Texas
Track & Field and Cross Country

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6 NCAA Indoor Championships | 4 NCAA Outdoor Championships
14 Big 12 Conference Indoor Championships | 15 Big 12 Conference Outdoor Championships

COACHING STAFF

Director of Track & Field and Cross Country ____ Mario Sategna
Associate Head Coach - Sprints _____ Tonja Buford-Bailey
Assistant Coach - Distance/XC_____Brad Herbster
Assistant Coach - Sprints_____ Seth Henson
Assistant Coach - Field Events_____ Ty Sevin
Assistant Coach - Jumps _____Kareem Streete-Thompson
Director of Operations _____Lavera Morris

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2016 SCHEDULE

INDOOR

January		
16	Texas A&M 11-Team Invitational	Men 2nd, Women 1st
22-23	Conference Clash Power Five Invit.	Men 2nd, Women 1st
	Cherry & Silver Collegiate Invitational	
February		
5-6	Frank Sevigne Husker Invitational	
	New Mexico Collegiate Classic	
12-13	Tyson Invitational	Men's 4x4: School Record
	Husky Classic	Crouser: Shot Put School Record
26-27	Big 12 Championships	Ames, Iowa
March		
11-12	NCAA Championships	Birmingham, Ala.

OUTDOOR

March		
17-18	TCU Invitational	Fort Worth, Texas
25-26	Cardinal & Gold Challenge	Los Angeles, Calif.
	UTSA Invitational	San Antonio, Texas
March 30-April 2	**Nike Clyde Littlefield Texas Relays**	**Myers Stadium**
April		
1	Stanford Invitational	Stanford, Calif.
9	Baylor Invitational	Waco, Texas
16	**Texas Invitational**	**Myers Stadium**
23	LSU Alumni Gold	Baton Rouge, La.
28-30	Drake Relays	Des Moines, Iowa
May		
7	**Longhorn Invitational**	**Myers Stadium**
13-15	Big 12 Championships	Fort Worth, Texas
26-28	NCAA West Preliminary Rounds	Lawrence, Kan.
June		
8-11	NCAA Championships	Eugene, Ore.

BIG 12 CHAMPIONSHIPS
DATE: February 26-27
LOCATION: Ames, Iowa
FACILITY: Lied Center
TWITTER: @UTexasTrack | @Big12Conference
LIVE RESULTS: DeltaTiming.com
LIVE VIDEO: FloTrack.org ($)

Trophies are on the line this weekend as the Texas Track & Field teams look to defend their Big 12 Conference titles at the Big 12 Conference Indoor Track & Field Championships in Ames, Iowa. The Longhorns won the men's and women's titles last year and eye a repeat for the men and a third straight for the women.

BIG 12 CHAMPIONSHIPS
TEXAS FINISHES LAST 4YEARS

MEN	YEAR	WOMEN
1ST (140)	**2015**	**1ST (139)**
2ND (108.5)	2014	**1ST (147)**
1ST (135)	2013	2ND (148)
2ND (133.5)	2012	2ND (112)

Texas enters this weekend's Big 12 Championships ranked No. 5 in the nation on the women's side and No. 6 for the men. The Big 12 boasts four ranked teams on both sides with Texas Tech's men representing another Top 10 team, standing at No. 7. Kansas State's women also are No. 7 and both pose serious threats to the Longhorns with quality depth and national title contenders to counter Texas.

"The goal that we first talk about in our first team meetings is first and foremost the conference championship," said **Head Coach Mario Sategna.** "We are not looking down to Birmingham two weeks after the conference meet, it is really solidifying and adding to that history and tradition. We want to see has many conference titles as we can on the individual side and ultimately that will help us win that team championship. "

Action begins at 10 a.m. Friday from the Lied Recreation Center on campus at Iowa State. The pentathlon and heptathlon gets things started with preliminary heats of running events starting at 3 p.m. along with finals for three field events. The 5,000 meters and distance medley relay will run finals on Friday night as well. Day 2 of action starts at 11 a.m. and team champions will be crowned after the conclusion of the 19 events at approximately 5:30 p.m.

This year's Big 12 Championships will be webcast live online thanks to a recent agreement between the conference office and FloSports. The track and field dedicated site FloTrack will provide the live streaming via FloSports' subscription service FloPro. The live stream will start at 10 a.m. Friday and 11 a.m. Saturday to provide full coverage of the multi-events as well as field events and running events.

BIG 12 CONFERENCE
IN USTFCCCA RANKINGS

MEN	SCHOOL	WOMEN
33	BAYLOR	24
60	KANSAS	55
34	KANSAS STATE	7
70	IOWA STATE	31
40	OKLAHOMA	48
16	OLKAHOMA STATE	11
22	TCU	95
6	TEXAS	5
7	TEXAS TECH	50
N/A	WEST VIRGINIA	119

"Working with the Big 12 to expand the reach of their Conference Championships in indoor track & field and wrestling to die-hard fans worldwide is an incredible opportunity," FloSports co-founder and CEO Martin Floreani said in a press release announcing the agreement. "Some of the top teams and athletes in the U.S. will be competing in these Championships, and we're excited to showcase their talents to our global audience."

Last year, Texas took home the team championships thanks to a dominating performance by the men and a total team effort from the women to hold off K-State. The Longhorn men tallied 140 points, winning four of the 19 events and finishing second in six of them. Texas won by 44.5 points, which ranks as the third-largest margin of victory in Big 12 history.

On the women's side in 2015, Texas held off K-State as the title was not in hand until the final event when Texas won the 4x400 meter relay. The final tally was Texas 139 and K-State 132.50. This year K-State brings another strong team that will be fighting for the team title. Texas won six events last year and return three individuals who won titles.

"The championship is really about meeting people head-to-head. That starts on Friday by making the final," Sategna said. "We have a great group. The staff has done a phenomenal job across the board in every event area to get them ready. It is great to have a program that is vying for both titles."

Meet Schedule

BIG 12 CONFERENCE CHAMPIONSHIPS
Friday, Feb. 27
Combined Events
Pentathlon
10:00 a.m. _____ 60m Hurdles
10:45 a.m. _____ High Jump (2 pits)
12:15 p.m. _____ Shot Put (2 rings)
1:15 p.m. _____ Long Jump
3:00 p.m. _____ 800m

Heptathlon Day 1
11:00 a.m. _____ 60m
11:40 a.m. _____ Long Jump
1:30 p.m. _____ Shot Put (2 rings)
2:30 p.m. _____ High Jump (2 pits)

Field Events
3:00 p.m. _____ Weight Throw (w)
_____ Pole Vault (w)
4:00 p.m. _____ Long Jump (m)
6:00 p.m. _____ Weight Throw (m)
_____ Pole Vault (m)
6:30 p.m. _____ Long Jump (w)

Running Events
3:00 p.m. _____ 800m (pent)
3:10 p.m. _____ Mile Prelims (w/m)
3:50 p.m. _____ 60m Hurdles Prelims (w/m)
4:10 p.m. _____ 60m Prelims(w/m)
4:30 p.m. _____ 600yd Prelims (w/m)
5:10 p.m. _____ 400m Prelims (w/m)
5:50 p.m. _____ 1000m Prelims (w/m)
6:30 p.m. _____ 800m Prelims (w/m)
7:10 p.m. _____ 200m Prelims (w/m)
7:50 p.m. _____ 5000m Finals (w/m)
8:40 p.m. _____ DMR (w/m)

Friday, Feb. 27
Combined Events
Heptathlon Day 2
11:00 a.m. _____ 60m Hurdles
11:45 a.m. _____ Pole Vault
2:50 p.m. _____ 1000m

Field Events
12:00 p.m. _____ High Jump (w)
_____ Triple Jump (m)
_____ Shot Put (w)
3:00 p.m. _____ High Jump (m)
_____ Triple Jump (w)
_____ Shot Put (m)

Running Events
11:00 a.m. _____ 60m Hurdles (hept)
1:25 p.m. _____ National Anthem
1:30 p.m. _____ 60m Hurdles (w/m)
1:50 p.m. _____ 60m (w/m)
2:10 p.m. _____ Mile (w/m)
2:30 p.m. _____ 600yd (w/m)
2:50 p.m. _____ 1000m (hept)
3:00 p.m. _____ 400m (w/m)
3:20 p.m. _____ 1000m (w/m)
3:40 p.m. _____ 800m (w/m)
4:00 p.m. _____ 200m (w/m)
4:20 p.m. _____ 3000m (w/m)
5:10 p.m. _____ 4x400m Relay (w/m)

In addition to the live streaming via FloPro, fans can follow the action with live results provided by DeltaTiming.com. Updates also will be on the team's official Twitter feed @UTexasTrack. The Big 12 will be tweeting from @Big12Conference. Fans can interact and keep up with the meet by also following and using the hashtag #Big12TF.

LONGHORNS BOTH IN TOP 10 NATIONALLY

- Texas is among the favorites to win NCAA Championships in 2016 on both sides. The Longhorns ranked No. 5 for the women and No. 6 for the men in the latest USTFCCCA Rankings.
- The men were ranked No. 2 in the preseason rankings, the highest ranking ever for the men's team, who has never won a team NCAA crown.
- The women were No. 3 in the preseason and are seeking their first team NCAA title since 2006.
- Last year the both teams finished 6th indoors at the national meet.

TEXAS 4X400 RELAYS SETTING TONE

- The Longhorns are the best 4x400 team in the nation in 2016 so far — for the men and women.
- Texas made its statement at the Tyson Invitational when the women's team blazed to victory in 3:27.94 with the team of **Chrisann Gordon, Morolake Akinosun, Ariel Jones and Courtney Okolo**.

Events to Watch

BIG 12 CHAMPIONSHIPS

- **Women's 60m**
  Senior **Morolake Akinosun** is the defending champion and freshman teammate **Teahna Daniels** gives Texas a 1-2 punch. Daniels is ranked No. 4 in the NCAA this year at 7.23 seconds and Akinosun is No. 5 at 7.24.
- **Men's 400m**
  Senior **Zack Bilderback** won this event last year and brings teammates **AJ Bailey and Chris Irvin** with him. Bailey was an All-American in the 400 while at Texas A&M and gives Texas the potential to finish 1-2 for a big point grab.
- **Women's 400m**
  Senior **Courtney Okolo** has the fastest time in the world this year. **Chrisann Gordon** joins her among the best in the NCAA this year. She ranks 3rd in the Big 12 and is just .02 behind OU's Daye Shon Roberson to give Texas another threat to finish 1-2.
- **Men's Long Jump**
  Senior **Basil Fares** finished 2nd a year ago by just 1 centimeter. This year freshman **Steffin McCarter** is 6 cm behind the conference leader. This makes the Longhorns a threat to score big in this event on Friday night.
- **Men's Shot Put**
  Senior **Ryan Crouser** broke the school record in his last meet with a toss of 21.28m (69-9.75). He broke the Big 12 Championship meet record last year. Crouser is threatening to become the first collegiate to throw 70 feet since 2010.
- **Women's Pole Vault**
  Texas has one of the deepest groups in this event in the Big 12. The Longhorns will send five female vaulters to Ames with Kaitlin Petrillose looking to become the first woman to win seven Big 12 titles in the event combined indoor and out.

USTFCCCA Indoor Rankings

WEEK 5 - (2/22/16) | BIG 12 CONFERENCE TEAMS IN BOLD

Men

Rk	Team	Points	Conference	Last Week
1	Arkansas	130.11	SEC	1
2	Oregon	112.39	Pac-12	6
3	LSU	98.55	SEC	4
4	Tennessee	97.07	SEC	2
5	Texas A&M	84.44	SEC	3
6	**Texas**	**83.28**	**Big 12**	**5**
7	**Texas Tech**	**73.07**	**Big 12**	**7**
8	Georgia	66.31	SEC	8
9	Southern Cal	63.50	Pac-12	9
10	Florida	58.87	SEC	10
11	Virginia Tech	56.98	ACC	12
12	Washington	55.20	Pac-12	19
13	Souteastern Louisiana	54.69	Southland	13
14	Syracuse	51.87	ACC	11
15	Purdue	49.78	Big Ten	22
16	**Oklahoma State**	**47.58**	**Big 12**	**24**
17	Penn State	45.05	Big Ten	14
18	NC State	41.78	ACC	18
19	Stanford	40.96	Pac-12	16
20	Tulsa	38.83	American	21
21	Air Force	36.41	Mountain West	23
22	**TCU**	**36.31**	**Big 12**	**20**
23	Virginia	35.33	ACC	36
24	Southern Illinois	35.07	Missouri Valley	29
25	Minnesota	34.86	Big Ten	28

Women

Rk	Team	Points	Conference	Last Week
1	Oregon	156.38	Pac-12	2
2	Georgia	153.20	SEC	3
3	Florida	152.14	SEC	1
4	Arkansas	138.16	SEC	4
5	**Texas**	**95.07**	**Big 12**	**5**
6	Michigan	92.11	Big Ten	9
7	**Kansas State**	**86.79**	**Big 12**	**6**
8	Tennessee	83.85	SEC	7
9	NC State	74.14	ACC	8
10	Southern California	72.19	Pac-12	10
11	**Oklahoma State**	**69.41**	**Big 12**	**12**
12	LSU	67.18	SEC	22
13	Notre Dame	65.66	ACC	15
14	Georgetown	65.13	Big East	11
15	Kentucky	58.49	SEC	13
16	Duke	54.09	ACC	17
17	Washington	51.34	Pac-12	14
18	Miami	47.79	ACC	16
19	Boise State	46.67	Mountain West	18
20	Texas A&M	44.12	SEC	19
21	Akron	42.74	MAC	23
22	Wisconsin	37.50	Big Ten	24
23	New Mexico	36.37	Mountain West	33
24	**Baylor**	**36.04**	**Big 12**	**30**
25	Purdue	35.85	Big Ten	21

Longhorns in Top 20 in NCAA - top 16 individuals, top 12 relays accepted

Based on TFRRS Descending Order List - as of 2/22/16

Men

Event	Athlete	Mark	Date	NCAA Rank	Big 12 Rank
60m	Senoj-Jay Givans	6.65	1/16	14	3
400m	Byron Robinson	46.27	2/12	5	1
	Zack Bilderback	46.73	1/24	20	5
4x400m Relay		3:04.41	2/13	1	1
Pole Vault	Reese Watson	5.43m/17-9.75	17-9.75	8	1
Long Jump	Steffin McCarter	7.69m/25-2.75	2/12	16	2
Shot Put	Ryan Crouser	21.28m/69-9.75	2/13	1	1

Women

Event	Athlete	Mark	Date	NCAA Rank	Big 12 Rank
60m	Teahna Daniels	7.23	2/13	4	1
	Morolake Akinosun	7.24	2/13	5	2
400m	Courtney Okolo	51.16	2/5	1	1
	Chrisann Gordon	52.64	2/5	11	3
4x400m Relay		3:27.94	2/13	1	1
Pole Vault	Kaitlin Petrillose	4.30m/14-1.25	1/24	11	2
	Kally Long	4.30m/14-1.25	2/13	11	2

• That time ranks No. 4 all-time in NCAA history. Texas now owns six of the top 11 performances in NCAA history, posting one each of the last three years.
• During that run, Okolo posted a split time of 50.59 seconds. That time improves on her already amazing performance earlier this season at the Power Five Invitational when she ran an anchor leg of 50.77.
• The men's 4x400 team shattered their own school record at the Tyson Invitational with a time of 3:04.41 to win.
• The team of **Zack Bilderback, Chris Irvin, Byron Robinson and AJ Bailey** have broken the school record twice this season, each with a different running order. This second time was by nearly two full seconds.
• With the time of 3:04.41, the Longhorn men now rank No. 13 in NCAA history.
• The men's team broke the school record first at the Power Five Invitational with a time of 3:06.36.

CROUSER NAMED BIG 12 ATHLETE OF THE WEEK, AGAIN

• Senior thrower **Ryan Crouser** claimed his second Big 12 Athlete of the Week honor for his impressive showing at the Husky Classic with a toss of 21.28 meters (69-9.75).
• The throw moved him back to the top of the NCAA list this season and ranks him as the No. 10 performer in collegiate history. He becomes the first shot putter to crack that top 10 list since 2008 when current collegiate record holder Ryan Whiting and No. 9 Russ Winger did so.
• Crouser earned his first Big 12 Athlete of the Week honor following a win at the Texas A&M 11-Team Invitational. He opened his season with a mark of 20.02 meters (65-8.25) and won by nearly two meters.

ROBINSON STORMS ONTO NATIONAL SCENE

• Junior **Byron Robinson** showed that he could be a player at the NCAA Championships individually come March in the 400 meters with a blazing time of 46.26 seconds at the Tyson Invitational.
• Robinson won his heat and finish third overall in the men's invitational section of the 400 meters. That time not only makes him the No. 3 Longhorn all-time, but it puts him at No. 5 on the NCAA list so far this season.
• Robinson is a 400-meter hurdler outdoors and runs the 400 meters and 600 yards during indoor season.

PAIR OF SPRINTERS AMONG NATIONAL LEADERS

• Senior **Morolake Akinosun** entered 2016 as one of the top returners in the NCAA in the 60 meters. Now she has a teammate that is among the best in the nation as well. Freshman **Teahna Daniels** joined Akinosun in making the final at the Tyson Invitational and both rank in the top five in the nation.
• Daniels ran 7.23 seconds during the final to finish second and rank No. 4 on the NCAA list this season. She also ran 7.25 in the semifinals.
• Akinosun finished fourth with a time of 7.26 seconds and ran a season-best time 7.24 during the semifinals to rank No. 5 on the NCAA list right behind Daniels.
• The pair stand 1-2 in the Big 12 Conference with the No. 3 time in the league standing at 7.30.
• Texas is joined by Oregon and Tennessee as teams with two runners ranked in the Top 10 in the NCAA in the 60m.

FRESHMEN JUMPERS SOAR AT TYSON

• Freshman triple jumper **Asa Garcia** improved her season-best in action at the Tyson Invitational with a leap of 12.91 meters (42-4.25) to finish seventh in the women's invitational section.
• That mark also moves her into No. 5 in school history and she stands at No. 2 in the Big 12 heading into this week's conference championship meet.
• Freshman **Steffin McCarter** finished second at the Tyson Invitational in the long jump with a personal-best leap of

Texas Indoor Top 10's

CURRENT LONGHORNS AMONG UT TOP 10 PERFORMERS

Men

Event	Name	Rank	Mark
60m	Senoj-Jay Givans	1st	6.57
200m	Senoj-Jay Givans	3rd	20.95^
	Aldrich Bailey	**6th**	**21.11**
	Zack Bilderback	**7th**	**21.17**
400m	Zack Bilderback	1st	45.98
	Byron Robinson	**3rd**	**46.27**
	AJ Bailey	**7th**	**46.78**
	Chris Irvin	8th	47.15^
600yd	Byron Robinson	4th	1:09.58^
800m	Robert Uhr	10th	1:50.01
1000m	Brady Turnbull	10th	2:24.78
60m H	Spencer Dunkerley-Offor	4th	7.82
PV	Reese Watson	2nd	5.51m/18-1.00
LJ	Basil Fares	5th	7.79m/25-6.75
	Steffin McCarter	**10th**	**7.69m/25-2.75**
TJ	Nick Phynn	8th	15.89m/52-1.75
SP	**Ryan Crouser**	**1st**	**21.28m/69-9.75**
WT	**Alan Zapalac**	**2nd**	**19.78m/64-10.75**
Heptathlon	Wolf Mahler	6th	5717 pts

Women

Event	Name	Rank	Mark
60m	Morolake Akinosun	4th	7.20
	Teahna Daniels	**7th**	**7.23**
400m	Courtney Okolo	2nd	51.12
	Chrisann Gordon	**10th**	**52.64**
600 yd	Courtney Okolo	3rd	1:18.24
800m	**Mary Beth Hamilton**	**7th**	**2:07.90**
3000m	Sandie Raines	3rd	9:10.43^
5000m	Sandie Raines	2nd	15:50.49^
60m Hurdles	Mobolaji Adeokun	8th	8.27
	Ariel Jones	**9th**	**8.28**
	Ashley Miller	**9th**	**8.28**
Pole Vault	Kaitlin Petrillose	1st	4.60m/15-1.00#
	Kally Long	**2nd**	**4.30m/14-1.25**
	Shay Petty	**3rd**	**4.18m/13-8.50**
	Callie Spencer	4th	4.16m/13-7.75
	Ali Uhle	**5th**	**4.15/13-7.25**
	Anne Harwig	**10th**	**3.73m/12-2.75**
Triple Jump	**Asa Garcia**	**5th**	**12.91m/42-4.25**
Shot Put	**N'Dia Warren-Jacques**	**8th**	**15.36m/50-4.75**
	Lauryn Caldwell	10th	14.81m/48-7.25
Weight Throw	N'Dia Warren-Jacques	2nd	17.43m/57-2.25
	Lauryn Caldwell	**3rd**	**17.21m/56-5.75**
	Shelby Poncik	9th	11.19m/36-8.50
Pentathlon	**Ashtin Zamzow**	**2nd**	**3861 pts**
	Melissa Gonzalez	4th	3757 pts
	Sierra Patrick	**5th**	**3740 pts**
	Alexa Harmon-Thomas	7th	3565 pts

bold denotes marks from this season | ^ denotes oversized track

Texas Indoor School Records

Name (yr)	Men	Event	Women	Name (yr)
Givans (15)	**6.57**	**60m**	7.14	Guidry (91)
Stewart (13)	7.63	60h	7.95	McIntosh (04)
Christian (03)	20.84	200m	22.40 #	Knight (08)
Bilderback (15)	**45.98**	**400m**	50.82	Richards (04)
Everett (09)	1:08.51	600yd	1:17.52 ^	Reid (98)
Everett (09)	1:47.82 ^	800m	2:04.38	Diaz (00)
Squella (86)	2:21.19	1000m	2:42.51	Arnold (85)
Stilin (13)	3:58.66	Mile	4:40.12 ^	Diaz (00)
Stilin (13)	7:56.07 ^	3000m	9:07.93	Schweitzer (87)
Lutz (15)	13:40.30^	5000m	15:50.04	Sutherland (13)
2016	**3:04.41**	**4x400**	**3:27.42**	**2014**
2008	9:25.97 #	DMR	11:14.53	2011
Boswell (00)	2.33m / 7-7.75	HJ	1.98m / 6-6.00 #	D. Hooker (09)
Davis (99)	5.85m / 19-2.25	**PV**	**4.60m/15-1.00**	**Petrillose (14)**
Goodwin (11)	8.14m / 26-8.50	LJ	6.71m/22-0.25	M. Hooker (06)
Scott (92)	16.79m / 55-1.00	TJ	13.47m / 44-2.50	Turner (86)
Crouser (16)	**21.28m / 69-9.75**	**SP**	18.56m / 60-10.75	Carter (06)
Armstrong (01)	22.12m / 72-7.00	WT	18.56 / 60-10.75	Brown (09)
Hardee (06)	6208 pts	Hept/Pent	4043 pts	Briscoe (14)

^ - denotes over-sized track *# - denotes NCAA record*

Bowerman Watch Lists

THE BOWERMAN

2016 Bowerman Watch List
February

Women

Name	Yr	School	Events
Quanesha Burks	JR	Alabama	Sprints/Jumps
Kyra Jefferson	SR	Florida	Sprints
Akela Jones	SR	Kansas State	Combined Events
Shamier Little	SO	Texas A&M	Hurdles
Keturah Orji	SO	Georgia	Jumps
Demi Payne	SR (out)	Stephen F. Austin	Pole Vault
Raevyn Rogers	SO	Oregon	Mid-Distance
Raven Saunders	SO	Ole Miss	Throws
Shelbi Vaughan	SR	Texas A&M	Throws
Kendell Williams	JR	Georgia	Combined Events

Also Receiving Votes: Kaitlyn Long (Winona State); Cindy Ofili (Michigan); Shayla Sanders (Florida); Irena Sediva (Virginia Tech); Molly Seidel (Notre Dame); Jasmine Todd (Oregon)

Men

Name	Yr	School	Events
Devon Allen	SO	Oregon	Hurdles
Ronnie Baker	JR	TCU	Sprints
Jake Blakenship	SR	Tennessee	Pole Vault
Donavan Brazier	FR	Texas A&M	Mid-Distance
Edward Cheserek	JR	Oregon	Distance
Najee Glass	SR	Florida	Sprints
Brannon Kidder	SR	Penn State	Mid-Distance
Jarrion Lawson	SR	Arkansas	Sprints/Jumps
Nick Miller	SR	Oklahoma State	Throws
Maicel Uibo	SR	Georgia	Combined Events

Also Receiving Votes: Michael Cherry (LSU); Chukwuebuka Enekwechi (Purdue); Sam Mattis (Penn); Brandon McBride (Mississippi State); Garrett Scantling (Georgia); John Teeters (Oklahoma State)

The Bowerman Award is given to the most outstanding male and female collegiate student-athlete in track & field annually by The United States Track & Field and Cross Country Coaches Association.

Past winners from the previous five years since its inception have won two Olympic Medals, two IAAF World Championships and six World Championship medals.

The award is named after Bill Bowerman, former legendary coach of the Oregon Ducks and co-founder of NIKE, who make significant contributions to the sport of track & field.

U.S. TRACK & FIELD AND CROSS COUNTRY COACHES ASSOCIATION

7.69 meters (25-2.75). That mark moves him into a tie for 10th in school history.
• McCarter's jump puts him at No. 16 in the NCAA list and trails only K-State's Ifeanyichukwu Otuonye in the Big 12 Conference by 6 cm heading into the conference championship.

MID-DISTANCE GROUP SHINES IN SEATTLE

• Texas Distance showed it can be a player at the Big 12 Conference Championships with some solid performances at the Husky Classic that rank among the best in school history.
• **Mary Beth Hamilton** clocked in at 2:07.90 in the 800 meters to finish 17th overall and become the No. 7 performer in school history. Freshman **Gabby Crank** won her heat and finished 26th overall with a time of 2:10.73 in a very large field. That pair ranks eighth and 12th in the Big 12 to add two scoring threats for the Longhorns.
• In the mile, the men's trio of **Alex Rogers, Brady Turnbull and Logan Emery** ran well in Seattle. Rogers finished 17th overall in an event that saw seven athletes run sub-4. Rogers ran a personal best 4:03.47 to just miss cracking the Top 10 in school history. Turnbull finished 21st with his best time of the season at 4:05.19. Emery finished with a PR of 4:07.20 to take 28th.
• Rogers ranks sixth in the Big 12 heading into the conference meet this week. Turnbull is 11th and finished ninth in the 1,000 meters last year at the conference meet.

OKOLO NAMED NATIONAL ATHLETE OF THE WEEK

• Texas senior sprinter **Courtney Okolo** ran the fastest time in the world this season at the Husker Invitational, clocking 51.16 seconds. For the effort she was named the USTFCCCA Division I National Athlete of the Week.
• Okolo bested former teammate and now professional runner for Nike, **Ashley Spencer**.
• It also was Okolo's season debut in her primary event as she is preparing to defend her 2015 NCAA title indoors.

POLE VAULTERS DISPLAYING DEPTH IN 2016

• Texas boasts one of the deepest pools of talent in the pole vault in the nation on both the men's and women's side.
• Senior **Kaitlin Petrillose** and sophomore **Kally Long** have both cleared 4.30 meters (14-1.25) this season to rank 11th in the NCAA and No. 2 in the Big 12 Conference.
• The women's crew also has sophomore **Shay Petty** (4.18m) and redshirt freshman **Ali Uhle** (4.15m) ranked in the top seven in the Big 12. Sophomore **Calie Spencer** (3.85m) gives the Longhorns five pole vaulters who could possibly score at the conference championship meet this week.
• Senior **Reese Watson** cleared 5.43 meters (17-9.75) at the Husky Classic to finish second and put him in a tie for the lead in the Big 12 Conference and stand No. 8 in the NCAA.
• Texas also has three freshmen and a sophomore joining Watson among the top 12 in the Big 12 Conference to give the Longhorns a major scoring opportunity in the event.
• Redshirt freshman **Barrett Poth** has a season-best of 5.23m to rank sixth in the conference. Freshman **Blake Scott** (5.08m) is eighth; sophomore **Parks McNeil** (5.03m) and redshirt freshman **Nick Meaders** (5.01m) make Texas one of the best pole vault units in the country.

ZAP ATTACK

• Redshirt sophomore **Alan Zapalac** started 2016 off with back-to-back-to-back personal bests in the weight throw.
• Zapalac opened the season with a victory at the A&M 11-Team Invitational, throwing 19.37 meters (63-6.75).
• His throw moved him into No. 2 in school history in the weight throw.
• Zapalac followed with toss of 19.39m (63-7.50) at the Cherry & Silver Invitational and then finished second at the Husker Invitational, tossing 19.78m (64-10.75).
• He is now a contender to win the Big 12 as he is only 1 cm behind K-State's Brady Grunder. Zapalac defeated Grunder heads-up at the Husker Invite. The Wildcat threw 19.21m.

CROSS COUNTRY HONORED BY USTFCCCA

• Texas Men's and Women's Cross Country teams were both recognized by the USTFCCCA as All-Academic Teams in 2015. The Longhorns were honored for having a team GPA of 3.00 or higher.
• The women's squad had a team GPA of 3.38 and the men's team GPA was 3.28.
• Individually, **Jacob Pickle, Brady Turnbull, Hannah Grubb, Mary Beth Hamilton and Sandie Raines** were named to the USTFCCCA All-Academic Team as well.
• Individuals must maintain a cumulative GPA of 3.25 and have finished in the top 25 at their respective NCAA Regional Championship meet or been an All-American at the NCAA Championships.
• This was Raines' second honor for cross country and third overall including track and field honors.
• Turnbull also received his second cross country award
• Grubb, Hamilton and Pickle each received their first cross country academic award from the USTFCCCA.

2016 Men's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
Carlton Anumnu	Jr. / Jr.	Sprints	Stafford, Texas (Stafford)	Carlton ah-NOOM-noo
Charles Anumnu	Jr. / Jr.	Sprints	Stafford, Texas (Stafford)	Charles ah-NOOM-noo
Aldrich "AJ" Bailey	Jr. / Jr.	Sprints	Arlington, Texas (Mansfield Timberview/Texas A&M)	
Zack Bilderback	Sr. / Sr.	Sprints	Celina, Texas (Celina)	
Grayson Barrett	Fr./Fr.	Jumps	McKinney, Texas (Prosper)	
Logan Brittain	Jr. / R-So.	High Jump	Amarillo, Texas (Canyon Randall)	
Terry Brown, Jr.	Fr./ Fr.	Sprints		
John Burt	Fr./Fr.	Sprints/Hurdles	Tallahassee, Fla. (Lincoln)	
Ryan Crouser	Sr. / CE	Throws	Boring, Ore. (Barlow)	
Fabian Dohmann	Jr. / Jr.	Javelin	Fernando de la More, Paraguay (Colegio Goethe)	FAH-bee-en DOH-man
Max Dordevic	So. / R-Fr.	Sprints/Hurdles	Portland, Ore. (Jesuit Portland)	Max DOR-deh-vik
Spencer Dunkerley-Offor	Jr. / Jr.	Hurdles	Austin, Texas (St. Stephen's Episcopal)	SPEN-sir DUNN-ker-lee OH-for
Logan Emery	R-Fr. / So. / So.	Distance/XC	The Woodlands, Texas (The Woodlands)	
Basil Fares	Sr. / Sr.	Sprints/Jumps	Houston, Texas (Mayde Creek)	BA-zil FAIR-es
Derek Fenton	R-Fr. / R-Fr.	Throws	San Clemente, Calif. (San Clemente)	
Senoj-Jay Givans	Jr. / Jr.	Sprints	St. Elizabeth, Jamaica (Munro College)	sen-AH-zhay GIV-ens
Jacob Gray	Fr. / Fr.	Sprints	Fort Worth, Texas (Central)	
Zach Hamstra	So. / So. / So.	Distance	Flower Mound Texas (Flower Mound)	Zak HAM-strah
Connor Hendrickson	So. / R-Fr. / R-Fr.	Distance/XC	Southlake, Texas (Southlake Carroll)	
Chris Irvin	Jr. / Jr.	Sprints	Austin, Texas (Westlake)	
Eric Kroon	Fr. / Fr. / Fr.	Distance/XC	The Woodlands, Texas (The Woodlands)	
Kirema Macharia	Fr. / Fr.	Sprints	Round Rock, Texas (Round Rock)	kih-REM-ah mah-CHAIR-ee-ah
Wolf Mahler	Jr. / Jr.	Multi Events	Temple, Texas (Belton)	wolf MAUL-ler
Derrell Manhertz	Jr. / Jr.	Mid-Distance	Woolwich Township, N.J. (Kingsway)	der-EL MAN-hurts
Steffin McCarter	Fr. / Fr.	Jumps	Coperass Cove, Texas (Lampasas)	
Spencer McCloud	Jr. / R-So.	High Jump	Argyle, Texas (Argyle)	
Jake McConnell	R-Fr. / So. / So.	Distance/XC	Keller, Texas (Keller)	
Parks McNeil	So. / So.	Pole Vault	Kerrville, Texas (Kerrville Tiny)	
Nick Meaders	R-Fr. / R-Fr.	Pole Vault	Gatesville, Texas (Gatesville)	NICK MED-ers
Darren Medrano	Fr. / Fr. / Fr.	Distance/XC		meh-DRAHN-oh
Charles Mills	Fr. / Fr. / Fr.	Distance/XC		
Nate Moore	So. / Jr. / So.	Distance/XC	Lockhart, Texas (Lockhart)	
Ika Morton	Fr. / Fr.	Jumps	Lacey, Wash. (River Ridge)	EYE-kah
Pedro Nasta	Fr. / Fr. / Fr.	Distance/XC	The Woodlands, Texas (John Cooper)	NAHS-tah
Christopher Ntreh	Fr. / Fr. / Fr.	Sprints	Murphy, Texas (Plano East)	IN-tray
Brian Peterson	R-Fr. / R-Fr.	Distance	Round Rock, Texas (Cedar Ridge)	
Nick Phynn	Jr. / Jr.	Jumps	St. Catherine, Jamaica (Jamaica College)	
Jacob Pickle	So. / R-Fr. / R-Fr.	Distance	Southlake, Texas (Southlake Carroll)	
Chris Pietraszkiewicz	Fr. / So. / Fr.	Distance	San Antonio, Texas (Texas Military Institute)	KRIS pe-tra-SKEH-vitch
Barrett Poth	R-Fr. / R-Fr.	Pole Vault	The Woodlands, Texas (Klein Oak)	
Conrad Ramquist		Javelin		
John Rice	Fr. / Fr. / Fr.	Distance/XC	Brooklyn, N.Y. (Xavier HS)	
Byron Robinson	Jr. / Jr.	Sprints	Chesapeake, Va. (Western Branch/Penn State)	
Alex Rogers	Fr. / Fr. / Fr.	Distance/XC	New Braunfels, Texas (New Braunfels Canyon)	
David Rueff	Fr. / Fr.	Throws	Katy, Texas (Seven Lakes)	roo-EEF
Blake Scott	Fr. / Fr.	Pole Vault	Aledo, Texas (Aledo)	
Reese Thompson	So. / R-Fr.	Multi Events	Argyle, Texas (Argyle)	
Travis Toliver	Fr. / Fr.	Multi Events	Houston, Texas (Episcopal)	
Brady Turnbull	Sr. / Sr. / Sr.	Distance/XC	Frisco, Texas (Frisco)	
Robert Uhr	Jr. / Jr. / So.	Distance/XC	Lockhart, Texas (Lockhart)	ROB-ert ER
Wesley Ward	So. / R-Fr. / R-Fr.	Distance/XC	Flower Mound, Texas (Flower Mound)	
Reese Watson	Sr. / Sr.	Pole Vault	Spring, Texas (Spring)	
Alan Zapalac	So. / So.	Throws	Wallis, Texas (Brazos)	AL-an ZAP-ah-lak

CE = Completed eligibility

Head Coach: Mario Sategna — MAR-ee-oh sah-TAYN-yah
Associate Head Coach: Tonja Buford-Bailey — TAHN-jah BUU-ford BAY-lee
Assistant Coach Brad Herbster
Assistant Coach: Seth Henson
Assistant Coach: Ty Sevin — TY SAY-vin
Assistant Coach: Kareem-Streete Thompson

2016 Women's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
Mariam Abdul-Rashid	Fr. / Fr.	Sprints/Hurdles	Ontario, Canada (Eastdale CVI)	MAYR-ee-um ab-DOOL rah-SHEED
Mobolaji "BJ" Adeokun	Sr. / Sr.	Sprints/Hurdles	Lanham, Maryland (Duval/Illinois)	mo-bo-LIE-gee ad-ee-OH-kin
Morolake Akinosun	Sr. / Sr.	Sprints	Aurora, Ill. (Waubonsie Valley/Illinois)	MOR-luh-kay uh-KIN-o-sun
Mawardi "Mawi" Berkhadley	Fr. / Fr.	Jumps	McKinney, Texas (McKinney North/Northwestern State)	ma-WARD-ee burk-HAD-lee
Katie Burford	Jr. / Sr. / Jr.	Distance/XC	Austin, Texas (St. Stephen's)	
Lauryn Caldwell	So. / R-Fr.	Throws	Dickinson, Texas (Dickinson)	
Shania Collins	So. / So.	Sprints	Huntingtown, Md. (Huntingtown)	sha-NI-ah
Gabby Crank	Fr. / Fr. / Fr.	Distance/XC	Dallas, Texas (Highland Park)	
Haley Crouser	Jr. / Jr.	Throws	Gresham, Ore. (Gresham/Oregon)	
Alex Cruz	Fr. / Fr. / Fr.	Distance/XC	Edinburg, Texas (Edinburg)	
Teahna Daniels	Fr. / Fr.	Sprints	Orlando, Fla. (The First Academy)	tee-AH-nah
Sydne Fowler	Fr. / Fr.	Sprints/Hurdles	Austin, Texas (Westlake)	
Asa Garcia	Fr. / Fr.	Jumps	Texas City, Texas (Texas City)	A-sah gar-SEE-uh
Zola Golden	Fr. / Fr.	Sprints	Sicklerville, N.J. (Arlington)	ZOH-lah
Emily Golla	Fr. / Fr. / Fr.	Distance/XC	Kingwood, Texas (Kingwood)	GO-lah
Melissa Gonzalez	Sr. / Sr.	Hurdles	Carrollton, Texas (Creekview)	
Chrisann Gordon	Jr. / Jr.	Sprints	St. Ann, Jamaica (Holmwood Tech./South Plains Coll.)	
Hannah Grubb	So. / So. / So.	Middle Distance/XC	State College, Pa. (State College)	
Mary Beth Hamilton	Jr. / Jr. / So.	Middle Distance/XC	Dallas, Texas (Highland Park)	
Alexa Harmon-Thomas	So. / R-Fr.	High Jump/Multi Events	Lawrence, Kan. (Lawrence Free State)	
Anne Harwig	Sr. / Sr.	Pole Vault	Tampa, Fla. (Florida State)	AN-ee har-wig
Rose Hyak	So. / So.	Distance	Buda, Texas	
Ariel Jones	So. / So.	Sprints/Hurdles	Houston, Texas (Atascotita)	
Meghan Lloyd	Fr. / Fr. / Fr.	Distance/XC	Keller, Texas (Keller)	
Kally Long	So. / So.	Pole Vault	Wimberley, Texas (Wimberley)	KAL-lee
Ashley Miller	Fr. / Fr.	Sprints/Hurdles	Greenwood Village, Colo. (East Ridge)	
Courtney Okolo	Sr. / Sr.	Sprints	Carrollton, Texas (Newman Smith)	COURT-nee oh-KO-lo
Sierra Patrick	R-Jr. / R-Jr.	Multi Events	Austin, Texas (Lake Travis)	
Marissa Pekarek	Sr. / Sr. / Sr.	Distance/XC	Fairview, Texas (Lovejoy)	mah-RISS-ah PECK-ah-reck
Kaitlin Petrillose	Sr. / Sr.	Pole Vault	Round Rock, Texas (McNeil)	KATE-lin PEH-tri-lohss
Shay Petty	So. / So.	Pole Vault	San Antonio, Texas (St. Mary's Hall)	
Shelby Poncik	Jr. / Jr.	Pole Vault	Needville, Texas (Texas Tech)	SHEL-bee PAHN-chik
Virginia Preiss	Fr. / Fr. / Fr.	Distance/XC	Corpus Christi, Texas (Richard King)	PREESS
Sandie Raines	Jr. / Jr. / Jr.	Distance/XC	Kingwood, Texas (Kingwood/Arkansas)	
Catherine Romanick	So. / So.	Sprints	Fredericksburg, Texas (Fredericksburg)	ROHM-a-nik
Katie Ruhala	So. / So. / Jr.	Distance/XC	Lucas, Texas (Lovejoy)	KATE-ee roo-HA-la
Caitland Smith	So. / So.	Sprints	Pelham, Ala. (Pelham)	
Calie Spencer	So. / So.	Pole Vault	New Braunfels, Texas (New Braunfels Canyon)	KAL-lee
Raquel Tjernagel	Fr. / Fr.	Sprints	New Westminster, Canada (New Westminster Secondary)	rah-KEL cher-NAY-gul
Pamela Uchebo	Jr. / Jr.	Jumps	Lubbock, Texas (Lubbock)	PAM-ah-la yu-CHEE-boh
Ali Uhle	R-Fr. / R-Fr.	Pole Vault	Tomball, Texas (Tomball)	AL-ee OO-lee
Georgia Wahl	Fr. / Fr.	Jumps	Houston, Texas (Episcopal)	
Connor Ward	CE / CE / Sr.	Distance/XC	Flower Mound, Texas (Flower Mound)	
N'Dia Warren-Jacques	So. / R-Fr.	Throws	Conroe, Texas (Oak Ridge)	IN-dee-ah WAR-en HOCK-ess
Jordan Welborn	Fr. / Fr. / Fr.	Distance/XC	Lumberton, Texas (Lumberton)	
Samantha Young	R-Fr. / R-Fr. / So.	Distance	Southlake, Texas (Southlake Carroll)	
Ashtin Zamzow	So. / So.	Multi Events	Goliad, Texas (Goliad/Texas A&M)	ZAM-zoh

CE = Completed eligibility

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Assistant Coach Brad Herbster
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Assistant Coach: Kareem-Streete Thompson

2016 Texas Men's Track & Field Indoor Personal Best Chart

ALL TIMES BANKED UNLESS MARKED

p - preliminary heat | s - semifinal heat | q - qualified to advance | aa - at altitiude | ^ - over-sized track | + - special invite | c - consolation | & - NCAA Record
- meet record | @ - facility record | $ - school record | h - heptathlon | hept-XX - place in heptathlon competition

CARLTON ANUMNU | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.86 p q	Howie Ryan Invitational (1/30/15)	--
200m	21.36	Tyson Invitational (2/14/15)	T-20th
400m	47.60	Power Five Invitational (1/23/16)	6th

CHARLES ANUMNU | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.84 p	Husker Invitational (2/5/16)	13th
200m	21.35	Arkansas-Texas Dual (1/16/15)	5th

ALDRICH "AJ" BAILEY, JR. | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.77 p q	Power Five Invitational (1/22/16)	pre-2nd
200m	*20.66*	*NCAA Championships (3/15/14)*	*7th*
400m	*46.25*	*Razorback Invitational (2/1/14)*	*4th*

italics - denotes while at Texas A&M

ANDREW BOLZE | SOPHOMORE

Event	Mark	Meet (Date)	Place
Heptathlon	4829 pts !	Husker Invitational (2/5-6/16)	8th
Day 1 Total	2609 pts !	Husker Invitational (2/5/16)	n/a
Day 2 Total	2220 pts !	Husker Invitational (2/6/16)	n/a
60m	*7.21*	*Beantown Challenge (1/17/15)*	*hept-4th*
Long Jump	6.70m/21-11.75	Power Five Invitational (1/23/16)	21st
Shot Put	*12.33m/40-5.50*	*Beantown Challenge (1/17/15)*	*hept-2nd*
High Jump	1.76m/5-9.25 h	Husker Invitational (2/5/16)	hept-10th
60m Hurdles	*8.38*	*Boston University Opener (12/6/14)*	*3rd*
Pole Vault	*4.15m/13-7.25*	*Dartmouth Relays (1/11/15)*	*6th*
1000m	2:51.86 h	Husker Invitational (2/6/16)	hept-4th

italics - denotes while at Harvard

ZACK BILDERBACK | SENIOR

Event	Mark	Meet (Date)	Place
60m	6.87	Arkansas-Texas Dual (1/16/15)	4th
200m	21.17	Texas A&M 11-Team Invitational (1/16/16)	5th
400m	45.98 $	Tyson Invitational (2/13/15)	3rd
500m	1:03.81	Armory Collegiate Invitational (2/2/13)	8th
600yd	1:11.31 ^	Big 12 Championships (2/23/13)	7th

LOGAN BRITTAIN | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.41 a	Cherry and Silver (1/25/14)	38th
High Jump	2.13m / 6-11.75 a	New Mexico Collegiate (2/7/14)	4th
Triple Jump	13.88m / 45-6.50	Arkansas Dual (1/17/14)	4th
Long Jump	7.17m / 23-6.25 a	New Mexico Collegiate (2/7/14)	8th

JOHN BURT | FRESHMAN

Event	Mark	Meet (Date)	Place
60m Hurdles	8.06 p	Husker Invitational (2/5/16)	10th

ADRIAN COLBERT | JUNIOR

Event	Mark	Meet (Date)	Place
400m	49.67	Husker Invitational (2/5/16)	42nd

RYAN CROUSER | SENIOR

Event	Mark	Meet (Date)	Place
Shot Put	21.28m/69-9.75 $ #	Husky Classic (2/13/16)	1st

MAX DORDEVIC | SOPHOMORE

Event	Mark	Meet (Date)	Place
400m	49.23	Arkansas-Texas Dual (1/16/15)	5th
600 yd	1:12.07	Rod McCravy Memorial (1/23/15)	4th
600m	1:22.33 aa	New Mexico Collegiate Classic (2/6/15)	16th

SPENCER DUNKERLEY-OFFOR | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.10 p aa	New Mexico Collegiate Classic (2/7/15)	10th
200m	22.34	Arkansas-Texas Dual (1/16/15)	9th
60m Hurdles	7.82 p q	Big 12 Championships (2/27/15)	pre-1st
Triple Jump	13.42m/44-0.50	Arkansas-Texas Dual (1/16/15)	6th

BRYSON ECHOLS | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.11 p	Texas A&M 11-Team Invitational	27th

LOGAN EMERY | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	4:07.20 ^	Husky Classic (2/13/16)	28th
3000m	8:31.19 !	Texas A&M 11-Team Invitational	7th

BASIL FARES | SENIOR

Event	Mark	Meet (Date)	Place
60m	6.87 aa	New Mexico Collegiate Classic (2/7/15)	6th
Long Jump	7.79m/25-6.75	Tyson Invitational (2/13/15)	1st
Triple Jump	14.18m/46-6.25	Big 12 Championships (2/28/15)	6th

DEREK FENTON | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Shot Put	15.61m/51-2.75	Texas A&M 11-Team Invitational	11th
Weight Throw	14.19m/46-6.75	Texas A&M 11-Team Invitational	14th

SENOJ-JAY GIVANS | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.57 $ p q	NCAA Championships (3/13/15)	pre-2nd
200m	20.95^	Big 12 Championships (2/28/15)	3rd

ZACH HAMSTRA | SOPHOMORE

Event	Mark	Meet (Date)	Place
3000m	8:16.18 ^	Husky Classic (2/13/15)	26th
5000m	14:34.15	Rod McCravy Memorial (1/23/15)	11th

CHRIS IRVIN | JUNIOR

Event	Mark	Meet (Date)	Place
200m	22.14 +	Husker Invitational (2/6/16)	16th
400m	47.15^	Big 12 Championships (2/28/15)	6th
60m	7.01	Razorback Invitatoinal (1/31/14)	hept
Long Jump	6.30m / 20-8.00	Tyson Invitational (2/15/14)	33rd
Shot Put	12.07m / 39-7.25	Razorback Invitational (1/31/14)	hept
High Jump	1.83m / 6-0.00	Razorback Invitational (1/31/14)	hept
60m Hurdles	10.03	Tyson Invitational (2/15/14)	37th
Pole Vault	3.55m / 11-7.25	Razorback Invitational (2/1/14)	hept
1,000m	2:37.86	Razorback Invitational (2/1/14)	hept
Heptathlon	4672 pts	Razorback Invitational (1/31-2/1/14)	5th
Heptathlon Day One	2762 pts	Big 12 Championships (2/28/14)	n/a

ERIC KROON | FRESHMAN

Event	Mark	Meet (Date)	Place
3000m	8:27.06	Husker Invitational (2/6/16)	3rd
5000m	14:42.19 ^	Husky Classic (2/12/16)	55th

WOLF MAHLER | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.91 h	Big 12 Championships (2/27/15)	hept
Long Jump	6.75m/22-1.75 h	NCAA Championships (3/14/15)	hept
Shot Put	12.88m/42-3.25 h	Husker Invitational (2/5/16)	hept-3rd
High Jump	1.92m/6-3.50 h	NCAA Championships (3/14/15)	hept
60m Hurdles	8.31 h	Big 12 Championships (2/28/15)	hept
	8.31 h	NCAA Championships (3/14/15)	hept
Pole Vault	5.08m/16-8.00 ! h	Big 12 Championships (2/28/15)	hept
1000m	2:33.32 h	NCAA Championships (3/14/15)	hept
Heptathlon	5747 pts	NCAA Championships (3/13-14/15)	6th
Heptathlon Day One	3008 pts	Big 12 Championships (2/27/15)	n/a
Heptathlon Day Two	2749 pts	NCAA Championships (3/14/15)	n/a

DERRELL MANHERTZ | JUNIOR

Event	Mark	Meet (Date)	Place
400m	50.22 ^	Iowa State Classic (2/15/14)	20th
600yd	1:11.79^	Big 12 Championships (2/28/15)	6th
600m	1:18.97 +	Husker Invitational (2/6/16)	4th
800m	1:52.22	Power Five Invitational (1/23/16)	9th

STEFFIN McCARTER | FRESHMAN

Event	Mark	Meet (Date)	Place
Long Jump	7.69m/25-2.75	Tyson Invitational (2/12/16)	2nd

2016 Texas Men's Track & Field Indoor Personal Best Chart

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- meet record | @ - facility record | $ - school record | h - heptathlon | hept-XX - place in heptathlon competition

SPENCER McCLOUD | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.61 a	Cherry and Silver (1/25/14)	39th
High Jump	2.11m/6-11.00	Tyson Invitational (2/14/15)	4th

JAKE McCONNELL | SOPHOMORE

Event	Mark	Meet (Date)	Place
800m	1:53.00	Texas A&M 11-Team Invitational	8th
1000m	2:27.86	Arkansas-Texas Dual (1/16/15)	4th

PARKS McNEIL | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	5.15m/16-10.75 !	Lobo Collegiate Open (1/24/15)	10th
	5.15m/16-10.75 ! aa	Lobo Collegiate Open (1/24/15)	15th

NICK MEADERS | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	5.01m/16-5.25	Texas A&M 11-Team Invitational	T-8th

NATE MOORE | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
Mile	4:22.19	Arkansas Dual (1/17/14)	4th
3000M	8:17.75 ^	Iowa State Classic (2/15/14)	6th

IKA MORTON | FRESHMAN

Event	Mark	Meet (Date)	Place
Long Jump	7.13m/23-4.75	Power Five Invitational (1/23/16)	6th

CHRIS NTREH | FRESHMAN

Event	Mark	Meet (Date)	Place
60m	6.98 p !	Power Five Invitational (1/22/16)	25th
200m	22.68 p	Power Five Invitational (1/22/16)	40th

NICK PHYNN | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.40 ap	New Mexico Collegiate (2/8/14)	19th
Long Jump	7.18m/23-6.75	Tyson Invitational (2/13/15)	5th
Triple Jump	15.89m/52-1.75	Tyson Invitational (2/14/15)	1st

JACOB PICKLE | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	4:17.59	Texas A&M 11-Team Invitational	11th
3000m	8:18.94	Power Five Invitational (1/23/16)	5th
5000m	14:24.58 ^	Husky Classic (2/12/16)	38th

BARRETT POTH | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	5.23m/17-1.75	Husky Classic (2/13/16)	6th

BYRON ROBINSON | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.94	Sykes @& Sabock Challenge Cup (2/8/14)	4th
200m	21.25	Sykes @& Sabock Challenge Cup (2/8/14)	1st
400m	46.27 +	Tyson Invitational (2/12/16)	3rd
600 yd	1:09.58^	Big 12 Championships (2/28/15)	2nd

ALEX ROGERS | FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	4:03.47 ^	Husky Classic (2/13/16)	17th
3000m	8:13.87 +	Husker Invitational (2/6/16)	5th

BLAKE SCOTT | FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	5.08m/16-8.00	Husky Classic (2/13/16)	T-12th

REESE THOMPSON | SOPHOMORE

Event	Mark	Meet (Date)	Place
Heptathlon	5010 pts	Husker Invitational (2/5-6/16)	7th
Heptathlon Day 1	2624 pts	Husker Invitational (2/5/16)	n/a
Heptathlon Day 2	2438 pts	New Mexico Collegiate Classic (2/6-7/15)	hept
60m	7.16 p	Power Five Invitational (1/22/16)	37th
	7.16 h	Husker Invitational (2/5/16)	hept-5th
Long Jump	6.55m/21-6.00 h	Husker Invitational (2/5/16)	hept-6th
Shot Put	11.40m/37-5.00	Texas A&M 11-Team Invitational	23rd
High Jump	1.71m/5-7.25	Big 12 Championships (2/27/15)	hept
60m Hurdles	8.20 p	Tyson Invitational (2/12/16)	26th
Pole Vault	4.70m/15-5.00 aa	New Mexico Collegiate Classic (2/7/15)	hept
1000m	2:53.63 aa	New Mexico Collegiate Classic (2/7/15)	hept

BRADY TURNBULL | SENIOR

Event	Mark	Meet (Date)	Place
800m	1:51.99	Razorback Invitational (1/26/13)	2nd
1000m	2:24.78	Big 12 Championships (2/23/13)	3rd
Mile	4:03.58 ^	Husky Classic (2/13/15)	22nd
3000m	8:14.11^	Big 12 Championships (2/28/15)	8th

ROBERT UHR | JUNIOR

Event	Mark	Meet (Date)	Place
800m	1:50.01 ^	Meyo Invitational (2/17/15)	5th
1000m	2:27.24	ArkansasDual (1/17/14)	3rd

WESLEY WARD | SOPHOMORE

Event	Mark	Meet (Date)	Place
800m	1:54.76 ^	Husky Classic (2/13/15)	58th
1000m	2:30.23	Arkansas-Texas Dual (1/16/15)	6th
Mile	4:15.17 ^	Rod McCravy Memorial (1/24/15)	15th

REESE WATSON | SENIOR

Event	Mark	Meet (Date)	Place
Pole Vault	5.51m/18-1.00 aa	Lobo Collegiate Open (1/24/15)	4th

ALAN ZAPALAC | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
Weight Throw	19.78m/64-10.75	Husker Invitational (2/5/16)	2nd

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- meet record | @ - facility record | $ - school record | pent - pentathlon | pent-XX - place in heptathlon competition

MARIAM ABDUL-RASHID | FRESHMAN

Event	Mark	Meet (Date)	Place
600m	1:42.09	Husker Invitational (2/6/16)	8th

MOBOLAIJI "BJ" ADEOKUN | SENIOR

Event	Mark	Meet (Date)	Place
60m	7.48 p aa	New Mexico Collegiate Classic (2/7/15)	11th
200m	25.16 aa	New Mexico Collegiate Classic (2/6/15)	41st
60H	8.27 p q	Big 12 Championships (2/27/15)	pre-4th
	8.27 p q	Husker Invitational (2/5/16)	pre-2nd

MOROLAKE AKINOSUN | SENIOR

Event	Mark	Meet (Date)	Place
60M	7.20 aa	New Mexico Collegiate Classic (2/7/15)	1st
200M	23.37^	Big 12 Championships (2/28/15)	2nd

MAWI BERKHADLEY | JUNIOR

Event	Mark	Meet (Date)	Place
60m	*8.52*	*LSU Invitational (1/9/15)*	*30th*
60m Hurdles	*9.43p*	*Howie Ryan Invitational (1/30/15)*	*22nd*
High Jump	*1.69m/5-6.50*	*LSU Twilight (2/21/14)*	*3rd*
Shot Put	*8.65m/28-4.50 pent*	*Southland Conference Champ. (2/17/15)*	*pent-15th*
Long Jump	*4.89m/16-0.50 pent*	*Southland Conference Champ. (2/17/15)*	*pent-17th*
800m	*2:29.99 pent*	*Southland Conference Champ. (2/17/15)*	*pent-6th*
Pentathlon	*3120 pts*	*Southland Conference Champ. (2/17/15)*	*11th*

italics - denotes while at Northwestern State

KATIE BURFORD | JUNIOR

Event	Mark	Meet (Date)	Place
800m	2:15.30	Razorback Invitational (2/1/14)	11th
1000m	3:01.82	Arkansas Dual (1/17/14)	5th
Mile	4:49.40 ^	Husky Classic (2/13/16)	27th

LAURYN CALDWELL | SOPHOMORE

Event	Mark	Meet (Date)	Place
Shot Put	14.81m/48-7.25	Arkansas-Texas Dual (1/16/15)	1st
Weight Throw	17.21m/56-5.75	Cherry & Silver Invitational (1/22/16)	4th

SHANIA COLLINS | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.47 p q	Big 12 Championships (2/27/15)	pre-6th
200m	23.74	Tyson Invitational (2/14/15)	17th
4x400m	3:40.13	Arkansas-Texas Dual (1/16/15)	2nd

GABBY CRANK | FRESHMAN

Event	Mark	Meet (Date)	Place
800m	2:10.12	Power Five Invitational (1/23/16)	4th

ALEX CRUZ | FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	5:00.87	Texas A&M 11-Team Invitational (1/16/16)	11th

TEAHNA DANIELS | FRESHMAN

Event	Mark	Meet (Date)	Place
60m	7.23	Tyson Invitational (2/12/16)	2nd
200m	23.86	Tyson Invitational (2/13/16)	10th

SYDNE FOWLER | FRESHMAN

Event	Mark	Meet (Date)	Place
400m	56.64	Texas A&M 11-Team Invitational (1/16/16)	12th
600m	1:34.13	Husker Invitational (2/6/16)	2nd
800m	2:11.83	Tyson Invitational (2/12/16)	5th

ASA GARCIA | FRESHMAN

Event	Mark	Meet (Date)	Place
Long Jump	5.52m/18-1.50	Power Five Invitational (1/23/16)	18th
Triple Jump	12.91m/42-4.25	Tyson Invitational (2/13/16)	7th

ZOLA GOLDEN | FRESHMAN

Event	Mark	Meet (Date)	Place
200m	24.61	Tyson Invitational (2/13/16)	45th
400m	55.93	Husker Invitational (2/5/16)	8th

MELISSA GONZALEZ | SENIOR

Event	Mark	Meet (Date)	Place
60m Hurdles	8.72	Razorback Invitational (1/31/14)	pent 4th
Shot Put	10.34m / 33-11.50	Arkansas Dual (1/17)	3rd
High Jump	1.56m / 5-1.25	Big 12 Championships (2/28/14)	pent T-10th
Long Jump	5.49m / 18-0.25	Big 12 Championships (2/28/14)	pent T-5th
800m	2:16.58	Tyson Invitational (2/12/16)	14th
Pentathlon	3757 pts	Big 12 Championships (2/28/14)	6th
Triple Jump	11.64m / 38-2.25	Big 12 Championships (3/1/14)	8th
400m	56.31	Arkansas-Texas Dual (1/16/15)	4th
600 yd	1:22.15^ p q	Big 12 Championships (2/27/15)	pre-5th
600m	1:33.78	Husker Invitational (2/6/16)	1st

CHRISANN GORDON | JUNIOR

Event	Mark	Meet (Date)	Place
200m	*23.90 aa*	*New Mexico Classic (2/7/15)*	*t-8th*
400m	*52.41*	*Tyson Invitational (2/14/15)*	*5th*
600yd	*1:21.04*	*Texas Tech Indoor Open (1/17/15)*	*1st*
800m	*2:15.22*	*NJCAA Championships (3/7/15)*	*1st*

italics - denotes while at South Plains College

HANNAH GRUBB | SOPHOMORE

Event	Mark	Meet (Date)	Place
Mile	4:56.29	Texas A&M 11-Team Invitational (1/16/16)	5th
3000m	9:47.22	Power Five Invitational (1/23/16)	12th
5000m	17:14.18 ^	Husky Classic (2/12/15)	51st

MARY BETH HAMILTON | JUNIOR

Event	Mark	Meet (Date)	Place
800m	2:07.90 ^	Husky Classic (2/13/16)	17th
1000m	2:56.37	Arkansas-Texas Dual (1/16/15)	3rd
Mile	4:57.78	Texas A&M 11-Team Invitational (1/16/16)	7th

ALEXA HARMON-THOMAS | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m Hurdles	8.82 p q	Arkansas-Texas Dual (1/16/17)	pre-7th
High Jump	1.67m/5-5.75	Arkansas-Texas Dual (1/16/15)	4th
Shot Put	10.51m/34-5.75 aa	New Mexico Collegiate Classic (2/6/15)	pent
Long Jump	5.43m/17-9.75	Rod McCravy Memorial (1/23/15)	pent
	5.43m/17-9.75	Power Five Invitational (1/23/16)	25th
800m	2:34.17	Rod McCravy Memorial (1/23/15)	pent
Pentathlon	3565 pts	Rod McCravy Memorial (1/23/15)	pent

ANNE HARWIG | SENIOR

Event	Mark	Meet (Date)	Place
Pole Vault	3.73m/12-2.75	Husker Invitational (2/5/16)	T-13th

ROSE HYAK | SOPHOMORE

Event	Mark	Meet (Date)	Place
5000m	18:28.74 ^	Meyo Invitational (2/6/15)	51st

ARIEL JONES | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.90 p	Rod McCravy Memorial (1/24/15)	43rd
200m	25.24	Rod McCravy Memorial (1/23/15)	39th
400m	54.92	Husker Invitational (2/5/16)	6th
60m Hurdles	8.28	Power Five Invitational (1/23/16)	2nd

MEGHAN LLOYD | FRESHMAN

Event	Mark	Meet (Date)	Place
3000m	9:45.25 +	Husker Invitational (2/6/16)	6th
5000m	17:12.47 ^	Husky Classic (2/12/15)	50th

KALLY LONG | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	4.30m/14-1.25	Husky Classic (2/13/16)	4th

ASHLEY MILLER | FRESHMAN

Event	Mark	Meet (Date)	Place
200m	24.81	Texas A&M 11-Team Invitational (1/16/16)	16th
400m	58.35	Power Five Invitational (1/22/16)	41st
60m Hurdles	8.28 s q	Tyson Invitational (2/12/16)	semis-6th

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- meet record | @ - facility record | $ - school record | pent - pentathlon | pent-XX - place in heptathlon competition

COURTNEY OKOLO | SENIOR

Event	Mark	Meet (Date)	Place
60m	7.52	Arkansas Dual (1/17/14)	4th
200m	23.45 aa	New Mexico Collegiate Classic (2/6/15)	2nd
400m	51.12	NCAA Championships (3/14/15)	1st
600 yd	1:18.24^	Big 12 Championships (2/28/15)	1st

SIERRA PATRICK | REDSHIRT JUNIOR

Event	Mark	Meet (Date)	Place
60m Hurdles	8.86 pent	Husker Invitational (2/5/16)	pent-9th
High Jump	*1.78m/5-10.00*	*SEC Championships (3/1/14)*	*T-4th*
Shot Put	11.69m/38-4.25 aa pent	New Mexico Classic (2/6/15)	pent-1st
Long Jump	5.35m/17-6.75	Power Five Invitational (1/23/16)	27th
800m	2:28.25 pent	Husker Invitational (2/5/16)	pent-9th
Pentathlon	3807 pts aa	New Mexico Classic (2/6/15)	4th

italics - denotes while at Texas A&M

MARISSA PEKAREK | SENIOR

Event	Mark	Meet (Date)	Place
3000m	11:10.76	Arkansas-Texas Dual (1/16/17)	6th
5000M	19:04.57	Houston Leonard Hamilton Memorial (1/8/13)	4th

KAITLIN PETRILLOSE | SENIOR

Event	Mark	Meet (Date)	Place
Pole Vault	4.60m / 15-1.00 $#&	NCAA Championships (3/14/14)	1st

SHAY PETTY | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	4.18m/ 13-8.50	Husker Invitational (2/5/16)	3rd

SHELBY PONCIK | JUNIOR

Event	Mark	Meet (Date)	Place
High Jump	1.00m/3-3.25	Arkansas-Texas Dual (1/16/15)	6th
Pole Vault	3.90m / 12-9.50	Red Raider Open (2/2/13)	3rd
Weight Throw	11.19m/36-8.50	Arkansas-Texas Dual (1/15/15)	4th

SANDIE RAINES | JUNIOR

Event	Mark	Meet (Date)	Place
1000m	2:59.99	Arkansas Invitational (1/10/14)	5th
Mile	4:49.71	Arkansas-Texas Dual (1/16/15)	3rd
3000m	9:10.43^	Big 12 Championships (2/28/15)	4th
5000m	15:50.49 ^	Husky Classic (2/13/15)	3rd

KATIE RUHALA | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
3000m	9:48.18 ^	Meyo Invitational (2/7/15)	22nd
5000m	16:55.79 ^	Husky Classic (2/13/15)	37th

CAITLAND SMITH | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.38	Big 12 Championships (2/28/15)	4th
200m	23.72^	Big 12 Championships (2/28/15)	6th

CALIE SPENCER | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	4.16m/13-7.75 aa	New Mexico Collegiate Classic (2/7/15)	9th

RAQUEL TJERNAGEL | FRESHMAN

Event	Mark	Meet (Date)	Place
200m	25.04 p	Power Five Invitational (1/22/16)	37th
400m	55.38	Tyson Invitational (2/12/16)	22nd

PAMELA UCHEBO | JUNIOR

Event	Mark	Meet (Date)	Place
Long Jump	5.66m/18-7.00	Arkansas-Texas Dual (1/16/15)	3rd

ALI UHLE | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	4.15m/13-7.25	Cherry & Silver Invitational (1/23/16)	7th

N'DIA WARREN-JACQUES | SOPHOMORE

Event	Mark	Meet (Date)	Place
Shot Put	15.36m/50-4.75	Husker Invitational (2/6/16)	8th
Weight Throw	17.43m/57-2.25	Tyson Invitational (2/13/15)	24th

ASHTIN ZAMZOW | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pentathlon	3861 pts	Husker Invitational (2/5/16)	4th
60m Hurdles	8.50 pent	Husker Invitational (2/5/16)	pent-1st
High Jump	*1.69m/5-6.50 pent*	*Aggie Invitational (2/6/15)*	*pent-2nd*
Shot Put	11.94m/39-2.25 pent	Husker Invitational (2/5/16)	pent-5th
Long Jump	5.40m/17-8.75	Tyson Invitational (2/12/16)	22nd
800m	*2:23.75 pent*	*SEC Championships (2/27/15)*	*pent-10th*

italics - denotes while at Texas A&M