



# SOUTHERN UTAH UNIVERSITY INDOOR TRACK & FIELD

**\*\* 6-TIME CONFERENCE CHAMPION \*\***

SUU ATHLETIC MEDIA RELATIONS • MORGAN HARDY, SPORTS INFORMATION ASSISTANT • (801) 725-2346 • SPORTSINFO@SUU.EDU

## 2012 INDOOR SCHEDULE/RESULTS

### January

12	Lumberjack Team Challenge	M-4th, W-3rd
18-19	Cherry & Silver Invite	Albuquerque, N.M.
19	NAU Invitational	Flagstaff, Ariz.
25-26	UW Invitational	Seattle, Wash.

### February

1-2	Mountain States Games	Pocatello, Idaho
2	Mountain T's Invitational	Flagstaff, Ariz.
8-9	Husky Classic	Seattle, Wash.
15	NAU Tune-Up - Did Not Participate	Flagstaff, Ariz.
22-23	Big Sky Championship	Bozeman, Mont.

### March

8-9	NCAA Indoor Championships	Fayetteville, Ark.
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## WOMEN FIFTH, MEN SIXTH IN BSC INDOOR COACHES' POLL

CEDAR CITY, Utah - Southern Utah University track and field has been picked fifth on the women's side and sixth on the men's side in the annual preseason coaches' poll as released by the Big Sky Conference offices. Northern Arizona and Weber State topped the polls for the men and women, respectively.

On the men's side, NAU (119) garnered nine first-place votes and was followed by Montana State (97) with two first-place votes in second place. Sacramento State (93), Weber State (88) and Eastern Washington (78) were ahead of the Thunderbirds (65) in third, fourth and fifth, respectively. Idaho State (64), Montana (53), North Dakota (25), Northern Colorado (24) and Portland State (20) rounded out the poll.

On the women's side, Weber State was only one point ahead of Sacramento State with 114 points and five first-place votes with the Hornets garnering 113 points and six first-place votes. Northern Arizona (85) and Portland State (75) rounded out the top five in third and fourth, respectively, ahead of SUU (72). Montana (65), Montana State (65), Idaho State (55), Eastern Washington (39), North Dakota (22) and Northern Colorado (21) finished out the poll.

SUU track & field began the indoor season on January 12 when the Thunderbirds take part in the Lumberjack Team Challenge in Flagstaff, Ariz.

## TRACK & FIELD GEARS UP FOR FIRST BIG SKY CHAMPIONSHIP

CEDAR CITY, Utah - Feb. 19 - The indoor season will come to a head this weekend as Southern Utah gears up for its first track and field championship since entering the Big Sky conference. Montana State University is set to host the two-day championship, which will take place on Friday and Saturday in Bozeman, Mont.

"We're going into a conference championship with a group of very tough programs," head coach Eric Houle said. "If we can go in and be consistent with what we've done this season and in the past, we will find success and my hope is that we will find ourselves somewhere in the middle of the pack."

The T-Bird sprinters enter the championship ranking among the best in the conference, as Shaun Murray leads the Big Sky in the 55-meter dash with a converted time of 6.32 and Preston Myers ranks first in the 200-meters with a season best of 21.78. Murray also ranks second in the conference in the 200-meter dash with a season-best time of 21.82, while Myers' 55-meters time of 6.39 ranks third.

Pentathlete Shaye Maurer currently leads the conference in both the 55-meter hurdles (7.86) and the pentathlon (3774), and will also compete in the 55-meter dash, high jump and long jump at the championship. Maurer currently ranks 31st in the nation in the pentathlon, as well as 48th in the 60-meter hurdles.

Three-time Big Sky Athlete of the Week Kayla Kovar will lead the throwers at the championship, competing in both the shot put and weight throw. Kovar currently ranks first in the conference and 33rd in the nation in the shot put with a season-best mark of 52-4. Kovar's season-best weight throw mark (58-1.25) ranks fourth in the Big Sky. Jennika Wright and Chris Johnson also recorded qualifying marks in the shot put.

Jumper Alex Anderson also holds a top-three Big Sky position going into the conference championship, ranking second in the triple jump with a season-best mark 48-7.25 recorded at the Lumberjack Challenge. Stephen Wilson will also represent the jumpers at the championship, having qualified in the long jump.

The distance squad enters the championship at full force, with Ryan Barrus at the head for the men and Jamie Smith leading the women. Both athletes currently rank in the Big Sky top six in the mile, 3,000-meters and 5,000-meters. Clinton Rhoton, Kirsten Bradford and Sylvia Bedford will also be among the competing T-Birds, ranking among the conference bests in their respective events.

The Thunderbirds will immediately jump into outdoor competition following the indoor conference championship, travelling to Las Vegas, Nev., for the UNLV Invitational on Mar. 1-2.

## HEAD COACH ERIC HOULE



Thirty-four time conference and 1999 NCAA Mountain Regional Coach of the Year Eric Houle is in his 21st season as head track and field and cross country coach at Southern Utah University. Since his arrival at SUU in 1992, the Thunderbirds have won 38 conference championships, including seven Summit League titles, 31 Mid-Con titles combined in track and cross country, an American West title and one NCAA Mountain Regional cross country championship.

In addition, Houle has coached 549 all-conference athletes, 212 individual conference champions, 33 conference athletes of the year, 28 conference newcomers of the year, 33 NCAA national qualifiers, 109 NCAA West regional qualifiers and four NCAA All-Americans, including Cameron Levins, who picked up the title in track and in cross country.

Houle was inducted into the Utah Summer Games Hall of Honor in 2004 and Southern Utah's Coaching Factory Hall of Fame in 2012, in recognition of his career coaching accomplishments.

## 2013 TOP TIMES/MARKS

### MEN

#### 60 METERS

Name	Date	Time
Shaun Murray	1/12	6.79*
Preston Myers	2/2	6.82*
Arnold Carrillo	2/2	7.19*
Jeff Alley	1/19	7.22*
Alex Anderson	1/19	7.23*
Dallin Tavoian	2/2	7.27*
Kodai Kusano	1/12	7.29*
Stephen Wilson	2/2	7.32*#
Eric Durrant	2/2	7.41*#

#### 200 METERS

Name	Date	Time
Preston Myers	2/2	21.78*
Shaun Murray	1/19	21.82*
Arnold Carrillo	1/19	22.36*
Dallin Tavoian	2/9	22.58
Jeff Alley	1/19	22.58*
Alex Anderson	1/19	22.95*

#### 400 METERS

Name	Date	Time
Arnold Carrillo	1/26	48.57
Dallin Tavoian	2/2	49.61*

#### 800 METERS

Name	Date	Time
Jon Lee	2/9	1:55.65
Devan Antczak	2/9	1:56.36
Josh Gardner	2/2	1:59.98*
John Hart	2/2	2:00.91*
Tyson Boyer	2/2	2:02.19*

#### MILE RUN

Name	Date	Time
Ryan Barrus	2/2	4:07.49*
Elijah Rono	2/2	4:12.04*
Clinton Rhoton	1/26	4:17.86
Devan Antczak	1/26	4:17.96
John Hart	2/9	4:18.10
Jon Lee	1/12	4:19.03*
Josh Gardner	1/19	4:27.50*
Tyson Boyer	1/12	4:32.33*
Nigel Sharp	1/12	4:35.03*

#### 3,000 METERS

Name	Date	Time
Ryan Barrus	2/9	8:13.39
Clinton Rhoton	1/19	8:26.06*
Elijah Rono	1/19	8:29.76*
John Hart	1/19	8:47.66*
Jon Lee	1/12	8:58.40*
Nigel Sharp	1/19	8:59.80*

#### 5,000 METERS

Name	Date	Time
Ryan Barrus	2/9	14:19.01
Clinton Rhoton	1/26	14:25.14
John Hart	1/26	14:57.16
Nigel Sharp	2/2	16:07.89*

#### 60 METER HURDLES

Name	Date	Time
Kodai Kusano	1/12	8.35*
Stephen Wilson	1/12	8.74*
Eric Durrant	1/19	8.98*
Jayson Matlock	1/12	9.12*
Alex Anderson	2/2	9.30*#

#### 4X400 METER RELAY

Team	Date	Time
Carrillo, Murray, Myers, Tavoian	1/19	3:18.11*
Alley, Carrillo, Murray, Myers	1/12	3:22.46*

#### DMR

Team	Date	Mark
Antczak, Barrus, Boyer, Gardner	2/2	10:20.58*

#### HIGH JUMP

Name	Date	Mark
Jayson Cole	1/12	6-4.25
		1.94m
Stephen Wilson	2/2	5-11.25#
		1.81m#
Eric Durrant	2/2	5-7.75#
		2.72m#
Alex Anderson	2/2	5-4.25#
		1.63m#

#### LONG JUMP

Name	Date	Mark
Stephen Wilson	1/12	22-8
		6.91m
Eric Durrant	2/2	19-4.75#
		5.91m#
Alex Anderson	2/2	11-3.5#
		3.44m#

#### TRIPLE JUMP

Name	Date	Mark
Alex Anderson	1/12	48-7.25
		14.81m

#### SHOT PUT

Name	Date	Mark
Chris Johnson	1/19	52-4.75
		15.97m
Jayson Kovar	1/19	51-3.75
		15.64m
Grant Evans	1/19	46-5.25
		14.15m
Jordan Parker	1/19	42-8
		13.00m
Eric Durrant	1/19	38-10.25
		11.84m
Jayson Matlock	1/19	33-7.25
		10.24m
Alex Anderson	2/2	32-7.75#
		9.95m#
Stephen Wilson	2/2	27-11.75#
		6.70m#

#### WEIGHT THROW

Name	Date	Mark
Jordan Parker	1/19	46-9
		14.25m
Chris Johnson	1/12	44-10.25
		13.67m
Grant Evans	1/12	40-5
		12.32m

#### POLE VAULT

Name	Date	Mark
Stephen Wilson	2/2	11-11.75#
		3.65m#
Eric Durrant	2/2	11-0.25#
		3.36m#

#### HEPTATHLON

Name	Date	Score
Stephen Wilson	2/2	4425
Eric Durrant	2/2	4134
Alex Anderson	2/2	3106

Bold indicates a Big Sky qualifying standard has been met.  
\* - denotes time adjusted for altitude  
# - recorded during Heptathlon

### WOMEN

#### 60 Meters

Name	Date	Time
Shaye Maurer	2/2	7.61*
Mayra Franco	2/9	7.78
T'Keyah Johnson	2/2	7.92*
Lindsay Terry	2/2	7.95*

#### 200 Meters

Name	Date	Time
Mayra Franco	2/9	25.46
Shaye Maurer	1/19	25.57*
Jamilla Pullum	1/12	25.88*
Lindsay Terry	2/2	26.24*
Haley Harris	2/2	26.40*
Andrea Martinez	2/2	26.73*
Cheyenne Thatcher	1/19	26.78*
T'Keyah Johnson	2/2	27.36*
Denaya Morin	1/12	27.52*

#### 400 Meters

Name	Date	Time
Jamilla Pullum	1/19	58.42*
Haley Harris	2/2	59.35*
Andrea Martinez	2/2	59.59*
Kaylee Coates	1/19	1:00.37*
Aubrey Bryson	1/19	1:00.44*
Denaya Morin	1/19	1:02.89*
Lizzy Butler	1/12	1:03.10*
Julia Boswell	1/12	1:06.57*
Kenzie Cleghorn	1/12	1:07.19*

#### 800 Meters

Name	Date	Time
Kaylee Coates	1/19	2:14.92
Aubrey Bryson	2/9	2:16.89
Lizzy Butler	1/26	2:17.44
Shaye Maurer	2/2	2:23.05*
Cheyenne Thatcher	2/2	2:39.92*#

#### Mile Run

Name	Date	Time
Jamie Smith	1/19	4:53.94*
Kirsten Bradford	1/19	4:55.64*
Sylvia Bedford	1/26	5:03.40
Shelli Mogensen	2/2	5:05.60*
Kaylee Coates	2/2	5:11.20*
Dayna VanArsdol	2/2	5:12.43*
Whitney Curtis	1/19	5:16.78*
Aubrey Bryson	1/12	5:16.85*
Lizzy Butler	1/12	5:21.29*
Armarose Cesal	1/12	5:27.65*
Regan Powell	1/12	5:31.21*
Kenzie Cleghorn	1/19	5:36.57*
Jasmyn Hildebrandt	1/12	5:39.60*
Laura Dalton	1/12	5:44.41*
Brandy Petersen	1/12	5:46.25*

#### 3,000 Meters

Name	Date	Time
Jamie Smith	2/9	9:41.11
Kirsten Bradford	2/9	9:47.74
Sylvia Bedford	2/9	9:55.43
Shelli Mogensen	1/19	10:18.28*
Whitney Curtis	1/19	10:25.78*
Dayna VanArsdol	1/19	10:29.20*
Armarose Cesal	1/19	10:38.73*
Jasmyn Hildebrandt	1/19	10:51.53*
Regan Powell	1/12	11:07.35*
Brandy Petersen	1/12	11:33.80*

#### 5,000 Meters

Name	Date	Time
Jamie Smith	2/9	16:33.87
Kirsten Bradford	2/9	16:49.83
Sylvia Bedford	2/9	16:51.19
Dayna VanArsdol	1/26	17:44.28
Shelli Mogensen	1/26	17:51.92
Whitney Curtis	2/2	18:13.58*
Jasmyn Hildebrandt	2/2	18:44.20*

#### 60 Meter Hurdles

Name	Date	Time
Shaye Maurer	1/12	8.45*
Cheyenne Thatcher	1/12	9.71*
Julia Boswell	1/12	9.81*

#### 4x400 Meter Relay

Team	Date	Time
Boswell, Franco, Harris, Morin	1/12	4:00.92*
Butler, Cleghorn, Pullum, Morin	1/12	4:07.37*
Franco, Harris, Pullum, Martinez	1/19	4:09.18*

#### DMR

Team	Date	Mark
Bedford, Coates, Smith, Bradford	2/2	12:15.21*
VanArsdol, Butler, Bryson, Mogensen	2/2	12:34.56*

#### High Jump

Name	Date	Mark
Shaye Maurer	1/12	5-4.25
		1.63m
Taylir Garrison	1/12	5-4.25
		1.63m
Cheyenne Thatcher	2/2	5-1#
		1.55m#

#### Long Jump

Name	Date	Mark
Shaye Maurer	2/2	18-1.5#
		5.52m#
Reegan Van Engen	2/2	16-4.5
		4.99m
Cheyenne Thatcher	2/2	14-11.5#
		4.56m#

#### Triple Jump

Name	Date	Mark
Reegan Van Engen	1/12	33-11.25
		10.34m

#### Shot Put

Name	Date	Mark
Kayla Kovar	2/2	52-4
		15.95m
Jennika Wright	1/19	44-8.25
		13.62m
Rylee Mulitalo	2/2	43-5.25
		13.24m
Whitney Singleton	1/19	37-10
		11.53m
Cheyenne Thatcher	2/2	37-3#
		11.35m#
Shaye Maurer	2/2	33-10#
		10.31m#

#### Weight Throw

Name	Date	Mark
Kayla Kovar	2/2	58-1.25
		17.71m
Sadi Hoyt	2/2	51-10
		15.80m
Jennika Wright	1/12	39-6
		12.04m

#### Pole Vault

Name	Date	Mark
N/A		

#### Pentathlon

Name	Date	Score
Shaye Maurer	2/2	3774
Cheyenne Thatcher	2/2	3054

Bold indicates a Big Sky qualifying standard has been met.  
\* - denotes time adjusted for altitude  
# - recorded during Pentathlon

## MEN'S INDOOR RECORDS

### 60-METERS

Athlete	Time	Year
DeWayne Lewis	6.76*	2008
<b>Shaun Murray</b>	<b>6.79*</b>	<b>2013</b>
<b>Preston Myers</b>	<b>6.82*</b>	<b>2013</b>
Shaka Richardson	6.90	2009
Jeff Alley	6.95	2007
Phillip Britt	6.95*	2006
James Finks	6.96@	2000
Kaihe Akina	7.02	2007
Mike Palefau	7.02*	2004
Brian Majors	7.03@	2006

### 60-METER HURDLES

Athlete	Time	Year
Ron Talbot	8.05*	1997
Kodai Kusano	8.11	2010
Ransom Minyard	8.15@	2006
Steve Hansen	8.21@	2006
Daniel Anderson	8.28@	2000
Dontae Florial	8.37	2008
Shain Manuele	8.41*	2005
John Dilley	8.42*	2000
Donovan Lewis	8.50*	2010
Richard Bush	8.56*	2000

### 200-METERS

Athlete	Time	Year
Taurus Jackson	21.52	1998
DeWayne Lewis	21.60	2008
<b>Preston Myers</b>	<b>21.78*</b>	<b>2013</b>
Jeff Alley	21.78	2007
<b>Shaun Murray</b>	<b>21.82*</b>	<b>2013</b>
Marques Rose	21.83	2001
Eric Hendricks	22.05	2006
Shawn Jones	22.06	1994
Austin Hill	22.09	2007
Shaka Richardson	22.16	2010
James Finks	22.16	2000

### 400-METERS

Athlete	Time	Year
James Finks	47.10	2000
Austin Hill	47.71	2007
Marques Rose	48.14	2001
Eric Hendricks	48.22	2008
James Wood	48.46	2005
Jeramie Murray	48.46	1996
<b>Arnold Carrillo</b>	<b>48.57</b>	<b>2013</b>
Manuel Deason	48.64	1977
Chris Curtis	48.73	2005
Ryan White	49.11	2003

### 800-METERS

Athlete	Time	Year
Cameron Levins	1:50.81	2012
Majeed Abudu	1:50.86	2003
Adam Brown	1:51.62	2001
Dave Sheeran	1:52.47	2008
Nate Houle	1:53.07	2008
David Holt	1:53.37	1996
Mark Wright	1:53.51	1999
Daniel Keller	1:53.59*	2012
Dallas Eborn	1:54.03	2010
Keith Richards	1:54.63	1994

### MILE

Athlete	Time	Year
Cameron Levins	3:57.16	2012
Mark Wright	4:03.87*	1999
Austin West	4:04.23*	2012
Chris Merkley	4:06.52*	1997
<b>Ryan Barrus</b>	<b>4:07.49*</b>	<b>2013</b>
Dave Sheeran	4:08.21	2007
Brad Parker	4:09.32*	2005
Dallas Eborn	4:10.16*	2012
Devan Antczak	4:11.80*	2012
<b>Elijah Rono</b>	<b>4:12.04*</b>	<b>2013</b>

### 3,000-METERS

Athlete	Time	Year
Cameron Levins	7:45.75	2012
<b>Ryan Barrus</b>	<b>8:13.39</b>	<b>2013</b>
Curtis Moore	8:15.90*	1999
Dave Sheeran	8:18.00	2007
Clinton Rhoton	8:19.99*	2012
Nate Jewkes	8:20.56*	2012
Austin West	8:20.78	2012
Zak James	8:20.94*	2002
Nigel Sharp	8:21.51*	2009
Jess Baumgartner	8:21.56*	2005

### 5,000 METERS

Athlete	Time	Year
Cameron Levins	13:38.12	2012
Curtis Moore	14:07.20*	2001
Nate Jewkes	14:08.57	2012
Jody Benson	14:17.82*	1999
<b>Ryan Barrus</b>	<b>14:19.01</b>	<b>2013</b>
<b>Clinton Rhoton</b>	<b>14:25.14</b>	<b>2013</b>
Mark Currell	14:31.44	2007
Austin West	14:32.18	2012
Zak James	14:35.63*	2000
Jess Baumgartner	14:37.05@	2006

### 4X400 METER RELAY

Team	Time	Year
J. Avila, J. Finks,	3:14.76	1999
D. Bennett, J. Peterson		
T. Jackson, A. Brown,	3:15.24	2000
M. Rose, J. Finks		
T. Ashton, A. Hill,	3:16.49	2009
D. Whitehair, K. VanArsdol		
D. Tavoian, D. Lewis,	3:16.82	2010
K. VanArsdol, A. Hill		
C. Curtis, B. Jeppson,	3:17.11	2005
S. Hansen, J. Wood		

### DISTANCE MEDLEY

Team	Time	Year
M. Wright, A. Brown,	9:52:01*	1999
B. Parker, J. Finks		
D. Antczak, D. Keller	9:54.80*	2011
D. Eborn, A. West		
T. Jackson, A. Brown,	10:00.36*	1998
C. Merkley, M. Wright		
C. Hackenheimer, A. Brown,	10:03.35	2001
C. Douglas, D. Ibarra		
N. Houle, N. Harding,	10:08.90*	2004
B. Parker, C. Curtis		
K. Sandall, C. Levins,	10:16.56*	2010
R. Orme, D. Eborn		

### HIGH JUMP

Athlete	Mark	Year
Daney Nelson	6-11	2011
Wade Nielson	6-10 1/4	2012
Ray Lukes	6-10	1999
Chris Riding	6-8	1999
Andrew Larsen	6-7	1989
Richard Bush	6-6 1/4	1998
Layne Richards	6-6 1/4	1998
Matt Allen	6-5	2003
<b>Jayson Cole</b>	<b>6-4 1/4</b>	<b>2013</b>
Rob Nielson	6-4	2008
Dan Anderson	6-4	2000

### LONG JUMP

Athlete	Mark	Year
Brian Majors	24-0 3/4	2006
Curtis Loyd	23-7 1/2	1994
Kyle Kopp	23-7 1/2	2012
<b>Stephen Wilson</b>	<b>22-8</b>	<b>2013</b>
Layne Richards	22-8	1998
Daney Nelson	22-7 1/4	2010
David Hillstead	22-3 1/2	1991
Eric Hughes	22-3	1987

Wade Nielson	22-3	2010
Alex Suponch	22-2 1/4	2011
Ransom Minyard	21-11 1/2	2006

### TRIPLE JUMP

Athlete	Mark	Year
<b>Alex Anderson</b>	<b>48-7 1/4</b>	<b>2013</b>
Kyle Kopp	46-0	2011
Mark Petruka	45-10	1990
Ryan Pringle	45-0 1/2	2008
Alex Suponch	44-10 3/4	2011
Richard Bush	44-7 1/2	2000
Stephen Wilson	44-5 1/4	2011
Brian Majors	43-9 1/2	2006
Ransom Minyard	43-6	2006
Curtis Loyd	43-0 1/4	1994

### POLE VAULT

Athlete	Mark	Year
B.J. Taylor	16-6 3/4	2007
Layne Richards	16-0	1997
Jeff Day	15-7	2000
Brad Wyatt	15-5 3/4	2004
Zane Hunzeker	15-5	2011
Michael Johnson	14-11 1/2	2001
Jared Beukers	14-7 1/4	2008
Brent Springall	14-7 1/4	2011
Don Richards	14-6	2003
Alex Dillon	13-11 1/4	2011

### SHOT PUT

Athlete	Mark	Year
Troy Ford	55-2 1/4	2001
Chris Johnson	55-2	2012
Carlos Valle	53-6 1/4	2010
David Forsberg	53-4 1/2	1999
Hector Perez	52-4 1/2	2011
Troy Gent	52-2	2005
Gjaison White	51-7 1/4	2000
<b>Jayson Kovar</b>	<b>51-3 3/4</b>	<b>2013</b>
Forrest Ledbetter	51-2 1/4	2010
Kris Watson	50-5 1/4	1998

### WEIGHT THROW

Athlete	Mark	Year
Kris Watson	64-10	1998
Troy Gent	62-1 3/4	2005
Greg Watson	61-11 3/4	2007
Nate Off	58-2 3/4	2007
Carlos Valle	56-3	2009
Forrest Ledbetter	51-11	2010
Chris Johnson	51-2 1/4	2012
Chandler Menteeer	51-1	2005
Tyler Anderson	51-0	2011
Troy Ford	47-9 3/4	2001

### INDOOR PENTATHLON

Athlete	Points	Year
Layne Richards	3632	1999
Richard Bush	3284	1999
Jeff Day	2939	1999

### INDOOR HEPTATHLON

Athlete	Points	Year
Wade Nielson	5015	2012
Brent Springall	4885	2011
B.J. Taylor	4632	2006
<b>Stephen Wilson</b>	<b>4425</b>	<b>2013</b>
Brad Wyatt	4368	2004
<b>Eric Durrant</b>	<b>4134</b>	<b>2013</b>
Jared Beukers	3863	2008

# - Converted from 60-meter time

\* - denotes time was adjusted for altitude

@ - time recorded at sea level

THESE TIMES HAVE NOT BEEN ADJUSTED FOR TRACK SIZE AND BANKING.

## WOMEN'S INDOOR RECORDS

### 60-METERS

Athlete	Time	Year
<b>Shaye Maurer</b>	<b>7.61*</b>	<b>2013</b>
Christina Day	7.69	2011
Sharae Hill	7.72*	2008
Jasmine Paicely	7.76	2011
<b>Mayra Franco</b>	<b>7.78</b>	<b>2013</b>
Kelly Schoney	7.80*	2004
Heather Houle	7.81	2004
Krystle Terry	7.83*	2005
Lindsay Terry	7.85	2012
Brittany Lee	7.86	2007

### 60-METER HURDLES

Athlete	Time	Year
<b>Shaye Maurer</b>	<b>8.45*</b>	<b>2013</b>
Jasmine Paicely-Mullins	8.58	2012
Kelly Schoney	8.62	2006
Natalie Gibson	8.83*	1999
Kelley Miller	8.89*	1999
Cathy Decker	9.09*	2005
Tiffany Lindstrom	9.11	2008
Kylie Frandsen	9.12	2011
Jackie Stoddard	9.15*	2008
Kandice Eardley	9.21	2004

### 200-METERS

Athlete	Time	Year
Christina Day	24.76	2011
Brittany Lee	24.85	2006
Heather Houle	25.03	2004
Holly Ledbetter	25.07	2010
Stacie Talbot	25.23	1997
Kelley Miller	25.27	2000
Chelsey Allen	25.36	2007
<b>Mayra Franco</b>	<b>25.46</b>	<b>2013</b>
Krystle Johnston	25.47	2005
Shaye Maurer	25.49	2011

### 400-METERS

Athlete	Time	Year
Christina Day	54.93	2010
Brittany Lee	55.25	2006
Tracee Jones	56.57	2006
Natalie Gibson	56.60	1999
Jamila Pullum	56.76*	2012
Kelly Snodgrass	56.98	2000
Kelley Miller	57.00	2000
Heidi Houle	57.03	2006
Emma Measom	57.26	1999
Kristen Connell	57.48	1999
Ashley Whiting	57.49	2005

### 800-METERS

Athlete	Time	Year
Heidi Houle	2:07.89	2006
Kelly Snodgrass	2:09.48	2001
Teresa Rice	2:13.39	1998
Sharla Manuele	2:13.59*	2010
Kaylee Coates	2:14.02*	2012
Diana Medina-Mitchell	2:14.82*	2012
Alisha Bezanson	2:15.09	2003
M. Schauerhamer	2:15.18	2000
Anna Crosby	2:15.18	2001
Danielle Byrd	2:16.28*	2005

### MILE

Athlete	Time	Year
Sharla (Platt) Manuele	4:39.82	2010
Teresa Rice	4:48.06*	2001
Heather Whitney	4:51.77*	1992
Diana Medina-Mitchell	4:53.77*	2012
<b>Jamie Smith</b>	<b>4:53.94*</b>	<b>2013</b>
M. Schauerhamer	4:54.77*	1999
Danielle West	4:55.19*	2012
<b>Kirsten Bradford</b>	<b>4:55.64*</b>	<b>2013</b>
Alisha Bezanson	4:56.53	2006
Heidi Houle	5:00.07	2006

### 3,000-METERS

Athlete	Time	Year
Sharla (Platt) Manuele	9:25.21	2010
Diana Medina-Mitchell	9:31.93	2012
<b>Jamie Smith</b>	<b>9:41.11</b>	<b>2013</b>
<b>Kirsten Bradford</b>	<b>9:47.74</b>	<b>2013</b>
Danielle West	9:51.36	2012
<b>Sylvia Bedford</b>	<b>9:55.43</b>	<b>2013</b>
Alisha Bezanson	9:57.70	2006
Ashley Gray	9:58.19	2012
Natalie Quilter	10:02.94	2004
Teresa Rice	10:04.06*	2000

### 5,000 METERS

Athlete	Time	Year
Diana Medina	16:30.07	2012
<b>Jamie Smith</b>	<b>16:33.87</b>	<b>2013</b>
<b>Kirsten Sly-Bradford</b>	<b>16:49.83</b>	<b>2013</b>
<b>Sylvia Bedford</b>	<b>16:51.19</b>	<b>2013</b>
Madalyn Olpin-Jones	17:24.18*	2012
Sharla Platt-Manuele	17:30.82	2008
Stephanie Hart	17:31.91*	2004
Amy Gochnur	17:42.90*	2005
<b>Dayna VanArsdol</b>	<b>17:44.28</b>	<b>2013</b>
Maegan Schmutz	17:47.41*	2003

### 4X400 METER RELAY

Team	Time	Year
I. Dixon, T. Rice,	3:48.95	2000
K. Miller, K. Snodgrass		
H. Ledbetter, C. Day,	3:50.01	2010
K. Frandsen, C. Allen		
H. Houle, A. Whiting,	3:51.02	2003
S. Oldroyd, R. Williams		
S. Maurer, K. Frandsen,	3:51.34	2011
M. Christensen, C. Day		
H. Houle, B. Lee,	3:52.20	2006
J. Sparks, T. Jones		
J. Sparks, A. Whiting,	3:52.46	2005
K. Johnston, B. Watters		
H. Houle, A. Whiting,	3:52.70	2004
S. Oldroyd, B. Watters		
K. Richards, A. Crosby,	3:52.72	2002
H. Houle, S. Oldroyd		
K. Snodgrass, S. Wilson,	3:53.29	2001
K. Connell, T. Rice		
H. Ledbetter, C. Day	3:53.71	2010
K. Frandsen, S. Maurer		

### DISTANCE MEDLEY

Team	Time	Year
A. Bezanson, H. Houle,	11:46.30	2006
B. Lee, T. Parks		
SUU A-Team	11:50.34*	1999
(Names Not Available)		
T. Rice, M. Schauerhamer,	11:54.32*	1999
R. Truman, N. Gibson		
K. Richards, S. Oldroyd,	11:58.38	2002
N. Quilter, A. Bezanson		
M. Schauerhamer, T. Rice,	12:01.78*	2000
K. Snodgrass, R. Truman		
R. Porter, T. Rice,	12:06.35	1998
W. Allen, S. Griffin		
M. Reilly, H. Ledbetter,	12:06.89*	2008
K. Lundgren, K. Eborn		
S. Minson, L. Butler,	12:11.02	2010
M. Reilly, K. Sly		
<b>S. Bedford, K. Coates,</b>	<b>12:15.21*</b>	<b>2013</b>
<b>J. Smith, K. Bedford</b>		
N. Quilter, M. Schmutz,	12:16.72*	2004
C. Barnett, A. Whiting		

### HIGH JUMP

Athlete	Mark	Year
Shaye Maurer	5-8	2011
Jackie Stoddard	5-8	2008
Rebecca Bush	5-6 1/2	2008
Chelsea Morley	5-5 3/4	2012
Shalene Finlinson	5-5 3/4	2002
Wendy Heaton	5-5	1993
Stephanie Garr	5-5	2000
Tiffany Lindstrom	5-4 1/2	2008
<b>Taylir Garrison</b>	<b>5-4 1/4</b>	<b>2013</b>

Holly Hull	5-4 1/4	1996
Heidi Shepherd	5-4 1/4	2004

### LONG JUMP

Athlete	Mark	Year
Kandice Eardley	19-2	2004
Chandice Richards	18-3 3/4	2000
<b>Shaye Maurer</b>	<b>18-1 1/2#</b>	<b>2013</b>
Kelley B. Miller	17-9 1/2	1999
Shalene Finlinson	17-8 1/4	2002
Deena Peterson	17-8	1998
Leah Walters	17-2 1/4	2009
Kylie Murakami	17-2	2011
Holly Ledbetter	16-8 1/2	2008
Heidi Shepherd	16-6 3/4	2004

### TRIPLE JUMP

Athlete	Mark	Year
Kandice Eardley	37-6	2004
Kylie Murakami	37-5 3/4	2011
Deena Peterson	35-4	1998
Tiffany Lindstrom	34-8 1/4	2007
Chandice Richards	34-5 3/4	2000
Kelley Miller	34-3 1/2	1997
Shaylene Dye	34-2 3/4	2009
Shayna Singleton	34-2 1/4	2012
Jennifer Englestead	34-0 3/4	1991
<b>Reegan Van Engen</b>	<b>33-11 1/4</b>	<b>2013</b>

### POLE VAULT

Athlete	Mark	Year
Marie Muscato	12-4	2004
Chelsea Morley	11-5 3/4	2011
Holly Travor	11-1 3/4	2007
Dawn Vvorak	11-0 1/4	2003
Stephanie Garr	10-6	1999
Lesli Kinkade	10-4	2012
Kim Schoney	10-4	2007
Lindsay Sotack	9-6 1/4	2007

### SHOT PUT

Athlete	Mark	Year
Kayla Kovar	52-6.5	2012
Kassandra Harrell	47-8 1/2	2004
Rylee Multalo	46-6	2012
<b>Jennika Wright</b>	<b>44-8 1/4</b>	<b>2013</b>
Adrienne Hill	44-4 1/4	2011
Ashley Morrison	44-0	2005
Natasha Clove	43-11 3/4	2000
Whitney Singleton	43-9 3/4	2010
Tawny Nua	43-9 1/4	2008
Kristi Koplín	43-4 1/4	2009

### WEIGHT THROW

Athlete	Mark	Year
Kayla Kovar	58-9 3/4	2012
Kristi Koplín	57-2	2009
Anna Bullock	57-1 1/2	2001
<b>Sadi Hoyt</b>	<b>51-10</b>	<b>2013</b>
Kassandra Harrell	51-7	2003
Layna Ferrin	51-3 1/2	2009
Ashley Morrison	51-0 3/4	2010
Adrienne Hill	50-7 1/2	2011
Amber Madril	50-5 1/2	2011
Ashlee Miller	49-3 1/4	2003

### INDOOR PENTATHLON

Athlete	Points	Year
Shaye Maurer	3791	2011
Kelley Miller	3348	2000
Kandice Eardley	3310	2004
Leah Walters	3215	2010
Tiffany Lindstrom	3181	2008
Jackie Stoddard	3152	2009
Becca Bush	3120	2008
Cheyenne Thatcher	3095	2012
Jillian Parry	2885	2006
Chandice Richards	2846	2000

\* - denotes time was adjusted for altitude

# - time/mark recorded during pentathlon

THESE TIMES HAVE NOT BEEN ADJUSTED FOR TRACK SIZE AND BANKING.