

Syracuse University Dance Team

2020 Spring Video Tryout Information & Format

Member Selection Process

Below, you will find information about the Syracuse University Dance Team Spring 2020 video tryouts, including the format you should follow, required skills to perform, and the scoresheet that will be used to evaluate each dancer. Videos that do not show all of the elements outlined below will not be considered for evaluation. If you are missing any elements, the coach may reach out to you to resubmit, however the resubmission must still be received before the tryout deadline. Incoming freshmen and transfer students must also submit proof of acceptance along with their video.

Please email video submissions to Head Coach Cameron Spera (cpspera@syr.edu) by 12pm (noon) on Saturday, May 2.

Appearance Criteria

Appearance will be considered during your video tryout. You should wear what makes you most comfortable, while keeping in mind that you are trying out for an important position representing Syracuse University. Understanding this, please look “game ready” in your video.

Recommended attire: tight shorts or leggings, bra top, dance shoes, sneakers when necessary, makeup slightly more than natural, hair styled (up or down - however you wear it, it should not be a distraction)

Video Submission Format

Introduction

- Name
- Age
- Hometown
- What you (plan to) study at SU
- Why you chose to come to SU
- Any other important details you'd like to share about yourself
- Returns only: goals for the season, what you would like to improve on personally and as a team

Required Technical Skills & Tricks

Across The Floor

Battements

- Battements
 - Front
 - Side
- Battements with hold
 - i.e. kick R, kick L, hold R; kick L, kick R, hold L
- Leg hold turns
 - Inside with front battement
 - Outside with side battement

Turns

- Any combination of chainés, piques, soutenus, etc.
- Right pirouettes
 - Parallel (facing side): pas de bourree, pas de bourree, prep, turn

- Turned out (facing front): tombe pas de bourree, prep, turn
- Left pirouettes
 - Parallel (facing side): pas de bourree, pas de bourree, prep, turn
 - Turned out (facing front): tombe pas de bourree, prep, turn

Leaps & Jumps

- Leaps
 - Right
 - Left
 - Center
- Calypso
 - Right
 - Left
- Turning disc
 - Right
 - Left
- Turning C jump (toes to head)
 - Right
 - Left
- Any other leaps or jumps you would like to showcase across the floor
 - i.e. switch leap, switch center, turning leaps, ring leap

In The Center

Turns

- A la secondes
 - At least two 8 counts of a la secondes, pull into pirouette at end
- A la secondes changing spot
 - Outside, inside, or both
- Around the world/float
 - Double into a la secondes, pull into pirouette at end
- Any other turn combination you would like to showcase in the center

Jumps

- Toe touch/Russian
- Stationary leap
 - Right
 - Left
- Firebird/Ring jump
 - Right
 - Left
- Tilt jump
 - Right
 - Left
- Any other jumps you would like to showcase in the center

Two (2) Short Routines

Jazz Routine

- Your first routine must be in the jazz style
- 30-60 seconds

Second Routine

- Your second routine may be in any other style
 - Hip hop, contemporary, lyrical, etc.
- 30-60 seconds

Game Day Sideline Routine

- Please learn **THIS** sideline routine for the game day requirement
- Include this choreography in your video after your two short routines

Notification of Team Selections

Selected dancers will be notified if they make the team roster via email. The final team selections will also be posted on our website on cuse.com. The coaching staff makes final decisions of members for the Syracuse University Dance Team.

Any questions? Please email Head Coach Cameron Spera (cpspera@syr.edu). Good luck!

Syracuse University Dance Team Video Tryout Scoresheet 2020

Name: _____

Introduction	Received?		Comments
Introduce Yourself <i>Name, age, hometown, what you (plan to) study at SU, why SU, any other important details you'd like to share about yourself, submit proof of acceptance along if incoming freshman or transfer student</i>			
Technique & Tricks	Points	Score	Comments
Technique & Skills Execution Across the Floor <i>Proper control, placement, and completion of skills, quality and strength of movement</i>	10		
Technique & Skills Execution Center Exercises <i>Proper control, placement, and completion of skills, quality and strength of movement</i>	10		
Jazz Routine	Points	Score	Comments
Technique & Skills Execution <i>Proper completion of technical skills, consistent successful execution of choreography</i>	10		
Performance Quality & Showmanship <i>Expressions, emotions, energy, and entertainment value</i>	10		
Routine #2	Points	Score	Comments
Technique & Skills Execution <i>Proper completion of technical skills, consistent successful execution of choreography</i>	10		
Performance Quality & Showmanship <i>Expressions, emotions, energy, and entertainment value</i>	10		
Game Day Sideline Routine	Points	Score	Comments
Execution & Performance Quality <i>Proper execution of pom motions, enthusiasm and energy</i>	10		
Overall Impression	Points	Score	Comments
Personality & Appearance <i>Attitude during tryout process, overall look and performance</i>	10		

Notes:

Score: ____/100