

2016 TEXAS A&M – TEAM INVITATIONAL

Gilliam Indoor Track Stadium at the McFerrin Athletic Center

College Station, TX

Friday, January 15, 2016



TEAMS ATTENDING (FINALIZED):

Houston Baptist, Lamar, Louisiana Tech, McNeese St, North Texas, Prairie View A&M, Sam Houston St, Texas A&M-Corpus Christi, Texas A&M-Kingsville, Texas Southern, UL-Lafayette, UL-Monroe, UT-Arlington

ENTRY DEADLINE:

12:00pm on Tuesday, January 12, 2016

ENTRY RESTRICTION:

- Please note DMR and 5000 Meters are open to schools competing both Friday and Saturday
- 1 entry per team in the DMR
- 2 entries per team in the 4x400m - only one relay scores
- 3 entries per team for remaining events.
- Additional team entries may be considered by meet management. Please contact Wendel McRaven at wmcraven@athletics.tamu.edu / 979-845-3257
- Only 1 relay and 3 entries per team can score.

ENTRY FEE:

\$400 per gender per team

ENTRY PROCEDURE:

All entries will be done online through Direct Athletics. Please see the attached document with entry procedures.

PACKET PICK-UP:

Packet pick-up will be available near the clerking area inside the Indoor Football Facility adjacent to the indoor track when the facility is available for warm-up/workout. Please see Facility Availability section for times.

CREDENTIALS:

Wrist bands will be issued to competing athletes, Managers, Coaches, Media and Trainers for entry into warm-up facility, access between the track and warm-up facility and for General Admission seating.

Access to back stretch coaching area will be restricted to 6 staff members per institution. An additional wristband will be issued for use by staff to access the back stretch coaching area.

TIMING:

The meet will be timed by Flash Results

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PREFERRED LANES:

Straight Sprint Races	4-5-3-6-2-7-1-8
Oval Sprint Races	5-6-4-3-(2-1)
Oval Distance Races	Random

OPENING HEIGHTS:

Friday, January 15:	Women Pole Vault – 11'0	Women High Jump – 5'2
	Men Pole Vault – 14'6	Men High Jump – 6'2

ADVANCEMENT PROCEDURE:

Field Events – 9 advance to final

SCORING:

Individual	10, 8, 6, 5, 4, 3, 2, 1
Relay	10, 8, 6, 5, 4, 3, 2, 1

MEET RULES:

Weight Throw – If an athlete's control during the release of the weight implement is such that it becomes a danger to spectators and/or other athletes in the facility, then that athlete is subject to disqualification from the event.

SPIKES:

- **ATHLETES WILL NOT RUN IF YOU DO NOT COMPLY WITH THIS RULE**
- The only spike pin allowed for our facility is the ¼" pyramid spike from MF Athletics, 800-693-6052, Item # 463A ¼" Pyramid Spikes.
- The Omni-Lite ¼" spike is NOT ALLOWED. The spike measures longer than the Pyramid Spike we allow.
- The use of ¼" pyramid spikes will be strictly enforced.
- **NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED.**
- No permanent spike shoes allowed.
- Shoes will be checked at last call in the Clerk Area and prior to getting on the track.

RUNWAY MARKS:

Basic runway markings will be provided. Chalk is not permitted. Cones and white athletic tape will be provided and may be used on the runways.

WEIGH-IN:

The implement room is located under the stands through the Northwest portal, Room #102. Implements can be checked-in 2 hours prior to the start of the day's competitions and up to 45 minutes prior to the event. The implement room will be closed 45 minutes after the completion of the last throwing event of the day.

"Only soft shell weights, or those that restrict bounce, may be used at the competition. The games committee has the discretion to withhold any throwing implement that may endanger anyone associated with the orderly and reasonable continuation of the meet."

FACILITY AVAILABILITY:

The McFerrin Athletic Center Indoor Track and the Indoor Football Facility will be available for teams on:

- Friday, January 15 10:00am-7:00pm – Indoor Football Facility open for warm-up

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COMPETITION WARM-UP:

No warming up will be allowed on the track. Warm-up is available in the Indoor Football Field only. Field Event warm-ups will be conducted per the NCAA Rules.

FACILITY SPECIFICATIONS

NORTH RUNWAY

Runway Width	1.23m	(4'0 ¼")
Landing Pit Length	9.77m	(32'0 ½")
Landing Pit Width	3.00m	(9'10")

Long Jump

Runaway Length	55.00m	(180'5 ¼")
Board to Pit	3.50m	(11'5 ¾")

Men Triple Jump

Runaway Length	47.00m	(154'2 ¼")
Board to Pit	13.50m	(44'3 ½")

Women Triple Jump

Runaway Length	45.00m	(147'7 ½")
Board to Pit	11.50m	(37'8 ¾")

Pole Vault

Runway Width	1.21m	(3' 11½")
Runway Length	45.00m	(147' 7½")

High Jump

Men Apron	~17.30m x ~35.00m
Women Apron	~17.30m x ~35.00m

SOUTH RUNWAY

Runway Width	1.23m	(4'0 ¼")
Landing Pit Length	9.77m	(32'0 ½")
Landing Pit Width	3.00m	(9'10")

Long Jump

Runaway Length	50.00m	(164'0 ½")
Board to Pit	3.50m	(11'5 ¾")

Men Triple Jump

Runaway Length	42.00m	(137'9 ½")
Board to Pit	13.50m	(44'3 ½")

Women Triple Jump

Runaway Length	40.00m	(131'2 ¾")
Board to Pit	11.50m	(37'8 ¾")

TEAM PARKING:

Parking will be different again this year due to construction in the area. We do not have the final details at this time. Please continue check our website for updates.

TRAINING ROOM FACILITIES:

Please contact Saul Luna, ATC, 979-845-3121

DRESSING/SHOWER FACILITIES:

Not Available

UPDATES:

Please continue to check www.12thman.com/homemeetinfo for any updates on meet information, parking and/or schedules. If you have any questions, please email Jeremy Kenny at jkenny@athletics.tamu.edu or call 979-845-5823

2016 TEXAS A&M – TEXAS TEAM INVITATIONAL

***Gilliam Indoor Track & Field Stadium at McFerrin Athletic Center
Texas A&M University ~ College Station, TX
Friday, January 15, 2016***

*Teams Attending: Houston Baptist, Lamar, Louisiana Tech, McNeese St, North Texas, Prairie View A&M,
Sam Houston St, Texas A&M-Corpus Christi, Texas A&M-Kingsville, Texas Southern, UL-Lafayette,
UL-Monroe, UT-Arlington*

TENTATIVE

FIELD EVENTS

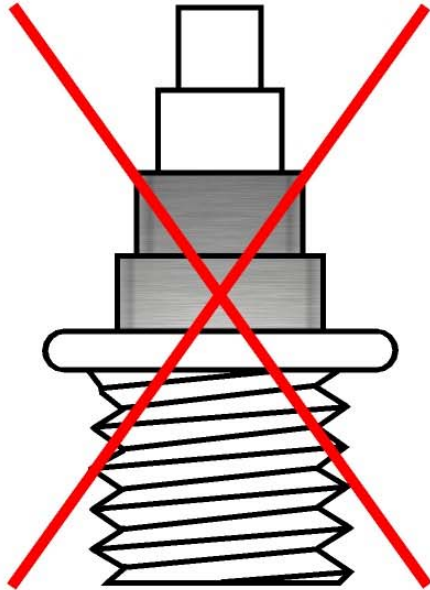
12:00 pm	M	High Jump	Final
	W	Pole Vault	Final
	W	Long Jump	Trials & Final
	M	Long Jump	Trials & Final
1:00 pm	M	Weight Throw	Trials & Final
	W	Shot Put	Trials & Final
2:30 pm	M	Pole Vault	Final
3:00 pm	W	Weight Throw	Trials & Final
	M	Shot Put	Trials & Final
	W	Triple Jump	Trials & Final
	M	Triple Jump	Trials & Final
	W	High Jump	Final

RUNNING EVENTS

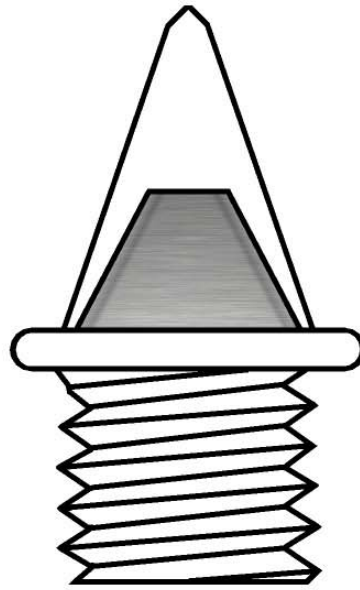
12:00 pm	W	60 Meters	Prelim
12:15 pm	M	60 Meters	Prelim
12:30 pm	W	60 Hurdles	Prelim
12:45 pm	M	60 Hurdles	Prelim
1:00 pm		Break	
1:25 pm		National Anthem	
1:30 pm	W	Mile	Sec vs Time
1:37 pm	M	Mile	Sec vs Time
1:50 pm	M	60 Hurdles	Finals
1:55 pm	W	60 Hurdles	Finals
2:00 pm	W	400 Meters	Sec vs Time
2:20 pm	M	400 Meters	Sec vs Time
2:40 pm	W	60 Meters	Finals
2:45 pm	M	60 Meters	Finals
2:50 pm	W	800 Meters	Sec vs Time
3:00 pm	M	800 Meters	Sec vs Time
3:10 pm	W	200 Meters	Sec vs Time
3:30 pm	M	200 Meters	Sec vs Time
3:50 pm	W	3000 Meters	Final
4:05 pm	M	3000 Meters	Sec vs Time
4:30 pm	W	DMR*	Final
4:45 pm	M	DMR*	Final
5:00 pm	W	4 x 400 Relay	Sec vs Time
5:20 pm	M	4 x 400 Relay	Sec vs Time
5:40 pm	W	5000 Meters*	Final
6:00 pm	M	5000 Meters*	Final
~6:20 pm		Projected Finish	

Men's and Women's DMR and 5000 Meters will include teams from Saturday's meet

Texas A&M Track & Field

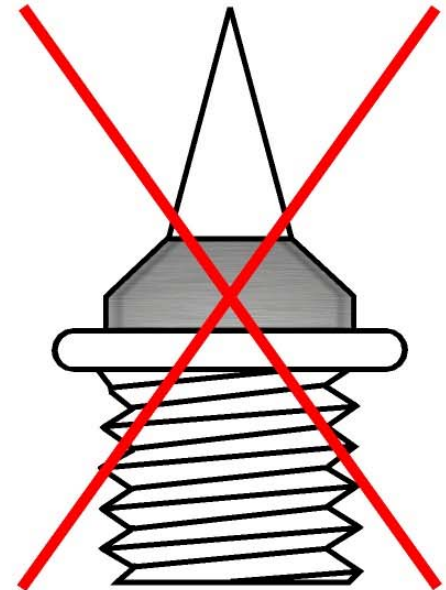


NO
Christmas
Tree Spike
Pins



1/4"
Pyramid

Item #463A from
MF Athletics
800-693-6052



NO
Needle
Spike
Pins



How to Submit Online Entries

NOTE: After all of your athletes have been added to your online roster (Step 2), you must submit your roster/entries to the meet by clicking the green “Register” link. (Step 3 below) Your rosters/entries are not submitted until you complete Step 3.

STEP 1—Access your DirectAthletics Account

Each coach must have a DirectAthletics username and password for his/her school. If you don’t know your username and password, you will be able to create one or retrieve your existing account by following the instructions below.

If you already have a DirectAthletics account for your Cross Country team, and know your username and password....	If you do NOT know your username and password....
1) Go to www.directathletics.com 2) In the login box, enter your username and password and click Login. (Remember that your password is case-sensitive)	1) Go to www.directathletics.com 2) Click on the link “New User? Click HERE”. 3) Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account.

NOTE ABOUT ACCOUNTS: Most coach accounts control a school’s Men’s AND Women’s team. You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women’s team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Track and Field

Team: Trinity College School (M)

This indicates that you are controlling the Trinity College School MEN’S team (M=MEN). To switch to your Women’s team, you would select “Trinity College School (W)”.

STEP 2—Edit/Set up Your Online Roster

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons) you do not need to add him/her again. Most schools will just need to add new athletes and delete athletes no longer on the roster.

- 1) Upon logging in, click the TEAM tab.
- 2) If you have used DirectAthletics before, you will see last year’s roster. School years have automatically been moved forward one year. You can click “Import Track Roster” which is listed on the left. You will be able to add athletes from your Track roster to your Cross Country roster. If you do not see this link or you are new to DirectAthletics, skip this step.
- 3) Click the green “Add Athletes” link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes First Name, Last Name and School Year and click “Submit”
- 5) You may add, edit or delete athletes on your Team Roster at anytime by click the TEAM tab.

STEP 3--Submit Your Roster/Entries

Once your athletes are added to your roster, you must submit your roster to the meet.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) Check off the box for each athlete you wish to enter. You can check the “All” box to select (or un-select) your entire roster.
- 3) When you have completed your entries, click “Submit”. You MUST click “Submit” to submit your entries.
- 4) You will see your current, submitted entries on the “View Entries” page. At any time before the entry deadline, you may edit your entries by clicking the “Edit Entries” link.
- 5) For entry confirmation, simply print the “View Entries” page or click the Email Confirmation link at the top of the “View Entries” page. An Email Confirmation will be sent to the email address in your account.