

Swarthmore College Women's Track and Field

Top Ten Performers

55 METER DASH

1. Imo Akpan	7.20	2002
2. Desiree Peterkin	7.45	1999
2. Kenyetta Givans	7.45	2011
4. Catherine Laine	7.55	1998
5. Danielle Duffy	7.64	1996
6. Ramona O'Halloran	7.80	1985
7. Caitlin O'Neill	7.83	2006
8. Ann Horsky	7.6	1992
9. Raylene Ross	7.89	1999
10. Margot Adams	7.93	2007

100 YARD DASH

1. Erin Cornelison	11.6	1984
2. Ramona O'Halloran	11.7	1986
3. Kirsten Fisher	11.8	1986
4. Christal Clark	12.3	1984
5. Kim Holding	12.7	1983
6. Ruth Haas	12.9	1981
7. Pam Martin	13.0	1988
8. Nancy Hughes	13.1	1988
9. Spring Haughton	13.3	1982
9. Jennifer Blunt	13.3	1984

55 METER HURDLES

1. Kenyetta Givans	8.29	2011
2. Catherine Laine	8.71	1997
3. Chelsea Hicks	8.89	2010
4. Stephanie Herring	8.92	1999
5. Liz Dempsey	8.8	1989
6. Cathy Dunn	9.45	1992
7. Jen Leigh	9.5	1991
8. Desiree Peterkin	9.75	1997
9. Jessica Zagory	9.92	2002
10. Rachel Spear	9.8h	1992

100 METER DASH

1. Kayla Camacho	12.32	2017
2. Krystle Boadi	12.44	2023
3. Imo Akpan	12.57	2001
4. Lea Slauch	12.75	2016
5. Sayaka Vaules	12.77	2019
6. Danielle Duffy	12.78	1995
7. Simran Khanna	12.84	2019
8. Desiree Peterkin	13.00	1999
8. Kenyetta Givans	13.00	2010
10. Wonda Joseph	13.02	1998

60 METER DASH

1. Krystle Boadi	7.92	2023
2. Kayla Camacho	8.01	2018
3. Lea Slauch	8.12	2016
4. Kenyetta Givans	8.20	2011
5. Miranda Kashynski	8.30	2022
6. Hannah Garrou	8.32	2023
7. Lulu Allen-Waller	8.41	2017
8. Simran Khanna	8.44	2019
9. Olivia Colon	8.47	2016
10. Jessica Lewis	8.52	2017

110 YARD HIGH HURDLES

1. Ramona O'Halloran	16.7	1986
2. Pam Martin	17.4	1988
3. Patty Pesavanto	18.6	1983
4. Michele McDonald	18.9	1986
5. Paula Rockovich	21.4	1983
6. Anita Jayaweera	22.4	1985
7. Caren Irr	22.8	1984

100 METER HIGH HURDLES

1. Kenyetta Givans	14.52	2012
2. Lulu Allen-Waller	14.87	2015
3. Catherine Laine	15.10	1997
4. Hannah Swale	15.80	2023
5. Ramona O'Halloran	15.6	1986
6. Stephanie Herring	15.95	1998
7. Scout Hayashi	16.67	2019
8. Rachel Spear	16.81	1990
9. Liz Dempsey	16.8	1991
10. Pam Martin	17.32	1989

60 METER HURDLES

1. Kenyetta Givans	8.95	2012
2. Lulu Allen-Waller	9.33	2014
3. Hannah Swale	9.79	2023
4. Scout Hayashi	9.87	2020
5. Quinn Basewitz	10.23	2022
6. Maya Zimmerman	10.48	2018
7. Lily Fournier	10.71	2020
8. Emma Chiao	10.72	2022
9. Mariel Feigen	10.94	2007
10. Laila Kirton	11.12	2020

220 YARD DASH

1. Ramona O'Halloran	26.4	1986
2. Spring Haughton	27.2	1982
3. Kirsten Fisher	27.4	1986
4. Erin Cornelison	27.6	1987
5. Jenneane Jansen	28.4	1985
6. Christal Clark	28.6	1983
7. Nancy Hughes	29.0	1988
8. Kim Holding	29.2	1983
9. Lisa Boots	29.4	1982
9. Michele McDonald	29.4	1988

200 METER DASH

1. Imo Akpan	24.73	2002
2. Kayla Camacho	25.20	2018
3. Krystle Boadi	25.62	2023
3. Danielle Duffy	25.8	1997
5. Erin Cornelison	25.9	1984
5. Lauren Holt	26.14	2019
5. Simran Khanna	26.14	2019
8. Julia Nee	26.22	2014
9. Sayaka Vaules	26.28	2019
10. Catherine Laine	26.43	1997

440 YARD DASH

1. Erin Cornelison	60.4	1983
2. Jenneane Jansen	63.5	1985
3. Rachel Spear	64.8	1989
4. Mary Ann Early	65.1	1982
5. Nancy Hughes	65.2	1988
6. Sarah Shirk	65.3	1987
7. Hannah Elsing	65.6	1987
8. Mari Sue Lemelson	67.2	1983
9. Margaret Cooley	69.6	1988
10. Carolyn Wright	70.6	1990

400 METER DASH

1. Imo Akpan	56.02	2002
2. Lauren Holt	56.82	2019
3. Catherine Laine	57.79	1998
4. Erin Cornelison	58.08	1984
5. Rose Teszler	58.26	2023
6. Danielle Duffy	58.40	1996
7. Kayla Camacho	58.78	2018
8. Julia Nee	58.79	2014
9. Kate Dempsey	58.82	1993
10. Katie Lin	58.93	2014

440YD INTERMEDIATE HURDLES

1. Patty Pesavanto	71.2	1981
2. Nancy Hghes	71.2	1988
3. Ellen Wash	73.4	1985
4. Amanda ichards	79.2	1982
5. Michele cDonald	80.1	1986
6. Pam Martn	81.7	1987
7. Caren Irr	87.9	1984
8. Paula Rockovich	96.3	1983

400M INTERMEDIATE HURDLES

1. Lulu Allen-Waller	62.26	2015
2. Kenyetta Givans	62.72	2012
3. Liz Dempsey	65.03	1991
4. Catherine Laine	65.48	1998
5. Stephanie Herring	67.04	1998
6. Caitlin Mullarkey	67.20	2006
7. Rachel Speare	68.20	1989
8. Njideka Akunyili	68.48	2001
9. Mariam Vonderheide	69.00	2010
10. Quinn Basewitz	69.04	2022

880 YARD DASH

1. Jody Lathwell	2:26.6	1989
2. Jenneane Jansen	2:28.1	1986
3. Ellen Walsh	2:28.7	1986
4. Sarah Shirk	2:28.8	1984
5. Liz Dempsey	2:28.9	1990
7. Mari Sue Lemelson	2:30.9	1984
8. Hannah Elsing	2:33.0	1988

800 METER RUN

1. Rose Teszler	2:10.61	2023
2. Rebecca Hammond	2:12.48	2013
3. Katie McMenamin	2:12.76	2016
4. Elizabeth Gardner	2:13.50	2003
5. Njideka Akunyili	2:13.93	2004
6. Caitlin Mullarkey	2:14.39	2008
7. Kate Dempsey	2:14.93	1995
8. Lilly Price	2:15.23	2018
9. Sarah Nielsen	2:15.48	2015
10. Claire Hoverman	2:15.64	2002

1500 METER RUN

1. Katie McMenamin	4:24.33	2016
2. Rebecca Hammond	4:28.09	2013
3. Lilly Price	4:31.71	2018
4. Sarah Nielsen	4:36.35	2014
5. Caitlin Mullarkey	4:38.11	2009
6. Liz Tawa	4:41.18	2015
7. Jokotade Agunloye	4:42.41	2001
8. Nora Blodgett	4:42.61	2022
9. Elizabeth Gardner	4:44.51	2003
10. Maricel Santos	4:45.00	1991

ONE MILE

1. Katie McMenamin	4:56.11	2014
2. Rebecca Hammond	4:57.07	2013
3. Caitlin Mullarkey	4:59.54	2009
4. Lilly Price	5:00.31	2018
5. Sarah Nielsen	5:00.65	2015
6. Nora Blodgett	5:06.32	2022
7. Indy Reid-Shaw	5:07.18	2017
8. Jen Johnson	5:12.77	2010
9. Stephanie Beebe	5:13.76	2012
10. Rose Teszler	5:15.92	2023

3000 METER RUN

1. Indy Reid-Shaw	10:12.08	2017
2. Jokotade Agunloye	10:15.96	2001
3. Sarah Hobbs	10:17.20	2004
4. Jen Johnson	10:18.50	2012
5. Katie McMenamin	10:20.46	2014
6. Becky Painter	10:23.06	2013
7. Rebecca Hammond	10:26.27	2012
8. Emma Saarel	10:27.84	2014
9. Jenna Cody	10:28.13	2013
10. Caitlin Mullarkey	10:29.81	2008

TWO MILE

1. Dayna Baily	11:37.5	1990
2. Kitty Keller	11:40.9	1990
3. Sarah Sangree	11:57.7	1982
4. Shelley Binkley	12:11.6	1984
5. Gecole Harley	12:16.2	1986

3000 METER STEEPLECHASE

1. Caitlin Mullarkey	10:47.0	2009
2. Nora Blodgett	10:57.84	2022
3. Margret Lenfest	12:17.51	2010
4. Carrie Ritter	12:26.9	2006
5. Kate Crowley	12:35.45	2016
6. Rebecca Woo	12:35.61	2008
7. Sarah Smith	12:43.61	2018
8. Iliana Gonzalez	13:05.04	2023

5000 METER RUN

1. Katie McMenamin	16:34.99	2016
2. Jokotade Agunloye	17:20.89	2001
3. Melissa Frick	17:34.58	2012
4. Indy Reid-Shaw	17:34.97	2016
5. Caitlin Mullarkey	17:35.11	2009
6. Becky Painter	17:40.80	2013
7. Jen Johnson	17:47.31	2012
8. Emma Saarel	17:56.28	2014
9. Dayna Baily	18:01.41	1991
10. Sarah Hobbs	18:01.76	2005

10000 METER RUN

1. Jokotade Agunloye	36:15.08	2001
2. Dana Baily	37:04.6	1990
3. Melissa Frick	37:22.05	2012
4. Indy Reid-Shaw	37:25.60	2016
5. Emma Saarel	37:54.69	2014
6. Nyika Corbett	38:07.07	2009
7. Bess Ritter	38:20.63	2009
8. Kitty Keller	39:17.3	1988
9. Carrie Ritter	39:44.58	2006
10. Carrie Berman	39:51.82	1991

LONG JUMP

1. Desiree Peterkin	18-6.50	2000
2. Imo Akpan	18-2.50	2001
3. Rachel Hilburn	17-8.25	2017
4. Ramona O'Halloran	17-1	1986
5. Catherine Laine	17-0.75	1997
6. Katie Lin	17-0	2013
7. Tina Shepardson	16-8.25	1993
8. Joanna Vaondrasek	16-8	1993
9. Kiara Abbey	16-7.75	2022
10. Alyssa Zhang	16-5.75	2022

TRIPLE JUMP

1. Catherine Laine	38-8.25	1997
2. Desiree Peterkin	38-8.25	1998
3. Tina Shepardson	36-11.75	1994
4. Chelsea Hicks	35-11.50	2011
5. Jennell Ives	35-10	1993
6. Emma Chiao	35-4	2019
7. Hannah Swale	34-11.75	2023
8. Rachel Hilburn	34-11	2017
9. Alyssa Zhang	34-7	2022
10. Ramona O'Halloran	34-3.75	1986

HIGH JUMP

1. Emily Trelstad	5-5	2022
2. Jennifer Sargent	5-4	1986
3. Hannah Swale	5-2.25	2023
4. Joanna Vondrasek	5-2	1994
4. Stephanie Herring	5-2	1998
6. Nicole Cox	5-1	2011
7. Jessica Rickabaugh	5-0.50	2001
7. Jessica Zagory	5-0.50	2005
7. Naomi Bronkema	5-0.50	2019
10. Ramona O'Halloran	5-0	1985
10. Liz Dempsey	5-0	1990

POLE VAULT

1. Sophia Springer	10-0	2023
2. Hana Lehmann	9-11.25	2010
3. Katherine Zavez	9-10.5	2016
4. Rebecca Burrow	9-6	2005
5. Taylor Wuerker	9-1.5	2009
6. Shaina Lu	9-0.25	2014
6. Madison Snyder	9-0.25	2018
8. Heather Reese	8-6.25	2005
9. Sarah Kate Selling	8-6	2003
10. Catherine Clark	7-6	2001
10. Katie Stauffer	7-6	2002

JAVELIN (pre-1999 rule change)

1. Jenny Willis	108-9	1994
2. Lisl Cochran-Bond	106-7	1994
3. Heather Mateyak	96-6	1994
4. BJ Chisholm	95-2	1990
5. Teresa Scurto	93-9	1990
6. Christi Charpentier	92-4	1984
7. Lisa Baldwin	90-3	1981
8. Ramona O'Halloran	85-11	1986
9. Anya Freiman	85-3	1997
10. Jody Lathwell	80-9	1989

JAVELIN

1. Maya Zimmerman	127-3	2019
2. Rachel Vresilovic	125-4	2017
3. Maggie O'Neil	120-1	2016
4. Sarah Girard	114-0	2018
5. Jill Provaznik	111-3	2023
6. Katie Lytle	110-4	2014
7. Hannah Swale	110-0	2023
8. Emily Trelstad	109-10	2023
9. Emily Conlon	101-6	2006
10. Chastity Hopkins	95-10	2015

DISCUS

1. Adria Retter	167-6	2023
2. Osazenoriuwa Ebose	152-02	2015
3. Maggie O'Neil	132-1	2017
4. Clay Conley	128-7	2019
5. Tate Garcia	126-1	2023
6. Rachel Vresilovic	124-0	2019
7. Cristi Charpentier	118-6	1982
8. Lisa Baldwin	104-11	1981
9. Jenny Willis	103-7	1994
10. Clara Fuchsman	102-3.55	2001

SHOT PUT

1. Osazenoriuwa Ebose	49-8.25	2015
2. Clay Conley	47-5	2019
3. Adria Retter	46-11.75	2023
4. Maggie O'Neil	44-2	2017
5. Naomi Bronkema	39-7	2019
6. Meg Bickford	37-8.75	2022
7. Cristi Charpentier	36-11.25	1982
8. Christine Ayoh	36-8.25	2019
8. Tate Garcia	36-8.25	2023
10. Anne Baumgartner	36-4	1998

PENTATHLON

1. Hannah Swale	2925	2023
2. Maya Zimmerman	2639	2020
3. Emma Chiao	2583	2022
4. Quinn Basewitz	2467	2022
5. Naomi Bronkema	2245	2017

HEPTATHLON

1. Ramona O'Halloran	4189	1986
2. Hannah Swale	4088	2023
3. Maya Zimmerman	3754	2019
4. Chastity Hopkins	3657	2015
5. Eléonore Moser	3352	2018
6. Emma Chiao	3166	2022
7. Katie Lytle	3043	2014
8. Jessica Zagory	2973	2004
9. Naomi Glassman	1945	2011

HAMMER

1. Adria Retter	166-8	2023
2. Maggie O'Neil	139-10	2017
3. Clay Conley	135-9	2019
4. Liz Agyei	127-0	2023
5. Naomi Bronkema	123-11	2019
6. Rachel Vresilovic	120-3	2019
7. Tate Garcia	113-3	2023
8. Megan Bickford	112-2	2022
9. Shay Downey	109-3	2022
10. Christine Ayoh	102-10	2019

WEIGHT THROW

1. Adria Retter	53-6.25	2023
2. Clay Conley	52-5.5	2020
3. Liz Agyei	43-10.75	2023
4. Meg Bickford	42-9.75	2022
5. Rachel Vresilovic	41-10	2020
6. Naomi Bronkema	41-7.75	2019
7. Abby Posta	41-7	2019
8. Shay Downey	39-7	2022
9. Tate Garcia	37-6	2023
10. Christine Ayoh	33-7.5	2020

Swarthmore College Men's Track and Field

Top Ten Performers

55 METER DASH

1. Olato Sam	6.49	1990
2. Donovan Goodly	6.55	1999
3. Eddie Greene	6.60	1985
4. Anthony Sturm	6.55	1999
5. Erik Monroe	6.5	2000
6. Alex Porter	6.82	1985
7. Braden Hosch	6.6	1989
8. Kier Wachterhauser	6.87	2002
9. Mike Turner	6.93	1995
10. Benard Munda	6.94	2004

100 YARD DASH

1. Frederick Terrell	9.8	1905
1. John Dutton	9.8	1928
1. McWelling Todman	9.8	1976
4. Francis Alden	10.0	1930
4. Daniel Wingerd	10.0	1944
4. Harvey Buek	10.0	1963
4. Clement Dossa	10.0	1964
4. Ferdinand Warren	10.0	1967
4. David Scheiber	10.0	1975
4. Bernie Beamon	10.0	1977

55 METER HURDLES

1. Mason Tootell	7.82	1999
2. Rubin Canada	7.7	1999
3. Matt Williams	8.02	2004
4. Robert Henderson	8.06	1992
5. Kwaku Ntoso	8.34	2001
6. Nathan Barbour	8.36	1994
7. Jamey Clarke	8.3	1990
8. Chris Mayer-Bacon	8.56	2011
9. Al Molnar	8.90	1995
10. Dan Mackler	8.8	1990

100 METER DASH

1. Olato Sam	10.9	1990
1. Adil Belgaumi	11.14	2019
3. Felix Laniyan	11.15	2018
4. Mike Turner	11.0	1994
5. Nick Graham	11.32	2006
6. Gabe Hines	11.34	2023
6. Antoine Gayles	11.1	1986
8. Peter Sayde	11.37	2015
9. Rishi Tella	11.38	2023
10. Shane Rau	11.39	1986

60 METER DASH

1. Felix Laniyan	7.15	2018
2. Adil Belgaumi	7.23	2020
3. Gabe Hines	7.27	2022
4. Peter Sayde	7.35	2015
5. Ben Hejna	7.36	2019
6. Jake Vercellino	7.37	2022
7. Rishi Tella	7.39	2022
8. Zain Hannan	7.40	2014
9. Jason Heo	7.45	2014
10. Quentin Adolphe	7.45	2022

120 YARD HIGH HURDLES

1. William Edgar	14.5	1968
2. John Edgar	15.0	1967
3. John Hauck	15.1	1973
4. Henry Parrish	15.4	1930
4. Arthur Dell	15.4	1972
6. John Moore	15.5	1947
6. Gavin Wright	15.5	1963
6. Craig DeSha	15.5	1969
6. Jacob Graves	15.5	1970
10. Charles Eberly	15.6	1905

60 METER HURDLES

1. Robert Eppley	8.77	2019
2. Jason Heo	9.07	2014
3. Chris Mayer-Bacon	9.21	2011
4. Colin Pilsbury	9.68	2015
5. Jerry Qin	9.81	2016
6. Juan Best	10.27	2016
7. Emanuel Schorsch	10.93	2015
8. Bastiaan Phair	11.02	2022
9. Eric Verhasselt	11.22	2011

110 METER HIGH HURDLES

1. Matt Williams	15.48	2004
2. Robert Henderson	15.5	1990
3. Mason Tootell	15.76	1998
3. Robert Eppley	15.76	2019
5. Kwaku Ntoso	15.79	2002
6. Jason Heo	16.09	2015
7. Wayne Shields	16.2	1984
8. Jamey Clarke	16.2	1988
9. Chris Mayer-Bacon	16.50	2010
10. Ron Barrett	16.3	1986

220 YARD DASH

1. Antony Mason	21.8	1952
2. Charles Eberle	22.0	1938
3. Thomas Casey	22.1	1933
3. Edward Skeath	22.1	1957
3. Maurice Eldridge	22.1	1961
3. James Gezork	22.1	1964
7. Frederick Terrell	22.2	1902
7. William Poole	22.2	1930
9. Antoine Gayles	22.3	1986
10. Allan Van Deusen	22.4	1948

200 METER DASH

1. Antoine Gayles	22.12	1986
2. Mike Turner	22.29	1996
3. Zain Hannan	22.35	2016
4. Adil Belgaumi	22.45	2019
5. Shane Rau	22.67	1986
6. Nick Graham	22.90	2006
7. Keith Corpus	22.7	1985
7. Olato Sam	22.7	1991
9. Keith Gilmore	22.97	1999
10. Tim Vaughan-Ogunlusi	23.05	2012

440 YARD DASH

1. Edward Skeath	47.9	1958
2. Edward Atkinson	49.5	1942
3. John Edgar	49.7	1969
4. G. Henrie	49.8	1908
5. Antoine Gayles	49.9	1986
6. John Green	50.1	1962
7. Mike Corbin	50.4	1982
8. Howard Brown	50.8	1930
8. Robert Bartkus	50.8	1967
10. Benjamin Harrison	51.0	1962

400 METER DASH

1. Antoine Gayles	49.04	1988
2. Mike Turner	49.05	1996
3. Matthew Heck	49.77	2012
4. Dan Belkin	49.86	2019
5. Zain Hannan	50.17	2014
6. Keith Corpus	50.28	1985
7. Amber Thompson	50.46	1997
8. Eric Pakurar	50.53	1997
9. Tyler Lyson	50.54	2004
10. Keith Gilmore	50.56	1999

440YD INTERMEDIATE HURDLES

1. William Edgar	54.0	1968
2. John Edgar	54.1	1968
3. Walter Skallerup	55.5	1974
4. James Coats	55.8	1971
5. Bruce Abernethy	56.5	1985
6. Arch Owen	56.6	1979
6. Tom Abernathy	56.6	1979
8. Ralph Vardis	56.7	1985
9. Eric Phillips	57.4	1970
10. John Hauck	58.8	1973

400M INTERMEDIATE HURDLES

1. Bruce Abernethy	54.3	1985
2. Eric Pakurar	55.01	1997
3. Ralph Vardis	54.9	1985
4. Matt Williams	55.50	2004
5. Jason Heo	55.55	2015
6. Mason Tootell	55.92	1998
7. Chris Mayer-Bacon	56.79	2009
8. Kwaku Ntoso	57.21	2002
9. Chim Sivaraksa	57.8	1987
10. Travis Mattingly	58.42	2013

880 YARD DASH

1. William Tietz	1:55.6	1950
2. John Green	1:55.7	1962
3. Fred Montgomery	1:56.0	1967
4. Michael Brown	1:56.3	1977
5. Kevin Northrup	1:56.6	1970
6. Gil Kemp	1:57.0	1972
7. Jack Nagel	1:57.2	1965
8. Jay Kempe	1:57.4	1971
9. Louis Bradford	1:57.8	1910
10. Ethan Landis	1:57.9	1983

800 METER RUN

1. Erick White	1:53.83	2015
2. Aidan Cantine	1:54.43	2023
3. Dave Graham	1:54.45	1991
4. Aiden Tomov	1:54.67	2022
5. Ethan Rothenberg	1:55.05	2023
6. Vernon Chaplin	1:55.26	2005
7. Jonas Oppenheimer	1:55.28	2014
8. Paul Green	1:55.71	2016
9. Ethan Landis	1:55.7	1982
10. Ben Warren	1:56.02	2017

1500 METER RUN

1. Aidan Cantine	3:47.23	2023
2. Paul Green	3:51.37	2016
3. Scott Reents	3:53.93	1996
4. Jonas Oppenheimer	3:54.89	2015
5. Spencer Friske	3:56.03	2016
6. Tom Graham	3:56.9	1988
7. Liam O'Neill	3:57.79	1997
8. Matt Warshawsky	3:57.7	1990
9. Marc Jeuland	3:58.37	2001
10. Dave Graham	3:58.50	1991

ONE MILE

1. Aidan Cantine	4:05.36	2023
2. Aiden Tomov	4:14.25	2022
3. Paul Green	4:14.73	2015
4. Gil Kemp	4:15.5	1970
5. Jonas Oppenheimer	4:17.77	2014
6. Ethan Landis	4:17.6	1983
7. Vernon Chaplin	4:19.15	2006
8. George O'Hanlon	4:21.1	1976
9. James Golden	4:21.45	2003
10. Tom Graham	4:22.3	1987

3000 METER RUN

1. John Gagnon	8:30.96	2017
2. Will Sheehy	8:37.11	2023
3. Garrett Ash	8:40.40	2004
4. Vaughn Parts	8:43.30	2019
5. Vernon Chaplin	8:44.44	2006
6. Aiden Tomov	8:44.65	2022
7. Spencer Friske	8:44.87	2016
8. Marc Jeuland	8:45.41	2001
9. Colin DeLaney	8:45.44	2023
10. Jacob Phillips	8:46.59	2013

TWO MILE

1. Rich Schultz	9:21.8	1973
2. Gil Kemp	9:23.0	1972
3. Robert Neff	9:24.0	1982
4. Steve Lubar	9:24.6	1972
5. John Devlin	9:29.0	1976
6. Jim Rupert	9:34.0	1979
7. Tom Graham	9:34.1	1988
8. Tom Crochunis	9:36.8	1979
9. Bob Zoellick	9:37.0	1974
10. Thompson Webb	9:38.0	1965

3000 METER STEEPLECHASE

1. Kirk Swenson	9:16.9	1985
2. Colin DeLaney	9:22.81	2023
3. Robert Marx	9:24.33	1991
4. Ross Weller	9:25.29	2008
5. Scott Maines	9:25.98	1990
6. Tom Graham	9:36.3	1987
7. Jon Shoop	9:48.06	2008
8. Chris Wickham	9:52.66	2011
9. Graham Lucks	9:54.79	1996
10. Jon Fewster	10:03.23	1992

THREE MILE

1. Gil Kemp	14:15	1972
2. Steve Lubar	14:54	1972
3. Tom Graham	14:57.3	1986
4. John Devlin	14:59	1976
5. Jim Rupert	15:10	1979
6. Tom Crochunis	15:12	1979
7. Steve Daniels	15:13	1979
8. John Blankfield	15:17	1978
9. Rich Slattery	15:22	1980
10. Kirk Swenson	15:22	1985

5000 METER RUN

1. Marc Jeuland	14:40.77	2001
2. Atticus Hempel	14:42.48	2022
3. John Gagnon	14:47.31	2016
4. Spencer Friske	14:50.87	2016
5. Sidharth Kakkar	14:53.18	2014
6. Robert Fain	14:55.66	2014
7. Jacob Phillips	14:58.39	2011
8. Matt Warshawsky	15:00.0	1992
9. James Golden	15:01.71	2003
10. Scott Reents	15:03.5	1994

10,000 METERS

1. Marc Jeuland	30:34.47	2001
2. Jacob Phillips	31:00.95	2013
3. Spencer Friske	31:27.36	2016
4. Sam Brody	31:32.76	2023
5. John Gagnon	31:52.33	2016
6. Mayank Agrawal	31:57.56	2016
7. Stuart Russell	32:02.04	2014
8. Vaughn Parts	32:12.17	2019
9. Lang Reynolds	32:13.57	2003
10. Dan Kalamarides	32:14.03	2013

LONG JUMP

1. Richard Hall	23-0.25	1951
2. Ben Hejna	22-11	2019
3. Raymond Winch	22-8.5	1945
4. Antoine Gayles	22-8.25	1988
5. Gary Dell	22-7	1971
6. William Kemp	22-6.75	1920
7. Laurie Seaman	22-6.5	1950
8. Damien Jackson	22-6.5	1988
9. L. Gowdy	22-5.75	1913
9. Rishi Tella	22-5.75	2023

TRIPLE JUMP

1. Gary Dell	47-7.75	1971
2. Damien Jackson	46-1.5	1988
3. Dan Belkin	45-10	2019
4. Dave Landes	44-7	1984
5. Ben Hejna	44-4.75	2019
6. Daniel Ly	44-3.25	2012
7. Zach Kronstat	44-2	2013
8. Robert Henderson	44-1.5	1990
9. Eric Pakurar	43-9	1996
10. Steve Dawson	43-6.5	1999

HIGH JUMP

1. Mike Vischak	6-11.25	1990
2. Steve Dawson	6-9.25	1998
3. Marc Schmidt	6-8	1985
4. Dan Belkin	6-6.75	2019
5. Dave Landes	6-6	1984
6. John Ibbetson	6-5.5	1979
7. Steve DiMagno	6-4.5	1982
8. Jamey Clarke	6-4.25	1989
9. Damien Jackson	6-4	1988
9. Ben Hejna	6-4	2019

POLE VAULT

1. Peter McGinnis	15-0	1976
2. Gabe Hines	14-7.25	2023
3. Dave Wilmore	14-6	1989
4. Brian Baird	14-3	1997
5. Chris Collins	14-0	1988
6. Alex Flowers	13-11.25	2018
7. Max Park	13-9.25	2019
8. James Saving	13-9	1972
8. Nate Mason	13-9	1996
10. Gary von Colln	13-6	1984

SHOT PUT

1. Jared Hunt	52-7.25	2019
2. Norman Mathews	50-2	1982
3. David Follett	49-11.75	1970
4. Ryan Marrone	49-10.5	2019
5. Herman Feldhusen	47-6.5	1959
6. Andrew Jansen	47-4.25	2017
7. W. Kreuger	46-5.5	1907
8. Evans Burn	45-9	1952
9. Dom Lepone	44-9	1982
10. John Burton	44-8	1971

DISCUS THROW

1. Ryan Marrone	162-10	2019
2. Jared Hunt	148-7	2019
3. Mike Lieberman	144-7	1982
4. Arthur Baker	144-1	1928
5. Andrew Jansen	143-11	2018
6. Craig Schrauf	142-9.5	1966
7. Norman Mathews	142-1	1982
8. Wilbur Streams	140-9.5	1965
9. Sal Tranchina	137-4.5	1986
10. Evans Burn	134-9	1952

JAVELIN (pre-1986 rule change)

1. Nate Hoberg	215-10	1977
2. Peter Kroon	205-7.2	1958
3. William Olson	203-7	1967
4. Richard McCurdy	200-1	1968
5. William D Jones	192-7	1952
6. Arthur Dell	188-4	1973
7. David Work	187-5	1948
8. Dom Lepone	187-2	1982
9. Thomas Fetter	183-10	1957
10. Kenneth Ruhl	172-11.7	1949

JAVELIN

1. Luca Cerbin	186-2	2019
2. Noah Rosenberg	185-4	2017
3. Mason Tootell	177-0	1997
4. William Dulaney	175-4	1997
5. Jamey Clarke	172-2	1988
6. Eric Walton	169-10.5	1996
7. Xavier Serrano	167-11	2023
8. Chris Collins	164-4	1990
9. Randy Kiem	159-2	2001
10. Ryan Marrone	158-07	2019

HAMMER THROW

1. Andrew Jansen	144-1	2017
2. R.W. Maxwell	138-6	1905
3. Jared Hunt	126-4	2019
4. B.L. Clark	114-8	1895
5. Julio Del Cid	100-2	2023
6. E.P. Bond	99-8	1894
7. W.A. Christy	89-5	1888
8. T.L. Moore	82-2	1880
9. A.T. Shoemaker	55-10	1878

PENTATHLON

1. Bastiaan Phair	2414	2022
2. Eric Verhasselt	2129	2012
3. J. Fairfax-Columbo	1418	2010

DECATHLON

1. Jamey Clarke	6581	1989
2. Nolan Hofstee	5313	2016
3. Bas Phair	5265	2022
4. Emanuel Schorsch	4520	2015
5. Eric Verhasselt	4275	2013
6. Jerry Qin	4290	2016
7. Neel Prakash	4106	2009

HEPTATHLON

1. Jerry Qin	3849	2016
2. Nolan Hofstee	3835	2016
3. Bastiaan Phair	3550	2022
4. Emanuel Schorsch	3274	2015
5. Eric Verhasselt	2897	2013