

2026 UAlbany Football
Overall Statistics (as of Sep 12, 2026)

Team Statistics	ALB	OPP
SCORING	80	48
Points Per Game	26.67	16.00
FIRST DOWNS	65	49
Rushing	27	15
Passing	25	27
Penalty	13	7
RUSHING YARDAGE	552	356
Yards gained	625	435
Yards lost	73	79
Attempts	118	96
Avg Per Attempt	4.7	3.7
Avg Per Game	184.0	118.7
TDs Rushing	5	1
PASSING YARDAGE	498	502
Att-Comp-Int	88-47-2	98-57-1
Avg Per Attempt	5.66	5.12
Avg Per Catch	10.60	8.81
Avg Per Game	166.00	167.33
TDs Passing	6	6
TOTAL OFFENSE	1050	858
Total Plays	206	194
Avg Per Play	5.1	4.4
Avg Per Game	350.0	286.0
KICK RETURNS: #-YARDS	3-66	6-89
PUNT RETURNS: #-YARDS	4-74	4-40
INT RETURNS: #-YARDS	1-24	2-0
KICK RETURN AVERAGE	22.00	14.83
PUNT RETURN AVERAGE	18.50	10.00
INT RETURN AVERAGE	24.00	0.00
FUMBLES-LOST	1-1	3-2
PENALTIES-YARDS	22-196	27-250
Avg Per Game	65.33	83.33
PUNTS-YARDS	15-663	19-889
Avg Per Punt	44.20	46.79
Net Punt Avg	38.87	38.68
KICKOFFS-YARDS	15-779	9-540
Avg Per Kick	51.93	60.00
Net Kick Avg	37.67	38.78
TIME OF POSSESSION	01:39:37	01:20:23
Per Game	33:12	26:48
3RD-DOWN CONVERSIONS	15-42	16-47
3rd-Down Pct	35.71 %	34.04 %
4TH-DOWN CONVERSIONS	3-5	3-6
4th-Down Pct	60.00 %	50.00 %
SACKS BY-YARDS	7-47	7-37
MISC YARDS	0	0
TOUCHDOWNS SCORED	11	7
FIELD GOALS-ATTEMPTS	1-2	0-1
ON-SIDE KICKS	0-0	0-1
RED-ZONE SCORES	10-12	6-9
RED-ZONE TOUCHDOWNS	10-12	6-9
PAT-ATTEMPTS	11-11	6-7
ATTENDANCE	6,601	9,951
Dates-Avg Per Date	1-6,601	2-4,976
Neutral Site #-Avg	-	0-0

Conf	Date	Opponent	WL	Score	Record	Time	Attend
*	08/28/2026	NEW HAMPSHIRE	W	28-14	1-0 , 1-0	03:01	6,601
	09/03/2026	at Buffalo	L	17-21	1-1 , 1-0	03:39	8,690
	09/12/2026	at LIU	W	35-13	2-1 , 1-0	02:42	1,261

* = Conference game

Score by Quarters	1st	2nd	3rd	4th	Total
UAlbany	28	17	35	0	80
Opponents	7	21	7	13	48

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#	Rushing	GP	ATT	GAIN	LOSS	NET	AVG	TD	LG	AVG/G
22	Koch, Joey	3	25	220	4	216	8.6	1	79	72.00
2	La Mons, Rahshan	3	41	166	15	151	3.7	1	19	50.33
12	Colón, Kai	3	24	104	35	69	2.9	0	22	23.00
5	Norman, BJ	3	5	71	3	68	13.6	0	54	22.67
9	Semo, Aidan	3	15	50	4	46	3.1	3	9	15.33
26	Davis, Bryce	3	2	6	0	6	3.0	0	3	2.00
11	Grownney, Daniel	3	1	6	0	6	6.0	0	6	2.00
7	Groves, Tavahri	3	1	2	0	2	2.0	0	2	0.67
	Team	3	4	0	12	-12	-3.0	0	0	-4.00
	Total	3	118	625	73	552	4.7	5	79	184.00
	Opponents	3	96	435	79	356	3.7	1	47	118.67

#	Passing	GP	Rating	COMP-ATT-INT	PCT	YDS	TD	LG	AVG/G
12	Colón, Kai	3	118.05	39-76-2	51.32 %	455	5	45	151.67
9	Semo, Aidan	3	124.27	8-12-0	66.67 %	43	1	12	14.33
	Total	3	118.90	47-88-2	53.41 %	498	6	45	166.00
	Opponents	3	119.36	57-98-1	58.16 %	502	6	45	167.33

#	Receiving	GP	NO	YDS	AVG	TD	LG	AVG/G
5	Norman, BJ	3	13	127	9.77	1	45	42.33
1	Rae, Jordan	3	7	105	15.00	1	33	35.00
7	Groves, Tavahri	3	6	70	11.67	1	20	23.33
2	La Mons, Rahshan	3	2	47	23.50	0	36	15.67
22	Koch, Joey	3	5	44	8.80	1	18	14.67
16	McAuliffe, Luke	3	5	41	8.20	0	13	13.67
87	Viviano, Mitchell	3	2	28	14.00	1	21	9.33
87	Viviano, Mitchell	3	2	28	14.00	1	21	9.33
6	Iuvara, Matthew	2	2	15	7.50	0	11	7.50
15	Murray Jr., Justus	2	1	14	14.00	1	14	7.00
11	Growney, Daniel	3	1	4	4.00	0	4	1.33
45	Wilms, Tyler	3	1	3	3.00	0	3	1.00
18	Petrillo, Nick	3	2	0	0.00	0	2	0.00
	Total	3	49	526	10.73	7	45	175.33
	Opponents	3	57	502	8.81	6	45	167.33

#	Punt Returns	NO	YRDS	AVG	TD	LG
2	La Mons, Rahshan	3	68	22.67	0	48
7	Groves, Tavahri	1	6	6.00	0	6
	Total	4	74	18.50	0	48
	Opponents	4	40	10.00	0	16

#	Interceptions	NO	YRDS	AVG	TD	LG
41	Dunathan, Dillon	1	24	24.00	0	24
	Total	1	24	24.00	0	24
	Opponents	2	0	0.00	0	0

#	Kick Returns	NO	YRDS	AVG	TD	LG
7	Groves, Tavahri	2	40	20.00	0	23
9	Buckley, Drew	1	26	26.00	0	26
	Total	3	66	22.00	0	26
	Opponents	6	89	14.83	0	39

#	Fumble Returns	NO	YRDS	AVG	TD	LG
No data to report.						

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#	Scoring	TD	FG	PAT					SAF	PTS
				KICK	RUSH	RCV	PASS	DXP		
9	Semo, Aidan	3	—	—	—	—	—	—	—	18
79	Kocan, RJ	—	1	11-11	—	—	—	—	—	14
22	Koch, Joey	2	—	—	—	—	—	—	—	12
7	Groves, Tavahri	1	—	—	—	—	—	—	—	6
2	La Mons, Rahshan	1	—	—	—	—	—	—	—	6
87	Viviano, Mitchell	1	—	—	—	—	—	—	—	6
15	Murray Jr., Justus	1	—	—	—	—	—	—	—	6
5	Norman, BJ	1	—	—	—	—	—	—	—	6
1	Rae, Jordan	1	—	—	—	—	—	—	—	6
87	Viviano, Mitchell	1	—	—	—	—	—	—	—	6
Total		12	1	11-11	—	—	—	—	—	86
Opponents		7	—	6-7	—	—	—	—	—	48

#	Field Goals	FGM-FGA	PCT	I20	20-29	30-39	40-49	50+	LG	BLK
79	Kocan, RJ	1-2	50.00 %	0-0	0-0	0-0	1-2	0-0	46	0
Total		1-2	50.00 %	0-0	0-0	0-0	1-2	0-0	46	0
Opponents		0-1	0.00 %	0-1	0-0	0-0	0-0	0-0	0	0

FG Sequence	UAlbany	Opponents
New Hampshire	-	-
Buffalo	(46)	-
LIU	46	40

Numbers in (parentheses) indicate field goal was made.

#	Total Offense	G	Plays	Rush	Pass	Total	AVG/G
12	Colón, Kai	3	100	69	455	524	174.67
22	Koch, Joey	3	25	216	0	216	72.00
2	La Mons, Rahshan	3	41	151	0	151	50.33
9	Semo, Aidan	3	27	46	43	89	29.67
5	Norman, BJ	3	5	68	0	68	22.67
26	Davis, Bryce	3	2	6	0	6	2.00
11	Growney, Daniel	3	1	6	0	6	2.00
7	Groves, Tavahri	3	1	2	0	2	0.67
Team		3	4	-12	0	-12	-4.00
Total		3	206	552	498	1050	350.00
Opponents		3	194	356	502	858	286.00

#	Punting	NO	YDS	AVG	LG	TB	FC	I20	50+	BLK
38	Myers, Gavin	14	620	44.29	57	2	5	3	3	0
12	Colón, Kai	1	43	43.00	43	0	0	1	0	0
Total		15	663	44.20	57	2	5	4	3	0
Opponents		19	889	46.79	73	4	6	8	5	0

#	Kickoffs	NO	YDS	AVG	TB	OB
47	Heitmeyer, Brayden	15	779	51.9	5	1
Total		15	779	51.9	5	1
Opponents		9	540	60.0	5	0

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#	All Purpose	G	RUSH	RCV	PR	KR	IR	Total	AVG/G
2	La Mons, Rahshan	3	151	47	68	0	0	266	88.67
22	Koch, Joey	3	216	44	0	0	0	260	86.67
5	Norman, BJ	3	68	127	0	0	0	195	65.00
7	Groves, Tavahri	3	2	70	6	40	0	118	39.33
1	Rae, Jordan	3	0	105	0	0	0	105	35.00
12	Colón, Kai	3	69	0	0	0	0	69	23.00
87	Viviano, Mitchell	3	0	56	0	0	0	56	18.67
9	Semo, Aidan	3	46	0	0	0	0	46	15.33
16	McAuliffe, Luke	3	0	41	0	0	0	41	13.67
9	Buckley, Drew	3	0	0	0	26	0	26	8.67
41	Dunathan, Dillon	3	0	0	0	0	24	24	8.00
6	Iuvara, Matthew	2	0	15	0	0	0	15	7.50
15	Murray Jr., Justus	2	0	14	0	0	0	14	7.00
11	Growney, Daniel	3	6	4	0	0	0	10	3.33
26	Davis, Bryce	3	6	0	0	0	0	6	2.00
45	Wilms, Tyler	3	0	3	0	0	0	3	1.00
	Team	3	-12	0	0	0	0	-12	-4.00
	Total	3	552	526	74	66	24	1242	414.00
	Opponents	3	356	502	40	89	0	987	329.00

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#	Defensive Leaders	GP	Tackles				Sacks NO-YDS	Pass Defense			Fumbles		Blocked	
			Solo	ASST	TOT	TFL-YDS		INT-YDS	BU	QBH	RCV-YDS	FF	KICK	SAF
12	Holt, Victor	3	13	9	22.0	0.5-4	0.5-4	—	2	—	—	—	—	—
1	Pruitt, Jeremiah	3	10	9	19.0	1.0-1	—	—	1	—	—	—	—	—
41	Dunathan, Dillon	3	8	8	16.0	2.5-14	1.5-11	1-24	—	—	—	—	—	—
7	Johnson Jr., Dana	3	7	7	14.0	1.0-8	1.0-8	—	—	—	—	1	—	—
0	Young, Jamari	3	8	5	13.0	0.5-0	—	—	—	—	—	—	—	—
55	Boyd, Isaiah	3	7	5	12.0	2.5-5	1.0-3	—	—	1	—	—	—	—
9	Buckley, Drew	3	5	6	11.0	1.0-2	—	—	1	—	—	—	—	—
11	Lewis, Shawan	3	7	3	10.0	4.0-24	3.0-21	—	—	1	—	—	—	—
4	Jones, Donny	3	7	2	9.0	—	—	—	1	—	—	—	—	—
10	Benenge, Rich	3	6	1	7.0	—	—	—	—	—	1-0	—	—	—
17	Boyer, Sam	3	5	1	6.0	1.0-13	—	—	—	—	—	1	—	—
25	Smith-Johnson, Zade	2	5	1	6.0	—	—	—	2	—	—	1	—	—
5	Wright, Kion	3	3	3	6.0	—	—	—	—	—	—	—	—	—
20	Powell, Keon	2	4	1	5.0	—	—	—	—	—	—	—	—	—
95	Royal, Dorian	3	1	3	4.0	—	—	—	—	—	1-0	—	—	—
30	Sabongui, Bodhi	2	2	2	4.0	1.0-5	—	—	—	—	—	—	—	—
29	Lavalais Jr., Romero	3	1	2	3.0	—	—	—	3	—	—	—	—	—
97	Santiago, Christian	2	1	2	3.0	—	—	—	—	1	—	—	—	—
14	Williams, Jaydon	2	2	1	3.0	—	—	—	1	—	—	—	—	—
6	Djimbou, Sidoine	3	—	2	2.0	—	—	—	—	—	—	—	—	—
49	Jones, Dominic	3	2	—	2.0	1.0-3	—	—	—	—	—	—	—	—
13	Roland, Sekou	2	—	2	2.0	—	—	—	—	—	—	—	—	—
54	Scheffers, Joey	2	1	1	2.0	—	—	—	—	—	—	—	—	—
32	Brannon, Quincy	2	1	—	1.0	—	—	—	1	—	—	—	—	—
7	Groves, Tavahri	3	1	—	1.0	—	—	—	—	—	—	—	—	—
22	Koch, Joey	3	1	—	1.0	—	—	—	—	—	—	—	—	—
99	McCollough, RJ	1	—	1	1.0	—	—	—	—	—	—	—	—	—
96	Sisson, Cole	2	—	1	1.0	—	—	—	—	—	—	—	—	—
79	Kocan, RJ	3	—	—	—	—	—	—	—	—	—	—	—	—
2	La Mons, Rahshan	3	—	—	—	—	—	—	—	—	—	—	—	—
87	Viviano, Mitchell	3	—	—	—	—	—	—	—	—	—	—	—	—
15	Murray Jr., Justus	2	—	—	—	—	—	—	—	—	—	—	—	—
5	Norman, BJ	3	—	—	—	—	—	—	—	—	—	—	—	—
1	Rae, Jordan	3	—	—	—	—	—	—	—	—	—	—	—	—
9	Semo, Aidan	3	—	—	—	—	—	—	—	—	—	—	—	—
87	Viviano, Mitchell	3	—	—	—	—	—	—	—	—	—	—	—	—
Total		3	108	78	186.0	16.0-79	7.0-47	1-24	12	3	2-0	3	—	—
Opponents		3	113	66	179.0	17.0-64	7.0-37	2-0	11	9	1-0	—	—	—