



FACILITY RECORDS

MEN'S

100m	Kareem Morris	UAlbany	10.66	2014
200m	Jon Alkins	Binghamton	21.65	2014
400m	Jonathan Santana	UAlbany	49.17	2014
800m	Andrew Pirnie	UAlbany	1:56.24	2014
1,500m	John DeLallo	UAlbany	3:53.9(h)	2014
5,000m	Aaron Szoka	Vermont	14:37.03	2014
110m Hurdles	Matthew Catera	UAlbany	14.66	2014
400m Hurdles	Jeremiah Obeng-Agyapong	UAlbany	53.43	2014
3,000m Steeple	James Sommer	UAlbany	9:22.60	2014
4x100m Relay		UAlbany	41.4(h)	2014
4x400m Relay		UAlbany	3:20.98	2014
High Jump	Alexander Bowen Jr.	UAlbany	7-00.50	2014
Pole Vault	Nathan Hiatt	UAlbany	16-06.75	2014
Long Jump	Alfonso Scannapieco	UAlbany	23-00.50	2014
Triple Jump	Harley Lacroix	Connecticut	46-03.50	2014
Shot Put	Brandon Bordeaux	Binghamton	51-07.25	2014
Discus	Eric Masington	Connecticut	171-06.00	2014
Hammer	Jacob Patel	Binghamton	187-03.00	2014
Javelin	Marc Pallozzi	Unattached	211-05.00	2014

WOMEN'S

100m	Keishorea Armstrong	Binghamton	11.79	2014
200m	Grace Claxton	Sagrado Corazon	24.29	2014
400m	Zola Golden	Gotham Spark AC	55.21	2014
800m	Kathryn Fanning	UAlbany	2:11.70	2014
1,500m	Alexis Hatcher	Binghamton	4:42.8(h)	2014
5,000m	Molly Pezzulo	UAlbany	17:42.53	2014
100m Hurdles	Natshalie Isaac	U.P.R.-R.P.	13.80	2014
400m Hurdles	Tynelle Taylor-Chase	UAlbany	1:01.49	2014
3,000m Steeple	Laura Cummings	Unattached	10:47.60	2014
4x100m Relay		UAlbany	47.18	2014
4x400m Relay		UAlbany	3:51.63	2014
High Jump	Tori Shaffer	Binghamton	5-07.00	2014
Pole Vault	Sarah Haley	Binghamton	11-01.75	2014
Long Jump	Aiyanna James	UAlbany	19-04.25	2014
Triple Jump	Solène Bastien	UAlbany	39-05.00	2014
Shot Put	Samantha Kosa	UAlbany	46-07.25	2014
Discus	Veleisha Walker	UAlbany	126-03.00	2014
Hammer	Lauren Lopano	UAlbany	149-05.00	2014
Javelin	Nika Ouellette	Vermont	152-04.00	2014



2014

PURPLE & GOLD LAST CHANCE MEET

Adelphi
UAlbany
Binghamton
Brockport
Central Park TC
Cobleskill
Cortland St.
Ct. Legends
Dickinson
Gotham Spark AC
High Speed Track
Hudson Training System
Iona
Mansfield
Marist
Nazareth
Plattsburgh State
RIT
RPI
RSVP
Shake N' Bake TC
St. Francis (N.Y.)

St. Lawrence
St. Thomas Aquinas
Terp Sprinters
UMass-Lowell
Utica
Vassar
Willow Street AC



Meet Director: Todd Wolin; Assistant Director of Track & Field/Cross Country
Assistant Meet Director: Matt Jones; Head XC Coach, Assistant T&F Coach



University at Albany
University Field
Saturday, May 10, 2014



SCHOOL RECORDS

Men's			
100m	Junior Burnett	10.60	2006
200m	Junior Burnett	21.24	2006
400m	Joe Greene	46.43	2009
800m	Gered Burns	1:48.20	2007
1,500m	Paul Lagno	3:44.66	2011
Mile	Paul Lagno	4:03.39	2011
3,000m	Robert Freeman	8:29.76	2007
5,000m	William Vanos	14:19.37	1994
10,000m	Andrew Allstadt	30:15.16	2005
110m Hurdles	Jeoffrey York	13.81	1995
400m Hurdles	Joe Greene	49.67	2009
3,000m Steeple	Ricardo Estremera	8:48.72	2009
4x100m Relay		40.53	2012
4x200m Relay		1:25.43	2009
4x400m Relay		3:06.89	2009
4x800m Relay		7:24.72	2009
4x1,500m Relay		15:27.39	2010
4xMile Relay		16:54.02	2010
SMR		3:17.09	2007
DMR		9:43.15	2010
SHR		57.83	2008
High Jump	Alexander Bowen Jr.	7-03.25	2013
Pole Vault	Luke Schoen, Alfonso Scannapieco	17-06.50	'09, '13
Long Jump	Valeta Graham	24-09.25	2009
Triple Jump	Nasim Siddeeq	52-01.25	2011
Shot Put	Rudolf Vido	54-04.25	1973
Discus	Brandon Howlett	184-00.00	2006
Hammer	Wilfredo deJesus Elias	211-03.00	2010
Javelin	Marc Pallozzi	229-10.00	2007
Decathlon	Matthew Catera	6,637	2011

Women's			
100m	Teresa Covert	11.78	2003
200m	Ellakisha Williamson	23.85	1997
400m	Allison Rogers	53.92	2013
800m	Jessica Ortman	2:06.63	2007
1,500m	Kathryn Fanning	4:22.81	2014
3,000m	Tonya Dodge	9:39.34	1997
5,000m	Brittney Lane	16:21.12	2013
10,000m	Silvia Del Fava	34:13.82	2014
100m Hurdles	Teresa Covert	13.44	2003
400m Hurdles	Kamilah McShine	58.89	2009
3,000m Steeple	Laura Cummings	10:29.27	2010
4x100m Relay		46.27	2011
4x200m Relay		1:38.88	2013
4x400m Relay		3:38.62	2012
4x800m Relay		8:48.83	2013
SMR		3:55.87	2007
DMR		11:34.21	2006
SHR		57.53	2011
High Jump	Brenna Militello	5-07.75	2007
Pole Vault	Celine Cauderlier	12-01.50	2010
Long Jump	Patricia McNish	20-04.50	2012
Triple Jump	Jennifer Gurrant	43-00.25	2009
Shot Put	Samantha Kosa	46-07.25	2014
Discus	Ritshell Verdier	159-09.00	2009
Hammer	Kadine Johnson	188-09.00	2011
Javelin	Veleisha Walker	141-01.00	2014
Heptathlon	Janna Johnston	5,008	1999



MEET SCHEDULE

TRACK EVENTS - 4:15 PM Start

3:45	Senior Recognition
4:05	National Anthem
4:15	4x100m Relay
4:30	1,500m
5:00	100m Hurdles - semi (women only)
5:15	100m - semi
5:40	400m
6:05	100m - final
6:20	100m/110m hurdles - final
6:50	800m
7:20	400m Hurdles
7:35	200m
8:05	3,000m Steeplechase
8:40	4x400m Relay
8:45	4x800m Relay (men only)
9:00	5,000m

*We will run no more than 15 minutes ahead of schedule

FIELD EVENTS - 11:00 AM Start

Events contested in Hammer/Discus Cage

2:00	Men's Hammer
	Women's Hammer to follow Men's Hammer
	Women's Discus to follow Women's Hammer
	Men's Discus to follow Women's Discus

Events contested on the infield

2:00	Women's Javelin (High Jump Apron)
	Men's Javelin (High Jump Apron) to follow Women's Javelin
	Men's Shot Put (Back Straight Shot Circle) to follow Men's Javelin
	Women's Shot Put (Back Straight Shot Circle) to follow Men's Shot Put
2:00	Women's Pole Vault
	Men's Pole Vault to follow Women's Pole Vault
3:00	Women's Long Jump (Track side pit)
	Men's Long Jump (Infield pit)
	Women's Triple Jump (Track side pit) to follow Women's Long Jump
	Men's Triple Jump (Infield pit) to follow Men's Long Jump
4:00	Women's High Jump to follow Men's Javelin
	Men's High Jump to follow Women's High Jump

High Jump Height Progression

Women – 1.50, 1.54, 1.58, 1.62, 1.66, 1.70, 1.73, 1.76, 1.79, 1.82, 1.88, 1.91, etc.

Men – 1.85, 1.89, 1.93, 1.97, 2.01, 2.04, 2.07, 2.10, 2.13, 2.16, 2.19, 2.22, 2.25 etc.

Pole Vault Height Progression

Women – 2.95, 3.10, 3.25, 3.40, 3.50, 3.60, 3.70, 3.75, 3.80, 3.85, 3.90, 3.95, 4.00, etc.

Men – 4.05, 4.20, 4.35, 4.50, 4.60, 4.70, 4.80, 4.85, 4.90, 4.95, 5.00, 5.05, 5.10, etc.

*This is a non-scoring meet

