

St. Olaf Tostrud Classic - 2/17/2024**Tostrud Center, St. Olaf College****Meet Program - Running Events****Event 2 Women 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Saturday 2/17/2024 - 11:00 AM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Askegaard, Linnea	FR	St. Olaf	10.46
2	Hobby, Sarah Beth	SR	Macalester	9.90
3	Berman-Schneider, Natalie	FR	Carleton	NT
4	Sahly, Emma	JR	St. Olaf	10.55
5	Terwedo, Drea	FR	St. Benedict	10.96
6	Richardson, Samantha	FR	St. Benedict	10.95
7	Gray, Jordan		Multistars	8.69
8	Myatt, Tessa	FR	Macalester	9.97
Heat 2 of 3 Prelims				
1	Haugstuen, Logan	FR	St. Olaf	10.62
2	LeFever, Lexi		Multistars	8.94
3	Klein, Aubree	FR	St. Olaf	10.89
4	Makem Ratzinger, Joel	FR	St. Benedict	11.08
5	Josephson, Madi	SO	St. Benedict	10.00
6	Berg, Lauren	SO	St. Benedict	9.78
7	Kemp, Anna	FR	St. Benedict	10.30
8	Witham, Frankie	FR	Hamline	12.51
Heat 3 of 3 Prelims				
1	Adelgren, Anya	FR	St. Benedict	9.43
2	Fuglestad, Elena	FR	Wis.-River F	11.70
3	Schuele, Emma	SO	St. Benedict	10.72
4	Ostrem, Chloe	FR	St. Benedict	10.87
5	Barnd, Nevaeh	FR	Hamline	11.89
6	Rasmussen, Haylie	FR	Wis.-River F	10.25
7	Poore, Riki	SR	St. Olaf	9.57
8	Selisker, Ellie	SR	St. Benedict	10.26

Event 3 Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Saturday 2/17/2024 - 11:15 AM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
2	Lapinski, Will	FR	St. Olaf	10.37
3	Bassett, Jackson	JR	St. Olaf	9.66
4	Balcome, Jacob	FR	Wis.-River F	9.06
5	Cogley, Andrew	JR	St. Olaf	9.55
6	Lightner, Jackson	FR	Hamline	8.55
7	Nissen, Matthew	JR	St. Olaf	9.16
Heat 2 of 2 Prelims				
2	Stefanowicz, Sebastian	SO	Macalester	8.91
3	Powell, Danny	FR	Macalester	9.66
4	Olson, Jesse	FR	St. Olaf	10.05
5	Demetriades, Theo	SO	Carleton	9.43
6	Mahamud, Hamza	SO	Macalester	9.38
7	Suah, Morris	FR	Hamline	8.72

Event 4 Women 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Saturday 2/17/2024 - 11:25 AM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Lott, Bianca	SO	Carleton	8.51
2	Nelson, Myah	SO	St. Benedict	8.40
3	Tomety, Harmony-Keli	FR	Macalester	8.52
4	Chatham, Diarra	FR	Macalester	7.68
5	Falkowski, Caitlin	JR	Macalester	8.94
6	Hunter, Penny	SR	Macalester	8.34
7	Saba, Yinka	SR	Macalester	8.96
Heat 2 of 3 Prelims				
1	Barsness, Eva	FR	St. Olaf	9.14
2	Fuglestad, Elena	FR	Wis.-River F	NT
3	Matre, Zoe	JR	St. Olaf	8.51
4	Gallagher, Kate	SR	St. Benedict	7.89
5	Temeh, Kebeh	FR	Hamline	8.54
6	Carver, Zoe	SO	Macalester	8.41
7	Yoder, Katie	SO	St. Catherin	8.72
8	Johnson, Tiana	SR	St. Benedict	8.19
Heat 3 of 3 Prelims				
1	Kroschel, Karla	SR	St. Olaf	8.12
2	Kubera, Kyla	JR	Wis.-River F	8.59
3	Coburn, Olive	SO	St. Olaf	9.25
4	Chester, Kyla	FR	Hamline	8.49
5	Buntrock, Grace	FR	St. Benedict	8.11
6	Musa, Michelle	FR	Carleton	8.64
7	Roberts, Riley	JR	Carleton	8.42
8	Jore, Ashlyn	FR	St. Olaf	NT

Event 5 Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Saturday 2/17/2024 - 11:35 AM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Engstrom, Oliver	SO	Hamline	NT
2	Nathan, Asher	FR	Carleton	7.50
3	Fisher, Charlie	FR	St. Olaf	7.32
4	Hovde, Trey	JR	Wis.-River F	7.32
5	Sanchez, Peter	SO	Macalester	7.54
6	Thomas, Reece	JR	Hamline	7.22
7	Solberg, Owen	FR	Hamline	7.86
Heat 2 of 2 Prelims				
1	Shanno, Hugh	JR	Carleton	NT
2	Cumps, Julian	JR	St. Olaf	7.55
3	Otis, Mickey	FR	Hamline	7.26
4	Robinson, Ozzie	SO	Hamline	7.64
5	Jensen, Trever	JR	Wis.-River F	7.31
6	Royal, Caleb	JR	Wis.-River F	7.47
7	Lakte, Michael	FR	Hamline	7.38

St. Olaf Tostrud Classic - 2/17/2024
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Meet Program - Running Events

Event 42 Women 5000 Meter Run

Saturday 2/17/2024 - 11:40 AM			
Waterfall Start			
Will be chip timed. Please check in 30 mins. prior to start			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Harvey, Lily	JR St. Catherin	21:45.00
2	Nelson, Brenna	SR St. Catherin	21:45.00

Event 41 Men 5000 Meter Run

Saturday 2/17/2024 - 12:05 PM			
Waterfall Start			
Will be chip timed. Please check in 30 mins. prior to start			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Kreier, Derek	FR Wis.-River F	16:10.00
2	Peters, Sam	JR Wis.-River F	16:54.54
3	Opsahl, Jordan	SO Wis.-River F	16:59.58

Event 9 Women 1 Mile Run

Saturday 2/17/2024 - 12:25 PM			
Waterfall Start			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
1	Ward, Phoebe	JR Carleton	5:17.49
2	Viere, Laina	FR Wis.-River F	5:22.26
3	Nevo, Timna	FR Macalester	5:36.35
4	Rowland, Libby	JR Carleton	5:17.97
5	Larsen, Aliya	SO Carleton	5:17.44
6	Coldren, Ivy	FR Macalester	5:23.59
7	Lyngen, Lucy	SR St. Benedict	5:27.50
8	Kiolbasa, Annie	SR St. Benedict	5:30.00
9	McAlpine, Jaidyn	SO Wis.-River F	5:31.86
10	Radaich, Taylor	FR St. Benedict	5:35.31
11	Leibke, Tatum	SO St. Benedict	5:45.00
12	Olinger, Rachel	SO St. Benedict	5:45.00

Section 2 of 2 Finals			
1	Morgan, Maggie	SR Macalester	6:03.21
2	Castellano, Julia	SO Macalester	6:03.61
3	Gudahl, Emma	SO Wis.-River F	6:06.77
4	Kraabel, Isabel	SO St. Benedict	6:16.58
5	Ellis, Samantha	FR Macalester	5:51.29
6	Bufkin, Abby	FR St. Benedict	5:50.00
7	Roberdeau, Libby	SR Hamline	5:46.67
8	Otero-Ortiz, Tatiana	FR Hamline	NT
9	Opsahl, Peyton	SO Wis.-River F	5:48.89
10	Thompson, Hailley	SO St. Benedict	5:55.00
11	Braunlich, Sammy	SR Wis.-River F	6:01.88
12	Burshem, Ayva	SO St. Benedict	6:10.65

Event 10 Men 1 Mile Run

Saturday 2/17/2024 - 12:40 PM				
Waterfall Start				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Crotteau, Ben	JR	Macalester	4:21.29
2	Munoz, Julian		Unattached	4:15.00
3	McKee, Reece	JR	Macalester	4:21.74
4	Edwards, Tyler	SO	Macalester	4:26.90
5	Turlington, Kevin	SO	St. Olaf	4:18.30
6	Peterson, Brennen		Unattached	4:16.00
7	Ihrke, Nick	JR	Macalester	4:30.96
8	Nichols, Gabe	SO	Carleton	4:24.00
9	Pazdernik, Alex	FR	Wis.-River F	4:35.00
10	Monson, Cole		Unattached	4:31.23
Section 2 of 2 Finals				
1	Adams, Brock	JR	Macalester	4:44.21
2	Koch, Noah	FR	Macalester	4:50.32
3	Chambers-Trubatch, Simon	FR	Carleton	4:44.24
4	Appel, Aidan	JR	Macalester	4:40.22
5	Hanley, Brett	JR	Carleton	4:38.72
6	Schutte, Drew	FR	Wis.-River F	5:02.45
7	McFetridge, Jack	SO	St. Olaf	4:55.56
8	Roetter Gresback, Jasper	FR	Hamline	5:03.74
9	Mauel, Willow	FR	Wis.-River F	4:47.92
10	Vanspriell, Sam	SR	Macalester	4:44.18

Event 37 Women 4x200 Meter Relay

Saturday 2/17/2024 - 12:55 PM			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
5	St. Olaf	A	NT
	1) Storbakken, Emma JR	2) Poore, Riki SR	
	3) Matre, Zoe JR	4) Kroschel, Karla SR	
6	Carleton	A	NT
	1) Roberts, Riley JR	2) Lott, Bianca SO	
	3) Musa, Michelle FR	4) Berman-Schneider, Natalie FR	

Event 11 Women 400 Meter Dash

Saturday 2/17/2024 - 1:00 PM			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
3	Knapp, Emerson	JR St. Benedict	1:02.99
4	Hansen, Sarah	SR Wis.-River F	1:02.87
5	Berg, Lauren	SO St. Benedict	1:01.23
6	Ganley, Mirijana	SR St. Benedict	1:02.70
Section 2 of 2 Finals			
4	Barness, Eva	FR St. Olaf	1:05.50
5	Twitchell, Hadley	SO Carleton	1:03.71
6	Pfeiffer, Ruth	SR St. Olaf	1:03.72

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Event 12 Men 400 Meter Dash

Saturday 2/17/2024 - 1:05 PM			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
3	Ash, Ethan	SR Carleton	53.50
4	Boche, Matt	JR Wis.-River F	53.40
5	Heitler, Arlo	JR Macalester	50.06
6	Nathan, Asher	FR Carleton	51.80
Section 2 of 2 Finals			
3	Lieberman, Boaz	FR Macalester	57.52
4	Lange, Henrik	SO St. Olaf	56.09
5	Iyegha, Charlie	FR St. Olaf	53.72
6	Demetriades, Theo	SO Carleton	54.48

Event 13 Women 600 Meter Run

Saturday 2/17/2024 - 1:10 PM			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
2	Wilkins, Hadley	SO Macalester	1:46.02
3	Erickson, Lara	JR Carleton	1:40.28
4	Cutter, Alice	JR Carleton	1:42.44
5	Anderson, Wren	FR Hamline	1:45.13
Section 2 of 2 Finals			
3	Sieck, Kayla	SO St. Olaf	1:53.00
4	Janes, Savannah	FR Hamline	1:53.18
5	Dauner, Emma	FR St. Olaf	NT

Event 14 Men 600 Meter Run

Saturday 2/17/2024 - 1:20 PM			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
2	Chuol, Makol	FR Macalester	1:29.00
3	Nemecek, Lance	SO St. Olaf	1:24.38
4	Ali, Kalid	JR Macalester	1:25.22
5	Schmidt, Otto	JR St. Olaf	1:26.17

Event 15 Women 800 Meter Run

Saturday 2/17/2024 - 1:45 PM			
3 Alleys; 1-3, 4-6, 7-9; remainder on scratch line.			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
1	Osemwengie, Destiny	FR Macalester	2:29.00
2	Wilson, Rachael	FR St. Olaf	2:28.00
3	Halbach, Megan	SR Wis.-River F	2:28.92
4	Smith, Kalli	JR St. Benedict	2:24.77
5	Manhard, Abbie	SO St. Olaf	2:29.95
6	Witschen, Anabella	FR St. Benedict	2:32.30
7	Pirone, Mara	SO Macalester	2:32.95
8	Taszarek, Leah	FR St. Benedict	2:37.80
9	Warren, Anna	JR Macalester	2:39.39
10	McDonald, Meaghan	SO St. Benedict	2:42.22

Section 2 of 2 Finals

1	Koch, Emily	FR St. Benedict	2:42.76
2	McEwen, Sophie	FR Macalester	2:43.46
3	Neria, Deliah	FR Hamline	2:43.62
4	Thier, Maranda	JR St. Benedict	2:44.05
5	VanMarel, Katelyn	FR St. Benedict	2:45.94
6	Kaster, Marin	FR St. Benedict	2:46.81
7	Peterson, Kaitlyn	FR St. Catherin	2:50.69
8	Curlo, Karoline	SO St. Benedict	2:51.15
9	Neaton, Ella	FR St. Benedict	2:58.95
10	Terwedo, Drea	FR St. Benedict	NT

Event 16 Men 800 Meter Run

Saturday 2/17/2024 - 1:55 PM			
Alleys: 1-3, 4-6, 7-9, Scratch 10			
Lane	Name	Yr School	Seed Time
Section 1 of 2 Finals			
1	Wachter, Dylan	SR Wis.-River F	1:56.79
2	Ash, Ethan	SR Carleton	1:57.74
3	Munson, Logan	SO Wis.-River F	1:57.79
4	Olsson, Tor	JR Macalester	1:58.75
5	Lyness, Indy	SO Carleton	1:59.14
6	Baatrup-Sabo, Jakob	SO St. Olaf	2:01.15
7	Bjork, Alex	FR St. Olaf	2:01.32
8	Estrada, Gabe	JR St. Olaf	2:01.56
9	Cozine, Ethan	FR St. Olaf	2:01.59

Section 2 of 2 Finals

2	Malecha, Thomas	SO Macalester	2:02.06
3	Schonebaum, Henry	SO Macalester	2:02.23
4	Pierce, Charlie	FR Macalester	2:02.72
5	Mackie, Aidan	SO St. Olaf	2:02.82
6	Lebakken, Jay	SO Macalester	2:04.59
7	Korstad, Magnus	SO Wis.-River F	2:04.82
8	Lenz, Luke	SO Wis.-River F	2:11.33

Event 17 Women 1000 Meter Run

Saturday 2/17/2024 - 2:05 PM			
3 Alleys: 1-3, 4-6, 7-9, Remainder on Scratch Line.			
Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Blanchard, Mary	JR Carleton	3:01.62
2	Moeller, Grace	SO St. Olaf	3:04.77
3	Gebert, Katie	SR St. Olaf	3:07.00
4	Verkinnes, Brooke	SO St. Benedict	3:10.00
5	Bradley, Anabel	FR Hamline	3:13.86
6	Maddux, Alicia	SO Hamline	3:13.87
7	Nevo, Timna	FR Macalester	3:15.00
8	Sanchez-Castillo, Daniela	SO Hamline	3:16.00
9	Juzenas, Norah	FR Macalester	3:39.00
10	Lehmann Duke, Celia	SO Carleton	4:08.61

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Meet Program - Running Events

Event 18 Men 1000 Meter Run

Saturday 2/17/2024 - 2:10 PM
3 Alleys: 1-3, 4-6, 7-9, 10-12 Scratch

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Curtis, Ian	JR	St. Olaf	2:33.00
2	Fitzgerald, Ignatius	SO	St. Olaf	2:34.00
3	Getty, Drew	SR	Macalester	2:35.74
4	Wiltse, Daniel	FR	Macalester	2:36.00
5	Marsh, Jackson	JR	St. Olaf	2:36.51
6	Moresi, Kelvin	FR	Macalester	2:36.75
7	Chamberlin, Owen	SO	St. Olaf	2:39.49
8	Doran, Eli	SO	St. Olaf	2:37.87
Section 2 of 2 Finals				
1	Lange, Emerson	SO	Carleton	2:39.76
2	Martel, Ethan	FR	St. Olaf	2:40.52
3	Fells, Christian	FR	St. Olaf	2:41.81
4	Johnson, Wyatt	FR	Wis.-River F	2:44.00
5	Johnson, Henry	FR	St. Olaf	2:44.42
6	Mazor, Ben	JR	Carleton	2:45.81
7	Olson, Jesse	FR	St. Olaf	2:50.00
8	McDevitt, Hayden	FR	Carleton	2:50.46

Event 21 Women 3000 Meter Run

Saturday 2/17/2024 - 3:00 PM
Will be Chip Timed. Please check in 30 mins. prior,
Waterfall Start; 1-12 on row 1, 13 on in row 2

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Kenney, Mary	SO	St. Benedict	10:54.15
2	Kiolbasa, Annie	SR	St. Benedict	10:47.77
3	Tetmeyer, Bridget	SR	St. Benedict	10:50.80
4	Tapajna, Abby	SO	Hamline	11:34.09
5	Carlson, Sofia		Unattached	11:15.00
6	Larsen-Schmidt, Gracia	JR	St. Olaf	11:15.00
7	Hatrack, Lily	SO	Macalester	11:54.46
8	Osemwengie, Destiny	FR	Macalester	11:40.00
9	Gleason, Cate	JR	St. Olaf	11:26.99
10	Bufkin, Abby	FR	St. Benedict	11:55.22
11	Karnitz, Emma	FR	Wis.-River F	11:44.67
12	Votruba, Maggie	JR	Carleton	11:21.78
13	Froh, Maggie	SR	Macalester	11:40.00
14	Leibke, Tatum	SO	St. Benedict	11:45.86
15	Loeffler-Kemp, Mariah	SR	Macalester	11:57.93
16	Stacy, Cate	FR	Macalester	11:58.69
17	Redepenning, Sarah	FR	Hamline	12:16.92
18	Jenkins, Kate	FR	Wis.-River F	11:50.14
19	Korey, Adrienne	SR	Macalester	12:15.95
20	Kraabel, Isabel	SO	St. Benedict	NT

Event 22 Men 3000 Meter Run

Saturday 2/17/2024 - 3:15 PM
Will be chip timed. Please check in 30 mins. prior.
Waterfall Start; 1-12 on row 1, 13 on in row 2

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Hartney, Sean	JR	St. Olaf	8:39.67
2	Max, Parker	SO	St. Olaf	8:41.40
3	Lynn, David	JR	St. Olaf	8:45.00
4	Skemp, Andrew	JR	St. Olaf	8:50.00
5	Cote, Anders	JR	St. Olaf	8:50.00
6	Galloway, Jordan	SO	Macalester	9:08.63
7	Fendig, Alex	SR	Macalester	9:09.39
8	Bernstein, Ryan	SO	Carleton	9:16.76
9	Thompson, Gabe	FR	Macalester	9:20.19
10	Lindner, Sam	FR	St. Olaf	9:27.54
11	Hoisington, Quinn	FR	Macalester	9:28.00
12	Adams, Brock	JR	Macalester	9:28.00
13	Pfeifer, Cory	JR	Wis.-River F	9:37.69
14	Foster, Mason	FR	Wis.-River F	9:45.11
15	Saari, William	JR	Hamline	9:52.12
16	Kaye, Lex	FR	St. Olaf	9:53.81
17	Simcox, Luke	JR	St. Olaf	9:55.36
18	Marker, Braeden	FR	St. Olaf	10:02.42

Event 23 Women 4x400 Meter Relay

Saturday 2/17/2024 - 3:30 PM

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St. Benedict	B	4:15.00
	1) Smith, Kalli JR	2) Verkinnes, Brooke SO	
	3) Lyngen, Lucy SR	4) Witschen, Anabella FR	
4	Wis.-River F	A	4:14.03
	1) Rasmussen, Haylie FR	2) Hansen, Sarah SR	
	3) Fuglestad, Elena FR	4) Halbach, Megan SR	
5	Multistars	A	4:00.00
	1) Gray, Jordan 0	2) LeFever, Lexi 0	
	3) Flach, Lindsay 0	4) Gray, Jessica 0	
6	St. Benedict	A	4:11.87
	1) Nyuga, Sidela SR	2) Ganley, Mirijana SR	
	3) Knapp, Emerson JR	4) Berg, Lauren SO	

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2	Hamline	B	NT
	1) Maddux, Alicia SO		2) Janes, Savannah FR
	3) Neria, Deliah FR		4) Sanchez-Castillo, Daniela SO
3	Wis.-River F	B	4:41.00
	1) Salzman, Jordan SO		2) Braunlich, Sammy SR
	3) Kubera, Kyla JR		4) Schwartz, Brenna SO
4	St. Benedict	C	4:35.00
	1) Radaich, Taylor FR		2) McDonald, Meaghan SO
	3) Taszarek, Leah FR		4) Koch, Emily FR
5	Hamline	A	4:23.00
	1) Aurelius, Andreiana SR		2) Anderson, Wren FR
	3) Bradley, Anabel FR		4) Chester, Kyla FR
6	Carleton	A	4:24.00
	1) Cutter, Alice JR		2) Blanchard, Mary JR
	3) Rowland, Libby JR		4) Larsen, Aliya SO

Event 24 Men 4x400 Meter Relay**Saturday 2/17/2024 - 3:40 PM**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	St. Olaf	B	3:39.00
	1) Gunderson, Tyler JR		2) Fells, Christian FR
	3) Lange, Henrik SO		4) Iyegha, Charlie FR
4	Wis.-River F	B	3:29.07
	1) O'Connor, Isaiah SO		2) Balcome, Jacob FR
	3) Theis, Charlie JR		4) Hovde, Trey JR
5	St. Olaf	A	3:29.06
	1) Fisher, Henry JR		2) Moore, Cullen SO
	3) Nemecek, Lance SO		4) Albertson, Max FR
6	Wis.-River F	A	3:29.06
	1) Jensen, Trever JR		2) Wachter, Dylan SR
	3) Munson, Logan SO		4) Boche, Matt JR
Section 2 of 2 Finals			
4	Wis.-River F	D	3:49.01
	1) Alexander, Joel SR		2) Darling, Cole FR
	3) Habisch, Zane FR		4) Spridco, Jaren FR
5	St. Olaf	C	3:48.00
	1) Cozine, Ethan FR		2) Baatrup-Sabo, Jakob SO
	3) Schmidt, Otto JR		4) Maakestad, Harry SO
6	Wis.-River F	C	3:49.00
	1) Royal, Caleb JR		2) Johnson, Wyatt FR
	3) Lenz, Luke SO		4) Korstad, Magnus SO

St. Olaf Tostrud Classic - 2/17/2024**Tostrud Center, St. Olaf College****Performance List - Running Events****Event 19 Women 200 Meter Dash****Saturday 2/17/2024 - 2:20 PM****Must declare by start of 800m.**

	Name	Yr	School	Seed Time
1	Kroschel, Karla	SR	St. Olaf	26.20
2	Johnson, Tiana	SR	St. Benedict	27.06
3	Hunter, Penny	SR	Macalester	27.36
4	Edison, Elise	FR	Macalester	27.41
5	Aurelius, Andreiana	SR	Hamline	27.44
6	Buntrock, Grace	FR	St. Benedict	27.51
7	Storbakken, Emma	JR	St. Olaf	27.57
8	Nyuga, Sidela	SR	St. Benedict	27.69
9	Twichell, Hadley	SO	Carleton	27.69
10	Wilson, Rachael	FR	St. Olaf	27.70
11	McMahon, Terra	SO	Hamline	27.71
12	Matre, Zoe	JR	St. Olaf	27.78
13	Gallagher, Kate	SR	St. Benedict	27.86
14	Roberts, Riley	JR	Carleton	27.86
15	Nelson, Myah	SO	St. Benedict	28.11
16	Adelgren, Anya	FR	St. Benedict	28.12
17	Sahly, Emma	JR	St. Olaf	28.29
18	Lott, Bianca	SO	Carleton	28.73
19	Temeh, Kebeh	FR	Hamline	28.76
20	Chester, Kyla	FR	Hamline	28.85
21	Tomety, Harmony-Keli	FR	Macalester	29.07
22	Yoder, Katie	SO	St. Catherin	29.17
23	Saba, Yinka	SR	Macalester	29.22
24	Kubera, Kyla	JR	Wis.-River F	29.44
25	Musa, Michelle	FR	Carleton	29.65
26	Richardson, Samantha	FR	St. Benedict	30.16
27	Berman-Schneider, Natalie	FR	Carleton	30.49
28	Ostrem, Chloe	FR	St. Benedict	30.49
29	Coburn, Olive	SO	St. Olaf	30.72
30	Schuele, Emma	SO	St. Benedict	31.12
31	Hamilton, Mercedes	JR	Hamline	32.30

16	VanGundy, Alex	JR	Wis.-River F	25.25
17	Lightner, Jackson	FR	Hamline	25.88
18	Robinson, Ozzie	SO	Hamline	26.32

Event 20 Men 200 Meter Dash**Saturday 2/17/2024 - 2:45 PM****Must declare by start of 800m.**

	Name	Yr	School	Seed Time
1	Fisher, Henry	JR	St. Olaf	23.08
2	Nathan, Asher	FR	Carleton	23.26
3	Hovde, Trey	JR	Wis.-River F	23.64
4	McNearney, Devin	JR	St. Olaf	23.89
5	Otis, Mickey	FR	Hamline	23.89
6	Fisher, Charlie	FR	St. Olaf	23.97
7	Fochtman, Jack	SO	St. Olaf	24.00
8	Ali, Kalid	JR	Macalester	24.02
9	Gunderson, Tyler	JR	St. Olaf	24.02
10	Royal, Caleb	JR	Wis.-River F	24.26
11	Shanno, Hugh	JR	Carleton	24.40
12	Lakte, Michael	FR	Hamline	24.47
13	Chuol, Makol	FR	Macalester	24.50
14	Sanchez, Peter	SO	Macalester	24.56
15	Powell, Danny	FR	Macalester	25.11

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Event 25 Women Weight Throw

Saturday 2/17/2024 - 10:00 AM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Kordus, Grace	SO	St. Catherin	7.81m
2	Roubinek, Graycee	FR	St. Olaf	12.30m
3	Quach, Ajiah	FR	St. Benedict	8.95m
4	Lewandowski, Maggie	FR	St. Catherin	8.65m
5	LeBlanc, Sadie	FR	St. Benedict	8.95m
6	Dates, Desirae	SO	Hamline	11.69m
7	Smith, Christian	FR	St. Benedict	10.70m
8	Biniek, Abby	FR	Wis.-River F	11.21m
9	Blake, Romona-Shae	SO	Hamline	10.81m
10	Lighthill, Otelia	FR	St. Olaf	11.24m
11	Torres, Alexis	JR	St. Benedict	11.59m
Flight 2 of 2 Finals				
1	Graham, Jasmine	SR	Wis.-River F	13.75m
2	Brainer, Lexi	JR	Hamline	15.89m
3	Haase, Katie	SR	Wis.-River F	14.20m
4	Bosman, Neenah	JR	Carleton	13.62m
5	Joos, Haley	SR	St. Benedict	13.37m
6	Horvath, Chando	SR	St. Catherin	13.93m
7	Reed, Madison	SR	Hamline	15.96m
8	Lin, Jessica	FR	Macalester	13.31m
9	Irsfeld, Peyton	SR	St. Olaf	13.56m
10	Hunt, Jade	JR	Hamline	12.42m

Event 26 Men Weight Throw

Saturday 2/17/2024 - 11:50 AM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Frankel, Charlie	FR	Macalester	10.93m
2	Edo-Ohanba, Esosa	FR	St. Olaf	10.40m
3	Sullivan, Liam	FR	Carleton	8.74m
4	Morris, Noah	FR	Carleton	10.43m
5	Mills, Austin	SO	Macalester	14.23m
6	Bigman, TaShawn	FR	Hamline	10.29m
7	Massey, Harry	FR	Hamline	9.99m
8	Kaiser, Dylan	FR	Wis.-River F	12.30m
9	Yang, Aiden	SO	Macalester	12.42m

Event 27 Women Shot Put

Saturday 2/17/2024 - 1:15 PM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Fuglestad, Elena	FR	Wis.-River F	8.73m
2	Tracy, Brooke	SO	Hamline	10.12m
3	Blake, Romona-Shae	SO	Hamline	10.07m
4	Witham, Frankie	FR	Hamline	8.92m
5	Albers, Marissa	FR	Hamline	ND
6	Lewandowski, Maggie	FR	St. Catherin	9.08m
7	Barnd, Nevaeh	FR	Hamline	7.48m
8	Quach, Ajiah	FR	St. Benedict	8.40m
9	Rasmussen, Haylie	FR	Wis.-River F	8.51m
10	Torres, Alexis	JR	St. Benedict	9.98m
11	LeBlanc, Sadie	FR	St. Benedict	9.91m
12	Burmeister, Malori	SO	Hamline	9.90m
13	Kordus, Grace	SO	St. Catherin	8.85m
14	Hannah, Gabrielle	JR	Hamline	6.74m
Flight 2 of 2 Finals				
1	Clifford, Ali	FR	Wis.-River F	11.50m
2	Lin, Jessica	FR	Macalester	11.64m
3	Joos, Haley	SR	St. Benedict	11.13m
4	Smith, Christian	FR	St. Benedict	10.47m
5	Lighthill, Otelia	FR	St. Olaf	10.27m
6	Gray, Jordan		Multistars	13.61m
7	Brainer, Lexi	JR	Hamline	11.12m
8	Meyers, Molly	SR	Hamline	13.15m
9	Dates, Desirae	SO	Hamline	12.47m
10	Irsfeld, Peyton	SR	St. Olaf	10.19m
11	Horvath, Chando	SR	St. Catherin	10.93m
12	Biniek, Abby	FR	Wis.-River F	10.40m
13	LeFever, Lexi		Multistars	11.38m
14	Roubinek, Graycee	FR	St. Olaf	10.42m

Event 28 Men Shot Put

Saturday 2/17/2024 - 2:30 PM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Kaiser, Dylan	FR	Wis.-River F	10.56m
2	Yang, Aiden	SO	Macalester	10.71m
3	Massey, Harry	FR	Hamline	12.21m
4	Bigman, TaShawn	FR	Hamline	10.27m
5	Sullivan, Liam	FR	Carleton	10.24m
6	Theis, Charlie	JR	Wis.-River F	11.28m
7	Frankel, Charlie	FR	Macalester	7.76m
8	Olson, Jesse	FR	St. Olaf	ND
9	Balcome, Jacob	FR	Wis.-River F	11.50m
10	Morris, Noah	FR	Carleton	10.69m
11	Sindelir, Brady	JR	Wis.-River F	14.62m
12	Mills, Austin	SO	Macalester	12.09m
13	Edo-Ohanba, Esosa	FR	St. Olaf	11.18m

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Event 29 Women Long Jump

Saturday 2/17/2024 - 10:00 AM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Anderson, Danielle	SR	St. Benedict	4.29m
2	Sikes, Jane	JR	St. Olaf	4.15m
3	Barnd, Nevaeh	FR	Hamline	4.37m
4	LeFever, Lexi		Multistars	4.20m
5	Hannah, Gabrielle	JR	Hamline	4.40m
6	Gray, Jordan		Multistars	4.00m
7	Terwedo, Drea	FR	St. Benedict	3.76m
8	Fuglestad, Elena	FR	Wis.-River F	4.32m
9	Makem Ratzinger, Joel	FR	St. Benedict	4.26m
10	Rasmussen, Haylie	FR	Wis.-River F	4.27m
Flight 2 of 2 Finals				
1	Luepke, Bria	SO	Hamline	4.41m
2	Parker, Ainslee	SR	St. Olaf	5.07m
3	Klein, Aubree	FR	St. Olaf	4.59m
4	Johnson, Lily	JR	St. Olaf	4.68m
5	Floren, Justus	JR	St. Benedict	5.00m
6	Solheid, Sami	FR	St. Benedict	4.82m
7	Selisker, Ellie	SR	St. Benedict	5.27m
8	Jore, Ashlyn	FR	St. Olaf	5.43m
9	Farquharson, Sabriya	FR	St. Benedict	5.29m
10	Albers, Marissa	FR	Hamline	4.73m

Event 30 Men Long Jump

Saturday 2/17/2024 - 11:30 AM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Veimau, Justin	SR	Macalester	5.83m
2	Hovde, Trey	JR	Wis.-River F	5.82m
3	Rikkens, Sam	JR	St. Olaf	5.72m
4	Habisch, Zane	FR	Wis.-River F	ND
5	Kaster, Soren	FR	Carleton	5.36m
6	Wang, Kevin	SO	Macalester	4.67m
7	Solberg, Owen	FR	Hamline	ND
Flight 2 of 2 Finals				
1	Moo, Eh Ler	JR	St. Olaf	6.71m
2	VanGundy, Alex	JR	Wis.-River F	6.50m
3	Spridco, Jaren	FR	Wis.-River F	5.86m
4	Balcome, Jacob	FR	Wis.-River F	6.83m
5	Hodin, Riley	JR	Macalester	5.99m
6	O'Connor, Isaiah	SO	Wis.-River F	7.02m
7	Charlton, Josh	JR	St. Olaf	6.32m
8	Theis, Charlie	JR	Wis.-River F	6.35m

Event 43 Women Triple Jump

Saturday 2/17/2024 - 1:00 PM				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Schwartz, Brenna	SO	Wis.-River F	10.22m
2	Parker, Ainslee	SR	St. Olaf	10.47m
3	Cappellmann, Lauren	SO	Macalester	ND
4	Farquharson, Sabriya	FR	St. Benedict	11.11m
5	Anderson, Danielle	SR	St. Benedict	9.56m
6	Jore, Ashlyn	FR	St. Olaf	ND
7	Sikes, Jane	JR	St. Olaf	9.13m

Event 32 Men Triple Jump

Saturday 2/17/2024 - 2:00 PM				
Top 9 to Final				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Albertson, Max	FR	St. Olaf	12.96m
2	Hodin, Riley	JR	Macalester	13.23m
3	Moo, Eh Ler	JR	St. Olaf	ND
4	Cogley, Andrew	JR	St. Olaf	ND
5	Alexander, Joel	SR	Wis.-River F	13.41m
6	Habisch, Zane	FR	Wis.-River F	12.54m
7	Wang, Kevin	SO	Macalester	ND
8	Veimau, Justin	SR	Macalester	12.66m
9	Spridco, Jaren	FR	Wis.-River F	11.91m
10	Rikkens, Sam	JR	St. Olaf	ND
11	Braun, Michael	JR	Hamline	13.07m

Event 34 Men High Jump

Saturday 2/17/2024 - 10:00 AM				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Theis, Charlie	JR	Wis.-River F	1.65m
2	Demetriades, Theo	SO	Carleton	1.71m
3	Habisch, Zane	FR	Wis.-River F	1.80m
4	Cline-Cole, Ethan	SO	Carleton	1.80m
5	Suah, Morris	FR	Hamline	1.80m
6	Lapinski, Will	FR	St. Olaf	1.81m
7	Balcome, Jacob	FR	Wis.-River F	1.95m
8	Marial, Yaih	SO	Wis.-River F	2.00m

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Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Makem Ratzinger, Joel	FR	St. Benedict	1.20m
2	Brown, Sam	FR	St. Benedict	1.25m
3	Myatt, Tessa	FR	Macalester	1.30m
4	Cappelmann, Lauren	SO	Macalester	1.35m
5	Johnson, Lily	JR	St. Olaf	1.40m
6	Perry, Aiyana	FR	St. Olaf	1.44m
7	Pfeiffer, Ruth	SR	St. Olaf	1.45m
8	Hobby, Sarah Beth	SR	Macalester	1.51m
9	Larson, Mara	FR	St. Olaf	1.54m

Event 35 Women Pole Vault**Saturday 2/17/2024 - 10:00 AM**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Askegaard, Linnea	FR	St. Olaf	NH
2	Brown, Sam	FR	St. Benedict	2.05m
3	Ehlers, Lucy	FR	Hamline	2.50m
4	Boyd, Roen	SO	Macalester	2.55m
5	Wilson, Seneca	FR	Macalester	2.65m
6	Hatcher, Grace	JR	Hamline	2.65m
7	Hintzman, Megan	SR	Wis.-River F	2.68m
8	Salzman, Jordan	SO	Wis.-River F	2.68m
9	Luepke, Bria	SO	Hamline	2.80m
10	Dale, Kalea	FR	Wis.-River F	3.17m
11	Raidt, LiLi	FR	St. Benedict	3.18m
12	Gray, Jordan		Multistars	3.32m
13	Gunderson, Annika	SO	Wis.-River F	3.47m
14	Ahlberg, Jaylyn	SO	St. Benedict	3.63m

Event 36 Men Pole Vault**Saturday 2/17/2024 - 12:45 PM**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Anderson, Reese	SO	Carleton	3.05m
2	Theis, Charlie	JR	Wis.-River F	3.20m
3	Peterson, Trey	FR	St. Olaf	3.42m
4	Adams, Tim	JR	Carleton	3.52m
5	Menter, Forest	SO	St. Olaf	3.56m
6	Lord, Demetri	JR	St. Olaf	3.60m
7	Hoelzel, Gavin	FR	St. Olaf	3.75m
8	Darling, Cole	FR	Wis.-River F	4.01m
9	Collins, Spencer	FR	St. Olaf	4.02m
10	Kaster, Soren	FR	Carleton	4.07m
11	Engstrom, Oliver	SO	Hamline	4.10m
12	Johnson, Blake	SO	Wis.-River F	4.16m
13	Alexander, Joel	SR	Wis.-River F	4.30m
14	Schloeder, Austin	FR	Hamline	4.35m
15	Arnold, Dylan	JR	St. Olaf	4.45m
16	Stauffer, Joe	SR	Wis.-River F	4.60m