

FINAL MEET SCHEDULE

ALL FIELD EVENTS WILL BE 3 ATTEMPTS PLUS 3 MORE FOR THE TOP NINE ADVANCING TO FINALS

FRIDAY – MARCH 29, 2024	FIELD EVENTS
10:00 AM	Women's Hammer
To Follow Women's Hammer	Men's Hammer
11:00 AM	Women's Javelin
To Follow Women's Javelin	Men's Javelin
2:00 PM	Men's Long Jump (West Runway)
2:00 PM	Women's Long Jump (East Runway)
2:00 PM	Men's Discus
2:00 PM	Women's Shot Put
2:00 PM	Women's Pole Vault
4:00 PM	Women's High Jump
4:00 PM	Women's Discus
4:00 PM	Men's Shot Put
4:00 PM	Men's Pole Vault
6:00 PM	Men's High Jump
6:00 PM	Men's Triple Jump (West Runway)
6:00 PM	Women's Triple Jump (East Runway)

ALL RUNNING EVENTS WILL RUN FAST TO SLOW

FRIDAY – MARCH 29, 2024	TRACK EVENTS
4:00 PM	Vince O'Boyle Recognition
4:10 PM	Women's 3000M Steeplechase
4:25 PM	Men's 3000M Steeplechase
4:40 PM	Women's 4x100M Relay
4:45 PM	Men's 4x100M Relay
4:50 PM	Women's 1500M
5:05 PM	Men's 1500M
5:15 PM	Women's 100M Hurdles
5:35 PM	Men's 110M Hurdles
5:45 PM	Women's 400M
5:55 PM	Men's 400M
6:15 PM	Women's 100M
6:35 PM	Men's 100M
6:50 PM	Women's 800M
7:05 PM	Men's 800M
7:20 PM	Women's 400M Hurdles
7:35 PM	Men's 400M Hurdles
7:45 PM	Women's 200M
8:05 PM	Men's 200M
8:20 PM	Women's 5000M
8:40 PM	Men's 5000M
9:00 PM	Women's 4x400M Relay
9:15 PM	Men's 4x400M Relay