



Texas

Track & Field and Cross Country

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6 NCAA Indoor Championships | 4 NCAA Outdoor Championships
14 Big 12 Conference Indoor Championships | 13 Big 12 Conference Outdoor Championships

COACHING STAFF

Director of Track & Field and Cross Country ____ Mario Sategna
Associate Head Coach - Sprints ____ Tonja Buford-Bailey
Assistant Coach - Distance/XC ____ Brad Herbster
Assistant Coach - Sprints ____ Seth Henson
Assistant Coach - Field Events ____ Ty Sevin
Assistant Coach - Jumps ____ Kareem Streete-Thompson
Director of Operations ____ Dan Huskerson

Twitter: @UTexasTrack
Instagram: utexastrackfieldxc

2015 SCHEDULE

INDOOR

December

12 Hoosier Open Lutz: 2nd - 5000m

January

16 Arkansas - Texas Dual Men 2nd, Women 2nd
23-24 Rod McCravy Memorial 3 wins
24 Lobo Collegiate Invitational 9 personal records
30-31 Howie Ryan Invitational 3 wins
UW Invitational 3 wins

February

6-7 New Mexico Collegiate Classic 4 wins, 3 runners-up
Meyo Invitational 1 win, 2 runners-up
13-14 Tyson Invitational Bilderback: 400m School Record
Husky Classic Lutz: 5000m School Record
21 Alex Wilson Invitational DMR: 13th
27-28 Big 12 Championships Men 1st, Women 1st

March

13-14 NCAA Championships Men 6th, Women 6th

OUTDOOR

March

20-21 UTSA Invitational Men 4th, Women 3rd
25-28 Clyde Littlefield Texas Relays 6 wins

April

3-4 Stanford Invitational 7 marks in UT all-time top 10
11 Texas Invitational Men 1st, Women 1st
18 Michael Johnson Classic 2 wins, 8 runners-up
23-24 Penn Relays Philadelphia, Pa.

May

2 Longhorn Invitational Myers Stadium
15-17 Big 12 Championships Ames, Iowa
28-30 NCAA West Preliminary Rounds Myers Stadium

June

10-13 NCAA Championships Eugene, Ore.

121ST PENN RELAYS

DATE: April 23-25

LOCATION: Philadelphia, Pa.

FACILITY: Franklin Field

WEBSITE: ThePennRelays.com

TWITTER: @UTexasTrack | @pennrelays | #PennRelays

LIVE RESULTS: flashresults.com

LIVE VIDEO: FloTrack.org (\$ - FloPro subscription required)

LIVE AUDIO: power99.com | wdasfm.com | iHeartRadio.com

TICKETS: thepennrelays.com

Thursday: \$24 - Reserved, \$18 - General Admission

Friday: \$24 - Reserved, \$18 - General Admission

Saturday: \$70, \$55, \$40 - All Reserved

Three-Day Packages also available

The Texas Track and Field team heads to the oldest track meet in the United States this week as the Longhorns are set to compete at the 121st Penn Relays. Considered by many to be the most prestigious relays meet in America and started in 1895, the Penn Relays traditionally brings the best sprint and distance relay squads to Philadelphia and historic Franklin Field to go head-to-head on the track.

This year, Texas will compete in the 4x100, 4x200, 4x400 for the men and women and the men's 4xMile and women's 4x1,500 in addition to a handful of individual running and field events.

On the line will be the highly coveted Penn Relays Wheels - the giant wooden trophies handed out to winners. Texas has won 37 relay events in Penn Relays history and hopes to add to that list of success this year.

Texas has its eyes set on the record books as well. Last year, the team of Briana Nelson, Courtney Okolo, Kendall Baisden and Ashley Spencer set the Penn Relays record in the 4x400. With three of those four runners back for 2015, the Longhorns hope to make a push for that record again.

The Longhorns have won the most women's 4x400 titles at Penn Relays as well. Texas has crossed the line first a total of 11 times for the women. South Carolina is next with six victories. No other school has won more than two.

Each year the Penn Relays also brings in top talent from Jamaica. This meet is an important one to the island nation as its top high schools and colleges bring teams to compete. Texas sophomore Senoj-Jay Givans competed at the Penn Relays twice during his high school days.

The meet also coordinates a series of relays pitting top American professionals against international athletes for what is tabbed as USA vs. The World. Two Texas alumnae are among the pool of athletes eligible for Team USA. Marshavet Hooker is listed in the USA pool for the 4x100 and Briana Nelson is in the 4x400 relay pool of athletes.

Action for the main events gets underway on Thursday from Franklin Field after a heptathlon and decathlon earlier in the week. The first event for Texas will be the women's college pole vault at 10 a.m. Eastern on Thursday to start the three days of competition.

Fans can watch the action live online at FloTrack.org with a subscription to the site's FloPro services. Some local radio stations in Philadelphia will also be airing coverage, which can be heard online at power99.com, wdasfm.com and iheartradio.com. Fans can also use the iHeartRadio app on their phones.

Fans are encouraged to keep up and interact with the meet on Twitter by using the hashtag #PennRelays. Updates for all events and other activities can be found by following @PennRelays on Twitter as well. The Texas Track & Field account @UTexasTrack will provide updates on events the Longhorns are competing in. Live results will be provided by flashresults.com.

Tickets can be purchased online at thepennrelays.com. The meet's site also will have in-depth coverage, updates and more throughout the meet.

MEET SCHEDULE

PENN RELAYS

Only Texas events listed

Thursday, April 23

10:00 a.m.	Women's Pole Vault College
12:00 p.m.	Women's Long Jump Championship
1:10 p.m.	Women's 4x100m Relay Prelims
4:00 p.m.	Women's Pole Vault Championship
4:45 p.m.	Women's Javelin College
6:45 p.m.	Women's 4x400m Relay Prelims
8:30 p.m.	Women's 3000m Championship
9:00 p.m.	Women's Olympic Development 5000m
9:20 p.m.	Men's 5000m Championship

Friday, April 24

9:00 a.m.	Men's Discus College
10:00 a.m.	Men's Pole Vault College
12:00 p.m.	Men's Shot Put Championship
12:35 p.m.	Men's 4x100m Relay Prelims
1:20 p.m.	Women's 4x1500m Championship of America
1:40 p.m.	Men's 4x200m Relay Prelims
2:00 p.m.	Women's 4x200m Relay Prelims
2:30 p.m.	Men's DMR Championship of America
3:30 p.m.	Men's 100m Prelims
3:40 p.m.	Women's 100m Prelims
3:50 p.m.	Men's 110m Hurdles Prelims
4:00 p.m.	Women's 100m Hurdles Prelims
4:25 p.m.	Men's 4x400m Relay Prelims

Saturday, April 25

9:00 a.m.	Men's Triple Jump College
11:15 a.m.	Men's Javelin Championship
12:30 p.m.	Men's Discus Championship
1:15 p.m.	Men's 4xMile Championship of America
2:00 p.m.	Men's Pole Vault Championship

TEXAS TRACK & FIELD NOTEBOOK

Longhorns Both in Top 10 Nationally

- This week the men and women both hold spots in the top 10 of the USTFCCCA Rankings. The women move up one spot to No. 3 and the men held their spot at No. 6.
- Texas is among six schools that have their men and women ranked in the top 10.
- The Big 12 Conference is well represented in the top 25 with five women's teams and four men's teams ranked this week. Four of the women's teams are ranked No. 11 or better.

Okolo Beats the Best

Courtney Okolo recently defeated Olympic gold medalist Sanya Richards-Ross head-to-head at the Michael Johnson Classic in a Texas past vs. present heat. Sophomore Kendall Baisden also bested the Olympian to finish second.

- Okolo crossed the line in a world-leading time of 50.99 seconds
- Okolo was named Big 12 Female Track & Field Athlete of the Week
- It was the 3rd honor for the women in 4 weeks after Morolake Akinosun won a pair

Standard Bearers

- Texas currently holds seven collegiate records combined among the men and women. The nearest competitor is Arizona and Colorado with five.

Events to Watch

121st PENN RELAYS

Women's 4x400m Championship of America

Texas broke the Penn Relays record last year and returns 3 of those 4 runners. The Longhorns will be up against rival Texas A&M in what should be one of the top events of the entire meet.

Men's 4x400m Championship of America

Texas A&M, LSU and Texas are all in a field loaded with All-Americans.

Men's 4x100m Championship of America

TCU and LSU have won this event 9 times and will see strong competition. Watch out for back-to-back champ UTech from Kingston, Jamaica. The Penn Relays has a tradition of bringing in the top high school and college talent from the island nation.

Men's 4xMile Championship of America

A rarely-held event, the 4xMile will have distance fans drooling this year. Texas will go head-to-head with some of the top distance programs in the NCAA. Some media members in the track and field community are calling for the first-ever sub-16 by a collegiate team.

Shuttle Hurdles

Although Texas is not competing in the Shuttle Hurdles, it also is a rarely-held event that brings excitement to the track.

USTFCCCA Outdoor Rankings

WEEK THREE - (4/20/15) | BIG 12 CONFERENCE TEAMS IN BOLD

Men					Women				
Rk	Team	Points	Conference	Last Week	Rk	Team	Points	Conference	Last Week
1	Texas A&M	398.80	SEC	1	1	Texas A&M	307.18	SEC	1
2	Florida	356.51	SEC	2	2	Florida	287.68	SEC	2
3	Oregon	302.89	Pac-12	3	3	Texas	284.71	Big 12	3
4	LSU	243.40	SEC	4	4	Southern California	267.35	Pac-12	7
5	Southern California	226.54	Pac-12	5	5	Arkansas	264.98	SEC	4
6	Texas	184.65	Big 12	6	6	Oregon	258.49	Pac-12	8
7	Arkansas	176.88	SEC	8	7	Georgia	254.36	SEC	5
8	Florida State	172.58	ACC	7	8	Kentucky	245.59	SEC	6
9	Alabama	166.81	SEC	10	9	Baylor	172.00	Big 12	10
10	Texas Tech	163.40	Big 12	9	10	Kansas State	165.88	Big 12	9
11	Georgia	147.46	SEC	11	11	Oklahoma State	138.03	Big 12	13
12	Baylor	115.08	Big 12	12	12	Stanford	131.85	Pac-12	12
13	Tennessee	111.57	SEC	14	13	Florida State	130.26	ACC	11
14	South Carolina	106.72	SEC	13	14	Michigan State	113.16	Big Ten	18
15	Penn State	103.86	Big Ten	16	15	LSU	112.00	SEC	14
16	Virginia	100.91	ACC	22	16	Virginia Tech	99.79	ACC	21
17	Oklahoma State	99.38	Big 12	15	17	Alabama	94.04	SEC	19
18	Mississippi State	88.58	SEC	17	18	Texas Tech	93.04	Big 12	15
19	Nebraska	81.50	Big Ten	19	19	Clemson	93.02	ACC	16
20	BYU	80.61	Independent	27	20	Iona	89.20	Metro Atlantic	31
21	UTEP	76.27	Conference USA	28	21	Missouri	87.23	SEC	17
22	Arizona State	75.98	Pac-12	20	22	UCLA	85.48	Pac-12	20
23	UCLA	75.10	Pac-12	21	23	North Carolina	84.12	ACC	22
24	Stanford	74.17	Pac-12	18	24	Notre Dame	83.65	ACC	30
25	Syracuse	68.46	ACC	39	25	Boise State	83.47	MWC	24

Longhorns Ranked Top 48 in NCAA West Region - top 48 individuals, 24 relays accepted to NCAA West Prelims

Based on TFRRS Descending Order List - as of 4/20/15

Men Event	Athlete	Mark	Date	NCAA West Rank	Big 12 Rank
100m	Senoj-Jay Givans	10.15	4/18	6	3
	Charles Anumnu	10.30	3/28	12	5
200m	Carlton Anumnu	20.97	4/11	22	6
400m	Chris Irvin	46.46	4/11	12	6
	Carlton Anumnu	46.71	4/18	18	7
800m	Derrell Manhertz	1:49.38	4/11	26	2
10,000m	Craig Lutz	28:33.48	4/3	2	1
	Mark Pinales	29:08.93	4/3	17	3
	Eduardo Rodriguez	29:15.43	4/3	26	4
	Ryan Dohner	29:18.56	4/3	28	5
110m Hurdles	Spencer Dunkerley-Offor	13.78	4/11	6	3
400m Hurdles	Byron Robinson	50.42	3/28	5	2
	Max Dordevic	51.34	4/11	18	5
3000m Steeplechase	Zach Hamstra	8:58.16	4/3	32	4
	Nate Moore	9:00.14	4/3	37	5
4x100m Relay		39.75	4/11	12	3
4x400m Relay		3:08.26	3/28	12	4
Pole Vault	Reese Watson	5.20m/17-0.75	3/28	30	4
	Casey Wicker	5.11m/16-9.25	4/11	37	5
Shot Put	Ryan Crouser	21.11m/69-3.25	3/28	1	1
	Will Spence	18.12m/59-5.50	4/11	23	6
Discus	Ryan Crouser	58.85m/193-1	4/11	4	2
	Will Spence	56.15m/184-3	4/11	15	6
	Clint Harris	55.21m/181-2	4/18	19	7
Javelin	Fabian Dohmann	70.86m/232-6	3/28	11	1
Women Event	Athlete	Mark	Date	NCAA West Rank	Big 12 Rank
100m	Morolake Akinosun	11.37	4/11	8	2
	Caitland Smith	11.58	4/11	24	6
	Kendall Baisden	11.63	4/11	31	7
200m	Morolake Akinosun	22.70	4/11	2	1
	Kendall Baisden	23.26	4/11	14	5
	Caitland Smith	23.32	4/11	16	6
	Shania Collins	23.89	4/11	45	11
400m	Courtney Okolo	50.99	4/18	1	1
	Kendall Baisden	51.22	4/18	2	2
1500m	Sandie Raines	4:20.63	3/28	18	4
5000m	Sandie Raines	15:48.04	4/3	5	1
	Megan Siebert	16:31.82	3/28	43	6
10,000m	Megan Siebert	33:37.89	4/3	8	2
100m Hurdles	Morgan Snow	13.15	3/28	4	3
	BJ Adeokun	13.31	3/28	10	4
	Ariel Jones	13.61	3/28	23	7
400m Hurdles	Ariel Jones	58.03	4/18	6	1
	Melissa Gonzalez	58.05	4/11	7	2
4x100m Relay		43.61	4/11	4	1
4x400m Relay		3:29.65	3/28	1	1
Pole Vault	Kaitlin Petrillose	4.25m/13-11.25	3/28	8	2
	Kally Long	4.15m/13-7.25	4/11	14	4
	Shay Petty	4.05m/13-3.50	4/11	26	6
Long Jump	Chyna Ries	6.18m/20-3.50	3/28	11	5

2015 The Bowerman Watch List

The most prestigious award in collegiate track and field, The Bowerman, is awarded by the USTFCCA annually to the top male and female track and field star annually. Since its inception in 2009, the winners combined to win three Olympic medals in 2012.

- 3-time NCAA champion Ryan Crouser is on the men's April watch list.
- NCAA outdoor 400m champ Courtney Okolo is on the women's April watch list.
- Okolo was a finalist for the 2014 award after breaking the collegiate record in the 400.

Men's Throwers Perform Well in Waco

Texas came away with a win and 3 runners-up for a strong showing at the Michael Johnson Classic

- Clint Harris won discus: 55.21 meters (181-2) to improve on his season best
- Will Spence 2nd in discus: 54.66 meters (179-4)
- Will Spence 2nd in shot put: 17.83 meters (58-6.00)
- Fabian Dohmann 2nd in javelin: 66.63 meters (218-7)

Givans Runs with Nation's Best

In another loaded field, sophomore Senoj-Jay Givans went toe-to-toe with the nation's best

Texas Outdoor Top 10's

CURRENT LONGHORNS AMONG UT TOP 10 PERFORMERS

Men Event	Name	Rank	Mark
100m	Senoj-Jay Givans	1st	10.10
200m	Senoj-Jay Givans	10th	20.67
400m	Zack Bilderback	4th	45.66
5000m	Ryan Dohner	2nd	13:45.25
10,000m	Craig Lutz	2nd	28:33.48
	Ryan Dohner	6th	29:05.11
	Mark Pinales	8th	29:08.93
	Eduardo Rodriguez	9th	29:15.43
110m Hurdles	Spencer Dunkerley-Offor	4th	13.58
400m Hurdles	Byron Robinson	6th	50.42
Pole Vault	Reese Watson	7th	5.51m/18-1.00
Shot Put	Ryan Crouser	1st	21.39m/70-2.25
	Will Spence	9th	19.25m/63-2.00
Discus	Ryan Crouser	1st	63.90m/209-8
	Will Spence	8th	58.61m/192-3
Hammer Throw	Alan Zapalac	7th	53.99m/177-1
Javelin	Fabian Jara Dohmann	5th	74.25m/243-7
Decathlon	Johannes Hock	2nd	8293 pts
	Wolf Mahler	8th	7602 pts
Women Event	Name	Rank	Mark
100m	Morolake Akinosun	3rd	11.04
200m	Morolake Akinosun	7th	22.68
400m	Courtney Okolo	2nd	50.03#
	Kendall Baisden	3rd	50.46
	Ashley Spencer	8th	51.38
5,000m	Sandie Raines	3rd	15:48.04
10,000m	Megan Siebert	3rd	33:37.88
100m Hurdles	Morgan Snow	5th	12.88
3000m SC	Alaina Perez	5th	10:59.66
4x100m		9th	43.19
4x400m		2nd	3:24.21*
Pole Vault	Kaitlin Petrillose	1st	4.50m/14-9.00
	Kally Long	4th	4.15m/13-7.25
	Shay Petty	5th	4.00m/13-1.50
	Calie Spencer	T-8th	3.80m/12-5.50
	Anne Harwig	T-8th	3.80m/12-5.50
Javelin	Shelbi Poncik	9th	43.24m/141-10

bold - denotes marks from this season

- denotes NCAA record

* - denotes NCAA Championship meet record

Texas Outdoor School Records

Name (yr)	Men	Event	Women	Name (yr)
Givans (14)	10.10	100m	10.94	Guidry (91)
Jones (87)	20.28	200m	22.55	Perry (99)
Ladejo (92)	45.25	400m	49.89	Richards (04)
Hernandez (08)	1:45.31	800m	2:01.50	Davidson (87)
Manzano (07)	3:35.29	1500m	4:15.68	Natale (86)
Cannada (89)	13:44.34	5000m	15:12.79	Hall (14)
Green (89)	29:19.50	10,000m	33:30.73	Blakeslee (87)
Sang (84)	8:22.45	3000 SC	10:26.90	Marches (14)
Stewart (11)	13.44	110h/100h	12.62	Denby (04)
Graham (88)	48.04	400H	54.16	McIntosh (04)
2003	39.08	4x100	42.76	1998
1983	3:03.33	4x400	3:23.75	2004
Boswell (99)	2.35m/7-8.50	HJ	1.95m/6-4.75	D. Hooker (09)
Davis (98)	5.90m/19-4.25	PV	4.50m/14-9.00	Petrillose (14)
Metcalfe (88)	8.44m/27-8.25	LJ	6.70m/21-11.75m	Hooker (06)
Scott (88)	17.03m/55-10.50	TJ	13.66m/44-9.75	Turner (86)
Crouser (14)	21.39m/70-2.25	SP	18.85m/61-10.25	Carter (08)
Crouser (14)	63.90m/209-8	DS	54.13m/177-7	Messner (81)
Armstrong (01)	69.46m/227-11	HT	52.55m	Brown (08)
Bolden (90)	89.10m/292-4	JV	55.63m/182-6	Nye (88)
Hardee (06)	8465 pts	Dec/Hept	5576 pts	Lew (89)

Bowerman Watch Lists



2015 Bowerman Watch List April

Women

Name	Yr	School	Events
Remona Burchell	SR	Alabama	Sprints
Natoya Goule	SR	Clemson	Mid-Distance
Kendra Harrison	SR	Kentucky	Hurdles
Kyra Jefferson	JR	Florida	Sprints
Sandi Morris	SR	Arkansas	Pole Vault
Courtney Okolo	JR	Texas	Sprints
Keturah Orji	FR	Georgia	Jumps
Jenna Prandini	JR	Oregon	Sprints/Jumps
Shelbi Vaughan	JR	Texas A&M	Throws
Kendell Williams	SO	Georgia	Combined Events

Also Receiving Votes: Demi Payne (Stephen F. Austin), Raven Saunders (Southern Illinois), Jeanelle Schepper (South Carolina), Irena Sediva (Virginia Tech), Emily Sisson (Providence)

Men

Name	Yr	School	Events
Shawn Barber	JR	Akron	Pole Vault
Trayvon Brommell	SO	Baylor	Sprints
Edward Cheserek	SO	Oregon	Distance
Ryan Crouser	SR	Texas	Throws
Marquis Dendy	SR	Florida	Jumps
Eric Jenkins	SR	Oregon	Distance
Omar McLeod	SO	Arkansas	Hurdles
Anthony Rotich	SR	UTEP	Distance
Garrett Scantling	SR	Georgia	Multis
Michael Stigler	SR	Kansas	Hurdles

Also Receiving Votes: JaCorian Duffield (Texas Tech), Edward Kemoboi (Iowa State), Deon Lendore (Texas A&M), Michael Lihman (Wisconsin), Hayden Reed (Alabama), Bralon Taplin (Texas A&M)

The Bowerman Award is given to the most outstanding male and female collegiate student-athlete in track & field annually by The United States Track & Field and Cross Country Coaches Association.

Past winners from the previous four years since its inception have won two Olympic Medals, two IAAF World Championships and six World Championship medals.

The award is named after Bill Bowerman, former legendary coach of the Oregon Ducks and co-founder of NIKE, who make significant contributions to the sport of track & field.



sprinters at the Michael Johnson Classic. Among those he faced was 2014 NCAA champion Trayvon Bromell and 2013 champ Charles Silmon.

- Givans took 3rd place in an exciting finish with his time of 10.15 seconds
- Bromell won in 10.02 seconds and Texas A&M's Shavez Hart took second in 10.10
- Givans time was just .05 off his own school record

Akinosun Wins Three Events.... Again

After Morolake Akinosun put on a show at the Texas Relays and winning three events, she did the same thing at the Texas Invitational (April 11). Akinosun also was received her second Big 12 Athlete of the Week award for her victories.

- Ran anchor leg of the 4x100m relay to win with a time of 43.61 seconds
- Won 100m in 11.37 seconds
- Won 200m in Mike A. Myers Stadium record, 22.70 seconds

Freshmen Showing Talent

- Freshmen sprinters Caitland Smith and Shania Collins finished second and third in the 200 meter invitational at the Nike Clyde Littlefield Texas Relays. Smith crossed the line in 23.35 seconds with Collins right behind her in 23.47.
- Smith backed that up with a runner-up performance at the Texas Invitational last weekend in the 100 and took fourth in the 200 with new PR's of 11.58 and 23.32.

Distance Runners Shine at Stanford Invitational

Texas sent its top distance runners to what has become one of the top distance meets in the nation every year, and the Longhorns came up big.

- Craig Lutz took 7th in the 10,000 meters, crossing in 28:33.48. Only Harry Green - at the 1988 and 1989 Mt. SAC Relays - has posted a faster 10,000m time by a Longhorn.
- Lutz third among collegians in a race that produced the top 40 times on the 2015 NCAA performance list.
- The men saw four runners post sub-30 times in the 10k. In section two, Mark Pinales (29:08.03), Eduardo Rodriguez (29:15.43) and Ryan Dohner (29:18.56) all flirted with cracking 29 minutes and prove Texas distance will be a force in 2015.
- In the women's 10,000m, Megan Siebert cut more than two minutes off her best time, finishing 22nd in section one in 33:37.88.
- Siebert's time ranks No. 3 in school history and 14th on the 2015 NCAA performance list.
- Sandie Raines impressed in section one of the 5,000 meters. The sophomore transfer from Arkansas crossed the finish line in 15:48.04 to rank as No. 3 on the UT performance list and fifth on this year's national list.

400m Depth

- The women's team boasts one of the deepest 400m groups in the nation.
- The Longhorns displayed that depth finishing 1-2-4 at the Big 12 meet to score 23 points.
- Courtney Okolo is the collegiate record holder outdoors in the event at 50.03 seconds. She is the defending NCAA champion and also won her first indoor NCAA title this year.
- Ashley Spencer has two NCAA outdoor 400 titles to her claim as a freshman and sophomore.
- Kendall Baisden won the 2015 IAAF World Junior Championships 400m and 4x400.
- The trio of Okolo, Spencer and Baisden joined up with Morolake Akinosun to win the 4x400 at the NCAA indoor meet and posted the No. 5 time in collegiate history.
- The men's team also has strength in the 400m, Zack Bilderback successfully defended his Big 12 title in the 400 and finished sixth at the NCAA meet.
- Earlier this year Bilderback crossed the line in 45.95 seconds to finish third at the Tyson Invitational while breaking his own school record of 46.03 set last year.
- The men's 4x400 relay also broke the school record to finish third at the NCAA Championships in 3:06.56.

Crouser Repeats at Texas Relays

- Ryan Crouser also shined in his final Texas Relays wearing Burnt Orange. The NCAA champion won the men's shot put for a third consecutive year with his toss of 21.11 meters (69-3.25).

Dohmann Opens Season with Back-to-Back Wins

- Defending Big 12 Conference champion Fabian Dohmann opened his outdoor season at the Texas Relays with a victory in the javelin, throwing 70.86 meters (232-6) on his fifth attempt.
- Dohmann was standing in seventh heading into the final three throws. Evan Karakolis of Rice and Missouri's MacCauley Garton also threw over 230 feet.
- Dohmann won his next competition, claiming the Texas Invitational last weekend.

2015 Men's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
David Anamosa	Jr. / Jr. / So.	Distance/XC	Katy, Texas (Cinco Ranch)	David an-a-MOH-sah
Carlton Anumnu	So. / So.	Sprints	Stafford, Texas (Stafford)	Carlton ah-NOOM-noo
Charles Anumnu	So. / So.	Sprints	Stafford, Texas (Stafford)	Charles ah-NOOM-noo
Zack Bilderback	Jr. / Jr.	Sprints	Celina, Texas (Celina)	
Logan Brittain	So. / So.	High Jump	Amarillo, Texas (Canyon Randall)	
Tim Cousins	Sr. / Sr. / Sr.	Distance	The Woodlands, Texas (The John Cooper School/Columbia)	
Ryan Crouser	Jr. / Sr.	Throws	Boring, Ore. (Barlow)	
Ryan Dohner	Sr. / Sr. / CE	Distance/XC	Spring, Texas (Klein Oak)	Ryan DOH-ner
Max Dordevic	Fr. / Fr.	Sprints/Hurdles	Portland, Ore. (Jesuit Portland)	Max DOR-deh-vik
Spencer Dunkerley-Offor	So. / So.	Hurdles	Austin, Texas (St. Stephen's Episcopal)	SPEN-sir DUNN-ker-lee OH-for
Logan Emery	Fr. / Fr. / Fr.	Distance/XC	The Woodlands, Texas (The Woodlands)	
Basil Fares	Jr. / Jr.	Sprints/Jumps	Houston, Texas (Mayde Creek)	BA-zil FAIR-es
Derek Fenton	Fr. / Fr.	Throws	San Clemente, Calif. (San Clemente)	
Senoj-Jay Givans	So. / So.	Sprints	St. Elizabeth, Jamaica (Munro College)	sen-AH-zhay GIV-ens
Zach Hamstra	Fr. / Fr.	Distance	Flower Mound Texas (Flower Mound)	
Clint Harris	CE / Sr.	Throws	Burleson, Texas (Burleson/Stephen F. Austin)	
Connor Hendrickson	Fr. / Fr. / Fr.	Distance/XC	Southlake, Texas (Southlake Carroll)	
Johannes Hock	Jr. / Jr.	Multi Events	Cologne, Germany (Hanns Seidel Gymnasium)	yoh-HAHN-es HAHK
Chris Irvin	So. / So.	Sprints	Austin, Texas (Westlake)	
Blake Jakobsson	Sr. / Sr.	Throws	Burleson, Texas (Burleson)	Blake JAYK-ob-son
Fabian Dohmann	So. / So.	Javelin	Fernando de la More, Paraguay (Colegio Goethe)	FAH-bee-en DOH-man
Craig Lutz	Jr. / Sr. / Sr.	Distance/XC	Highland Village, Texas (Flower Mound Marcus)	
Wolf Mahler	So. / So.	Multi Events	Temple, Texas (Belton)	
Derrell Manhertz	So. / So.	Sprints	Woolwich Township, N.J. (Kingsway)	
Spencer McCloud	So. / So.	High Jump	Argyle, Texas (Argyle)	
Jake McConnell	Fr. / Fr.	Distance	Keller, Texas (Keller)	
Parks McNeil	Fr. / Fr.	Pole Vault	Kerrville, Texas (Kerrville Tiny)	
Nicholas Meaders	Fr. / Fr.	Pole Vault	Gatesville, Texas (Gatesville)	NICK-o-las MED-ers
Nate Moore	So. / So. / So.	Distance/XC	Lockhart, Texas (Lockhart)	
Will Nation	Sr. / Sr. / Sr.	Distance/XC	Spring, Texas (Klein Oak)	
Brian Peterson	Fr. / Fr.	Throws	Round Rock, Texas (Cedar Ridge)	
Nick Phynn	So. / So.	Jumps	St. Catherine, Jamaica (Jamaica College)	
Jacob Pickle	Fr. / Fr.	Distance	Southlake, Texas (Southlake Carroll)	
Chris Pietraszkiewicz	Fr. / Fr.	Distance	San Antonio, Texas (Texas Military Institute)	KRIS pe-tra-SKEH-vitch
Mark Pinales	Sr. / Sr. / Sr.	Distance/XC	Round Rock, Texas (Stony Point)	
Barrett Poth	Fr. / Fr.	Pole Vault	The Woodlands, Texas (Klein Oak)	
Byron Robinson	So. / So.	Sprints	Chesapeake, Va. (Western Branch/Penn State)	
Eduardo Rodriguez	Sr. / Sr. / Sr.	Distance/XC	Dallas, Texas (Adamson)	
Will Spence	Sr. / Sr.	Throws	Dallas, Texas (Richardson)	
Mark Thomas	Sr. / Sr.	Pole Vault	Lorena, Texas (Lorena)	
Reese Thompson	Fr. / Fr.	Multi Events	Argyle, Texas (Argyle)	
Brady Turnbull	Jr. / Jr. / Jr.	Distance/XC	Frisco, Texas (Frisco)	
Robert Uhr	So. / So.	Distance	Lockhart, Texas (Lockhart)	ROB-ert ER
Stephen Villalpando	Fr. / Fr.	Distance	Buda, Texas (Hayes)	ES-teh-bahn vil-ah-PAHN-doh
Wesley Ward	Fr. / Fr.	Distance	Flower Mound, Texas (Flower Mound)	
Reese Watson	Jr. / Jr.	Pole Vault	Spring, Texas (Spring)	
Casey Wicker	Sr. / Sr.	Pole Vault	Dallas, Texas (Jesuit)	
Blake Williams	Sr. / Sr. / Sr.	Distance/XC	Durham, N.C. (North Durham/North Carolina)	
Alan Zapalac	Fr. / Fr.	Throws	Wallis, Texas (Brazos)	AL-an ZAP-ah-lak
CE = Completed eligibility				
Head Coach: Mario Sategna				MAR-ee-oh sah-TAYN-yah
Associate Head Coach: Tonja Buford-Bailey				TAHN-jah BUU-ford BAY-lee
Assistant Coach Brad Herbster				
Assistant Coach: Seth Henson				
Assistant Coach: Ty Sevin				TY SAY-vin
Assistant Coach: Kareem-Streete Thompson				

2015 Women's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
Mobolaji "BJ" Adekun	Jr. / Jr.	Sprints/Jumps	Lanham, Maryland (Duval/Illinois)	mo-bo-LIE-gee ad-ee-OH-kin
Morolake Akinosun	Jr. / Jr.	Sprints	Aurora, Ill. (Waubonsie Valley/Illinois)	MOR-luh-kay uh-KIN-o-sun
Samantha Anderson	So. / So. / Fr.	Middle Distance/XC	Whitehouse, Texas (Whitehouse)	
Natalie Avellar	Fr. / Fr.	Pole Vault	Napa, Calif. (Justin-Siena High School)	
Kendall Baisden	So. / So.	Sprints	Detroit, Mich. (Detroit Country Day)	KEN-dal BAYZ-den
Katie Burford	So. / Jr. / So.	Distance/XC	Austin, Texas (St. Stephen's)	
Lauryn Caldwell	Fr. / Fr.	Throws	Dickinson, Texas (Dickinson)	
Shania Collins	Fr. / Fr.	Sprints	Huntingtown, Md. (Huntingtown)	sha-NI-ah
Kaleigh Ervin	So. / So. / So.	Distance/XC	Coppell, Texas (Coppell)	
Chamique Francis	Jr. / Jr.	Sprints	Queens, N.Y. (Cardozo)	shah-MEEK
Melissa Gonzalez	Jr. / Jr.	Hurdles	Carrollton, Texas (Creekview)	
Hannah Grubb	So. / Fr. / Fr.	Middle Distance/XC	State College, Pa. (State College)	
Mary Beth Hamilton	So. / So. / Fr.	Middle Distance/XC	Dallas, Texas (Highland Park)	
Alexa Harmon-Thomas	Fr. / Fr.	High Jump/Multi Events	Lawrence, Kan. (Lawrence Free State)	
Anne Harwig	Jr. / Jr.	Pole Vault	Tampa, Fla. (Florida State)	
Peri Howser	Fr. / So.	Pole Vault	Newport Beach, Calif. (Newport Harbor)	
Ariel Jones	Fr. / Fr.	Sprints/Hurdles	Houston, Texas (Atascotita)	
Nekia Jones	Fr. / So.	Throws	Beaumont, Texas (Ozen)	neh-KEE-ah
Kally Long	Fr. / Fr.	Pole Vault	Wimberley, Texas (Wimberley)	KAL-lee
Kendra Melendez	Fr. / Fr.	Distance	El Paso, Texas (Coronado)	
Alyssa Moody	Fr. / Fr.	Distance	Round Rock, Texas (Round Rock)	
Courtney Okolo	Jr. / Jr.	Sprints	Carrollton, Texas (Newman Smith)	COURT-nee oh-KO-lo
Sierra Patrick	Jr. / Jr.	Multi Events	Austin, Texas (Lake Travis)	
Marissa Pekarek	Jr. / Jr. / Jr.	Distance/XC	Fairview, Texas (Lovejoy)	mah-RISS-ah PECK-ah-reck
Alaina Perez	Jr. / Jr. / Jr.	Distance/XC	Jacksonville, Fla. (Bartram Trail)	
Kaitlin Petrillose	Jr. / Jr.	Pole Vault	Round Rock, Texas (McNeil)	KATE-lin PEH-tri-lohss
Shay Petty	Fr. / Fr.	Pole Vault	San Antonio, Texas (St. Mary's Hall)	
Shelby Poncik	So. / So.	Throws	Needville, Texas (Texas Tech)	SHEL-bee PAHN-chik
Sandie Raines	So. / So. / So.	Distance/XC	Kingwood, Texas (Kingwood/Arkansas)	
Rachel Reddy	Fr. / Fr.	Distance/XC	Mountain Brook, Ala. (Mountain Brook)	
Chyna Ries	Fr. / Fr.	Jumps	Denver, Colo. (East)	China REES
Catherine Romanick	Fr. / Fr.	Sprints	Fredericksburg, Texas (Fredericksburg)	
Katie Ruhala	Fr. / Fr. / So.	Distance/XC	Lucas, Texas (Lovejoy)	KATE-ee roo-HA-la
Megan Siebert	Sr. / Sr. / CE	Distance/XC	Dallas, Texas (Richardson Pearce)	MEG-an SEE-bert
Caitland Smith	Fr. / Fr.	Sprints	Pelham, Ala. (Pelham)	
Morgan Snow	Sr. / Sr.	Sprints/Hurdles/Jumps	Decatur, Ga. (Southwest DeKalb)	
Ashley Spencer	Sr. / Sr.	Sprints	Indianapolis, Ind. (Lawrence North/Illinois)	
Calie Spencer	Fr. / Fr.	Pole Vault	New Braunfels, Texas (New Braunfels Canyon)	KAL-lee
Rachel St. Martin	Fr. / Fr. / So.	Distance/XC	Tomball, Texas (Tomball)	
Pamela Uchebo	So. / So.	Jumps	Lubbock, Texas (Lubbock)	PAM-ah-la yu-CHEE-boh
Ali Uhle	Fr. / Fr.	Pole Vault	Tomball, Texas (Tomball)	AL-ee OO-lee
Connor Ward	Jr. / Sr. / Jr.	Distance/XC	Flower Mound, Texas (Flower Mound)	
N'Dia Warren-Jacques	Fr. / Fr.	Throws	Conroe, Texas (Oak Ridge)	IN-dee-ah
Samantha Young	Fr. / Fr.	Distance	Southlake, Texas (Southlake Carroll)	
Kara Zupan	Fr. / Fr.	Distance	The Woodlands, Texas (The Woodlands)	CARE-ah ZUHS-pen

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Head Coach: Mario Sategna
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TY SAY-vin