



2021-22 St. Thomas Women's Basketball Schedule

Overall: 0-0-0 **Summit League:** 0-0-0
Home: 0-0-0 **Away:** 0-0-0 **Neutral:** 0-0-0

Date	Opponent	Time/Result
Nov. 10	at Wisconsin	6:30 p.m.
Nov. 13	vs Illinois State	1 p.m.
Nov. 18	at South Carolina State	5 p.m.
Nov. 20	at Presbyterian	Noon
Nov. 26	at Cal Poly	2 p.m.
Nov. 27	<i>North Texas</i>	
Dec. 1	vs Northern Iowa	7 p.m.
Dec. 4	at Chicago State	11 a.m.
Dec. 11	vs Idaho State	1 p.m.
Dec. 15	vs Northland	7 p.m.
Dec. 20	vs Omaha	7 p.m.
Dec. 22	vs Denver	7 p.m.
Dec. 29	vs Upper Iowa	1 p.m.
Jan. 1	at Western Illinois	2 p.m.
Jan. 6	at Oral Roberts*	7 p.m.
Jan. 8	at Kansas City*	2 p.m.
Jan. 13	vs North Dakota State*	7 p.m.
Jan. 15	vs North Dakota*	1 p.m.
Jan. 20	at South Dakota State *	7 p.m.
Jan. 22	at South Dakota*	1 p.m.
Jan. 29	vs Western Illinois*	1 p.m.
Feb. 3	vs Kansas City*	7 p.m.
Feb. 5	vs Oral Roberts*	1 p.m.
Feb. 10	at North Dakota*	7 p.m.
Feb. 12	at North Dakota State*	1 p.m.
Feb. 17	vs South Dakota*	7 p.m.
Feb. 19	vs South Dakota State *	1 p.m.
Feb. 24	at Denver*	8 p.m.
Feb. 26	at Omaha*	1 p.m.

All home games in **BOLD**
Neutral site games in *Italics*
* Denotes Summit League games
All times listed are Central Standard Time



ST. THOMAS ATHLETICS

For Immediate Release
Subject: Women's Basketball

Nov. 9, 2021

St. Thomas Women start Division 1 era with stiff road test against Wisconsin Badgers

Toms are home Saturday to face Illinois State; have six November games

Headin' East

St. Thomas Women's Basketball starts its Division I era on Wednesday night in Madison, Wis., with a 6:30 p.m. clash against the Power 5 Wisconsin Badgers.

It's the Badgers' first game under new head coach Marisa Moseley.

Wednesday marks the start of St. Thomas' 45th season of women's basketball. St. Thomas played its 1,200th women's game late last season and recorded 929 wins in its Division III and NAIA eras.

St. Thomas' first D-I home game will come this Saturday Nov. 13 against Illinois State, with a 1 p.m. tipoff in Schoenecker Arena. A free video stream can be accessed here: www.tommiesports.com/watch

Badgers Talk

Seven of Wisconsin's 14 players are in their third, fourth or fifth season of college hoops. The Badgers went 5-19 last season after winning 15 and 12 games in their previous two seasons.

Seven players returned, led by top scorer Sydney Hilliard (15.5 ppg), a junior guard who made honorable mention All-Big Ten.

Moseley was head coach at Boston University the previous three seasons. Grad transfer Katie Nelson, a 5-8 guard, moved to Madison and the Big Ten for her final season of eligibility to play for her old BU coach.

Wisconsin posted an 81-47 home exhibition win over UW-Oshkosh on Oct. 31.

Illinois State Talk

The Redbirds won 12 of their last 16 games last season to close the season at 16-9. Seven of Illinois State's 14 players are in their third, fourth or fifth season of college hoops.

They return eight players, including their top two scorers in Juliunn Redmond (13.9 ppg, 6.1 rpg) and Mary Crompton (64 3-pointers). They also have grad transfer guard Jada Stinson, who started 46 games and played in 79 over three seasons at Memphis and Arkansas State.

The Coach

Ruth Sinn starts her 17th season at St. Thomas in 2021-22 with an overall record of 356-88.

ST. THOMAS WOMEN'S BASKETBALL NOTES

That includes a per-season average slate of 27-4 over the last nine full seasons in Division III.

Sinn returns three starters from a 6-1 team. St. Thomas finished 21-6 in 2019-20, just after a senior-led Tommie team in 2018-19 reached the D-III Final Four with a 30-2 finish.

Schedule Talk

St. Thomas plays its first D-I home game next Saturday Nov. 13 against Illinois State (1 p.m.).

The Toms have six November contests, including four on the road and one on a neutral court.

They are scheduled to play six of seven December games at home. They open Summit League play at home on Dec. 20 and 22 against Omaha and Denver.

Did You Know?

St. Thomas is scheduled to play games in 10 different states and all four time zones this season with trips to Wisconsin, Illinois, California, South Carolina, Oklahoma, Missouri, Nebraska, Colorado, South Dakota and North Dakota.

Tommie Opponents' Last Season W-L

St. Thomas will play 18 games against its nine Summit League foes and nine other non-conference games against D-I opponents. Here's what those 18 teams did last season for won-loss records:

Wisconsin	(5-19)
Illinois State	(16-9)
South Carolina State	(1-9)
Presbyterian	(11-10)
Cal Poly	(13-11)
North Texas	(13-7)
Northern Iowa	(17-13)
Chicago State	(0-14)
Idaho State	(22-4)
Omaha	(7-13)
Denver	(7-16)
Western Illinois	(8-16)
Oral Roberts	(6-15)
Kansas City	(10-12)
North Dakota State	(15-9)
North Dakota	(2-19)
South Dakota State	(21-4)
South Dakota	(19-6)

Tommie Quick Facts

The Tommies return three starters from a 6-1 team of last season in a schedule reduced by Covid challenges and limits.

The Purple went 21-6 in 2019-20 and 30-2 in 2018-19.

Their current 17-player roster includes seven returners (letter winners) and 10 newcomers (one grad student among three transfers)

2021-22 St. Thomas Women's Basketball Quick Facts

Location St. Paul, Minn.
Founded 1885
Enrollment 6,200 undergraduates (9,800 total enrollment)
Nickname Tommies
Colors Purple & Grey
Affiliation NCAA Division I (1st year)
Conference Summit League (1st year)
President Dr. Julie H. Sullivan
Director of Athletics Dr. Phil Esten
Facility Schoenecker Arena

Head Coach Ruth Sinn (rasinn@stthomas.edu)
Year 17th
Record 356-88

Alma Mater St. Thomas
Director of Ops. Hallie King (hallie.king@stthomas.edu)
Year First
Alma Mater Tennessee

All-Time Record 929-272
2021-22 Overall Record 0-0-0
Returning Players Seven
Newcomers 10

Director of Athletic Communications Travis Langer
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Sports Information Director Gene McGivern
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McGivern's Cell Phone 651.245.3373

St. Thomas Athletics Web Site www.tommiesports.com
St. Thomas Athletics Twitter @TommieAthletics
St. Thomas W. Hoops Twitter @USTTommiesWBB



2021-22 Summit League WBB Coaches' Preseason Poll:

1. South Dakota
2. South Dakota State
3. North Dakota State
4. Kansas City
5. Denver
6. Oral Roberts
7. Western Illinois
8. Omaha
9. North Dakota
10. St. Thomas

Tommie Returning Starters

Grad student Kaia Porter: 5-11 G-F... in 71 games over parts of four seasons she has 716 points, 278 rebounds and 147 assists; started as a sophomore on Tommies' 30-2 Final Four team.... career highs include 23 points, 13 rebounds, 6 assists, and 5 steals

Senior Noelle Tomes: 5-8 G... Played in 24 games and scored 188 points thus far with Toms... spent five semesters playing at Division I Air Force, joined St. Thomas in late December 2019... Tommie career highs include 19 points, 6 rebounds, 5 assists, and 3 steals.

Sophomore Katelyn Stanley: 5-8 G... Started in all seven games as a freshman; scored 58 points, 21 assists, and secured 43 rebounds; shot 89% from the foul line and hit 10 3-pointers... career highs include 14 points, 11 rebounds, 7 assists, and 3 steals.

Other Returning Letter Winners:

Junior Jordyn Glynn: 5-9 G... played in 23 games and scored 33 points

Junior Abby Mackenthun: 5-11 F... played in 34 games and has recorded 156 points, 48 assists, 166 rebounds

Sophomore Kate Burns: 6-2 C... played in five of team's seven games, scored 30 points

Sophomore Brynn Schwanz: 6-0 F... missed 2020-21 season with an injury

Newcomers:

Grad Student Transfer Erin Norling: 5-11 F, Loretto, Minn., Delano HS, Wayne State University... played four years at D-II Wayne State; recorded 1,597 career points, scored in double figures in 84 career games, was four-time all-conference, and twice was voted onto the elite CoSIDA Academic All-America team... in 2020-21 was voted Northern Sun Conference South Division Player of the Year... led WSC in scoring (16.3) and rebounding (6.8), ranking fourth in the NSIC in scoring and eighth in rebounding.

Transfer Amanda Pollard: 5-9 G, Sr., Champlin, Minn., Wagner College... 37 games (two starts) at Wagner

Transfer Maggie Negaard: 5-10 G, Sr., Stevens Point, Wis., Drake University... played in 78 games at Drake

Freshman Jade Hill: 5-6 G, Minneapolis, Minn., South HS

Freshman Gabby Johnson: 5-8 G, Freedom, Wis.

Freshman Jordyn Lamker: 6-0 F, Maple Grove, Minn.

Freshman Phoebe Frentzel: 5-9 G, Hartland, Wis./Arrowhead HS

Freshman Sammy Opichka: 6-0 F, Green Bay, Wis./Notre Dame

Freshman Jo Langbehn: 6-2 C, Elk River, Minn.

Freshman Audrey Hatfield: 6-2 C, Hudson, Wis.

Family Ties

Freshman guard Jade Hill is the younger sister of WNBA player and former Ohio State standout Tayler Hill.

Freshman forward Jordyn Lamker is the daughter of Tommie All-America WBB player Amy Bot and daughter of Augsburg University head football coach Darrin Lamker.

Unprecedented Move

St. Thomas is the first NCAA institution to move all of its athletics teams directly from Division III to D-I in one season.

Tommie teams have begun competing in four conferences across all 21 sports:

- The Summit League (18 sports);
- the Pioneer Football League;
- the Western Collegiate Hockey Association (WCHA) for women's hockey;
- the Central Collegiate Hockey Association (CCHA) for men's hockey.

Division III Era and Tradition

- 1 NCAA championship (1991)
- 7 NCAA Final Fours (three in eight-year span from 2012-2019)
- 32 postseason appearances in last 33 full seasons
- 27 MIAC championships (18 regular-season)
- 30-win seasons four times in nine years (2012-2020)
- 26 NCAA playoff appearances (55 wins)
- 22 All-America honors since 1980
- 77-game conference win streak ended in Dec. 2019
- 5 CoSIDA Academic All-Americans
- 9 of the last 21 MIAC Player of the Year honors
- 5 of the 13 MIAC Coach of the Year honors
- Kaitlin Langer 2017 National Player of the Year

2021-22 St. Thomas Tommies Numerical Roster

No.	Name	Pos.	Cl.	Ht.	Hometown/High School
3	Amanda Pollard	G	SR	5-9	Champlin, Minn. / Champlin Park
4	Jade Hill	G	FR	5-6	Minneapolis, Minn. / Minneapolis South
5	Noelle Tomes	G	SR	5-8	Woodbury, Minn. / East Ridge
12	Jordyn Glynn	G	JR	5-9	Grand Meadow, Minn. / Grand Meadow
13	Gabby Johnson	G	FR	5-8	Freedom, Wis. / Freedom
14	Jordyn Lamker	F	FR	6-0	Maple Grove, Minn. / Maple Grove
15	Phoebe Frentzel	G	FR	5-9	Hartland, Wis. / Arrowhead
20	Sammy Opichka	F	FR	6-0	Green Bay, Wis. / Notre Dame Academy
22	Erin Norling	F	GR	5-11	Loretto, Minn. / Delano
23	Maggie Negaard	G	SR	5-10	Stevens Point, Wis. / Stevens Point
24	Abby Mackenthun	F	JR	5-11	Plato, Minn. / Norwood-Young America
25	Katelyn Stanley	G	SO	5-8	North Sioux City, SD / Heelan
32	Kaia Porter	F	GR	5-11	Roseville, Minn. / Roseville
33	Brynn Schwanz	F	SO	6-0	Apple Valley, Minn. / Eastview
34	Jo Langbehn	C	FR	6-2	Elk River, Minn. / Elk River
35	Kate Burns	C	SO	6-2	Woodbury, Minn. / East Ridge
50	Audrey Hatfield	C	FR	6-2	Hudson, Wis. / Hudson

Head Coach: Ruth Sinn, 17th season

Assistant Coaches: Brian Silk, Teonna Jewell, Richard Schiell

Director of Operations: Hallie King

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Pronunciations

#5 Noelle Tomes – TOE-mz

#14 Jordyn Lamker – LAMB-kurr

#20 Sammy Opichka – o-PITCH-kuh

#24 Abby Mackenthun – Mock-in-tune

#32 Kaia Porter – k-EYE-uh

#33 Brynn Schwanz – sh-WANN-z

#23 Maggie Negaard – KNEE-guard