



# Upstate Track & Field Classic

April 12, 2014

Hosted by RPI

**Entries:** Entries will be on DirectAthletics. Entries will be due by 11:59 pm Wednesday April 9, 2014.

**Timing:** Will be done by Leone Timing, results may be live and located at [www.leonetiming.com](http://www.leonetiming.com)

**Entry Fee:** \$200.00 per gender per team. Please make checks payable to RPI

## Field Events– Top 9 to finals:

11:00 AM– LJ Men, followed by Women (followed by Triple Jump Men then Women)

11:00 AM– Pole Vault Women, followed by Men

11:00 AM– Hammer Women, followed by Men (followed by Discus Women, followed by Men))

11:00 AM– Shot Put Men, followed by Women (followed by Javelin Men, followed by Women )

11:00 AM– High Jump Women, followed by Men

## **Running Events:** (Estimated time schedule, we will run ahead if possible)

<b>11:00</b>	3000m (W)	<b>2:15</b>	400 Hurdles (W)
<b>11:15</b>	3000m (M)	<b>2:25</b>	400 Hurdles (M)
<b>11:30</b>	3000m Steeple Chase (W)	<b>2:35</b>	200m (W)
<b>11:45</b>	3000m Steeple Chase (M)	<b>2:45</b>	200m (M)
<b>12:00</b>	4x100m Relay (W)	<b>2:55</b>	5000m (W)
<b>12:05</b>	4x100m Relay (M)	<b>3:15</b>	5000m (M)
<b>12:10</b>	110m Hurdle Trial	<b>3:35</b>	4x400m Relay
<b>12:20</b>	100m Hurdle Trial	<b>3:45</b>	4x400m Relay
<b>12:30</b>	100 Dash Trial (M)		
<b>12:40</b>	100 Dash Trial (W)		
<b>12:50</b>	1500m (W)		
<b>1:00</b>	1500m (M)		
<b>1:10</b>	100m Hurdles Final		
<b>1:15</b>	110m Hurdles Final		
<b>1:20</b>	400m (W)		
<b>1:30</b>	400m (M)		
<b>1:40</b>	100m Final (W)		
<b>1:45</b>	100m Final (M)		
<b>1:50</b>	800m (W)		
<b>2:00</b>	800m (M)		

