

SOUTHERN UTAH UNIVERSITY

GYMNASTICS



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2013 SCHEDULE/RESULTS

Overall: 3-5 WAC: 1-1 Home: 1-1 Away: 2-4

<p>JANUARY 6 at #2 UCLA L, 194.875 - 196.150</p>
<p>JANUARY 19 at #15 Utah (with #22 W. Virginia & #23 Oregon State) 4th, 191.050</p>
<p>JANUARY 25 at Utah State (with Hamline) 1st, 194.075</p>
<p>FEBRUARY 1 Utah State * W, 195.425 - 194.200</p>
<p>FEBRUARY 8 Denver * L, 195.475 - 196.400</p>
<p>FEBRUARY 15 Sacramento State * Centrum Arena • 7:00 p.m. (MT)</p>
<p>FEBRUARY 23 at Brigham Young Provo, Utah • 1:00 p.m. (MT)</p>
<p>MARCH 1 at Boise State * Boise, Idaho • 7:00 p.m. (MT)</p>
<p>MARCH 8 Brigham Young Centrum Arena • 7:00 p.m. (MT)</p>
<p>MARCH 15 San Jose State* (with Iowa & Ball St.) Centrum Arena • 7:00 p.m. (MT)</p>
<p>MARCH 23 WAC Championships Centrum Arena • 7:00 p.m. (MT)</p>
<p>APRIL 6 NCAA Regionals TBA</p>
<p>APRIL 19-21 NCAA Nationals Los Angeles, Calif.</p>

THUNDERBIRDS HOST SACRAMENTO STATE ON FRIDAY NIGHT

CEDAR CITY, Utah - Southern Utah University gymnastics will continue its season this weekend, hosting Sacramento State in what will be the third consecutive conference meet in as many weeks for the Thunderbirds.

"Sacramento State has some great athletes and are a tough team," head coach Scott Bauman said. "If both teams go out and hit, it will make for a very close meet."

SUU split its last two WAC contests with a victory over Utah State (195.425 - 194.200) and a loss (196.400 - 195.475) against the University of Denver last weekend. Despite the setback, Southern Utah has continued to build during the year with season-best marks in back-to-back meets.

The success has included four individual titles for the T-Birds, including back-to-back titles on the floor exercise for Michaela Chernoch behind season-bests of 9.875 in each meet. Fellow senior Caitlin Kennedy secured the beam title against Utah State with a 9.850 with sophomore Rochelle Bernier earning the vault title against the Aggies with a 9.875.

Fans can follow the meet online with live stat and live video links anticipated to be available at www.suutbirds.com. For tickets, contact the Centrum ticket box office at 435-586-7872 or online at www.tbirdtickets.com.

Scouting Sacramento State

Sacramento State will enter the contest having lost its last two meets, including a loss against San Jose State and a defeat in a quad meet with UCLA, Washington and UC Davis. The Hornets are averaging a 193.225 with a 48.683 average on vault, 48.363 average on bars, 47.781 average on beam and a 48.444 average on floor.

Individually, CSUS is led on vault, beam and floor by Kalliah McCartney, a three-time WAC gymnast of the week this season, with averages of 9.794, 9.813 and 9.781, respectively. Nicole Meiller leads the Hornets on bars with a 9.808 average.

Last Time Against Sacramento State

Southern Utah University faced Sacramento State at the 2012 WAC Championships, finishing second to the Hornets (195.675) with a team score of a 195.025. SUU leads the all-time series with a 16-8 advantage.

Last Week

Southern Utah University scored a season-best 195.475 in a loss to Denver last weekend. Senior Michaela Chernoch captured an individual title on floor with a season-best 9.875.

Youth is Served

Southern Utah University will only have three upper classmen on its roster this season, in seniors Caitlin Kennedy, Michaela Chernoch and Alyssa Click. The rest of the squad will be made up of five sophomores and six freshmen.

Returning Champions

Alyssa Click will return in 2013 as the reigning Western Athletic Conference uneven bar champion. The title is the second consecutive conference championship for the senior after having taken the title in 2011 as well.

Fellow senior Caitlin Kennedy also captured the WAC beam title in 2010.

Academic Prowess

Southern Utah University earned its 12th academic national championship in 2012, claiming the title after carrying a team cumulative GPA of 3.843. SUU hasn't finished any lower than third in the nation during head coach Scott Bauman's tenure of 22 years.

Season Opening Success

SUU's season-opening score of 194.875 at UCLA on January 6 is the highest season-opening mark in school history.

WAC Honors

Rochelle Bernier was named the WAC Specialist of the Week (1/29) after scoring the top mark in the conference, a 9.900 on vault at Utah State.

WAC Championships

Southern Utah University will be the host of the 2013 Western Athletic Conference gymnastics championships on March 23.

Follow the Thunderbirds Online

SUU gymnastics fans can follow the team online at www.su-utbirds.com, on facebook ([facebook.com/Southern-Utah-Thunderbirds](https://www.facebook.com/Southern-Utah-Thunderbirds)), on twitter (twitter.com/SUUThunderbirds) and on youtube (SUU Athletics).

Watch Home Meets Live on BigSkyTV

Fans can also watch every home meet via a free video stream online at www.bigskytv.org.

2013 EVENT CHAMPIONS

UCLA	Denver
BB - Alyssa Click (9.875)	FX - M. Chernoch (9.875)
at Utah	Sacramento State
None	at Brigham Young
at Utah State	at Boise State
VT - Rochelle Bernier (9.900)	
FX - Natalie Trejo (9.750)	Brigham Young
Jamie Armijo (9.750)	
Utah State	San Jose State
UB - Rochelle Bernier (9.875)	
BB - Caitlin Kennedy (9.850)	WAC Championships
FX - M. Chernoch (9.875)	

2013 AWARDS AND HONORS

Rochelle Bernier - WAC Specialist of the Week (1/29)

2013 INDIVIDUAL & TEAM RANKINGS (2/11)

Vault	Vault (48.685)
Nat - Rochelle Bernier (135, 9.795)	Nation - 35
Reg - Rochelle Bernier (15, 9.795)	Region - 6
WAC - Rochelle Bernier (8, 9.795)	WAC - 3
Uneven Bars	Uneven Bars (48.535)
Nat - Alyssa Click (17, 9.850)	Nation - 35
Reg - Alyssa Click (1, 9.850)	Region - 6
WAC - Alyssa Click (1, 9.850)	WAC - 3
Balance Beam	Balance Beam (48.260)
Nat - Alyssa Click (9, 9.875)	Nation - 37
Reg - Alyssa Click (1, 9.875)	Region - 6
WAC - Alyssa Click (1, 9.875)	WAC - 3
Floor Exercise	Floor Exercise (48.700)
Nat - M. Chernoch (69, 9.817)	Nation - 34
Reg - M. Chernoch (12, 9.817)	Region - 5
WAC - M. Chernoch (5, 9.817)	WAC - 3
All-Around	Team Total (194.180)
Nat - M. Chernoch (54, 39.000)	Nation - 35
Reg - M. Chernoch (9, 39.000)	Region (North Central) - 6
WAC - M. Chernoch (4, 39.000)	WAC - 3

2013 WAC Preseason Poll

Southern Utah University was picked third in the WAC pre-season coaches' poll. SUU garnered 16 points, trailing Boise State with 25 points (five first-place votes) and Denver with 21 points and one first-place vote. Sacramento State (11 points), San Jose State (10 points) and Utah State (7 points) rounded out the list.

Head coach Scott Bauman

Scott Bauman is in his 22nd season as head coach of the SUU gymnastics program, coming to Cedar City from Utah State. During his tenure, SUU captured the Western Athletic Conference title in 2010 along with 12 academic national championships. Bauman also coached Southern Utah's first All-American in Elise Wheeler to three All-American citations and has led the T-Birds to NCAA Regional appearances 17 times.

Flippin' Birds

Flippin' Birds is the secondary nickname for the SUU gymnastics team and can be used interchangeably with Thunderbirds or T-Birds.

2012 Quick Recap

Southern Utah missed out on a team regional appearance for the first time in five years last season as Alyssa Click represented the Thunderbirds as an individual competitor on beam. SUU finished third at the Western Athletic Conference championships with Click capturing an uneven bar title with a school-record 9.925.

Injury Update

Senior Alyssa Click injured her knee in practice on January 17 and will be out for the season.

Freshman vault specialist Virginia Brownsell is recovering from an elbow injury suffered during the month of December and could be available at the end of the season.

Freshman Kiki Parenteau is recovering from a lingering hip ailment and is anticipated to miss the 2013 season.

Breast Cancer Awareness Meet

Friday's meet will be SUU Gymnastics' annual "Breast Cancer Awareness" Meet with donations earmarked for Unite for HER, a non-profit organization that focuses on athletes, judges and coaches battling breast cancer within the sport of gymnastics.

Vancouver Connection

Southern Utah's Alyssa Click and Sacramento State's Kalliah McCartney are both from Vancouver, Wash. and trained at the same gym (MAC).

TENTATIVE LINE-UP

Vault

Brittney Jensen
Caitlin Kennedy
Jamie Armijo
Rochelle Bernier
Michaela Chernoch
Baylie Divino

Bars

Ana Jaworski
Rochelle Bernier
Jamie Armijo
Michaela Chernoch
Arlyn Amor
Caitlin Kennedy

Beam

Natalie Trejo
Ana Jaworski
Caitlin Kennedy
Michaela Chernoch
Rochelle Bernier
Jamie Armijo

Floor

Natalie Trejo
Ana Jaworski
Brittney Jensen
Caitlin Kennedy
Jamie Armijo
Michaela Chernoch

NATIONAL RANKINGS (2/11)

No.	Team	Avg	High
1.	Florida	197.296	198.100
2.	Oklahoma	197.125	197.625
3.	Michigan	196.867	197.350
4.	UCLA	196.765	197.425
5.	Alabama	196.680	196.950
6.	Utah	196.465	197.050
7.	L.S.U.	196.454	197.275
8.	Nebraska	196.415	197.175
9.	Georgia	196.396	197.500
10.	Stanford	195.900	196.450
12.	Denver *	195.788	196.600
13.	Oregon State	195.683	196.825
16.	Boise State *	195.550	196.325
26.	West Virginia	194.830	196.150
27.	Iowa	194.795	195.875
31.	Brigham Young	194.450	195.150
35.	Southern Utah *	194.180	195.475
44.	Sacramento State *	193.225	194.500
46.	San Jose State *	193.096	193.625
47.	Ball State	193.088	194.500
53.	Utah State *	192.265	194.200
80.	Hamline	176.760	181.975

* - Denotes member of Western Athletic Conference

Bold - Denotes 2013 opponent

2013 SEASON/CAREER BESTS - GYMNAST CAPSULES



	2013	Career
Vault	9.700	9.700
Bars	9.775	9.775
Beam	-	-
Floor	9.800	9.800
All-Around	-	-

- 2011 Level 10 National Bar Champion
- Club teammate of 2012 US Olympian Jordyn Wieber



	2013	Career
Vault	9.600	9.800
Bars	9.725	9.775
Beam	9.775	9.825
Floor	9.825	9.825
All-Around	38.800	38.800

- Competed in every meet in 2012
- Freshman academic all-WAC



	2013	Career
Vault	9.800	9.850
Bars	9.800	9.800
Beam	9.325	9.600
Floor	9.825	9.825
All-Around	38.750	38.750

- Competed in 11 meets in 2012
- Freshman academic all-WAC
- Floor champion at USU on Jan. 25



	2013	Career
Vault	9.825	9.825
Bars	-	-
Beam	-	9.150
Floor	9.825	9.850
All-Around	-	-

- Competed in every meet in 2012
- One individual title in 2012
- Freshman academic all-WAC



	2013	Career
Vault	9.900	9.900
Bars	9.875	9.875
Beam	9.800	9.800
Floor	-	9.750
All-Around	-	-

- Set a new career high with a 9.900 on VT at USU
- Two individual titles in 2013
- Freshman academic all-WAC



	2013	Career
Vault	9.775	9.850
Bars	9.775	9.800
Beam	9.850	9.875
Floor	9.825	9.850
All-Around	38.750	38.750

- 2010 WAC beam champion
- Texas Gymnast of the Year (Club)
- One individual title in 2012



	2013	Career
Vault	9.775	9.775
Bars	9.825	9.850
Beam	9.775	9.800
Floor	9.875	9.900
All-Around	39.025	39.050

- Three individual titles in 2012
- Two individual titles in 2013
- Academic all-WAC



	2013	Career
Vault	-	9.600
Bars	-	-
Beam	-	-
Floor	9.450	9.450
All-Around	-	-

- Competed in five meets in 2012



	2013	Career
Vault	-	9.750
Bars	9.850	9.925
Beam	9.875	9.925
Floor	9.600	9.875
All-Around	-	39.400

- 2011, 2012 WAC uneven bar champion
- 2010 WAC Freshman of the Year
- Will miss 2013 with a season-ending knee injury



	2013	Career
Vault	-	-
Bars	-	-
Beam	9.825	9.825
Floor	9.800	9.800
All-Around	-	-

- 2011 NIT floor champion
- 2009 Western Nationals floor champion
- Floor champion at USU on Jan. 25



	2013	Career
Vault	9.750	9.750
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

- Seven-time Utah state champion
- Finished 9th in the nation on the uneven bars in 2012

SUU RECORD BOOK

INDIVIDUAL RECORDS

All-Around		Score	Date
1.	Elise Wheeler	39.575	3/19/10
2.	Elise Wheeler	39.550	2/26/10
3.	Elise Wheeler	39.525	3/14/09
4.	Elise Wheeler	39.500	3/12/10
5.	Elise Wheeler	39.425	2/15/10
	Elise Wheeler	39.425	2/6/10
	Elise Wheeler	39.425	2/20/09
	Carly Geronimo	39.425	3/13/04

Vault		Score	Date
1.	Lindsey Schultz	9.950	2/20/09
2.	Melissa Johnson	9.925	3/27/10
	Melissa Johnson	9.925	2/15/10
	Lindsey Schultz	9.925	3/14/09
	Elise Wheeler	9.925	3/14/09
	Molly Bauer	9.925	3/3/04
	Molly Bauer	9.925	3/29/03
6.	Rochelle Bernier	9.900	1/25/13
	Elise Wheeler	9.900	3/12/10
	Elise Wheeler	9.900	2/26/10
	Melissa Johnson	9.900	1/30/10
	Melissa Johnson	9.900	1/29/10
	Nine more tied with	9.900	

Uneven Bars		Score	Date
1.	Alyssa Click	9.925	3/24/12
	Alyssa Click	9.925	3/22/10
	Elise Wheeler	9.925	3/19/10
3.	Elise Wheeler	9.900	3/12/10
	Elise Wheeler	9.900	3/16/09
	Elise Wheeler	9.900	3/17/08
	Elise Wheeler	9.900	3/23/07
	Kellie Dangerfield	9.900	3/23/07
	Elise Wheeler	9.900	3/9/07
	Carly Geronimo	9.900	3/8/04
	Ashley Sharpe	9.900	2/20/04
	Erica Burk	9.900	3/12/01
	Erica Burk	9.900	3/2/01
	Julie Grant	9.900	3/17/97

Balance Beam		Avg.	High
1.	Elise Wheeler	9.950	2/23/07
	Leah Sakhitab	9.950	3/3/04
3.	Alyssa Click	9.925	3/19/12
	Alyssa Click	9.925	3/16/12
	Brooke Cersosimo	9.925	3/19/11
	Ari Lamb	9.925	1/29/11
	Elise Wheeler	9.925	3/22/10
	Kellie Dangerfield	9.925	3/6/09
	Leah Sakhitab	9.925	2/9/07
	Leah Sakhitab	9.925	2/11/05
	Carly Geronimo	9.925	3/3/04
	Carly Geronimo	9.925	2/27/04
	Talayna Fortunato	9.925	3/29/03
	Talayna Fortunato	9.925	3/21/03

Floor Exercise		Avg.	High
1.	Carly Geronimo	9.950	1/28/05
	Molly Bauer	9.950	3/15/04
	Sandi Lyman	9.950	3/22/02
4.	Elise Wheeler	9.925	2/4/08
	Leah Sakhitab	9.925	3/16/07
	Carly Geronimo	9.925	3/20/04
	Sheena Shaw	9.925	3/15/04
	Carly Geronimo	9.925	3/12/04
	Molly Bauer	9.925	1/30/04
	Four more tied with	9.925	

TEAM RECORDS

All-Around		Opponent	Date
1.	196.575	Eastern Michigan	3/3/04
2.	196.350	CS Fullerton	3/19/10
3.	196.225	Brigham Young	3/8/04
4.	196.175	Boise State	2/11/05
	196.175	Boise State	2/27/04
	196.175	Oklahoma	2/20/04

Vault		Opponent	Date
1.	49.275	Boise State	2/26/10
	49.275	Iowa	2/20/09
3.	49.200	at Boise State	3/14/09
4.	49.150	Brigham Young	3/8/04
5.	49.100	WAC Championships	3/27/10

Uneven Bars		Opponent	Date
1.	49.175	at Brigham Young	3/19/12
2.	49.150	Brigham Young	3/23/07
	49.150	Brigham Young	3/7/03
4.	49.100	at Utah	3/12/10
	49.100	Southeast Missouri St.	2/25/08
	49.100	Eastern Michigan	3/3/04
7.	49.075	at Brigham Young	2/27/09
	49.075	Boise State	2/27/04
	49.075	Iowa	2/22/03

Balance Beam		Opponent	Date
1.	49.400	Boise State	2/9/07
	49.400	Eastern Michigan	3/3/04
3.	49.325	WAC Championships	3/19/11
4.	49.300	Boise State	3/9/12
	49.300	Boise State	2/27/04

Floor Exercise		Opponent	Date
1.	49.525	WGC Championships	3/22/02
2.	49.475	Brigham Young	3/15/04
3.	49.450	Utah State	2/10/03
4.	49.425	WGC Championships	3/20/04
5.	49.375	Oklahoma	2/20/04
	49.375	Brigham Young	3/24/03

