



Texas

Track & Field and Cross Country

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6 NCAA Indoor Championships | 4 NCAA Outdoor Championships
12 Big 12 Conference Indoor Championships | 13 Big 12 Conference Outdoor Championships

COACHING STAFF

Director of Track & Field and Cross Country ____ Mario Sategna
Associate Head Coach - Sprints _____ Tonja Buford-Bailey
Assistant Coach - Distance/XC _____ Brad Herbster
Assistant Coach - Sprints _____ Seth Henson
Assistant Coach - Field Events _____ Ty Sevin
Assistant Coach - Jumps _____ Kareem Streete-Thompson
Director of Operations _____ Dan Huskerson

Twitter: @UTexasTrack
Instagram: utexastrackfieldxc

2015 SCHEDULE

INDOOR		
December		
12	Hoosier Open	Lutz: 2nd - 5000m
January		
16	Arkansas - Texas Dual	Fayetteville, Ark.
23-24	Rod McCravy Memorial	Lexington, Ky.
24	Lobo Collegiate Invitational	Albuquerque, N.M.
30-31	Howie Ryan Invitational	Houston, Texas
February		
6-7	New Mexico Collegiate Classic	Albuquerque, N.M.
	Meyo Invitational	South Bend, Ind.
13-14	Tyson Invitational	Fayetteville, Ark.
	Husky Classic	Seattle, Wash.
27-28	Big 12 Championships	Ames, Iowa
March		
13-14	NCAA Championships	Fayetteville, Ark.
OUTDOOR		
March		
20-21	UTSA Invitational	San Antonio, Texas
25-28	Clyde Littlefield Texas Relays	Myers Stadium
April		
3-4	Stanford Invitational	Palo Alto, Calif.
11	Texas Invitational	Myers Stadium
18	Michael Johnson Classic	Waco, Texas
23-24	Penn Relays	Philadelphia, Pa.
May		
2	Longhorn Invitational	Myers Stadium
15-17	Big 12 Championships	Ames, Iowa
28-30	NCAA West Preliminary Rounds	Myers Stadium
June		
10-13	NCAA Championships	Eugene, Ore.
24-28	USATF Championships	TBD

ARKANSAS-TEXAS DUAL MEET
DATE: Jan. 16, 2015
LOCATION: Fayetteville, Ark.
STADIUM: Randal Tyson Track Center
TWITTER: @UTexasTrack
LIVE RESULTS: flashresults.com

MEET SCORING
 Individual Events: 5, 3, 2, 1 - Only 2 individuals per team can score
 Relay Events: 5, 3 - Only 1 relay per team can score

The Texas Longhorns open their indoor track and field season this week with a Top 10 battle against the Arkansas Razorbacks on the road. Arkansas will host the Arkansas-Texas Dual Meet on Friday night with the Longhorns and Razorbacks set to face each other in 16 events.

Both men's and women's teams are ranked in the top 10 of the USTFCCCA Preseason Rankings. Texas enters with the women at No. 5 and the men at No. 8. Arkansas' women are No. 7 with the Razorback men ranked No. 3.

The bulk of the action is set to start at 6 p.m. Friday from the Randal Tyson Track Center. The men's and women's weight throw will be held Thursday afternoon at 4 p.m.

Last season, Arkansas won this meet on both sides. This year the Longhorns will be looking to open its season on a positive note and claiming a pair of team wins.

The meet will be scored with points awarded to the top four finishers in the individual events with five points going to the winner. Only two individuals per team may score points in an event. Winning relay teams will receive five points with three to the runner-up. Only one relay may score per team as well.

Fans can follow the action online with live results provided by flashresults.com. Updates will be available on Twitter by following @UTexasTrack.

TEXAS TRACK & FIELD NOTEBOOK

400m Depth

- The women's team boasts three returning first team All-Americans in the 400m
- Ashley Spencer leads the group as the No. 2-ranked runner and time of 51.54.
- Courtney Okolo is ranked 3rd in the event with an indoor best of 51.56.
- Kendall Baisden is No. 7 according to USTFCCCA after finishing 5th last year.
- Spencer and Okolo represent the last three NCAA outdoor titles in the 400m.

Preseason Expectations

- Texas is among the best of the best heading into the 2015 season. Five teams have their men's and women's teams ranked in the Top 10 of the USTFCCCA Preseason Rankings.
- The Big 12 Conference is well represented in the Top 25 with four men's teams and four women's teams ranked in the preseason.

2015 The Bowerman Watch List

- 3-time NCAA champion Ryan Crouser is on the men's preseason watch list.
- NCAA indoor champ and NCAA record holder Kaitlin Petrillose is on the women's list.

Golden Kendall

• Sophomore Kendall Baisden won two gold medals this summer at the 2014 IAAF World Junior Championships. She won the 400m and ran a leg of the victorious 4x400m relay for Team USA.

Standard Bearers

• Texas currently holds nine collegiate records combined among the men and women. The nearest competitor is Arizona and Colorado with five.

MEET SCHEDULE

ARKANSAS-TEXAS DUAL

Thursday, Jan. 15

Weight Throw

4:00 p.m. _____ Women
5:00 p.m. _____ Men

Friday, Jan. 16

Field Events

6:00 p.m. _____ Pole Vault (w)
_____ Shot Put (w)
_____ High Jump (w - east pit)
_____ High Jump (m - west pit)
_____ Long Jump (w)
_____ Long Jump (m)
7:00 p.m. _____ Shot Put (m)
7:45 p.m. _____ Pole Vault (m)
8:00 p.m. _____ Triple Jump (w)
_____ Triple Jump (m)

Running Events

7:00 p.m. _____ 1000m (w/m)
7:10 p.m. _____ Mile (w/m)
7:27 p.m. _____ 60m Hurdles (w/m)
7:40 p.m. _____ 400m (w/m)
7:50 p.m. _____ 60m (w/m)
8:00 p.m. _____ 800m (w/m)
8:10 p.m. _____ 200m (w/m)
8:20 p.m. _____ 3000m (w/m)
8:45 p.m. _____ DMR (w/m)
9:15 p.m. _____ 4x400m (w/m)

Meet Scoring

Individual Events: 5, 3, 2, 1 _____ only 2 athletes per team may score
Relays: 5, 3 _____ only 1 relay per team may score

Texas Indoor School Records

Name (yr)	Men	Event	Women	Name (yr)
Gardner (03)	6.58	60m	7.14	Guidry (91)
Stewart (13)	7.63	60h	7.95	McIntosh (04)
Christian (03)	20.84	200m	22.40#	Knight (08)
Bilderback (14)	46.03	400m	50.82	Richards (04)
Everett (09)	1:08.51	600yd	1:18.62	Coleman (82)
Everett (09)	1:47.82	800m	2:04.38	Diaz (00)
Squella (86)	2:21.19	1000m	2:42.51	Arnold (85)
Stilin (13)	3:58.66	Mile	4:43.53	Hall (12)
Stilin (13)	7:56.07	3000m	9:07.93	Schweitzer (87)
Dawson (03)	13:41.74	5000m	15:50.04	Sutherland (13)
1987	3:06.65	4x400	3:27.42	2014
2008	9:25.97#	DMR	11:14.53	2011
Boswell (00)	2.33m / 7-7.75	HJ	1.98m / 6-6.00#	Hooker (09)
Davis (99)	5.85m / 19-2.25#	PV	4.60m / 15-1.00#	Pettillose (14)
Goodwin (11)	8.14m / 26-8.50	LJ	6.65m / 21-10.00	Malone (11)
Scott (92)	16.79m / 55-1.00	TJ	13.47m / 44-2.50	Turner (86)
Crouser (14)	21.23m / 69-8.00	SP	18.56m / 60-10.75	Carter (06)
Armstrong (01)	22.12m / 72-7.00	WT		
Hardee (06)	6208 pts	Hept/Pent	# - denotes NCAA record	

Events to Watch

ARKANSAS - TEXAS DUAL MEET

Men's 400m

Zack Bilderback highlights the Longhorns in the event after finishing eighth at last year's NCAA Indoor Championships. He enters this season ranked No. 7 by USTFCCCA. He ran a personal best 46.03 at the Big 12 Championship last year. Penn State transfer Byron Robinson is also ranked No. 17 for the Longhorns. Arkansas boasts No. 11 runner Eric Janise with his best time of 46.57 seconds.

Men's 3000m

No. 21 Ryan Dohner will be in a field with the No. 1-ranked runner Kemoy Campbell from Arkansas. Dohner will be fresh after not competing in cross country this fall for the Longhorns.

Men's Pole Vault

Reese Watson leads a strong group of Longhorns. He is ranked No. 13 by the USTFCCCA and Mark Thomas is 24th. Andrew Irwin is ranked No. 2 for Arkansas and won back-to-back NCAA indoor titles in 2012 and 2013.

Women's Pole Vault

Kaitlin Petrillose broke the collegiate record last year for the Longhorns to win the indoor NCAA crown at 4.60m (15-1.00). Arkansas' Sandi Morris finished fourth and attempted to break the collegiate record last week during the Arkansas Invitational, failing at 4.61m.

Women's 60m

Morolake Akinosun ranks No. 6 in the event for Texas with her best time of 7.23 seconds last year at the NCAA Championships to finish fourth. Arkansas' Regine Williams is No. 14 according to USTFCCCA.

Women's 200m

The Longhorns have four runners ranked in the Top 23 in this event. Arkansas has the No. 4 runner in Regine Williams. Texas' depth should be on display for this battle.

Women's 400m

The Longhorns are deep and strong with three runners ranked seventh or better in this event. Arkansas has the No. 12 athlete with Chrisuna Williams. Ashley Spencer, Courtney Okolo and Kendall Baisden all finished top five at the NCAA meet last year.

Women's 3000m

Longhorn Sandie Raines is ranked in the 5000m but will take on her former teammates in the 3k this week. Dominique Scott is ranked for the Razorbacks in the 3000m to make this a key distance event.

Women's 4x400m Relay

Texas finished second at the NCAA meet behind Oregon by just .02 of a second in a time that was faster than the collegiate record. With three first team All-Americans back in the event, and against Arkansas' No. 11 ranked relay squad this event could provide an exciting finish to the women's competition.

USTFCCCA Indoor Rankings

PRESEASON - (1/6/15)

Men				Women			
Team	Conference	Pts	2014 Finish	Team	Conference	Pts	2014 Finish
1. Florida	SEC	176.01	3	1. Florida	SEC	196.37	3
2. Oregon	Pac-12	172.98	1	2. Texas A&M	SEC	170.73	5
3. Arkansas	SEC	151.99	2	3. Oregon	Pac-12	140.45	1
4. Texas A&M	SEC	98.11	8	4. Georgia	SEC	131.71	3
5. Penn State	Big Ten	68.97	32	5. Texas	Big 12	13.93	2
6. Nebraska	Big Ten	75.64	17	6. Kentucky	SEC	104.09	9
7. Stanford	Pac-12	71.73	12	7. Arkansas	SEC	96.31	6
8. Texas	Big 12	69.24	20	8. Providence	Big East	87.12	55
9. Texas Tech	Big 12	64.17	30	9. Florida State	ACC	68.25	39
10. LSU	SEC	61.14	8	10. Georgetown	Big East	68.21	16
11. Georgia	SEC	56.36	26	11. Stanford	Pac-12	66.67	7
12. Villanova	Big East	55.42	32	12. Kansas State	Big 12	62.01	n/a
13. Alabama	SEC	54.28	6	13. Oklahoma State	Big 12	51.33	15
14. Purdue	Big Ten	49.22	32	14. Maryland	Big Ten	50.63	54
15. Wisconsin	Big Ten	49.05	11	15. Michigan	Big Ten	48.94	33
16. Kennesaw State	Atlantic Sun	46.39	n/a	16. UCLA	Pac-12	47.58	29
17. Akron	MAC	44.05	16	17. Texas Tech	Big 12	46.69	n/a
18. Houston	American	44.03	52	18. Auburn	SEC	44.09	12
19. Iowa State	Big 12	42.71	26	19. Michigan State	Big Ten	39.69	35
20. Florida State	ACC	40.18	4	20. Mississippi State	SEC	39.41	10
21. Kent State	MAC	37.30	45	21. Clemson	ACC	39.27	45
22. Michigan State	Big Ten	36.15	40	22. Wisconsin	Big Ten	38.76	43
23. UCLA	Pac-12	31.71	64	23. Southern Illinois	Missouri Valley	37.29	n/a
24. Ohio State	Big Ten	31.66	56	24. Missouri	SEC	37.11	16
25. TCU	Big 12	31.50	n/a	25. North Carolina	ACC	35.39	n/a

2015 Men's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
David Anamosa	Jr. / Jr. / So.	Distance/XC	Katy, Texas (Cinco Ranch)	David an-a-MOH-sah
Carlton Anumnu	So. / So.	Sprints	Stafford, Texas (Stafford)	Carlton ah-NOOM-noo
Charles Anumnu	So. / So.	Sprints	Stafford, Texas (Stafford)	Charles ah-NOOM-noo
Zack Bilderback	Jr. / Jr.	Sprints	Celina, Texas (Celina)	
Logan Brittain	So. / So.	High Jump	Amarillo, Texas (Canyon Randall)	
Tim Cousins	Sr. / Sr. / Sr.	Distance	The Woodlands, Texas (The John Cooper School/Columbia)	
Ryan Crouser	Jr. / Sr.	Throws	Boring, Ore. (Barlow)	
Ryan Dohner	Sr. / Sr. / CE	Distance/XC	Spring, Texas (Klein Oak)	Ryan DOH-ner
Max Dordevic	Fr. / Fr.	Sprints/Hurdles	Portland, Ore. (Jesuit Portland)	Max DOR-deh-vik
Spencer Dunkerley-Offor	So. / So.	Hurdles	Austin, Texas (St. Stephen's Episcopal)	SPEN-sir DUNN-ker-lee OH-for
Logan Emery	Fr. / Fr. / Fr.	Distance/XC	The Woodlands, Texas (The Woodlands)	
Basil Fares	Jr. / Jr.	Sprints/Jumps	Houston, Texas (Mayde Creek)	BA-zil FAIR-es
Derek Fenton	Fr. / Fr.	Throws	San Clemente, Calif. (San Clemente)	
Senoj-Jay Givans	So. / So.	Sprints	St. Elizabeth, Jamaica (Munro College)	sen-AH-zhay GIV-ens
Zach Hamstra	Fr. / Fr.	Distance	Flower Mound Texas (Flower Mound)	
Clint Harris	CE / Sr.	Throws	Burleson, Texas (Burleson/Stephen F. Austin)	
Connor Hendrickson	Fr. / Fr. / Fr.	Distance/XC	Southlake, Texas (Southlake Carroll)	
Johannes Hock	Jr. / Jr.	Multi Events	Cologne, Germany (Hanns Seidel Gymnasium)	yoh-HAHN-es HAHK
Chris Irvin	So. / So.	Sprints	Austin, Texas (Westlake)	
Blake Jakobsson	Sr. / Sr.	Throws	Burleson, Texas (Burleson)	Blake YAHK-ob-son
Fabian Jara Dohmann	So. / So.	Javelin	Fernando de la More, Paraguay (Colegio Goethe)	FAH-bee-en DOH-man
Craig Lutz	Jr. / Sr. / Sr.	Distance/XC	Highland Village, Texas (Flower Mound Marcus)	
Wolf Mahler	So. / So.	Multi Events	Temple, Texas (Belton)	
Derrell Manhertz	So. / So.	Sprints	Woolwich Township, N.J. (Kingsway)	
Spencer McCloud	So. / So.	High Jump	Argyle, Texas (Argyle)	
Jake McConnell	Fr. / Fr.	Distance	Keller, Texas (Keller)	
Parks McNeil	Fr. / Fr.	Pole Vault	Kerrville, Texas (Kerrville Tiny)	
Nicholas Meaders	Fr. / Fr.	Pole Vault	Gatesville, Texas (Gatesville)	NICK-o-las MED-ers
Nate Moore	So. / So. / So.	Distance/XC	Lockhart, Texas (Lockhart)	
Will Nation	Sr. / Sr. / Sr.	Distance/XC	Spring, Texas (Klein Oak)	
Brian Peterson	Fr. / Fr.	Throws	Round Rock, Texas (Cedar Ridge)	
Nick Phynn	So. / So.	Jumps	St. Catherine, Jamaica (Jamaica College)	
Jacob Pickle	Fr. / Fr.	Distance	Southlake, Texas (Southlake Carroll)	
Chris Pietraszkiewicz	Fr. / Fr.	Distance	San Antonio, Texas (Texas Military Institute)	KRIS pe-tra-SKEH-vitch
Mark Pinales	Sr. / Sr. / Sr.	Distance/XC	Round Rock, Texas (Stony Point)	
Barrett Poth	Fr. / Fr.	Pole Vault	The Woodlands, Texas (Klein Oak)	
Byron Robinson	So. / So.	Sprints	Chesapeake, Va. (Western Branch/Penn State)	
Eduardo Rodriguez	Sr. / Sr. / Sr.	Distance/XC	Dallas, Texas (Adamson)	
Will Spence	Sr. / Sr.	Throws	Dallas, Texas (Richardson)	
Mark Thomas	Sr. / Sr.	Pole Vault	Lorena, Texas (Lorena)	
Reese Thompson	Fr. / Fr.	Multi Events	Argyle, Texas (Argyle)	
Brady Turnbull	Jr. / Jr. / Jr.	Distance/XC	Frisco, Texas (Frisco)	
Robert Uhr	So. / So.	Distance	Lockhart, Texas (Lockhart)	ROB-ert ER
Esteban Villalpando	Fr. / Fr.	Distance	Buda, Texas (Hayes)	ES-teh-bahn vil-ah-PAHN-doh
Wesley Ward	Fr. / Fr.	Distance	Flower Mound, Texas (Flower Mound)	
Reese Watson	Jr. / Jr.	Pole Vault	Spring, Texas (Spring)	
Casey Wicker	Sr. / Sr.	Pole Vault	Dallas, Texas (Jesuit)	
Blake Williams	Sr. / Sr. / Sr.	Distance/XC	Durham, N.C. (North Durham/North Carolina)	
Alan Zapalac	Fr. / Fr.	Throws	Wallis, Texas (Brazos)	AL-an zah-PAH-lak

CE = Completed eligibility

2015 Women's Track & Field/Cross Country Roster

Name	IN / OUT / XC	Event	Hometown (High School/Previous School)	Pronunciations
Mobolaji "BJ" Adeokun	Jr. / Jr.	Sprints/Jumps	Lanham, Maryland (Duvall/Illinois)	mo-bo-LIE-gee ad-ee-OH-kin
Morolake Akinosun	Jr. / Jr.	Sprints	Aurora, Ill. (Waubonsie Valley/Illinois)	MORE-la-kay ah-KIN-sun
Samantha Anderson	So. / So. / Fr.	Middle Distance/XC	Whitehouse, Texas (Whitehouse)	
Natalie Avellar	Fr. / Fr.	Pole Vault	Napa, Calif. (Justin-Siena High School)	
Kendall Baisden	So. / So.	Sprints	Detroit, Mich. (Detroit Country Day)	KEN-dal BAYZ-den
Katie Burford	So. / Jr. / So.	Distance/XC	Austin, Texas (St. Stephen's)	
Lauryn Caldwell	Fr. / Fr.	Throws	Dickinson, Texas (Dickinson)	
Shania Collins	Fr. / Fr.	Sprints	Huntingtown, Md. (Huntingtown)	sha-NI-ah
Kaleigh Ervin	So. / So. / So.	Distance/XC	Coppell, Texas (Coppell)	
Chamique Francis	Jr. / Jr.	Sprints	Queens, N.Y. (Cardozo)	shah-MEEK
Melissa Gonzalez	Jr. / Jr.	Hurdles	Carrollton, Texas (Creekview)	
Hannah Grubb	So. / Fr. / Fr.	Middle Distance/XC	State College, Pa. (State College)	
Alyssa Gullo	So. / So.	Pole Vault	Cypress, Texas (Cypress Woods)	ah-LISS-ah GULL-oh
Mary Beth Hamilton	So. / So. / Fr.	Middle Distance/XC	Dallas, Texas (Highland Park)	
Alexa Harmon-Thomas	Fr. / Fr.	High Jump/Multi Events	Lawrence, Kan. (Lawrence Free State)	
Anne Harwig	Jr. / Jr.	Pole Vault	Tampa, Fla. (Florida State)	
Peri Howser	Fr. / So.	Pole Vault	Newport Beach, Calif. (Newport Harbor)	
Ariel Jones	Fr. / Fr.	Sprints/Hurdles	Houston, Texas (Atascotita)	
Nekia Jones	Fr. / So.	Throws	Beaumont, Texas (Ozen)	neh-KEE-ah
Kally Long	Fr. / Fr.	Pole Vault	Wimberley, Texas (Wimberley)	KAL-lee
Reagan Luce	Fr. / Fr.	Hurdles	Hondo, Texas (Hondo)	RAY-gan LOOS-ee
Kendra Melendez	Fr. / Fr.	Distance	El Paso, Texas (Coronado)	
Alyssa Moody	Fr. / Fr.	Distance	Round Rock, Texas (Round Rock)	
Courtney Okolo	Jr. / Jr.	Sprints	Carrollton, Texas (Newman Smith)	COURT-nee oh-KO-lo
Sierra Patrick	Jr. / Jr.	Multi Events	Austin, Texas (Lake Travis)	
Marissa Pekarek	Jr. / Jr. / Jr.	Distance/XC	Fairview, Texas (Lovejoy)	mah-RISS-ah PECK-ah-reck
Alaina Perez	Jr. / Jr. / Jr.	Distance/XC	Jacksonville, Fla. (Bartram Trail)	
Kaitlin Petrillose	Jr. / Jr.	Pole Vault	Round Rock, Texas (McNeil)	KATE-lin PEH-tri-lohss
Shay Petty	Fr. / Fr.	Pole Vault	San Antonio, Texas (St. Mary's Hall)	
Shelby Poncik	So. / So.	Pole Vault	Needville, Texas (Texas Tech)	SHEL-bee PAHN-chik
Sandie Raines	So. / So. / So.	Distance/XC	Kingwood, Texas (Kingwood/Arkansas)	
Rachel Reddy	Fr. / Fr.	Distance/XC	Mountain Brook, Ala. (Mountain Brook)	
Chyna Ries	Fr. / Fr.	Jumps	Denver, Colo. (East)	China REES
Catherine Romanick	Fr. / Fr.	Sprints	Fredericksburg, Texas (Fredericksburg)	
Katie Ruhala	Fr. / Fr. / So.	Distance/XC	Lucas, Texas (Lovejoy)	KATE-ee roo-HA-la
Megan Siebert	Sr. / Sr. / CE	Distance/XC	Dallas, Texas (Richardson Pearce)	MEG-an SEE-bert
Caitland Smith	Fr. / Fr.	Sprints	Pelham, Ala. (Pelham)	
Morgan Snow	Sr. / Sr.	Sprints/Hurdles/Jumps	Decatur, Ga. (Southwest DeKalb)	
Ashley Spencer	Sr. / Sr.	Sprints	Indianapolis, Ind. (Lawrence North/Illinois)	
Calie Spencer	Fr. / Fr.	Pole Vault	New Braunfels, Texas (New Braunfels Canyon)	KAL-lee
Rachel St. Martin	Fr. / Fr. / So.	Distance/XC	Tomball, Texas (Tomball)	
Pamela Uchebo	So. / So.	Jumps	Lubbock, Texas (Lubbock)	PAM-ah-la yu-CHEE-boh
Ali Uhle	Fr. / Fr.	Pole Vault	Tomball, Texas (Tomball)	AL-ee OO-lee
Phoebe Vandemoer	Fr. / Fr.	Sprints	Sterling, Colo. (Sterling)	
Connor Ward	Jr. / Sr. / Jr.	Distance/XC	Flower Mound, Texas (Flower Mound)	
N'Dia Warren-Jacques	Fr. / Fr.	Throws	Conroe, Texas (Oak Ridge)	IN-dee-ah
Samantha Young	Fr. / Fr.	Distance	Southlake, Texas (Southlake Carroll)	
Kara Zuspan	Fr. / Fr.	Distance	The Woodlands, Texas (The Woodlands)	CARE-ah ZUHS-pen
Head Coach: Mario Sategna				MAR-ee-oh sah-TAYN-yah
Associate Head Coach: Tonja Buford-Bailey				TAHN-jah BUU-ford BAY-lee
Assistant Coach Brad Herbster				
Assistant Coach: Seth Henson				
Assistant Coach: Ty Sevin				
Assistant Coach: Kareem-Streete Thompson				TY SAY-vin