



# Texas

## Track & Field and Cross Country

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6 NCAA Indoor Championships | 4 NCAA Outdoor Championships  
14 Big 12 Conference Indoor Championships | 15 Big 12 Conference Outdoor Championships

### COACHING STAFF

Director of Track & Field and Cross Country \_\_\_\_ Mario Sategna  
Associate Head Coach - Sprints \_\_\_\_ Tonja Buford-Bailey  
Assistant Coach - Distance/XC \_\_\_\_ Brad Herbster  
Assistant Coach - Sprints \_\_\_\_ Seth Henson  
Assistant Coach - Field Events \_\_\_\_ Ty Sevin  
Assistant Coach - Jumps \_\_\_\_ Kareem Streete-Thompson  
Director of Operations \_\_\_\_ Dan Huskerson

Twitter: @UTexasTrack  
Instagram: utexastrackfieldxc

### 2016 SCHEDULE

#### INDOOR

##### January

16 Texas A&M 11-Team Invitational Men 2nd, Women 1st  
22-23 Conference Clash Power Five Invit. Men 2nd, Women 1st  
Cherry & Silver Collegiate Invitational

##### February

5-6 Frank Sevigne Husker Invitational  
New Mexico Collegiate Classic  
12-13 Tyson Invitational Fayetteville, Ark.  
Husky Classic Seattle, Wash.  
26-27 Big 12 Championships Ames, Iowa

##### March

11-12 NCAA Championships Birmingham, Ala.

#### OUTDOOR

##### March

17-18 TCU Invitational Fort Worth, Texas  
25-26 Cardinal & Gold Challenge Los Angeles, Calif.  
UTSA Invitational San Antonio, Texas

##### March 30-

April 2 Nike Clyde Littlefield Texas Relays Myers Stadium

##### April

1 Stanford Invitational Stanford, Calif.  
9 Baylor Invitational Waco, Texas  
16 Texas Invitational Myers Stadium  
23 LSU Alumni Gold Baton Rouge, La.  
28-30 Drake Relays Des Moines, Iowa

##### May

7 Longhorn Invitational Myers Stadium  
13-15 Big 12 Championships Fort Worth, Texas  
26-28 NCAA West Preliminary Rounds Lawrence, Kan.

##### June

8-11 NCAA Championships Eugene, Ore.

#### TYSON INVITATIONAL

DATE: February 12-13  
LOCATION: Fayetteville, Ark.  
FACILITY: Randall Tyson Center  
TWITTER: @UTexasTrack | @RazorbackTF  
LIVE RESULTS: FlashResults.com  
TV (ONLINE): SECN+ (5 P.M., FRI; 2:30 P.M., SAT.)

#### HUSKY CLASSIC

DATE: February 12-13  
LOCATION: Seattle, Wash..  
FACILITY: Dempsey Center  
TWITTER: @UTexasTrack | @UW\_Track  
LIVE RESULTS: GOhuskies.com  
LIVE VIDEO: FloTrack.org

Texas Track & Field splits up this weekend to head to a pair of meets that will both feature some of the top talent from across the nation. The sprinters and jumpers are headed to the Tyson Invitational hosted by Arkansas while the distance crew along with the throwers and pole vaulters head to the Pacific Northwest for the Husky Classic hosted by Washington.

The Tyson Invitational has become one of the premiere meets each year for sprinters and jumpers and the Husky Classic has established itself as one of the top indoor meets each year for the distance events. Last year during this weekend of action, **Zack Bilderback** broke the school record in the 400 meters at the Tyson Invitational while **Craig Lutz** set the Texas standard in the 5,000 meters at the Husky Classic.

This will be the final opportunity for the Longhorns to make a statement as the team is not scheduled to compete next week. The Longhorns will take next week off to rest and prepare for the Big 12 Conference Championships. Teams are limited to a roster of only 25 student-athletes at the Big 12 meet and the coaching staff will be looking for strong performances this week in Arkansas and Washington to set the roster for the trip to Ames, Iowa. Texas swept the conference championships last year winning both the women's and men's titles.

Both meets can be viewed live online. The Tyson Invitational will be webcast on SECN+, the online branch of the SEC Network. The webcast is set to start at 5 p.m. Friday and at 2:30 p.m. Saturday. The Husky Classic will be aired live by FloTrack. Subscriber's to the website's FloPro service can watch the meet live.

Fans can also keep up with the action at both meets through live results. FlashResults.com will provide updates at the Tyson Invitational while results from the Husky Classic can be found at gohuskies.com Updates from both meets can also be found by following the team's official Twitter handle @UTexasTrack.

#### LONGHORNS BOTH IN TOP 5 NATIONALLY

- Texas is among the favorites to win NCAA Championships in 2016 on both sides. The Longhorns ranked No. 5 for the men and No. 5 for the women in the latest USTFCCA Rankings.
- The men were ranked No. 2 in the preseason rankings, the highest ranking ever for the men's team, who has never won a team NCAA crown.
- The women were No. 3 in the preseason and are seeking their first team NCAA title since 2006.
- Last year the both teams finished 6th indoors at the national meet.

#### OKOLO NAMED NATIONAL ATHLETE OF THE WEEK

- Texas senior sprinter **Courtney Okolo** ran the fastest time in the world this season at the Husker Invitational, clocking 51.16 seconds. For the effort she was named the USTFCCA Division I National Athlete of the Week.
- Okolo bested former teammate and now professional runner for Nike, **Ashley Spencer**.
- It also was Okolo's season debut in her primary event as she is preparing to defend her 2015 NCAA title indoors.

#### TEXAS DISTANCE GAINING MOMENTUM

- In a special invitational 3,000 meters at the Husker Invitational, freshman **Alex Rogers** placed fifth with a time of 8:13.47 in his first 3,000 as a collegiate. **Sandie Raines** finished third for the women with freshman Meghan Lloyd crossing in sixth.
- Senior **Brady Turnbull** got the crowd excited at the Devaney Center in the special invitational mile. He continued to push the tempo and was on pace for the first-ever sub-4-minute mile at the Husker Invite when the bell rang for the final lap. Turnbull was unable to maintain that pace, however, as he ran out of gas and finished fourth in 4:07.15. The winner ran 4:04.57.

## Meet Schedule

### Tyson Invitational - only Texas events listed

Friday, Feb. 12

#### Field Events

2:00 pm \_\_\_\_\_ Long Jump (m)

#### Running Events

1:15 pm \_\_\_\_\_ 400m (w/m)

2:40 pm \_\_\_\_\_ 60m Hurdles Prelims (w/m)

3:15 pm \_\_\_\_\_ 60m Prelims (w/m)

4:10 pm \_\_\_\_\_ 800m (w)

5:00 pm \_\_\_\_\_ 60m Hurdles Semifinals (w/m)

5:30 pm \_\_\_\_\_ 60m Hurdles Final (w/m)

5:40 pm \_\_\_\_\_ 60m Semifinals (w/m)

6:10 pm \_\_\_\_\_ 60m Final (w/m)

Saturday, Feb. 13

#### Field Events

12:00 pm \_\_\_\_\_ High Jump (w/m)

\_\_\_\_\_ Triple Jump (m/w)

#### Running Events

12:30 pm \_\_\_\_\_ 200m (w/m)

2:30 pm \_\_\_\_\_ 200m Invitational (w/m)

4:10 pm \_\_\_\_\_ 4x400m Relay Invitational (w/m)

4:30 pm \_\_\_\_\_ 4x400m Relay (w/m)

### Husky Classic - only Texas events listed (times local)

Friday, Feb. 12

#### Field Events

4:00 pm \_\_\_\_\_ Weight Throw (m)

4:30 pm \_\_\_\_\_ Pole Vault Unseeded (w)

6:00 pm \_\_\_\_\_ Pole Vault Unseeded (m)

#### Running Events

4:45 pm \_\_\_\_\_ DMR (w/m)

5:30 pm \_\_\_\_\_ 5000m Invitational (w/m)

6:10 pm \_\_\_\_\_ 5000m Unseeded (w/m)

Saturday, Feb. 13

#### Field Events

10:00 am \_\_\_\_\_ Weight Throw (w)

1:00 pm \_\_\_\_\_ Shot Put (w)

2:00 pm \_\_\_\_\_ Pole Vault Seeded (w)

3:00 pm \_\_\_\_\_ Shot Put (m)

3:30 pm \_\_\_\_\_ Pole Vault Seeded (m)

#### Running Events

11:25 am \_\_\_\_\_ 800m Unseeded (w/m)

12:25 pm \_\_\_\_\_ 3000m Unseeded (w/m)

2:05 pm \_\_\_\_\_ Mile Unseeded (w/m)

3:30 pm \_\_\_\_\_ Mile Seeded (w/m)

4:20 pm \_\_\_\_\_ 800m Seeded (w/m)

4:40 pm \_\_\_\_\_ 3000m Seeded (w/m)

## SPRINTERS SHINE AT HUSKER INVITATIONAL

- Texas tallied four victories in the sprints in Nebraska
- Freshman **Teahna Daniels** won the 200 meters in 23.98 seconds for a new personal record. She took more than half a second off her previous best indoors.
- In addition to **Courtney Okolo's** win in the women's 400m, **Byron Robinson** proved to be the top man in meet for that event. He ran 46.74, just .01 off his PR, in his first 400m of the season.
- Senior **Melissa Gonzalez** posted a win for the Longhorns in the 600 meters. The 400-meter hurdler outdoors ran a personal best time of 1:33.78 coming from behind on the final straightaway to pass freshman **Sydne Fowler**. Fowler clocked in at 1:34.13 in her first ran at 600 meters.
- Senior **Morolake Akinosun** took second in the special invitational 200m behind former teammate **Ashely Spencer**. Akinosun clocked 23.50 seconds.
- Texas displayed depth in the hurdles with all three women making the final. **BJ Adeokun** took third place and freshman **Ashley Miller** ran another PR in 8.36 seconds to finish fourth. **Ariel Jones** finished seventh.
- Freshman **John Burt** continued his steady improvement in the 60 meter hurdles. The wide receiver ran 8.06 seconds to finish 10th at the Husker Invite. He has improved his PR at every meet this season.

## Events to Watch

### TYSON INVITATIONAL

- **Women's 60m**  
This field will be loaded with the nation's top talent as 13 runners ranked in the Top 20 this season are entered in the event.
- **Men's 400m**  
Another event that will be a preview of the NCAA Championships, the men's 400m will feature 12 of the Top 20 runners, plus Texas junior **AJ Bailey**, who is running his first 400m of the season. School record holder **Zack Bilderback** and **Byron Robinson** are also slated to run the 400 for the Longhorns.
- **Women's 400m**  
More Top 20 runners will be in this event than any other sprint event at the Tyson Invitational. A total of 14 of the Top 20 are entered and ready to face each other before seeing one another again at the NCAA Championships.
- **Men's Long Jump**  
**Texas** senior **Basil Fares** is the defending champion at this meet and is looking for another repeat performance. Last year, he jumped a PR mark of 7.79m to qualify for the NCAA Championships.

### HUSKY CLASSIC

- **Women's 5000m**  
Last year at this meet, junior Sandie Raines posted the No. 2 time in school history in the 5000m. She was just off the school-record pace and is running her first 5k of the season this weekend.
- **Men's Pole Vault**  
A battle of All-Americans is set with Texas senior **Reese Watson** taking on a deep field, including Washington's Jax Thoris.

## USTFCCA Indoor Rankings

WEEK 3 - (2/8/, T16) | BIG 12 CONFERENCE TEAMS IN BOLD

Men					Women				
Rk	Team	Points	Conference	2015 Finish	Rk	Team	Points	Conference	2015 Finish
1	Florida	129.26	SEC	1	1	Arkansas	198.60	SEC	1
2	Texas A&M	117.23	SEC	2	2	Georgia	179.10	SEC	2
3	Virginia Tech	96.80	ACC	4	3	Oregon	121.45	Pac-12	3
4	LSU	95.79	SEC	5	4	Florida	116.43	SEC	4
<b>5</b>	<b>Texas</b>	<b>94.99</b>	<b>Big 12</b>	<b>3</b>	<b>5</b>	<b>Texas</b>	<b>109.72</b>	<b>Big 12</b>	<b>5</b>
6	Oregon	92.56	Pac-12	6	<b>6</b>	<b>Kansas State</b>	<b>103.73</b>	<b>Big 12</b>	<b>6</b>
7	Tennessee	73.58	SEC	9	7	Southern California	102.81	Pac-12	7
8	Arkansas	72.43	SEC	8	8	Georgetown	76.63	Big East	11
<b>9</b>	<b>TCU</b>	<b>71.68</b>	<b>Big 12</b>	<b>7</b>	9	NC State	75.50	ACC	8
10	Georgia	69.24	SEC	10	10	Wisconsin	74.02	Big Ten	9
11	Stanford	57.75	Pac-12	12	11	Michigan	71.48	Big Ten	16
12	Washington	57.22	Pac-12	11	12	Kentucky	70.04	SEC	12
13	Colorado	57.08	Pac-12	13	13	Stanford	67.51	Pac-12	10
<b>14</b>	<b>Texas Tech</b>	<b>54.78</b>	<b>Big 12</b>	<b>15</b>	14	Tennessee	62.72	SEC	14
15	Alabama	53.39	SEC	14	15	Miami	59.08	ACC	15
16	Nebraska	52.69	Big Ten	16	16	Notre Dame	58.35	ACC	24
17	Southern Cal	45.95	Pac-12	17	<b>17</b>	<b>Baylor</b>	<b>57.49</b>	<b>Big 12</b>	<b>13</b>
18	Virginia	45.79	ACC	18	18	Texas A&M	52.26	SEC	20
19	NC State	44.18	ACC	25	19	Akron	45.84	MAC	19
20	Penn State	41.61	Big Ten	21	20	Duke	45.19	ACC	17
21	Syracuse	39.78	ACC	19	21	LSU	42.08	SEC	18
22	Portland	39.55	West Coast	22	<b>22</b>	<b>Oklahoma State</b>	<b>40.72</b>	<b>Big 12</b>	<b>21</b>
23	Purdue	38.52	Big Ten	26	23	Ole Miss	35.12	SEC	27
<b>24</b>	<b>Oklahoma State</b>	<b>38.43</b>	<b>Big 12</b>	<b>20</b>	24	Villanova	34.21	Big East	39
<b>25</b>	<b>Kansas State</b>	<b>35.44</b>	<b>Big 12</b>	<b>24</b>	25	Clemson	33.65	ACC	28

## Longhorns in Top 20 in NCAA - top 16 individuals, top 12 relays accepted

Based on TFRRS Descending Order List - as of 2/8/16

### Men

Event	Athlete	Mark	Date	NCAA Rank	Big 12 Rank
60m	Senoj-Jay Givans	6.65	1/16	12	3
200m	AJ Bailey	21.11	1/16	16	4
400m	Zack Bilderback	46.73	1/24	11	4
	Byron Robinson	46.74	2/5	12	5
4x400m Relay		3:06.36	1/24	4	2
DMR		9:47.12	1/24	17	3
Pole Vault	Reese Watson	5.35m/17-6.50	1/24	12	2
Shot Put	Ryan Crouser	20.02m/66-5.25	1/16	3	1

### Women

Event	Athlete	Mark	Date	NCAA Rank	Big 12 Rank
60m	Teahna Daniels	7.26	1/16	4	1
	Morolake Akinosun	7.26	1/16	4	1
200m	Morolake Akinosun	23.47	1/16	14	2
400m	Courtney Okolo	51.16	2/5	1	1
	Chrisann Gordon	52.64	2/5	6	3
60m Hurdles	BJ Adeokun	8.27	2/5	17	3
4x400m Relay		3:33.80	1/16	5	1
Pole Vault	Kaitlin Petrillose	4.30m/14-1.25	1/24	8	2

## ZAMZOW LEADING PACK OF TEXAS PENTATHLETES

- Sophomore transfer **Ashtin Zamzow** stormed onto the scene this summer winning gold in the heptathlon at the Pan American Junior Games. In her first pentathlon as a Longhorn at the Husker Invitational, she put herself at No. 2 in school history with a score of 3,861 points.
- Zamzow finished fourth overall at the meet and has positioned herself to be a player at the Big 12 Championships.
- She tallied PR's in 3-of-5 events in the pentathlon while attempting to tie her PR in the high jump.
- Junior **Sierra Patrick** posted a score of 3,740 points to finish eighth and her score ranks her fifth in school history. She was just off her personal best score set last year while she was redshirting. Patrick shattered her PR in the hurdles and set a new one in the 800m as well.
- With her score Patrick also is in position to be a contributor at the conference meet in two weeks.

## ZAP ATTACK

- Redshirt sophomore **Alan Zapalac** started 2016 off with a victory in the weight throw at the A&M 11-Team Invitational. He posted the winning mark on his very first throw of the competition at 19.37 meters (63-6.75).
- His throw moved him into No. 2 in school history in the weight throw.
- Zapalac has posted back-to-back PR's to keep progressing since. He threw 19.39m (63-7.50) at the Cherry & Silver Invitational at New Mexico and then finished second at the Husker Invitational, tossing 19.78m (64-10.75).
- He is now a contender to win the Big 12 as he is only 1cm behind K-State's Brady Grunder. Zapalac defeated Grunder heads-up at the Husker Invite. The Wildcat threw 19.21m.

## TEXAS 4X400 RELAYS SETTING TONE

- Texas has shown it will be a contender in both the men's and women's 4x400m in 2016. Both currently rank in the Top 5 in the nation so far this season and boast deep pools to pull runners from.
- The men's team of **Chris Irvin, Zack Bilderback, Byron Robinson and AJ Bailey** combined to run 3:06.36 and break the school record at the Power Five Invitational. That time is No. 4 in the NCAA this year.
- The women have run the No. 3 and No. 4 times this year, each with a different lineup. **Courtney Okolo** ran a split of 50.77 at the Power Five Invitational as the team ran 3:34.36. But the team of **Raquel Tjernagel, Chrisann Gordon, Ariel Jones and Okolo** ran 3:33.80 at the Texas A&M 11-Team Invitational.
- Last year, Texas won the women's 4x400m indoors while the men finished third behind Texas A&M and Nebraska.

## WOMEN TEAM UP TO WIN POWER FIVE INVITATIONAL

- Texas joined forces with Arizona, Florida State, Georgia Tech, Ohio State Purdue and USC to defeat a group of teams from the SEC at the Conference Clash Power Five Invitational. Team Power Five got the win by the score of 85.5-84.5.
- Texas outscored all teams as an individual unit on the women's side with 24 points. Tennessee was second with 22.
- The meet was held at the Birmingham CrossPlex, home to this year's NCAA Championships and followed the traditional dual meet scoring format. Only two athletes from each team (SEC or Power Five) were allowed to count toward scoring.
- On the men's side of action the SEC got the win 91-74. Texas led Team Power Five in scoring with 25 points. Only LSU scored more points overall with 28.
- Texas set a total of three facility records at the CrossPlex (Men's DMR, Men's Shot Put, Women's 4x400)

## Texas Indoor Top 10's

### CURRENT LONGHORNS AMONG UT TOP 10 PERFORMERS

Men			
Event	Name	Rank	Mark
60m	Senoj-Jay Givans	1st	6.57
200m	Senoj-Jay Givans	3rd	20.95^
	<b>Aldrich Bailey</b>	<b>6th</b>	<b>21.11</b>
	<b>Zack Bilderback</b>	<b>7th</b>	<b>21.17</b>
400m	Zack Bilderback	1st	45.98
	<b>Byron Robinson</b>	<b>6th</b>	<b>46.74</b>
	Chris Irvin	7th	47.15^
600yd	Byron Robinson	4th	1:09.58^
800m	Robert Uhr	10th	1:50.01
1000m	Brady Turnbull	10th	2:24.78
60m H	Spencer Dunkerley-Offor	4th	7.82
PV	Reese Watson	2nd	5.51m/18-1.00
LJ	Basil Fares	5th	7.79m/25-6.75
TJ	Nick Phynn	8th	15.89m/52-1.75
SP	Ryan Crouser	1st	21.23m/69-8.00
<b>WT</b>	<b>Alan Zapalac</b>	<b>2nd</b>	<b>19.78m/64-10.75</b>
Heptathlon	Wolf Mahler	6th	5717 pts

Women			
Event	Name	Rank	Mark
60m	Morolake Akinosun	4th	7.20
	<b>Teahna Daniels</b>	<b>7th</b>	<b>7.26</b>
400m	Courtney Okolo	2nd	51.12
	<b>Chrisann Gordon</b>	<b>10th</b>	<b>52.64</b>
600 yd	Courtney Okolo	3rd	1:18.24
3000m	Sandie Raines	3rd	9:10.43^
5000m	Sandie Raines	2nd	15:50.49^
60m Hurdles	Mobolaji Adeokun	8th	8.27
	<b>Ariel Jones</b>	<b>9th</b>	<b>8.28</b>
	<b>Ashley Miller</b>	<b>10th</b>	<b>8.36</b>
Pole Vault	Kaitlin Petrillose	1st	4.60m/15-1.00#
	Kally Long	2nd	4.26m/13-11.75
	<b>Shay Petty</b>	<b>3rd</b>	<b>4.18m/13-8.50</b>
	Callie Spencer	4th	4.16m/13-7.75
	<b>Ali Uhle</b>	<b>5th</b>	<b>4.15/13-7.25</b>
	<b>Anne Harwig</b>	<b>10th</b>	<b>3.73m/12-2.75</b>
Triple Jump	Asa Garcia	6th	12.83m/42-1.25
Shot Put	N'Dia Warren-Jacques	8th	15.36m/50-4.75
	Lauryn Caldwell	10th	14.81m/48-7.25
Weight Throw	N'Dia Warren-Jacques	2nd	17.43m/57-2.25
	<b>Lauryn Caldwell</b>	<b>3rd</b>	<b>17.21m/56-5.75</b>
	Shelby Poncik	9th	11.19m/36-8.50
Pentathlon	<b>Ashtin Zamzow</b>	<b>2nd</b>	<b>3861 pts</b>
	Melissa Gonzalez	4th	3757 pts
	<b>Sierra Patrick</b>	<b>5th</b>	<b>3740 pts</b>
	Alexa Harmon-Thomas	7th	3565 pts

**bold** denotes marks from this season | ^ denotes oversized track

## Texas Indoor School Records

Name (yr)	Men	Event	Women	Name (yr)
<b>Givans (15)</b>	<b>6.57</b>	<b>60m</b>	7.14	Guidry (91)
Stewart (13)	7.63	60h	7.95	McIntosh (04)
Christian (03)	20.84	200m	22.40 #	Knight (08)
<b>Bilderback (15)</b>	<b>45.98</b>	<b>400m</b>	50.82	Richards (04)
Everett (09)	1:08.51	600yd	1:17.52 ^	Reid (98)
Everett (09)	1:47.82 ^	800m	2:04.38	Diaz (00)
Squella (86)	2:21.19	1000m	2:42.51	Arnold (85)
Stilin (13)	3:58.66	1mi	4:40.12 ^	Diaz (00)
Stilin (13)	7:56.07 ^	3000m	9:07.93	Schweitzer (87)
Lutz (15)	13:40.30^	5000m	15:50.04	Sutherland (13)
<b>2016</b>	<b>3:06.36</b>	<b>4x400</b>	<b>3:27.42</b>	<b>2014</b>
2008	9:25.97 #	DMR	11:14.53	2011
Boswell (00)	2.33m / 7-7.75	HJ	1.98m / 6-6.00 #	D. Hooker (09)
Davis (99)	5.85m / 19-2.25	<b>PV</b>	<b>4.60m/15-1.00</b>	<b>Petrillose (14)</b>
Goodwin (11)	8.14m / 26-8.50	LJ	6.71m/22-0.25 M.	Hooker (06)
Scott (92)	16.79m / 55-1.00	TJ	13.47m / 44-2.50	Turner (86)
<b>Crouser (14)</b>	<b>21.23m / 69-8.00 SP</b>		18.56m / 60-10.75	Carter (06)
Armstrong (01)	22.12m / 72-7.00	WT	18.56 / 60-10.75	Brown (09)
Hardee (06)	6208 pts	Hept/Pent	4043 pts	Briscoe (14)

^ - denotes over-sized track # - denotes NCAA record

## Bowerman Watch Lists



### 2016 Bowerman Watch List February

#### Women

Name	Yr	School	Events
Quanesha Burks	JR	Alabama	Sprints/Jumps
Kyra Jefferson	SR	Florida	Sprints
Akela Jones	SR	Kansas State	Combined Events
Shamier Little	SO	Texas A&M	Hurdles
Keturah Orji	SO	Georgia	Jumps
Demi Payne	SR (out)	Stephen F. Austin	Pole Vault
Raevyn Rogers	SO	Oregon	Mid-Distance
Raven Saunders	SO	Ole Miss	Throws
Shelbi Vaughan	SR	Texas A&M	Throws
Kendell Williams	JR	Georgia	Combined Events

*Also Receiving Votes:* Kaitlyn Long (Winona State); Cindy Ofili (Michigan); Shayla Sanders (Florida); Irena Sediva (Virginia Tech); Molly Seidel (Notre Dame); Jasmine Todd (Oregon)

#### Men

Name	Yr	School	Events
Devon Allen	SO	Oregon	Hurdles
Ronnie Baker	JR	TCU	Sprints
Jake Blakenship	SR	Tennessee	Pole Vault
Donavan Brazier	FR	Texas A&M	Mid-Distance
Edward Cheserek	JR	Oregon	Distance
Najee Glass	SR	Florida	Sprints
Brannon Kidder	SR	Penn State	Mid-Distance
Jarrion Lawson	SR	Arkansas	Sprints/Jumps
Nick Miller	SR	Oklahoma State	Throws
Maicel Uibo	SR	Georgia	Combined Events

*Also Receiving Votes:* Michael Cherry (LSU); Chukwuebuka Enekwechi (Purdue); Sam Mattis (Penn); Brandon McBride (Mississippi State); Garrett Scantling (Georgia); John Teeters (Oklahoma State)

The Bowerman Award is given to the most outstanding male and female collegiate student-athlete in track & field annually by The United States Track & Field and Cross Country Coaches Association.

Past winners from the previous five years since its inception have won two Olympic Medals, two IAAF World Championships and six World Championship medals.

The award is named after Bill Bowerman, former legendary coach of the Oregon Ducks and co-founder of NIKE, who make significant contributions to the sport of track & field.



## PAIR OF FRESHMAN SHOW STRENGTH EARLY

- Freshmen **Teahna Daniels** and **Asa Garcia** have proven to be among the top athletes in the nation in their respective events despite being newcomers to the collegiate scene.
- Daniels made an immediate impact in her career debut setting a new meet record in the 60 meters and winning the Texas A&M 11-Team Invitational in 7.26 seconds. That time ranks No. 3 in the nation so far this season.
- Daniels backed that up by finishing in 3rd at the Power Five Invitational and clocking 7.29.
- Garcia proved to be an elite triple jumper in her debut as she traveled 12.83 meters (42-1.25) to victory. She already stands at No. 6 in school history and currently ranks just outside No. 20 in the NCAA. She jumped 12.82m in her second meet of the season.

## RUHALA CLAIMS VICTORY FOR TEXAS

- Texas got its first win at the Power Five Invitational in the women's 5,000 meters as **Katie Ruhala** ran 17:16.57. Freshman **Meghan Lloyd** finished close behind in third place at 17:23.60.

## WOMEN'S POLE VAULTERS DISPLAY DEPTH IN NEW MEXICO

- Texas saw a strong field at the Cherry and Silver Invitational with three Longhorns posting season-highs
- Senior **Kaitlin Petrillo** cleared 4.30 meters to finish fourth overall and second among collegiate athletes as a number of professionals also jumped in the competition.
- Redshirt freshman **Ali Uhle** posted her second straight PR of the season, clearing 4.15 meters (13-7.25). Sophomore **Kally Long** also cleared 4.15 to finish one spot behind Uhle in eighth place based on misses.
- Those three clearances give Texas women's pole vaulters ranked in the Top 20, joining **Shay Petty** (4.18m at Husker Invitational).

## CROUSER NAMED BIG 12 ATHLETE OF THE WEEK

- Senior thrower **Ryan Crouser** claimed his first Big 12 Athlete of the Week honor for his win at the Texas A&M 11-Team Invitational. He opened his season with a mark of 20.02 meters (65-8.25) and won by nearly two meters.
- He is ranked No. 3 on the NCAA list so far this season.

## WOMEN DOMINATE SEASON OPENER

- Texas opened its 2016 indoor season with some impressive showings from freshmen while coming away with a team win on the women's side at the Texas A&M 11-Team Invitational. The women dominated the meet with 122.5 points to easily grab the team victory. The men's team finished second behind host Texas A&M.



## 2016 Men's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
Carlton Anumnu	Jr. / Jr.	Sprints	Stafford, Texas (Stafford)	Carlton ah-NOOM-noo
Charles Anumnu	Jr. / Jr.	Sprints	Stafford, Texas (Stafford)	Charles ah-NOOM-noo
Aldrich "AJ" Bailey	Jr. / Jr.	Sprints	Arlington, Texas (Mansfield Timberview/Texas A&M)	
Zack Bilderback	Sr. / Sr.	Sprints	Celina, Texas (Celina)	
Grayson Barrett	Fr./Fr.	Jumps	McKinney, Texas (Prosper)	
Andrew Bolze	So. / So.	Multi Events	Duxbury, Mass. (Hingham HS/Harvard)	Andrew BOWLS
Logan Brittain	Jr. / R-So.	High Jump	Amarillo, Texas (Canyon Randall)	
Terry Brown, Jr.	Fr./ Fr.	Sprints		
Ryan Crouser	Sr. / CE	Throws	Boring, Ore. (Barlow)	
Fabian Dohmann	Jr. / Jr.	Javelin	Fernando de la More, Paraguay (Colegio Goethe)	FAH-bee-en DOH-man
Max Dordevic	So. / R-Fr.	Sprints/Hurdles	Portland, Ore. (Jesuit Portland)	Max DOR-deh-vik
Spencer Dunkerley-Offor	Jr. / Jr.	Hurdles	Austin, Texas (St. Stephen's Episcopal)	SPEN-sir DUNN-ker-lee OH-for
Logan Emery	R-Fr. / So. / So.	Distance/XC	The Woodlands, Texas (The Woodlands)	
Basil Fares	Sr. / Sr.	Sprints/Jumps	Houston, Texas (Mayde Creek)	BA-zil FAIR-es
Derek Fenton	R-Fr. / R-Fr.	Throws	San Clemente, Calif. (San Clemente)	
Senoj-Jay Givans	Jr. / Jr.	Sprints	St. Elizabeth, Jamaica (Munro College)	sen-AH-zhay GIV-ens
Jacob Gray	Fr. / Fr.	Sprints	Fort Worth, Texas (Central)	
Zach Hamstra	So. / So. / So.	Distance	Flower Mound Texas (Flower Mound)	Zak HAM-strah
Connor Hendrickson	So. / R-Fr. / R-Fr.	Distance/XC	Southlake, Texas (Southlake Carroll)	
Chris Irvin	Jr. / Jr.	Sprints	Austin, Texas (Westlake)	
Eric Kroon	Fr. / Fr. / Fr.	Distance/XC	The Woodlands, Texas (The Woodlands)	
Kirema Macharia	Fr. / Fr.	Sprints	Round Rock, Texas (Round Rock)	kih-REM-ah mah-CHAIR-ee-ah
Wolf Mahler	Jr. / Jr.	Multi Events	Temple, Texas (Belton)	wolf MAUL-ler
Derrell Manhertz	Jr. / Jr.	Mid-Distance	Woolwich Township, N.J. (Kingsway)	der-EL MAN-hurts
Steffin McCarter	Fr. / Fr.	Jumps	Coperass Cove, Texas (Lampasas)	
Spencer McCloud	Jr. / R-So.	High Jump	Argyle, Texas (Argyle)	
Jake McConnell	R-Fr. / So. / So.	Distance/XC	Keller, Texas (Keller)	
Parks McNeil	So. / So.	Pole Vault	Kerrville, Texas (Kerrville Tiny)	
Nick Meaders	R-Fr. / R-Fr.	Pole Vault	Gatesville, Texas (Gatesville)	NICK MED-ers
Darren Medrano	Fr. / Fr. / Fr.	Distance/XC		meh-DRAHN-oh
Charles Mills	Fr. / Fr. / Fr.	Distance/XC		
Nate Moore	So. / Jr. / So.	Distance/XC	Lockhart, Texas (Lockhart)	
Ika Morton	Fr. / Fr.	Jumps	Lacey, Wash. (River Ridge)	EYE-kah
Pedro Nasta	Fr. / Fr. / Fr.	Distance/XC	The Woodlands, Texas (John Cooper)	NAHS-tah
Christopher Ntreh	Fr. / Fr. / Fr.	Sprints	Murphy, Texas (Plano East)	IN-tray
Brian Peterson	R-Fr. / R-Fr.	Distance	Round Rock, Texas (Cedar Ridge)	
Nick Phynn	Jr. / Jr.	Jumps	St. Catherine, Jamaica (Jamaica College)	
Jacob Pickle	So. / R-Fr. / R-Fr.	Distance	Southlake, Texas (Southlake Carroll)	
Chris Pietraszkiewicz	Fr. / So. / Fr.	Distance	San Antonio, Texas (Texas Military Institute)	KRIS pe-tra-SKEH-vitch
Barrett Poth	R-Fr. / R-Fr.	Pole Vault	The Woodlands, Texas (Klein Oak)	
Conrad Ramquist		Javelin		
John Rice	Fr. / Fr. / Fr.	Distance/XC	Brooklyn, N.Y. (Xavier HS)	
Byron Robinson	Jr. / Jr.	Sprints	Chesapeake, Va. (Western Branch/Penn State)	
Alex Rogers	Fr. / Fr. / Fr.	Distance/XC	New Braunfels, Texas (New Braunfels Canyon)	
David Rueff	Fr. / Fr.	Throws	Katy, Texas (Seven Lakes)	roo-EEF
Blake Scott	Fr. / Fr.	Pole Vault	Aledo, Texas (Aledo)	
Reese Thompson	So. / R-Fr.	Multi Events	Argyle, Texas (Argyle)	
Travis Toliver	Fr. / Fr.	Multi Events	Houston, Texas (Episcopal)	
Brady Turnbull	Sr. / Sr. / Sr.	Distance/XC	Frisco, Texas (Frisco)	
Robert Uhr	Jr. / Jr. / So.	Distance/XC	Lockhart, Texas (Lockhart)	ROB-ert ER
Wesley Ward	So. / R-Fr. / R-Fr.	Distance/XC	Flower Mound, Texas (Flower Mound)	
Reese Watson	Sr. / Sr.	Pole Vault	Spring, Texas (Spring)	
Alan Zapalac	So. / So.	Throws	Wallis, Texas (Brazos)	AL-an ZAP-ah-lak

CE = Completed eligibility

Head Coach: Mario Sategna  
 Associate Head Coach: Tonja Buford-Bailey  
 Assistant Coach Brad Herbster  
 Assistant Coach: Seth Henson  
 Assistant Coach: Ty Sevin  
 Assistant Coach: Kareem-Streete Thompson

MAR-ee-oh sah-TAYN-yah  
 TAHN-jah BUU-ford BAY-lee

TY SAY-vin

## 2016 Women's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
Mariam Abdul-Rashid	Fr. / Fr.	Sprints/Hurdles	Ontario, Canada (Eastdale CVI)	MAYR-ee-um ab-DOOL rah-SHEED
Mobolaji "BJ" Adekun	Sr. / Sr.	Sprints/Hurdles	Lanham, Maryland (Duval/Illinois)	mo-bo-LIE-gee ad-ee-OH-kin
Morolake Akinosun	Sr. / Sr.	Sprints	Aurora, Ill. (Waubonsie Valley/Illinois)	MOR-luh-kay uh-KIN-o-sun
Mawardi "Mawi" Berkhadley	Fr. / Fr.	Jumps	McKinney, Texas (McKinney North/Northwestern State)	ma-WARD-ee burk-HAD-lee
Katie Burford	Jr. / Sr. / Jr.	Distance/XC	Austin, Texas (St. Stephen's)	
Laurn Caldwell	So. / R-Fr.	Throws	Dickinson, Texas (Dickinson)	
Shania Collins	So. / So.	Sprints	Huntingtown, Md. (Huntingtown)	sha-NI-ah
Gabby Crank	Fr. / Fr. / Fr.	Distance/XC	Dallas, Texas (Highland Park)	
Haley Crouser	Jr. / Jr.	Throws	Gresham, Ore. (Gresham/Oregon)	
Alex Cruz	Fr. / Fr. / Fr.	Distance/XC	Edinburg, Texas (Edinburg)	
Teahna Daniels	Fr. / Fr.	Sprints	Orlando, Fla. (The First Academy)	tee-AH-nah
Sydne Fowler	Fr. / Fr.	Sprints/Hurdles	Austin, Texas (Westlake)	
Asa Garcia	Fr. / Fr.	Jumps	Texas City, Texas (Texas City)	A-sah gar-SEE-uh
Zola Golden	Fr. / Fr.	Sprints	Sicklerville, N.J. (Arlington)	ZOH-lah
Emily Golla	Fr. / Fr. / Fr.	Distance/XC	Kingwood, Texas (Kingwood)	GO-lah
Melissa Gonzalez	Sr. / Sr.	Hurdles	Carrollton, Texas (Creekview)	
Chrisann Gordon	Jr. / Jr.	Sprints	St. Ann, Jamaica (Holmwood Tech./South Plains Coll.)	
Hannah Grubb	So. / So. / So.	Middle Distance/XC	State College, Pa. (State College)	
Mary Beth Hamilton	Jr. / Jr. / So.	Middle Distance/XC	Dallas, Texas (Highland Park)	
Alexa Harmon-Thomas	So. / R-Fr.	High Jump/Multi Events	Lawrence, Kan. (Lawrence Free State)	
Anne Harwig	Sr. / Sr.	Pole Vault	Tampa, Fla. (Florida State)	AN-ee har-wig
Rose Hyak	So. / So.	Distance	Buda, Texas	
Ariel Jones	So. / So.	Sprints/Hurdles	Houston, Texas (Atascotita)	
Meghan Lloyd	Fr. / Fr. / Fr.	Distance/XC	Keller, Texas (Keller)	
Kally Long	So. / So.	Pole Vault	Wimberley, Texas (Wimberley)	KAL-lee
Ashley Miller	Fr. / Fr.	Sprints/Hurdles	Greenwood Village, Colo. (East Ridge)	
Courtney Okolo	Sr. / Sr.	Sprints	Carrollton, Texas (Newman Smith)	COURT-nee oh-KO-lo
Sierra Patrick	R-Jr. / R-Jr.	Multi Events	Austin, Texas (Lake Travis)	
Marissa Pekarek	Sr. / Sr. / Sr.	Distance/XC	Fairview, Texas (Lovejoy)	mah-RISS-ah PECK-ah-reck
Kaitlin Petrillose	Sr. / Sr.	Pole Vault	Round Rock, Texas (McNeil)	KATE-lin PEH-tri-lohss
Shay Petty	So. / So.	Pole Vault	San Antonio, Texas (St. Mary's Hall)	
Shelby Poncik	Jr. / Jr.	Pole Vault	Needville, Texas (Texas Tech)	SHEL-bee PAHN-chik
Virginia Preiss	Fr. / Fr. / Fr.	Distance/XC	Corpus Christi, Texas (Richard King)	PREESS
Sandie Raines	Jr. / Jr. / Jr.	Distance/XC	Kingwood, Texas (Kingwood/Arkansas)	
Catherine Romanick	So. / So.	Sprints	Fredericksburg, Texas (Fredericksburg)	ROHM-a-nik
Katie Ruhala	So. / So. / Jr.	Distance/XC	Lucas, Texas (Lovejoy)	KATE-ee roo-HA-la
Caitland Smith	So. / So.	Sprints	Pelham, Ala. (Pelham)	
Calie Spencer	So. / So.	Pole Vault	New Braunfels, Texas (New Braunfels Canyon)	KAL-lee
Raquel Tjernagel	Fr. / Fr.	Sprints	New Westminster, Canada (New Westminster Secondary)	rah-KEL cher-NAY-gul
Pamela Uchebo	Jr. / Jr.	Jumps	Lubbock, Texas (Lubbock)	PAM-ah-la yu-CHEE-boh
Ali Uhle	R-Fr. / R-Fr.	Pole Vault	Tomball, Texas (Tomball)	AL-ee OO-lee
Georgia Wahl	Fr. / Fr.	Jumps	Houston, Texas (Episcopal)	
Connor Ward	CE / CE / Sr.	Distance/XC	Flower Mound, Texas (Flower Mound)	
N'Dia Warren-Jacques	So. / R-Fr.	Throws	Conroe, Texas (Oak Ridge)	IN-dee-ah WAR-en HOCK-ess
Jordan Welborn	Fr. / Fr. / Fr.	Distance/XC	Lumberton, Texas (Lumberton)	
Samantha Young	R-Fr. / R-Fr. / So.	Distance	Southlake, Texas (Southlake Carroll)	
Ashtin Zamzow	So. / So.	Multi Events	Goliad, Texas (Goliad/Texas A&M)	ZAM-zoh

CE = Completed eligibility

Head Coach: Mario Sategna  
Associate Head Coach: Tonja Buford-Bailey  
Assistant Coach Brad Herbster  
Assistant Coach: Seth Henson  
Assistant Coach: Ty Sevin  
Assistant Coach: Kareem-Streete Thompson

MAR-ee-oh sah-TAYN-yah  
TAHN-jah BUU-ford BAY-lee

TY SAY-vin

# 2016 TEXAS MEN'S TRACK & FIELD INDOOR PERSONAL BEST CHART



## ALL TIMES BANKED UNLESS MARKED

p - preliminary heat    s - semifinal heat    q - qualified to advance    aa - at altitude    ^ - over-sized track    + - special invite    c - consolation    & - NCAA Record  
# - meet record    @ - facility record    \$ - school record    h - heptathlon    hept-XX - place in heptathlon competition

### CARLTON ANUMNU | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.86 p q	Howie Ryan Invitational (1/30/15)	--
200m	21.36	Tyson Invitational (2/14/15)	T-20th
400m	47.60	Power Five Invitational (1/23/16)	6th

### CHARLES ANUMNU | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.84 p	Husker Invitational (2/5/16)	13th
200m	21.35	Arkansas-Texas Dual (1/16/15)	5th

### ALDRICH "AJ" BAILEY, JR. | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.77 p q	Power Five Invitational (1/22/16)	pre-2nd
200m	20.66	NCAA Championships (3/15/14)	7th
400m	46.25	Razorback Invitational (2/1/14)	4th

*italics - denotes while at Texas A&M*

### ANDREW BOLZE | SOPHOMORE

Event	Mark	Meet (Date)	Place
Heptathlon	4829 pts !	Husker Invitational (2/5-6/16)	8th
Day 1 Total	2609 pts !	Husker Invitational (2/5/16)	n/a
Day 2 Total	2220 pts !	Husker Invitational (2/6/16)	n/a
60m	7.21	Beantown Challenge (1/17/15)	hept-4th
Long Jump	6.70m/21-11.75	Power Five Invitational (1/23/16)	21st
Shot Put	12.33m/40-5.50	Beantown Challenge (1/17/15)	hept-2nd
High Jump	1.76m/5-9.25 h	Husker Invitational (2/5/16)	hept-10th
60m Hurdles	8.38	Boston University Opener (12/6/14)	3rd
Pole Vault	4.15m/13-7.25	Dartmouth Relays (1/11/15)	6th
1000m	2:51.86 h	Husker Invitational (2/6/16)	hept-4th

*italics - denotes while at Harvard*

### ZACK BILDERBACK | SENIOR

Event	Mark	Meet (Date)	Place
60m	6.87	Arkansas-Texas Dual (1/16/15)	4th
200m	21.17	Texas A&M 11-Team Invitational (1/16/16)	5th
400m	45.98 \$	Tyson Invitational (2/13/15)	3rd
500m	1:03.81	Armory Collegiate Invitational (2/2/13)	8th
600yd	1:11.31 ^	Big 12 Championships (2/23/13)	7th

### LOGAN BRITTAIN | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.41 a	Cherry and Silver (1/25/14)	38th
High Jump	2.13m / 6-11.75 a	New Mexico Collegiate (2/7/14)	4th
Triple Jump	13.88m / 45-6.50	Arkansas Dual (1/17/14)	4th
Long Jump	7.17m / 23-6.25 a	New Mexico Collegiate (2/7/14)	8th

### JOHN BURT | FRESHMAN

Event	Mark	Meet (Date)	Place
60m Hurdles	8.06 p	Husker Invitational (2/5/16)	10th

### ADRIAN COLBERT | JUNIOR

Event	Mark	Meet (Date)	Place
400m	49.67	Husker Invitational (2/5/16)	42nd

### RYAN CROUSER | SENIOR

Event	Mark	Meet (Date)	Place
Shot Put	21.23m / 69-8.00 \$	New Mexico Collegiate (2/8/14)	1st

### MAX DORDEVIC | SOPHOMORE

Event	Mark	Meet (Date)	Place
400m	49.23	Arkansas-Texas Dual (1/16/15)	5th
600 yd	1:12.07	Rod McCravy Memorial (1/23/15)	4th
600m	1:22.33 aa	New Mexico Collegiate Classic (2/6/15)	16th

### SPENCER DUNKERLEY-OFFOR | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.10 p aa	New Mexico Collegiate Classic (2/7/15)	10th
200m	22.34	Arkansas-Texas Dual (1/16/15)	9th
60m Hurdles	7.82 p q	Big 12 Championships (2/27/15)	pre-1st
Triple Jump	13.42m/44-0.50	Arkansas-Texas Dual (1/16/15)	6th

### BRYSON ECHOLS | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.11 p	Texas A&M 11-Team Invitational	27th

### LOGAN EMERY | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	4:10.31 ^	Husky Classic (2/13/15)	57th
3000m	8:31.19 !	Texas A&M 11-Team Invitational	7th

### BASIL FARES | SENIOR

Event	Mark	Meet (Date)	Place
60m	6.87 aa	New Mexico Collegiate Classic (2/7/15)	6th
Long Jump	7.79m/25-6.75	Tyson Invitational (2/13/15)	1st
Triple Jump	14.18m/46-6.25	Big 12 Championships (2/28/15)	6th

### DEREK FENTON | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Shot Put	15.61m/51-2.75	Texas A&M 11-Team Invitational	11th
Weight Throw	14.19m/46-6.75	Texas A&M 11-Team Invitational	14th

### SENOJ-JAY GIVANS | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.57 \$ p q	NCAA Championships (3/13/15)	pre-2nd
200m	20.95 ^	Big 12 Championships (2/28/15)	3rd

### ZACH HAMSTRA | SOPHOMORE

Event	Mark	Meet (Date)	Place
3000m	8:16.18 ^	Husky Classic (2/13/15)	26th
5000m	14:34.15	Rod McCravy Memorial (1/23/15)	11th

### CHRIS IRVIN | JUNIOR

Event	Mark	Meet (Date)	Place
200m	22.14 +	Husker Invitational (2/6/16)	16th
400m	47.15 ^	Big 12 Championships (2/28/15)	6th
60m	7.01	Razorback Invitational (1/31/14)	hept
Long Jump	6.30m / 20-8.00	Tyson Invitational (2/15/14)	33rd
Shot Put	12.07m / 39-7.25	Razorback Invitational (1/31/14)	hept
High Jump	1.83m / 6-0.00	Razorback Invitational (1/31/14)	hept
60m Hurdles	10.03	Tyson Invitational (2/15/14)	37th
Pole Vault	3.55m / 11-7.25	Razorback Invitational (2/1/14)	hept
1,000m	2:37.86	Razorback Invitational (2/1/14)	hept
Heptathlon	4672 pts	Razorback Invitational (1/31-2/1/14)	5th
Heptathlon Day One	2762 pts	Big 12 Championships (2/28/14)	n/a

### ERIC KROON | FRESHMAN

Event	Mark	Meet (Date)	Place
3000m	8:27.06	Husker Invitational (2/6/16)	3rd

### WOLF MAHLER | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.91 h	Big 12 Championships (2/27/15)	hept
Long Jump	6.75m/22-1.75 h	NCAA Championships (3/14/15)	hept
Shot Put	12.88m/42-3.25 h	Husker Invitational (2/5/16)	hept-3rd
High Jump	1.92m/6-3.50 h	NCAA Championships (3/14/15)	hept
60m Hurdles	8.31 h	Big 12 Championships (2/28/15)	hept
	8.31 h	NCAA Championships (3/14/15)	hept
Pole Vault	5.08m/16-8.00 ! h	Big 12 Championships (2/28/15)	hept
1000m	2:33.32 h	NCAA Championships (3/14/15)	hept
Heptathlon	5747 pts	NCAA Championships (3/13-14/15)	6th
Heptathlon Day One	3008 pts	Big 12 Championships (2/27/15)	n/a
Heptathlon Day Two	2749 pts	NCAA Championships (3/14/15)	n/a

### DERRELL MANHERTZ | JUNIOR

Event	Mark	Meet (Date)	Place
400m	50.22 ^	Iowa State Classic (2/15/14)	20th
600yd	1:11.79 ^	Big 12 Championships (2/28/15)	6th
600m	1:18.97 +	Husker Invitational (2/6/16)	4th
800m	1:52.22	Power Five Invitational (1/23/16)	9th

### STEFFIN McCARTER | FRESHMAN

Event	Mark	Meet (Date)	Place
Long Jump	7.59m/24-11.00 !	Power Five Invitational (1/23/16)	2nd

# 2016 TEXAS MEN'S TRACK & FIELD INDOOR PERSONAL BEST CHART



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# - meet record   @ - facility record   \$ - school record   h - heptathlon   hept-XX - place in heptathlon competition

### SPENCER MCCLOUD | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.61 a	Cherry and Silver (1/25/14)	39th
High Jump	2.11m/6-11.00	Tyson Invitational (2/14/15)	4th

### JAKE MCCONNELL | SOPHOMORE

Event	Mark	Meet (Date)	Place
800m	1:53.00	Texas A&M 11-Team Invitational	8th
1000m	2:27.86	Arkansas-Texas Dual (1/16/15)	4th

### PARKS MCNEIL | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	5.15m/16-10.75 !	Lobo Collegiate Open (1/24/15)	10th
	5.15m/16-10.75 ! aa	Lobo Collegiate Open (1/24/15)	15th

### NICK MEADERS | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	5.01m/16-5.25	Texas A&M 11-Team Invitational	T-8th

### NATE MOORE | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
Mile	4:22.19	Arkansas Dual (1/17/14)	4th
3000M	8:17.75 ^	Iowa State Classic (2/15/14)	6th

### IKA MORTON | FRESHMAN

Event	Mark	Meet (Date)	Place
Long Jump	7.13m/23-4.75	Power Five Invitational (1/23/16)	6th

### CHRIS NTREH | FRESHMAN

Event	Mark	Meet (Date)	Place
60m	6.98 p !	Power Five Invitational (1/22/16)	25th
200m	22.68 p	Power Five Invitational (1/22/16)	40th

### NICK PHYNN | JUNIOR

Event	Mark	Meet (Date)	Place
60m	7.40 ap	New Mexico Collegiate (2/8/14)	19th
Long Jump	7.18m/23-6.75	Tyson Invitational (2/13/15)	5th
Triple Jump	15.89m/52-1.75	Tyson Invitational (2/14/15)	1st

### JACOB PICKLE | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	4:17.59	Texas A&M 11-Team Invitational	11th
3000m	8:18.94	Power Five Invitational (1/23/16)	5th

### BARRETT POTH | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	5.16m/16-11.00	Texas A&M 11-Team Invitational	T-4th

### BYRON ROBINSON | JUNIOR

Event	Mark	Meet (Date)	Place
60m	6.94	Sykes @& Sabock Challenge Cup (2/8/14)	4th
200m	21.25	Sykes @& Sabock Challenge Cup (2/8/14)	1st
400m	46.73	Penn State Invitational (2/1/14)	3rd
600 yd	1:09.58 ^	Big 12 Championships (2/28/15)	2nd

### ALEX ROGERS | FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	4:07.05	Power Five Invitational (1/23/16)	6th
3000m	8:13.87 +	Husker Invitational (2/6/16)	5th

### BLAKE SCOTT | FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	5.05m/16-6.75	Cherry & Silver Invitational (1/22/16)	4th

### REESE THOMPSON | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.16 p	Power Five Invitational (1/22/16)	37th
	7.16 h	Husker Invitational (2/5/16)	hept-5th
Long Jump	6.55m/21-6.00 h	Husker Invitational (2/5/16)	hept-6th
Shot Put	11.40m/37-5.00	Texas A&M 11-Team Invitational	23rd
High Jump	1.71m/5-7.25	Big 12 Championships (2/27/15)	hept
60m Hurdles	8.31 p	Power Five Invitational (1/23/16)	15th
Pole Vault	4.70m/15-5.00 aa	New Mexico Collegiate Classic (2/7/15)	hept
1000m	2:53.63 aa	New Mexico Collegiate Classic (2/7/15)	hept
Heptathlon	5010 pts	Husker Invitational (2/5-6/16)	7th
Heptathlon Day 1	2624 pts	Husker Invitational (2/5/16)	n/a
Heptathlon Day 2	2438 pts	New Mexico Collegiate Classic (2/6-7/15)	hept

### BRADY TURNBULL | SENIOR

Event	Mark	Meet (Date)	Place
800m	1:51.99	Razorback Invitational (1/26/13)	2nd
1000m	2:24.78	Big 12 Championships (2/23/13)	3rd
Mile	4:03.58 ^	Husky Classic (2/13/15)	22nd
3000m	8:14.11 ^	Big 12 Championships (2/28/15)	8th

### ROBERT UHR | JUNIOR

Event	Mark	Meet (Date)	Place
800m	1:50.01 ^	Meyo Invitational (2/17/15)	5th
1000m	2:27.24	ArkansasDual (1/17/14)	3rd

### WESLEY WARD | SOPHOMORE

Event	Mark	Meet (Date)	Place
800m	1:54.76 ^	Husky Classic (2/13/15)	58th
1000m	2:30.23	Arkansas-Texas Dual (1/16/15)	6th
Mile	4:15.17 ^	Rod McCravy Memorial (1/24/15)	15th

### REESE WATSON | SENIOR

Event	Mark	Meet (Date)	Place
Pole Vault	5.51m/18-1.00 aa	Lobo Collegiate Open (1/24/15)	4th

### ALAN ZAPALAC | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
Weight Throw	19.78m/64-10.75	Husker Invitational (2/5/16)	2nd



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p - preliminary heat    s - semifinal heat    q - qualified to advance    aa - at altitude    ^ - over-sized track    + - special invite    c - consolation    & - NCAA Record  
# - meet record    @ - facility record    \$ - school record    pent - pentathlon    pent-XX - place in heptathlon competition

### MARIAM ABDUL-RASHID | FRESHMAN

Event	Mark	Meet (Date)	Place
600m	1:42.09	Husker Invitational (2/6/16)	8th

### MOBOLAIJI "BJ" ADEOKUN | SENIOR

Event	Mark	Meet (Date)	Place
60m	7.48 p aa	New Mexico Collegiate Classic (2/7/15)	11th
200m	25.16 aa	New Mexico Collegiate Classic (2/6/15)	41st
60H	8.27 p q	Big 12 Championships (2/27/15)	pre-4th
	8.27 p q	Husker Invitational (2/5/16)	pre-2nd

### MOROLAKE AKINOSUN | SENIOR

Event	Mark	Meet (Date)	Place
60M	7.20 aa	New Mexico Collegiate Classic (2/7/15)	1st
200M	23.37 ^	Big 12 Championships (2/28/15)	2nd

### MAWI BERKHADLEY | JUNIOR

Event	Mark	Meet (Date)	Place
60m	8.52	LSU Invitational (1/9/15)	30th
60m Hurdles	9.43p	Howie Ryan Invitational (1/30/15)	22nd
High Jump	1.69m/5-6.50	LSU Twilight (2/21/14)	3rd
Shot Put	8.65m/28-4.50 pent	Southland Conference Champ. (2/17/15)	pent-15th
Long Jump	4.89m/16-0.50 pent	Southland Conference Champ. (2/17/15)	pent-17th
800m	2:29.99 pent	Southland Conference Champ. (2/17/15)	pent-6th
Pentathlon	3120 pts	Southland Conference Champ. (2/17/15)	11th

*italics - denotes while at Northwestern State*

### KATIE BURFORD | JUNIOR

Event	Mark	Meet (Date)	Place
800m	2:15.30	Razorback Invitational (2/1/14)	11th
1000m	3:01.82	Arkansas Dual (1/17/14)	5th
Mile	4:53.65	Texas A&M 11-Team Invitational (1/16/16)	3rd

### LAURYN CALDWELL | SOPHOMORE

Event	Mark	Meet (Date)	Place
Shot Put	14.81m/48-7.25	Arkansas-Texas Dual (1/16/15)	1st
Weight Throw	17.21m/56-5.75	Cherry & Silver Invitational (1/22/16)	4th

### SHANIA COLLINS | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.47 p q	Big 12 Championships (2/27/15)	pre-6th
200m	23.74	Tyson Invitational (2/14/15)	17th
4x400m	3:40.13	Arkansas-Texas Dual (1/16/15)	2nd

### GABBY CRANK | FRESHMAN

Event	Mark	Meet (Date)	Place
800m	2:10.12	Power Five Invitational (1/23/16)	4th

### ALEX CRUZ | FRESHMAN

Event	Mark	Meet (Date)	Place
Mile	5:00.87	Texas A&M 11-Team Invitational (1/16/16)	11th

### TEAHNA DANIELS | FRESHMAN

Event	Mark	Meet (Date)	Place
60m	7.26 #	Texas A&M 11-Team Invitational (1/16/16)	1st
200m	23.98	Husker Invitational (2/6/16)	1st

### SYDNE FOWLER | FRESHMAN

Event	Mark	Meet (Date)	Place
400m	56.64	Texas A&M 11-Team Invitational (1/16/16)	12th
600m	1:34.13	Husker Invitational (2/6/16)	2nd

### ASA GARCIA | FRESHMAN

Event	Mark	Meet (Date)	Place
Long Jump	5.52m/18-1.50 !	Power Five Invitational (1/23/16)	18th
Triple Jump	12.83m/42-1.25	Texas A&M 11-Team Invitational (1/16/16)	1st

### ZOLA GOLDEN | FRESHMAN

Event	Mark	Meet (Date)	Place
200m	25.05	Husker Invitational (2/6/16)	7th
400m	56.11	Power Five Invitational (1/23/16)	18th

### MELISSA GONZALEZ | SENIOR

Event	Mark	Meet (Date)	Place
60m Hurdles	8.72	Razorback Invitational (1/31/14)	pent 4th
Shot Put	10.34m / 33-11.50	Arkansas Dual (1/17)	3rd
High Jump	1.56m / 5-1.25	Big 12 Championships (2/28/14)	pent T-10th
Long Jump	5.49m / 18-0.25	Big 12 Championships (2/28/14)	pent T-5th
800m	2:17.35 ^	Big 12 Championships (2/28/14)	pent 6th
Pentathlon	3757 pts	Big 12 Championships (2/28/14)	6th
Triple Jump	11.64m / 38-2.25	Big 12 Championships (3/1/14)	8th
400m	56.31	Arkansas-Texas Dual (1/16/15)	4th
600 yd	1:22.15 ^ p q	Big 12 Championships (2/27/15)	pre-5th
600m	1:33.78	Husker Invitational (2/6/16)	1st

### CHRISANN GORDON | JUNIOR

Event	Mark	Meet (Date)	Place
200m	23.90 aa	New Mexico Classic (2/7/15)	t-8th
400m	52.41	Tyson Invitational (2/14/15)	5th
600yd	1:21.04	Texas Tech Indoor Open (1/17/15)	1st
800m	2:15.22	NJCAA Championships (3/7/15)	1st

*italics - denotes while at South Plains College*

### HANNAH GRUBB | SOPHOMORE

Event	Mark	Meet (Date)	Place
Mile	4:56.29	Texas A&M 11-Team Invitational (1/16/16)	5th
3000m	9:47.22	Power Five Invitational (1/23/16)	12th

### MARY BETH HAMILTON | JUNIOR

Event	Mark	Meet (Date)	Place
800M	2:08.97	Power Five Invitational (1/23/16)	3rd
1000m	2:56.37	Arkansas-Texas Dual (1/16/15)	3rd
Mile	4:57.78	Texas A&M 11-Team Invitational (1/16/16)	7th

### ALEXA HARMON-THOMAS | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m Hurdles	8.82 p q	Arkansas-Texas Dual (1/16/17)	pre-7th
High Jump	1.67m/5-5.75	Arkansas-Texas Dual (1/16/15)	4th
Shot Put	10.51m/34-5.75 aa	New Mexico Collegiate Classic (2/6/15)	pent
Long Jump	5.43m/17-9.75	Rod McCravy Memorial (1/23/15)	pent
	5.43m/17-9.75	Power Five Invitational (1/23/16)	25th
800m	2:34.17	Rod McCravy Memorial (1/23/15)	pent
Pentathlon	3565 pts	Rod McCravy Memorial (1/23/15)	pent

### ANNE HARWIG | SENIOR

Event	Mark	Meet (Date)	Place
Pole Vault	3.73m/12-2.75	Husker Invitational (2/5/16)	T-13th

### ROSE HYAK | SOPHOMORE

Event	Mark	Meet (Date)	Place
5000m	18:28.74 ^	Meyo Invitational (2/6/15)	51st

### ARIEL JONES | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.90 p	Rod McCravy Memorial (1/24/15)	43rd
200m	25.24	Rod McCravy Memorial (1/23/15)	39th
400m	54.92	Husker Invitational (2/5/16)	6th
60m Hurdles	8.28	Power Five Invitational (1/23/16)	2nd

### MEGHAN LLOYD | FRESHMAN

Event	Mark	Meet (Date)	Place
3000m	9:45.25 +	Husker Invitational (2/6/16)	6th
5000m	17:23.60	Power Five Invitational (1/22/16)	3rd

### KALLY LONG | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	4.26m/13-11.75	UW Invitational (1/31/15)	T-st
	4.26m/13-11.75 aa	New Mexico Collegiate Classic (2/7/15)	5th

### ASHLEY MILLER | FRESHMAN

Event	Mark	Meet (Date)	Place
200m	24.81	Texas A&M 11-Team Invitational (1/16/16)	16th
400m	58.35	Power Five Invitational (1/22/16)	41st
60m Hurdles	8.36	Husker Invitational (2/6/16)	4th

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# - meet record    @ - facility record    \$ - school record    pent - pentathlon    pent-XX - place in heptathlon competition

### COURTNEY OKOLO | SENIOR

Event	Mark	Meet (Date)	Place
60m	7.52	Arkansas Dual (1/17/14)	4th
200m	23.45 aa	New Mexico Collegiate Classic (2/6/15)	2nd
400m	51.12	NCAA Championships (3/14/15)	1st
600 yd	1:18.24^	Big 12 Championships (2/28/15)	1st

### SIERRA PATRICK | REDSHIRT JUNIOR

Event	Mark	Meet (Date)	Place
60m Hurdles	8.86 pent	Husker Invitational (2/5/16)	pent-9th
High Jump	1.78m/5-10.00	SEC Championships (3/1/14)	T-4th
Shot Put	11.69m/38-4.25 aa pent	New Mexico Classic (2/6/15)	pent-1st
Long Jump	5.35m/17-6.75	Power Five Invitational (1/23/16)	27th
800m	2:28.25 pent	Husker Invitational (2/5/16)	pent-9th
Pentathlon	3807 pts aa	New Mexico Classic (2/6/15)	4th

*italics - denotes while at Texas A&M*

### MARISSA PEKAREK | SENIOR

Event	Mark	Meet (Date)	Place
3000m	11:10.76	Arkansas-Texas Dual (1/16/17)	6th
5000m	19:04.57	Houston Leonard Hamilton Memorial (1/8/13)	4th

### KAITLIN PETRILLOSE | SENIOR

Event	Mark	Meet (Date)	Place
Pole Vault	4.60m / 15-1.00 \$#&	NCAA Championships (3/14/14)	1st

### SHAY PETTY | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	4.18m/ 13-8.50	Husker Invitational (2/5/16)	3rd

### SHELBY PONCIK | JUNIOR

Event	Mark	Meet (Date)	Place
High Jump	1.00m/3-3.25	Arkansas-Texas Dual (1/16/15)	6th
Pole Vault	3.90m / 12-9.50	Red Raider Open (2/2/13)	3rd
Weight Throw	11.19m/36-8.50	Arkansas-Texas Dual (1/15/15)	4th

### SANDIE RAINES | JUNIOR

Event	Mark	Meet (Date)	Place
1000m	2:59.99	Arkansas Invitational (1/10/14)	5th
Mile	4:49.71	Arkansas-Texas Dual (1/16/15)	3rd
3000m	9:10.43^	Big 12 Championships (2/28/15)	4th
5000m	15:50.49 ^	Husky Classic (2/13/15)	3rd

### KATIE RUHALA | REDSHIRT SOPHOMORE

Event	Mark	Meet (Date)	Place
3000m	9:48.18 ^	Meyo Invitational (2/7/15)	22nd
5000m	16:55.79 ^	Husky Classic (2/13/15)	37th

### CAITLAND SMITH | SOPHOMORE

Event	Mark	Meet (Date)	Place
60m	7.38	Big 12 Championships (2/28/15)	4th
200m	23.72^	Big 12 Championships (2/28/15)	6th

### CALIE SPENCER | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pole Vault	4.16m/13-7.75 aa	New Mexico Collegiate Classic (2/7/15)	9th

### RAQUEL TJERNAGEL | FRESHMAN

Event	Mark	Meet (Date)	Place
200m	25.04 p	Power Five Invitational (1/22/16)	37th
400m	55.99	Husker Invitational (2/5/16)	9th

### PAMELA UCHEBO | JUNIOR

Event	Mark	Meet (Date)	Place
Long Jump	5.66m/18-7.00	Arkansas-Texas Dual (1/16/15)	3rd

### ALI UHLE | REDSHIRT FRESHMAN

Event	Mark	Meet (Date)	Place
Pole Vault	4.15m/13-7.25	Cherry & Silver Invitational (1/23/16)	7th

### N'DIA WARREN-JACQUES | SOPHOMORE

Event	Mark	Meet (Date)	Place
Shot Put	15.36m/50-4.75	Husker Invitational (2/6/16)	8th
Weight Throw	17.43m/57-2.25	Tyson Invitational (2/13/15)	24th

### ASHTIN ZAMZOW | SOPHOMORE

Event	Mark	Meet (Date)	Place
Pentathlon	3861 pts	Husker Invitational (2/5/16)	4th
60m Hurdles	8.50 pent	Husker Invitational (2/5/16)	pent-1st
High Jump	1.69m/5-6.50 pent	Aggie Invitational (2/6/15)	pent-2nd
Shot Put	11.94m/39-2.25 pent	Husker Invitational (2/5/16)	pent-5th
Long Jump	5.22m/17-1.50 pent	Husker Invitational (2/5/16)	pent-12th
800m	2:23.75 pent	SEC Championships (2/27/15)	pent-10th

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