

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****Men 60 Meter Dash**

Name	Year School	Prelims	H#
Preliminaries			
1 Escobar Pearson, Cristia	SO St. Olaf	7.08Q	1
7.072 (7.072)			
2 Morral, Drew	FR Macalester	7.10Q	3
7.098 (7.098)			
3 Blackshere, Jukari	FR Hamline	7.12Q	2 7.112
7.112 (7.112)			
4 Ali, Oche	FR St. Olaf	7.11q	3
7.104 (7.104)			
5 Pettis, Andrei	SR Hamline	7.12q	1 7.118
7.118 (7.118)			
6 Raitz, Sam	JR Bethel (Minn.)	7.16q	2
7.153 (7.153)			
7 Jacene, Nolan	FR Bethel (Minn.)	7.24q	1
7.240 (7.240)			
8 Budiman, Josiah	SR Hamline	7.25q	1
7.247 (7.247)			
9 Johnson, Kelan	FR Bethel (Minn.)	7.31	1
7.308 (7.308)			
10 Powell, Danny	JR Macalester	7.32	3
7.317 (7.317)			
11 McCall, Ty	SO Bethel (Minn.)	7.33	2
7.329 (7.329)			
12 Zhao, Mike	FR Macalester	7.34	3
7.334 (7.334)			
13 Poscher, Manny	SO Hamline	7.35	3
7.348 (7.348)			
14 Rieder, Ben	FR Bethel (Minn.)	7.41	2
7.403 (7.403)			
15 Jung, Woody	FR St. Olaf	7.43	1
7.421 (7.421)			
16 Pittman, Miquel	FR Hamline	7.44	2
7.438 (7.438)			
17 Ronning, Carter	SO Hamline	7.49	2
7.481 (7.481)			
18 Peterson, Trey	JR St. Olaf	7.51	1
7.507 (7.507)			
19 Holtz, Lucas	JR Martin Luther	7.53	3
7.529 (7.529)			
20 Loidolt, Luke	FR Bethel (Minn.)	7.56	2
7.553 (7.553)			
21 Olson, Jesse	JR St. Olaf	7.64	1
7.637 (7.637)			
22 Deloach, Isaiah	FR Hamline	7.68	2
7.675 (7.675)			
23 Amberg, Kaeden	SR Hamline	7.90	3
7.891 (7.891)			
24 Bankole, David	FR St. Scholastica	7.99	3
7.988 (7.988)			

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Name	Year School	Finals
Finals		
1 Pettis, Andrei 7.010 (7.010)	SR Hamline	7.01
2 Blackshere, Jukari 7.011 (7.011)	FR Hamline	7.02
3 Raitz, Sam 7.083 (7.083)	JR Bethel (Minn.)	7.09 7.083
4 Ali, Oche 7.089 (7.089)	FR St. Olaf	7.09 7.089
5 Morral, Drew 7.183 (7.183)	FR Macalester	7.19
6 Budiman, Josiah 7.216 (7.216)	SR Hamline	7.22
7 Jacene, Nolan 7.225 (7.225)	FR Bethel (Minn.)	7.23

Men 200 Meter Dash

Name	Year School	Finals	H#
1 Sportel, Will 22.872 (22.872)	SO Bethel (Minn.)	22.88	1
2 Stundahl, Trevor 22.983 (22.983)	FR Bethel (Minn.)	22.99	1
3 Ali, Oche 22.996 (22.996)	FR St. Olaf	23.00	1
4 McCall, Ty 23.100 (23.100)	SO Bethel (Minn.)	23.10	2
5 Williams, Michael 23.524 (23.524)	SO Hamline	23.53	2
6 Polzien, Abe 23.536 (23.536)	FR St. Olaf	23.54	3 23.536
7 Schelhaas, Brody 23.539 (23.539)	FR Bethel (Minn.)	23.54	5 23.539
8 Poscher, Manny 23.572 (23.572)	SO Hamline	23.58	3
9 Zhao, Mike 23.958 (23.958)	FR Macalester	23.96	4
10 Fisher, Charlie 24.003 (24.003)	JR St. Olaf	24.01	4
11 Checco de Souza, Anthony 24.106 (24.106)	FR Bethel (Minn.)	24.11	4
12 Jones, Luke 24.137 (24.137)	SO St. Olaf	24.14	5
13 Kucala, Justin 24.398 (24.398)	FR Bethel (Minn.)	24.40	5
14 Ronning, Carter 24.434 (24.434)	SO Hamline	24.44	1
15 Powell, Danny 24.623 (24.623)	JR Macalester	24.63	5
16 Jung, Woody 24.639 (24.639)	FR St. Olaf	24.64	5

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****....Men 200 Meter Dash**

17 Allison, Kieran	SO St. Scholastica	24.70	4
24.692 (24.692)			
18 Mahamud, Hamza	SR Macalester	25.25	3
25.247 (25.247)			
19 Lange, Henrik	SR St. Olaf	25.32	3
25.319 (25.319)			
20 Bankole, David	FR St. Scholastica	26.21	2
26.208 (26.208)			
21 Moore, Asher	FR Hamline	26.31	2
26.301 (26.301)			

Men 400 Meter Dash

Name	Year School	Finals	H#
1 McInturff, Austin	SO St. Olaf	51.42	1
24.246 (24.246)	24.446 (0.200)		
2 Schelhaas, Brody	FR Bethel (Minn.)	51.89	2
24.848 (24.848)	51.882 (27.034)		
3 Vogel, Gavin	SO St. Olaf	52.21	2
24.581 (24.581)	52.205 (27.624)		
4 Nathan, Asher	JR Carleton	52.45	1
52.440 (52.440)	52.450 (0.010)		
5 Eskeli, Finn	FR St. Scholastica	52.59	1
25.230 (25.230)	52.584 (27.354)		
6 Robertson, Isaac	FR Carleton	52.99	3
25.695 (25.695)	52.983 (27.288)		
7 Holtz, Lucas	JR Martin Luther	53.89	4
25.277 (25.277)	53.888 (28.611)		
8 Allison, Kieran	SO St. Scholastica	54.35	3
26.202 (26.202)	54.348 (28.146)		
9 Aki, Jacob	FR Hamline	55.29	4
25.985 (25.985)	55.281 (29.296)		
10 Nakahata, Darren	FR Carleton	55.64	1
25.844 (25.844)	55.631 (29.787)		
11 Ungemach, Joseph	FR Martin Luther	56.31	2
26.945 (26.945)	56.304 (29.359)		
12 Abay, Abel	JR St. Scholastica	57.42	3
26.985 (26.985)	57.420 (30.435)		
13 Kucala, Justin	FR Bethel (Minn.)	59.52	4
27.802 (27.802)	59.517 (31.715)		
14 Moore, Asher	FR Hamline	59.92	4
28.174 (28.174)	59.914 (31.740)		

Men 600 Meter Run

Name	Year School	Finals	H#
1 Eenigenburg, Jakob	SO St. Olaf	1:23.39	1
26.280 (26.280)	53.868 (27.588)	1:23.384 (29.516)	
2 Ruesink, Aaron	SO St. Olaf	1:23.91	2
26.751 (26.751)	54.859 (28.108)	1:23.903 (29.044)	
3 Schonebaum, Henry	SR Macalester	1:24.13	1
25.727 (25.727)	53.411 (27.684)	1:24.123 (30.712)	

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****....Men 600 Meter Run**

4 Alexander, James	SO Carleton	1:25.30	2
26.875 (26.875)	54.627 (27.752)	1:25.295 (30.668)	
5 Johnson, Henry	JR St. Olaf	1:25.75	1
28.060 (28.060)	57.266 (29.206)	1:25.750 (28.484)	
6 Drieslein, Jameson	SO St. Olaf	1:27.23	1
28.935 (28.935)	57.828 (28.893)	1:27.224 (29.396)	
7 Bartsch, Zachary	SO St. Scholastica	1:27.36	2
26.539 (26.539)	54.653 (28.114)	1:27.360 (32.707)	
8 Applebaum, Tommy	SO Carleton	1:28.42	2
28.363 (28.363)	57.578 (29.215)	1:28.416 (30.838)	
9 Madrid, Thomas	SO St. Olaf	1:30.71	2
26.560 (26.560)	56.250 (29.690)	1:30.704 (34.454)	
10 Li, Brandon	SO Hamline	1:31.06	2
28.687 (28.687)	59.561 (30.874)	1:31.055 (31.494)	
11 Maakestad, Harry	SR St. Olaf	1:31.35	1
28.529 (28.529)	58.694 (30.165)	1:31.349 (32.655)	

Men 800 Meter Run

Name	Year School	Finals	H#	
1 Connole, Donovan	FR Macalester	1:58.63	1	
28.743 (28.743)	57.939 (29.196)	1:27.687 (29.748)		1:58.627 (30.940)
2 Hopkins, Jacob	FR Carleton	1:59.65	1	
28.981 (28.981)	58.281 (29.300)	1:28.208 (29.927)		1:59.645 (31.438)
3 Feldt, Connor	FR St. Scholastica	2:00.80	1	
28.864 (28.864)	58.106 (29.242)	1:28.398 (30.292)		2:00.798 (32.401)
4 Silberman, Ronen	SO Carleton	2:01.05	1	
29.361 (29.361)	58.846 (29.486)	1:29.021 (30.175)		2:01.047 (32.026)
5 Moresi, Kelvin	JR Macalester	2:03.45	2	
30.760 (30.760)	1:00.492 (29.732)	1:32.022 (31.530)		2:03.444 (31.422)
6 Lebakken, Jay	SR Macalester	2:03.67	2	
29.090 (29.090)	59.340 (30.250)	1:31.414 (32.075)		2:03.661 (32.247)
7 Malecha, Thomas	SR Macalester	2:04.03	2	
29.388 (29.388)	59.644 (30.256)	1:31.704 (32.060)		2:04.030 (32.326)
8 Bouley, Joel	SO St. Scholastica	2:04.42	1	
29.170 (29.170)	59.338 (30.168)	1:30.863 (31.526)		2:04.411 (33.548)
9 Berube, Ian	FR St. Scholastica	2:08.01	2	
30.572 (30.572)	1:01.468 (30.896)	1:34.454 (32.987)		2:08.008 (33.554)
10 Schibbelhut, Micah	SR Martin Luther	2:08.76	2	
30.272 (30.272)	1:01.266 (30.994)	1:34.846 (33.580)		2:08.760 (33.914)
11 Heeg, Ethan	FR Bethel (Minn.)	2:09.10	2	
29.670 (29.670)	1:00.786 (31.116)	1:34.421 (33.635)		2:09.094 (34.673)

Men 1000 Meter Run

Name	Year School	Finals	H#	
1 Bullock, Jackson	SO St. Olaf	2:29.16	1	
28.905 (28.905)	58.248 (29.343)	1:28.412 (30.164)		1:59.018 (30.606)
2:29.157 (30.139)				
2 Nichols, Gabe	SR Carleton	2:32.03	1	
29.547 (29.547)	58.303 (28.756)	1:28.397 (30.094)		1:58.790 (30.393)
2:32.028 (33.238)				

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3	Seppanen, Garrett	SO St. Olaf	2:34.27	1		
	30.113 (30.113)	1:00.133 (30.020)	1:30.379 (30.246)		2:01.735 (31.356)	
	2:34.262 (32.527)					
4	Larsen-Schmidt, Micah	SO St. Olaf	2:35.03	1		
	29.668 (29.668)	59.732 (30.064)	1:30.577 (30.845)		2:02.861 (32.284)	
	2:35.028 (32.167)					
5	Chamberlin, Owen	SR St. Olaf	2:35.10	1		
	29.454 (29.454)	59.725 (30.271)	1:31.045 (31.320)		2:02.894 (31.849)	
	2:35.100 (32.206)					
6	Lange, Emerson	SR Carleton	2:35.47	1		
	30.828 (30.828)	1:01.756 (30.928)	1:33.336 (31.580)		2:05.107 (31.771)	
	2:35.467 (30.360)					
7	Schultz, Michael	SO Bethel (Minn.)	2:36.07	2		
	30.017 (30.017)	1:00.752 (30.735)	1:32.378 (31.626)		2:04.660 (32.282)	
	2:36.065 (31.405)					
8	Strubbe, TJ	SO Bethel (Minn.)	2:36.65	1		
	30.327 (30.327)	1:01.083 (30.756)	1:33.035 (31.952)		2:05.143 (32.108)	
	2:36.648 (31.505)					
9	Kayfes, Jeffrey	SR St. Scholastica	2:40.34	1		
	29.832 (29.832)	1:00.592 (30.760)	1:32.674 (32.082)		2:06.489 (33.815)	
	2:40.336 (33.847)					
10	LiaBraaten, Lucas	SR Hamline	2:41.68	2		
	32.403 (32.403)	1:04.349 (31.946)	1:37.195 (32.846)		2:10.658 (33.463)	
	2:41.675 (31.017)					
11	Bumgardner, Evan	FR St. Scholastica	2:42.09	2		
	31.530 (31.530)	1:03.583 (32.053)	1:37.350 (33.767)		2:10.999 (33.649)	
	2:42.088 (31.089)					
12	Thompson, Kyle	SO Carleton	2:42.94	2		
	32.956 (32.956)	1:04.610 (31.654)	1:37.568 (32.958)		2:10.885 (33.317)	
	2:42.939 (32.054)					
13	Rentz, Jayden	FR Hamline	2:44.48	2		
	32.730 (32.730)	1:04.762 (32.032)	1:37.933 (33.171)		2:11.992 (34.059)	
	2:44.476 (32.484)					
14	Roetter Gresback, Jasper	JR Hamline	3:03.05	2		
	34.293 (34.293)	1:09.361 (35.068)	1:47.206 (37.845)		2:25.074 (37.868)	
	3:03.041 (37.967)					
15	Steinhofer, Brendan	FR St. Olaf	3:05.23	2		
	34.906 (34.906)	1:10.529 (35.623)	1:48.708 (38.179)		2:28.218 (39.510)	
	3:05.230 (37.012)					
16	Haglin, Alan	SO Hamline	3:06.78	2		
	34.752 (34.752)	1:10.129 (35.377)	1:49.214 (39.085)		2:29.407 (40.193)	
	3:06.779 (37.372)					

Men 1 Mile Run

Name	Year School	Finals	H#		
1 Hoisington, Quinn	JR Macalester	4:22.52	1		
	33.945 (33.945)	1:06.649 (32.704)	1:39.459 (32.810)		2:12.804 (33.345)
	2:46.186 (33.382)	3:19.940 (33.754)	3:52.144 (32.204)		4:22.512 (30.368)
2 Coyier, Dashiell	FR Carleton	4:22.53	1		
	34.201 (34.201)	1:06.895 (32.694)	1:39.678 (32.783)		2:12.987 (33.309)
	2:46.424 (33.437)	3:20.216 (33.792)	3:52.374 (32.158)		4:22.522 (30.148)

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3	Wiltse, Daniel	JR Macalester	4:24.05	1		
	34.987 (34.987)	1:07.394 (32.407)	1:40.122 (32.728)		2:13.505 (33.383)	
	2:46.789 (33.284)	3:20.142 (33.353)	3:52.863 (32.721)		4:24.050 (31.187)	
4	Martel, Ethan	JR St. Olaf	4:27.13	1		
	34.460 (34.460)	1:07.129 (32.669)	1:39.944 (32.815)		2:13.238 (33.294)	
	2:46.397 (33.159)	3:19.777 (33.380)	3:53.819 (34.042)		4:27.127 (33.308)	
5	Niemi, Ashton	JR St. Scholastica	4:29.72	1		
	35.859 (35.859)	1:09.056 (33.197)	1:42.587 (33.531)		2:16.511 (33.924)	
	2:49.866 (33.355)	3:23.567 (33.701)	3:56.998 (33.431)		4:29.711 (32.713)	
6	Schafer, Gus	FR Carleton	4:30.50	1		
	35.342 (35.342)	1:08.169 (32.827)	1:42.128 (33.959)		2:16.754 (34.626)	
	2:50.602 (33.848)	3:24.583 (33.981)	3:57.717 (33.134)		4:30.494 (32.777)	
7	Chambers-Trubatch, Simon	JR Carleton	4:31.41	2		
	34.689 (34.689)	1:07.368 (32.679)	1:41.284 (33.916)		2:15.087 (33.803)	
	2:49.376 (34.289)	3:23.359 (33.983)	3:58.285 (34.926)		4:31.409 (33.124)	
8	Hatlevig, Caleb	SO Macalester	4:32.94	1		
	36.220 (36.220)	1:09.565 (33.345)	1:43.750 (34.185)		2:18.251 (34.501)	
	2:52.954 (34.703)	3:26.776 (33.822)	4:00.597 (33.821)		4:32.935 (32.338)	
9	Hansen, Gavin	SO Bethel (Minn.)	4:32.97	1		
	34.744 (34.744)	1:07.668 (32.924)	1:40.614 (32.946)		2:14.092 (33.478)	
	2:47.919 (33.827)	3:23.191 (35.272)	3:58.497 (35.306)		4:32.968 (34.471)	
10	Galloway, Jordan	SR Macalester	4:33.85	1		
	35.967 (35.967)	1:08.775 (32.808)	1:42.388 (33.613)		2:16.822 (34.434)	
	2:51.281 (34.459)	3:26.968 (35.687)	4:01.166 (34.198)		4:33.846 (32.680)	
11	Walton-Scott, Ben	FR Macalester	4:36.03	2		
	35.265 (35.265)	1:09.042 (33.777)	1:44.353 (35.311)		2:19.356 (35.003)	
	2:54.786 (35.430)	3:29.994 (35.208)	4:03.645 (33.651)		4:36.030 (32.385)	
12	Catton, Weston	JR Bethel (Minn.)	4:36.95	2		
	34.973 (34.973)	1:08.748 (33.775)	1:43.621 (34.873)		2:18.535 (34.914)	
	2:53.675 (35.140)	3:29.571 (35.896)	4:04.277 (34.706)		4:36.943 (32.666)	
13	Koehler, Jonathan	FR Macalester	4:38.22	2		
	34.373 (34.373)	1:08.729 (34.356)	1:44.099 (35.370)		2:18.778 (34.679)	
	2:54.129 (35.351)	3:29.922 (35.793)	4:04.869 (34.947)		4:38.215 (33.346)	
14	Jamison, Andrew	SR Carleton	4:38.63	2		
	35.556 (35.556)	1:08.761 (33.205)	1:08.880 (0.119)		1:43.287 (34.407)	
	2:17.965 (34.678)	2:52.250 (34.285)	3:28.265 (36.015)		4:03.860 (35.595)	
15	Westholm, Ben	SO St. Scholastica	4:40.29	1		
	35.617 (35.617)	1:08.458 (32.841)	1:41.975 (33.517)		2:15.209 (33.234)	
	2:49.362 (34.153)	3:25.094 (35.732)	4:03.729 (38.635)		4:40.286 (36.557)	
16	Bernstein, Ryan	SR Carleton	4:42.27	2		
	36.172 (36.172)	1:09.527 (33.355)	1:44.321 (34.794)		2:19.194 (34.873)	
	2:54.546 (35.352)	3:29.757 (35.211)	4:04.995 (35.238)		4:42.264 (37.269)	
17	Rolf, Weston	SO Bethel (Minn.)	4:47.82	2		
	35.881 (35.881)	1:09.286 (33.405)	1:43.823 (34.537)		2:18.938 (35.115)	
	2:54.926 (35.988)	3:32.512 (37.586)	4:10.854 (38.342)		4:47.816 (36.962)	
18	Dallas, Evan	SR Bethel (Minn.)	4:48.83	1		
	36.353 (36.353)	1:09.841 (33.488)	1:44.014 (34.173)		2:20.875 (36.861)	
	3:01.352 (40.477)	3:39.799 (38.447)	4:16.419 (36.620)		4:48.826 (32.407)	
19	Barberg, Micah	SO Bethel (Minn.)	4:58.04	2		
	36.941 (36.941)	1:12.630 (35.689)	1:12.630 (0.000)		1:50.015 (37.385)	
	2:27.504 (37.489)	3:05.676 (38.172)	3:43.859 (38.183)		4:21.801 (37.942)	
	4:58.035 (36.234)					
20	Segura, Luke	JR Bethel (Minn.)	5:24.07	2		
	39.260 (39.260)	1:17.651 (38.391)	1:57.574 (39.923)		2:39.270 (41.696)	
	3:23.516 (44.246)	4:06.941 (43.425)	4:47.956 (41.015)		5:24.064 (36.108)	

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****....Men 1 Mile Run**

21 Htoo, Aye Roh	SO Hamline	5:24.71	2	
38.746 (38.746)	1:17.355 (38.609)	1:57.389 (40.034)		2:39.065 (41.676)
2:39.065 (0.000)	3:23.253 (44.188)	4:48.428 (1:25.175)		5:24.709 (36.281)
22 Zeidler, Easton	SO Bethel (Minn.)	5:29.17	2	
39.600 (39.600)	1:17.913 (38.313)	1:57.669 (39.756)		2:39.466 (41.797)
3:23.620 (44.154)	4:07.174 (43.554)	4:47.926 (40.752)		5:29.169 (41.243)

Men 3000 Meter Run

Name	Year School	Finals		
1 Bjork, Alex	JR St. Olaf	8:43.77		
33.06 (33.06)	1:07.66 (34.60)	1:43.31 (35.65)		2:19.22 (35.91)
2:54.67 (35.45)	3:30.23 (35.56)	4:06.24 (36.01)		4:41.56 (35.32)
5:16.04 (34.48)	5:50.66 (34.62)	6:25.72 (35.06)		7:00.97 (35.25)
7:35.85 (34.88)	8:10.50 (34.65)	8:43.77 (33.27)		
2 McCabe, Quinn	JR St. Olaf	8:50.27		
34.31 (34.31)	1:08.50 (34.19)	1:44.10 (35.60)		2:19.54 (35.44)
2:55.13 (35.59)	3:30.57 (35.44)	4:06.46 (35.89)		4:41.68 (35.22)
5:16.71 (35.03)	5:52.16 (35.45)	6:28.15 (35.99)		7:03.54 (35.39)
7:39.06 (35.52)	8:15.02 (35.96)	8:50.27 (35.25)		
3 Max, Parker	SR St. Olaf	8:50.98		
33.91 (33.91)	1:08.26 (34.35)	1:43.71 (35.45)		2:18.95 (35.24)
2:54.19 (35.24)	3:29.90 (35.71)	4:05.43 (35.53)		4:40.46 (35.03)
5:15.54 (35.08)	5:51.05 (35.51)	6:26.36 (35.31)		7:03.81 (37.45)
7:40.70 (36.89)	8:17.26 (36.56)	8:50.98 (33.72)		
4 Deaver, Jack	SR St. Olaf	8:53.48		
32.61 (32.61)	1:06.59 (33.98)	1:41.71 (35.12)		2:17.41 (35.70)
2:53.59 (36.18)	3:29.56 (35.97)	4:05.71 (36.15)		4:41.49 (35.78)
5:17.42 (35.93)	5:53.76 (36.34)	6:31.11 (37.35)		7:07.93 (36.82)
7:44.53 (36.60)	8:20.91 (36.38)	8:53.48 (32.57)		
5 Moshfeghi, Martin	FR Carleton	8:58.68		
34.07 (34.07)	1:09.88 (35.81)	1:46.68 (36.80)		2:24.37 (37.69)
3:01.67 (37.30)	3:38.29 (36.62)	4:14.66 (36.37)		4:51.49 (36.83)
5:28.03 (36.54)	6:04.32 (36.29)	6:40.44 (36.12)		7:16.87 (36.43)
7:52.90 (36.03)	8:27.13 (34.23)	8:58.68 (31.55)		
6 Goddard, Evan	FR St. Olaf	8:58.75		
33.75 (33.75)	1:09.10 (35.35)	1:44.76 (35.66)		2:20.66 (35.90)
2:57.20 (36.54)	3:33.09 (35.89)	4:10.27 (37.18)		4:47.19 (36.92)
5:23.69 (36.50)	6:00.88 (37.19)	6:38.58 (37.70)		7:15.64 (37.06)
7:52.29 (36.65)	8:27.46 (35.17)	8:58.75 (31.29)		
7 Guasco, Ian	FR St. Olaf	9:02.26		
34.06 (34.06)	1:09.54 (35.48)	1:45.38 (35.84)		2:21.66 (36.28)
2:58.15 (36.49)	3:35.14 (36.99)	4:11.65 (36.51)		4:48.02 (36.37)
5:24.35 (36.33)	6:01.52 (37.17)	6:38.44 (36.92)		7:15.36 (36.92)
7:52.84 (37.48)	8:28.56 (35.72)	9:02.26 (33.70)		
8 Cozine, Ethan	JR St. Olaf	9:04.69		
33.60 (33.60)	1:08.57 (34.97)	1:44.50 (35.93)		2:20.46 (35.96)
2:56.88 (36.42)	3:32.95 (36.07)	4:10.08 (37.13)		4:47.59 (37.51)
5:24.09 (36.50)	6:01.27 (37.18)	6:39.00 (37.73)		7:16.07 (37.07)
7:53.49 (37.42)	8:29.25 (35.76)	9:04.69 (35.44)		

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****...Men 3000 Meter Run**

9 Gundersen, Cooper	SO St. Olaf	9:11.43		
33.54 (33.54)	1:08.07 (34.53)	1:43.89 (35.82)	2:20.21 (36.32)	
2:56.75 (36.54)	3:33.56 (36.81)	4:11.52 (37.96)	4:48.93 (37.41)	
5:26.42 (37.49)	6:04.70 (38.28)	6:42.57 (37.87)	7:21.04 (38.47)	
7:59.00 (37.96)	8:35.95 (36.95)	9:11.43 (35.48)		
10 McFetridge, Jack	SR St. Olaf	9:25.15		
35.59 (35.59)	1:12.45 (36.86)	1:50.72 (38.27)	2:27.90 (37.18)	
3:05.56 (37.66)	3:42.43 (36.87)	4:19.85 (37.42)	4:57.80 (37.95)	
5:36.13 (38.33)	6:14.75 (38.62)	6:53.79 (39.04)	7:32.39 (38.60)	
8:11.14 (38.75)	8:49.24 (38.10)	9:25.15 (35.91)		
11 Stouffis, Nikolas	FR St. Scholastica	9:30.56		
34.49 (34.49)	1:10.25 (35.76)	1:46.23 (35.98)	2:22.83 (36.60)	
2:59.95 (37.12)	3:37.38 (37.43)	4:15.19 (37.81)	4:52.26 (37.07)	
5:29.96 (37.70)	6:08.64 (38.68)	6:47.96 (39.32)	7:28.41 (40.45)	
8:09.15 (40.74)	8:50.46 (41.31)	9:30.56 (40.10)		
12 Marsh, Owen	FR St. Olaf	9:33.39		
35.71 (35.71)	1:12.81 (37.10)	1:50.99 (38.18)	2:28.20 (37.21)	
3:06.21 (38.01)	3:43.85 (37.64)	4:22.35 (38.50)	5:00.94 (38.59)	
5:40.37 (39.43)	6:19.58 (39.21)	6:59.15 (39.57)	7:38.41 (39.26)	
8:17.78 (39.37)	8:58.47 (40.69)	9:33.39 (34.92)		
13 Gundale, Charlie	FR Bethel (Minn.)	9:35.56		
35.27 (35.27)	1:12.25 (36.98)	1:50.52 (38.27)	2:28.86 (38.34)	
3:07.18 (38.32)	3:45.04 (37.86)	4:23.08 (38.04)	5:01.55 (38.47)	
5:40.38 (38.83)	6:19.49 (39.11)	6:58.35 (38.86)	7:38.23 (39.88)	
8:18.57 (40.34)	8:59.31 (40.74)	9:35.56 (36.25)		
14 Whalen, Max	FR Carleton	9:37.69		
36.23 (36.23)	1:13.26 (37.03)	1:51.23 (37.97)	2:28.48 (37.25)	
3:06.79 (38.31)	3:44.40 (37.61)	4:22.67 (38.27)	5:01.15 (38.48)	
5:40.11 (38.96)	6:19.16 (39.05)	6:57.83 (38.67)	7:37.77 (39.94)	
8:18.16 (40.39)	8:59.08 (40.92)	9:37.69 (38.61)		
15 Tuggle, Wade	SO Hamline	9:43.39		
36.66 (36.66)	1:15.24 (38.58)	1:55.24 (40.00)	2:34.69 (39.45)	
3:14.30 (39.61)	3:54.34 (40.04)	4:34.18 (39.84)	5:14.21 (40.03)	
5:53.64 (39.43)	6:32.86 (39.22)	7:12.41 (39.55)	7:52.09 (39.68)	
8:31.43 (39.34)	9:10.27 (38.84)	9:43.39 (33.12)		
16 Marker, Braeden	JR St. Olaf	9:43.94		
34.56 (34.56)	1:11.04 (36.48)	1:49.06 (38.02)	2:27.70 (38.64)	
3:06.22 (38.52)	3:45.19 (38.97)	4:24.52 (39.33)	5:04.37 (39.85)	
5:44.28 (39.91)	6:24.37 (40.09)	7:05.12 (40.75)	7:46.52 (41.40)	
8:27.33 (40.81)	9:08.66 (41.33)	9:43.94 (35.28)		

Men 60 Meter Hurdles

Name	Year School	Finals
1 Suah, Morris	JR Hamline	8.40
8.394 (8.394)		
2 Stefanowicz, Sebastian	SR Macalester	8.51
8.507 (8.507)		
3 Stundahl, Trevor	FR Bethel (Minn.)	8.78
8.777 (8.777)		
4 Mahamud, Hamza	SR Macalester	8.92
8.914 (8.914)		
5 Hoelzel, Gavin	JR St. Olaf	9.00
8.996 (8.996)		

St. Olaf Tostrud Classic - 2/20/2026
Tostrud Center, St. Olaf College
Results

....Men 60 Meter Hurdles

6 Tchounbia, Kenan	SO St. Olaf	9.33
9.326 (9.326)		
7 Lapinski, Will	JR St. Olaf	9.43
9.422 (9.422)		
8 Checco de Souza, Anthony	FR Bethel (Minn.)	11.69
11.686 (11.686)		

Men 4x200 Meter Relay

School	Finals
1 Bethel (Minn.) 'A'	1:29.28
1) Raitz, Sam JR	2) Feig, Stephen FR
3) Sportel, Will SO	4) Stundahl, Trevor FR
1:29.280 (1:29.280)	
2 Hamline 'A'	1:32.58
1) Blackshere, Jukari FR	2) Williams, Michael SO
3) Pittman, Miquel FR	4) Zulu, Rufus FR
1:32.572 (1:32.572)	
3 Hamline 'B'	1:39.69
1) Suah, Morris JR	2) Aki, Jacob FR
3) Deloach, Isaiah FR	4) Amberg, Kaeden SR
1:39.681 (1:39.681)	

Men High Jump

Name	Year School	Finals
1 Suah, Morris	JR Hamline	1.80m 5-10.75
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.83		
PPP PPP PPP PPP O XO XXX		
2 Reade, Jackson	FR Carleton	J1.80m 5-10.75
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.83		
PPP PPP PPP PPP XO XO XXX		
3 Truss, Antone	Unattached	J1.80m 5-10.75
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.83		
PPP PPP PPP XO XO XXO XXO XXX		
4 Stanton, Jeremiah	SR Martin Luther	1.75m 5-08.75
1.50 1.55 1.60 1.65 1.70 1.75 1.80		
O O O O O O XXX		
5 Heldman, Lucas	SO Carleton	J1.75m 5-08.75
1.50 1.55 1.60 1.65 1.70 1.75 1.80		
PPP PPP PPP O XO O XXX		
5 Eggleston, Colten	SO Hamline	J1.75m 5-08.75
1.50 1.55 1.60 1.65 1.70 1.75 1.80		
PPP PPP PPP O XO O XXX		
7 Holtz, Lucas	JR Martin Luther	1.65m 5-05.00
1.50 1.55 1.60 1.65 1.70		
O O O O XXX		
8 Tchounbia, Kenan	SO St. Olaf	J1.65m 5-05.00
1.50 1.55 1.60 1.65 1.70		
O PPP O XXO XXX		
9 Ungemach, Joseph	FR Martin Luther	1.50m 4-11.00
1.50 1.55		
XXO XXX		

St. Olaf Tostrud Classic - 2/20/2026
Tostrud Center, St. Olaf College
Results

....Men Pole Vault

16 Daenzer, Luke	SR Bethel (Minn.)	3.16m	10-04.25
2.56 2.71 2.86 3.01 3.16 3.31 3.46			
PPP PPP PPP PPP O PPP XXX			
16 Haglin, Alan	SO Hamline	3.16m	10-04.25
2.56 2.71 2.86 3.01 3.16 3.31			
O O O O O X			
18 Ross, Chandler	SR Martin Luther	J3.16m	10-04.25
2.56 2.71 2.86 3.01 3.16 3.31			
PPP PPP O O XO XXX			
19 Dart, Jayden	FR Bethel (Minn.)	J3.16m	10-04.25
2.56 2.71 2.86 3.01 3.16 3.31			
PPP O O O XXO XXX			
20 Hubers, Timothy	FR Bethel (Minn.)	J3.16m	10-04.25
2.56 2.71 2.86 3.01 3.16 3.31			
PPP PPP XXO XXO XXO XXX			
21 Frankel, Charlie	JR Macalester	3.01m	9-10.50
2.56 2.71 2.86 3.01 3.16			
O PPP O XO XXX			
-- Steinhofner, Brendan	FR St. Olaf	NH	
2.56			
XXX			

Men Long Jump

Name	Year School	Finals
1 Albertson, Max	JR St. Olaf	6.95m 22-09.75
FOUL 6.80m 6.72m FOUL 6.95m 6.82m		
2 Budiman, Josiah	SR Hamline	6.81m 22-04.25
6.81m FOUL 6.55m		
3 Cumps, Rik	SO St. Olaf	6.69m 21-11.50
6.51m 6.69m 6.21m 6.31m 6.31m 6.65m		
4 Watson, Isaiah	SO Hamline	6.36m 20-10.50
6.09m 6.30m 6.20m FOUL 6.36m FOUL		
5 Lee, Iain	SR Hamline	6.11m 20-00.50
5.58m FOUL 5.89m 5.89m 6.00m 6.11m		
6 Kaster, Soren	JR Carleton	6.08m 19-11.50
5.81m 6.08m 6.04m		
7 Rieder, Ben	FR Bethel (Minn.)	J6.08m 19-11.50
5.92m 6.02m FOUL 6.08m FOUL FOUL		
8 Olson, Jesse	JR St. Olaf	5.97m 19-07.00
5.48m 5.81m 5.81m 5.97m 5.80m 5.86m		
9 Pittman, Miquel	FR Hamline	5.81m 19-00.75
5.73m 5.81m 5.45m 5.72m 5.72m 5.66m		
10 Jones, Max	SO Carleton	5.79m 19-00.00
5.79m FOUL FOUL		
11 Haglin, Alan	SO Hamline	5.37m 17-07.50
5.27m 5.30m 5.37m		
12 Arens, Will	FR St. Olaf	5.21m 17-01.25
5.21m 5.20m 5.16m		

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****Men Triple Jump**

Name	Year	School	Finals	
1 Mensah, Ataa	SO	Macalester	13.90m	45-07.25
FOUL	12.23m	13.90m	13.37m	PASS PASS
2 Albertson, Max	JR	St. Olaf	13.66m	44-09.75
FOUL	13.52m	13.66m	FOUL	13.45m FOUL
3 Cumps, Rik	SO	St. Olaf	13.39m	43-11.25
FOUL	13.34m	13.39m	FOUL	12.85m 13.17m
4 Stanton, Jeremiah	SR	Martin Luther	J13.39m	43-11.25
13.39m	FOUL	13.32m	13.00m	13.07m PASS
5 Miyagawa, Garner	FR	Macalester	12.84m	42-01.50
FOUL	12.58m	12.84m	12.55m	PASS PASS
6 Jamieson, R.E	FR	St. Olaf	12.61m	41-04.50
12.61m	12.52m	12.60m	12.35m	12.53m 12.47m
7 Lenz, Lucas	FR	Carleton	12.18m	39-11.50
FOUL	FOUL	11.93m	11.66m	11.86m 12.18m
8 Eggleston, Colten	SO	Hamline	11.35m	37-03.00
FOUL	11.08m	FOUL	FOUL	FOUL 11.35m
9 Arens, Will	FR	St. Olaf	11.29m	37-00.50
10.90m	11.15m	11.29m	11.13m	11.07m 11.03m
-- Zulu, Rufus	FR	Hamline	FOUL	
FOUL	FOUL	FOUL		

Men Shot Put

Name	Year	School	Finals	H#
1 Hageman, Dylan	FR	Bethel (Minn.)	14.43m	47-04.25 2
14.43m	14.04m	13.41m	FOUL	FOUL FOUL
2 Hokanson, Adam	SR	Bethel (Minn.)	14.21m	46-07.50 2
14.01m	13.73m	13.45m	13.89m	13.65m 14.21m
3 Ritz, Jonathan	SO	Bethel (Minn.)	13.97m	45-10.00 2
13.38m	13.56m	13.20m	13.97m	13.70m 13.41m
4 Herman, Eddie	SO	Hamline	13.66m	44-09.75 2
13.58m	13.31m	13.66m	13.21m	FOUL 12.73m
5 Porto, Artur	SO	Macalester	13.61m	44-08.00 2
12.81m	12.73m	13.10m	12.87m	12.57m 13.61m
6 Thurston, Dillon	FR	Hamline	12.77m	41-10.75 2
12.28m	11.66m	11.78m	12.77m	12.58m 12.43m
7 Peters, Alex	FR	Macalester	12.65m	41-06.00 1
11.95m	FOUL	12.65m	FOUL	12.50m FOUL
8 Edo-Ohanba, Esosa	JR	St. Olaf	12.49m	40-11.75 1
11.52m	12.31m	12.14m	12.49m	FOUL 12.36m
9 Elseth, Aaron	SR	Bethel (Minn.)	12.00m	39-04.50 1
11.80m	11.50m	12.00m	11.34m	11.14m 11.31m
10 Malmberg, Erik	FR	St. Scholastica	11.99m	39-04.00 2
11.65m	11.99m	FOUL		
11 Vu, Davian	FR	Hamline	11.33m	37-02.25 2
11.33m	FOUL	10.80m		
12 Ewing, Jacob	SO	Hamline	11.18m	36-08.25 1
FOUL	11.18m	FOUL		
13 Cromer, Michael	SR	Hamline	10.57m	34-08.25 1
10.09m	10.25m	10.57m		
14 Perkins, Sam	FR	Macalester	10.55m	34-07.50 1
9.78m	10.27m	10.55m		

St. Olaf Tostrud Classic - 2/20/2026**Tostrud Center, St. Olaf College****Results****....Men Shot Put**

-- Gill, Doug	JR Hamline	FOUL	1
FOUL FOUL FOUL			
-- Peterson, Tanner	FR Hamline	FOUL	1
FOUL FOUL FOUL			

Men Weight Throw

Name	Year	School	Finals	H#	
1 Ball, Timmy	SO	Bethel (Minn.)	16.57m	54-04.50	2
FOUL 15.72m	FOUL	16.03m 15.81m 16.57m			
2 Conant, Philip	JR	Bethel (Minn.)	16.46m	54-00.00	2
15.18m FOUL 15.33m		16.19m 16.46m 16.22m			
3 Hokanson, Adam	SR	Bethel (Minn.)	16.29m	53-05.50	2
15.60m FOUL 15.21m		16.29m 15.57m 15.84m			
3 Mills, Austin	SR	Macalester	16.29m	53-05.50	2
FOUL 15.74m 16.29m		14.99m 16.03m 16.09m			
5 Ritz, Jonathan	SO	Bethel (Minn.)	15.64m	51-03.75	2
15.41m FOUL 15.64m	FOUL FOUL FOUL				
6 Gill, Doug	JR	Hamline	14.78m	48-06.00	2
13.71m FOUL 14.78m		13.94m FOUL FOUL			
7 Herman, Eddie	SO	Hamline	13.90m	45-07.25	2
12.34m FOUL 13.63m		13.75m 13.88m 13.90m			
8 Vu, Davian	FR	Hamline	13.79m	45-03.00	2
12.62m FOUL 13.57m		13.79m FOUL FOUL			
9 Thurston, Dillon	FR	Hamline	13.49m	44-03.25	2
13.49m FOUL 13.22m		12.64m FOUL FOUL			
10 Porto, Artur	SO	Macalester	12.25m	40-02.25	1
11.64m FOUL 12.25m					
11 Ewing, Jacob	SO	Hamline	12.22m	40-01.25	1
12.22m FOUL FOUL					
12 Peterson, Tanner	FR	Hamline	12.20m	40-00.50	1
12.18m 12.20m 12.12m					
13 Hageman, Dylan	FR	Bethel (Minn.)	11.87m	38-11.50	1
11.87m 11.49m FOUL					
14 Leon, Niko	FR	Hamline	11.64m	38-02.25	1
11.30m 11.64m 10.82m					
15 Malmberg, Erik	FR	St. Scholastica	11.26m	36-11.50	1
FOUL 11.26m FOUL					
16 Peters, Alex	FR	Macalester	10.33m	33-10.75	1
9.82m FOUL 10.33m					
17 Cromer, Michael	SR	Hamline	9.93m	32-07.00	1
9.76m 9.93m FOUL					
18 Baxter, Patrick	FR	Macalester	9.52m	31-03.00	1
FOUL 9.05m 9.52m					
19 Perkins, Sam	FR	Macalester	8.97m	29-05.25	1
8.80m 8.97m 8.84m					