

# TENTATIVE SCHEDULE

ALL FIELD EVENTS WILL BE 3 ATTEMPTS AND 3 MORE FOR THE TOP 9

FRIDAY – MAY 2nd, 2025	FIELD EVENTS (WORST TO BEST)
12:00 PM	Women's Hammer
1:00PM	Men's Javelin
1:00 PM	Men's Pole Vault
2:30 PM	Men's Hammer
2:30 PM	Women's Javelin
4:00 PM	Men's Long Jump
4:00 PM	Women's Long Jump

FRIDAY – MAY 2nd, 2025	TRACK EVENTS (FAST TO SLOW)
5:45 PM	Women's 3000M Steeplechase
6:00 PM	Men's 3000M Steeplechase
6:15 PM	Women's Open 5000M (2 Heats)
7:00 PM	Men's Open 5000M (2 Heats)
7:35 PM	Women's Invitational 800M (Top 3 Heats)
7:45 PM	Men's Invitational 800M (Top 3 Heats)
8:00 PM	Women's Invitational 5000M
8:20 PM	Men's Invitational 5000M
8:40 PM	Women's Invitational Mile (Top 3 Heats)
9:00 PM	Men's Invitational Mile (Top 3 Heats)

# TENTATIVE SCHEDULE

ALL FIELD EVENTS WILL BE 3 ATTEMPTS AND 3 MORE FOR THE TOP 9

SATURDAY – MAY 3rd, 2025	FIELD EVENTS (WORST TO BEST)
11:00 AM	Women's High Jump
12:00 PM	Women's Discus
12:00 PM	Men's Shot Put
1:00 PM	Women's Pole Vault
1:00 PM	Men's High Jump
3:00 PM	Women's Triple Jump (East Pit)
3:00 PM	Men's Triple Jump (West Pit)
3:00 PM	Men's Discus
3:00 PM	Women's Shot Put

SATURDAY – MAY 3rd, 2025	TRACK EVENTS (FAST TO SLOW)
12:30 PM	Women's 4x100M Relay
12:35 PM	Men's 4x100M Relay
12:40 PM	Women's Open 800M
12:50 PM	Men's Open 800M
1:05 PM	Women's 100M Hurdles
1:25 PM	Men's 110M Hurdles
1:40 PM	Women's 400M
1:55 PM	Men's 400M
2:15 PM	Women's 100M
2:30 PM	Men's 100M
2:50 PM	Women's 400M Hurdles
3:00 PM	Men's 400M Hurdles
3:10 PM	Women's 200M
3:30 PM	Men's 200M
3:50 PM	Senior Recognition
4:15 PM	Women's Open Mile
4:30 PM	Men's Open Mile
4:50 PM	Women's 4x400M Relay
5:00 PM	Men's 4x400M Relay