



Tulsa Duels Meet Information



- Special Note:** The Hammer Throw will be contested at Oklahoma State University on March 18th.
- Participation:** Invitation Only
- Dates:** March 18th, 19th
- Where:** Hurricane Track/Soccer Stadium located on the northwest corner of Delaware Ave and 6th Street. See attached map for bus parking and athlete drop off locations, or find the map here: <https://utulsa.edu/wp-content/uploads/2015/03/2015-Campus-Map-Bike.pdf>
- Cost:** \$350.00 for each gender. \$25.00 per unattached athlete
- Scoring:** NCAA Division I scored Track & Field meet.
- Meet Entries:** Entries are due no later than Wednesday, March 17th at 7:00 pm: at www.trxctiming.com
No entries will be taken after the deadline, scratches only on the day of the meet. **TFFRS ID** numbers are required on the web site. <http://www.trxctiming.com/TFFRS/Instructions.pdf>
- This is an open competition. There is no limit to the number of entries per event.
- Unattached Athletes**
- 1. School Teams** - Unattached athletes can be added to your roster using "UN" for the year in school designation. Payment for these athletes can be made at packet pickup.
 - 2. Post Collegiate or Non Team Athletes** - will need to register using the **link** specific to the meet for unattached athletes. **Payment must be made online.**
- All entries once made are final – please be careful when making entries.**
- Scratch/Change:** Coaches can manage their roster until 7:00 pm on Thursday, March 18th
- Weights-Ins:** Javelin weigh-in opens at 5:30 p.m. on Friday, March 18th.
Implement weigh-in is from 7:00-10:00 a.m. on Saturday, March 19th.
Impounded implements can be picked up at the conclusion of the meet.
- Warm up Area:** Warm ups will be allowed on the infield only after completion of the Discus events on Saturday. Until that time, the Intramural Field to the east of the track (area 81 on the map) can be used.
- Parking/
Athlete drop off:** Enter the apartment complex (building 67) from the North gate off of Delaware Ave. The buses can pull through the apartment complex, park, and drop off the athletes at the main north entrance to the stadium. After the athletes are dropped off the buses may park on 6th Street (facing West) next to the curb. They may also park on the East side of Columbia, North of 6th street. No parking is allowed south of 6th Street. After the meet please exit through the south gate of the Track Complex where your buses will be waiting.
- Additional Meet Info:** Clif Mitchell – clif-mitchell@utulsa.edu or 405-473-5540
Taylor Gulley – taylor-gulley@utulsa.edu or 918-804-5794
- Entry Questions:** Rich Schilling – TRXC Timing – rich@trxctiming.com or 314-522-6176

Tulsa Duels

Schedule of events

(Times below are an approximation and will be updated and sent out to coaches once entries are received.)

Friday, March 18th

Field Events

1:00pm

Follows Women's Hammer

Women's Hammer (**at OSU**)

Men's Hammer (**at OSU**)

6:30pm

Follows Women's Pole Vault

Women's Pole Vault

Men's Pole Vault

7:00pm

Follows Women's Javelin

Women's Javelin

Men's Javelin

Saturday, March 19th

Field Events:

10:00 a.m.

To Follow Women's Long Jump

Follows Men's Long Jump

Follows Women's Triple Jump

Women's Long Jump

Men's Long Jump

Women's triple Jump

Men's Triple Jump

9:30 a.m.

Follows Women's Discus

Follows Men's Discus

Follows Women's Shot

Women's Discus

Men's Discus

Women's Shot Put

Men's Shot put

11:00 a.m.

Follows Women's High Jump

Women's High Jump

Men's High Jump

Running Events:

1:00 p.m. Women's 2000m Steeplechase

1:10 p.m. Men's 2000m Steeplechase

1:21 p.m. Women's 4x100 Relay

1:28 p.m. Men's 4x100 Relay

1:35 p.m. Women's 1500m

1:50 p.m. Men's 1500m

2:05 p.m. Women's 100m Hurdles

2:20 p.m. Men's 110m Hurdles

2:30 p.m. Women's 400m

2:45 p.m. Men's 400m

3:00 p.m. Women's 100m

3:15 p.m. Men's 100m

3:30 p.m. Women's 800m

3:45 p.m. Men's 800m

4:00 p.m. Women's 400m Hurdles

4:10 p.m. Men's 400m Hurdles

4:20 p.m. Women's 200m

4:35 p.m. Men's 200m

4:50 p.m. Women's 3000m

5:05 p.m. Men's 3000m

5:20 p.m. Women's 4x400 Relay

5:35 p.m. Men's 4x400 Relay