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## 2005 UC Davis Gymnastics Quick Facts

<b>School</b> .....	University of California, Davis (UC Davis)
<b>Address</b> .....	One Shields Avenue / Davis, CA 95616
<b>Established/Founded</b> .....	1905/1908
<b>Enrollment</b> .....	30,170
<b>Nickname</b> .....	Aggies
<b>Colors</b> .....	Yale Blue & Gold
<b>National Affiliation</b> .....	NCAA Division I
<b>Conference</b> .....	Mountain Pacific Sports Federation

<b>Chancellor</b> .....	Dr. Larry Vanderhoef (Wisc. Milwaukee '64)
<b>Director of Athletics</b> .....	Greg Warzecka (UC Berkeley '73)
<b>Senior Associate A.D.</b> .....	Pam Gill-Fisher (UC Davis '71)

<b>Associate A.D.s</b>	
External Affairs .....	Larry Swanson (Oregon State '65)
Business & Game Mgmt. ....	Bob Bullis (Northern Iowa '71)
Intramurals & Sports Clubs ..	Gary Colberg (Minnesota '64)

<b>Assistant A.D.s</b>	
Media Relations .....	Mike Robles (Cal Poly '88)
Football Operations .....	Mitch Campbell (UC Davis '87)
Marketing & Promotions .....	Scott Brayton (UC Davis '94)
Compliance .....	Jennifer Cardone (Adelphi '90)
Development .....	Mike Angius (UC Davis '77)

<b>Faculty Athletic Rep.</b> .....	Dr. Mel Ramey (Penn State '60)
<b>Head Athletic Trainer</b> .....	Jeff Hogan (UC Davis '81)

<b>Head Coach</b> .....	Ray Goldbar (Sacramento State '64)
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<b>Aggie Sports Hotline</b> .....	530/752-1700
<b>Aggies on the Web</b> .....	<a href="http://www.ucdavisaggies.com">http://www.ucdavisaggies.com</a>

### Aggie gymnasts look to take step forward in 2005

In the sport of gymnastics, the importance of balance is so obvious that it seems extraneous to mention its value. After all, the very word "balance" is contained within an event name, and the quality itself is crucial for success in all facets of every event of competition.

For UC Davis head women's gymnastics coach Ray Goldbar, the term carries a different meaning, serving both as his team's greatest asset and the key to the Aggies' progress in 2005. His squad consists of a fine blend of both experienced veterans and gifted newcomers. His charge is to find the perfect combination of high-level gymnastics and consistent execution that will allow the UC Davis program to rise among its peers in the USAG Collegiate Division, Mountain Pacific Sports Federation and the NCAA West Region.

Although the Aggie gymnastics program has already held NCAA Division-I membership for more than a decade, Goldbar's program has seen a similar rise in competition as the other UC Davis sports, which are in the second year of a transition to D-I status. Thus, the early portion of the 2005 schedule features such programs as UC Berkeley, Stanford, Denver, N.C. State and Boise State – arguably the Aggies' toughest opposition to date.

"We have a tough schedule. Those first three meets are a wake-up call," Goldbar says. "We get a reality check on what we need to do to compete against those schools. It's better that we meet these schools early and get a sense of where we stand, rather than meeting them later only to find out

that we're not strong enough."

UC Davis made strides with a relatively young team in 2004, finishing third at the MPSF Championships with a school-record 194.350, a significant improvement over the fifth-place showing in 2003.

Last year's conference meet marked the first time in program history that the Aggies had surpassed the 194-point barrier, a standard Goldbar now holds as an objective for the upcoming season. "Although we like to focus on performances than scores, one of our goals is to become a consistent 194-point team," says Goldbar. "We're trying to be competitive at the next level."

"Our other goal is to be in position to contend for conference title. It's a tough meet, but it's a nice goal to shoot for. To do it, we need to raise the level of our gymnastics."

Helping that cause will be the venue: UC Davis will host the meet for the first time since 2000, when the event was called the Western Independent Championships.

The overall departmental move to Division I will also mean the Aggie farewell to the USAG Collegiate Nationals. The increase of athletics grants-in-aid offered makes UC Davis ineligible for the meet starting in 2006.

The Aggies have enjoyed recent success at the USAG meet, having won the team title in 1999 and captured 11 individual championships in the past five years. Goldbar would like to see his team make a strong showing in its final year at the meet.

"We have the bulk of the team that finished third at nationals last year. It would be nice to go back and finish better than that in our last year," he says.

Among those who return from last year's third-place team is a trio of veterans who captured four USAG All-America awards. Nicole Doherty captured a share of the uneven bars title at the national meet in Denton, Texas. Hanna Anderson shared fifth place on balance beam in her first trip to nationals. Tiffany Chan, a two-time USAG floor champion, added All-America awards on vault

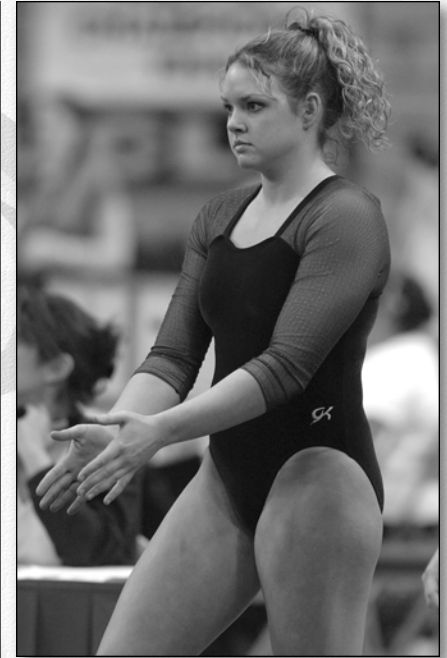
(2nd) and beam (8th) in her junior season.

Anderson's honor was perhaps the most heroic of the three, as she did not become a regular part of the beam lineup until midway through the season. Best yet, Goldbar considers her to be his most improved returner for 2005. "She's the one that stands out in my mind. She has just improved on everything this year."

Chan and Doherty are two of four Aggie seniors who will be called upon to provide valuable experience to a young team. Sabrina Seus, who redshirted as a true freshman, should see action on bars and beam this season. And Kelsie Kear, who transferred from Arizona State two years ago, has battled injuries for most of her Aggie career. She contributed as a vault and floor specialist in her first UC Davis season, and could contribute on beam this season if she stays healthy.

### ALL-AROUND

Only one Aggie, Mei Ling Clark, saw time as an all-rounder in 2004, scoring 38.400 in two of her four appearances. However, her recovery from an ankle injury late last season may relegate her



Senior Kelsie Kear



Senior Nicole Doherty

to the uneven bars. Doherty and junior Arienne Furman competed as all-rounders two years ago, but both are primarily specialists.

Sophomores Julia Richards, Joanna Pizzo and Carrie Lujan were slated as potential four-event performers last season. Lujan sat out the entire 2004 season and Pizzo was sidelined after six meets last year. Both have potential as all-rounders in future seasons, but the return from injury may prevent such opportunities in 2005. Richards was a strong contributor on vault, beam and floor, so her prospects as an all-rounder will depend on her development on uneven bars.

Thus, the freshman duo of Brianna Shabby and Andrea Dolinsky are the most likely all-rounders in the upcoming year.

"They are both capable of doing the all-around because they can be in every event and still help the team," says Goldbar. "It depends on whether or not we have strong specialists who might replace them on certain events."

"We would like to qualify all-rounders to the NCAA regionals, if possible. That means they will need at least six meets, with no more than



## 2005 Season Preview

two at home. So we've got to at least give them that opportunity."

### VAULT

Less than one year after learning her Yurchenko full, Chan placed second at the USAG nationals. This year, her vault is even better, according to Coach Goldbar.

Freshman Michelle Kulovitz enters the program with strong credentials in this event, being a former Level 10 state and regional champion.

"We tried to do something harder with Tiffany, but I think that's what we will stay with. It's already a 10.0. Michelle's needs a little perfecting, but it's a strong vault," he says.

"We've been working with everyone else's vault, adding twists to Yurchenkos and hand-spring fronts. Our goal is to not have anyone under a 9.9."

According to Goldbar, achieving that goal will be a substantial key to reaching the next level of competition in the conference and region. To do so will require finding the right balance between high-scoring, high-difficulty vaults and the



Senior Sabrina Seus

ability to execute them on a consistent basis.

"The top schools all have 10.0 vaults. If we do 9.8 vaults and they're doing 10.0s, we're already a full point behind," Goldbar explains. "But if we can have three 9.9 vaults and three 10.0s, we're giving up only three tenths. We go for the stick and doing the best we can."

Sophomores Pizzo and Richards and freshmen Shebby and Dolinsky each are working on bringing their vaults to those standards.

### UNEVEN BARS

The bars squad struggled early in 2004, hovering in the mid-46s, before finding its stride and scoring as high as 48.875 at the MPSF meet. This season, a majority of that team returns, now looking to rise to a higher level.

Doherty, Anderson and Furman now have at least two years of bars. Sophomores Brandi Forte and Nickie Byhkovsky were regular contributors in the event last season. Clark posted a career-high 9.875 on bars shortly before injury ended her sophomore season. Seus and junior Sophia Chaban also look ready to become a significant part of the lineup.

"Sabrina and Sophia have not competed a lot, but they both have 10.0 routines," Goldbar says. "If they can go feet-to-feet, they should score well."

Freshmen Shebby, Dolinsky and Kimmi Costa both bring high-level skills that, under the tutelage of assistant coach Ron Manara, should result in strong performances in 2005.

Michelle Gau also returns to the program after a one-year absence. She redshirted in 2003 and was out for all of last season. Originally brought in as a bars specialist, Gau could contribute to the squad once she solidifies her major release.

### BALANCE BEAM

Like bars, the beam squad has a strong corps of returning veterans. Chan, Doherty, Richards, Furman and Anderson all were in the lineup at the MPSF and USAG meets last year. Pizzo appeared in five meets on beam before her injury.

Dolinsky and Kulovitz also bring strong acro skills in their first year with the program. Seus, Shebby, Furman, Lujan and Kear may see time in this event as well.

With that amount of depth, Goldbar's primary objective is execution. "It's easier to get your bonus and start with a 10.0 on beam than it is on

## 2005 Season Preview

bars. We want to make sure that our leaps, jumps and connections are done really well, so we can at least separate ourselves from the other teams," he says. "Our new coach, Hilary Oliver, has been working hard on perfecting their technique, the amplitude of the leaps. Consistency is important on beam, so we've been working on the mental and physical approach."

### FLOOR EXERCISE

For a four-year span from 2000 to 2003, UC Davis scored 49 or higher on floor exercise eight times, including a school-record 49.425 at the 2002 USAG meet. With the heightened level of competition on this year's schedule, Goldbar would like to see his floor squad return to that level of gymnastics.

"For the teams we're competing against, if you don't score a 49-plus on floor – which is a 9.8 average – then it's hard to be competitive," says Goldbar. "We have to find the right combination of tumbling and presentation."

To help serve that end, Goldbar has added volunteer choreographer Kerry Proctor, who competed for the Aggie program in the mid-1990s.

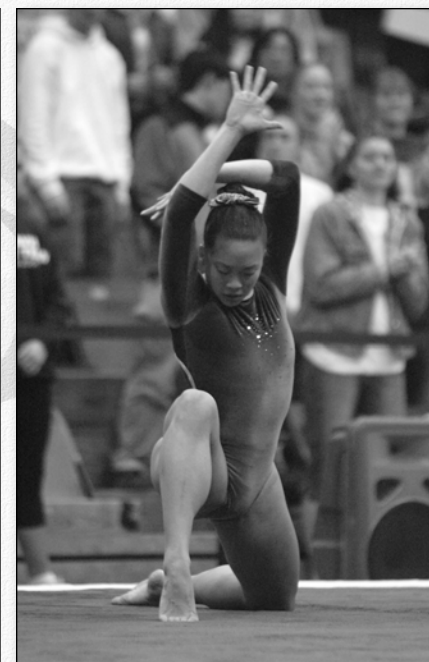
"We didn't have that position in the gym last year, a person who could clean up routines," he says. "Kerry has been working really hard on their dance and presentation, execution of leaps and jumps."

Chan, Richards, Kampf and redshirt sophomore Megan Nakagawa all return from last year's USAG lineup. Lujan and Pizzo also bring high-level tumbling skills, although injuries interrupted that process last season.

Shebby, Dolinsky and Kulovitz were recruited largely for their contributions in this event. Each brings D-level skills or higher to the program. Two more freshmen, Maleah McGuire and Stacey Marks, also bring strong floor skills although their development has been slowed by various ailments. McGuire was sidelined for much of the summer due to an ankle injury, while Marks returns from a bout with mononucleosis.

### SCHEDULE OUTLOOK

After its heady January schedule, UC Davis will see four MPSF foes throughout the month of February. The Aggies have home and road duals with Sacramento State and San Jose State. UC Davis will also see Alaska Anchorage and Seattle Pacific during that stretch. In March, the Aggies will



Senior Tiffany Chan

head to Corvallis to compete in the Oregon State Salbasgeon Suites Invitational with Iowa State and Washington.

Another highly anticipated event is the January 28 dual with UC Berkeley, held jointly with Aggie wrestling's match against Cal Poly as the second annual "Beauty And The Beast" promotion. Last year, more than 1,500 fans were on hand to see the inaugural event, as UC Davis swept Springfield College and Wisconsin-Oshkosh.

In line with Goldbar's philosophy as a coach, this year's schedule is yet another means by which the program continues to improve.

"You should always try to step up your routine," Goldbar says. "If you're not getting better, you're just getting worse. If you don't present yourself with a challenge, it's what I call getting by instead of moving forward. That's something we won't allow as coaches."

# A Spectator's Guide to Gymnastics

## TEAM SCORING

Six gymnasts are allowed to compete in any one event, with the top five individual scores being combined for a team score. The maximum team score for a meet is 200 points, 50 for each of four events.

UC Davis' best score in history was 193.700, the winning score in the team final at the 1999 USA Gymnastics Collegiate Nationals.

## INDIVIDUAL SCORING

A gymnast is judged on how well she executes skills and movements, combined with the level of difficulty in which she attempts them. All gymnastics skills are given a specific difficulty rating, from A (easiest) to E (most difficult).

Routines will generally have a starting value of a 10.0, assuming the gymnast has fulfilled basic routine requirements, and depending on the amount of difficulty and bonus combination.

The more difficult skills generally create a greater chance of falling from an apparatus. Additionally, all skills should be executed with little error. Simple deductions are for loss of balance, bent arms or legs and shaky landings. A fall from an apparatus is an automatic 0.5-point deduction.

In short, the highest scores will be awarded to the gymnasts who have the greatest amount of difficulty with the best execution and the least amount of error.

## VAULT

In collegiate competition, vaults fall into three categories: handsprings, forward saltos and backward saltos. Each vault is assigned a starting value up to 10.0. Deductions from this value are based on technical errors in pre-flight (approach to the horse), repulsion (rise off the horse) and after-flight (distance and height from the horse).

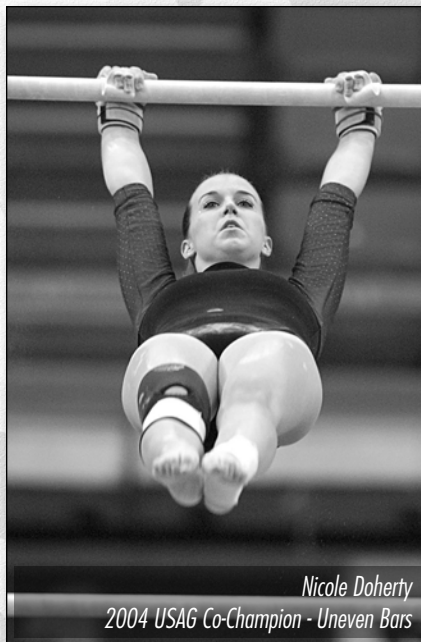
Upon landing, the gymnast must remain motionless or further deductions will be taken. In 2001, a rule was implemented in which each gymnast gets only one attempt on the vault.

## UNEVEN BARS

A complete routine on the uneven parallel bars comprises 10 to 15 moves, consisting of swinging and suspension skills utilizing both bars with many regrasps. A change of direction is



*Tiffany Chan*  
2004 USAG All-American - Vault



*Nicole Doherty*  
2004 USAG Co-Champion - Uneven Bars

# A Spectator's Guide to Gymnastics

required in the routine, while pauses for concentration, extra or intermediate swings, and other uncharacteristic elements result in deduction.

Bonus portions worth up to 0.5 points can be awarded for completing skills with assigned bonus values. Such bonus maneuvers include, but are not limited to, somersaulting and release moves, difficult pirouette work and somersaulting dismounts. The dismount must be of 'C' value or higher.

## BALANCE BEAM

In this event, a gymnast essentially performs a floor routine on a runway that is four feet high and four inches wide. The routine comprises elements from the following groups: tumbling with and without flight, strength and dance.

Special requirements on the balance beam are a tumbling series, a leap or large jump, a full turn and a series of skills combining dance and acrobatics.

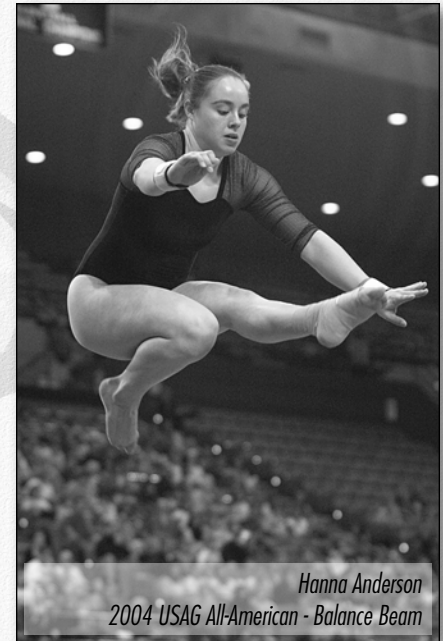
The routine must last no longer than 90 seconds. Deductions are taken for breaks in balance, while bonus points are granted for layout somersaults, multiple skills in a series and jumps showing maximum flexibility. Like on bars, the dismount must be of 'C' value or higher.

## FLOOR EXERCISE

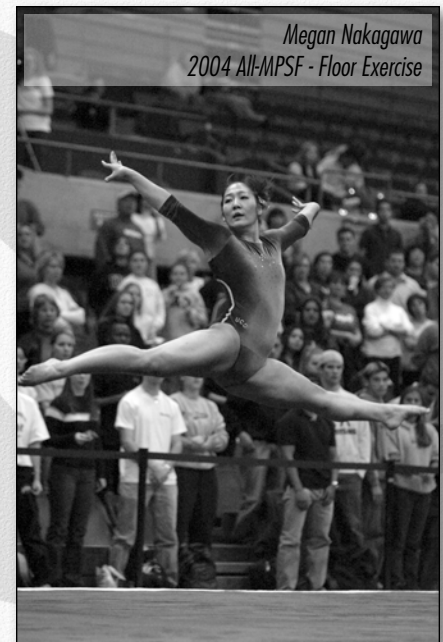
The floor exercise combines dance, tumbling and acrobatics set to musical accompaniment. Creative and dynamic changes in rhythm and energy levels help create an exciting routine in which the composition plays an important role.

Like on beam, the exercise may last up to but no longer than 90 seconds. The gymnast must balance the difficulty of both her tumbling skills and dance skills, and should finish as strongly as she starts.

Bonus points are awarded for multiple somersaults, combinations of somersaults and certain unique dance elements. Deductions are taken for stepping out of bounds or for performing out of sync with the music. Furthermore, the final tumbling pass must contain one 'C' element.



*Hanna Anderson*  
2004 USAG All-American - Balance Beam



*Megan Nakagawa*  
2004 All-MPSF - Floor Exercise

# Ray Goldbar

Head Coach • 16th Year

Essentially the founder of intercollegiate gymnastics at UC Davis, Goldbar enters his 16th year at the helm of Aggie women's gymnastics. In 1974, he started the men's and women's varsity gymnastics programs at UC Davis, elevating both from club status.

Goldbar served as head coach for the UC Davis men's team before the program was dropped from varsity status in 1987. He took over the women's program in 1989.

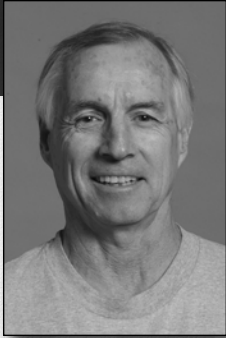
In 1999, Goldbar closed his first decade as head women's gymnastics coach in proper style - by winning the school's first USA Gymnastics Collegiate national title. He also was named USAG Collegiate Coach of the Year.

His leadership later enabled UC Davis to host the national meet in 2001. The Aggies finished second in the meet, and captured three of the five individual titles. In fact, UC Davis has won at least one individual national championship every year from 2000 to 2004.

Goldbar guided the Aggie program into a new era in 1994 when women's gymnastics became a Division I sport at UC Davis. Since then, his teams posted two third-place finishes at USA Gymnastics nationals before reaching the ultimate goal in 1999. The Aggies added another third-place trophy at the 2003 meet in Springfield, Mass., then again in the 2004 meet at Texas Woman's University.

While trying to improve the program to compete at Division I, the Aggies have maintained the consistency necessary to compete among the top teams who participate in the USAG nationals. In 1998, UC Davis qualified for the West Regional, making its first appearance as a team in NCAA D-I postseason. That squad remains the only non-scholarship team ever to compete in the NCAA gymnastics championships.

In his tenure with the women's program, Goldbar's teams have had nine individual national champions, three Heitman Award winners (given to the top female athlete of the year at UC Davis regardless of sport) and 29 individual All-Americans. In 2000, former national champion Jill Henrie was inducted into the Cal Aggie Athletic Hall of Fame, becoming the first gymnast from Goldbar's tenure as women's coach to earn that honor.




Goldbar also personifies the UC Davis ideal of having its coaches be outstanding educators as well. He served as assistant vice chair of the physical education department (later exercise science) and has taught numerous lecture courses in addition to his activity classes.

Born January 2, 1941 in Van Nuys, Calif., Goldbar graduated from Sacramento State in 1964 with a degree in physical education.

His wife, Molly, is also active in gymnastics and serves as meet director at Aggie home events.

## GOLDBAR YEAR-BY-YEAR



Year	USAG Nationals	W-L
2004	3rd, 192.100	8-13
2003	5th, 191.750	4-18
2002	3rd, 192.800	12-11
2001	2nd, 192.400	8-11
2000	3rd, 191.200	8-11
1999	1st, 193.700	7-8
1998	3rd, 188.625	14-5
1997	6th, 187.475	11-11
1996	3rd, 191.150	6-12
1995		Sabbatical
1994	5th, 184.400	8-12
1993	2nd, 186.850	6-9
1992	3rd, 184.725	11-9
1991	3rd, 186.225	14-12
1990		6-8
1989		6-8

# Ron Manara

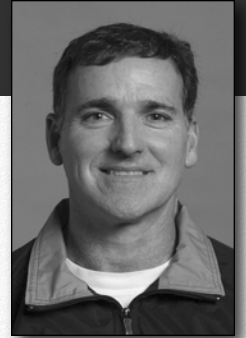
Assistant Coach • 4th Year

Coach Manara enters his fourth year at UC Davis after a diverse career as a coach, athlete, proprietor and state-rated judge. He works primarily with uneven bars, but is involved in all aspects of the program, including recruiting.

In 2001, his first year as bars coach, the Aggies scored three of its all-time top 10 scores and captured two USAG All-America awards in that event. Last season, his squad recorded a 48.725 at Sacramento State, the highest bars score in almost five years. Additionally, Amber Weddell tied the school record of 9.925 and Nicole Doherty captured a USAG title under Manara's tutelage.

Manara's most high-profile experience came during the 1984 Olympic Games in Los Angeles, for which he served as site supervisor. Manara later held the post of chief of security for the 1991 World Games in Indianapolis.

The majority of Manara's coaching career took place around his alma mater of UC Irvine, from which he graduated with a degree in humanities. He was the owner of the Irvine School of Gymnastics for 23 years before beginning his collegiate coaching career at Cal St. Fullerton. Manara was assistant coach of the Titans women's team and head coach of the Titans Juniors youth program from 1997 until last year.



# Hilary Oliver

Assistant Coach • 1st Year

Already a fixture in the Davis gymnastics scene, Hilary Oliver enters her first year as an assistant with the Aggie women's gymnastics program. She will work primarily with the balance beam.

Like fellow assistant Kerry Proctor, Oliver hails from Auburn, Calif., having trained with Miyagi Gymnastics Academy before entering UC Davis. She graduated with a degree in international relations in 1991. Additionally, Oliver later earned her teaching credential.

Oliver currently serves as head coach for the local Davis Gymnastics Club, where she has served on staff since graduation from UC Davis. In 2001, she was honored as one of five Most Caring Coaches in USA Weekend magazine, selected out of more than 1,100 nominations nationwide.

Oliver also teaches at Prairie Elementary in Woodland, serving as a reading instructor.



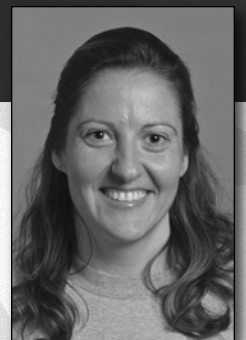
# Kerry Proctor

Choreographer • 1st Year

Former Aggie Kerry Proctor returns to the UC Davis women's gymnastics program to serve as a choreographer. She will assist primarily on floor exercise and balance beam.

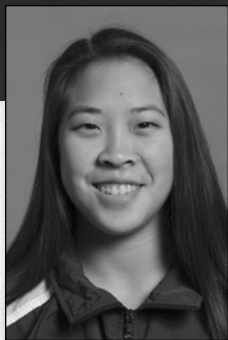
Like fellow assistant coach Hilary Oliver, Proctor came to UC Davis by way of Auburn, Calif., training at Miyagi Gymnastics Academy. She lettered with the Aggies for two seasons, including one as a graduate student. Proctor earned her bachelor's degree in exercise biology in 1996, then her master's degree in exercise physiology at UC Davis in 2001.

Proctor also serves as an assistant coach with Oliver at the Davis Gymnastics Club. She has been a part of the local scene on and off since her days as an Aggie undergrad.



## Tiffany Chan

Sr. • Nevada City, Calif.



**2004:** USAG ALL-AMERICAN on vault (2nd, 9.787) and beam (9th, 9.250)... Advanced to Saturday's beam competition by virtue of career-high 9.800 in team prelims... Qualified as at-large vault specialist to NCAA West Regional, placing 11th with career-high 9.850... Also scored 9.850 on vault at MPSF Championships (T2nd) and at San Jose State, T4th in school history... Made 16 total appearances on vault, 15 on beam, 14 on floor... Scored 9.700 or higher 13 times on vault, 7 on beam, 8 on floor... Recorded season's first 9.900 on floor at home vs. Alaska Anchorage, then topped it by tying school record of 9.950 at MPSF meet... Opened season with back-to-back 9.775s on beam, then hit 9.800 at San Jose... Finished season with 9.800 RQS on vault, 4th in USAG division... Added RQS of 9.855 on floor (5th), 9.735 on beam (T11th)... All three averages garnered her first-team All-MPSF accolades... Also earned MPSF All-Academic honors.

**2003:** USAG CHAMPION on floor exercise for second straight year... Posted regional-qualifying score (RQS) of 9.853 on floor, 4th in USAG division... Was only Aggie to hit 9.900 barrier, which she did three times: vs. UC Berkeley, at MPSF meet and in USAG event championships... Narrowly missed All-MPSF honors, finishing 7th... One of two Aggies (along with Michelle Naito) to qualify for NCAA West Regional... Scored 9.275, suffering her first-ever fall... Had team's highest score in seven meets and tied for high score (with Flora Bare) in two others... Injury sidelined her from floor for four straight meets from 2/15 to 3/7... Also emerged as one of team's most consistent vaulters, averaging 9.584 in 11 appearances... Scored best vault mark of 9.775 at Air Force's Rocky Mountain Invitational.

**2002:** USAG CHAMPION on floor exercise... Scored 9.925, 9.900 and 9.900 in the USAG team prelims, team final and event final, respectively... MPSF CO-CHAMPION on floor, posting a 9.900 to grab four-way share of inaugural event title... Scored 9.900 or better five times, 9.800-plus in 13 of 15 meets... Won or tied for 1st on floor in 10 meets... Also scored season-high 9.650s on vault at MPSFs and USAG team prelims... Was No. 1 floor performer in USAG final rankings with RQS of 9.875... Also boasted highest overall average of 9.844 (excludes nationals).

**HIGH SCHOOL/CLUB:** Graduated from Nevada Union HS in 2001, where she was valedictorian and a lifetime California Scholarship Federation member... Most recently competed for Rising Starz Gymnastics... State qualifier for eight years... Regional qualifier in 1997 and 1999.

**PERSONAL:** Born Aug. 8, 1983 in Grass Valley, Calif.... Psychology major... Daughter of Jerry Chan & Lisa Moon... Both parents are optometrists, a career she hopes to pursue... Jerry earned his undergrad degree from UC Davis in 1971... Younger sister of former Aggie gymnast Allison Chan, whom she lists as her sports hero... Her nicknames are numerous: "T", "Tiffany", "Tig" and "Spiff".

### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2002	9.650	—	—	9.925	—
2003	9.775	—	8.300	9.900	—
2004	9.850	—	9.800	↑9.950	—

### CAREER HIGHS

**Vault:** 9.850, (3x) last at NCAA West Regional (4/3/04)  
**Beam:** 9.800, (2x) last at USAG Nat'l Team Prelims (4/8/04)  
**Floor:** 9.950, at MPSF Championships (3/20/04)  
 † - tied school record

## Nicole Doherty

Sr. • San Rafael, Calif.



**2004:** USAG CO-CHAMPION on uneven bars, scoring 9.625... Posted 9.725 in team prelims to advance to Saturday's event final... Highly consistent performer, scoring 9.500 or higher in 14 of 15 meets on bars, 13 of 14 on beam... Had best overall meet at MPSF Championships, recording season-best marks on bars (9.775) and floor (9.825) and adding 9.750 on beam... Hit 9.800 on beam in home dual with Sacramento State... Was a substantial contributor in USAG team final, chalking up 9.575 on bars, 9.700 on beam, 9.775 on floor... Tied with Tiffany Chan for team's RQS on beam (9.735), ranked T11th among USAG competitors... Also led team on bars (9.680 RQS)... Made All-MPSF first team on bars, second team on beam... Selected to MPSF All-Academic squad.

**2003:** Completed primarily as a specialist, but added vault in four meets to post four all-around scores... Averaged 9.627 in 13 meets on beam, 9.673 in 12 meets on floor... Hit 9.800 on beam at Seattle Pacific... Made all-around debut at home vs. SPU, scoring 37.950... Put up 38.425 vs. San Jose State two weeks later, posting season-best 9.350 on vault, 9.550 on bars, 9.775 on beam and 9.750 (then a career high) on floor... Hit career bests on bars (9.600) and floor (9.800) in triangular at Sacramento State.

**2002:** Appeared in beam lineup in seven meets, scoring season-high 9.550 at Sacramento State... Posted 9.500 on beam a week later at MPSF Championships... Scored 9.400 at California Invitational... Appeared as exhibition on floor three times, including 9.700 vs. Alaska Anchorage.

**HIGH SCHOOL/CLUB:** Graduated from Marin Catholic HS in 2001... Member of MEGA Gymnastics for 15 years.

**PERSONAL:** Born Apr. 13, 1983 in Greenbrae, Calif.... Communication major, hopes for a career in film industry... Daughter of Robert & Daria Doherty... Both parents were professional ice skaters... Daria competed at world championships... Has one brother, Trevor (19), now a student at Humboldt State... Only pre-meet ritual is her chocolate-chip bagel... Her advice to youngsters: "Finish on empty."

### SEASON HIGHS

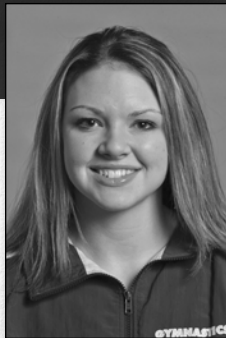
Year	Vault	Bars	Beam	Floor	All-Ar
2002	—	—	9.550	—	—
2003	9.350	9.600	9.800	9.800	38.425
2004	—	9.775	9.800	9.825	—

### CAREER HIGHS

**Vault:** 9.350, SAN JOSE STATE (3/2/03)  
**Bars:** 9.775, at MPSF Championships (3/20/04)  
**Beam:** 9.800, (2x) last SACRAMENTO STATE (2/22/04)  
**Floor:** 9.825, at MPSF Championships (3/20/04)  
**All-Around:** 38.425, at Seattle Pacific (2/21/03)

## Kelsie Kear

Jr. • San Dimas, Calif.



**2004:** Did not compete due to injury... Voted Most Inspirational.  
**2003:** Appeared in three meets as a vault/floor specialist before suffering season-ending injury before San Jose State meet... Made Aggie debut with 9.300 on vault, 9.575 at UCLA's Bruin Classic... Hit season-best 9.450 at Air Force's Rocky Mountain Invitational... Scored season-high 9.675 on floor and added 9.675 in exhibition on beam in home opener against Sacramento State.

**ARIZONA STATE:** Redshirted.

**HIGH SCHOOL/CLUB:** Graduated with 4.19 GPA (17th of a class of 303) from San Dimas HS in 2001... Competed for Beth & Steve Rybacki at Charter Oak Gliders in Covina for eight years, qualifying for Level 10 regionals in each of the last two... Placed 10th in all-around at regionals in 2000... Finished 3rd in state all-around competition in 1999... Voted Most Dedicated seven times.

**PERSONAL:** Born May 8, 1983 in Glendora, Calif.... American studies major... Daughter of Brad & Rita Kear... Oldest of three siblings, along with Casey (16) and Zak (14)... Sports heroes are the Los Angeles Lakers, non-sports hero is her physical therapist Jeff Beckendam... Hopes to become a high school teacher and, if possible, a collegiate gymnastics coach.

### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2003	9.450	—	ex9.675	9.675	—
2004	—	—	—	—	—

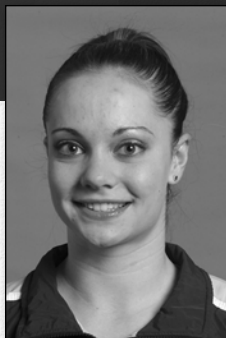
did not compete

### CAREER HIGHS

**Vault:** 9.450, at Rocky Mountain Invitational (1/25/03)  
**Beam:** 9.675, SACRAMENTO STATE (2/2/03)

## Sabrina Seus

Jr. • Manteca, Calif.



**2004:** Made five exhibition appearances, two on beam, three on floor... Posted 9.500 on bars in home dual with San Jose State.

**2003:** Appeared in beam lineup in seven meets... Scored 9.625 at Seattle Pacific, then hit season-best 9.725 vs. UC Berkeley three weeks later.

**2002:** Redshirted.

**HIGH SCHOOL/CLUB:** Graduated from East Union HS in 2001... Won Bank of America and Bausch & Lomb Science Awards... Competed for U.S. Academy of Elite Gymnastics (USAEG) in Modesto... Named Gymnast of the Year, Most Improved Gymnast and Most Inspiraional Gymnast at different times in her career... Won the USAIGC bars title in 1999.

**PERSONAL:** Born July 31, 1983 in Portland, Ore.... Majoring in exercise science... Daughter of Gene & Hanna Seus... Has two brothers – Aron (23) and Chris (17)... Hopes to become an orthopedic surgeon or a pediatrician... Nicknamed "Bean"... Superstitions include her pre-meet smoothie, "good luck" glitter and listening to music.

### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2003	—	—	9.725	—	—
2004	—	e9.500	e9.125	—	—

### CAREER HIGHS

**Beam:** 9.725, UC BERKELEY (3/14/03)

## Hanna Anderson

Jr. • La Crescenta, Calif.



**2004:** USAG ALL-AMERICAN on beam, placing 5th (9.650)... Recorded 9.750 during USAG team prelims to advance to event final... Became regular in beam lineup after hitting 9.500 at Alaska Anchorage... Scored career-high 9.825 at San Jose State, T7th in school history... Also appeared in bars lineup in three meets, exhibitioned in five others... Scored 9.550 in USAG team final... Named to Academic All-MPSF squad.

**2003:** Appeared in the lineup at UCLA and at MPSF Championships... Made beam debut at UCLA, scoring 9.250... Hit 9.725 in exhibition at Sacramento State triangular with Air Force.

**HIGH SCHOOL/CLUB:** Graduated among top 25 of class of 570 from La Crescenta HS in 2002... Lifetime member of California Scholarship Federation... Competed for Gymnastics Olympica in Van Nuys, Calif.

**PERSONAL:** Born Mar. 15, 1984 in Glendale, Calif.... Dean's List student, majoring in exercise biology... Daughter of Richmond & Angela Anderson... Has two brothers – Eric (23) and Christopher (17)... Considering career in sports medicine or physical therapy... Honored as member of National Society of Collegiate Scholars in 2002-03.

### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2003	—	9.075	9.250	—	—
2004	8.650	9.550	9.825	—	—

### CAREER HIGHS

**Vault:** 8.650, UW-OSHKOSH/SPRINGFIELD (1/16/04)  
**Bars:** 9.550, at USAG Nat'l Team Final (4/9/04)  
**Beam:** 9.825, at San Jose State (2/20/04)

## Nickie Bykhovsky

So. • San Jose, Calif.



**2004:** Appeared on bars in 13 meets, vault in 11... Had season-best vault of 9.650 at Sacramento State triangular... Added 9.625 a week later at MPSF Championships, then back-to-back 9.550s at USAG nationals... Also had best bars score at Sac State, hitting 9.775... Recorded 9.750 on bars at San Jose State, then hit 9.700 in same gym during MPSF meet.

**HIGH SCHOOL/CLUB:** Graduated from Lynbrook HS in 2003... Four-time Level 10 national qualifier for Airborne Gymnastics Training Center... Won vault and finished 3rd on floor in 2000... Captured vault title at both regional and state meet in 2001.

**PERSONAL:** Born April 18, 1985 in Stanford, Calif.... Majoring in history... Has an older sister, Natasha (23)... Hopes to become an orthopedic surgeon... Besides gymnastics, would consider competing in track & field as a pole vaulter... Proudest personal accomplishments were her regional and national vault titles and inventing a skill on bars.

### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2004	9.650	9.775	—	—	—

### CAREER HIGHS

**Vault:** 9.650, at Sacramento State w/CS Fullerton (3/12/04)  
**Bars:** 9.775, at Sacramento State w/CS Fullerton (3/12/04)

## Sophia Chaban

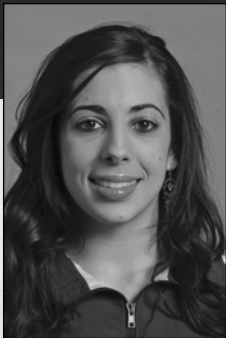
Jr. • San Francisco, Calif.

**2004:** Competed in bars lineup in two meets, appeared as exhibition in two others... Scored 9.250 in exhibition at home vs. Sacramento State.

**2003:** Joined the bars lineup for final eight meets... Saved best for last, hitting season-high 9.350 at nationals... Scored 9.300 in debut at home vs. Seattle Pacific.

**HIGH SCHOOL/CLUB:** Graduated from Sacred Heart Cathedral Prep in 2002... Competed for San Mateo Gymnastics for four years... Qualified for Level 10 nationals as an alternate.

**PERSONAL:** Born April 4, 1984 in San Francisco, Calif.... Psychology major... Parents are John & Anne Chaban... Has three siblings: Suzie (24), Simon (22) and Julia (18)... Career sports highlight was qualifying to Level 10 nationals as an alternate... Had her best club season after recovering from knee surgery.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2003	—	9.350	—	—	—
2004	—	8.200	—	—	—

### CAREER HIGHS

**Bars:** 9.350, at USAG Nat'l Team Prelims (4/17/03)

## Mei Ling Clark

Jr. • Nevada City, Calif.

**2004:** Only Aggie to appear in all-around, which she did four times... Scored season-best 38.400 twice: at home vs. Seattle Pacific and on road at San Jose State... Had arguably best meet in home dual with Sacramento State, scoring then-season highs on vault (9.600), bars (9.750) and floor (9.725)... Surpassed that bars mark with 9.875 at Sacramento State, despite injury that removed her from other events... Contributed 9.650 on bars at MPSF Championships... Selected to MPSF All-Academic team.

**2003:** Made debut in Feb. 15 home meet vs. Seattle Pacific, scoring 9.200 on vault, 9.300 on floor... Stayed in both lineups for the rest of season, enjoying best overall meets to end the year... Scored 9.500 on vault, 9.625 at MPSF Championships... Followed with 9.450 on vault and season-high 9.800 on floor at USAG national prelims.

**HIGH SCHOOL/CLUB:** Graduated from Nevada Union HS in 2002... Lettered in diving and track & field... Named Most Valuable Diver in 2001... Competed as a pole vaulter on track team... State and regional competitor as a member of Byers Gymnastics.

**PERSONAL:** Born Jan. 20, 1984 in San Francisco, Calif.... Exercise biology major, aspires for career as a pediatrician, OBGYN or neonatologist... Parents are Alan & Fritzie Clark... Oldest of three siblings, including Justin (18) and Kai Ling (15)... Lists Candace Heidelberger, an attorney in her hometown, as her non-sports hero.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2003	9.550	—	—	9.800	—
2004	9.600	9.875	9.675	9.725	38.400

### CAREER HIGHS

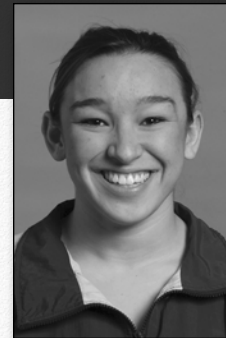
**All-Around:** 38.400, (2x) last at San Jose State (2/20/04)  
**Vault:** 9.600, SACRAMENTO STATE (2/22/04)  
**Bars:** 9.875, at Sacramento State w/CS Fullerton (2/27/04)  
**Beam:** 9.675, SEATTLE PACIFIC (1/22/04)  
**Floor:** 9.725, SACRAMENTO STATE (2/22/04)

## Kimberly Costa

Fr. • Roseville, Calif.

**HIGH SCHOOL/CLUB:** Graduated from Woodcreek HS in 2004... Competed for Byers Gymnastics Center from 1990-2004, advancing to both Level 10 regionals and nationals.

**PERSONAL:** Born Feb. 24, 1986 in Santa Clara, Calif.... Exercise biology major, hopes for career in sports medicine... Parents are Phil & Janis Costa... Oldest of three siblings, along with Kylie (9) and Tyler (6)... Best advice she's received: "The test of true champions is how they handle their bad days."

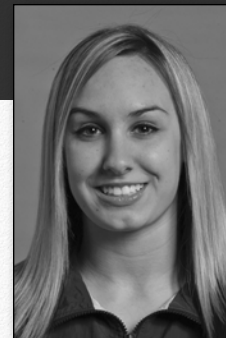


## Andrea Dolinsky

Fr. • Loma Linda, Calif.

**HIGH SCHOOL/CLUB:** Graduated from Loma Linda Academy in 2004... National Honor Society member and winner of President's Education Award and Bank of America Achievement Award... Hails from Precision Gymnastics Club in Rancho Cucamonga... Three-year team captain... Qualified for state and regional Level 10 meets on bars, beam and vault... Placed 3rd on vault at Las Vegas Gymcats Invitational in 2004... Captured 2nd on beam, 3rd in all-around at 2004 Glider Invitational.

**PERSONAL:** Born Aug. 1, 1985 in Loma Linda, Calif.... Majoring in communication... Parents are Marlin & Sharon Dolinsky... Has an older sister, Amy (21), now a senior at Union College... Lists Chicago's historic Navy Pier as her favorite facility at which she's competed... Career highlight was last year's Las Vegas Gymcats meet... Aspires for career in journalism.



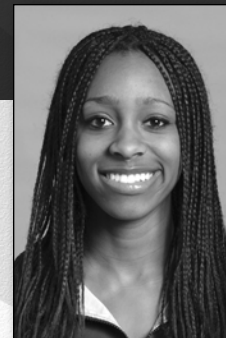
## Brandi Forte

So. • Lancaster, Calif.

**2004:** Appeared in bars lineup in 14 meets... Posted season-best 9.825 at MPSF Championships, tied for 8th... Earned second-team All-MPSF honors by virtue of 9.665 RQS, 22nd in USAG division... Scored 9.600 or better in eight meets.

**HIGH SCHOOL/CLUB:** Graduated from Quartz Hill HS in 2003... Member of outstanding cheer squad that won state competition and placed 4th at nationals... Member of Gymnastics Olympica in Van Nuys... Finished 2nd on bars at regionals in 2002, 4th in 2003... Also took 8th in all-around and 4th in vault in 2002.

**PERSONAL:** Born May 21, 1985 in Canoga Park, Calif.... Has not declared a major, but likely will opt for exercise biology... Parents are Nathan & Teri Forte... Nathan played basketball at UC San Diego... Has a younger brother, Nathaniel (17)... Sports hero is Dominique Dawes, non-sports hero is her grandmother.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2004	—	9.825	—	—	—

### CAREER HIGHS

**Bars:** 9.825, at MPSF Championships (3/20/04)

## Ariane Furman

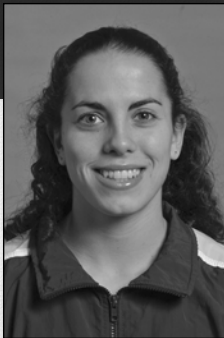
Jr. • Rancho Santa Fe, Calif.

**2004:** Competed on bars in 14 meets, vault and beam in 10, floor in two... Hit season-high 9.725 on bars at Sacramento State... Scored 9.625 in each of vault, bars and beam at MPSF Championships... Recorded 9.650 on bars during USAG team final... Had 9.650 in exhibition on beam in home dual vs. San Jose State... Named to MPSF All-Academic team.

**2003:** Appeared as an all-arounder in five meets, scoring season-best 37.925 at Cal four-way meet... Competed on bars in 13 meets, vault and beam each in 12... Enjoyed best overall meet at USAG national team prelim, scoring 9.550 on vault, 9.550 on beam and season-high 9.750 on bars... Hit season-high 9.600 on floor and added 9.600 on beam and 9.575 on vault for 37.600 all-around mark vs. Alaska Anchorage... Scored "virtual" 38.175 at Sacramento State: posted 9.325 on vault, 9.575 on bars, 9.525 on beam and 9.750 in exhibition on floor.

**HIGH SCHOOL/CLUB:** Graduated from Torrey Pines HS in 2002... National Honor Society member... Lettered two years in gymnastics, earning Most Outstanding Athlete as a senior... National Honor Society member... Also competed for Stars & Stripes, qualifying to Level 9 regionals.

**PERSONAL:** Born Dec. 20, 1983 in Los Angeles, Calif.... Majoring in biochemistry & molecular biology... Hopes to become a nurse practitioner... Daughter of Norman & Maura Furman... Has two sisters – Desiree (24) and Fabianne (19)... Sports hero is Tasha Schwikert.



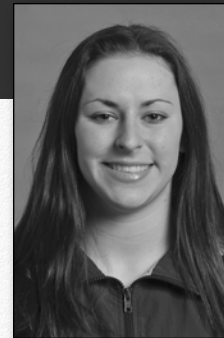
## Carolyn Kampf

So. • Los Angeles, Calif.

**2004:** Appeared in floor lineup in 10 meets... Made strong finish, scoring season-high 9.775 at MPSF Championships, then 9.725s in both USAG team competitions.

**HIGH SCHOOL/CLUB:** Graduated with perfect 4.0 GPA from Palisades Charter HS in 2003... Competed for All Olympians Gymnastics Center from 2000-03... Placed 5th at Level 10 state meet in 2003, qualifying for regionals... Won state Level 9 all-around and beam titles in 2002, then helped lead team to region title... Three-year region qualifier.

**PERSONAL:** Born Aug. 9, 1985 in Santa Monica, Calif.... Animal science major, hopes to become a veterinarian... Parents are Anthony & Kathy Kampf... Career sports highlight was winning her state titles in 2002... Chose UC Davis in part for its strength in animal science.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2004	e9.050	—	—	9.775	—

### CAREER HIGHS

**Floor:** 9.775, at MPSF Championships (3/20/04)

### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2003	9.600	9.750	9.625	9.600	37.925
2004	9.625	9.725	9.625	9.525	—

### CAREER HIGHS

**Vault:** 9.625, (2x) last at MPSF Championships (3/20/04)  
**Bars:** 9.750, at USAG Nat'l Team Prelims (4/17/03)  
**Beam:** 9.625, (2x) last at Sac State w/CS Fullerton (3/12/04)  
**Floor:** 9.600, ALASKA ANCHORAGE (3/7/03)  
**All-Around:** 37.925, at UC Berkeley w/CSF & BSU (2/9/03)

## Michelle Gau

So. • Lodi, Calif.

**2004:** Did not compete.

**2003:** Redshirted.

**HIGH SCHOOL/CLUB:** Graduated from Lodi HS in 2002... CSF Seal Bearer... Made National Honor Society and German Honor Society... Competed for Technique Gymnastics in Fair Oaks and Lescisin Gymnastics in Stockton (16 years in all)... Qualified for regional meet and was a national alternate.

**PERSONAL:** Born March 22, 1984 in South Lake Tahoe, Calif.... Majoring in civil engineering, with emphasis on structural engineering... Parents are Tom & Kathy Gau... Tom graduated from UC Davis' civil engineering program in 1971... Has one older sister, Stephanie (27)... Career highlight was winning on bars in her first meet following a three-year layoff due to injury... Hopes to become a structural engineer.



## Michelle Kulovitz

Fr. • Anaheim Hills, Calif.

**HIGH SCHOOL/CLUB:** Graduated from Mater Dei HS in 2004... Six-year member of South Coast Gymnastics in Santa Ana... Won vault title at Level 10 state and regional championships in 2000... Placed 5th on beam at regionals in 2003.

**PERSONAL:** Born Dec. 28, 1985 in Orange County... Has yet to declare a major... Parents are Ken & Mary Kulovitz... Older sister, Lisa (23), attends Cal St. Fullerton.



## Carrie Lujan

Fr. • Salinas, Calif.

**2004:** Redshirted.

**HIGH SCHOOL/CLUB:** Lettered in track & field at Salinas HS, from which she graduated in 2003... Placed 3rd in long jump, 4th in 4x100 relay at Monterey Bay League meet and qualified for Central Coast Section championships... Competed for Elite Gymnastics Academy... Placed 8th on floor at Level 10 state meet and qualified for regionals in 2002... Finished 5th in all-around, 4th on vault, 5th on beam, 7th on floor at state meet in 2001... Advanced to regionals, where she was 8th on beam, 9th on floor.

**PERSONAL:** Born Apr. 28, 1985 in Salinas, Calif.... Has not declared a major... Parents are Larry and Susan Lujan... Youngest of four sisters, including Cindy Shean, Leila Lujan and Debbie Borzini... Career highlight was being presented with a first-place award by Vanessa Adler at regionals... Sports heroes are Lilia Podkopoyeva and Jason Gatson... Proudest personal accomplishment is returning to gymnastics after recovering from an ACL injury.



## Stacey Marks

Fr. • Exeter, Calif.

**HIGH SCHOOL/CLUB:** Graduated from Exeter HS in 2004... Selected as valedictorian... Competed for Central California Gymnastics Institute from 1993-2004... Won all-around at Level 9 state meet and finished 4th at nationals in 2002, then moved up to Level 10 the following year... Won bars and placed 2nd in all-around at Level 10 state meet... Finished 4th at vault at Western regionals... Named as an alternate for nationals.

**PERSONAL:** Born July 11, 1986 in Visalia, Calif.... Majoring in biological sciences... Plans to earn an M.D. in emergency medicine... Parents are Kevin & Debbie Marks... Older brother, Adam (21), is a senior at San Diego State... Sports hero is Lance Armstrong, non-sports hero is her mother.

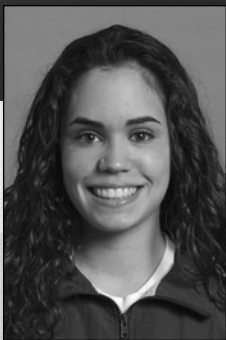


## Maleah McGuire

Fr. • Los Angeles, Calif.

**HIGH SCHOOL/CLUB:** Graduated from Santa Monica HS in 2004... Competed for All Olympians Gymnastics Center for five years... Won Level 9 state all-around title and national floor title in 2002... Moved up to Level 10 in 2003, placing 3rd at regionals.

**PERSONAL:** Born Oct. 22, 1986 in Santa Monica, Calif.... Has not declared a major, but hopes to become a dermatologist... Parents are Ricardo Rodriguez and Deborah McGuire... Has two brothers: Eli Johnson (25) and Diego Rodriguez (4)... Career highlight was winning the Level 9 national floor championship... Sports hero is Chris Waller, non-sports hero is her brother.



## Megan Nakagawa

So. • San Jose, Calif.

**2004:** Appeared on vault and floor in 14 meets... Scored season-high vault of 9.675 on two occasions: at Alaska Anchorage and at Sacramento State... Had best floor score of 9.825 at MPSF Championships... Scored 9.600 or higher on vault seven times... Hit 9.600 on vault, 9.750 on floor in USAG team prelims, then scored 9.575 and 9.700 in team final, respectively... Earned second-team All-MPSF honors on each event... Also selected to MPSF All-Academic team.

**2003:** Did not compete due to injury.

**HIGH SCHOOL/CLUB:** Graduated from Leigh HS in 2002... Earned numerous academic awards... Competed for Airborne Gymnastics Training Center for nine years... Won Level 10 state vault title and advanced to regionals in 2002... Also made alternate for nationals... Won bars and all-around title in 1998, plus bars, beam, floor and all-around titles at 1999 state meet... Added third bars title in 2000.

**PERSONAL:** Born July 22, 1984 in Stanford, Calif.... Dean's List student in animal science... Daughter of Alvin & Cheryl Nakagawa... Has a younger brother, Eric (17)... Chose UC Davis for its animal science program... Plans to become a veterinarian... Sports highlight was sticking the landing of a new vault to win the Level 10 state title in 2002.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2004	9.675	—	9.300	9.825	—

### CAREER HIGHS

**Vault:** 9.675, (2x) at Sac State w/CS Fullerton (3/12/04)  
**Beam:** 9.300, ALASKA ANCHORAGE (2/13/04)  
**Floor:** 9.825, at MPSF Championships (3/20/04)

## Joanne Pizzo

So. • Fairfield, Calif.

**2004:** Competed in six meets on vault, beam and floor before injury ended season... Opened season with season-best 9.650 on floor vs. Wisconsin-Oshkosh and Springfield... Hit 9.625 on beam at Alaska Anchorage, then 9.600 at Seattle Pacific a week later... Also scored season-high 9.625 on vault at SPU triangular.

**HIGH SCHOOL/CLUB:** Lettered in volleyball and diving at Armijo HS... Graduated in 2003... Won a Sac-Joaquin Section title in diving... Competed on Davis Gymnastics Club for Kerry Proctor and Hilary Oliver, both of whom have joined the Aggie staff this season... Placed 2nd on vault, 4th on beam at 2003 Level 10 regionals... Placed 5th in all-around at Western Nationals.

**PERSONAL:** Born Aug. 11, 1985 in Fairfield, Calif.... Majoring in history... Parents are John & Gail Pizzo... Has two older brothers, James (21) and John (24)... Hopes to become a teacher... Sports hero is J.T. Snow, non-sports hero is her brother.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2004	9.625	—	9.625	9.650	—

### CAREER HIGHS

**Vault:** 9.625, at Seattle Pacific w/Alaska Anchorage (2/7/04)  
**Beam:** 9.625, at Alaska Anchorage (1/31/04)  
**Floor:** 9.650, WISCONSIN-OSHKOSH/SPRINGFIELD (1/16/04)

## Julia Richards

So. • Nevada City, Calif.

**2004:** Appeared in vault, beam and floor lineup in all 14 meets... Scored 9.800 or higher on floor four times in last seven meets, including season-high 9.875 at MPSF Championships and 9.825 during USAG team final... Scored 9.700 or better on beam in four straight meets, starting with season-best 9.775 at San Jose State... Had strong overall meet at Sacramento State, scoring season-high 9.700 on vault plus 9.725 on beam, 9.775 on floor.

**HIGH SCHOOL/CLUB:** Graduated from Nevada Union HS in 2003... State and regional qualifier for Rising Starz in Grass Valley.

**PERSONAL:** Born July 25, 1984 in Grass Valley, Calif.... Has not declared a major... Parents are Robert Richards and Michelle Whatley... Has two siblings: Andrea (22) and Erik Whatley (7) Says best athlete she's faced is Tiffany Chan, her teammate both at Rising Starz and at UC Davis.



### SEASON HIGHS

Year	Vault	Bars	Beam	Floor	All-Ar
2004	9.700	—	9.775	9.875	—

### CAREER HIGHS

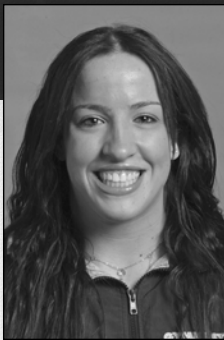
**Vault:** 9.700, at Sacramento State w/CS Fullerton (3/12/04)  
**Beam:** 9.775, at San Jose State (2/20/04)  
**Floor:** 9.875, at MPSF Championships (3/20/04)

## Brianna Shebby

Fr. • West Hills, Calif.

**HIGH SCHOOL/CLUB:** Graduated from El Camino Real HS in 2004... Won Conquistador Award as a senior... Competed for Gymnastics Olympica (Van Nuys, Calif.) for 15 years... Captured state all-around and beam titles in 2003... Also finished 2nd on floor and bars, 3rd on vault that year... Placed 3rd in all-around at 2004 state meet... Advanced to regionals, where she took 4th on beam, 6th in all-around... Qualified as a National Elite-level gymnast, placing 2nd in all-around... Helped club capture Jr. Olympics Nationals in 2004.

**PERSONAL:** Born Aug. 22, 1986 in Los Angeles, Calif.... Majoring in genetics, hopes for career in genetics research... Parents are Marvin & Nancy Shebby.. Sister, Danielle (18), also attends UC Davis... Proudest personal accomplishments were winning J.O. Nationals and qualifying as a National Elite gymnast... Appeared in hit films *Mouse Hunt* (along with Danielle) and *Orange County*.

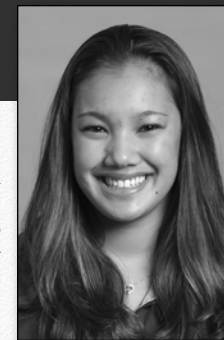


## Karena Yamamoto

Fr. • Novato, Calif.

**HIGH SCHOOL/CLUB:** Graduated from Novato HS in 2004... Competed for Marin Elite Gymnastics Academy (MEGA) in San Rafael... Was a Level 10 national qualifier in 2003, helping Region 1 squad earn team title.

**PERSONAL:** Born June 25, 1986 in Wahiawa, Hawaii... Has yet to declare a major, but hopes to become a pediatric nurse... Mother is Kathy Yamamoto... Career highlight was MEGA's Region 1 national championship in 2003.



## 2005 AGGIES BY CLUB

### AIRBORNE GYMNASTICS (San Jose, Calif.)

Nickie Bykhovsky, Megan Nakagawa

### ALL OLYMPIANS (Los Angeles, Calif.)

Carolyn Kampf, Maleah McGuire

### BYERS GYMNASTICS

(Sacramento/Roseville, Calif.)

Mei Ling Clark, Kimberly Costa,  
Valerie Yep

### CENTRAL CALIFORNIA

GYMNASTICS INSTITUTE (Visalia, Calif.)

Stacey Marks

### CHARTER OAK GLIDERS (Covina, Calif.)

Kelsie Kear

### DAVIS GYMNASTICS (Davis, Calif.)

Joanne Pizzo

### ELITE GYMNASTICS (Salinas, Calif.)

Carrie Lujan

### GYMNASTICS OLYMPICA USA

(Van Nuys, Calif.)

Hanna Anderson, Brandi Forte  
Brianna Shebby

### LESCISIN GYMNASTICS (Stockton, Calif.)

Michelle Gau

### MARIN ELITE GYMNASTICS ACADEMY

(San Rafael, Calif.)

Karena Yamamoto

### PRECISION GYMNASTICS

(Rancho Cucamonga, Calif.)

Andrea Kulovitz

### RISING STARZ (Grass Valley, Calif.)

Tiffany Chan, Julia Richards

### SAN MATEO GYMNASTICS (San Mateo, Calif.)

Sophia Chaban

### SOUTH COAST GYMNASTICS (Santa Ana, Calif.)

Michelle Kulovitz

### STARS & STRIPES GYMNASTICS

(San Marcos, Calif.)

Arianne Furman

### U.S. ACADEMY OF ELITE GYMNASTICS

(Modesto, Calif.)

Sabrina Seus

## 2005 Roster

Player	Event	Ht.	Yr.	Hometown	Schools	Major
Hanna ANDERSON**	UB, BB	5-6	Jr.	La Crescenta, Calif.	Crescenta Valley HS '02	Biological Sciences
Nickie BYKHOVSKY*	V, UB	5-4	So.	San Jose, Calif.	Lynbrook HS '03	History
Sophia CHABAN**	UB	5-3	Jr.	San Francisco, Calif.	Sacred Heart '02	Psychology
Tiffany CHAN***	V, BB, FX	5-3	Sr.	Nevada City, Calif.	Nevada Union HS '01	Psychology
Mei Ling CLARK**	UB	5-2	Jr.	Nevada City, Calif.	Nevada Union HS '02	Exercise Biology
Kimberly COSTA	AA	5-0	Fr.	Roseville, Calif.	Woodcreek HS '04	Exercise Biology
Nicole DOHERTY***	UB, BB	5-6	Sr.	San Rafael, Calif.	Marin Catholic HS '01	Communication
Andrea DOLINSKY	AA	5-2	Fr.	Grand Terrace, Calif.	Loma Linda Academy '04	Communication
Brandi FORTE*	UB	5-7	So.	Lancaster, Calif.	Quartz Hill HS '03	Undeclared
Arianne FURMAN**	AA	5-2	Jr.	Rancho Santa Fe, Calif.	Torrey Pines HS '02	Exercise Biology
Michelle GAU	UB	5-1	So.	Lodi, Calif.	Lodi HS '02	Civil Engineering
Carolyn KAMPF*	V, FX	5-6	So.	Los Angeles, Calif.	Palisades Charter HS '03	Animal Science
Kelsie KEAR*	V, FX	5-6	Jr.	San Dimas, Calif.	Ariz. State/San Dimas HS '01	American Studies
Michelle KULOVITZ	AA	5-3	Fr.	Anaheim Hills, Calif.	Mater Dei HS '04	Undeclared
Carrie LUJAN	AA	5-4	RFr.	Salinas, Calif.	Salinas HS '03	Exploratory
Stacey MARKS	AA	5-2	Fr.	Exeter, Calif.	Exeter HS '04	Biological Sciences
Maleah McGUIRE	AA	5-4	Fr.	Los Angeles, Calif.	Santa Monica HS '04	Exploratory
Megan NAKAGAWA*	V, FX	5-3	So.	San Jose, Calif.	Leigh HS '02	Animal Science
Joanne PIZZO*	V, BB, FX	5-4	So.	Fairfield, Calif.	Armijo HS '03	Communication
Julia RICHARDS*	V, BB, FX	5-1	So.	Nevada City, Calif.	Nevada Union HS '03	Exploratory
Sabrina SEUS**	UB, BB	5-5	Jr.	Manteca, Calif.	East Union HS '01	Exercise Science
Brianna SHEBBY	AA	5-3	Fr.	West Hills, Calif.	El Camino Real HS '04	Genetics
Karena YAMAMOTO	AA	5-2	Fr.	Novato, Calif.	Novato HS '04	Undeclared

\* - denotes years lettered in Aggie program

Ray GOLDBAR	Head Coach, 16th Year (Sacramento State '64)
Ron MANARA	Assistant Coach, 4th Year (UC Irvine)
Hilary OLIVER	Assistant Coach, 1st Year (UC Davis)
Kerry PROCTOR	Choreographer, 1st Year (UC Davis)

## Pronunciation Guide

HANNA Anderson: "HAH-nuh"	KEAR: "Keer" (rhymes with "fear")
BYKHOVSKY: "bye-KOFF-skee"	LUJAN: "LOO-hahn"
CHABAN: "chah-BAHN"	MANARA: "mah-NAIR-uh"
MEI LING Clark: "May Ling"	MALEAH McGuire: "mah-LEE-uh"
FORTE: "for-TAY"	PIZZO: "PEEZ-zoh"
ARIANNE Furman: "AHR-ee-AHN"	SEUS: "Soys" (rhymes with "choice")
GAU: "GOW"	BRIANNA Shebby: "bree-AH-nuh"
KAMPF: (short "a")	KARENA Yamamoto: "kah-REE-nah"

## 2004 Season Recap

### Meet Results

DATE	MEET	AGS	OPP	RES	REC
Jan. 9	SPRINGFIELD/WISC.-OSHKOSH	187.600		1st	2-0
	Springfield UW-Oshkosh	176.125	180.400		
Jan. 22	SEATTLE PACIFIC	191.125		W	3-0
	Seattle Pacific		190.375		
Jan. 30	at Alaska Anchorage	189.000		L	3-1
	Alaska Anchorage		190.300		
Jan. 31	at Alaska Anchorage	189.675		W	4-1
	Alaska Anchorage		188.325		
Feb. 7	at Seattle Pacific w/Alaska Anchorage	187.650		3rd	4-3
	Seattle Pacific Alaska Anchorage		191.825 190.925		
Feb. 14	ALASKA ANCHORAGE	189.200		W	5-3
	Alaska Anchorage		189.125		
Feb. 20	at San Jose State w/Sacramento State	192.350		3rd	5-5
	Sacramento State San Jose State		194.050 193.925		
Feb. 22	SACRAMENTO STATE	192.050		L	5-6
	Sacramento State		192.175		
Feb. 27	at Cal St. Fullerton w/Seattle Pacific	189.800		3rd	5-6
	Cal St. Fullerton Seattle Pacific		193.950 192.175		
Mar. 6	SAN JOSE STATE	191.750		L	5-9
	San Jose State		194.250		
Mar. 12	at Sacramento State w/Cal St. Fullerton	193.025		3rd	5-11
	Sacramento State Cal St. Fullerton		195.350 194.550		
Mar. 20	at MPSF Championships (San Jose, Calif.)	194.350		3rd	8-13
	San Jose State Sacramento State Alaska Anchorage Seattle Pacific Air Force		195.925 195.400 193.750 193.050 192.525		
Apr. 8	at USAG Collegiate Nationals - Team Prelims	191.850		3rd	
	Centenary (La.) Texas Woman's Temple Cornell Air Force Seattle Pacific Southern Connecticut Alaska Anchorage		193.275 192.275 191.375 191.325 191.275 190.975 188.375 182.325		
Apr. 9	at USAG Collegiate Nationals - Team Final	192.100		3rd	
	Centenary (La.) Texas Woman's Temple		193.500 192.600 191.575		

## 2004 Season Recap

### Individual Scores

#### ALL-AROUND

T1. Mei Ling Clark	38.400	at San Jose State w/Sac State (2/20)
T1. Mei Ling Clark	38.400	SEATTLE PACIFIC (1/22)
3. Mei Ling Clark	37.325	at Alaska Anchorage (1/31)

#### VAULT

T1. Tiffany Chan	9.850	at NCAA West Regional (4/3)
T1. Tiffany Chan	9.850	at MPSF Championships (3/20)
T1. Tiffany Chan	9.850	at San Jose State w/Sac State (2/20)

#### UNEVEN BARS

1. Amber Weddell	†9.925	at MPSF Championships (3/20)
2. Mei Ling Clark	9.875	at Sac State w/CS Fullerton (3/12)
3. Brandi Forte	9.825	at MPSF Championships (3/20)

#### BALANCE BEAM

1. Hanna Anderson	9.825	at San Jose State w/Sac State (2/20)
T2. Tiffany Chan	9.800	at USAG Nat'l Team Prelims (4/8)
T2. Nicole Doherty	9.800	SACRAMENTO STATE (2/22)
T2. Tiffany Chan	9.800	at San Jose State w/Sac State (2/20)

#### FLOOR EXERCISE

1. Tiffany Chan	†9.950	at MPSF Championships (3/20)
2. Tiffany Chan	9.900	ALASKA ANCHORAGE (2/13)
T3. Tiffany Chan	9.875	at USAG Nat'l Team Final (4/9)
T3. Julia Richards	9.875	at MPSF Championships (3/20)
T3. Tiffany Chan	9.875	at San Jose State w/Sac State (2/20)

### Top Team Scores

Overall	*194.350	at MPSF Championships (3/20)
Vault	48.450	at Sac State w/CS Fullerton (3/12)
Uneven Bars	48.875	at MPSF Championships (3/20)
Balance Beam	48.275	at San Jose State w/Sac State (2/20)
Floor Exercise	49.250	at MPSF Championships (3/20)

\* - school record

† - tied school record

## 2004 Season Recap

### Individual Season Highs

Name	Vault	Bars	Beam	Floor	All-Ar
HANNA ANDERSON	8.650	9.550	9.825	—	—
Heidi Bortfeld	9.650	9.550	9.675	—	—
NICKIE BYKHOVSKY	9.650	9.775	—	—	—
SOPHIA CHABAN	—	8.200	—	—	—
TIFFANY CHAN	9.850	—	9.800	9.950	—
MEI LING CLARK	9.600	9.875	9.675	9.725	38.400
NICOLE DOHERTY	—	9.775	9.800	9.825	—
BRANDI FORTE	—	9.825	—	—	—
ARIANNE FURMAN	9.625	9.725	9.625	9.525	—
CAROLYN KAMPP	—	—	—	9.775	—
MEGAN NAKAGAWA	9.675	—	9.300	9.825	—
JOANNE PIZZO	9.625	—	9.625	9.650	—
JULIA RICHARDS	9.700	—	9.775	9.875	—
SABRINA SEUS	—	ex9.500	ex9.125	—	—
Amber Weddell	—	†9.925	9.600	—	—
Valerie Yep	ex8.925	—	—	9.700	—

2005 AGGIES IN ALL CAPS

### Meet-By-Meet Team Scores

Date & Opponent	Vault	Bars	Beam	Floor	All-Ar
1/9 SPRINGFIELD/UW-OSHKOSH	46.325	45.650	47.700	47.925	187.600
1/22 SEATTLE PACIFIC	47.825	48.125	48.050	47.125	191.125
1/30 at Alaska Anchorage	47.075	46.850	47.600	47.475	189.000
1/31 at Alaska Anchorage	47.575	46.400	47.600	48.100	189.675
2/7 at Seattle Pacific w/UAA	47.900	44.875	47.825	47.050	187.650
2/13 ALASKA ANCHORAGE	47.350	47.700	45.900	48.250	189.200
2/20 at San Jose State w/Sac State	47.750	48.025	48.275	48.300	192.350
2/23 SACRAMENTO STATE	47.925	47.775	47.750	48.600	192.050
2/27 at Cal St. Fullerton w/SPU	48.075	47.450	46.800	47.475	189.800
3/6 SAN JOSE STATE	47.500	47.825	47.600	48.825	191.750
3/12 at Sac State w/Cal St. Fullerton	48.450	48.725	47.275	48.575	193.025
3/20 at MPSF Championships	48.400	48.875	47.825	49.250	194.350
4/8 at USAG Nat'l Team Prelims	47.925	47.800	47.875	48.250	191.850
4/9 at USAG Nat'l Team Final	48.075	47.525	47.600	48.900	192.100
<b>AVERAGE</b>	<b>47.725</b>	<b>47.400</b>	<b>47.548</b>	<b>48.150</b>	<b>190.823</b>
<b>SEASON HIGH</b>	<b>48.450</b>	<b>48.875</b>	<b>48.275</b>	<b>49.250</b>	<b>194.350</b>

HOME MEETS IN ALL CAPS

## Team Scores

1. San Jose State, 195.925; 2. Sacramento State, 195.400; **3. UC DAVIS, 194.350**; 4. Alaska Anchorage, 193.750; 5. Seattle Pacific, 193.050; 6. Air Force, 192.525.

## Individual Scores (winner plus Aggies)

ALL-AROUND - 1. Binta Coleman, Sac State, 39.350.

VAULT - 1. Nirvana Zaher, CSUS, 9.875... t2. Tiffany Chan, 9.850; t16. Julia Richards, UC Davis; Heidi Bortfeld, 9.650; t20. Arianne Furman, UC Davis; Megan Nakagawa, UC Davis; Nickie Bykhovskiy, 9.625.

UNEVEN BARS - 1. Shirla Choy, SJSU, 9.950... 2. Amber Weddell, 9.925; t8. Brandi Forte, 9.825; t15. Nicole Doherty, 9.775; t23. Nickie Bykhovskiy, 9.700; 26. Mei Ling Clark, 9.650; 27. Arianne Furman, 9.625.

BALANCE BEAM - 1. Amberly Klein, SJSU, 9.850... t6. Nicole Doherty, 9.750; t11. Hanna Anderson, 9.700; t14. Tiffany Chan, 9.650; t18. Arianne Furman, 9.625; 32. Heidi Bortfeld, 9.100; t33. Julia Richards, 9.050.

FLOOR EXERCISE - 1. Jennifer Greene, SJSU, 10.000... t2. Tiffany Chan, 9.950; t10. Julia Richards, 9.875; t18. Nicole Doherty, 9.825; t18. Megan Nakagawa, 9.825; t25. Carolyn Kampf, 9.775; t30. Valerie Yep, 9.700.

## All-Mountain Pacific Sports Federation

All-MPSF honors were bestowed upon the top two gymnasts on each team in each event, based on the regional-qualifying scores entering the meet (through March 15).

**GYMNAST OF THE YEAR:** Shirla Choy, San Jose State

**COACH OF THE YEAR:** Paul Stoklos, Alaska Anchorage

### ALL-MPSF HONOREES (Aggies only)

#### VAULT

1st Team - Tiffany Chan (RQS: 9.770)

2nd Team - Megan Nakagawa (RQS: 9.615)

#### UNEVEN BARS

1st Team - Nicole Doherty (RQS: 9.650)

2nd Team - Brandi Forte (RQS: 9.645)

#### BALANCE BEAM

1st Team - Tiffany Chan (RQS: 9.735)

2nd Team - Nicole Doherty (RQS: 9.725)

#### FLOOR EXERCISE

1st Team - Tiffany Chan (RQS: 9.830)

2nd Team - Megan Nakagawa (RQS: 9.685)

#### ALL-AROUND

None

## Team Preliminaries & All-Around Final

TEAM SCORES - 1. Centenary (La.) 193.275; 2. Texas Woman's 192.275; **3. UC DAVIS 191.850**; 4. Temple (Pa.) 191.375; 5. Cornell 191.325; 6. Air Force 191.275; 7. Seattle Pacific 190.975; 8. Southern Connecticut 188.375; 9. Alaska Anchorage 182.325.

VAULT (winner plus Aggies) - 1. Dominique Ingram, Alaska Anchorage, 9.900... T2. Tiffany Chan, 9.825; T12. Megan Nakagawa, 9.600; T19. Nickie Bykhovskiy, 9.550; 23. Julia Richards, 9.525; T36. Arianne Furman, 9.425; T54. Heidi Bortfeld, 9.125.

UNEVEN BARS - 1 (tie). Jennifer Jackson, Centenary; Stephanie Ohler, Cornell, 9.825... T6. Nicole Doherty, 9.725; T14. Brandi Forte, 9.650; T19. Amber Weddell, 9.625; T30. Arianne Furman, 9.475; 38. Hanna Anderson, 9.300; 45. Nickie Bykhovskiy, 8.950.

BALANCE BEAM - 1. Sarah Racioppi, Centenary, 9.825... T2. Tiffany Chan, 9.775; T8. Hanna Anderson, 9.750; T18. Nicole Doherty, 9.650; T37. Heidi Bortfeld, 9.350; 40. Julia Richards, 9.325; T41. Arianne Furman, 9.275.

FLOOR EXERCISE - 1. Erin Maguire, Air Force, 9.925... T21. Megan Nakagawa, 9.750; T28. Carolyn Kampf, 9.725; T33. Julia Richards, 9.700; T39. Nicole Doherty, 9.675; T50. Tiffany Chan, 9.400.

ALL-AROUND (All-Americans) - 1. Kristina Menna, Centenary, 38.975; 2. Jessa Liegl, Air Force, 38.950; 3. Dominique Ingram, Alaska Anchorage, 38.750; 4. Lauren Robinson, Air Force, 38.450; 5 (tie). Erin Maguire, Air Force; Kaela Meinert, Centenary, 38.325; 7. Tara Mitchell, Centenary, 38.275; 8. Mandi Burdick, Alaska Anchorage, 38.225.

## Team Final

TEAM SCORES - 1. Centenary (La.) 193.500; 2. Texas Woman's, 192.600; **3. UC DAVIS, 192.100**; 4. Temple, 191.575.

**Team scores are not compiled during team final.**

## Team Final

VAULT - 1. Dominique Ingram, Alaska, 9.925; **2. TIFFANY CHAN, UC DAVIS, 9.787**; 3. Erin Maguire, Air Force, 9.775; 4. Alexis Zafferes, Temple, 9.737; 5 (tie). Laura Frank, Air Force; Sarah Sullivan, Seattle Pacific, 9.650; 7. Stephanie Pink, Bridgeport, 9.437.

BARS - **1 (tie). NICOLE DOHERTY, UC DAVIS**; Jennifer Jackson, Centenary, 9.625; 3 (tie). Randi Bisbano, Cornell; Deirdre Mattocks, Temple, 9.525; 5. Kristina Menne, Centenary, 9.500; 6. Jaynie Reynolds, Seattle Pacific, 9.350; 7. Erin Davis, Temple, 9.200.

BEAM - 1. Jessa Liegl, Air Force, 9.800; 2 (tie). Jaynie Reynolds, Seattle Pacific; Shellen Goltz, Cornell, 9.750; 4. Randi Bisbano, Cornell, 9.725; 5 (tie). Amber McMeans, Texas Woman's; **HANNA ANDERSON, UC DAVIS**; Kaela Meinert, Centenary, 9.650; **8. TIFFANY CHAN, UC DAVIS, 9.250**.

FLOOR - 1. Dominique Ingram, Alaska, 9.900; 2. Sarah Racioppi, Centenary, 9.825; 3 (tie). Jessa Liegl, Air Force; Debra Huss, Seattle Pacific, 9.800; 5. Kari Kelly, Seattle Pacific, 9.775; 6. Jennifer Bolli, Texas Woman's, 9.750; 7. Erin Maguire, Air Force, 9.650.

**The top eight finishers during the event finals and the top eight all-arounders during Thursday's team prelims are awarded as All-Americans.**

# USAG/USGF All-Americans

Since 1980

- JULIE AKIN (1)**  
1981 - 6th (V)
- HANNA ANDERSON (1)**  
2004 - 15th (BB)
- HANA BALFOUR (2)**  
1992 - 2nd (UB), 17th (AA)
- FLORA BARE (9)**  
2000 - 6th (FX), 5th (AA)  
2001 - 1st (AA), T2nd (BB), 7th (FX)  
2002 - 3rd (AA), 9th (V), 3rd (BB),  
T3rd (FX)
- VANESSA BAUME (1)**  
2002 - 9th (FX)
- KAREN BUBB (4)**  
1981 - 4th (AA), 5th (FX), 6th (UB)  
1982 - 5th (FX)
- TIFFANY CHAN (4)**  
2002 - 1st (FX)  
2003 - 1st (FX)  
2004 - 2nd (V), 8th (BB)
- KIM CHUNG (2)**  
1980 - 15th (AA), 5th (FX)
- ERIKA CRONK (4)**  
1995 - 7th (BB)  
1996 - 7th (BB)  
1997 - 7th (UB)  
1998 - 9th (UB)
- NICOLE DOHERTY (1)**  
2004 - 11st (UB)
- BRIDGIT FORTINO (1)**  
1998 - 3rd (FX)
- ELIZABETH GRAY (1)**  
2001 - 3rd (FX)
- JILL HENRIE (5)**  
1991 - 7th (BB)  
1992 - 1st (UB)  
1993 - 1st (AA), 1st (V), 1st (UB)

- YURI HINSON (8)**  
1990 - 1st (UB), 3rd (AA), 4th (FX)  
1991 - 2nd (UB), 3rd (FX), 4th (AA)  
1992 - 13rd (BB), 7th (UB)
- KEITHA HUNTER (7)**  
1980 - 1st (FX), 2nd (AA), 2nd (V),  
3rd (BB), 5th (UB)  
1981 - 3rd (V), 3rd (FX)
- MELISSA JEONG (1)**  
1994 - 9th (V)
- MISSY KEFFELER (2)**  
1996 - 10th (V)  
1999 - 16th (V-prelims)
- ASHLEY LINDOW (4)**  
1991 - 9th (FX)  
1993 - 2nd (V), 3rd (FX), 7th (AA)
- DAWN MacDIARMID (4)**  
1996 - 6th (UB)  
1997 - 14th (UB)  
1998 - 6th (UB), 8th (FX)
- POPPY MAJOR (3)**  
1999 - 5th (FX)  
2000 - 12nd (FX)  
2001 - 8th (FX)
- ALETHEA MEHAS (1)**  
1995 - 15th (UB)
- MICHELLE NAITO (2)**  
2001 - 8th (BB)  
2002 - T7th (BB)
- LAURA OTA (2)**  
1989 - 15th (UB), 15th (BB)
- DAWN PAVIS (2)**  
1996 - 3rd (UB), 6th (BB)
- ERICKA RUELAS (11)**  
1999 - 6th (UB), 6th (FX)  
2000 - 2nd (AA), 1st (UB), 1st (FX)  
2001 - 7th (AA), 1st (UB), 1st (FX)

- 2002 - 8th (AA), 1st (UB), 8th (FX)
- JOY SCHLUMBERGER (1)**  
1980 - 13rd (AA)
- LYNN SCHWAEBE (3)**  
2002 - T4th (UB)  
2003 - 1st (V), 8th (AA)
- FROSSENE SHUCK (6)**  
1980 - 2nd (FX), 2nd (UB), 15th (AA)  
1981 - 1st (UB), 2nd (AA), 2nd (FX)
- CHERYL SIDEL (10)**  
1991 - 6th (FX), 8th (AA)  
1992 - 1st (BB), 12nd (FX), 3rd (AA)  
1993 - 16th (V), 7th (BB), 8th (AA)  
1994 - 2nd (BB), 110th (AA)
- ROBIN STONE (2)**  
1991 - 7th (AA), 8th (FX)
- LYNETTE TANAKA (3)**  
1994 - 9th (UB)  
1995 - 15th (UB)  
1996 - 14th (UB)
- AMBER WEDDELL (1)**  
2002 - 9th (BB)
- JENNIFER WONG (2)**  
1997 - 4th (AA), 15th (BB)
- KERI WONG (1)**  
2000 - 8th (FX)
- STACY WONG (2)**  
2002 - T6th (AA), 11st (BB)

# All-Time Top 10 Team Scores

## TEAM SCORES

	Date	Vault	Bars	Beam	Floor	Total
1. at MPSF Championships	3/20/04	48.400	48.875	47.825	49.250	194.350
2. at USAG National Team Final	4/16/99	47.700	48.625	48.900	48.475	193.700
3. at USAG National Team Prelims	4/11/02	47.800	47.875	48.525	49.425	193.625
4. SEATTLE PACIFIC	3/7/02	48.075	48.325	48.075	48.975	193.450
5. at Sacramento State	3/15/02	48.025	48.650	48.000	48.725	193.400
6. at Western Independents	3/24/01	47.725	48.225	47.675	49.425	193.050
7. at Sacramento State w/CS Fullerton	3/12/04	48.450	48.725	47.275	48.575	193.025
8. at USAG National Team Final	4/12/02	47.550	48.325	48.175	48.750	192.800
9. at Sacramento State	2/14/97	48.400	48.250	48.150	47.925	192.725
10. at Candlewood Suite Inv. (Sac State)	3/17/01	47.600	48.675	47.675	48.625	192.575

## VAULT

1. at Western Independents	3/22/97	48.475
2. at Sac State w/CS Fullerton	3/12/04	48.450
t3. at MPSF Championships	3/20/04	48.400
t3. at Sacramento State	2/14/97	48.400
t5. WESTERN INDEPENDENTS	3/18/00	48.375
t5. at SJSU w/SPU	2/28/97	48.375
7. at San Jose State	2/7/03	48.325
8. ALASKA ANCHORAGE	3/16/01	48.175
t9. ALASKA ANCHORAGE	3/7/03	48.150
t9. at UCSB w/EMU & SJSU	2/23/02	48.150

## UNEVEN BARS

1. at Western Independents	3/27/99	49.075
2. at MPSF Championships	3/20/04	48.875
3. at Sac State w/CS Fullerton	3/12/04	48.675
t4. at Candlewood Suite Inv. (Sac)	3/17/01	48.675
t4. SACRAMENTO STATE	1/26/01	48.675
6. at Sacramento State	3/15/02	48.650
7. at USAG Nat'l Team Final	4/16/99	48.625
8. at Seattle Pacific	3/2/01	48.550
9. AIR FORCE/ALASKA/E.MICH	2/28/99	48.500
t10. at USAG Nat'l Team Final	4/12/02	48.325
t10. SEATTLE PACIFIC	3/7/02	48.325
t10. USAG Nat'l Team Final	4/13/01	48.325

## BALANCE BEAM

1. at USAG Nat'l Team Final	4/26/99	48.900
2. UC BERKELEY/SPU	3/10/01	48.550
3. at USAG Nat'l Team Prelims	4/11/02	48.525
4. at UC Berkeley w/CSF & BSU	2/9/03	48.525
5. at USAG Nat'l Team Final	4/19/96	48.425
6. at UC Berkeley w/Wash.	2/7/97	48.350
7. at San Jose State w/Sac State	2/20/04	48.275
8. at Seattle Pacific	2/21/03	48.225
t9. at USAG Nat'l Team Final	4/12/02	48.175
t9. at Alaska Anchorage	2/9/02	48.175

## FLOOR EXERCISE

T1. at USAG Nat'l Team Prelim	4/11/2002	49.425
T1. at Western Independents	3/24/2001	49.425
3. UC BERKELEY	2/25/2001	49.350
4. at MPSF Championships	3/20/2004	49.250
5. AIR FORCE/SEATTLE PACIFIC	3/23/1996	49.175
6. USAG NAT'L TEAM PRELIMS	4/12/2001	49.150
t7. at USAG Nat'l Team Prelim	4/6/2000	49.125
t7. WESTERN INDEPENDENTS	3/18/2000	49.125
9. at Sac State w/Air Force	3/22/2003	49.075
10. at MPSF Championships	3/23/2002	49.050

2004 Marks in Bold  
Home Sites in CAPS

# National Champions

Since 1980

- FLORA BARE (1)**  
2001 - USA Gymnastics, All-Around
- TIFFANY CHAN (2)**  
2002 - USA Gymnastics, Floor Exercise  
2003 - USA Gymnastics, Floor Exercise
- NICOLE DOHERTY (1)**  
2004 - USA Gymnastics, Uneven Bars (tied)
- JILL HENRIE (4)**  
1992 - USGF Collegiate Division, Uneven Bars  
1993 - USGF Collegiate Division, All-Around, Vault, Uneven Bars
- YURI HINSON (1)**  
1990 - USGF Collegiate Division, Uneven Bars
- KEITHA HUNTER (1)**  
1980 - AIAW Division III, Floor Exercise

- ERICKA RUELAS (5)**  
2000 - USA Gymnastics, Uneven Bars, Floor Exercise  
2001 - USA Gymnastics, Uneven Bars, Floor Exercise  
2002 - USA Gymnastics, Uneven Bars
- LYNN SCHWAEBE (1)**  
2003 - USA Gymnastics, Vault
- FROSSENE SHUCK (1)**  
1981 - AIAW Division III, Uneven Bars
- CHERYL SIDEL (1)**  
1992 - USGF Collegiate Division, Balance Beam
- STACY WONG (1)**  
2002 - USA Gymnastics, Balance Beam (tied)

## All-Time Top 10 Individual Scores

### VAULT

t1. Flora Bare	at San Jose State	2/7/03	9.900
t1. Jill Henrie	at Seattle Pacific	2/13/93	9.900
3. Tara Montgomery	at Seattle Pacific	1/31/97	9.875
<b>t4. Tiffany Chan</b>	<b>at NCAA West Regional (Washington)</b>	<b>4/3/04</b>	<b>9.850</b>
<b>t4. Tiffany Chan</b>	<b>at MPSF Championships (San Jose)</b>	<b>3/20/04</b>	<b>9.850</b>
<b>t4. Tiffany Chan</b>	<b>at San Jose State w/Sacramento State</b>	<b>2/20/04</b>	<b>9.850</b>
<b>t7. Tiffany Chan</b>	<b>at USAG Nat'l Team Final</b>	<b>4/8/04</b>	<b>9.825</b>
<b>t7. Tiffany Chan</b>	<b>at Sacramento State w/Cal St. Fullerton</b>	<b>3/12/04</b>	<b>9.825</b>
<b>t7. Tiffany Chan</b>	<b>SACRAMENTO STATE</b>	<b>2/22/04</b>	<b>9.825</b>
t7. Lynn Schwaebe	ALASKA ANCHORAGE	3/7/03	9.825

### UNEVEN BARS

<b>t1. Amber Weddell</b>	<b>at MPSF Championships</b>	<b>3/20/04</b>	<b>9.925</b>
t1. Ericka Ruelas	at USAG National Event Final	4/8/00	9.925
t1. Ericka Ruelas	WESTERN INDEPENDENTS	3/18/00	9.925
t1. Ericka Ruelas	SAN JOSE STATE	1/16/00	9.925
t5. Ericka Ruelas	at USAG Nat'l Event Final	4/13/02	9.900
t5. Ericka Ruelas	at Sacramento State	3/15/02	9.900
t5. Ericka Ruelas	SEATTLE PACIFIC	3/07/02	9.900
t5. Ericka Ruelas	at UC Berkeley w/UCLA & UCSB	2/17/02	9.900
t5. Ericka Ruelas	SACRAMENTO STATE	1/26/01	9.900
<b>t9. Mei Ling Clark</b>	<b>at Sacramento State w/Cal St. Fullerton</b>	<b>3/12/04</b>	<b>9.875</b>
t9. Lynn Schwaebe	at San Jose State	2/7/03	9.875
t9. Lynn Schwaebe	at USAG Nat'l Team Final	4/12/02	9.875
t9. Ericka Ruelas	at Candlewood Suite Inv. (Sacramento State)	3/17/01	9.875
t9. Ericka Ruelas	at Seattle Pacific	3/2/01	9.875
t9. Ericka Ruelas	at San Jose State w/Sacramento State	2/16/01	9.875
t9. Ericka Ruelas	at USAG National Team Final	4/16/99	9.875
t9. Dawn MacDiarmid	SACRAMENTO STATE	3/18/99	9.875

### BALANCE BEAM

1. Ericka Ruelas	at Seattle Pacific	3/2/01	9.900
t2. Michelle Naito	SAN JOSE STATE	3/2/03	9.875
t2. Michelle Naito	at Seattle Pacific	2/21/03	9.875
t2. Brienne Bray	SEATTLE PACIFIC	3/7/02	9.875
t5. Flore Bare	at UC Berkeley w/Fullerton & Boise State	2/9/03	9.850
t5. Lynn Schwaebe	SEATTLE PACIFIC	3/7/02	9.850
<b>t7. Hanna Anderson</b>	<b>at San Jose State w/Sacramento State</b>	<b>2/20/04</b>	<b>9.825</b>
t7. Ericka Ruelas	at Western Independents	3/24/01	9.825
t7. Ericka Ruelas	UC BERKELEY/SEATTLE PACIFIC	1/26/01	9.825
t7. Jennifer Wong	at USAG National Team Final	4/16/99	9.825
t7. Brienne Bray	at Western Independents	3/20/98	9.825

**2004 Marks in bold**  
HOME EVENTS IN ALL CAPS

## All-Time Top 10 Individual Scores

### FLOOR EXERCISE

<b>t1. Tiffany Chan</b>	<b>at MPSF Championships</b>	<b>3/20/04</b>	<b>9.950</b>
t1. Poppy Major	at Western Independents	3/24/01	9.950
t1. Flora Bare	at Western Independents	3/24/01	9.950
t4. Tiffany Chan	at USAG Nat'l Team Prelims	4/11/02	9.925
t4. Ericka Ruelas	USAG NATIONAL TEAM FINALS	4/13/01	9.925
t4. Ericka Ruelas	USAG NATIONAL TEAM PRELIMS	4/12/01	9.925
t4. Ericka Ruelas	at Western Independents	3/24/01	9.925
t4. Poppy Major	UC BERKELEY	2/25/01	9.925
t4. Flora Bare	SACRAMENTO STATE	1/26/01	9.925
t4. Ericka Ruelas	WESTERN INDEPENDENTS	3/18/00	9.925

### ALL-AROUND

1. Flora Bare	at San Jose State	2/7/03	39.200
2. Ericka Ruelas	WESTERN INDEPENDENTS	3/18/00	39.025
3. Flora Bare	at Western Independents	3/24/01	38.975
t4. Flora Bare	SACRAMENTO STATE	2/2/03	38.950
t4. Ericka Ruelas	at Seattle Pacific	3/2/01	38.950
t6. Flora Bare	at USAG Nat'l Team Prelims	4/11/02	38.825
t6. Ericka Ruelas	at Western Independents	3/24/01	38.825
t6. Ericka Ruelas	at San Jose State w/Sacramento State	2/16/01	38.825
t9. Flora Bare	at UC Santa Barbara w/EMU & SJSU	2/23/02	38.775
t9. Flora Bare	UC BERKELEY/SEATTLE PACIFIC	3/10/01	38.775

### AGGIE RECORD HOLDERS



**Jill Henrie**  
Vault



**Ericka Ruelas**  
Bars & Beam



**Amber Weddell**  
Bars



**Tiffany Chan**  
Floor



**Poppy Major**  
Floor



**Flora Bare**  
Vault, Floor, All-Around

## All-Time Top 10 Career Highs

### VAULT

t1. Flora Bare	at San Jose State	2/7/03	9.900
t1. Jill Henrie	at Seattle Pacific	2/13/93	9.900
3. Tara Montgomery	at Seattle Pacific	1/31/97	9.875
<b>4. Tiffany Chan</b>	<b>(2x) last at MPSF Championships</b>	<b>3/20/04</b>	<b>9.850</b>
5. Lynn Schwaebe	ALASKA ANCHORAGE	3/7/03	9.825
6. Keri Wong	WESTERN INDEPENDENT CHAMPIONSHIPS	3/18/00	9.800
7. Dawn MacDiarmid	SACRAMENTO STATE	2/24/96	9.775
t8. Vanessa Baume	(3x) last at MPSF Championships	3/23/02	9.750
t8. Missy Keffeler	(2x) last at San Jose State w/UAA & Air Force	2/26/99	9.750
t8. Jennifer Wong	at Western Independent Championships	3/22/97	9.750
t8. Bridgit Fortino	at San Jose State w/Seattle Pacific	2/28/97	9.750
t8. Ashley Lindow	at Boise State	2/20/93	9.750

### UNEVEN BARS

t1. Ericka Ruelas	(3x) last at USAG Nat'l Event Final	3/18/00	9.925
<b>t1. Amber Weddell</b>	<b>at MPSF Championships</b>	<b>3/20/04</b>	<b>9.925</b>
t3. Lynn Schwaebe	(2x) last at San Jose State	2/7/03	9.875
<b>t3. Mei Ling Clark</b>	<b>at San Jose State w/Sacramento State</b>	<b>2/20/04</b>	<b>9.875</b>
t3. Dawn MacDiarmid	SACRAMENTO STATE	3/18/99	9.875
6. Missy Keffeler	(2x) last at Western Independents	3/27/99	9.850
<b>t7. Brandi Forte</b>	<b>at MPSF Championships</b>	<b>3/20/04</b>	<b>9.825</b>
t7. Flora Bare	at San Jose State w/Sacramento State	2/16/01	9.825
t9. Jennifer Wong	at Western Independents	3/27/99	9.800
t9. Brianne Bray	at Cal St. Fullerton	2/5/99	9.800
t9. Jill Henrie	(2x) last at USAG Nat'l Team Prelim	4/8/93	9.800

### BALANCE BEAM

1. Ericka Ruelas	at Seattle Pacific	3/2/01	9.900
t2. Michelle Naito	(2x) last SAN JOSE STATE	3/2/03	9.875
t2. Brianne Bray	SEATTLE PACIFIC	3/7/02	9.875
t4. Flora Bare	at UC Berkeley w/Fullerton & Boise State	2/9/03	9.850
t4. Lynn Schwaebe	SEATTLE PACIFIC	3/7/02	9.850
<b>t6. Hanna Anderson</b>	<b>at San Jose State w/Sacramento State</b>	<b>2/20/04</b>	<b>9.825</b>
t6. Jennifer Wong	at USAG National Team Final	4/16/99	9.825
<b>t8. Nicole Doherty</b>	<b>(3x) last SACRAMENTO STATE</b>	<b>2/22/04</b>	<b>9.800</b>
<b>t8. Tiffany Chan</b>	<b>(2x) last at USAG National Team Prelim</b>	<b>4/8/04</b>	<b>9.800</b>
t8. Lynette Tanaka	at USAG National Team Final	4/19/96	9.800
t8. Erika Cronk	at USAG National Team Prelim	4/13/95	9.800

**2004 Marks in bold**  
HOME EVENTS IN ALL CAPS

## All-Time Top 10 Career Highs

### FLOOR EXERCISE

<b>t1. Tiffany Chan</b>	<b>at MPSF Championships</b>	<b>3/20/04</b>	<b>9.950</b>
t1. Poppy Major	at Western Independents	3/24/01	9.950
t1. Flora Bare	at Western Independents	3/24/01	9.950
t4. Ericka Ruelas	(4x) last USAG NATIONAL TEAM FINAL	4/13/01	9.925
t7. Keri Wong	UC SANTA BARBARA	2/12/00	9.900
t7. Holly Balchus	AIR FORCE/SEATTLE PACIFIC	3/23/96	9.900
<b>t7. Julia Richards</b>	<b>at MPSF Championships</b>	<b>3/20/04</b>	<b>9.875</b>
t7. Lynn Schwaebe	at Sacramento State w/Air Force	3/22/03	9.875
t9. Elizabeth Gray	(2x) last USAG NATIONAL TEAM PRELIMS	4/12/01	9.850
t9. Bridgit Fortino	at Western Independents	3/22/97	9.850
t9. Alix Alderman	AIR FORCE/SEATTLE PACIFIC	3/23/96	9.850
t9. Lynn Thompson	AIR FORCE/SEATTLE PACIFIC	3/23/96	9.850

### ALL-AROUND

1. Flora Bare	at San Jose State	2/7/03	39.200
2. Ericka Ruelas	WESTERN INDEPENDENTS	3/18/00	39.025
3. Jill Henrie	at Seattle Pacific	2/13/93	38.600
4. Stacy Wong	at USAG Nat'l Team Prelims	4/11/02	38.575
5. Lynn Schwaebe	SAN JOSE STATE	3/2/03	38.550
6. Jennifer Wong	at Western Independents	3/22/97	38.475
7. Yuri Hinson	SACRAMENTO STATE/WEST VIRGINIA	3/15/92	38.450
8. Nicole Doherty	SAN JOSE STATE	3/2/03	38.425
<b>t9. Mei Ling Clark</b>	<b>(2x) last at San Jose State w/Sac State</b>	<b>2/20/04</b>	<b>38.400</b>
t9. Brianne Bray	SACRAMENTO STATE	2/1/02	38.400

# THIS IS UC DAVIS

*UC Davis offers more than 100 undergraduate majors – the widest variety of any University of California campus.*

## ACADEMICS

UC Davis comprises three colleges (Agricultural & Environmental Sciences, Engineering, Letters & Science), five professional schools (Education, Law, Management, Medicine, Veterinary Medicine) plus the Division of Biological Sciences.

With 103 undergraduate majors and 80 graduate programs, the university offers the most expansive and diverse range of academics among any of the University of California campuses. Additionally, students also have the opportunity to combine majors or customize their field of study by creating an individual major.

For those interested in graduate degrees – whether it be a master's degree or a doctorate – UC Davis offers advising services to help students craft their education toward those goals. An estimated 86 percent of UC Davis students applying to graduate schools earn acceptance to either their first or second choices.

## RANKINGS

UC Davis ranks 11th among public universities, according to *U.S. News & World Report*, and 16th by the National Research Council. Furthermore, the National Science Foundation places the university 15th in the nation in research funding, and *Money* magazine considered UC Davis as one of the West's top "best buys".

Additionally, the Gourman Report rated the genetics department at No. 1, while *U.S. News & World Report* ranked the College of Engineering as No. 13 among its peers.

## COMMUNITY

With a population of approximately 60 thousand, Davis is widely known for being a safe, active and socially innovative community.

The downtown area boasts a multitude of specialty shops, restaurants, theaters and art galleries; while the city's numerous parks offer recreational opportunities for active students.

## ACTIVITIES

On campus, UC Davis students can rally around the highly successful athletics department by joining the Aggie Pack spirit organization, or enjoy a first-class performance at the Robert & Magrit Mondavi Center for the Performing Arts.

The university also offers hundreds of student clubs and organizations, including cultural clubs, fraternities and sororities, faith-based organizations and the Associated Students of UC Davis student government.

For the active Aggie, students may participate in the diverse intramural sports program or join one of the 30-plus sports clubs. In 2004, the Activities & Recreation Center (ARC) opened its doors, providing the campus with its own state-of-the-art fitness venue.

In April, UC Davis hosts Picnic Day, an annual student-run open house. The popular event showcases all that the campus has to offer, attracting students, staff, faculty, parents, alumni and members of the surrounding communities.

## GETTING AROUND

Nestled just southwest of Sacramento, the city of Davis rests just 15 minutes from an international airport, and contains a downtown station serviced by Greyhound and Amtrak. Centrally located in the Sacramento Valley, the town sits equally close to both the finest ski resorts and the Pacific Ocean's top beaches.

Within Davis and its neighboring towns, both Yolo and the student-operated Uni-trans bus systems offer free transportation to registered undergraduates.

The town boasts more bicycles per capita than any other city in the nation. More than 50 miles of bike paths make the entire town conducive to both riders and pedestrians.

[www.ucdavis.edu](http://www.ucdavis.edu)

Aeronautical Science and Engineering  
African American & African Studies  
Agricultural Systems and Environment  
American Studies  
Animal Biology  
Animal Science  
Animal Science & Management  
Anthropology  
Applied Physics  
Art History  
Art Studio  
Asian American Studies  
Atmospheric Science  
Avian Sciences  
Biochemical Engineering  
Biochemistry & Molecular Biology  
Biological Science  
Biological Systems Engineering  
Biomedical Engineering  
Biotechnology  
Cell Biology  
Chemical Engineering  
Chemical Engineering/Material Science  
Engineering  
Chemistry  
Chicana/Chicano Studies  
Chinese  
Civil Engineering  
Classical Civilization  
Clinical Nutrition  
Communication  
Community & Regional Development  
Comparative Literature

Computational Applied Science  
Computer Engineering  
Computer Science  
Computer Science & Engineering  
Crop Science & Management  
Design  
Dramatic Art  
East Asian Studies  
Economics  
Electrical Engineering  
English  
Entomology  
Environmental & Resource Sciences  
Environmental Biology & Management  
Environmental Horticulture & Urban Forestry  
Environmental Policy Analysis & Planning  
Environmental Toxicology  
Evolution, Ecology & Biodiversity  
Exercise Biology  
Fiber & Polymer Science  
Film Studies  
Food Science  
French  
Genetics  
Geology  
German  
History  
Human Development  
Hydrology  
International Agricultural Development  
International Relations  
Italian

Japanese  
Landscape Architecture  
Linguistics  
Managerial Economics  
Materials Science & Engineering  
Mathematics  
Mechanical Engineering  
Medieval Studies  
Microbiology  
Music  
Native American Studies  
Natural Sciences  
Nature & Culture  
Neurobiology, Physiology & Behavior  
Nutrition Science  
Optical Science & Engineering  
Philosophy  
Physics  
Plant Biology  
Political Science  
Psychology  
Religious Studies  
Russian  
Sociology  
Soil & Water Science  
Spanish  
Statistics  
Textiles & Clothing  
Viticulture & Enology  
Wildlife, Fish & Conservation Biology  
Women and Gender Studies



# SERVING THE UC DAVIS STUDENT-ATHLETE



## STUDENT-ATHLETE GUIDANCE SERVICES

204 Hickey Gym • (530) 752-3259

UC Davis ranks among the leaders in NCAA Postgraduate Scholarship Awards and Academic All-District/America honorees. Student-Athlete Guidance Services deserves much of the credit for these accomplishments.

The SAGS office started in 1988 with a single staff member serving as a centralized resource for academic advising, eligibility information and campus referrals. The office has since expanded to include additional academic advisors, an athletic aid coordinator, an assistant eligibility coordinator and an administrative assistant. It is headed by Pam Gill-Fisher, senior associate director of athletics.

The SAGS office provides a range of services to student-athletes on all 26 intercollegiate athletics teams, including assistance with course and major selection as well as interpretation and clarification of eligibility rules and issues.

UC Davis student-athletes typically have a minimum of three academic advisors: an athletic academic advisor assigned by sport, a college advisor, and a major advisor (if the student has a

declared major). Although appointments with the athletic academic advisors are not mandatory at UC Davis, student-athletes might choose to see their athletic academic advisor for issues including:

- **Balancing academic and athletic expectations**
- **General education (GE) requirements**
- **Dropping/adding courses**
- **Time management/study skills**
- **Assistance completing the mandatory Academic Plan Form**
- **Study hall for student-athletes**
- **Personal issues that affect academic performance**
- **Choosing a major/career**
- **Declaring or changing a major**
- **Campus resources**
- **Exploration of opportunities beyond athletics**
- **Preparation for graduate programs**
- **Preparation and application for NCAA Postgraduate Scholarships and other national awards**



*Michelle Roppeau  
Director of Athletic  
Academic Advising*

## ATHLETIC TRAINING/ SPORTS MEDICINE

Dick Lewis Training Room (115 Hickey Gym) • (530) 752-0647  
The Pavilion Training Room • (530) 752-7515

Known collectively as “The Healer of Champions”, the UC Davis athletic training staff comprises four full-time certified athletic trainers, a full-time physical therapist/certified athletic trainer and approximately 24 student athletic trainers. Together, they are responsible for providing medical care to the 800-plus student-athletes that compose UC Davis’ 26 varsity teams.

The student athletic trainers serve two to three years with the program, logging in more than 1,500 hours and gaining valuable clinical education in a hands-on environment. The internship is ideal for any student interested in a graduate program in athletic training,

as well as any medical or allied medical profession.

The ARC Pavilion training room contains extensive resources and equipment for the rehabilitation of injured athletes. The staff physical therapist is headquartered there as well.



*Jeff Hogan  
Head Athletic Trainer*

## OTHER RESOURCES

Cowell Student Health Center .....	752-2300
Peer Counselors In Athletics (PCA) .....	754-7103
Internship & Career Center .....	752-2855
Learning Skills Center.....	752-2013
Student Employment Center .....	752-0520
Counseling Center.....	752-0871
The House (Peer Counseling) .....	752-2790
Cross Cultural Center .....	752-4287
Education Abroad Center .....	752-3014
Student Disability Center.....	752-3184
International House .....	753-5007
Lesbian, Gay, Bisexual & Transgender Resource Center .....	752-2452
Women’s Resource & Research Center.....	752-3372

## FINANCIAL SUPPORT

Undergraduate Scholarship Office .....	752-2804
Financial Aid Office .....	752-2390
Dean Witter Fund Residential Services.....	752-2033

# HOME OF THE AGGIES

The palatial Activities & Recreation Center (ARC) opened its doors during the spring of 2004, offering a wide array of fitness areas, including full-size basketball courts, a multi-use activity center for indoor soccer or hockey, a running/jogging track, weight rooms, aerobics facilities, squash and racquetball courts and a rock-climbing wall. Additional amenities include a wellness center, student lounges and opportunities for conferences and special events.



ACTIVITIES & RECREATION CENTER

The ARC adjoins the Pavilion (left), formerly known as Recreation Hall, the home venue for UC Davis basketball, volleyball, wrestling and gymnastics, as well as concerts and special events. With a seating capacity of nearly 8,000, the Pavilion ranks as one of the largest on-campus arenas in Northern California.



THE PAVILION

Recognized in 1999 as "Softball Field of the Year" by the Sports Turf Managers Association, La Rue Field hosted five NCAA West Region Softball Championships in the past decade. Recent additions include batting cages, covered dugouts and improved press areas.



LA RUE FIELD

In January of 2004, the Ted & Rand Schaal Aquatics Center hosted its first event. The complex features an Olympic-sized pool, locker rooms, team rooms, office space and permanent seating for approximately 500 spectators. The aquatics center will allow UC Davis to host championship events, such as this year's Western Water Polo Association championships.

SCHAAL AQUATICS CENTER



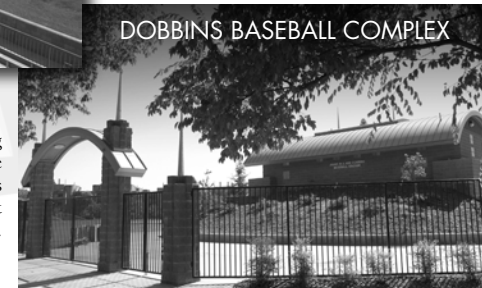
AGGIE FIELD



Both Aggie Field (left), the home of soccer and lacrosse, and the James M. & Ann Dobbins Baseball Complex (below) were the result of volunteer efforts dating back to the mid-1980s.

Dobbins boasts one of the finest playing fields in Northern California. In 2002, the stadium was enhanced to include a press box, a renovated entrance and permanent concession/restroom facilities.

DOBBINS BASEBALL COMPLEX

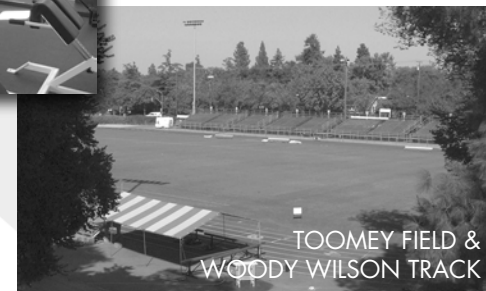


TOOMEY WEIGHT ROOM



UC Davis student-athletes welcomed the expanded weight room, located inside Toomey Field. In addition to nearly tripling in size the previous facility, the upgrade also included all new equipment, restrooms and office space.

Built in the 1950s, Toomey Field has hosted numerous championship events for football, track & field and lacrosse. During the 2000 Olympic Trials, standouts Marion Jones and Michael Johnson used the Woody Wilson Track as a practice facility.



TOOMEY FIELD & WOODY WILSON TRACK

## FUTURE GAMES

In the upcoming years, UC Davis Athletics will see the opening of two first-class athletics facilities. The Marya Welch Tennis Center (left), an upgrade of the existing Hickey Tennis Courts, began construction in 2004. Long-term plans for the tennis venue include grandstand seating with restroom/concessions.

Aggie football and women's lacrosse will move to a multi-purpose stadium, located adjacent to the Schaal Aquatics Center, as early as the 2006-07 academic year. Initial concept designs call for seating of 10 to 15 thousand spectators, which an eventual build-out to as many as 30,000.



*Note: each drawing represents a concept for full build-out. Designs are subject to change.*





# TRANSITION TO DIVISION I

On March 11, 2003, UC Davis made a historic move in its storied intercollegiate athletics history when Chancellor Larry Vanderhoef announced that the university would reclassify from NCAA Division II to NCAA Division I status and join the Big West Conference. The announcement came after much discussion by campus administrators, faculty, staff and students, as well as alumni and the local community.

Additionally, UC Davis undergraduate students passed the Campus Expansion Initiative, which will help fund the Aggies' growing athletics grant-in-aid program.

UC Davis, which began its four-year transition to Division I last fall, will start some competition in the Big West in 2004-05 and is scheduled for full Division I membership in 2007-08.

UC Davis will compete in the Big West Conference in baseball, men's and women's basketball, men's and women's cross country, men's and women's golf, men's and women's soccer, softball, men's and women's swimming & diving, men's and women's tennis, men's and women's track & field and women's volleyball. Football is a charter member of the Great West Football Conference, women's rowing is a member of the Western Independent Rowing Association, men's and women's water polo will remain in the Western Water Polo Association and women's lacrosse will continue play in the Mountain Pacific Sports Federation.

Women's gymnastics and men's wrestling – already classified as Division I programs – will continue their participation in the MPSF and Pacific-10 Conference, respectively.

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## Good News

The light at the end of the tunnel brightened when the NCAA Division I Board of Directors approved legislation which will make Aggies eligible to win automatic berths to NCAA Championships beginning their first active year of Division I membership in 2007-08. The Big West Conference-sponsored NCAA 2003-13 passed in August of 2004.

Under previous legislation, the Aggies would have been ineligible to win any automatic berth awarded to the Big West Conference until 2009-10. For men's basketball, the wait was eight years, meaning the Aggies would not be able to win an automatic berth until 2015-16.

### 2003-04

#### Provisional First Year

- Compliance with all minimum contests and participation requirements for sports sponsorship set forth in Bylaw 20.9.3.3 (contests and number of participants).
- Submit a formal application and fee.
- Submit a revised strategic plan based on the previously submitted plan.
- Apply Division I legislation to the greatest extent possible.
- Attendance at the NCAA Convention.
- Attendance at an orientation session.
- Submit an annual report and updated strategic plan.
- Considered Division II in scheduling against Division I opponents, Division I against Division II opponents.
- The Campus Expansion Initiative takes effect, contributing an estimated total of \$999,000 – toward athletics grants-in-aid.

### 2004-05

#### Provisional Second Year

- Full compliance with all Division I legislation and membership requirements, including scholarship minimums and Division I scheduling.
- Attendance at NCAA convention.
- Attendance at NCAA meeting at the convention to discuss issues impacting Division I.
- Submit an annual report and updated strategic plan by June 30 based on feedback received from the previous year.
- Considered Division I for scheduling against opponents.
- Total athletics grant-in-aid increases to approximately \$2.5 million.
- The portion of the CEI fees designated for athletics increases to generate an estimated total of \$2.03 million in grants-in-aid.

### 2005-06

#### Provisional Third Year

- Attendance at the NCAA Convention.
- Attendance at a meeting to be conducted at the NCAA convention to discuss issues impacting Division I members. Institutional representatives required to attend the meeting are the CEO, AD, SWA, FAR, and Compliance Coordinator.
- Completion of an NCAA athletics certification orientation visit.
- Completion of a compliance review conducted by the national office and submission of a report with an institutional response of findings.
- Submit an annual report and updated strategic plan by June 30 based on feedback received from the previous year's annual report.
- The portion of the CEI fees designated for athletics increases to contribute an estimated total of \$3.17 million for athletics grants-in-aid.

### 2006-07

#### Provisional Fourth Year

- Successfully complete an NCAA athletics certification self-study and evaluation visit.
- Attendance at the NCAA Convention.
- Attendance at a meeting conducted at the NCAA Convention to discuss issues impacting Division I members.
- Submit an annual report and updated strategic plan by June 30, 2007 based on feedback received from the previous years review.
- The CEI reaches its full implementation. The athletics-designated portion increases to generate an estimated total of \$4.26 million in grants-in-aid.

### 2007-08

#### First Year of Division I

- All teams become eligible for conference and NCAA championships.
- Teams become eligible to win Big West automatic berths to NCAA championships.