

## 2019 Masters Penn Relays Information

### Contact Information:

Phil Felton, the volunteer masters coordinator, 413 Alexander St., Princeton, NJ 08540 will take calls at 609-651-2251 (voice mail), and can also be contacted by e. mail at felton@princeton.edu. Penn Relays office is in Hutchinson Gym, University of Pennsylvania, Philadelphia, PA 19104-6322; phone (215) 898-6145 or 898-6154. Meet Director is Dave Johnson.

### Entry:

**\$45.00 per team, \$25.00 for individual event.**

For Masters entries - *make checks payable to Philadelphia Masters.*

For Masters entries – mail to Phil Felton, 413 Alexander St, Princeton NJ 08540

If not *received* by 5:00 pm, Friday, April 5th, by Phil Felton you risk having your entry rejected.

**Pursuant to Penn Relay rules, this is an application fee and is not refundable.**

### Basic information:

Penn Relays Masters events are for men and women **aged 40+ on the day of competition.**

The meet is conducted at the University of Pennsylvania's historic Franklin Field, 33rd and South Streets, Philadelphia. Nine-lane straightaway, 1/4" spikes or less.

Masters events in 2019 are on April 26 and 27 (**Friday and Saturday**)

#### ***Provisional Timetable***

Friday 3:10-3:25 p.m.: 100 dash (seven races) for men 40+, 45+, 50+, 55+, 60+, 65+, 70+

**100 dash for women 40+**

Friday 5:20 p.m.: 4 x 100, men 40+

Friday 5:22 p.m.: 4 x 100, mixed 50+

Friday 5:25 p.m.: 4 x 100, mixed 60+

**4 x 100, mixed 70+**

Friday 7:10 p.m.: 4 x 400, men 50+

Friday 7:15 p.m.: 4 x 400, women 40+

Saturday 3:40 p.m.: 100 dash, men 75+, **second heat mixed 80+**

Saturday 5:20 p.m.: 4 x 400 for men 40+

Awards for first, second, and third places.

**ALL SCHEDULE TIMES ARE TENTATIVE. The schedule is still being finalized subject to TV coverage etc., please stay alert to the possibility of changes!**

### Qualifications:

M40, M45, M50, M55, M60, M65 & M70 100m. dashes are for elite sprinters. Preference given to competitors with excellent marks in meets between January 2018 and March 2019. For M75+ 100m. we will consider any sprinter who has run 18.8 (hand) or 19.04 (FAT) since January 2017.

Relay teams: Best available teams will be taken for the 4 x 100 races. *Any* team with a qualifying time of 4:48.0 or better can run in the M50+ 4 x 400 on Friday evening. The Saturday afternoon 4 x 400 for men 40+ is very competitive; don't enter if you haven't run 3:44.0 (56.0 per man).

**RELAY RULES:** Each team entry will be carefully scrutinized by the Penn Relays Masters Committee with two goals in mind: (a) promoting fair competition, and (b) ensuring full fields in both the relays and the individual dashes. **On the entry form, you need to list the 6 members of your team.** *Beginning in 1998 the Penn Relays rule-book has stated that the 4 runners who actually compete for each masters team must be drawn from its list of 6 or the team will risk being disqualified immediately (in the event of unforeseen circumstances occurring contact Phil. Felton asap). Also a runner can not be listed to run for two clubs, if this occurs I will approach the coaches of the two teams prior to seeding in order to resolve the dispute.*

### Check-in:

**If you are accepted, you or your team (plus coach) will be able to collect competitor's tickets at the Master's table, please try to collect your packages in a timely manner as it will be difficult for us to man the table at all times. We hope to man the table from 12:00 until 3:00pm on Friday and 8:00 until 1:00pm on Saturday (building closing time).**

Relay teams check in 20 minutes before race in the paddock; 100m. sprinters check in with the clerk in the infield about 35 to 40 minutes before your race near the start of the 100m. **Events often run early, they won't hold the race, so stay alert to the progress of the races.**

**Age Verification:** Be prepared to verify your age if asked. **Do not run if you are under the correct age on the day of the race;** be prepared to be suspended (with your team) for many years if you are in violation.

### Hotels:

Travel partner is Anthony Travel (866-913-7166)

## **Penn Relays 2019**

### **Masters Individual entry form**

*Use this form for Masters Individual 100-meter dash entries only – one form per entry.*  
**(Make sure you sign the statement at the bottom of the page)**

**Non-refundable application fee:                      \$25 per individual**

*make checks payable to **Philadelphia Masters**.*

*Mail application and fee to Phil Felton, 413 Alexander St, Princeton, NJ 08540  
to be received by Friday April 5, 2019.*

**Name:**

**Date of Birth (MM/DD/YY):**

**Complete Address:**

**Telephone:**

**Cell phone**

**E-mail address:**

**Club:**

**CIRCLE YOUR AGE GROUP:**

<b>men</b>	<b>40+,</b>	<b>45+,</b>	<b>50+,</b>	<b>55+,</b>	<b>60+,</b>	<b>65+,</b>	<b>70+,</b>	<b>75+,</b>	<b>80+</b>
<b>women</b>	<b>40+,</b>	<b>45+,</b>	<b>50+,</b>	<b>55+,</b>	<b>60+,</b>	<b>65+,</b>	<b>70+,</b>	<b>75+,</b>	<b>80+</b>

I ran the following times between January 1, 2018 and March 31, 2019:

Event	Meet	Month/Year	Time (indicate FAT or hand)
-------	------	------------	-----------------------------

---

---

---

**Please add a link where the result may be found:**

**Coach, captain, or responsible athlete must read the following statement and sign in the space provided:**

I certify that the athlete above is eligible to compete in the Penn Relay Carnival in accordance with the rules of eligibility of USA Track & Field and acknowledge that he/she may be drug tested.

(signed) \_\_\_\_\_ Print name: \_\_\_\_\_

If you think that you have a good chance of setting a record check here:  
([http://www.usatf.org/statistics/records/masters\\_outdoorTF.asp](http://www.usatf.org/statistics/records/masters_outdoorTF.asp))

## **Penn Relays 2019**

### **Masters Relay Entries (for 4 x 100 or 4 x 400)**

*Use this form for Masters Relay entries only – one form per relay.*

**(Make sure you sign the statement at the bottom of the page)**

**Non-refundable application fee: \$45 per relay**

*make checks payable to **Philadelphia Masters**.*

*Mail application and fee to Phil Felton, 413 Alexander St, Princeton, NJ 08540  
to be received by Friday April 5, 2019.*

#### **Name of Team:**

USATF-registered ? Yes or no:

#### **Captain's Name**

**Address**

**Telephone**

**Cell phone**

**E-mail:**

#### **CIRCLE TEAM AGE GROUP:**

**men**            **40+, 50+, 60+, 70+**

**women**       **40+, 50+, 60+, 70+**

**Event (4x100 or 4x400):** \_\_\_\_\_

Team members (name, date of birth, and city and state of residence):

**Note: You are limited to these runners.**

leadoff: \_\_\_\_\_  
second: \_\_\_\_\_  
third: \_\_\_\_\_  
anchor: \_\_\_\_\_  
alternate I: \_\_\_\_\_  
alternate II \_\_\_\_\_

**Past Performances:** \_\_\_\_\_

**Please add a link where the result may be found:**

**Coach, captain, or responsible athlete must read the following statement and sign in the space provided:**

I certify that the athletes above are eligible to compete in the Penn Relay Carnival in accordance with the rules of eligibility of USA Track & Field and acknowledge that they may be drug tested.

(signed) \_\_\_\_\_ Print name: \_\_\_\_\_

If you think that you have a good chance of setting a record check here:

([http://www.usatf.org/statistics/records/masters\\_outdoorTF.asp](http://www.usatf.org/statistics/records/masters_outdoorTF.asp))