



2021-22 Univ. of St. Thomas Women's Basketball Schedule

Overall: 1-5-0 **Summit League:** 0-0-0
Home: 0-1-0 **Away:** 1-3-0 **Neutral:** 0-1-0

Date	Opponent	Time/Result
Nov. 10	at Wisconsin	L, 51-67
Nov. 13	vs. Illinois State	L, 55-70
Nov. 18	at South Carolina State	W, 65-60
Nov. 20	at Presbyterian	L, 82-62
Nov. 26	at Cal Poly (<i>Holiday Beach Classic</i>)	L, 63-51
Nov. 27	North Texas (<i>Holiday Beach Classic</i>)	L, 81-54
Dec. 1	vs. Northern Iowa	7 p.m.
Dec. 4	at Chicago State	11 a.m.
Dec. 11	vs Idaho State	1 p.m.
Dec. 15	vs. Northland	7 p.m.
Dec. 20	vs. Omaha	7 p.m.
Dec. 22	vs. Denver	7 p.m.
Dec. 29	vs. Upper Iowa	1 p.m.
Jan. 1	at Western Illinois	2 p.m.
Jan. 6	at Oral Roberts*	7 p.m.
Jan. 8	at Kansas City*	2 p.m.
Jan. 13	vs. North Dakota State*	7 p.m.
Jan. 15	vs. North Dakota*	1 p.m.
Jan. 20	at South Dakota State*	7 p.m.
Jan. 22	at South Dakota*	1 p.m.
Jan. 29	vs. Western Illinois*	1 p.m.
Feb. 3	vs. Kansas City*	7 p.m.
Feb. 5	vs. Oral Roberts*	1 p.m.
Feb. 10	at North Dakota*	7 p.m.
Feb. 12	at North Dakota State*	1 p.m.
Feb. 17	vs. South Dakota*	7 p.m.
Feb. 19	vs. South Dakota State*	1 p.m.
Feb. 24	at Denver*	8 p.m.
Feb. 26	at Omaha*	1 p.m.

All home games in **BOLD**
Neutral site games in *Italics*
* Denotes Summit League games
All times listed are Central Standard Time



ST. THOMAS ATHLETICS

For Immediate Release
Subject: Women's Basketball

Nov. 30, 2021

St. Thomas Women's Basketball returns to Schoenecker Arena to host Northern Iowa before taking to the road to face Chicago State

***The Purple continues non-conference play with a home and away game
this week***

Coming and Going

St. Thomas Women's Basketball hosts the University of Northern Iowa on Wednesday night in just its second home game of the 2021-22 season before continuing its road schedule at Chicago State.

Most recently, the Purple competed in the Holiday Beach Classic hosted by Cal Poly in San Luis Obispo, Calif. - The Tommies fell to the host school, 63-51 on Friday, the opening day of the tournament and dropped an 81-54 decision against North Texas on the second day of the tournament.

Through the first six games of the season, St. Thomas has two players, freshman G Jade Hill and grad student F Erin Norling each averaging 11.7 points per game.

University of Northern Iowa Info

The Panthers are one of the Top 50 teams in the nation after the first month of play in assist to turnover ratio. UNI ranks 49th out of 348 Division 1 teams with an assist to turnover ratio of 1.09. That puts the Panthers at 2nd in the conference behind only the Bradley Braves.

UNI had its best second quarter of the season so far this Saturday against the Creighton Bluejays. UNI scored 26 points in the quarter while shooting 56% from the floor, 50% from 3-point range, and 87% from the free throw line.

In the Panther's lone game of the week, senior guard Karli Rucker led the way offensively with 20 points, 5 assists, and 3 rebounds. Rucker also led the Panthers in minutes on the floor with 38 following a 72-79 loss to the Creighton Bluejays. Rucker was perfect from outside the arc for UNI on Saturday with two 3-point shots falling in the 2nd quarter. She was last 100% from 3-point range against Missouri State on January 15th of 2021.

Chicago State Snippets

A week after the Cougars earned the program's first win since Jan. 18, 2020, taking down Wisconsin, 71-63 in an overtime thriller in Madison, the Cougars fell in back-to-back games at the Florida International University Thanksgiving Tournament. The Cougars fell, 64-46, to FIU on Saturday then to Delaware, 72-63, on Saturday. Aaliyah Collins, after winning WAC Freshman of the Week, scored 20 and 19 points, respectively.

Only three players from last season's roster return for Sardin's bunch: Christina Britter, Ana Haklicka and Laura Segues. Sardin has added two assistant coaches, Tiffany Conner and Diana Martinez, two freshman, Taylor Norris and Aaliyah Collins, and six transfers: Quentarra Mitchell, Nafa Haidara, Kyjai Miles, Janiah Newell, Jazmine Covington and Allysa "Cookie" Boothe.

Tommie Leader

Head coach Ruth Sinn starts her 17th season at St. Thomas in 2021-22. Her overall record of 356-88 in Division III included a per-season average slate of 27-4 over the last nine full seasons.

Sinn returned three starters from a 6-1 team in a shortened 2020-21 season. St. Thomas finished 21-6 in 2019-20, just after a senior-led Tommie team in 2018-19 reached the D-III Final Four with a 30-2 finish.

Second-Quarter Strong

St. Thomas has been playing its best ball in the second quarter of games. The Purple has scored 107 points in the second quarter of their games this season, averaging 17.8 points per second quarter.

The Tommies' opponents have scored 109 points in the second quarter of their first six games of the season and average 18.1 points per second quarter.

Super-Senior Leadership

Grad Student F Kaia Porter ranks third on the team in scoring, averaging 7.8 points per game. Porter leads the team in three-point attempts and three-point makes, connecting on 11-of-33 attempts on the season from behind the arc. Porter also averages 4.2 rebounds per game and has dished out 10 assists through the first six games of the season.

Schedule Talk

The Toms have six November contests, including four on the road and one on a neutral court. They are scheduled to play six of seven December games at home. They open Summit League play here in Schoenecker Arena on Dec. 20 and 22 against Omaha and Denver.

Did You Know?

St. Thomas is scheduled to play games in 10 different states and all four time zones this season with trips to Wisconsin, Illinois, California, South Carolina, Oklahoma, Missouri, Nebraska, Colorado, South Dakota and North Dakota.

Tommie Opponents' Last Season W-L

St. Thomas will play 18 games against its nine Summit League foes and nine other non-conference games against D-I opponents. Here's what those 18 teams did last season for won-loss records:

Wisconsin	(5-19)
Illinois State	(16-9)
South Carolina State	(1-9)
Presbyterian	(11-10)
Cal Poly	(13-11)
North Texas	(13-7)
Northern Iowa	(17-13)
Chicago State	(0-14)
Idaho State	(22-4)
Omaha	(7-13)
Denver	(7-16)
Western Illinois	(8-16)
Oral Roberts	(6-15)
Kansas City	(10-12)
North Dakota State	(15-9)
North Dakota	(2-19)
South Dakota State	(21-4)
South Dakota	(19-6)

2021-22 St. Thomas Women's Basketball Quick Facts

Location St. Paul, Minn.
 Founded 1885
 Enrollment 6,200 undergraduates (9,800 total enrollment)
 Nickname Tommies
 Colors Purple & Grey
 Affiliation NCAA Division I (1st year)
 Conference Summit League (1st year)
 President Dr. Julie H. Sullivan
 Director of Athletics Dr. Phil Esten
 Facility Schoenecker Arena

Head Coach Ruth Sinn (rasinn@stthomas.edu)
 Year 17th
 D-III Record 356-88
 D-I Record 0-2

Alma Mater St. Thomas
 Director of Ops Hallie King (hallie.king@stthomas.edu)
 Year First
 Alma Mater Tennessee

All-Time D-III Era Record 929-272
 2021-22 Overall Record 0-2-0
 Returning Players Seven
 Newcomers 10

Director of Athletic Communications Travis Langer
 Langer's E-Mail Address travis.langer@stthomas.edu
 Langer's Cell Phone 605.641.4953

Sports Information Director Gene McGivern
 McGivern's E-Mail Address ejmcgivern@stthomas.edu
 McGivern's Cell Phone 651.245.3373

St. Thomas Athletics Web Site www.tommiesports.com
 St. Thomas Athletics Twitter @TommieAthletics
 St. Thomas W. Hoops Twitter @USTTommiesWBB



2021-22 Summit League WBB Coaches' Preseason Poll:

1. South Dakota
2. South Dakota State
3. North Dakota State
4. Kansas City
5. Denver
6. Oral Roberts
7. Western Illinois
8. Omaha
9. North Dakota
10. St. Thomas

Family Ties

Freshman guard Jade Hill is the younger sister of WNBA player and former Ohio State standout Tayler Hill.

Freshman forward Jordyn Lamker is the daughter of Tommie All-America WBB player Amy Bot and daughter of Augsburg University head football coach Darrin Lamker.

Transfer forward Maggie Negaard is the younger sister of former St. Thomas swimmer Tom Negaard, a nine-time conference champion in relays and individual races here from 2015-19. Their grandfather Jack played basketball at Drake (1949-50).

Tommie Returning Starters

Grad student Kaia Porter: 5-11 G-F... in 71 games over parts of four seasons in D-III she had 716 points, 278 rebounds and 147 assists; started as a sophomore on Tommies' 30-2 Final Four team.... career highs include 23 points, 13 rebounds, 6 assists, and 5 steals

Senior Noelle Tomes: 5-8 G... Played in 24 games and scored 188 points thus far with Toms... spent five semesters playing at Division I Air Force, joined St. Thomas in late December 2019... Tommie career highs include 19 points, 6 rebounds, 5 assists, and 3 steals.

Sophomore Katelyn Stanley: 5-8 G... Started in all seven games as a freshman; scored 58 points, 21 assists, and secured 43 rebounds; shot 89% from the foul line and hit 10 3-pointers... career highs include 14 points, 11 rebounds, 7 assists, and 3 steals.

Other Returning Letter Winners:

Junior Jordyn Glynn: 5-9 G... played in 23 games and scored 33 points

Junior Abby Mackenthun: 5-11 F... played in 34 games and has recorded 156 points, 48 assists, 166 rebounds

Sophomore Kate Burns: 6-2 C... played in five of team's seven games, scored 30 points

Sophomore Brynn Schwanz: 6-0 F... missed 2020-21 season with an injury

Newcomers:

Grad Student Transfer Erin Norling: 5-11 F, Loretto, Minn., Delano HS, Wayne State University... played four years at D-II Wayne State; recorded 1,597 career points, scored in double figures in 84 games, 4X all-conference, and twice voted onto the elite CoSIDA Academic All-America team... in 2020-21 was voted Northern Sun Conference South Division Player of the Year... led team in scoring (16.3) and rebounding (6.8), ranking fourth in the NSIC in scoring and eighth in rebounding.

Transfer Amanda Pollard: 5-9 G, Sr., Champlin, Minn., Wagner College... 37 games (two starts) at Wagner

Transfer Maggie Negaard: 5-10 G, Sr., Stevens Point, Wis., Drake University... played in 78 games at Drake

Freshman Jade Hill: 5-6 G, Minneapolis, Minn., South HS

Freshman Gabby Johnson: 5-8 G, Freedom, Wis.

Freshman Jordyn Lamker: 6-0 F, Maple Grove, Minn.

Freshman Phoebe Frentzel: 5-9 G, Hartland, Wis./Arrowhead HS

Freshman Sammy Opichka: 6-0 F, Green Bay, Wis./Notre Dame

Freshman Jo Langbehn: 6-2 C, Elk River, Minn.

Freshman Audrey Hatfield: 6-2 C, Hudson, Wis.

Unprecedented Move

St. Thomas is the first NCAA institution to move all of its athletics teams directly from Division III to D-I in one season. Tommie teams have begun competing in four conferences across all 21 sports, with 31 different universities as fellow conference mates:

- The Summit League (18 sports);
- Pioneer Football League;
- Western Collegiate Hockey Association (WCHA) for women's hockey;
- Central Collegiate Hockey Association (CCHA) for men's hockey.

Division III Era and Tradition

- 1 NCAA championship (1991)
- 7 NCAA Final Fours (three in eight-year span from 2012-2019)
- 32 postseason appearances in last 33 full seasons
- 27 MIAC championships (18 regular-season)
- 30-win seasons four times in nine years (2012-2020)
- 26 NCAA playoff appearances (55 wins)
- 22 All-America honors since 1980
- 77-game conference win streak ended in Dec. 2019
- 5 CoSIDA Academic All-Americans
- 9 of the last 21 MIAC Player of the Year honors
- 5 of the 13 MIAC Coach of the Year honors
- Kaitlin Langer 2017 National Player of the Year

2021-22 St. Thomas Tommies Numerical Roster

No.	Name	Pos.	Class	Height	Hometown/High School
4	Jade Hill	G	FR	5-6	Minneapolis, Minn. / Minneapolis South
12	Jordyn Glynn	G	JR	5-9	Grand Meadow, Minn. / Grand Meadow
13	Gabby Johnson	G	FR	5-8	Freedom, Wis. / Freedom
14	Jordyn Lamker	F	FR	6-0	Maple Grove, Minn. / Maple Grove
15	Phoebe Frentzel	G	FR	5-9	Hartland, Wis. / Arrowhead
20	Sammy Opichka	F	FR	6-0	Green Bay, Wis. / Notre Dame Academy
22	Erin Norling	F	GR	5-11	Loretto, Minn. / Delano
23	Maggie Negaard	G	SR	5-10	Stevens Point, Wis. / Stevens Point
24	Abby Mackenthun	F	JR	5-11	Plato, Minn. / Norwood-Young America
25	Katelyn Stanley	G	SO	5-8	North Sioux City, S.D. / Heelan
32	Kaia Porter	F	GR	5-11	Roseville, Minn. / Roseville
33	Brynn Schwanz	F	SO	6-0	Apple Valley, Minn. / Eastview
34	Jo Langbehn	C	FR	6-2	Elk River, Minn. / Elk River
35	Kate Burns	C	SO	6-2	Woodbury, Minn. / East Ridge
50	Audrey Hatfield	C	FR	6-2	Hudson, Wis. / Hudson

Head Coach: Ruth Sinn, 17th season (357-91)

Assistant Coaches: Brian Silk, Teonna Jewell, Richard Schiell

Director of Operations: Hallie King

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Pronunciations

#14 Jordyn Lamker – LAMB-kurr

#20 Sammy Opichka – o-PITCH-kuh

#24 Abby Mackenthun – Mock-in-tune

#32 Kaia Porter – k-EYE-uh

#33 Brynn Schwanz – sh-WANN-z

#23 Maggie Negaard – KNEE-guard



2021-22 St. Thomas (MN) Women's Basketball
Season Box Score
All games

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as of Nov 29, 2021

Game Records

Record	Overall	Home	Away	Neutral
ALL GAMES	1-5	0-1	1-3	0-1
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	1-5	0-1	1-3	0-1

Team Box Score

No.	Player				Total		3-Point		F-Throw		Rebounds													
		GP-GS	MIN	AVG	FG-FGA	FG%	3FG-3FGA	3FG%	FT-FTA	FT%	OFF	DEF	TOT	AVG	PF	DQ	A	TO	BLK	STL	PTS	AVG		
4	HILL, Jade	6-6	205:38	34.3	22-73	.301	5-19	.263	21-29	.724	2	11	13	2.2	14	0	21	19	0	7	70	11.7		
22	NORLING, Erin	6-6	181:03	30.2	27-70	.386	8-30	.267	8-14	.571	10	14	24	4.0	8	0	8	23	2	6	70	11.7		
32	PORTER, Kaia	6-4	171:01	28.5	16-50	.320	11-33	.333	4-4	1.000	5	20	25	4.2	12	0	10	8	2	7	47	7.8		
34	LANGBEHN, Jo	6-0	104:41	17.4	19-25	.760	0-0	.000	2-6	.333	11	15	26	4.3	11	0	5	8	3	2	40	6.7		
35	BURNS, Kate	6-6	118:17	19.7	15-26	.577	0-1	.000	8-15	.533	6	13	19	3.2	12	1	3	8	3	0	38	6.3		
23	NEGAARD, Maggie	6-6	130:46	21.8	10-38	.263	5-24	.208	7-7	1.000	3	15	18	3.0	6	0	8	8	1	4	32	5.3		
12	GLYNN, Jordyn	6-2	108:58	18.2	7-14	.500	3-6	.500	3-5	.600	6	18	24	4.0	10	0	6	8	1	4	20	3.3		
3	POLLARD, Amanda	4-0	48:20	12.1	2-7	.286	2-6	.333	0-0	.000	1	1	2	0.5	6	0	4	5	0	0	6	1.5		
13	JOHNSON, Gabby	5-0	37:50	7.6	2-10	.200	1-6	.167	1-2	.500	1	3	4	0.8	5	0	2	3	0	0	6	1.2		
14	LAMKER, Jordyn	6-0	39:27	6.6	2-9	.222	1-3	.333	1-2	.500	3	4	7	1.2	3	0	0	3	3	0	6	1.0		
15	FRENTZEL, Phoebe	6-0	32:25	5.4	1-7	.143	0-2	.000	1-2	.500	3	0	3	0.5	5	0	2	6	0	2	3	0.5		
24	MACKENTHUN, Abby	3-0	06:01	2.0	0-2	.000	0-0	.000	0-2	.000	1	3	4	1.3	0	0	0	0	0	0	0	0.0		
5	TOMES, Noelle	3-0	15:33	5.2	0-2	.000	0-1	.000	0-0	.000	0	1	1	0.3	1	0	0	1	0	0	0	0.0		
Team											13	7	20					3						
Total		6	1200		123-333	.369	36-131	.275	56-88	.636	65	125	190	31.7	94	1	69	103	15	32	338	56.3		
Opponents		6	1201		157-335	.469	40-113	.354	59-94	.628	58	148	206	34.3	91	1	83	89	17	36	413	68.8		

Score by Periods

Team	1st	2nd	3rd	4th	OT	TOT
St. Thomas (MN)	89	107	66	76	0	338
Opponents	118	109	86	100	0	413



2021-22 St. Thomas (MN) Women's Basketball
Season Schedule/Results & Leaders
All games

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Game Records

Record	Overall	Home	Away	Neutral
ALL GAMES	1-5	0-1	1-3	0-1
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	1-5	0-1	1-3	0-1

Team Results

Date	Opponent		Score	Att.	High Points	High Rebounds
11/10/2021	at Wisconsin	L	51-67	2270	(15) NORLING, Erin	(7) PORTER, Kaia
11/13/2021	Illinois St.	L	55-70	400	(12) HILL, Jade	(4) NORLING, Erin
11/18/2021	at South Carolina St.	W	65-50	194	(15) NORLING, Erin	(6) PORTER, Kaia
11/20/2021	at Presbyterian	L	62-82	110	(18) HILL, Jade	(6) BURNS, Kate
11/26/2021	at Cal Poly	L	51-63	323	(16) NORLING, Erin	(11) GLYNN, Jordyn
11/27/2021	vs North Texas	L	54-81	50	(16) HILL, Jade	(10) LANGBEHN, Jo

Attendance Summary

	Games	Attend	Avg/Game
Home	1	400	400
Away	4	2897	724
Neutral	1	50	50
Total	6	3347	558



2021-22 St. Thomas (MN) Women's Basketball
Team Game-by-Game
All games

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				Total		3-Pointers		Free throws		Rebounds											
Opponent	Date	Score		FG-FGA	PCT	3FG-3FGA	PCT	FT-FTA	PCT	OFF	DEF	TOT	AVG	PF	A	TO	BLK	STL	PTS	AVG	
at Wisconsin	11/10/2021	51-67	L	20-50	.400	6-21	.286	5-8	.625	12	19	31	31.0	15	17	17	3	3	51	51.0	
Illinois St.	11/13/2021	55-70	L	19-49	.388	7-21	.333	10-13	.769	4	11	15	23.0	15	11	16	2	4	55	53.0	
at South Carolina St.	11/18/2021	65-50	W	25-53	.472	7-23	.304	8-12	.667	9	22	31	25.7	10	13	22	1	11	65	57.0	
at Presbyterian	11/20/2021	62-82	L	21-55	.382	8-25	.320	12-17	.706	8	23	31	27.0	18	11	15	0	7	62	58.3	
at Cal Poly	11/26/2021	51-63	L	15-57	.263	6-27	.222	15-24	.625	14	25	39	29.4	14	8	20	4	4	51	56.8	
vs North Texas	11/27/2021	54-81	L	23-69	.333	2-14	.143	6-14	.429	18	25	43	31.7	22	9	13	5	3	54	56.3	
Total		338		123-333	.369	36-131	.275	56-88	.636	65	125	190	31.7	94	69	103	15	32	338	56.3	
Opponents		413		157-335	.469	40-113	.354	59-94	.628	58	148	206	34.3	91	83	89	17	36	413	68.8	

St. Thomas (MN) Averages

Games Played	Points/game	FG Pct	3FG Pct	FT Pct	Rebounds/game	Assists/game	Turnovers/game	Assist/Turnover ratio	Steals/game	Blocks/game
6	56.3	36.9	27.5	63.6	31.7	11.5	17.2	0.7	5.3	2.5