sociology
Teaching English as a Second Language
Theatre

Master of Arts in Teaching

Middle School Education
Secondary Education

Master of Business Administration

Accounting, Finance, Information Systems and Marketing Concentrations

Master of Science

Aviation Safety
Biology
Counseling
Criminal Justice
Educational Technology
Industrial Hygiene
Industrial Management
Industrial Technology
Information Technology
Library Science and Information Systems
Mathematics
Occupational Safety Management
Physical Education/Exercise and Sport Science
Psychology
Rural Family Nursing
Social Gerontology
Speech-Language Pathology and Audiology
Student Personnel Administration
Technology and Occupational Education

Master of Science in Education

Elementary Education
Literacy Education
K-12 Special Education
Secondary School Administration
K-12 Secondary Education
Secondary Education

Education Specialist and Cooperative Doctorates

Education Specialist/Curriculum and Instruction
Education Specialist/Human Services
Doctor of Education
Doctor of Philosophy

University President Dr. Aaron Podolefsky

Aaron M. Podolefsky became the University of Central Missouri's 14th president in July 2005. An exceptional educator, scholar and academic administrator, President Podolefsky served for seven years as provost and vice president for academic affairs at the University of Northern Iowa before coming to Central Missouri.

As president, Podolefsky is providing leadership needed to achieve his vision for the institution - to become "a nationally recognized, comprehensive university that delivers a world-class education by providing a small-college learning environment coupled with large-university opportunities."

He believes that to fulfill its dream and promise, "the university must be an intellectually vital and engaged community that reaches out and connects with others across the region, state, nation and globe."

During the past four years he has spent at UCM, Podolefsky has helped build student enrollment, and has secured state and federal funding for development of the Max B. Swisher Skyhaven Airport. He has also provided leadership, most recently, for projects that include the renovation of the Morrow Building and construction of the new Student Recreation and Wellness Center, and a \$36.1 million energy sustainability project.

Podolefsky came to UCM from an institution that is very similar to Central Missouri in terms of its size and commitment to teaching and learning. He became provost at UNI in 1998. Prior to accepting that post, he served from 1990-1998 as dean of the UNI College of Social and Behavioral Sciences, and served from 1986-1990 as professor of anthropology and head of Western Kentucky University's Department of Sociology, Anthropology and Social Work. He also served as associate chair and associate professor of anthropology at West Virginia University, and was a research associate for the Center for Urban Affairs and Policy Research at Northwestern University.

A prolific researcher, he has written at least a dozen books and anthologies on a variety of topics. He is a Fellow of the American Anthropological Association, elected by the organization's executive committee in recognition of his significant contributions to the field of anthropology.

Podolefsky earned a bachelor's degree in mathematics from San Jose State University, San Jose, CA, in 1968. He received two master's degrees from State University of New York at Stony Brook, one in liberal studies in 1974, and the other in anthropology in 1976. In 1978 he earned a Ph.D. with distinction in anthropology from SUNY at Stony Brook.

The president is married to Ronnie Lynn (Shapiro) Podolefsky, an attorney specializing in civil rights. The couple has two grown sons, Isaac and Noah.



Board of Governors



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Jerry Hughes Athletics Director

Under the leadership of Jerry Hughes, UCM's athletics program has enjoyed unprecedented success, highlighted by the dual NCAA basketball championships in 1984 by the Mules and Jennies, the 1994 and 2003 NCAA baseball championships, and the 2003 women's Intercollegiate Bowling Association national title. In 2005, Hughes was inducted into the Missouri Sports Hall of Fame.

Going into the 2009 fall semester, the Mules and Jennies had won 116 Mid-America Intercollegiate Athletics Association championships, five national championships, had 34 other top four NCAA finishes, and made more than 200 NCAA post-season appearances during Hughes' tenure. The Central Missouri athletic program also won the Mid-America Intercollegiate Athletics Association All-Sports Trophy each year from 1998-99 (the year of the award's inception) until the award was discontinued in 2002-03. In 2008-09, UCM finished third in the NACDA Director's Cup, the best in UCM and MIAA history.

Hughes was named Central Region Athletics Director of the Year for 2001-2002 as selected by the National Association of Collegiate Directors of Athletics (NACDA). That honor made him the first repeat winner - at any NCAA level--in the history of the Athletics Director of the Year program after earning the same honor in the program's inaugural year, 1998-99.

The 60-year-old Hughes has been Central Missouri's athletics director since Jan. 25, 1983. Prior to that, Hughes had served as associate athletics director since July of 1981. In 1991-92, he served as the Mules' interim head basketball coach and guided the team to a 15-13 record.

Hughes has been a Division II member of the NCAA Executive Committee and chairman of the Division II Championships Committee. He also served a term as NCAA Vice President for Division II and has been a member of the NCAA Council, making him the only person to twice hold the highest-ranking office available to athletics administrators in NCAA Division II. Other NCAA committees on which he has served are the Membership Structure Committee, Administrative Committee, and Post-Season Football Subcommittee. He has chaired the NCAA Division II Management Council and Membership Growth Project Team and been a member of the NCAA Budget and Finance Committee and NCAA Administrative Review Panel, as well as the NACDA Sears Directors Cup Committee.

He has spearheaded fund-raising efforts for major renovations of the Central Missouri football and baseball stadiums, as well as the development of UCM's South Recreation Complex, and is the founder of the Las Vegas High Desert Classic, a highly regarded NCAA Division II basketball tournament held each December for the past 16 years in Las Vegas, Nev.

In addition to his service at Central Missouri, Hughes has served as Regional Director of the Show Me State Games, and on the Governor's Council on Physical Fitness and Health.



Central Missouri Athletic Director Jerry Hughes, left, here receiving his plaque from Jerald Andrews, chairman of the Missouri Sports Hall of Fame Board, was inducted into the Missouri Sports Hall of Fame in the spring of 2005.



University of Central Missouri Athletics Director Jerry Hughes and his wife, Vici.

Hughes has been at Central Missouri since October 1979, when he took a position as business placement director. The following year he became director of student recruitment. In 1981, Hughes was chosen for the new position of associate athletics director.

A native of Versailles, Mo., Hughes received his bachelor's degree in physical education in 1971 from Central Missouri, with a minor in safety education. He was a three-year letterman on the Mules' golf team, receiving All-MIAA honors in 1971. He also obtained a master's degree in secondary school administration, which he received in 1979 from Central Missouri. Following his graduation in 1971, Hughes spent a year of active duty in the Army National Guard.

In 1972, he returned to his hometown and took a position as physical education instructor, head golf coach and assistant basketball coach at Morgan County R-2 High School. From 1977-79, he served as the school's athletics director and assistant principal.

He and his wife, Vici, have four children - Greg, Chad, Parker, and Ashley. They have six grandchildren - Tanner and Rylie from Greg and his wife Catrina; Fallon, Kaiser, and Logan from Chad and his wife Jennafer; and Sofija from Ashley and her husband Matt Ruzich. Vici works for UCM as Director of Presidential and University Events.

Central Missouri's Athletic Directors

Joe Ferguson	1899-1907
Guy Lowman	1907-1908
A.A. Mason	1908-1909
Frank Winters	1909-1912
Forrest C. (Phog) Allen	1912-1919
Bill Greim	1919-1923
Theodore (Tad) C. Reid	1923-1938
Carl Voltmer	1938-1945
Tate Page	1945-1952
Leroy Harper	1952-1957
Glenn Gerdes	1957-1962
Carmen Ness	1962-1964
Dr. Hal Yinger	1964-1966
Dr. Floyd Walker	1966-1980
Dr. Roger Denker	1980-1981
Al Molde	1981-1983
Jerry Hughes	1983-Present



Kathy Anderson **Associate Athletics Director** **for Internal Operations**

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It could be said Kathy Anderson's athletic life has come full circle. She was an All-America student-athlete at the University of Central Missouri, she's had her number 32 retired in Jennies basketball, and is a member of the UCM Athletic Hall of Fame.

Now Anderson helps UCM student-athletes achieve their own goals, as she begins her fifth year at her alma mater as Associate Athletic Director for Internal Operations and Senior Woman Administrator.

Anderson had served previously as Assistant Athletic Director for Compliance and Student Services at Northwest Missouri State University.

Prior to assuming her role at Northwest, Anderson served a brief stint as admission and eligibility coordinator at the University of Washington. She added those duties in the summer of 2002 to her responsibilities as operations coordinator for men's basketball for the Huskies. In addition, Anderson was assistant basketball coach in 2000 for the Seattle Storm and in 1998 for the Phoenix Mercury of the WNBA.

Her coaching career began in 1980, when she was hired as assistant women's basketball coach at California State-Fullerton. She served there from 1980-85 before moving on to the University of Washington as assistant basketball coach from 1985-96, and as assistant director of basketball operations from 1996-98.

Anderson received a bachelor's degree from UCM in 1980, graduating cum laude in physical education and mathematics. While wearing the Cardinal & Black, she lettered four years in basketball, three years in softball, and once in track & field. In 1979-80 she was named second-team Academic All-American, and in 1980 she was honored as UCM Outstanding Senior Female Student-Athlete and Outstanding Senior in Physical Education. She also was named to the Jennies Basketball All-Decade Team for 1970-80 and the Jennies Basketball Silver Anniversary Team for 1970-95.

Anderson has also served as chair for the Division II softball committee and is chair of the Institutional Representatives for the MIAA Conference.

Anderson earned a master's degree in sports administration from Seattle Pacific University in 2000.



Shawn Jones

Associate Athletics Director **for External Operations**

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Shawn Jones is in his 10th year with UCM athletics, and was elevated to Associate Athletic Director for External Operations in 2005 after serving the previous three years as the Assistant A.D. for Marketing and Broadcasting. He was originally hired by his alma

mater in 2000 as Manager of Athletic Marketing/Broadcasting.

Jones is responsible for overseeing athletic marketing, promotions, media relations, special events and broadcasting. As the "Voice of UCM Athletics," he serves as the lead play-by-play announcer for Central Missouri Athletics on radio, and as the host and coordinating producer of UCM's weekly one-hour television show, *Central Missouri Sportspage*. He also coordinates Mule Train events for the department, emcees special events and assists in football scheduling, in addition to other administrative duties. During his time at UCM, Jones has served on the committees that have brought six current head coaches and two full-time staff members to campus.

Under his watch, *Sportspage* has grown from a weekly 30 minute television show on UCM athletics to a Bronze Telly Award-winning one-hour program that airs on KMOS-TV Sedalia/Warrensburg. The Central Missouri Sports Radio Network has also expanded to include 1450 KOKO, KWKJ 98.5 FM, KTBG 90.9 FM and www.warrensburgradio.com. Jones hosts and produces all coaches shows and radio broadcasts, and serves as the co-host of a weekly sports talk show related to UCM Sports on 1450 KOKO called *Central Missouri Sports Talk*.

A member of the National Association of Collegiate Marketing Directors, Jones oversees UCM's highly successful corporate sponsor program and has played a major role in the success of UCM's biggest fundraising event, the "Celebrating Central Missouri Athletic Auction." That event has grown from a \$25,000 fundraiser for UCM athletics in 2002 to a \$200,000 fundraiser in 2009. His efforts in promotions have been recognized by the NCAA News and many UCM athletic promotions have been featured as "Ideas that Work" by the NCAA Division II Community Engagement Initiative.

Jones is in his second year as a member of the NCAA Division II Football Committee and currently serves as National Chair, making the 35-year old one of the youngest chairs in NCAA Division II football history. He is the only member of the committee that is not a Head Football Coach or Athletic Director. In addition to his duties as National Chair, he serves as co-chair of Super Regional Four (MIAA, LSC, GNAC, and Independents). In January of 2009, Jones served as a featured panelist at the NCAA Convention in Washington, D.C., speaking on the topic of "Building Relationships and Telling Stories: Engaging the Local Media". In January of 2010, Jones once again served as a panelist at the NCAA Convention, speaking on the topic of "Fans: How to Find and Keep Them" in Atlanta, Georgia.

Prior to his time at UCM, Jones worked for ESPN Regional in the University of Kansas Athletics Department. He served on the broadcast team for Jayhawk Baseball with the legendary Tom Hedrick and as the host of the *Marian Washington Show* on KLWN radio in Lawrence.

As an account executive for ESPN Regional, he sold sponsorships for KU Athletics on the Jayhawk Radio and Television Networks. Jones also provided radio play-by-play for UMKC women's basketball during the 1999 season.

In 1998, Jones was Business Development Manager for the Golf Course Superintendents Association of America, where he created new revenue streams for the 20,000 member organization.

A native of Moberly, Mo., Jones received his bachelor's degree in Organizational Communication from UCM in 1997. While a student, Jones worked at KOKO Radio in Warrensburg as assistant sports director covering Warrensburg High School and UCM sports. He also worked as a student assistant in the sports information office.

He and his wife, Melissa, live in Warrensburg. Melissa, who holds an MBA from Central Missouri, is the Technology Development Manager in Information Services at UCM. They are the proud parents of a four-year old girl, Lauren, and a newborn son, Hayden.



Melissa, Hayden, Lauren, and Shawn Jones.



Brian Curless **Head Athletic Trainer**

Phone: 660-580-0035

Email: curless@ucmo.edu

Brian Curless has been head athletic trainer at Central Missouri since 2000. While at UCM, he has been prominent in developing concussion management and heat illness protocol and instrumental in ankle brace and computer injury management system development.

He came to the university after being with SportONE Sports Medicine in Fort Wayne, Ind. While with SportONE, he assisted sports-medicine physicians with patient care, provided athletic-training services for Fort Wayne's semi-pro football team, and covered events for Tri-State University football and basketball and for high schools in the area.

Curless, who was named Indiana Clinical/Professional Athletic Trainer of the Year in July of 1999, also has worked the Mid-Continent Conference basketball tournament and the NCAA Division I Men's Volleyball Finals in 1994.

Prior to working for SportONE, Curless was an athletic trainer for the 'Physical Performance Center' in Fort Wayne and Terre Haute from 1991-1995. He was also an athletic trainer for 21st Century Rehabilitation in Richmond, Ind., for one year and head athletic trainer for Earlham College in Richmond for five.

A native of Lafayette, Ind., Curless is a certified member of the National Athletic Trainer's Association. In addition, he is licensed as an athletic trainer by the Missouri Board of Healing Arts. He received his bachelor's degree in physical education in 1984 from Indiana State University, where he served as a student athletic trainer for four years, and earned his master's degree in physical education from Ball State University in 1989. His wife's name is Krista.



Bob Jackson

**Promotions Coordinator/
Web Manager**

Phone: 660-543-8194

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Bob Jackson has been employed at The University of Central Missouri since 1999, but has been involved with the University's athletic department since September of 1981.

Jackson currently serves as the Mules and Jennies Promotions Coordinator and Web Manager. He is also part of the broadcast team on the Central Missouri Sports Radio Network.

In addition, Jackson coordinates the advertising sales for UCM's football and basketball game programs.

He came to Warrensburg in 1981 to serve as sports director at KOKO Radio. There he was the play-by-play voice of Mules football, basketball, and baseball and for Jennies basketball, a position he filled until joining the staff at UCM in 1999.

Prior to assuming his role at KOKO, Jackson was sports director at KWOS Radio in Jefferson City from 1976-81, where he provided play-by-play for Lincoln University football and basketball.

Jackson's wife, Sherri, is employed with the Warrensburg School District. They have two daughters, Cassie (19) and Jamie (15). Cassie will be a sophomore at Central Missouri this year while Jamie is a sophomore at Warrensburg High School.



The Jacksons: Cassie, Sherri, Bob, and Jamie.



Rob McCutcheon

Media Relations Director

Phone: 660-543-4312

Email: rmccutcheon@ucmo.edu

Rob McCutcheon is in his sixth year with the University of Central Missouri athletic department and his fifth as the Media Relations Director.

He is in charge of all publications (media guides, game day programs, camp/fundraising brochures, etc.), press releases, and public address scripts, as well as the statistics and staffing of all home athletic events.

Interview and media credential requests also go through McCutcheon.

He graduated from Missouri Southern State University in 2004 with a bachelor's degree in mass communications, and started toward his master's degree in sports administration at UCM.

In January of 2006, McCutcheon was named to his current position after serving as the graduate assistant for media relations and marketing the previous year and a half.

At Missouri Southern, he was a student assistant in the sports information office from 2000-01 before becoming the intern from 2002-04.

During his stint at MSSU, McCutcheon worked as the media relations director for the USA Baseball Tournament of Stars in June of 2003 where he helped coaches in the selection of the Junior National Team. He has also worked with Showtime Boxing and as a statistician for the NBA on a contract basis.

At 28, he has already written and edited several award winning publications including the top baseball media guide in the nation in 2006. He also earned the Grant Burger South Central Region SID of the year by the AVCA for his work with the sport of volleyball the last two seasons.

The Tulsa, Okla. native, now in his 10th year in the MIAA, also played collegiate soccer for four years (1999-02) at Missouri Southern.



Jenn Huseman

Assistant Athletic Trainer

Phone: 660-580-0054

Email: huseman@ucmo.edu

In her second year in a full-time capacity with the University of Central Missouri athletic training staff is Jenn Huseman. She was hired in August of 2008, but this is not her first time at UCM.

Huseman served as a graduate assistant for Central Missouri from 1997-99 and also had a brief teaching stint there in the fall of 2006.

From 1999-2006, she served as the certified athletic trainer at Sedalia Smith-Cotton High School and worked at Bothwell Regional Health Center, providing out-patient rehabilitative services. Huseman has also spent time as a clinical instructor at both Central Methodist University and Missouri Valley College.

Most recently, she lived with her husband, Benjamin, in Korea for a year and a half while he was stationed there with the United States Air Force. While there she served as a housing assistance clerk at Osan Air Base.

She received her bachelor's degree in 1996 and her master's in 1998 from Central Missouri. The Belton, Mo. native is certified ATC and LAT.



Crystal Meeks

Assistant Athletic Trainer

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Email: cmeeks@ucmo.edu

Crystal Meeks came to the University of Central Missouri in January of 2008 from St. Joseph's College in Rensselaer, Indiana. She also worked for Jasper County Hospital and Rensselaer Central High School while there.

Prior to her time there, Meeks was at the University of Arkansas where she earned her masters degree in kinesiology. She worked with the football, men's basketball, track and field, and gymnastics programs while also helping at Bentonville High School. She has also been involved in several post-season events, including the SEC Men's Basketball Tournament and the SEC and NCAA Track and Field Championships.

Meeks earned her bachelor's degree in exercise science from Ball State (Ind.) University in July of 2004. She also ran cross country and competed for the Cardinals track and field squad from 2000-04.

After college, she also served as an EKG technician at Washington Regional hospital in Indiana.

The Demotte, Ind. native is a BOC Certified Athletic Trainer.

Welcome to Warrensburg, Mo.

Warrensburg, Missouri is a friendly community of 18,000 people near the intersection of U.S. Highway 50 and Missouri Route 13. It is located just 40 miles southeast of suburban Kansas City, with its many cultural offerings, entertainment options and professional sports franchises.

The county seat of Johnson County, Warrensburg is just four hours from St. Louis and three hours from Branson, Mo., with easy access by highway, Amtrak, or Greyhound bus. Other recreational opportunities include the beautiful Lake of the Ozarks 90 minutes to the southeast.

Warrensburg is a city that emerged from a frontier gathering place more than 150 years ago. In 1833, a blacksmith from Kentucky named Martin Warren chose a well-travelled spot along an Osage Indian Trail to build a cabin and set up his blacksmith shop. His shop served as an informal gathering place for local farmers. Three years after moving to Missouri, Mr. Warren's shop was named the county seat of the newly created County of Johnson. The township was named Warren's Burg in honor of the local blacksmith, and in 1855, the township was incorporated and became the City of Warrensburg. It is that same strong midwestern work ethic displayed by its founder, and the same friendly atmosphere shown by his neighbors that may be seen in Warrensburg today.

In the late 1800s and early 1900s Warrensburg was considered the Missouri Mule Capital because of the Horse and Mule Barn operated by the Jones Brothers on Railroad Street. Mules from the area won prizes at the State Fair (located just 30 minutes east in Sedalia, Mo.) and at even larger expositions like the one in St. Louis in 1904. The mule barn, known later as Cassinghams and then True Value Hardware, carried the motto, "Through these portals passed the meanest mules on earth."



Warrensburg is home to many historic sites, including "Blind" Boone Park, the historic Johnson County Courthouse, the Missouri Pacific Train Depot, and many historical churches.

It is also the site of the Old Drum Memorial Statue, in honor of Old Drum, a dog eulogized by George Graham Vest on September 23, 1870:

"The one absolutely unselfish friend that man can have in this selfish world, the one that never deserts him and the one that never proves ungrateful or treacherous is his dog."

Today the city's Parks & Recreation Department has eight park areas with a total of 326 acres, and a Community Center which offers a wide variety of recreational activities.



Two public golf courses are available in town -- one at the Hidden Pines Country Club, and another at Pertle Springs, operated by the University of Central Missouri.



Photo courtesy of United States Air Force

Other attractions in the area include Powell Gardens, a 1,250+ acre botanical garden just 12 miles west of Warrensburg on Missouri Highway 50 that contains hiking trails, picnic areas, and seasonal displays; Whiteman Air Force Base in Knob Noster, Mo., home of the B-2 Bomber; Knob Noster State Park; and the Missouri State Fair, held each August in Sedalia, Mo.

Of course, visitors to Warrensburg can also take in the exciting athletic events and various cultural experiences provided at the University of Central Missouri.

Media Information



The Central Missouri Sports Radio Network Broadcast Team:
Shawn Jones, Greg Hassler, and Bob Jackson.

Media Credentials

All requests for press, photo, or broadcast credentials and press box space for Central Missouri home games should be made at least two days in advance to the Athletic Media Relations Office, Rob McCutcheon, Media Relations Director:

Phone - 660-543-4312; **Fax** - 660-543-8034;

Email - rmcutcheon@ucmo.edu

Radio/Television Broadcasts

Approval for radio/television broadcasts of all Central Missouri home games must be received in advance from the Media Relations Office.

The Athletics Office at Central Missouri provides one telephone line for use by visiting radio stations on a reciprocal basis. Stations wishing to use the line should contact the Media Relations Office at least one week in advance.

Television stations seeking videotape highlights may wish to contact KMOS-TV.

Photographers

Photo credentials allow access to both the sideline and press box/row areas, and must be displayed at all times. NCAA rules require photographers to remain in their designated areas. Any questions should be referred to the UCM Athletic Media Relations Office.

Game Services

Working media members are provided with a program, pregame notes, and statistics, as well as complete final game statistics and play-by-play accounts.

Telephones/Internet

A limited number of telephones and telephone lines for electronic transmission of stories are available on a first-come, first-served basis. There will also be several network cable lines available for home basketball, baseball, and football games as well as wireless internet in those three venues. A fax machine is available on a limited basis.

Student-Athlete Interviews

Student-Athlete interviews during the week must be arranged through the Athletic Media Relations Office. Please make arrangements in advance. For telephone interviews, players will be instructed to return all calls collect or toll free. Home telephone and cell phone numbers, and email addresses will NOT be released.

All postgame interviews are to be conducted outside of the lockerroom area following a customary 10-minute "cooling-off period."

Athletic Media Relations Office

The UCM Athletic Media Relations Office is located upstairs in Room 203 of the Multipurpose Building. Telephone number is (660) 543-4312. Fax number is (660) 543-8034.

Follow the Mules and Jennies on KMOS-TV

During the season, media and fans can also keep up with the Mules on "Sportspage," your weekly inside look at UCM Athletics on KMOS-TV, UCM's Public Television Station. Host Shawn Jones will visit with Central Missouri coaches and student-athletes and review highlights of each week's action.

Mules & Jennies on the Internet

Media members and fans can access information about the Mules and Jennies around the clock, as information about Central Missouri Athletics, the MIAA, and NCAA Division II is available via the Internet. To access information, go to www.ucmo.edu/athletics.

UCM football, basketball, and select baseball game broadcasts may also be heard on the Internet by going to the link on the UCM Athletic Web Page or to www.warrensburgradio.com.

Central Missouri Athletic web pages are maintained by the UCM Athletic Department, Bob Jackson web manager.

Fans can also receive updates via their cell phone by signing up for textcaster on the UCM athletic website.

Primary Media Outlets

Newspapers/Print

Warrensburg Daily Star-Journal - Corey Edwards, Sports Editor,
135 East Market Street, Warrensburg, MO 64093

Phone - 660-747-8123, Fax - 660-747-8741

The Muleskinner (student newspaper) - Student Editor

Wood Room 312-14, UCM, Warrensburg, MO 64093

Phone - 660-543-4050, Fax - 660-543-8663

Kansas City Star - Chris Fickett, Colleges Editor; Blair Kerkhoff,

Beat Writer; 1729 Grand Avenue, Kansas City, MO 64108

Phone - 816-234-4141, Fax - 816-234-4360

Sedalia Democrat - Kyle Smith, Sports Editor;

700 South Massachusetts, Sedalia, MO 65301

Phone - 660-826-1000, Fax - 660-826-0400

Radio

KOKO 1450 AM/ KWKJ 98.5 The BAR - Greg Hassler, Sports Director,
P.O. Box 398, Warrensburg, MO 64093

Phone - 660-747-9191, Fax 660-747-5611

KMZU 100.7 FM - Rod Tompkins, Sports Director,

102 North Mason Street, Carrollton, MO 64633

Phone - 660-542-0404, Fax - 660-542-0420

KXXK 105.7 FM - Doug Sokolowski, Sports Director,

2209 S. Limit, Sedalia, MO 65301

Phone - 660-885-7517, Fax 660-885-8318

KDKD 95.3 FM - David Lee, Sports Director

P.O. Box 448, Clinton, MO 64735

Phone - 660-885-6141, Fax - 660-885-4801

Television

KMOS-TV - University of Central Missouri, Wood Room 11

Phone - 660-543-4155, Fax - 660-543-8863

MetroSports - John Denison, General Manager 6550 Winchester Avenue,
Kansas City, MO 64133

Phone - 816-358-5360, Fax - 816-358-5479

Your Hosts

Rob McCutcheon
Media Relations/
Director

Paula Rober
Media Relations/
Marketing Assistant

Chris Brigham
Media Relations/
Marketing Assistant



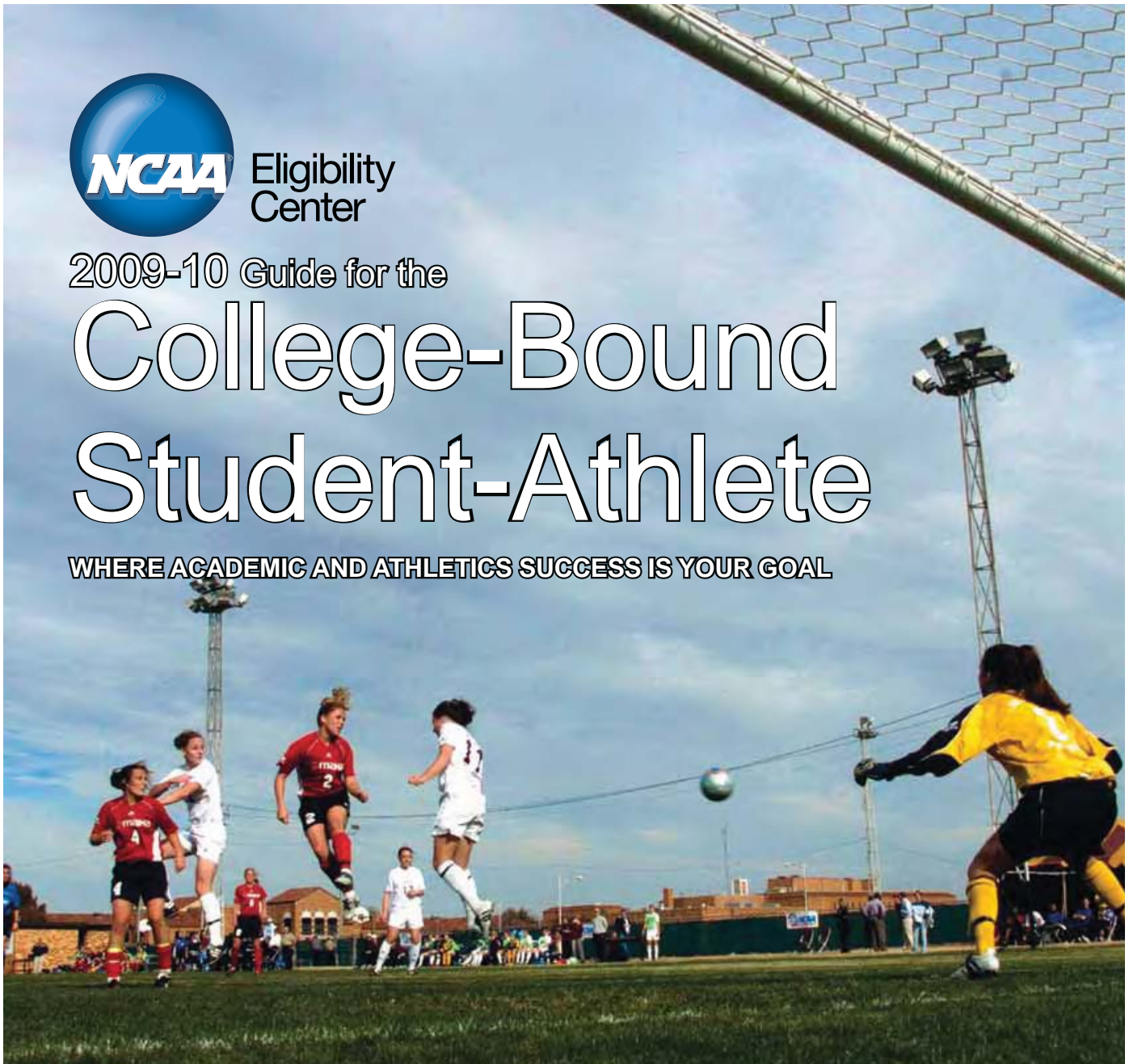
Want To Become an NCAA Student–Athlete? *Learn and Know the Rules . . .*



2009-10 Guide for the

College-Bound Student-Athlete

WHERE ACADEMIC AND ATHLETICS SUCCESS IS YOUR GOAL

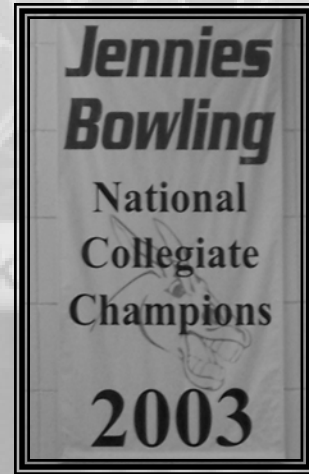


The National Collegiate Athletic Association (NCAA) is the largest and most recognized governing body for varsity athletics. In addition to its administration of championships, the NCAA provides various services to their member institutions. Part of the NCAA's role is to ensure that student-athletes have the resources needed to succeed in the classroom and promote the life skills learned through athletics that are needed for a career after college.

The NCAA must confirm that all prospective student-athletes are prepared to meet the rigorous demands that will be required in the classroom and that they have maintained their amateur status for intercollegiate competition so they may play as a freshman. Therefore, any prospective NCAA student-athlete must complete a process to verify this information through the NCAA Eligibility Center (formerly the NCAA Clearinghouse). Each prospective student-athlete will fill out on-line forms to verify that they have completed a core set of academic courses during their pre-college years at a satisfactory level. The prospect may also be asked to complete a series of questions or provide documents to confirm that they have followed the appropriate steps necessary to maintain their amateur eligibility.

The NCAA's *Guide to the College Bound Student-Athlete* (www.ncaaclearinghouse.net) provides the information and resources necessary to learn more about becoming a student-athlete for any NCAA team. Questions can also be answered from a customer service representative at 877-262-1492 within the United States (317-223-0700 for international calls). Your high school guidance counselor may also have this document available, can order one for you, or can assist in having one mailed to you free of charge.

Home of Jennies Bowling



A piece of Jennies history hangs on display in the Union to commemorate the storied success of the program. Photo by Sara Cox



Photo by Bob Badalucco



Home of Jennies Bowling

Jennies Bowling Training Facilities

UCM Recreation Center in the Ed Elliott University Union

Home of the Central Region Duals and all other home matches, the UCM Union Recreation Center is the official practice and competition facility for Jennies Bowling.

The 10-lane facility is located on the main level in the southern portion of the Elliott Union. In 2007, the bowling center underwent significant renovations, including a new synthetic lane surface, approaches, electronic scoring systems, player seating and a state of the art lighting system. The facility also incorporates Glo-Bowling opportunities, bumper bowling for children, a modified spare shooting system and computer-aided software for bowling skill analysis. Bowling ball fitting, drilling, shoes and auxiliary services are also available.

The UCM Union Recreation Center also is the home for the Mules Bowling club team, as well as intramural bowling competitions, student leagues and campus-wide special events.

All areas of the Gilbert Activities Center (Union Recreation Center, Pro Shop, Chick-Fila Restaurant, General Store and Electronic Games Center) are available for public use and provide outstanding entertainment and food options for students, faculty and the community.



The full-service pro shop is available for ball drilling and service.

Photo by Sara Cox

Barnes Athletics Weight Training Facility in the Multipurpose Building



The Millie Barnes Athletic Weight Training Facility is designed solely for use by UCM female student-athletes. Located in the Multipurpose Building, it offers cardiovascular machines and state-of-the-art weight training equipment.

UCM Multipurpose Building

Featuring an Olympic size swimming pool, racquetball courts and nautilus equipment, the Multipurpose Building is home to various events. This facility offers a variety of services for all athletic teams from meeting rooms and weight rooms to athletic offices, including the office of Head Coach Ron Holmes. Here is where the Jennies can also be found practicing their physical skills and technique on a modified bowling lane used for training.



UCM Athletic Facilities

The University of Central Missouri is not only proud of its excellent athletics programs, but it is equally proud of its many outstanding athletics facilities.



Audrey J. Walton Stadium at Vernon Kennedy Field

Home of Mules' football and the Mules' and Jennies' outdoor track and field teams, Walton Stadium at Vernon field is currently the largest football facility in the MIAA with a seating capacity of approximately 10,000. The three-level tower in the center of the grandstand contains luxury suites available for use by donors on the lower and middle levels and the actual working press box area on the top level.

The Multipurpose Building

The multi serves as the home facility for Mules' and Jennies' basketball, Jennies' volleyball, Mules' wrestling, and Mules' and Jennies' indoor track and field. With a seating capacity of 8,500, it is the largest arena in the MIAA. In addition to being the site for numerous UCM athletic events, it has also been a heavily used site for the Missouri State High School Basketball and Volleyball Post-Season Tournaments, regular season events and matches, as well as major concerts and University / High School commencement ceremonies.



James R. Crane Stadium at Robert N. Tompkins Field

One of the top baseball facilities in NCAA Division II, Crane Stadium at Tompkins Field is the home of the Mules' baseball team. Field improvements in the late 1990s added a locker room and coaches' offices for the Mules, an umpires' dressing room, new dugouts, permanent seats, a concession stand, a press box and lights to the already existing playing field. A new indoor weight training and workout facility was added to the site in 2004-05, in addition to Batter's Eye technology systems installed in 2008.



The South Recreation Athletic Complex

The newest facility for Central Missouri athletics, which opened for use in the spring of 2001. It is the new home for Jennies' softball and soccer, plus is home to a building that houses both softball and soccer coaches' offices. The facility also has 3 additional softball fields used for various events, including intramural competitions.



Keth Memorial Golf Course in Pertle Springs

Central Missouri's 18-hole grass greens course complete with a fully-equipped pro shop that is the home facility for Mules' golf, as well as Mules' and Jennies' cross country. Recent renovations have added a heated, indoor hitting station, new driving ranges, clubhouse, putting green and short game area. The facility will also be the new home to the Golf Course Management program offered by UCM.



We **know** that we are role models.

We **respect** our teammates, our opponents,
our game and those who support it.

We **strive** to create a family-friendly
environment during our contests.

We **seek** a partnership with our community.



As Division II student-athletes, we commit
to sportsmanship and ethical conduct
by demonstrating fair play, responsibility
and respect.

We invite you to support our effort.



A message from the Division II Student-Athlete Advisory Committee
NCAA is a trademark of the National Collegiate Athletic Association.

Coaches and Support Staff



Jenny Boggs
Ticket Supervisor



Rhonda Crews
Athletics Secretary



Karen Hibdon
Multipurpose Building
Manager



Paul Engelmann
Faculty Athletic
Representative



John Hicklin
Athletics Academic
Coordinator



John Culp
Program Development
and Retention Coor.



Anne Best
Spirit Squads Coach



Jeri Braun
Insurance Secretary



Tara Matney
Multipurpose Building
Secretary



Virdia Stevens
Athletics Accountant



Scott Thomason
Athletics Facilities
Coordinator



Kim Anderson
Head Men's Basketball
Coach



Brad Loos
Associate Men's
Basketball Coach



Brian Lohrey
Assistant Men's
Basketball Coach



Chris Brigham
Media Relations /
Marketing G.A.



Paula Rober
Media Relations /
Marketing G.A.



Robin Erslund
Head Wrestling Coach



Tim Poe
Head Golf Coach



Dave Slifer
Head Women's
Basketball Coach



Josh Keister
Assistant Women's
Basketball Coach



Tammy Slifer
Assistant Women's
Basketball Coach



Kirk Pedersen
Head X-Country / Co-
Head Track and Field



Kip Janvrin
Co-Head Track and
Field Coach



Susan Anderson
Head Softball Coach



Dee Keim
Assitant Softball Coach



Phil 'Flip' Piontek
Head Volleyball Coach



Chrissy Elder
Assistant Volleyball
Coach



Jim Svoboda
Head Football Coach



Chuck Clemens
Assistant Football
Coach



Lewis Theobald
Head Soccer Coach



Ron Holmes
Head Bowling Coach



Sean Edinger
Strength Coach/
Equipment Manager

Brunswick®



OFFICIAL EQUIPMENT OF

BOWLING

Women's Bowling – NCAA's 88th Championship

Women's Bowling is the most recent addition of the National Collegiate Athletic Association's 23 sponsored sports, and became the organization's 88th National Championship. Although this winter-season sport is relatively young by NCAA standards, its growth and bright future is reshaping the way bowling is viewed within and outside the world of college athletics . . .

From the Beginning . . .

In September 1994, the National Collegiate Athletics Association recognized Bowling as an "emerging sport" for Women's Athletics. The classification was made to assist the NCAA member institutions in providing greater participation opportunities for female student-athletes. As an emerging sport, Women's Bowling needed to reach a minimum of 40 or more sponsoring institutions to become a NCAA Championship sport.

Until Championship status was reached, the NCAA recognized the United States Bowling Congress – Collegiate Division (formerly CBUSA) as its governing body for the sport, and the Intercollegiate Bowling Championships as the National Championship of all women's collegiate bowling programs. Between the years of 1994-2003, seven NCAA-sponsored programs earned spots as competing teams at the IBC, with two schools (including Central Missouri) winning National Championship titles.

In late 2002, the NCAA announced that its membership schools sponsoring the sport had exceeded the 40 school minimum to apply for Championships status. In January 2003, the NCAA passed history-making legislation to elevate Women's Bowling to Championship status. The inaugural NCAA Women's Bowling National Championship was held in Houston, Texas on April 12-14, 2004. The first-ever finals were contested between Central Missouri State University and the University of Nebraska, with Nebraska winning the first NCAA title.



CENTRAL REGION SCHOOLS

* Schools from the state of South Carolina, Arkansas, Missouri, Illinois, Indiana, Wisconsin, Minnesota, Nebraska, Texas, Louisiana, Mississippi, Alabama, Florida, Tennessee, and Arizona

NORTHEAST REGION SCHOOLS

* Schools from the state of Maryland, New York, New Jersey, Connecticut, District of Columbia, Virginia, Massachusetts, W. Virginia, North Carolina, Pennsylvania, and Delaware



. . . to the National Championships today.

Since 2004, the NCAA has hosted its all-division National Women's Championships during the second full week of April. The 8-team event is the culmination of a full season of conference, regional and national competitions. The Championship, similar to the regular season, incorporates the three formats of NCAA play – Team Matches, Baker Pinfall Matches, and Baker Match Play.

Qualifying rounds of Team and Baker Pinfall Matches establish competition seeding, followed by Baker Match Play (4 of 7) for the two Championship double - elimination brackets. The champions of each bracket compete in the National Championship Finals, televised live on ESPN and by tape delay on ESPN.

Selection to compete in the NCAA National Women's Bowling Championships is done on an at-large basis by the NCAA Women's Bowling Committee. As with all other NCAA sports, specific criteria (ex. win/loss records, strength of schedule, quality of wins, etc.) are used for the selection process. Only matches and competitions played against other NCAA sponsored programs may be used for the National Championship selection process. All teams, no matter what its normal Division classification, compete together in this Division I event.

Playing the NCAA way . . .

As with all of its other sports, the NCAA utilizes its own playing rules and administration guidelines. Although the USBC is recognized as a national governing body and resource, NCAA bylaws do not allow its competitions or the 50+ member schools to supersede NCAA rules that are based on outside organizations. Examples of differences between the two groups can be seen in student-athlete initial eligibility, continuing eligibility, recruiting, transfer rules, regular season structure (length of, # of competitions, etc.), and various competition playing rules.

Recognition as a true "sport" . . .

As a member of the NCAA-sport family, coaches and student-athletes are provided with new and outstanding experiences previously not accessible in bowling. From all-around athletic skill development and training, to student-athlete services, to public relations support, women's bowling is now breaking out of previous stereotypical molds. NCAA Bowling provides great examples of student-athletes functioning at the highest standards of academic and athletic excellence . . . a primary goal of student-athletes in each sport and at all NCAA levels.



Photos on this page taken Bob Badalucco

Ron Holmes ~ Head Coach



Photo by Rob McCutcheon

Varsity Coaching Highlights (8 yrs)

- * NCAA W/L Record—696-211-2 (.765 winning percentage)
- * 8 Championship appearances
- * 5 Championship Finalist medals
- * 28 All-Americans (15 1st Team)
- * 3 Central Missouri All-Sports Female Athletes of the Year
- * NTCA DII Coach of the Year (2004, 2005, 2007, 2008, 2009)

Career Accomplishments (19 yrs)

- * 19 National Championship appearances (14 women, 5 men)
- * 2 Championship titles
- * 4-time National Runner-Up
- * 8 Final Four Championship finishes
- * 28 Regular All-Americans
- * 17 Regional Awards
- * 7 National Players of the Year
- * 5 National Rookies of the Year
- * 70 Academic All-Americans
- * 6 Team USA system players



Holmes provides instruction at the 2003-04 NCAA Championships

Photo provided by USBC

In his 9th season as UCM's Head Coach, Ron Holmes begins the 2009-10 campaign looking to maintain the level of excellence at which Central Missouri has become nationally and internationally recognized. The five-time Coach of the Year has led his teams to the post-season each of the last eight years, with five teams competing on the final day of the season for a National Championship. His 2003 Jennies team earned the program's first national title at the Intercollegiate Bowling Championships, the NCAA's recognized Championship for varsity women's bowling prior to 2004.

Since the program's birth in the fall of 2001, Holmes' teams have also earned seven top-5 finishes, including three national runners-up (2004-05, 2009). UCM has won 26 tournament titles and its players have earned 17 regular All-American awards during his tenure. In addition, players on these teams have been selected for 9 National honors, and 4 women have earned spots to represent the United States as members of the Jr. National Team (Jr. Team USA). Promoting the NCAA's motto of student-athletes, Holmes also stresses the importance of classroom work. His squads have maintained a team GPA of 3.36 during the last eight seasons and produced 51 Academic All-Americans.

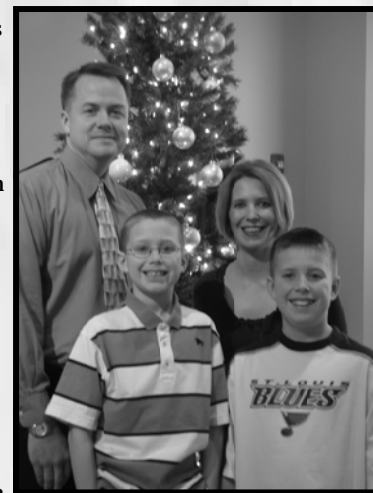
Holmes has been also instrumental in the growth of NCAA women's bowling at the administrative level. Since 2003, he has functioned as a member of the NCAA Women's National Bowling Committee, including serving the last three years as the Secretary/Rules Editor. From 2001-03, Holmes functioned as a Consultant for Varsity Bowling on behalf of College Bowling USA, including a short role as interim Co-Director. He also has served on several Coaches' Association committees, most notably as the Vice-President for the NCBCA from 1999-2003. Holmes currently serves on the National Tenpin Coaches Association All-American and Coaches' Poll panels. A current USBC Gold-Level Coach candidate, Holmes has been a USBC-certified Coach since 1991 and was recognized from 2006 to 2009 as one of Bowler's Journal International's Top 100 Coaches.

Holmes' first 11 seasons as head coach were spent at Central Missouri as a volunteer coach for the Women's and Men's club-sport bowling programs. During these seasons (1991-2001), both squads qualified for post-season competition every year and 11 teams (6 women, 5 men) earned spots to the National Championships. CMSU's teams also earned four Conference titles, two National Championship Finals awards, five top-5 Championships finishes, and produced 30 All-Americans (11 Regular) and two Team USA system players.

An Independence, Missouri native, Holmes' personal bowling career has also been quite successful. He was a four-year All-Conference player (1987-1990) and 1990 Conference Player of the Year for the Central Missouri men's program. Holmes was also a member of the 1987 team which played in the National Championships and was the first CMSU player to roll a perfect game in intercollegiate competition in 1986. His personal accomplishments include honor scores of 300 (2), 800 (2), and a high average of 224.

Holmes earned his Bachelor's (1990) and Master's (1992) degrees in the areas of Physical Education, Exercise, and Sports Science at CMSU. In 1992, he accepted a teaching position as an Instructor of Health Education and taught full time until 2001 when he was named the school's first Women's Head Coach. Holmes continues to teach courses as a portion of his current position on behalf of the Department of Health and Human Performance. He is also a Coordinator of Athletic Special Events & Camps for the Department of Athletics.

His wife, Amy, is an elementary school teacher. They have two children, sons Evan, 12, and Cameron, 9.



Head Coach Ron Holmes with his wife, Amy, and sons Evan (right) and Cameron.

Photo provided by the Holmes family



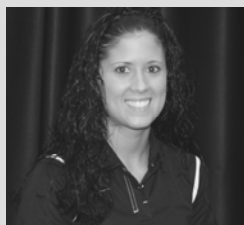
Holmes with Assistant Coach Bryanna Caldwell

Photo by Rob McCutcheon

Assistant Coaches

Bryanna Caldwell

Assistant Coach



Joining the Jennies on the sidelines for her second season is four-time All-American Bryanna Caldwell. After setting seven records during her playing career at UCM, Caldwell will try to help guide the Jennies to another post-season berth.

Hailing from Tucson, Arizona, Caldwell averaged 202.79, second on the Career Average charts for the Jennies, and was named Central Missouri's Co-Female Athlete of the Year in 2008. She was also recognized as a First Team All-American and Division II Player of the Year each of her four years, while earning the 2005 Division II Rookie of the Year honors. Caldwell was also a member of Junior Team USA in 2006 and 2007, earning 18 medals, including eight gold medals, in international competition.

A two-time Academic All-American, Caldwell graduated in May 2008 with a degree in Spanish and a minor in criminal justice. She is currently residing in Warrensburg with her dog, Bucket, while pursuing her certification to teach Spanish.



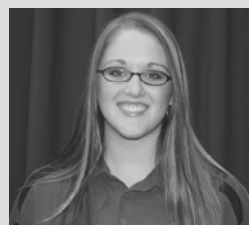
Sara Cox

Assistant Coach

Sara Cox begins her fourth year as a member of the Jennies' coaching staff. After her four-year playing career (2002-06), she has returned to provide assistance off the lanes and help lead the Jennies when time permits.

As a player, Cox earned two All-American Second Team nominations and was named Academic All-American four times. She was a member of the 2003 IBC National Championship team as a freshman, as well as the NCAA National Championship runners-up teams in 2004 and 2005.

A native of Terre Haute, Indiana, Cox earned her Masters in Business Administration, with a concentration in marketing, in May 2009 with a 4.0 GPA. She also graduated summa cum laude in May 2007 with two bachelors degrees from UCM, one in management and one in public relations, with a minor in Spanish. She is currently working as a Program Analyst for General Services Administration in Kansas City.



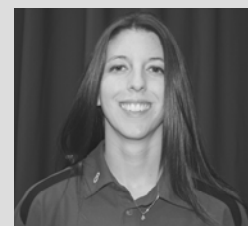
Jamie Mitchell

Assistant Coach

After her three-year career playing for the Jennies, Jamie Mitchell joins the coaching staff in a limited role this season. The Jennies will turn to her for her leadership and experience as they come together during the season.

During her career, Mitchell was named D-II Rookie of the Year in 2007, and helped guide the team to three post-season appearances. A three-time Academic All-American, her 188 career average is good for 11th all-time.

Originally from Pearland, Texas, Mitchell will complete her student teaching this fall to earn her early childhood development degree.



Kristen Tracy

Assistant Coach

Kristen Tracy joins the Jennies coaching staff after one playing season. As she continues working towards her degree, Tracy will provide some assistance behind the scenes for the squad when her schedule allows. Her positive attitude and athletic knowledge will prove to be an additional resource for the 2009-10 team

Tracy, a Lee's Summit, Missouri native, transferred to Central Missouri last season to pursue a degree in criminal justice. She was a member of the Lee's Summit High School volleyball and soccer teams, and currently works for UCM Public Safety.

Jennies Assistant Coaches

Jamie Mitchell	2009-	Tina Peak	2007-08
Kristen Tracy	2009-	Sara Cox	2006-
Samantha Swanson	2008-09	Amber Gazverde	2004-08
Bryanna Caldwell	2008-	Erin Landford	2003-04

Team Win/Loss/Tie Records

2001-02	98-22	2005-06	78-22-1
2002-03	96-25	2006-07	82-30-1
2003-04	86-28	2007-08	79-25
2004-05	89-21	2008-09	88-38

All photos on this page taken by Rob McCutcheon

~ Numerical Roster ~

No.	Name	Year	R/L	Hometown/Previous School
3	Amanda Falk	Sr.	LH	Tucson, Ariz./Pima Community College
4	Larissa Lantto	Fr.	RH	Eden Prarie, Minn./Eden Prarie High School
6	Samantha Johnsen	So.	RH	Aurora, Ill./Waubonsie Valley High School
7	Robin Noland	So.	RH	Anderson, Ind./Anderson High School
9	Madison Williams	Fr.	RH	Katy, Tx./Katy High School
10	Kelli Schroeder	Fr.	RH	Blaine, Minn./Centennial High School
11	Katie Eckelberger	Fr.	RH	Rochester, N.Y./Irondequoit High School
12	Kim Wallace	So.	LH	Richmond, Tx./Lamar Consolidated High School
14	Stephanie McCulloch	Fr.	RH	Sullivan, Mo./Sullivan High School
16	Kate Bocklage	Fr.	RH	St. Peter's Mo./Francis Howell Central High School
17	Amanda Mulcahy	Fr.	RH	Butte, Mont./Butte High School
18	Jesslyn Denton	So.	RH	Lincoln, Neb./Lincoln East High School
20	Kim Knapp	Fr.	RH	Minot N.D./ Minot High School
21	Natalie Jimenez	Fr.	LH	Rowland Heights, Calif./J.A. Rowland High School
22	Theresa Christopher	Jr.	RH	Trenton, Mich./Trenton High School
24	Ashley Bonebright	Fr.	RH	Lincoln, Neb./Lincoln High School
28	Brittany Potts	Fr.	RH	Saginaw, Mich./Swan Valley High School
29	Kalei Timmer	Fr.	RH	St. Robert, Mo./Waynesville High School

Head Coach: Ron Holmes

Assistant Coaches: Bryanna Caldwell, Sara Cox, Jamie Mitchell, Kristen Tracy

Pronunciation guide

Jimenez—(hi-men-ez) Knapp- (nap) Schroeder—(shro-der) Mulcahy- (mul-cay-hee) Eckelberger—(ek-el-burger)

Depth Chart

LEADOFF

Wallace
Falk
Schroeder
Johnsen

SCOUT

Schroeder
Knapp
Bonebright
Williams

BRIDGE

Jimenez
Lantto
Eckelberger
Mulcahy

SET-UP

Christopher
Jimenez
Falk
Knapp

ANCHOR

Falk
Christopher
Jimenez
Wallace

Front Row (L to R): Kelli Schroeder, Samantha Johnsen, Amanda Falk, Larissa Lantto, Stephanie McCulloch, Kate Bocklage, Kim Wallace, Kim Knapp, Natalie Jimenez

Back Row (L to R): Assistant Coach Bryanna Caldwell, Amanda Mulcahy, Madison Williams, Theresa Christopher, Jesslyn Denton, Kalei Timmer, Robin Noland, Katie Eckelberger, Ashley Bonebright, Brittany Potts, Head Coach Ron Holmes



~ Photo Roster ~



Kate Bocklage
 5'6—Freshman (Right handed)
 St. Peter's, Missouri
 Major—Elementary Education
 Collegiate Avg.—N/A
 H.S. Avg.—192.63
 2007, 2009 Missouri Pepsi Youth
 Championships Finalist



Katie Eckelberger
 5'7—Freshman (Right handed)
 Rochester, New York
 Major—Photography/Graphic Arts
 Collegiate Avg.—N/A
 H.S. Avg.—185
 2008-09 Monroe County All-County
 Selection



Ashley Bonebright
 5'5—Freshman (Right handed)
 Lincoln, Nebraska
 Major—Graphic Design
 Collegiate Avg.—N/A
 H.S. Avg.—185
 2008-09 Nebraska H.S. All-State
 Selection



Amanda Falk
 5'2—Senior (Left handed)
 Tucson, Arizona
 Major—Elementary Education
 Collegiate Avg.—185.02
 2008 Academic All-American



Theresa Christopher
 5'7—Junior (Right handed)
 Trenton, Michigan
 Major—Speech & Language Pathology
 Collegiate Avg.—184.69
 2009 NCAA Bowling Championships
 All-Tournament Team
 2008 NTCA Academic All-American



Natalie Jimenez
 5'6—Freshman (Left handed)
 Rowland Heights, California
 Major—Business
 Collegiate Avg.—N/A
 H.S. Avg.—201
 2008-09 California Player of the Year



Jesslyn Denton
 5'5—Sophomore (Right handed)
 Lincoln, Nebraska
 Major—Marketing
 Collegiate Avg.—158.14
 2008 Nebraska State Team Champions



Samantha Johnsen
 5'2—Sophomore (Right handed)
 Aurora, Illinois
 Major—Special Education
 Collegiate Avg.—175.75
 2008 Illinois H.S. All-State Selection



Kim Knapp
 5'6—Freshman (Right handed)
 Minot, North Dakota
 Major—Accounting
 Collegiate Avg.—N/A
 H.S. Avg.—193
 2008-09 North Dakota Pepsi Youth
 Champion

All photos by Rob McCutcheon

~ Photo Roster ~



Larissa Lantto
 5'1—Freshman (Right handed)
 Eden Prarie, Minnesota
 Major—Undecided
 Collegiate Avg.—N/A
 H.S. Avg.—209
 2009 Minneapolis Youth Player of the Year



Kelli Schroeder
 5'4—Freshman (Right handed)
 Blaine, Minnesota
 Major—Family & Consumer Science Education
 Collegiate Avg.—N/A
 H.S. Avg.—220
 2009 Minnesota Youth High Average Champion



Stephanie McCulloch
 5'6—Freshman (Right handed)
 Sullivan, Missouri
 Major—Business
 Collegiate Avg.—N/A
 H.S. Avg.—180
 2008-09 Missouri Pepsi Youth Championships Finalist



Kalei Timmer
 5'9—Freshman (Right handed)
 St. Robert, Missouri
 Major—Business
 Collegiate Avg.—N/A
 H.S. Avg.—174
 5th Place, 2008 Missouri Youth Championships



Amanda Mulcahy
 5'6—Freshman (Right handed)
 Butte, Montana
 Major—Forensic Science
 Collegiate Avg.—N/A
 H.S. Avg.—193
 2006-09 Montana High School Singles Champion



Kim Wallace
 5'4—Sophomore (Left handed)
 Richmond, Texas
 Major—Accounting
 Collegiate Avg.—192.63
 2008 Texas Female Player of the Year



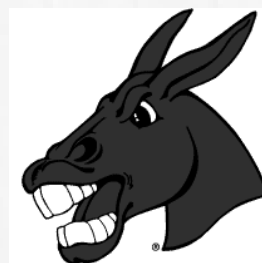
Robin Noland
 5'4—Sophomore (Right handed)
 Anderson, Indiana
 Major—Photography
 Collegiate Avg.—175
 2008-09 Academic All-American



Madison Williams
 5'9—Freshman (Right handed)
 Katy, Texas
 Major—Athletic Training
 Collegiate Avg.—N/A
 H.S. Avg.—209
 2009 Texas State H.S. Player of the Year



Brittany Potts
 5'5—Freshman (Right handed)
 Saginaw, Michigan
 Major—Child & Family Development
 Collegiate Avg.—N/A
 H.S. Avg.—208
 2008-09 Michigan H.S. All-State Selection



All photos by Rob McCutcheon

2009-10 Preview

What a difference a year makes. 2008-09 finished with five seniors and nine players who saw significant playing time by the end of the season. 2009-10 starts with one senior, 12 freshmen, and three returning players who had any starting time from the previous year.

After a tremendous post-season performance in 2009, Head Coach Ron Holmes knows he will have a completely different cast of student-athletes to work with during the season. Major changes will occur from several directions – faces, level of college experience, even likely the team's style of play.

However, Coach Holmes is very excited with the group that has been assembled for this season and the opportunity to teach this young group of women about what it takes to be one of the

country's elite programs. "I am really motivated and ready to take on the challenges that this year presents," Holmes said. "At the end of last year, I knew that the 2009-10 squad would look significantly different in many ways. We would have a very small pool of student-athletes returning but an outstanding group of recruits coming in to join them.

"Several of the new ladies have physical skills that allowed them to play areas of the bowling lane that our recent teams could not match," he continued. "However, many of these same recruits have not been tested yet on collegiate or elite-level lane conditions. In addition to each of these issues, our roster has several walk-on



Christopher
Photo by Matthew Mitchell

student-athletes that we knew very little or nothing about before they arrived on campus."

The leader of this year's group will be Amanda Falk, the team's lone senior. Falk has matured during her first three seasons, however, she is going to be called upon to fill the role of something she has not had to do before. "Although she is a tenacious competitor, Mandy has always been a very quiet person who lets her physical performance speak for itself," Holmes said. "I have also asked her to function as a mother hen for all the young players in modeling what skills and behaviors are needed to succeed at this level. I know Mandy will be a great mentor and role model for this squad."

Two other returning players will be looked upon this year to help fill the loss of on-lane collegiate experience. Theresa Christopher, junior co-captain, and Kim Wallace, sophomore spot-starter from 2008-09, will help Falk in showing this very talented but young group what skills are necessary to succeed in NCAA competition. Christopher finished her sophomore year with a solid performance at the NCAA Championships and was selected to the All-Tournament Team. Wallace led last year's squad in player average despite her limited playing time. Both ladies will get significantly increased playing opportunities this year and will use their more vocal, outgoing personalities to help guide the team back to the post-season.

Among the group of 12 new players joining UCM are four athletes that have achieved great success at a national youth level and will see



Falk
Photo provided by Megan Raymond

significant playing time this season.

Natalie Jimenez, Larissa Lantto, Kelli Schroeder, and Madison Williams are joining the squad with high school all-state honors and/or extensive elite level youth success.

"Each of our signed recruits was brought in to fill specific skill needs or holes that we would have on this year's squad," Coach Holmes stated. "However, we have several other players that have the potential to make major contributions on the lanes this season if their skills develop as we believe they will.

"This group of athletes certainly has the talent to succeed at this level and it will be our job to show them how to improve their skills," Holmes said. "If things go I believe they will, we will have a very diverse and talented group of student-athletes growing together for several years."

Holmes knows that there is a lot of work ahead for the coaching staff, the student-athletes and the team before they are ready for the rigors of an NCAA season. In many ways the team will be starting from scratch, even with its one senior co-captain. Holmes believes the long season and level of parity among NCAA bowling programs will be the biggest test for this youthful group.

"Every year the level of success needed to reach the NCAA Championships becomes more difficult," Holmes said. "I am confident our ladies will be able to rise up and meet the challenges presented throughout the year. My goal is to get our young players into competition early and often to let their natural abilities come out. I'm sure there will be some growing pains along the way, but I believe the ladies will do a wonderful job and I really look forward to our journey."



The 2008-09 Jennies celebrate during the NCAA National Championships. The 2009-10 squad will have to overcome a significant loss in experience to return to the Championships for the seventh consecutive year.

Photo by Matthew Mitchell

2009-10 NTCA PRESEASON NATIONAL POLL

Rank	Institution	1st place Votes	Total Points
1.	Univ. of Nebraska—Lincoln	18	544
2.	Vanderbilt University		477
3.	Fairleigh Dickinson University		453
4T.	University of Central Missouri		397
4.	Univ. of Maryland—Eastern Shore		397
6.	Delaware State University		327
7.	Arkansas State University	1	325
8.	New Jersey City University		313
9.	Sacred Heart University		245
10.	Kutztown University		222
11.	Alabama A&M University		174
12.	Minnesota State University		157
13.	Adelphi University		142
14.	Southern University		125
15.	Morgan State University		100
16.	Univ. of Wisconsin—Whitewater		87
17.	Elmhurst College		71
18.	St. Francis College		39
19.	Jackson State University		33
20.	Valparaiso University		30

Meet the Jennies



Junior Theresa Christopher will help lead the Jennies back to the postseason after being named to the 2009 NCAA Championships All-Tournament Team for her superior performance.

Meet the Jennies



Amanda Falk

Coach Holmes on Amanda Falk: Mandy really stepped forward during her junior season and took on a much more significant role on the lanes with great results. Her most successful performances came from off the bench in key substitution positions. As a 5th year senior, Mandy will again fill several positions – co-captain, competitor and teammate. I'm sure she will do very well on the lanes; however, her most vital role may be more as 'the glue' – helping lead all of her younger and less experienced teammates in the correct direction. This is where I believe she will truly be able to motivate and inspire the squad.

As a Junior: Saw regular starting time as the primary left-handed player, averaging 182.23 for 39 games started during the season. Started the season at the Arkansas State Fall Invitational with a strong performance, pacing the Jennies with a 180.8 average for five team games and earning a spot on the All-Tournament Team. Earned another Top 10 finish in Baltimore during the spring portion of the schedule with a 195 average across five games. Played in 122 of 136 matches on the season, while leading this season's returning players in overall and single-pin spare percentages.

As a Sophomore: Increased her playing time as the team's only left-hander in 2007-08. Significantly improved her consistency and accuracy as evident in her improved average and spare shooting. Earned two All-Tournament Team honors at National Collegiate Team Match Games and Alabama A&M Holiday Classic.

As a Freshman: Saw steady playing time as the team's second left-handed player. Her athletic background allowed her to step in and help immediately while having many opportunities to gain valuable collegiate experience.

In High School: Did not have a high school bowling program. Competed on the soccer, cross country, track, golf and softball teams.

Personal Information: Hobbies include watching movies and spending time with friends...elementary education major...daughter of Charles and Karen Falk.



**5'2
Senior
Pima
Community
College
Tucson, AZ**

**High Game:
296
High Series:
818**

3

Career Statistics

Season	Matches (M) Played In	5-Person M-Played	Baker M- Played	Game Average	Strike %	Spare %	Single Pin Spare %	All-Tourn Team	All-Event Champion	High Game	High Series
2006-07	76	40	36	176.61	35.5%	72.5%	82.9%			228	617
2007-08	89	63	26	191.16	42.8%	76.4%	86.9%	2		254	683
2008-09	122	56	66	182.23	41.4%	75.4%	88.4%	1			
Total	287	159	128	183.33	39.8%	74.7%	86.0%	3	0	254	683

Meet the Jennies

Theresa Christopher

Coach Holmes on Theresa Christopher: Theresa begins her junior season with a great sense of optimism. She had a solid sophomore year and became a much more consistent player. In the late spring she finally was able to put everything together and allowed herself to stop being so critical of her performances. She was able to elevate her level of play and achieve even greater results, including an All-Tournament selection at the NCAA National Championships. As Theresa starts her third year, this co-captain will be looking to build on her latest on-lane accomplishments in addition to showing the younger teammates how to play and compete at this level.

As a Sophomore: Earned the second-most playing time during the 2008-09 season, averaging 194.40 for 62 team games. Increased consistency and accuracy in spare shooting, leading her way to two All-Tournament Team finishes. Led the team at the National Collegiate Team Match Games in Fairview Heights, Ill. with a 187.5 average and a fourth place overall individual finish. Her best performance came at the NCAA Championships in Canton, Mich. near her hometown, when she anchored the team through bracket play and into the live, nationally televised Finals. Her performance at the event earned her a spot on the Championships All-Tournament Team after leading the Jennies to its National Runners-Up finish.



As a Freshman: Stepped in to help the Jennies by averaging 185.13 across 61 games in her 1st season. Was near the top of the team in strike percentage, but struggled with consistent spare shooting.

In High School: The 3-year team captain averaged 207 as a senior, with a high series of 687. A 4-year starter and 3-year anchor, she earned 1st team all-state honors twice and all-conference accolades all 4 years. She was a member of the 2007 Dream Team for the top 5 bowlers in the state as well.

Personal Information: Daughter of Todd and Fran Christopher...hobbies include reading and talking on the phone...speech and language pathology major.



**5'7
Junior
Trenton High
School
Trenton, MI**

**High Game:
300
High Series:
689**

22

Career Statistics

Season	Matches (M) Played In	5-Person M-Played	Baker M- Played	Game Average	Strike %	Spare %	Single Pin Spare %	All-Tourn Team	All-Event Champion	High Game	High Series
2007-08	61	43	18	185.13	43.6%	59.8%	74.8%			257	687
2008-09	126	62	64	184.40	38.3%	70.6%	82.7%	1		246	661
Total	187	105	82	184.76	40.9%	65.2%	78.7%	1	0	257	687

Meet the Jennies

Robin Noland



Coach Holmes on Robin Noland: Robin completed her first full year with UCM during 2008-09, competing in limited action and finishing with an average of 175. She used the year to improve her skills and become a more consistent player, in addition to taking on more leadership roles within the squad. As she begins her third year on the squad, we will be looking for Robin to continue her growth and development on the lanes to become a better collegiate-level player.

As a Redshirt—Freshman: Only saw action during the UCM-hosted Greater Ozark Invitational where she played in 13 matches and averaged 178.14. Improved statistically in strike and spare percentage from her red-shirt season after spending time working on improving her accuracy. Provided leadership on and off the lanes for the Jennies at practices and through team-sponsored events.

As a True—Freshman : Robin redshirted with the squad during her first full year at UCM to focus on her academics and work on her bowling game. Robin made solid strides in becoming familiar with collegiate level play.

In High School: Was a participant in the Indiana high school bowling program (non-varsity status) and helped her team to a regional and semi-state title in her career. She was also selected to the All-State Team B.

Personal Information: Photography major...daughter of Greg and Ann Noland...enjoys singing, crafts and taking pictures.



5'4
Sophomore
Anderson
High School
Anderson, IN

High Game:
278
High Series:
756

7

Career Statistics

Season	Matches (M) Played In	5-Person M-Played	Baker M-Played	Game Average	Strike %	Spare %	Single Pin Spare %	All-Tourn Team	All-Event Champion	High Game	High Series
2008-09	13	5	8	178.14	33.6%	55.8%	71.0%			194	553
Total	13	5	8	178.14	33.6%	55.8%	71.0%	0	0	194	553

Meet the Jennies

Kim Wallace

Coach Holmes on Kim Wallace: Kim returns for her sophomore year and begins the season on a mission. She was one of the highest-scoring athletes on the squad; however, Kim struggled throughout the 2008-09 campaign with her consistency. As Kim learned more about the collegiate game, she came to realize that her amount of playing time would increase and her performances improve when she was able to control her emotions. If Kim can maintain her focus and channel her energy in a positive fashion in 2009-10, she certainly has the skills to become a significant contributor on this year's squad and I believe she will do just that.



As a Freshman: Led all jennies in season average at 192.63 for 45 of 68 team games played. Also led this season's returners in strike percentage at 42.1 percent. Had strong back-to-back performances to start the spring portion of the schedule, averaging 188.83 in Springfield for seven games (second on the team), and then earned her first All-Tournament Team selection at the Fontbonne Griffin Invitational after averaging 196.8 for five games.

In High School: Graduated in the top 20 percent of her class as a multi-sport athlete. Honors include 2008 Texas Youth Bowler of the Year, 2007 Texas High School Bowling Championships fourth place finish as a team and second individually, 2005 Texas State Girls Scratch Champion, and five-time qualifier for the USBC Jr. National Championships. Also was a member of the Lamar Consolidated high school softball team. High league average last season was 197.



Personal Information: Daughter of Keith and Dottie Wallace...majoring in accounting...hobbies include softball, listening to music, learning something new every day.

5'4
Sophomore
Lamar
Consolidated
High School
Richmond, TX

High Game:
296
High Series:
755

#12

Career Statistics

Season	Matches (M) Played In	5-Person M-Played	Baker M-Played	Game Average	Strike %	Spare %	Single Pin Spare %	All-Tourn Team	All-Event Champion	High Game	High Series
2008-09	102	45	57	192.63	42.1%	72.8%	85.4%	1	0	252	636
Total	102	45	57	192.63	42.1%	72.8%	85.4%	1	0	252	636

Meet the Jennies

Samantha Johnsen



Coach Holmes on Samantha Johnsen: Sam successfully served in several roles on the squad during her freshman season but they were primarily done off the lanes. Sam's inexperience at the collegiate level only existed in her competitive performance as she filled numerous team-related duties with great energy and enthusiasm. Sam worked tirelessly to increase her skill level last year and was able to elevate her game to better perform at the collegiate level. As she begins her second season, I look for Sam to continue the growth and improvement of her physical skills while maintaining the wonderful team attitude and support on and off the lanes.

As a Freshman: Served as a spot reserve player seeing time in 34 matches. Averaged 175.75 for 14 team games, most of which were played during the Greater Ozarks Invitational. Had a season high game of 215 and a high series of 506.

In High School: Was a four-year varsity player and three-year captain of her high school squad. Anchored the team to two Illinois State High School Championship events (2008,2006), with a third place finish in 2008. Helped her team to three conference championships and earned 13 high school medals, including two MVP honors. Honors include 2008 Greater Aurora USBC Star of Tomorrow and the Naperville Sun Newspaper Most Valuable Player for 2008. Three-time qualifier for the USBC Jr. National Championships and was a semi-finalist in 2006. High league average last season was 205.

Personal Information: Special education major...hobbies include scrapbooking and shopping...daughter of Frank and Theresa Johnsen.



5'2
Sophomore
Waubonsie
Valley High
School
Aurora, IL

High Game:
280
High Series:
737

6

Career Statistics

Season	Matches (M) Played In	5-Person M-Played	Baker M-Played	Game Average	Strike %	Spare %	Single Pin Spare %	All-Tourn Team	All-Event Champion	High Game	High Series
2008-09	34	14	20	175.75	34.6%	61.0%	80.0%	0	0	215	506
Total	34	14	20	175.75	34.6%	61.0%	80.0%	0	0	215	506

Meet the Jennies

Jesslyn Denton

Coach Holmes on Jesslyn Denton: Jesslyn begins her second year at Central Missouri looking to build on a freshman year in which she saw limited competition. A tremendously hard worker, Jesslyn used her first year to improve her skills and become oriented to the college game. As she starts her sophomore season, I look for Jesslyn to continue expanding her overall level of abilities, become more comfortable with her new skills and maintain a higher level of consistent play.

As a Freshman: Only saw playing time as a junior varsity player during the team's home event, the Greater Ozarks Invitational. Averaged 158.14 for five team games during the event, with a high game of 200.

In High School: Helped guide her high school squad to a fourth place finish at the Nebraska Girls State High School Bowling Championships in her junior and senior years. Was a four-year letter winner in bowling and marching band. Acted as captain of her high school bowling team for three years. Is a USBC Junior Gold participant, SE Nebraska scholarship tournament winner, and finished second in the 2006 USBC Youth Scholarship Tournament. Also played soccer and was a member of a local dance academy, while participating in yearbook and National Honor Society activities.

Was also events coordinator for the Invisible Children program. Served as a youth representative on the USBC board for the state of Nebraska. High league average last season was 160.

Personal Information: Hobbies include dancing, playing the flute and piccolo, and soccer...marketing major...daughter of Fred and Paula Denton.



5'5
Sophomore
Lincoln East
High School
Lincoln, NE

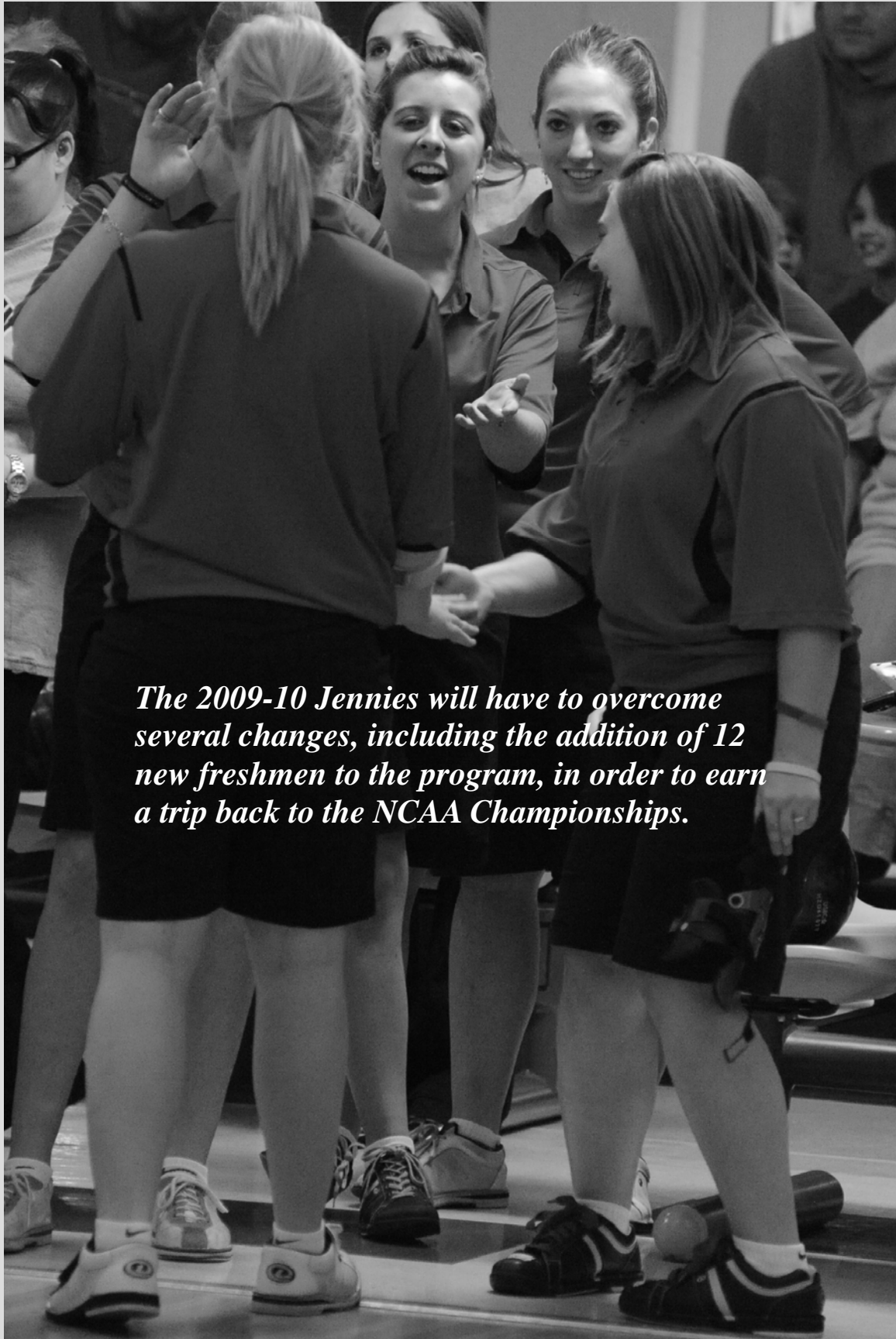
High Game:
268
High Series:
650

18

Career Statistics

Season	Matches (M) Played In	5-Person M-Played	Baker M-Played	Game Average	Strike %	Spare %	Single Pin Spare %	All-Tourn Team	All-Event Champion	High Game	High Series
2008-09	13	5	8	158.14	27.8%	58.7%	65.4%	0	0	200	462
Total	13	5	8	158.14	27.8%	58.7%	65.4%	0	0	200	462

Meet the Freshmen



The 2009-10 Jennies will have to overcome several changes, including the addition of 12 new freshmen to the program, in order to earn a trip back to the NCAA Championships.

Meet the Jennies

Natalie Jimenez

Coach Holmes on Natalie Jimenez:

Comes to Central after a highly successful youth career in California and the southwestern United States. As a senior, she led the nation in average on difficult sport bowling conditions, and she has vast experience playing in high-level youth events, which will benefit her transition to this level. As she gets comfortable with her new surroundings, I look for Natalie to make an immediate impact and believe she will be an outstanding collegiate player. It would not surprise me if she becomes a key contributor to our success.

Natalie in High School:

Currently No. 1 in the nation among youth females competing on USBC Sporting Bowling conditions. She was selected to the 2009 California All-Star Team, was chosen as a Nation's Top 50 High School Prospect by Bowler's Journal, and finished 18th at the 2008 Teen Masters event. She also won the 2008 California Pepsi Championships and the California Scratch All-Events Championships in 2006 and 2007. She finished 35th at the 2008 Team USA Trials and she is a five-time qualifier for the USBC Jr. National Championships, making the semifinals each of the last three years. Earned National Honor Society accolades in 2007-08.



Personal Information:

Daughter of Joe and Tommie Lynn Jimenez...hobbies include hanging out with friends, going to Disneyland, swimming and going to the beach, and being outside...Natalie is majoring in Business Administration



5'6
Freshman
J.A. Rowland
High School
Rowland
Heights, CA

High Game:
300
High Series:
776

21

“I decided to come to UCM because I really loved the campus, it wasn't a huge place, it was something I wasn't used to, it was far away from home, and of course the bowling program.”

Meet the Jennies

Madison Williams



Coach Holmes on Madison Williams:

Madison arrives at UCM after an outstanding high school career in Texas in which she earned multiple honors, including state High School All-Events Champion. She also has gained extensive experience playing in high-level youth events, which will benefit her college transition time. Madison's abilities will allow her to contribute to the competition line-up immediately. As she becomes comfortable and expands her skills, I believe she has the ability to elevate her level of play and skills even more. Madison has a bright future at Central.

Madison in High School:

The 2009 Texas Girls High School State Singles Champion, she was selected as the 2009-09 Greater Houston Youth Bowler of the Year. She was also the 2008 Greater Houston Girls All-Events Champion, 2009 Scratch City Champion, and was recently inducted into the Greater Houston USBC Hall of Honor. Was a four-year state finalist for Katy High School, anchoring her team to four Texas High School Championship events and winning the 2006 and 2008 Region IX titles. Earned berths into the national finals of the Teen Master's Championships each of the last two seasons.

Personal Information:

Madison is majoring in Health and Human Performance (Athletic Training) ... daughter of Frank and Ruby Williams ... hobbies include playing video games and sports.



5'9
Freshman
Katy High
School
Katy, TX

High Game:
279
High Series:
711

9

“My favorite bowling memory would have to be winning state my senior year of high school. It’s one of those things that you work so hard to get to, and once you do it’s just unreal and such an amazing feeling.”

Meet the Jennies

Larissa Lantto

Coach Holmes on Larissa Lantto:

Larissa brings a great deal of energy and enthusiasm to UCM as she starts her freshman season. After a very successful youth and high school career in Minnesota which earned her All-State recognition, Larissa looks to transfer those skills to the collegiate level. Larissa has been around high-level bowling all her life and has a great sense of what physical and mental skills are needed to succeed at the elite level. If she can get comfortable with the changes, she will be wonderful long-term fixture to the top of our line-up. I expect her to see significant playing time during her freshman year.

Larissa in High School:

A two-time all-conference selection during her four years as a starter, she was selected to the Minneapolis and St. Paul all-city teams in 2008 and 2009, and won the Minneapolis Female Youth Average title in 2008 with an average of 207. Also won an Iowa Junior Bowlers Tour event in 2007 and qualified for the 2009 Minnesota Pepsi State Youth Championships.

Earned spots in the United States' Junior National Championship (Jr. Gold) from 2006-08, including a semi-finalist finish in 2008.



Personal Information:

Hobbies include going to Minnesota Twins baseball games, hanging out with friends, shopping, watching movies, and spending time with family...Larissa is currently undecided on her academic major...her parents, Sam and Debbie Lantto, are both highly accomplished bowlers, while her father is a former member of Team USA.



5'1
Freshman
Eden Prairie
High School
Eden Prairie,
MN

High Game:
298
High Series:
780

4

“My favorite bowling memory is going to Junior Gold [Junior Team USA qualifying]. All of the years I have been, a bunch of us from Minnesota all stay at the same hotel and hang out and play cards. It is so much fun!”

Meet the Jennies

Kelli Schroeder



Coach Holmes on Kelli Schroeder:

Kelli arrives at Central Missouri after a wonderful prep and high school career in Minnesota in which she earned All-State accolades and won several youth awards. Kelli is a very intelligent player when it comes to managing her game and competing through difficult lane conditions. During her freshman season, I look for Kelli to make multiple contributions and see significant playing time. As she gets orientated to the college game, I see Kelli's skills and abilities becoming more of a force at this level, especially on our toughest patterns. I believe she has a very bright future in our program.

Kelli in High School:

Finished fourth at the 2008 Minnesota High School State Bowling Championships and has been an all-conference selection for each of the last three years. She was named to the Minneapolis all-city teams for 2006-08 and was 2008 MVP of the Minneapolis All-City Team. She was crowned the 2008 Minneapolis Youth City All-Events Champion, and won the Minnesota Female Youth Average title for 2008 with an average of 218. Was also the Minnesota Pepsi Youth Championships Champion for 2007-08, and is a multi-time champion of Minnesota and Iowa Junior Bowling Tour events. She has made three trips to the United States' Junior National Championships.

Personal Information:

Kelli is majoring in Family and Consumer Sciences, Secondary Education...daughter of Greg and Theresa Schroeder...hobbies include swimming, horseback riding, rollerblading, playing pool and spending time with friends.



5'4
Freshman
Centennial
High School
Blaine, MN

High Game:
300
High Series:
792

10

“I came to UCM because I knew that my major was offered here, and it was a great school for my major. I also knew that the school was great and that the bowling team here was competitive and fun, which is what I loved.”

Meet the Jennies

Brittany Potts

Coach Holmes on Brittany Potts:

Brittany joins us after a very successful high school career, which earned her Michigan All-State selections twice and numerous other prep awards. As Brittany begins her collegiate career, I believe she will have a period of adjustment in getting used to the skills and techniques of the NCAA collegiate game. I look for her to become more refined with her physical game and expand her options for playing on collegiate conditions. As Brittany's skills grow and expand, she will be able to push for more playing time this season.

Brittany in High School:

A four-year varsity player during her high school career, she led the Vikings to Michigan State High School Championship events in 2007 and 2008. She qualified as an individual in 2006 and 2009, with her team winning the 2008 Michigan Girls' Championship title. Potts was a four-time all-state selection, earning first team honors in 2007 and 2008, and was a second team selection in 2006 and 2009. She was also named to the 2009 *Detroit Free Press* and *Saginaw News* Dream Teams. Earned National Honor Society accolades in 2009, graduating Magna Cum Laude.



Personal Information:

Daughter of Steven Potts, hobbies include listening to music, watching movies, and hanging out with friends...Brittany is majoring in Agricultural Technology—Agronomy.



5'5
Freshman
Swan Valley
High School
Saginaw, MI

High Game:
279
High Series:
740

28

“My favorite bowling memory was my junior year in high school when my team won the [Michigan] Division III State Championship, and I placed third in the state individually.”

Meet the Jennies

Kim Knapp



5'6
Freshman
Minot High
School
Minot, ND

High Game:
286
High Series:
724

20

Coach Holmes on Kim Knapp:

Kim joins a talented group of young players from the state of North Dakota. After a bright youth career, she comes to Central Missouri ready to improve her abilities. Kim comes to UCM as a somewhat unknown commodity due to limited opportunities to demonstrate her skills prior to arriving on campus in the fall. Although she has been previously limited by injury, I think Kim has tremendous room for growth and wonderful potential to help our team be successful. Kim's style of game matches up very well to the college game.

Kim's primary goals in 2009-10 will be to become familiar with collegiate-level play, expand her physical skills and work on her spare shooting. If she can successfully handle everything requested of her this year, she could be a very influential to this year's success. I am hoping Kim can become a very solid, consistent contributor to our squad for the next several years.

Kim in High School:

Was the 2008 North Dakota High School West Conference Most Valuable Bowler and the 2008-09 North Dakota Pepsi Youth Champion.

Personal Information:

Daughter of Ken and Terry Knapp...Kim is majoring in Accounting...she was born in Japan on Easter...hobbies include spending time with friends and her dog, Elliot, and listening to music.



"I chose UCM because the campus was beautiful, and it made me feel like it would be a home away from home. [Also,] it had my major, and a really good bowling program."

Meet the Jennies

Amanda Mulcahy

Coach Holmes on Amanda Mulcahy:

Amanda's path to UCM follows after a very successful youth bowling career in Montana. She is another first-year player that arrives at Central Missouri with relative unknown potential. Due to the significant distance from home, Amanda's first trip to Warrensburg was during her campus move-in process this fall. What is known about Amanda is that she is a very easy-going, personable student-athlete with skills that should match up pretty well at the collegiate level.

Amanda's game should allow her to provide quality depth to the line-up during her freshman season. I look for her to expand several areas of her abilities this season and become a little more versatile. As she learns more about this level of play, I believe Amanda will refine and improve her skills even more and she will develop into a quality contributor for our future.

Amanda in High School:



Was the 2006-09 Montana High School Singles Champion and three-time Montana High School Team Champion. Was the 2006 and 2008 Montana Pepsi State Champion.

Personal Information:

Amanda is majoring in Forensic Science...hobbies include dancing, drawing, listening to music, working jigsaw puzzles, and hanging out with friends...Amanda is the daughter of Jim and Nickie Mulcahy.



5'6

Freshman

Butte High School

Butte, MT

High Game:

278

High Series:

699

17

“My favorite bowling memories are when I was a freshman in high school and I won my first High School State Singles Tournament, then the following weekend won my first Pepsi State Tournament, and then went to Junior Gold in Ft. Lauderdale, Florida that year.”

Meet the Jennies

Katie Eckelberger



Coach Holmes on Katie Eckelberger:

Katie arrives at UCM after a highly successful high school career in New York. Katie is yet another within our group of young student-athletes who arrives as a somewhat unknown talent. Although Katie appears to be a very reserved person, she is an extremely hard worker and pays great attention to detail. Katie is excited to learn about this next level of competition and increase her skills.

Katie is an excellent spare shooter and has had quite a bit of experience playing on tougher conditions. I believe she will be a great asset to our squad, especially when playing on some of our elite-level lane conditions. It is my hope that Katie will become comfortable with college life and NCAA bowling very quickly. As she improves her skills, Katie will be part of the program's solid depth for the future.

Katie in High School:

Was selected to the 2008-09 Monroe County All-County Team. Won two Youth Bowler's Tour events in New York and finished 13th at the North Pointe High School Singles Tournament.

Personal Information:

Daughter of Robert Eckelberger, Jr. ...hobbies include reading, photography, and listening to rock music...Katie is majoring in Photography/Graphic Arts.



5'7
Freshman
Irondequot
High School
Rochester, NY
High Game:
266
High Series:
676
11

“I came to UCM because [it] has one of the best photography departments in the country.”

Meet the Jennies

Ashley Bonebright

Coach Holmes on Ashley Bonebright:

Ashley joins us after a successful high school career in Nebraska looking to improve her skills and compete at a higher level. In having the opportunity to watch Ashley mature and grow as a player for some time, she has always possessed a genuine interest in improving her game. However, she has also seemed to put a great deal of pressure on herself to succeed so she can be noticed. It is my hope that once she gets to campus and into our program, she will relax more and let her natural skills come out.

As Ashley gets settled in and becomes familiar with UCM and our workout regimen, hopefully she will be able to elevate her level of play. Ashley's out-going personality should also allow her to help keep the squad loose and upbeat. I believe Ashley can be a very valuable contributor for the program this year and in the future.

Ashley in High School:



Was a 2008-09 Nebraska High School All-State Selection. Won the Nebraska High School team championship in 2008 after finishing runners-up in 2006 and 2007.

Personal Information:

Hobbies include playing video games, making people laugh, and listening to music...Ashley is majoring in Gaphic Design...she is the daughter of Pam and Kent Bonebright.



5'5
Freshman
Lincoln East
High School
Lincoln, NE

High Game:
248
High Series:
660

24

“My favorite bowling memory is most definitely winning state with my high school team after getting runner-up for two years.”

Meet the Jennies from Missouri



Kate Bocklage

Coach Holmes on Kate Bocklage: Kate comes to Central after a brief prep career in the eastern Missouri area and is excited about the opportunity to improve and expand her skills. Katie's energetic personality will be a great fit within the team! Kate's primary responsibility this season will be to become familiar with the collegiate game and establish a solid level of consistency.

Kate in High School: Was a Missouri Pepsi Youth Championships Finalist in 2007 and 2009.

Personal Information: Kate is an Elementary Education major...daughter of Michael Bocklage...hobbies include knitting, watching NVAA Division I softball, reading, and following "The Deadliest Catch" television show.

16

5'6

Freshman

Francis Howell Central High School
St. Peter's, MO

High Game: 236

High Series: 528

Stephanie McCulloch

Coach Holmes on Stephanie McCulloch: Stephanie comes to Central after a solid prep career in the mid-Missouri area. Stephanie's primary goal for this season will be to become familiar with the collegiate game and develop a solid level of consistency. We look for Stephanie to use 2009-10 as a learning and development year.

Stephanie in High School: Was a 2008-09 Missouri Pepsi Youth Championships Finalist.

Personal Information: Hobbies include sports, reading, spelunking, hiking, fishing, running, and hanging out with friends...Stephanie is majoring in Biology...daughter of James and Lisa McCulloch.



5'6

Freshman

Sullivan High School
Sullivan, MO

High Game: 279

High Series: 688

14



Kalei Timmer

Coach Holmes on Kalei Timmer: Kalei begins her collegiate bowling career after a solid youth career in southeast Missouri. My goals for Kalei this season are to become acquainted with the college game and develop a higher level of consistency. I anticipate Kalei will be using her freshman year to develop and expand her skills.

Kalei in High School: Finished in fifth place at the 2008 Missouri Female Youth Bowling Championships

Personal: Daughter of Kevin and Billie Timmer...hobbies include being outdoors, going hunting, and listening to country music...Kalei is majoring in Business Administration.

29

5'9

Freshman

Waynesville High School
St. Robert, MO

High Game: 239

High Series: 670

2008-2009 In Review

The Jennies brought home NCAA Championships National Runners-Up hardware for the third time in the 2008-09 season, finishing with an 88-38 record.



2008-2009 Event Recaps

Oct. 25-26 Arkansas State Fall Invitational— Jonesboro, AR

The Jennies opened their 2008-09 season with a first-place finish at the Arkansas State Fall Invitational in Jonesboro. The Jennies, who were ranked fourth in the pre-season National Tenpins Coaches Association poll, posted a 9-1 record to take top honors in the six-team event. Junior Amanda Falk led the Jennies with a team-best 180.80 average.



The Jennies pose with their first place trophy in Springfield, Missouri.
Photo provided by Robin Noland

Nov. 14-16 MSU Mankato Maverick Classic— Oak Forest, IL

The Jennies played one of their worst events in program history as they finished 3-10 and in 5th place at the MSU Maverick Invitational in Oak Forest, Illinois. The Jennies, who just could not get any consistent team play during the event and suffered several close match losses, were led by Alyssa Surges with a 178.3 average for the three-day event.

Nov. 28-29 National Collegiate Team Match Games— Belleville, IL

The Jennies spent another Thanksgiving holiday weekend in the St. Louis area, while competing in the National Collegiate Team Match Games. Up against perennial powerhouses on the non-varsity side, the squad posted a sixth place finish overall, while winning the NCAA division. The Jennies were paced by sophomore Theresa Christopher with a 187.5 average (fourth place overall), and senior Jamie Mitchell with a 185.83 average (fifth place overall).

Dec. 6-7 Jeannette Lee Invitational— Midlothian, VA

After capturing the title of the Jeannette Lee Invitational in its previous two trips to Virginia, the team looked to extend its streak of high performance to end the fall portion of the scheduled. Led by senior Alyssa Surges who finished second individually with a 226.5 average, the Jennies came up just short of their goal to repeat, finishing second with an 8-3 record. Senior Jamie Mitchell finished eighth for the Jennies, averaging 218.67.

Jan. 16-18 Arkansas State Mid-Winter Classic— Cabot, AR

UCM opened their 2009 portion of their season with an 6th place finish at the 20-team Arkansas State Mid-Winter Classic in Cabot, AR. The Jennies finished the event with a 9-6 record for the three days of competition and earned several key victories. Senior Alyssa Surges led the women with a 176.5 average, with Freshman Kim Wallace posting the highest average (190.0) for UCM in limited match play.

Jan. 23 Greater Ozark NCAA Invitational—

Warrensburg, MO

With the traditional lone home match of the season, the Jennies looked to use the home crowd to jump start the spring portion of the schedule. The one-day event in the UCM University Union served as a qualifying round for the remainder of the tournament, to be held over the weekend in Springfield. The Jennies took advantage of the Baker style format to earn a 4-0 record for the day. In front of a large crowd of family, friends and campus supporters, the squad posted wins against Fontbonne University, Minnesota State University—Mankato, Arkansas State University and Elmhurst College, while averaging 199.52 across 20 total Baker games.

Jan. 24-25 Greater Ozark NCAA Invitational— Springfield, MO

Once in Springfield, the Jennies looked to extend their match winning streak and were only 3 pins away from another undefeated day. Starting off the morning against one of the nation's top teams in Vanderbilt University, the Jens were able to escape with a 964-953

victory. However, they were unable to continue that wave as they fell just short to Minnesota State University—Mankato by a score of 870-867. The Jennies came back strong, though, to finish the day out strong with wins against the University of Nebraska—Lincoln (896-883), Elmhurst College (967-839), and Fontbonne University (863-730).

Sunday saw two more team games before being seeded into bracket play to determine the tournament champion. Up against a tough squad in Arkansas State University, Central Missouri came up short to start the day, falling 912-881. The Jennies rebounded against Grand Canyon College with a 979-823 win to cap off the team games. Coming into the bracket portion seeded fifth, the Jennies proceeded to knock off fourth-seeded Nebraska 4-1, top-seeded Vanderbilt 4-1, and then the #3 seed Arkansas State in the finals 4-3. Senior Alyssa Surges had the top individual performance with a 198.14 average to finish fourth overall. Freshman Kim Wallace was next at a 188.83 average.

Feb. 6-8 Fontbonne Griffin Invitational— St. Louis, MO

After slipping to ninth in the NTCA poll, the Jennies were looking to ride the Greater Ozarks championship performance into the Fontbonne Griffin Invitational in St. Louis.

Finishing the event with an 11-4 record, the team held on



Rachel Rothermel, Alli Scully and Jamie Mitchell, three of the seniors from the 2008-09 squad, pose after the Vanderbilt Music City Classic in Nashville, Tennessee.

Photo provided by Alli Scully



The Jennies at the 2009 NCAA Championships

Photo provided by NCAA

2008-2009 Event Recaps

for a second place finish. Kim Wallace had another successful weekend for the Jennies, pacing the team with a 196.8 average over five team games. The squad also got more contribution from the freshman group as Amanda Cortese had the second highest average for the team at 202.3 for three games.

Feb. 14-15 Morgan State Varsity Invitational— Baltimore, MD

The Jennies went out of region to the largest NCAA regular season event of the season for a key spring competition and returned with a 5th place finish among the 30 teams attending (first among Division II / III teams). The squad's record of 8-2 included key victories against Northeast Region teams. The squad was led by Freshman Natalie Cortese, who earned All-Tournament Team selection with a 202.2 average. Junior Amanda Falk also finished among the top ten in individual results with an average of 195.0



The Jennies at the 2009 NCAA Championships
Photo by Karen Falk

individuals among the top ten averages with seniors Alyssa Surges (182.4) and Jamie Mitchell (182.0) leading the squad.

Mar. 13-15 Vanderbilt Music City Classic— Nashville, TN

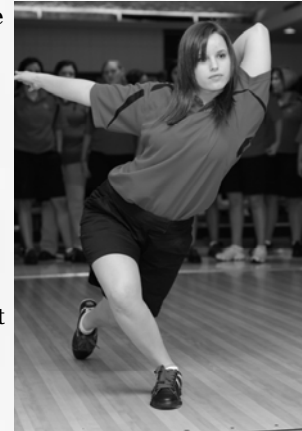
UCM traveled to Nashville, Tennessee for the last regular season event of the year, hoping to solidify their position as one of the top eight teams in the country. After working their way through a difficult match schedule, the 8th-ranked Jennies came away from the 23-team tournament with an 8th place finish and an 8-6 record. Alyssa Surges led the individual performances with a 187.8 average. The team honored seniors Jamie Mitchell, Rachel Rothermel, Alli Scully and Alyssa Surges for their outstanding contributions throughout their careers.

Apr. 9-11 NCAA Women's National Championships— Canton, MI

After likely being one of the last teams selected to the eight-team field at the NCAA Championships in Canton, Michigan, the Jennies made the best of the opportunity. The team used the first day of qualifying to settle into the event and prepare for the double-elimination bracket. After qualifying as the #6 seed, the Jennies came out of the gate quick in bracket competition, facing the defending national champion, the University of Maryland Eastern Shore. In the best-of-seven Baker matchup, UCM took down the defending champions in a clean sweep 4-0 (198-159, 184-169, 203-180, 212-176). The Jens then faced #3 ranked and first-time championship participant Delaware State University in the

second round. The squad was unable to get matched up, coming away with a 4-1 loss (231-169, 182-212, 185-192, 197-213, 173-201), sending the team into loser's bracket and only one away from ending the season.

Moving into the afternoon 2, the Jennies were facing elimination against #1 and fourth-seeded Vanderbilt, which had an loss to Fairleigh Dickinson University. Although they heavy underdog, the Jennies got off to a hot start then never let up in a 4-0 of the nation's top team 163, 199-196, 188-182,



Freshman Kim Wallace in action
in the UCM University Union

206,164). The final match of the day pitted the squad against Fairleigh Dickinson, which was still without a loss in bracket play. Again, UCM started quick and fought to a 4-2 win (188-165, 169-212, 205-202, 214-192, 159-197, 212-187) to set up a rematch the following day for a spot in the finals.

In the national semifinal, the Jens went down 2-0 to FDU (152-185, 194-220), but stormed back to tie up the match (180-172, 221-184). Fairleigh Dickinson took the next game (179-205), but UCM rallied to win the final two games of the tightly contested match (234-169, 235-171), and earn a spot in the national championship match against Nebraska.

In a match that was televised live on ESPN2, ESPNU and ESPN360, and was also replayed the following day on ESPN. The Jennies hoped to carry their incredible momentum into the finals but started off slow. Nebraska took the first game of the match (185-200), before the Jennies tied it up with a 198-149 win. However, the Cornhuskers earned victories in the next three games (168-201, 177-201, 134-190) to defeat the Jennies 4-1 and claim the national title. Although the Jennies were unable to pull off the upset win in the finals, they had earned their way to the Championship Finals for the fourth time since 2003. The NCAA recognized sophomore Theresa Christopher as one of the most outstanding players of the event by naming her to the Championships All-Tournament Team. Central Missouri finished the season with an 88-38 record.



The Jennies at the 2009 NCAA Championships
Photo by Karen Falk

2008-2009 Awards

Division II Coach of the Year



For the fifth time in the last six years, Coach Ron Holmes was recognized as the Division II Coach of the Year by the National Tenpins Coaches Association. He led the Jennies back to the NCAA Championships Finals, televised live on ESPN2, ESPNU and ESPN360, while on the way to an 88-38 record.

NCAA Championships All-Tournament Team



After a captivating performance at the NCAA Championships in her home state, Theresa Christopher capped off an impressive season by being selected to the NCAA Championships All-Tournament Team. Christopher averaged 217 during the team game qualifying matches, then helped lead the Jennies in the anchor position through bracket competition and into the Championship Finals match.

Honorable Mention All-American

As the lone representative from Central Missouri to earn performance-based post-season honors from the National Tenpins Coaches Association, Alyssa Surges was named Honorable Mention to the 2009 All-American team. As a senior, Surges was a key contributor throughout the season averaging 190.57 across 65 team games.



Academic All-Americans

Also on the post-season awards list were several players honored for their success in the classroom. For the 2008-09 season, Alyssa Surges was named to the second-team, followed by Natalie Cortese on the third-team. Five others were named as Honorable Mentions.



Noland



Rothermel

Player	Year	Major
Amanda Cortese	Freshman	History
Natalie Cortese	Freshman	Art
Jamie Mitchell	Senior	Early Childhood Development
Robin Noland	Sophomore	Photography
Rachel Rothermel	Senior	Child & Family Development
Allison Gerding-Scully	Senior	Early Childhood Education
Alyssa Surges	Senior	Criminal Justice



Jennies Bowling History



Since its elevation to varsity status in 2001, UCM has earned 8 National Championship berths. UCM has appeared in 17 Championships in almost 40 years of competition

Elite Level Players

National Players of the Year



Bryanna Caldwell
2005, 2006, 2007, 2008
National Tenpin
Coaches Association



Amber Gazverde
2004, 2002 (2)
National Tenpin Coaches Association
National Collegiate Bowling Coaches Assn.
Bowling Writer's Assn. of America



*Lisa Stack **
2000 (Runner-Up)
Nat'l Collegiate Bowling
Coaches Assn.

Photo on left taken by Bob Badalucco, middle and right photos provided by USBC

National Rookies of the Year



Jamie Mitchell
2007



Bryanna Caldwell
2005



Tina Peak
2004

Photo on left taken by Samantha Lore, middle and right photos taken by Bob Badalucco

All-Sports Female Athletes of the Year

Each year the University of Central Missouri recognizes its top male and female athletes with the Athlete of the Year awards. Jennies bowlers have claimed their share of three out of the last five awards.



Amber Gazverde 2004



Tina Peak (right) 2007
(with Katie Tarka—volleyball)



Bryanna Caldwell 2008
(with Jillian Ohrman—volleyball, not pictured)

Elite Level Players

Central Missouri is commonly recognized for developing elite-level players and providing them an opportunity to showcase their talents. Throughout the program's history, various members have been honored as one of the finest collegiate players in the country by being selected as an **All-American**. The various Coaches' Associations select the top athletes of each season for these awards, with the top five women of the group earning 1st Team honors, followed by 2nd Team, 3rd Team, and Honorable Mention. Each season's top athlete is named as the **Player of the Year** and the highest first-year player is selected as **Rookie of the Year**.

In just the last decade, 10 Central Missouri women have earned 22 regular All-American honors, with two women receiving a combined seven National Player of the Year awards, and three women have been selected as the national Rookie of the Year.

1st Team All-Americans



Bryanna Caldwell
2005, 2006, 2007, 2008



Tina Peak
2004, 2005, 2007



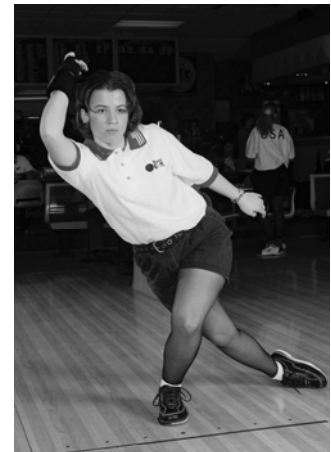
Giovanna Bruce
2005



Amber Gazverde
2002, 2004



Alecia Hefter
2004



*Lisa Stack **
1999, 2000

Additional All-Americans

Tina Peak – 2nd Team (2006)
Sara Cox – 2nd Team (2005)
Sara Cox – 2nd Team (2004)
Amber Gazverde – 2nd Team (2001)*
Lisa Stack – 2nd Team (1998)*

Alyssa Surges – Honorable Mention (2009)
Kim Wirth – Honorable Mention (2005)
Angie Swift – Honorable Mention (2004)
Lisa Stack – Honorable Mention (1997)*
Erin McDonnell – Honorable Mention (1995)*

* Selection earned as member of team prior to program's elevation to varsity status

Team USA System Members

Several of Central Missouri's players have earned the opportunity to represent the United States of America as members of the Team USA national (Team USA) and junior national (Jr. Team USA) squads. A total of 24 medals have been won by CMSU and UCM female players and alumni in international competition, including a total of 12 gold medals.



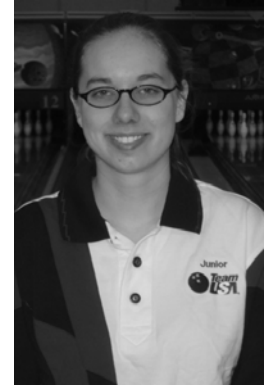
Amber Gazverde
Jr. Team USA 2000



Lisa Stack
Team USA 2000, 2001, 2002



Amber Lester



Erin Landford
Jr. Team USA 2004



Bryanna Caldwell
Jr. Team USA 2006, 2007



Tina Peak
Jr. Team USA 2007



Bryanna Caldwell and Tina Peak at the 2007 Jr. Team USA Training Camp in Colorado Springs, Colorado



2007 Junior Team USA including Jennies standouts Bryanna Caldwell (back row, second from left) and Tina Peak (back row, second from right)

<u>International Medal Count</u>		
	Overall	Gold
Bryanna Caldwell	18	8
Lisa Stack	3	2
Tina Peak	3	2
(with People to People Sports Ambassadors)		



Pictured at Jr. Team USA Training Camp on the left, and at the 45th Lee Evans Tournament of the Americas in Tamarac, Florida, Bryanna Caldwell holds a total of 18 medals in three international events.

Photos provided by Team USA, USBC

Academic All-Americans

The outstanding academic accomplishments of UCM's players annually find them among the nation's elite. Since the elevation to varsity status, 26 players have earned 55 of the 68 female **Academic All-American** honors. Ten women have earned the award throughout their entire playing careers and the TEAM cumulative grade point average during these seasons is 3.36.



Kim Wirth
Photo by Bob Badalucco



Sara Cox
Photo by Bob Badalucco



Alecia Hefter
Photo by Bob Badalucco



Danielle LeFever



Tracie Driggs
Photo provided by USBC

Academic All – Americans

Amanda Cortese – 2008-09	Sam Swanson – 2005-07
Natalie Cortese – 2008-09	Sarah Bane – 2005-06
Robin Noland – 2008-09	Danielle LeFever – 2004-07
Theresa Christopher - 2007-08	Christine Lukie – 2004-05
Alyssa Surges - 2007-09	Jenna Wagner – 2004-05
Amanda Falk - 2007-08	Kim Wirth – 2003-07
Jen Medon - 2007-08	Sara Cox – 2002-06
Jamie Mitchell – 2006-09	Angie Swift – 2002-04
Ann Brown – 2006-08	Jessica Wright – 2002-04
Bryanna Caldwell – 2006-08	Alecia Hefter – 2001-05
Tina Peak – 2006-07	Erin Landford – 2001-03
Allison Gerding-Scully – 2005-09	Becky Graffia – 1999-03*
Rachel Rothermel – 2005-09	Tracie Driggs – 1999-03*

* Selection earned as a member of team prior to program's elevation to varsity status



Becky Graffia
Photo provided by USBC



Jamie Mitchell



Allison Gerding-Scully



Rachel Rothermel



Theresa Christopher



John Culp

Academic Support Staff

The Jennies have been supported by an extensive staff in place to help them maintain a successful balance between their roles as students and athletes. A number of resources are available for student-athletes at UCM, including tutoring and academic advisement. Instrumental in assisting the Jennies along the way have been two former UCM athletes, John Culp and John Hicklin.



John Hicklin

Elite Level Players

Championships All-Tournament Team

Individuals who demonstrate exceptional performance at the National Championships are selected to the All-Tournament Team. Central Missouri has been fortunate to have seven women selected to one of these teams during the last several years.



*Theresa Christopher
2009*



*Tina Peak
2005*



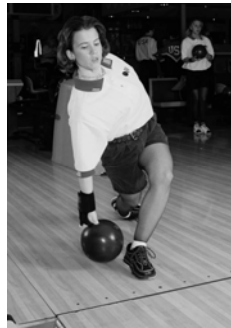
*Amber Gazverde
2004*



*Tracie Driggs
2003*



*Sarah Kelly
2002*



*Lisa Stack
2000*, 1999**



*Theresa Dames
1998**

** Member of UCM Team during years as a club-sport program All photos provided by USBC/NCAA except 2nd from left taken by Joe Moore*

Retired Jerseys



*Above: Tina Peak-Balser (#1)
Below: Bryanna Caldwell (#0)*



On January 23, 2009 the Jennies retired the first group of jerseys of the storied program. Reaching the highest honor awarded by the program, four women were selected as outstanding representatives of Central Missouri and Jennies Bowling. In a ceremony prior to the team's lone home match of the season, the Jennies honored: Lisa Stack (1997-1999?), Amber Gazverde (2001-04), Tina Peak (2003-07), and Bryanna Caldwell (2004-08).

Photos by Dave Kopp



*Above: Kathy Anderson on behalf of Lisa Stack-Pawlack (#23)
Below: Amber Gazverde-Goreham (#15)*



Post Season Success through the Years

Central Missouri Women's Bowling has accomplished many things throughout its history, including a high level of success in the post-season. The Jennies are one of only three teams to qualify for every NCAA Bowling Championship, and have played in the Finals three of the last six years. UCM currently holds a 23-16 record at the event and a 43-26 record in varsity post-season play. In addition to the NCAA years, the women have earned their way to another three Championship-day appearances during the last 11 years. Along the way, various story lines have developed and great experiences are worth reflecting on . . .

2003 . . . An Unlikely Cast Shall Lead Them . . .

During the 2002-03 season, the Jennies had played quite well during the regular season and had earned a record Of 144-25. They won three regular season tournaments and earned top-5 finishes in three others. Eight individuals, including 2002 National Player of the Year Amber Gazverde, earned All-Tournament Team honors throughout the season. For a team that returned all but one starter from the previous year's 3rd place Championship finish, this experienced squad was very good,



but was not considered as a front runner for the national title. The team began the post-season by earning their way to the National Championships through a 2nd place finish at the West Sectional Championships. The current season's top-ranked teams also earned their respective bids to the Championships and the Jennies entered the Championships ranked #5 in the nation.

The 2003 Championships were held in Tulsa, Oklahoma on April 24-26. During the qualifying rounds, Central's women experienced very sub-par performances and buried themselves in 12th place by the end of the first day. At the start of Day 2, a line-up change resulted in the removal of the left-handed Gazverde, and a complete shuffling of the roster order. Inserted into the anchor position was senior Tracie Driggs, a part-time starter who had performed very well during the preliminary rounds. The first match against #3 ranked Nebraska began with two losses, followed by four straight victories in the best 4 out of 7 match. Next, came match victories over #2 ranked West Texas A&M University and #1

ranked Wichita State University, winning 10 games in a row and 15 out of 16 games during the day.

Championship Day found Central Missouri undefeated and in the Winner's Bracket against #1 Wichita State for a second time. Although they had been defeated on the previous day, WSU had won their way back through the Consolation Bracket to reach the Semi-Finals, and had knocked CMSU out of the exact same position at the 2002 National Championships. However, Central was up to the challenge and defeated Wichita State for a second time 4 to 1 to advance to the Championship Finals against Florida State University.

Florida State had earned their way to the Championship match by finishing second after the qualifying rounds and winning their side of the bracket that morning. The Finals would be a winner-take-all best 2 out of 3 Baker Match, with FSU as the higher seed. Feeding off a very high level of emotion and enthusiasm, Central Missouri rolled strikes on four of their first five shots and won Game 1 by a score of 199 to 183. During Game #2, lane changes and great shot making by FSU forced CMSU into an early deficit, ultimately losing 177 to 233.

At the start of Game #3, Central Missouri decided to make various adjustments to compensate for the changing lane conditions. After starting the game with a spare by senior Becky Graffia, key strikes by senior Erin Landford and sophomore Amber Lester propelled Central Missouri to an early lead. After two more spares, another Landford strike and three more filled frames led CMSU to a 187 - 123 victory and its first National title. Even without their traditional line-up, Central Missouri found a way to use their team depth and talents to accomplish their goal. For her outstanding performance throughout the National Championships, Tracie Driggs was named to the 2003 Women's All-Tournament Team.



All photos provided by USBC



Post Season Success through the Years



All photos on top row provided by USBC, bottom left from UCM Athletic Department, bottom right provided by Sara Cox.

2003 Women's Intercollegiate Bowling Championships Central Missouri State University vs. Florida State University Championship Finals -

April 26, 2003
Tulsa, Oklahoma
Baker Format (Best 2 out of 3 Games)

Game 1 Central Missouri State University (Graffia, Landford, Lester, Kelly, Driggs) Lane 36

	1	2	3	4	5	6	7	8	9	10
Central Missouri	X	X	8 1	X	X	8 /	8 /	X	7 /	9 / 8
	28	47	56	84	104	122	142	162	181	199

	1	2	3	4	5	6	7	8	9	10
Florida State	7 /	9 /	7 /	X	9 /	9 /	X	9 -	X	9 / X
	19	36	56	76	95	115	134	143	163	183

Game 2 Central Missouri State University (Graffia, Landford, Lester, Kelly, Driggs, Gazverde) Lane 35

	1	2	3	4	5	6	7	8	9	10
Central Missouri	9 /	9 /	X	7 /	7 /	X	9 /	7 /	8 1	X 6 1
	19	39	59	76	96	116	133	151	160	177

	1	2	3	4	5	6	7	8	9	10
Florida State	X	X	X	X	8 /	X	X	8 1	X	X 9 /
	30	60	88	108	128	156	175	184	213	233

Game 3 Central Missouri State University (Graffia, Landford, Lester, Kelly, Driggs, Gazverde) Lane 36

	1	2	3	4	5	6	7	8	9	10
Central Missouri	7 /	X	X	9 -	8 /	7 /	X	7 /	5 /	9 / 9
	20	49	68	77	94	114	134	149	168	187

	1	2	3	4	5	6	7	8	9	10
Florida State	9 /	7 2	6 2	9 -	7 2	X	8 -	X	6 /	6 3
	17	26	34	43	52	70	78	98	114	123

Post Season Success through the Years

1997-98 . . . Before the NCAA, the Championships Experience . . .

Although just prior to reaching Varsity status, the 1997-98 team deserves special recognition of coming within a whisper of earning the program's first National Championship title. That year's team played in the same system as the 2002-03 Jennies programs, and they finished the regular season ranked as the #5 team in the country. They were led by two-time All-American sophomore Lisa Stack, and former All-American and Rookie of the Year, senior Erin McDonnell.

The team finished the Qualifying rounds of the 1998 National Championships in 5th position, with sophomore Theresa Dames leading the early team performances. On Championship Day, CMSU defeated #2 seed California State University-Fresno, then #4 seed Sacred Heart University to reach the Championship match. The first-ever stadium arena Finals in Madison, Wisconsin pitted the Jennies against top-seeded Morehead State University in a two-game, total pinfall match.

Although the team started slow and did not perform well early, CMSU started Game 2 with three consecutive strikes and held the lead into the late portion of the match. Unfortunately MSU rolled key strikes during the two final frames, with 1998 National Player of the Year Kelly Kulick throwing a double in the 10th frame to win the title (374-390). Dames was selected to the Championship Women's All-Tournament Team.



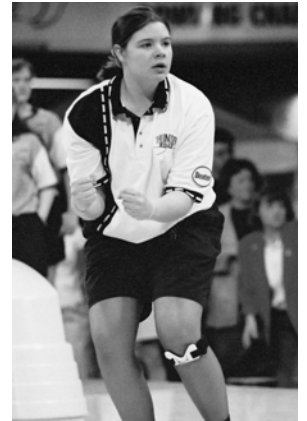
Top: High fives around at the 1998 Championships

Right: The 1998 squad celebrates during the final match



Top: The 1998 squad celebrates during the final match.

Bottom: April Erickson in action at the 1998 Championships



All photos provided by USBC

2003-04 . . . Trying to Make NCAA History . . .

The 2003-04 season began with the Jennies as the reigning National Champions – however, this season was to be a completely new and different experience for everyone as the NCAA had now adopted Women's Bowling as a Championship sport. Therefore, all NCAA teams would be competing for the first-ever NCAA Bowling title.

The team finished the season with a record of 72-23, became the first NCAA team to shoot a 300 Baker game and was one of the favorites to win the first ever NCAA Championship. Leading the way for the squad was senior Amber Gazverde, the 2004 DII-III National Player of the Year. In addition, the roster included Tina Peak, 2004 Freshman of the Year and three other members of the 2003 squad.

Central Missouri battled to stay at the top of the leader board throughout the qualifying rounds, emerging as the #1 Seed for the Championship Bracket. Bracket victories over Winston-Salem State, New Jersey City and Nebraska positioned CMSU in the Finals.

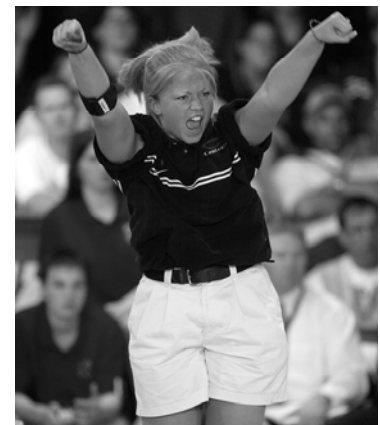
Championship Day found CMSU vs. Nebraska again, as they had won their way through the Consolation Bracket to reach the Finals.

Unfortunately, CMSU could not finish their run, as Nebraska defeated the Jennies in both Championship matches (2-4, 2-4) to earn the first NCAA Championship title. For her performance, Amber Gazverde was selected to the NCAA Championships All-Tournament Team. Tina Peak also put her name in the Championship record books as one of two individuals to roll a perfect 300 game during qualifying.



Top: Sophomore Angela Swift in action during the 2004 Final match

Right: 2003-04 National Runners-Up team



Tina Peak gets fired up at the 2004 NCAA Championships

Post Season Success through the Years

1998 Championships
Photo provided by USBC



1998 Championships Photo provided by USBC



2004 NCAA Championships Photo provided by USBC



2005 NCAA Championships
Photo taken by Bob Badalucco



1998 Championships Photo provided by USBC



2005 NCAA Championships
Photo taken by Bob Badalucco

2009 Championships Photo by Megan Raymond



2005 NCAA Championships Photos taken by Bob Badalucco



2005 NCAA Championships
Photo taken by Bob Badalucco



2009 Championships



Photos by Megan Raymond

2009 Championships

Photo by Megan Raymond



2009 Championships Photo by Megan Raymond

Post Season Success through the Years

2004-05 . . . Different Cast, Incredible Performances. . .

In each of the last two seasons, CMSU had lost four starting members of their line-up due to graduation or personal issues. This season's team would have to get it done with a young and very inexperienced cast – and they certainly exceeded expectations.

The team completed the season with no seniors and using 2 or 3 freshmen in the starting line-up. They finished the season with a record of 89-21 and were led by All-American sophomore Tina Peak, and 2005 DII National Player and Freshman of the Year, Bryanna Caldwell. Senior Alecia Hefter, 2004 DII 1st Team All-American, rejoined the roster during the spring for the post-season run.

At the 2005 NCAA Championships, Central Missouri used its youthful talent to stay near the top of the leader board and finish as the #4 Seed after Qualifying. During this performance, Tina Peak again attained perfection by rolling a 300 game, and became the only woman to ever shoot two 300s at the NCAA Championships.

However, a first-round loss to New Jersey City University forced CMSU to take a different path through the Championships this year. Fortunately, great performances vs. Sacred Heart, Maryland-Eastern



Above: Freshman Samantha Swanson makes a shot at the 2005 National Championships
Below: 2004-05 National Runners-Up team
Photos by Bob Badalucco

Shores, and Bethune—Cookman helped the Jennies reach Championship Day for the third straight season. In the Semi-Finals, CMSU soundly defeated Fairleigh Dickinson 4-0 to earn a trip back the Finals.

Although the team played with tremendous effort, CMSU could not defeat the defending national champion Nebraska squad (2-4), and finished National Runner-Up for a second consecutive year. For her performance, Peak was selected to the Championships All-Tournament Team.



The Jennies congratulate Tina Peak for her perfect game during the 2005 National Championships

Photo by Bob Badalucco



Photos by Bob Badalucco

2008-09 . . . A Tremendous Finish for a Gutsy Bunch of Athletes . . .

In 2008-09, the team was going to have to do it a completely different way – succeed without a dominant player. Gone were a four-time national player of the year and three starters who had led the team for several seasons. This squad would have plenty of experience with five seniors, but lots of former role players with limited starting experience and a group of freshman were put into action immediately.

Through lots of growing pains and hard work, UCM finished the season with a record of 84-36 and were led by All-American Senior Alyssa Surges and former D-II Freshman of the Year Jamie Mitchell.

Central Missouri competed in the post-season with a renewed sense of purpose after likely being one of the last teams selected for the 2009 NCAA Championships. The squad battled through the early rounds with great energy and finished qualifying as the #6 Seed. On Day 2, UCM began its bracket play with a 4-0 victory over 2008 National Champion Maryland-Eastern Shore, but would fall in the second round to eventual Semi-Finalist Delaware State University 1-4. However, the team rebounded quickly to defeat 2007 Champion and top-ranked Vanderbilt University 4-0 to advance to the National Semi-Finals. Fairleigh Dickinson University, the 2006 NCAA Champion, would be UCM's next opponent, which it defeated 4-1 to advance to Championship Day once again. On Saturday, UCM would defeat FDU again 4-2, for its fifth trip to the title match since 1998.

Even though the team played with tremendous heart throughout the championships, UCM could not maintain its momentum and fell to top-seeded Nebraska (2-4) and finished as the National Runner-Up. For her outstanding efforts and clutch performances throughout the Championships, sophomore Theresa Christopher was selected to the Championships All-Tournament Team.

Sophomore Theresa Christopher was named to the Championships All-Tournament Team.

Photo by Megan Raymond



Above: Senior Allison Gerding-Scully makes a shot during the 2009 NCAA Championships

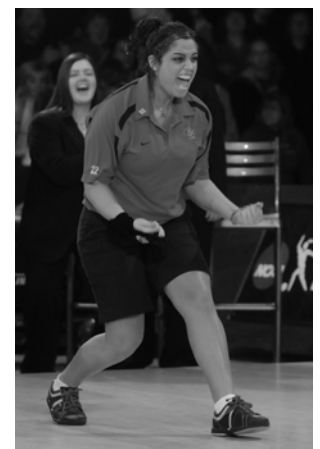
Below: The Jennies celebrate during the final match.

Photos by Megan Raymond



Central Missouri finished as National Runners-Up at the 2009 NCAA Championships.

Photo by Matthew Mitchell



Jennies All-Americans and All-Time Awards

Athletic All-Americans

Player Name	Award	Year
Alyssa Surges	Hon Mention	2008-09
Bryanna Caldwell	1st Team	2007-08
Bryanna Caldwell	1st Team	2006-07
Tina Peak	1st Team	2006-07
Bryanna Caldwell	1st Team	2005-06
Tina Peak	2nd Team	2005-06
Bryanna Caldwell	1st Team	2004-05
Tina Peak	1st Team	2004-05
Jiovanna Bruce	1st Team	2004-05
Sara Cox	2nd Team	2004-05
Kim Wirth	Hon Mention	2004-05
Amber Gazverde	1st Team	2003-04
Tina Peak	1st Team	2003-04
Alecia Hefter	1st Team	2003-04
Sara Cox	2nd Team	2003-04
Angie Swift	Hon Mention	2003-04
Amber Gazverde	1st Team	2001-02
Amber Gazverde*	2nd Team	2000-01
Lisa Stack*	1st Team	1999-00
Lisa Stack*	1st Team	1998-99
Lisa Stack*	2nd Team	1997-98
Lisa Stack*	2nd Team	1996-97
Erin McDonnell*	Hon Mention	1994-95

National Women's Player of the Year

Player Name	Award	Year
Bryanna Caldwell	NTCA	2007-08
Bryanna Caldwell	NTCA	2006-07
Bryanna Caldwell	NTCA	2005-06
Bryanna Caldwell	NTCA	2004-05
Amber Gazverde	NTCA	2003-04
Amber Gazverde	NCBCA	2001-02
Amber Gazverde	BWAA	2001-02
Lisa Stack*	Runner-Up	1999-00



A first team All-American selection from the 2004-05 season, Jiovanna Bruce helped lead the Jennies to back-to-back runners-up finishes at the NCAA Championships (2004-05).

Photo by Bob Badalucco

National Tenpin Coaches Assn Awards

Player Name	Award	Year
Bryanna Caldwell	All-Region	2004-06
Tina Peak	All-Region	2004-06
Sara Cox	All-Region	2004-06
Samantha Swanson	All-Region	2005-06
Jiovanna Bruce	All-Region	2004-05
Kim Wirth	All-Region	2004-05
Bryanna Caldwell	Region MVP	2004-06

* Member of UCM Team during years as a club-sport program

National Women's Rookie of the Year

Player Name	Award	Year
Jamie Mitchell	NTCA	2006-07
Bryanna Caldwell	NTCA	2004-05
Tina Peak	NTCA	2003-04
Lisa Stack*	Runner-Up	1996-97
Erin McDonnell*	NCBCA	1994-95

Team USA System Players

Player Name	Year
Tina Peak	Jr. Team USA 2007
Bryanna Caldwell	Jr. Team USA 2006-07
Erin Landford	Jr. Team USA 2004
Amber Lester	Jr. Team USA 2001
Amber Gazverde	Jr. Team USA 2000
Lisa Stack*	Team USA 2000-02

International Competition Appearances

Player Name	Year
Bryanna Caldwell	Jr. Team USA 2006-07
Tina Peak	People to People 2002
Lisa Stack	Team USA 2000-02
Amber Gazverde	USA Youth 1998



The 2008-09 Jennies squad comes together before the start of the Championship match.

Photo by Matthew Mitchell

All-Tournament Team Selections—Career

Name	Years	Select	MVPs
1 Bryanna Caldwell	2004-08	26	9
2 Amber Gazverde	2000-04	20	7
3 Tina Peak	2003-07	18	4
4 Kim Wirth	2003-07	5	1
5 Jiovanna Bruce	2004-07	4	1
6 Erin Landford	2001-03	4	0

UCM All-Average Team (Minimum of 160 games)

Name	Year	Average
1 Amber Gazverde	2001-04	208.24
2 Bryanna Caldwell	2004-08	202.79
3 Tina Peak	2003-07	202.12
4 Becky Graffia	2001-03	196.35
5 Alecia Hefter	2001-05	194.95
6 Erin Landford	2001-03	192.15



Erin Landford, a key member of the 2003 National Championship team, earned a spot on Junior Team USA from 2004 to 2006. She was also an Academic All-American from 2001 to 2003, and is eighth all-time on the career average list (192.15).

Photo provided by USBC

Academic All-Americans

Name	Award	#	Year
Amanda Cortese	NTCA	1	2008-09
Natalie Cortese	NTCA	1	2008-09
Robin Noland	NTCA	1	2008-09
Theresa Christopher	NTCA	1	2007-08
Amanda Falk	NTCA	1	2007-08
Jen Medon	NTCA	1	2007-08
Alyssa Surges	NTCA	2	2007-09
Bryanna Caldwell	NTCA	2	2006-08
Jamie Mitchell	NTCA	3	2006-09
Ann Brown	NTCA	2	2006-08
Tina Peak	NTCA	1	2006-07
Alli Gerding-Scully	NTCA	4	2005-09
Rachel Rothermel	NTCA	4	2005-09
Samantha Swanson	NTCA	2	2005-07
Sarah Bane	NTCA	1	2005-06
Danielle LeFever	NTCA	3	2004-07
Christine Lukie	NTCA	2	2004-05
Jenna Wagner	NTCA	1	2004-05
Kim Wirth	NTCA	4	2003-07
Sara Cox	NCBCA/NTCA	4	2002-06
Angie Swift	NCBCA/NTCA	2	2002-04
Jessica Wright	NCBCA/NTCA	2	2002-04
Alecia Hefter	NCBCA/NTCA	4	2001-05
Erin Landford	NCBCA	2	2001-03
Tracie Driggs*	NCBCA	4	1999-03
Becky Graffia*	NCBCA	4	1999-03
8 female players*	NCBCA	9	1990-01



The 2001-02 Central Missouri squad at the Intercollegiate Bowling Championships in Buffalo, NY.

Photo provided by USBC

Jennies All-Time Average Leaders

All-Time Leaders—Average (Career)

Name	Years	Games	Pins	Average
1 Amber Gazverde*	2000-04	310	64598	208.38
2 Bryanna Caldwell	2004-08	319	64693	202.79
3 Tina Peak	2003-07	300	60637	202.12
4 Nicole Banks*	1998-02	168	33141	197.27
5 Alecia Hefter	2001-05	193	37626	194.95
6 Becky Graffia*	1999-03	235	45423	193.29



Kim Wirth (2003-07) was an Honorable Mention All-American in 2004-05, as well as an Academic All-American for four years. With five all-tournament team selections, Wirth earned one MVP title in her career.

7 Kim Wallace	2008-	24	4623	192.63
8 Erin Landford*	2001-03	172	33045	192.12
9 Jiovanna Bruce	2004-07	183	34815	190.25
10 Sandra Dekoj	2003-05	66	12463	188.83
11 Jamie Mitchell	2006-09	190	35723	188.02
12 Natalie Cortese	2008-09	59	11072	187.66
13 Kim Wirth	2003-07	211	39517	187.28
14 Sarah Bane	2005-06	47	8794	187.11
15 Alyssa Surges	2004-09	188	35122	186.82
16 Samantha Swanson	2004-08	211	39388	186.67
17 Sarah Kelly*	2000-03	173	32279	186.58
18 Sara Cox	2002-06	235	43519	185.19
19 Amber Lester	2002-04	78	14439	185.12
20 Amanda Falk	2006-	123	22757	185.01
21 Theresa Christopher	2007-	97	17915	184.69
22 Angela Swift	2002-04	63	11620	184.44
23 Danielle LeFever	2004-07	76	13992	184.11
24 Danielle Dunkin	2006-08	30	5517	183.90
25 Tracie Driggs*	1999-03	88	16103	182.99
26 Amanda Cortese	2008-09	32	5848	182.75
27 Allison Gerding-Scully	2005-09	148	26877	181.60
28 Samantha Lore	2006-07	13	2341	180.08
29 Ann Brown	2005-08	22	3922	178.27
30 Misty Griffith	2004-05	12	2133	177.75
31 Alecia Savage	2004-05	2	353	176.50
32 Rachel Rothermel	2005-09	77	13542	175.87
33 Ashley Williams	2003-07	43	7561	175.84
34 Jenna Wagner	2004-07	32	5627	175.84
35 Samantha Johnsen	2008-	8	1406	175.75
36 Robin Noland	2007-	19	3325	175.00
37 Sara Graffia	2003-04	10	1747	174.70
38 Christine Lukie	2004-06	21	3597	171.29
39 Trisha James	2003-05	16	2610	163.13
40 Jen Medon	2007-08	20	3242	162.10
41 Jessica Wright	2003-05	30	4835	161.17
42 Kristen Tracy	2008-09	7	1120	160.00
43 Jesslyn Denton	2008-	7	1107	158.14
44 Ashley Purnell	2004-05	12	1818	151.50
45 Katy Bird	2006-07	5	729	145.80

* Career Average includes season(s) as a member of the UCM Club-sport and Varsity Teams

Team Game Average

5 Person Format

2001-02	994.4
2002-03	941.8
2003-04	994.6
2004-05	972.0
2005-06	980.8
2006-07	954.3
2007-08	957.7
2008-09	930.3

Team Game Average

Baker Format

2001-02	189.6
2002-03	188.6
2003-04	197.4
2004-05	196.8
2005-06	194.3
2006-07	191.4
2007-08	192.5
2008-09	188.1

All-Time Leaders—Average (Single Season)

Name	Year	Games	Pins	Average
1 Amber Gazverde	2003-04	57	12404	217.20
2 Amber Gazverde	2001-02	85	18063	212.50
3 Bryanna Caldwell	2005-06	85	17642	207.55
4 Tina Peak	2003-04	61	12542	205.60
5 Tina Peak	2005-06	84	17049	202.96
6 Bryanna Caldwell	2006-07	84	17031	202.75
7 Alecia Hefter	2003-04	61	12359	202.60
8 Becky Graffia	2001-02	84	16995	201.84
9 Bryanna Caldwell	2007-08	84	16897	201.15
10 Tina Peak	2004-05	71	14246	200.64
11 Bryanna Caldwell	2004-05	70	14040	200.56
12 Tina Peak	2006-07	84	16800	200.00
13 Tracie Driggs	2001-02	3	595	198.33
14 Amber Gazverde	2002-03	82	16179	197.30
15 Jiovanna Bruce	2004-05	66	12979	196.65
16 Nicole Banks	2001-02	83	16302	196.41
17 Alecia Hefter	2001-02	47	9219	196.14
18 Angela Swift	2003-04	34	6654	195.70
19 Kim Wirth	2004-05	60	11716	195.26
20 Erin Landford	2001-02	84	16334	194.45

NCAA Player Averages—Single Event

Player Name	Year	Event Name	Average
1 Amber Gazverde	2001-02	Nat'l Team Match Games	240.27
2 Amber Gazverde	2001-02	Mid-States Tournament	238.00
3 Tina Peak	2006-07	NCAA Championships	231.25
4 Tina Peak	2004-05	NCAA Championships	229.75
5 Tina Peak	2003-04	NCAA Championships	229.29
6 Bryanna Caldwell	2006-07	NCAA Championships	229.25
7 Bryanna Caldwell	2004-05	MSU-M Maverick Inv.	228.00
8 Amber Gazverde	2003-04	NCAA Championships	223.29
9 Nicole Banks	2001-02	TVEBA Classic	221.00
10 Erin Landford	2001-02	Nat'l Team Match Games	220.82
11 Amber Gazverde	2001-02	ACUI Region 11 Games	220.67
12 Becky Graffia	2001-02	Nat'l Team Match Games	220.27



Tracie Driggs (right) was selected to the All-Tournament team at the 2003 Intercollegiate Bowling Championships. Driggs led the team to its first ever National Championship with her career performance as anchor at the event. She also excelled in the classroom, finishing her education with four Academic All-American selections.

Photo provided by USBC

Jennies All-Time Records

Jennies All-Time Roster

Name	Hometown	Years
Brooke Abderholden	Mundeline, IL	2007
Nicole Banks	Camarillo, CA	2001-02*
Sarah Bane	Dyer, IN	2005-06
Kate Bocklage	St. Peter's, MO	2009-
Kelly Boedeker	Elsberry, MO	2001
Ashley Bonebright	Lincoln, NE	2009-
Ann Brown	Decatur, IL	2005-08
Jiovanna Bruce	Seoul, So. Korea	2004-07
Jessica Burgess	Stotts City, MO	2008
Bryanna Caldwell	Tucson, AZ	2004-08
Theresa Christopher	Trenton, MI	2007-
Amanda Cortese	Hoffman Estates, IL	2008-09
Natalie Cortese	Hoffman Estates, IL	2008-09
Sara Cox	Terre Haute, IN	2002-06
Sandra Dekoj	Barrington Hills, IL	2002-05
Jesslyn Denton	Lincoln, NE	2008-
Tracie Driggs	Portland, OR	2001-03*
Danielle Dunkin	N. Kansas City, MO	2006-08
Katherine Eckelberger	Rochester, NY	2009-
Amanda Falk	Tucson, AZ	2006-
Jaime Fletcher	Loves Park, IL	2007
Amber Gazverde	Flower Mound, TX	2001-04*
Alli Gerding-Scully	Davison, MI	2005-09
Becky Graffia	Arlington Heights, IL	2001-03*
Sara Graffia	Arlington Heights, IL	2003-04
Misty Griffith	Rocky Mountain, VA	2004



Sarah Bane (shown above at 2006 Central Region Duals) was one of five Academic All-Americans in 2005-06. She is also 14th on the All-Time Career Average list.

Alecia Hefter	Ridgewood, NJ	2001-05
Trisha James	Olathe, KS	2003-04
Natalie Jimenez	Rowland Heights, CA	2009-
Samantha Johnsen	Aurora, IL	2008-
Sarah Kelly	Danville, IL	2001-03*
Kim Knapp	Minot, ND	2009-
Brooke Landes	Sycamore, IL	2005-06
Erin Landord	Oberlin, OH	2001-03
Larissa Lantto	Eden Prarie, MN	2009-
Danielle LeFever	Endwell, NY	2004-07
Amber Lester	North Pole, AK	2002-04
Samantha Lore	Alliance, NE	2006-07
Christine Lukie	Belleville, IL	2004-05
Stephanie McCulloch	Sullivan, MO	2009-
Jamie Mitchell	Pearland, TX	2006-09
Jen Medon	Darien, IL	2007-08
Amanda Mulcahy	Butte, MT	2009-
Robin Noland	Anderson, IN	2007-
Tina Peak	Machesney Park, IL	2003-07
Courtney Peludat	Collinsville, IL	2007
Brittany Potts	Saginaw, MI	2009-
Ashley Purnell	Lee's Summit, MO	2004
Rachel Rothermel	Machesney Park, IL	2005-09
Alecia Savage	Liberty, MO	2003-05
Darcy Schmidt	Spearfish, SD	2004-05
Kelli Schroeder	Blaine, MN	2009-
Alyssa Surges	Schaumburg, IL	2004-09
Samantha Swanson	Lemont, IL	2004-08
Angela Swift	Indianapolis, IN	2002-04
Kalei Timmer	St. Robert, MO	2009-
Kristen Tracy	Lee's Summit, MO	2008-09
Jenna Wagner	Burr Ridge, IL	2004-07
Kim Wallace	Richmond, TX	2008-
Sara Weber	High Ridge, MO	2003
Kim Wirth	New Berlin, WI	2003-07
Ashley Williams	Houston, TX	2003-06
Madison Williams	Katy, TX	2009-
Jessica Wright	Moberly, MO	2002-05

Year-by-Year Stats

Team Win/Loss/Tie Records

Year	Record	Finish
2001-02	98-22	3rd
2002-03	96-25	1st
2003-04	86-28	2nd
2004-05	89-21	2nd
2005-06	78-22-1	5th
2006-07	82-30-1	5th
2007-08	79-25	5th
2008-09	88-38	2nd

Player Performances

Year	MVPs	All-Tourn Team
2001-02	2	8
2002-03	2	8
2003-04	2	15
2004-05	5	17
2005-06	3	13
2006-07	4	14
2007-08	3	15
2008-09	0	5

Team Academic Performance—GPA

Year	Fall	Spring
2001-02	3.54	3.32
2002-03	3.52	3.54
2003-04	3.21	3.16
2004-05	3.11	2.87
2005-06	3.39	3.39
2006-07	3.32	3.33
2007-08	3.81	3.68
2008-09	3.27	3.48



Team members from the 2002 squad congratulate Amber Gazverde on a shot. The Jennies finished 3rd at the Intercollegiate Bowling Championships, where Sarah Kelly was named to the All-Tournament Team and runner-up to the Most Valuable Bowler award. Photo provided by The Muleskinner, from www.collegebowling.com

High Team Game - 5 Person

Event Name	Year	Score
1 Mid States Invite	2003-04	1208
2 NCAA Champ's	2003-04	1192
3 NCAA Champ's	2003-04	1160

High Team Series - 5 person

Event Name	Year	Score
1 Mid States	2001-02	3368
2 Match Games	2001-02	3324
3 NCAA Champ's	2003-04	3210

High Team Game - Baker Format

Event Name	Year	Score
1 Alcorn St. Invite	2004-05	300
2 Alcorn St. Invite	2004-05	289
3 Greater Ozark	2004-05	279

High Team Series - Baker Format

Event Name	Year	Score
1 Alcorn St. Invite	2004-05	763
2 Alcorn St. Invite	2004-05	758
3 Greater Ozark	2004-05	742



Amber Gazverde (shown above in the inaugural NCAA Championships in 2004) tops the Jennies All-Time Career Average list, and headlines the UCM All-Average Team. Photos provided by NCAA

High Individual Game (1 game)

Name	Year	Score
1 Tina Peak	2003-04	300
2 Tina Peak	2004-05	300
3 Bryanna Caldwell	2005-06	300

High Individual Series (3 gms)

Name	Year	Score
1 Amber Gazverde	2001-02	805
2 Tina Peak	2004-05	748
3 Bryanna Caldwell	2004-05	738



Tina Peak helped the Jennies to strong performances in the NCAA Championships during her career, averaging nearly 230 in post-season competition.

Photo provided by NCAA

Jennies All-Time & Post Season Records

Top 10 Strike Percentage – Individual (Career)

Name	Percent	Years
1 Amber Gazverde	52.3 %	2000-04 *
2 Bryanna Caldwell	49.5 %	2004-08
3 Tina Peak	48.2 %	2003-07
4 Erin Landford	46.9 %	2001-04
5 Sarah Bane	46.8 %	2005-06
6 Alecia Hefter	45.7 %	2001-05
7 Becky Graffia	45.3 %	1999-03 *
8 Kim Wirth	43.9 %	2003-07
9 Jiovanna Bruce	42.6 %	2004-07
10 Danielle Lefever	41.5 %	2004-07

Top 10 Strike Percentage – Individual (Season)

Name	Percent	Years
1 Amber Gazverde	55.2 %	2003-04
2 Amber Gazverde	53.6 %	2001-02
3 Bryanna Caldwell	52.6 %	2005-06
4 Tina Peak	50.2 %	2003-04
5 Bryanna Caldwell	49.1 %	2004-05
6 Bryanna Caldwell	48.2 %	2007-08
7 Bryanna Caldwell	48.1 %	2006-07
8 Tina Peak	47.7 %	2005-06
9 Amber Gazverde	47.5 %	2002-03
10 Danielle Lefever	47.1 %	2005-06



Shown here in action at the 2009 NCAA Championships in Canton, Michigan, Jamie Mitchell sits 11th on the All-Time Career Average list.

Photo taken by Megan Raymond

Top 10 Spare Percentage – Individual (Career)

Name	Percent	Years
1 Bryanna Caldwell	82.5 %	2004-08
2 Erin Landford	80.3 %	2001-03
3 Amber Gazverde	79.6 %	2000-04 *
4 Nicole Banks	79.2 %	1998-02 *
5 Becky Graffia	78.4 %	1999-03 *
6 Alyssa Surges	78.1 %	2005-09
7 Alecia Hefter	77.6 %	2001-05
8 Tina Peak	77.4 %	2003-07
9 Jamie Mitchell	76.8 %	2006-09
10 Sara Cox	75.5 %	2002-06

Top 10 Spare Percentage – Individual (Season)

Name	Percent	Years
1 Amanda Cortese	92.9 %	2008-09
2 Bryanna Caldwell	84.5 %	2007-08
3 Amber Gazverde	83.9 %	2003-04
4 Bryanna Caldwell	83.6 %	2006-07
5 Erin Landford	83.5 %	2001-02
6 Amber Gazverde	82.7 %	2001-02
7 Nicole Banks	83.1 %	2001-02
8 Alyssa Surges	82.5 %	2006-07
9 Bryanna Caldwell	81.5 %	2005-06
10 Angie Swift	81.3 %	2003-04

Top 10 Spare Percentage – Single Pins (Career)

Name	Percent	Years
1 Bryanna Caldwell	92.5 %	2004-08
2 Amber Gazverde	90.8 %	2000-04 *
3 Tina Peak	90.0 %	2003-07
4 Erin Landford	89.8 %	2001-03
5 Jamie Mitchell	89.4 %	2006-09
6 Nicole Banks	89.2 %	1998-02 *
7 Alecia Hefter	89.1 %	2001-05
8 Becky Graffia	88.7 %	1999-03 *
9 Sara Cox	86.7 %	2002-06
10 Sam Swanson	86.1 %	2004-08



A four-year Academic All-American, two-time 2nd Team All-American and a member of the 2003 National Championship squad, Sara Cox is eighth on the post-season high average list.

Photo by Bob Badalucco

Top 10 Spare Percentage – Single Pins (Season)

Name	Percent	Years
1 Bryanna Caldwell	95.7 %	2006-07
2 Bryanna Caldwell	94.4 %	2007-08
3 Amber Gazverde	93.3 %	2003-04
4 Nicole Banks	93.2 %	2001-02
5 Erin Landford	92.4 %	2001-02
6 Becky Graffia	92.2 %	2002-03
7 Tina Peak	91.9 %	2003-04
8 Jiovanna Bruce	91.8 %	2005-06
9 Tina Peak	90.2 %	2005-06
10 Jamie Mitchell	90.0 %	2007-08

* portion of statistics earned prior to varsity sport status

Post Season Records

High Average—Team Event (PS)

Team Format	Games	Pins	Average
1 2004 Champ's	7	7592	1084.57
2 2007 Champ's	4	4270	1067.50
3 2005 Champ's	4	4078	1019.50
4 2009 Champ's	4	3896	974.00
5 2008 Champ's	4	3666	916.50
6 2006 Champ's	4	3384	846.00

Baker Format

Games	Pins	Average	
1 2007 Champ's	38	7708	202.84
2 2005 Champ's	54	10917	202.17
3 2004 Champ's	36	7164	199.00
4 2006 Champ's	36	7008	194.67
5 2009 Champ's	51	9801	192.17
6 2008 Champ's	38	6772	178.21

High Average—Individual (PS)

Name	Games	Pins	Avg.
1 Amber Gazverde	7	1563	223.29
2 Tina Peak	19	4220	222.11
3 Bryanna Caldwell	16	3314	207.12
4 Jamie Mitchell	5	1030	206.00
5 Alecia Hefter	9	1836	204.00
6 Angela Swift	7	1420	202.86
7 Amber Lester	5	992	198.40
8 Sara Cox	6	1185	197.50
9 Amanda Falk	4	779	194.75
10 Samantha Swanson	9	1717	190.77
11 Kim Wirth	6	1125	187.50
12 Jiovanna Bruce	8	1409	176.13

High Game—Individual (PS)

Name	Year	Score
1 Tina Peak	2004	300
2 Tina Peak	2005	300
3 Sandra Dekoj	2004	267

High Series—Individual (PS)

Name	Year	Score
1 Tina Peak	2005	728
2 Tina Peak	2007	716
3 Bryanna Caldwell	2007	704

High Team Game—5 Person (PS)

Name	Year	Score
1 NCAA Champ's	2004	1192
2 NCAA Champ's	2004	1160
3 NCAA Champ's	2005	1148

High Team Series—5 Person (PS)

Name	Year	Score
1 NCAA Champ's	2004	3278
2 NCAA Champ's	2004	3238
3 NCAA Champ's	2007	3188

High Game—Baker Format (PS)

Name	Year	Score
1 NCAA Champ's	2004	269
2 NCAA Champ's	2005	267
3 NCAA Champ's	2005	266

High Series—Baker Format (PS)

Name	Year	Score
1 NCAA Champ's	2004	716
2 NCAA Champ's	2004	690
3 NCAA Champ's	2005	688



A snapshot of Jennies history is shown at the 25th Anniversary of Women In Sports celebration in 2006. Pictured is the 2003 IBC Helmer Cup, the 2004 NCAA Runners-Up Trophy and several other pieces of memorabilia from Jennies history.

Photo provided by Jennies Bowling archives

Jennies in the Media



Jennies bowling memorabilia on display at the 2006 UCM Women in Sports celebration.

Photo provided by Sara Cox

A story in the April 25, 2002 edition of *The Muleskinner*, the University's newspaper, featured the 2001-02 squad after it finished 3rd at the Intercollegiate Bowling Championships in Buffalo, New York.

Photo courtesy of *The Muleskinner*



The Fall 2007 issue of *US Youth Bowler* magazine included a feature article on former Jennies player Tina Peak. Focusing on her ability to overcome obstacles in her life to pursue her bowling career, the article provides an overview of her accomplishments leading up to her selection for 2007 Junior Team USA.

Photo courtesy of *US Youth Bowler*



The 2007-08 seniors, Samantha Swanson and Bryanna Caldwell, were featured in a story from the February 2008 issue of *Pitch*, a Kansas City-based magazine, looking at the rise of the bowling industry.

Photo courtesy of www.pitch.com archives

UCM Library Services features individuals and groups from the campus community in its campaign to promote reading. Following the Jennies' NCAA Championship appearance in April 2009, the squad was asked to promote children's literacy with a display featured in the lobby of the library.

Photo courtesy of *UCM Library Services*



A UCM media campaign highlighting its students' success stories has included Bryanna Caldwell, a four-time Division II Player of the Year and two-time member of Junior Team USA, in several promotional materials.

Photo courtesy of *UCM University Relations*

