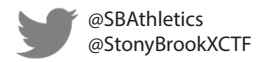
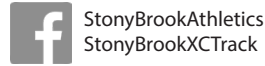




# STONYBROOK TRACK & FIELD

RECORD BOOK | UPDATED JUNE 2024



## MEN'S INDOOR RECORDS

|                                    |      |          |
|------------------------------------|------|----------|
| <b>55-METER DASH</b>               |      |          |
| Steve Bader                        | 2001 | 6.52     |
| <b>55-METER HURDLES</b>            |      |          |
| Jean Massillon                     | 1991 | 7.55     |
| <b>60-METER DASH</b>               |      |          |
| George Franks                      | 2024 | 6.81     |
| <b>60-METER HURDLES</b>            |      |          |
| Michael Linbrunner                 | 2018 | 8.23     |
| <b>200-METER DASH</b>              |      |          |
| George Franks                      | 2024 | 21.22    |
| <b>400-METER DASH</b>              |      |          |
| George Franks                      | 2024 | 46.76    |
| <b>500-METER RUN</b>               |      |          |
| Wayne Williams                     | 2017 | 1:02.74  |
| <b>800-METER RUN</b>               |      |          |
| Luke Coulter                       | 2020 | 1:51.87  |
| <b>1,000-METER RUN</b>             |      |          |
| Luke Coulter                       | 2019 | 2:22.53  |
| <b>1,500-METER RUN</b>             |      |          |
| Robert Becker                      | 2023 | 3:43.80  |
| <b>1-MILE RUN</b>                  |      |          |
| Robert Becker                      | 2022 | 3:58.98  |
| <b>3,000-METER RUN</b>             |      |          |
| Collin Gilstrap                    | 2024 | 7:53.05  |
| <b>5,000-METER RUN</b>             |      |          |
| Cameron Avery                      | 2020 | 13:59.00 |
| <b>4x400-METER RELAY</b>           |      |          |
| White, Williams, Galal, Ideozu     | 2019 | 3:13.04  |
| <b>4x800-METER RELAY</b>           |      |          |
| Coulter, Malanaphy, Becker, Smyth  | 2020 | 7:35.62  |
| <b>DISTANCE MEDLEY RELAY</b>       |      |          |
| Biondi, Coulter, Catalano, Moffett | 2020 | 9:52.53  |
| <b>LONG JUMP</b>                   |      |          |
| Terry Martin                       | 2011 | 7.24m    |
| <b>TRIPLE JUMP</b>                 |      |          |
| Mubaarak Muhammad                  | 2008 | 14.35m   |

## HIGH JUMP

Darian Hinds 1988 2.10m

## WEIGHT THROW

Christopher Hand 2014 17.85m

## SHOT PUT

Craig Matuza 2003 16.17m

## PENTATHLON

Peter Loud 1982 2,966

### WOMEN'S INDOOR RECORDS

|   |      |          |
|---|------|----------|
| <b>55-METER DASH</b><br>Dana Shepherd                                   | 2000 | 7.32     |
| <b>55-METER HURDLES</b><br>Charlene Landrum                             | 1996 | 8.71     |
| <b>60-METER DASH</b><br>Chinque Thompson                                | 2018 | 7.53     |
| <b>60-METER HURDLES</b><br>Courtney Warden                              | 2018 | 8.44     |
| <b>200-METER DASH</b><br>Amanda Stead                                   | 2020 | 24.07    |
| <b>400-METER DASH</b><br>Amanda Stead                                   | 2020 | 54.15    |
| <b>500-METER RUN</b><br>Amanda Stead                                    | 2020 | 1:13.72  |
| <b>800-METER RUN</b><br>Lucy Van Dalen                                  | 2012 | 2:07.61  |
| <b>1,000-METER RUN</b><br>Lucy Van Dalen                                | 2012 | 2:42.53  |
| <b>1,500-METER RUN</b><br>Lucy Van Dalen                                | 2012 | 4:11.78  |
| <b>1-MILE RUN</b><br>Lucy Van Dalen                                     | 2011 | 4:32.95  |
| <b>3,000-METER RUN</b><br>Lucy Van Dalen                                | 2011 | 8:56.77  |
| <b>5,000-METER RUN</b><br>Christina Melian                              | 2016 | 15:48.77 |
| <b>4x400-METER RELAY</b><br>Chimezie, Ashley, Pottinger, Stead          | 2020 | 3:42.69  |
| <b>4x800-METER RELAY</b><br>Manning, Guevara, Sisson, Riback            | 2017 | 8:57.93  |
| <b>DISTANCE MEDLEY RELAY</b><br>L. Van Dalen, Hall, Price, H. Van Dalen | 2011 | 11:13.29 |
| <b>LONG JUMP</b><br>Kaylyn Gordon                                       | 2015 | 5.92m    |
| <b>TRIPLE JUMP</b><br>Kaylyn Gordon                                     | 2016 | 12.65m   |
| <b>HIGH JUMP</b><br>Alexandria Earle                                    | 2023 | 1.70m    |

### WEIGHT THROW

|                                 |      |        |
|---------------------------------|------|--------|
| Kyria Moore                     | 2022 | 17.07m |
| <b>SHOT PUT</b><br>Lilla Sexton | 1982 | 13.70m |
| <b>PENTATHLON</b><br>Caryl Senn | 1985 | 3,518  |

### MEN'S OUTDOOR RECORDS

#### 100-METER DASH

George Franks 2024 10.54

#### 200-METER DASH

George Franks 2024 20.90

#### 400-METER DASH

George Franks 2024 45.88

#### 800-METER RUN

Luke Coulter 2021 1:48.21

#### 1,500-METER RUN

Collin Gilstrap 2024 3:41.03

#### 3,000-METER RUN

Van Moffett 2021 8:02.22

#### 5,000-METER RUN

Shane Henderson 2023 13:51.40

#### 10,000-METER RUN

Evan Brennan 2024 28:57.86

#### 110-METER HURDLES

Jean Massillon 1991 14.27

#### 400-METER HURDLES

Richmond Boateng 2021 51.90

#### 3,000-METER STEEPLECHASE

Carlos Santos 2024 8:40.32

#### LONG JUMP

Lamar Hayes 2015 7.07m

#### TRIPLE JUMP

Khadim Ndoye 2018 14.23m

#### HIGH JUMP

Darian Hinds 2008 2.09m

#### SHOT PUT

Craig Matuza 2000 16.10m

#### DISCUS THROW

Craig Matuza 2000 47.39m

#### HAMMER THROW

Christopher Hand 2015 55.90m

#### JAVELIN THROW

Christopher Hand 2015 56.36m

#### DECATHLON

Peter Loud 1982 5,141

#### 4x100-METER RELAY

Williams, Harris, Galal, White 2017 41.57

#### 4x400-METER RELAY

Abel, Lavazoli, Zdravkovic, Vazquez 2023 3:12.50

#### 4x800-METER RELAY

Viertri, Bermingham, Forbes, Leung 2010 7:38.34

#### 300-METER DASH

Lamar Hayes 2012 35.05

#### 3-MILE RUN

Matt Lake 1976 14:47

#### 6-MILE RUN

Rich Sentochnik 1976 31:10

#### 4x200-METER RELAY

Harris, Williams, White, Marshall 2017 1:26.65

#### 4x1,500-METER RELAY

Dearie, Smyth, Moffett, Becker 2019 15:40.65

#### 4x1,600-METER RELAY

McMurray, Magnifico, Madden, Manning 1990 18:23.40

#### 4x1-MILE RELAY

Rosen, Schaff, LeRose, Rouhart 1972 18:49.30

#### SPRINT MEDLEY RELAY

Luctamar, Ramos, Ryan, Weber 2022 3:30.77

#### DISTANCE MEDLEY RELAY

Smyth, Ryan, Coulter, Becker 2022 9:46.79

### WOMEN'S OUTDOOR RECORDS

|   |      |          |
|---|------|----------|
| <b>100-METER DASH</b><br>Chinque Thompson             | 2019 | 11.79    |
| <b>200-METER DASH</b><br>Chinque Thompson             | 2019 | 24.08    |
| <b>300-METER DASH</b><br>Amanda Stead                 | 2019 | 40.27    |
| <b>400-METER DASH</b><br>Amanda Stead                 | 2019 | 53.07    |
| <b>800-METER RUN</b><br>Lucy Van Dalen                | 2010 | 2:05.25  |
| <b>1,500-METER RUN</b><br>Lucy Van Dalen              | 2011 | 4:11.29  |
| <b>3,000-METER RUN</b><br>Lucy Van Dalen              | 2010 | 9:17.23  |
| <b>5,000-METER RUN</b><br>Lucy Van Dalen              | 2012 | 15:23.54 |
| <b>10,000-METER RUN</b><br>Fiona McLoughlin           | 2024 | 33:40.85 |
| <b>100-METER HURDLES</b><br>Courtney Warden           | 2015 | 13.57    |
| <b>400-METER HURDLES</b><br>Stephanie Vos             | 2008 | 1:03.05  |
| <b>3,000-METER STEEPLECHASE</b><br>Christine Isenberg | 2017 | 10:09.45 |
| <b>LONG JUMP</b><br>Kaylyn Gordon                     | 2015 | 5.92m    |
| <b>TRIPLE JUMP</b><br>Kaylyn Gordon                   | 2015 | 12.46m   |
| <b>HIGH JUMP</b><br>Dana Husband                      | 2016 | 1.73m    |
| <b>SHOT PUT</b><br>Lilla Sexton                       | 1982 | 12.81m   |
| <b>DISCUS THROW</b><br>Cheryl Hunter                  | 1984 | 44.27m   |
| <b>HAMMER THROW</b><br>Kyria Moore                    | 2022 | 52.14m   |
| <b>JAVELIN THROW</b><br>Allyson LaPorte               | 2014 | 40.99m   |

### HEPTATHLON

|  |      |          |
|--|------|----------|
| Alyssa Oviasogie   | 2019 | 4,299    |
| <b>4x100-METER RELAY</b><br>Laur, Lauredent, Fogarty, Stead          | 2019 | 45.89    |
| <b>4x200-METER RELAY</b><br>Fogarty, Cerbone, Lauredent, K. Thompson | 2019 | 1:38.18  |
| <b>4x400-METER RELAY</b><br>Omokeni, Cerbone, Franks, Hodge          | 2023 | 3:43.79  |
| <b>4x800-METER RELAY</b><br>Van Dalen, Price, O'Connor, Conklin      | 2011 | 8:51.53  |
| <b>4x1,600-METER RELAY</b><br>Stead, Fogarty, Lauredent, Riback      | 2019 | 4:00.57  |
| <b>SPRINT MEDLEY RELAY</b><br>Stead, Lauredent, Fogarty, Riback      | 2019 | 4:00.57  |
| <b>DISTANCE MEDLEY RELAY</b><br>L. Van Dalen, Hall, Price, Keown     | 2011 | 11:31.92 |