

Fastrack National Invite 2/10/17

Order of Events fast to slow in each spot, women than men

1:00pm	3000	Unseeded sections
1:35pm	400m	Unseeded sections
2:00pm	Mile	Women
2:17pm	Mile	Men
2:30pm	800	Unseeded heats per gender
3:00pm	200	Unseeded heats per gender
3:45pm	60h	trials 7/women 3/men
4:05pm	5000	women 1 heat
4:25pm	60h	Final
4:30pm	60m	trials 7/women 5/men
5:00pm	600m	1 heat of Women/ Men
5:10pm	5000	Men 1 heat
5:30pm	60m	Final
5:40pm	Mile Invite	Seeded top 3 sections per gender
6:20pm	400m Invite	Seeded top 6 sections per gender
6:55pm	800m Invite	Seeded top 4 sections per gender
7:20pm	200m Invite	Seeded top 5 heats per gender
7:40pm	3000 Invite	2 men/ 2 women per gender
8:25pm	DMR	1 heat
8:50pm	4x 400	

1:00pm	Men College LJ 2 flights top 8 to Final
1:00pm	Women College LJ 2 flights top 8 to Final

1:15pm	Men's Shot Put 2 Flights top 8 to Final
	Women's Shot Put 2 flights top 8 to Final
	Men's Weight 2 flights, top 8 to final
	Women's Weight 2 flights, top 8 to final

1:00pm	Women's College PV Opening Height 3.10
to follow	Men's College PV Opening Height 4.10m (apprx 3pm)
to follow	Women's Invite PV Opening Height 3.45m (apprx 5pm)
to follow	Men's Invite PV Opening Height 4.65 (apprx 7pm)

1:00pm	Women's HJ Opening Height 1.45m
5:45pm	Men's HJ Opening Height 1.84m

3:30pm	Men's Invite LJ top 8 to final Men's TJ to follow
3:30pm	Women's Invite LJ top 8 to final Women's TJ to follow

Notes:

- Everyone must make an initial check in no later than 45 minutes prior to the scheduled time of their event. CIRCLE the number next to your name.
- All warmups will be downstairs or outside, no warming up on the infield. With Six events going on it will be crowded out there at some points.
- ALL Field Events will check in at the EVENT site
- Please REPORT All scratches as soon as you know them.