



ST. CLOUD STATE HUSKIES

WRESTLING - 2022-23 DUAL NOTES - DECEMBER 4, 2022

Five NCAA DII Championships | 17 NCAA DII Champions | 148 NCAA DII All-Americans | 111 Region and Conference Champions
Three U.S. Olympians | 15 Top-Five National Finishes | 16 Conference Championships | Nine NCAA DII Super Region Championships

2022-23 SCHEDULE

DATE	OPPONENT	TV	TIME (CT)
Nov. 5	at Yellowjacket Open	-	8 Champs
Nov. 12	at Dakota Wesleyan Open	-	6 Champs
Dec. 3	at Dragon Open	-	10 am
Dec. 4	No. 16 Western Colorado #	RMAC Network	10 am
Dec. 4	at (RV) Chadron State #	RMAC Network	1 pm
Dec. 4	San Francisco State #	RMAC Network	2:30 pm
Jan. 6	TBD ^	FloWrestling	TBD
Jan. 6	TBD ^	FloWrestling	TBD
Jan. 7	TBD ^	FloWrestling	TBD
Jan. 7	TBD ^	FloWrestling	TBD
Jan. 12	No. 11 UW-Parkside *	NSIC Network	7 pm
Jan. 15	No. 8 Augustana *	NSIC Network	3 pm
Jan. 21	No. 20 Minnesota State-Mankato *	NSIC Network	2 pm
Jan. 27	MSU-Moorhead *	NSIC Network	7 pm
Jan. 28	No. 20 Northern State *	NSIC Network	2 pm
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Feb. 10	No. 22 Mary *	NSIC Network	7 pm
Feb. 11	(RV) Minot State *	NSIC Network	2 pm
Feb. 16	No. 23 Southwest Minn. State *	NSIC Network	7 pm
Feb. 25	NCAA Super Region V !	NSIC Network	All Day
Mar. 10	NCAA National Championships \$	TrackWrestling	All Day
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BOLD - Home Dual

* - NSIC Dual

- Chadron State Duals, Chadron, Neb.

^ - NWCA National Duals, Louisville, Ky.

! - NCAA Super Region V Championships, Aberdeen, S.D.

\$ - NCAA National Championships, Cedar Rapids, Iowa

* ALL DATES AND TIMES SUBJECT TO CHANGE *

ST. CLOUD STATE ATHLETIC COMMUNICATIONS

THOMAS BREACH, ASSISTANT DIRECTOR

thomas.breach@stcloudstate.edu

Halenbeck Hall 328, 720 4th Ave S, St. Cloud, MN 56301

DUAL 1 | DEC. 4, 2022 | 10:00 AM | CHICOINE CENTER | TV: RMAC NETWORK



VS.



NO. 1 ST. CLOUD STATE HUSKIES

0-0 Overall | 0-0 NSIC

Head Coach: Steve Costanzo

Record at St. Cloud State: 243-29 | 17th Season

All-Time Record: 304-59-2 | 24th Season

NO. 16 WESTERN COLORADO

1-1 Overall | 0-0 RMAC

Head Coach: Charlie Pipher

Record at Western Colorado: 50-27 | 6th Season

All-Time Record: Same

PROBABLE STARTERS

Ashton Clark	125	No. 12 Patrick Allis
Caleb Meekins OR Sam Spencer	133	Alex Alvarez
Alyeus Craig	141	Dean Noble
Cameron Riggs OR Joey Bianchini	149	No. 5 Jason Hanenberg
Nick Novak OR Jimmy Pierandozzi	157	Walker Heckendorf
No. 10 Anthony Herrera OR Jared Head	165	No. 4 Hunter Mullin
No. 1 Abner Romero OR Bryce Dagel	174	No. 9 Cole Hernandez
Shaeden Scheidt OR Tyson Meyer	184	Cole Gray
No. 5 Dominic Murphy	197	Porter Fox
Elijah Novak OR Jadon Mims	HWT	Zachery Schraeder

BLIZZARD'S BULLETS

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OPENING SHOTS

No. 1 St. Cloud State Wrestling begins their appearance at the Chadron State Duals with a bout against No. 16 Western Colorado. The Huskies are 3-1-1 all-time versus the Mountaineers in a series that began in 1965-66. SCSU defeated Western 33-16 in 2019-20 at home in their last meeting behind four bonus-point wins.

SIZING UP THE MOUNTAINEERS

No. 16 Western Colorado enters the Chadron State Duals 1-1 with a 27-9 win over then-No. 10 Colorado Mesa and a 29-18 loss to Air Force. The Mountaineers are led by four NWCA-ranked wrestlers with a particularly-strong middle weight group - No. 4 Hunter Mullin competes at 165, No. 5 Jason Hanenberg is a staple at 149 with No. 9 Cole Hernandez at 174 and No. 12 Patrick Allis at 125. Mullin and Allis have each earned All-American honors in their careers while Hanenberg is a two-time NCAA qualifier. Head coach Charlie Pipher is fresh off earning his 50th collegiate win in Western's dual with Colorado Mesa.

NOT MUCH HISTORY

Very few Huskies have collegiate matches against WCU wrestlers under their belts. No. 2 Joey Bianchini lost by fall to Jason Hanenberg in 2019 at 141 pounds - one of just three losses that the redshirt senior has taken in 64 collegiate bouts. Both wrestlers are listed at 149 pounds entering the duals.





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THOMAS BREACH, ASSISTANT DIRECTOR

thomas.breach@stcloudstate.edu

Halenbeck Hall 328, 720 4th Ave S, St. Cloud, MN 56301

DUAL 2 | DEC. 4, 2022 | 1:00 PM | CHICOINE CENTER | TV: RMAC NETWORK



at



NO. 1 ST. CLOUD STATE HUSKIES

0-0 Overall | 0-0 NSIC

Head Coach: Steve Costanzo

Record at St. Cloud State: 243-29 | 17th Season

All-Time Record: 304-59-2 | 24th Season

(RV) CHADRON STATE

2-1 Overall | 0-0 RMAC

Head Coach: Brett Hunter

Record at Chadron State: 73-58 | 11th Season

All-Time Record: Same

PROBABLE STARTERS

Ashton Clark	125	No. 8 Quade Smith OR Yusef Nelson
Caleb Meekins OR Sam Spencer	133	No. 8 Quentrevion Campbell OR Kobe Lepe
Alyeus Craig	141	Ethan Leake OR Hunter Gilmore
Cameron Riggs OR Joey Bianchini	149	Brandon Paredes
Nick Novak OR Jimmy Pierandozzi	157	Luke Goncalves OR Dylan White
No. 10 Anthony Herrera OR Jared Head	165	Dean Neff
No. 1 Abner Romero OR Bryce Dagel	174	Rowdy Pfeil
Shaeden Scheidt OR Tyson Meyer	184	Darwin Hull OR Hayden Burr
No. 5 Dominic Murphy	197	Bryan Zutavern
Elijah Novak OR Jadon Mims	HWT	Mason Watt OR Nate Meza

BLIZZARD'S BULLETS

OPENING SHOTS

Dual two for No. 1 St. Cloud State matches the Huskies up with host (RV) Chadron State. The Huskies are 3-0 all-time against the Eagles with a 36-9 win in the 2018-19 home opener marking their last meeting. Five bonus-point wins, including a pin by current SCSU graduate assistant Jake Barzowski, set the tone in a Huskies romp at Halenbeck Hall.

SIZING UP THE EAGLES

Chadron State is 2-1 entering the duals with wins over NJCAA programs Northwest and Northeastern alongside a 24-13 road loss to then-No. 1 Nebraska-Kearney. 125-pounder Quade Smith and 133-pounder Quentrevion Campbell are each ranked No. 8 at their classes by the NWCA.

REMEMBER WHEN?

Huskies fans will remember Chadron State playing a key role in four-time All-American James Pleski's (20') legacy at SCSU. Pleski took his lone regular season loss of 2017-18 to Chadron 149-pounder Chase Clasen in a tight 2-1 decision, then proceeded to go 25-1 over the course of the season before meeting Clasen again in the opening round of the 2018 NCAA Championships. The Huskies' star put away Clasen 3-1 in SV-1 before going on to take fourth at the NCAA's.

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DUAL 3 | DEC. 4, 2022 | 2:30 PM | CHICOINE CENTER | TV: RMAC NETWORK



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0-0 Overall | 0-0 NSIC

Head Coach: Steve Costanzo

Record at St. Cloud State: 243-29 | 17th Season

All-Time Record: 304-59-2 | 24th Season

SAN FRANCISCO STATE

2-2 Overall | 1-2 RMAC

Head Coach: Jason Welch

Record at San Francisco State: 23-32 | 6th Season

All-Time Record: Same

PROBABLE STARTERS

Ashton Clark	125	Zach Wright
Caleb Meekins OR Sam Spencer	133	Tony Margiotta OR Stefano McKinney
Alyeus Craig	141	Andre Dargani
Cameron Riggs OR Joey Bianchini	149	Joshua Fuentes Norikiyo
Nick Novak OR Jimmy Pierandozzi	157	Josh Tolentino OR Kyle Botelho
No. 10 Anthony Herrera OR Jared Head	165	Boltyn Taam OR Conrad Trevino-Oceguera
No. 1 Abner Romero OR Bryce Dagel	174	Gage Mettler
Shaeden Scheidt OR Tyson Meyer	184	Gavin Funk
No. 5 Dominic Murphy	197	Laith Gilmore
Elijah Novak OR Jadon Mims	HWT	Emilio Franco-Sandoval

BLIZZARD'S BULLETS

OPENING SHOTS

The final dual in Chadron for the No. 1 Huskies pits them against San Francisco State, who enters the duals 2-2 with wins over New Mexico Highlands and (RV) Fort Hays State alongside losses to then-No. 10 Colorado Mesa and (RV) Colorado Mines. SCSU is 1-1 all-time against San Francisco State, last meeting the Gators at the 2017 NWCA National Duals. The Huskies dropped SFSU 37-11 in the dual with pins recorded by Austin Goergen, Brett Velasquez, Mike Rhone and Travis Holt alongside a major decision courtesy of Clayton Jennissen.

SIZING UP THE GATORS

San Francisco State has struggled with injuries at a few weights in the early stages of 2022-23, forfeiting at 125 their first two duals. 133-pounder Tony Margiotta leads the travel roster with nine wins while heavyweight Emilio Franco-Sandoval is 8-3 with three dual wins. Only three members of the travel roster are seniors as the Gators feature a relatively young team.

MIDWEST TIES

Sixth-year San Francisco State head coach Jason Welch is well-known to wrestling fans of the midwest, having enjoyed a three-time All-American career at Northwestern. As a senior in 2013, Welch finished as the National Runner-Up at 157 pounds and won a Big Ten Championship. Gators assistant coach Anthony Mancini is no stranger to the state of Nebraska - he was the Super Region starter at 184 pounds for Nebraska-Kearney in 2019-20 before serving as a volunteer assistant with the Lopers.

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BLIZZARD'S BULLETS

QUOTING COSTANZO

"It's always a different atmosphere of competition at duals versus an open tournament. We'll see what we have - it takes a team effort in these duals to come out on top. We've got three pretty solid teams that we're dualing. We're excited, but we have some work to do once we get there."

"I'm looking forward to seeing all of our weights compete. We've got some guys that we're moving around a little bit and experimenting with. We certainly have some weights that are up for grabs, in my opinion, so we're looking for someone to go out there and take the reigns of those classes. We're looking for people we can depend on the rest of the year."

"It's similar to a tournament with the three duals on one day - you're going to have a match, then sit there for a while before the next one. Our guys certainly need to be engaged in the process and help each other out. It is a team event, and we're trying to win the team dual. We're going to have to go out and wrestle each match individually one at a time, and regardless of the outcome get ready for the next one."

"With the long travel time, we focus on keeping the guys hydrated, keeping them comfortable and making sure they get enough rest. The nice thing about being on the road is the ability to monitor our rest a bit more. It's a nice opportunity to bring our guys closer together, a lot of times these long road trips help out with that."

"We have to try and get some momentum, especially starting out at 125. You want to get started off on the right note - regardless of a win or a loss, we want our guys going out those first few matches competing hard and wrestling for seven minutes."

UNANIMOUS TOP DOG

St. Cloud State enters dual season as the unanimous No. 1 team in the nation per the 2022-23 polls, ranked No. 1 by the NWCA and No. 1 in both Dual and Tournament rankings per The Open Mat. A total of eight Huskies are ranked headed into the weekend with six recognized by the NWCA. Abner Romero is unanimously No. 1 at 174, joined in the consensus ranks by No. 2 Joey Bianchini at 141 and No. 10 Anthony Herrera at 165. 157-pounder Colby Njos is No. 2 according to The Open Mat and No. 4 per the NWCA, while 149-pounder Nick Novak slots in at No. 5 and No. 4 respectively. Paxton Creese is the No. 6 125-pounder in the country by the NWCA and No. 9 by The Open Mat with 197-pounder Dominic Murphy appearing at No. 5 and No. 10. Both Caleb Meekins (133) and Elijah Novak (HWT) are found only among The Open Mat's rankings, sliding in at No. 5 and No. 17 at their respective classes.

NATIONALLY-RANKED HUSKIES

WT	Wrestler	NWCA	The Open Mat
125	Paxton Creese	6	9
133	Caleb Meekins	-	5
141	Joey Bianchini	2	2
149	Nick Novak	4	5
157	Colby Njos	4	2
165	Anthony Herrera	10	10
174	Abner Romero	1	1
197	Dominic Murphy	5	10
HWT	Elijah Novak	-	17

MOVING UP

Following a strong debut season that saw him become a mainstay in the individual rankings at 174, redshirt junior and Huskies captain Dominic Murphy takes the climb to 197 this fall. Murphy went 23-6 with an 11-3 mark in duals last year, earning fourth at the Super Region. Thus far, Dom has impressed at his new weight - going 9-1 with a decision over then-No. 4 Matt Kaylor of Mary and a lone loss to now-No. 4 Tereus Henry of Fort Hays State.

HAPPY HOMECOMING

The Chadron State Duals will serve as a homecoming of sorts for redshirt senior 149-pounder Cameron Riggs - a Nebraska product who hails from North Platte, just over three hours south of Chadron. Riggs was a record-setting 204-0 four-time Nebraska State champion at Maxwell High School before joining the Huskies. He has gone 35-10 with SCSU, earning the Jim and Dave Hazewinkel Tough Man of the Year award last season.

RANKINGS CENTRAL

NWCA RANKINGS

12/2/22

RANK	TEAM	PTS
1.	ST. CLOUD STATE	82
2.	Nebraska-Kearney	72
3.	Central Oklahoma	60
T-4.	Indianapolis	54
T-4.	Lander	54
6.	Pitt-Johnstown	51
7.	West Liberty	49
8.	Augustana	46
T-9.	Central Missouri	37
T-9.	Gannon	37
11.	UW-Parkside	36
12.	Glenville State	34
T-13.	McKendree	31
T-13.	Adams State	31
15.	Millersville	28
16.	Western Colorado	27
17.	Ashland	26
18.	Mercyhurst	24
19.	Lake Erie	21
T-20.	Northern State	20
T-20.	Minnesota State-Mankato	20
22.	Mary	18
T-23.	Southwest Minnesota State	16
T-23.	Shippensburg	16
24.	Limestone	14

Receiving Votes: Tiffin 13, Colorado Mesa 13, Chadron State 12, Drury 12, Fort Hays State 12, Maryville 10, Belmont Abbey 10, Kutztown 9, Findlay 9, Colorado Mines 9, Upper Iowa 8, UNC-Pembroke 7, Minot State 2

INTERMAT RANKINGS

4/6/22

RANK	TEAM	PTS
1.	Nebraska-Kearney	127
2.	Central Oklahoma	86
3.	West Liberty	75.5
4.	ST. CLOUD STATE	67
5.	Adams State	65
6.	Indianapolis	48.5
7.	Minnesota State-Mankato	39
8.	Colorado Mesa	31
9.	McKendree	30.5
10.	Gannon	30
11.	Colorado Mines	26.5
12.	Pitt-Johnstown	26
13.	Lander	22.5
14.	UW-Parkside	22
T-15.	Newberry	20
T-15.	Tiffin	20
17.	Limestone	19.5
T-18.	Fort Hays State	18.5
T-18.	Kutztown	18.5
20.	Belmont Abbey	18



RANKINGS CENTRAL

THE OPEN MAT TOURNAMENT RANKINGS

11/30/22

RANK	TEAM	PTS
1.	ST. CLOUD STATE	97
2.	Nebraska-Kearney	88
3.	Central Oklahoma	75
4.	Indianapolis	65
5.	Lander	61.5
6.	Pittsburgh-Johnstown	58.5
7.	West Liberty	52
8.	UW-Parkside	49
9.	Augustana	46.5
10.	Adams State	46
11.	McKendree	45.5
12.	Glenville State	44.5
13.	Northern State	39.5
14.	Central Missouri	35.5
15.	Millersville	35
16.	Mary	34.5
17.	Ashland	34
18.	Upper Iowa	33.5
19.	Lake Erie	32.5
20.	Colorado Mesa	31.5
21.	Maryville	29.5
22.	Mercyhurst	27
23.	Minnesota State-Mankato	26.5
24.	Western Colorado	25.5
25.	Gannon	22.5

THE OPEN MAT DUAL RANKINGS

11/30/22

RANK	TEAM	RECORD
1.	ST. CLOUD STATE	0-0
2.	Nebraska-Kearney	1-0
3.	Central Oklahoma	2-0
4.	Indianapolis	2-0
5.	Pittsburgh-Johnstown	2-0
6.	West Liberty	7-1
7.	Lander	4-0
8.	UMary	1-0
9.	Augustana	0-1
10.	Upper Iowa	1-0
11.	McKendree	1-0
12.	Mercyhurst	2-1
13.	Glenville State	6-5
14.	Gannon	0-0
15.	Northern State	1-1
16.	UW-Parkside	1-0
17.	Western Colorado	0-1
18.	Adams State	0-0
19.	Ashland	4-1
20.	Lake Erie	3-1
21.	Millersville	2-1
22.	Maryville	0-0
23.	UNC-Pembroke	3-0
24.	Emmanuel	2-0
25.	Colorado-Mines	1-0

BLIZZARD'S BULLETS

LAST TIME OUT

Then-No. 2 St. Cloud State earned titles at six of 10 weight classes and placed 16 Huskies total at the Dakota Wesleyan Open on November 12 in Mitchell. No. 8 Anthony Herrera enjoyed a dominant Open on his way to the title at 165, going 5-0 with a pin, a tech fall and one major decision while outscoring his opponents 49-9. No. 5 Paxton Creese added a title at 125 while going 5-0 with three bonus-point wins (1 PF, 1 TF, 1 MD).

141-pounder Alyeus Craig continued a strong start to his season with his second-straight open title, winning all five matches with a pin and a major. The redshirt freshman shut out each of his final two opponents in the Semis and Finals. No. 8 Nick Novak was 6-0 with a pin and a major decision of his own to earn the title at 149, outscoring his final four foes 21-1 with three shutouts. 157-pounder Jimmy Pierandozzi impressed at 157 with a tech and a fall, going 5-0 to earn a title with a decision over Augustana's Miles Fitzgerald – an NSIC foe who entered the year ranked at 165 pounds. Bryce Dagel rounded out the Huskies' champs with a 4-0 effort in his first bouts at 174, earning three decisions over NSIC rivals and one over a Nebraska-Kearney wrestler.

Caleb Meekins also earned a Finals berth at 133, taking second after going 3-1 with a pin and a major. A whopping five Huskies won their third-place matches: Sam Spencer (5-1, 2 MD, PF) at 133, Cameron Riggs (6-1, TF) at 149, Shaeden Scheidt (5-1, 2 MD, 2 PF) at 184, Dominic Murphy (5-1, MD, TF, PF) at 197 and Jadon Mims (6-1) at heavyweight. Nolan Throne (5-2, MD, 2 TF, PF) took fourth at 149 while 125-pounder Ashton Clark (4-2), 157-pounder Blake Legred (4-2, MD) and heavyweight Elijah Novak (5-2, 2 PF) placed fifth at their weights.

St. Cloud State tied for the most tech falls at the Open with nine and posted the best winning percentage of any team at 73.2% – standing as the lone team to win more than 70% of their matches. SCSU also scored the second-most pins with 22 total falls. Creese, Herrera, Pierandozzi and Scheidt were part of a five-way tie for the highest-scoring wrestler at the Open with 20.5 team points each.

ALYEUS ANSWERS

Redshirt freshman Alyeus Craig has responded well in his debut season at 141 pounds, opening his season 8-0 with titles at the Yellowjacket and Dakota Wesleyan Open. Craig is one of four unbeaten attached wrestlers on the Huskies' roster and has provided three bonus point wins.

NOW THAT'S A DEBUT

Redshirt junior 133-pounder Caleb Meekins was named NSIC Wrestler of the Week after his debut weekend with the Huskies, marking back-to-back seasons in which a Husky earned weekly honors after his first week of competition. Meekins went 3-0 at the Yellowjacket Open to earn the title at 133 pounds, earning bonus points in each of his three matches with a pin of No. 1 Reece Barnhardt (Mary) in the Finals.

"I was really proud of his performance," said head coach Steve Costanzo, "He had a pin, a tech fall and a major in there as well. Bonus points in all three matches, then you wrestle the No. 1 guy in the country and come out on top in that fashion is pretty impressive."

Meekins joined SCSU this fall after a redshirt season at Northern Illinois and two All-American campaigns at Indian Hills College. The Livonia, Michigan product earned ICCAC and NJCAA North Central District Championships at Indian Hills while placing fourth and third at the 2021 and 2022 NJCAA Championships.

ONE LAST RIDE, HUSKIES STYLE

2021 NCAA DII 174-pound Champion Abner Romero will wrestle his final collegiate season with St. Cloud State, transferring in after three seasons at Lindenwood. Romero enters 2022-23 as the No. 1 ranked wrestler at 174 per the NWCA and has gone 59-2 attached over his career.

LEADING THE WAY

St. Cloud State has named six captains in advance of the 2022-23 season: redshirt seniors Joey Bianchini, Anthony Herrera and Abner Romero; senior Robby Horsman along with redshirt juniors Dominic Murphy and Phillip Kue.



QUICK FACTS

UNIVERSITY INFORMATION

Location	St. Cloud, Minn.
Affiliation	NCAA Division II
Colors	Spirit Red and Black
Conference	Northern Sun Intercollegiate
Mascot	Blizzard T. Husky
President	Robbyn Wacker

TEAM INFORMATION

2021-22 Overall Record	14-1
2021-22 NSIC Record/Finish	7-0, 1st
2022 Super Region Finish	1st, 136.5 pts
2022 NCAA Finish	4th, 67.0 pts
Starters Returning/Lost	6/4
NCAA Qualifiers Returning/Lost	4/3
All-Americans Returning/Lost	2/3
Number of Total Departures	12
Number of Total Newcomers	14
Facility	Halenbeck Hall
Home Capacity	6,400

COACHING STAFF

Head Coach	Steve Costanzo
Career Overall Record	304-59-2
St. Cloud State Overall Record	243-29
Career NSIC Record	99-5
Best Dual Record	21-0, 2x (2012-13)
Best Super Region Finish	1st, 13x (2022)
Best NCAA Finish	1st, 5x (2021)
Associate Head Coach	Brady Wilson
Graduate Assistant Coach	Jake Barzowski
Vol. Assistant Coach	John A. Peterson

RETURNING ALL-AMERICANS

Joey Bianchini (141)	2020
	2021, 2nd
	2022, 3rd
Caleb Meekins (133)	2021, 4th NJCAA
	2022, 3rd NJCAA
Colby Njos (157)	2021, 3rd
Anthony Herrera (157)	2020, 4th NJCAA
	2021, 3rd NJCAA
	2022, 5th
Abner Romero (174)	2020
	2021, 1st

PROGRAM HISTORY

Inagural Season	1949-50
All-Time Dual Record	650-369-21
NCAA Championships (5)	2015, 2016
	2018, 2019, 2021
Super Region Championships (9)	2011,
	2012, 2013, 2017, 2018,
	2018, 2019, 2020, 2021, 2022
Conference Championships (16)	1963,
	1974, 1975, 1977, 1978
	2012, 2013, 2014, 2015, 2016
	2017, 2018, 2019, 2020, 2021, 2022

2022-23 ST. CLOUD STATE HUSKIES WRESTLING

Name	Weight	Year	Hometown	Previous School
Wyatt Abele	157	Fr.	McConnellsville, Ohio	New Lexington
Aoci Bernard	141	Fr.	Rock Island, Ill.	Rock Island
Joey Bianchini - C	141	R-Sr.	Elk Grove Village, Ill.	IC Catholic Prep
Ethan Birch	149	Fr.	Vacaville, Calif.	Vaca
Ashton Clark	125	R-Jr.	Park Rapids, Minn.	Park Rapids Area
Mac Copeland	174	R-Fr.	Bennett, Colo.	Bennett
Alyeus Craig	133	R-Fr.	Wichita, Kan.	Valley Canter
Paxton Creese	125	Jr.	Shakopee, Minn.	Shakopee
Bryce Dagel	165	R-Fr.	Eden Prairie, Minn.	Eden Prairie
Augustus Donovan	149	R-Fr.	Richland Center, Wis.	Richland Center
Tanner Eischens	165	R-Sr.	Frazee, Minn.	Frazee
Bryce FitzPatrick	165	R-So.	Mahtomedi, Minn.	Mahtomedi
Jake FitzPatrick	141	R-Jr.	Mahtomedi, Minn.	Mahtomedi
Isaac Grams	197	R-Fr.	Bloomington, Minn.	Bloomington Kennedy
Kaleb Haase	HWT	R-So.	Morton, Minn.	Redwood Valley
Jared Head	165	R-Jr.	Washington, Ill.	Old Dominion
Archer Heelan	125	Fr.	Kearney, Neb.	Kearney
Owen Herbst	174	Fr.	Buffalo, Minn.	Buffalo
Anthony Herrera - C	165	R-Sr.	Stansbury Park, Utah	Western Wyoming CC
Donnie Hidden	197	Fr.	Washington, Ill.	Washington Community
Kaleb Horn	141	R-Jr.	Ephrata, Wash.	Lake Roosevelt
Robby Horsman - C	125	Sr.	Kasson, Minn.	Kasson-Mantorville
Phillip Kue - C	141	R-Jr.	Gresham, Ore.	Ohio State
Blake Legred	157	R-Jr.	Bricelyn, Minn.	United South Central
Niko Lopez	184	R-Fr.	Huntley, Minn.	Marian Central Catholic
Caleb Meekins	133	R-Jr.	Livonia, Mich.	Indian Hills CC
Tyson Meyer	184	R-Fr.	Glenwood, Minn.	Minnewaska Area
Jadon Mims	HWT	Fr.	Maywood, Ill.	IC Catholic Prep
Cody Minor	141	R-So.	Green Bay, Wis.	Ashwabenon
Dominic Murphy - C	197	R-Jr.	Evergreen Park, Ill.	Brother Rice
Colby Njos	157	R-Jr.	Anoka, Minn.	Anoka
Elijah Novak	HWT	Fr.	Foley, Minn.	Foley
Nick Novak	149	So.	New Prague, Minn.	New Prague
Jimmy Pierandozzi	157	R-So.	Plainfield, Ill.	Plainfield South
Nick Renteria	125	Fr.	Alsip, Ill.	IC Catholic Prep
Cameron Riggs	141	R-Sr.	North Platte, Neb.	Maxwell
Nate Rocheleau	141	R-Fr.	Gering, Neb.	Gering
Abner Romero - C	174	R-Sr.	Fresno, Calif.	Lindenwood
Shaeden Scheidt	174	R-So.	Canton, S.D.	Canton
Sam Spencer	141	R-So.	Huntley, Ill.	Huntley
Luke Studer	141	Fr.	Ham Lake, Minn.	Blaine
Nolan Throne	149	R-So.	Moline, Ill.	Rockridge
Daniel Valeria	133	R-So.	Crystal Lake, Ill.	Marian Central Catholic
Logan Vaughan	157	Fr.	Dodge Center, Minn.	Kasson-Mantorville
Jaydon Walls	197	Fr.	Platte City, Mo.	Platte County
Sebastian Zamorano	165	R-Fr.	St. Paul, Minn.	Woodbury

PRONUNCIATION GUIDE

Abele	AWE-blee	E. Novak	no-vack
Aoci	ow-chee (ouchie)	N. Novak	no-vack
Bianchini	bee-an-KEY-nee	Perandozzi	peer-an-DOZE-ee
Copeland	COPE-land	Renteria	rent-er-EE-uh
Alyeus	all-EYE-us	Rocheleau	ROSH-loo
Creese	crease	Abner Romero	AB-ner row-MARE-oh
Eischens	EYE-shens	Scheidt	SHITE (rhymes with bite)
Haase	HA-zee	Studer	STOO-der
Kue	coo	Valeria	vah-LAIR-ee-uh
Legred	leg-RED	Vaughan	von
Meekins	MEE-kins	Zamorano	zam-or-ON-oh
Mims	MIM-ss	Costanzo	cost-AN-zo
Njos	noss (rhymes with boss)	Barzowski	bar-ZOW-ski



2021-22 Northern Sun Standings

Team	NSIC Record	Pct.
No. 3 St. Cloud State	7-0	1.000
No. 8 Augustana	8-1	.889
(RV) Northern State	6-3	.667
No. 10 UW-Parkside	5-3	.625
No. 18 Mary	4-3	.571
Upper Iowa	3-3	.500
No. 11 MSU-Mankato	2-6	.250
(RV) SMSU	2-6	.250
Minot State	1-5	.167
MSU-Moorhead	0-8	.000

2022-23 Statistical Leaders

Overall Wins: 10, Mims
 Dual Wins: 0, N/A
 Ranked Wins: 1, 4 Tied
 Bonus Point Wins: 5, Meekins and Throne
 Wins by Fall: 3, 4 Tied
 Wins by Technical Fall: 2, Creese and Throne
 Wins by Major Decision: 3, Spencer
 Takedowns: 31, Murphy
 Near Falls: 13, Creese

2022-23 Statistical Leaders - Starters

Overall Wins: 0, N/A
 Dual Wins: 0, N/A
 Ranked Wins: 0, N/A
 Bonus Point Wins: 0, N/A
 Wins by Fall: 0, N/A
 Wins by Technical Fall: 0, N/A
 Wins by Major Decision: 0, N/A
 Takedowns: 0, N/A
 Near Falls: 0, N/A

2022-23 Statistical Leaders - Redshirts

Overall Wins: 8, Heelan
 Ranked Wins: 0, N/A
 Bonus Point Wins: 4, Birch and Walls
 Wins by Fall: 3, Walls
 Wins by Technical Fall: 1, 3 Tied
 Wins by Major Decision: 2, Heelan
 Takedowns: 20, Bernard and Heelan
 Near Falls: 6, Birch

2022-23 INDIVIDUAL STATISTICS

Starters (Proj.)	Weight	Overall Record	Dual Record	Dual Points	vs. Ranked Opponents	Falls	Tech Falls	MD	Quick	TD	Esc	Rev	NF
Ashton Clark	125	3-2	0-0	-	0-0	-	-	-	-	7	6	-	-
Caleb Meekins	133	6-1	0-0	-	1-0	2	1	2	2:04	21	6	2	7
Sam Spencer	133	7-3	0-0	-	0-0	1	-	3	1:57	13	9	3	1
Alyeus Craig	141	8-0	0-0	-	0-0	1	1	1	1:58	11	5	3	5
Cameron Riggs	149	9-2	0-0	-	0-1	1	1	1	0:17	25	11	1	2
Joey Bianchini	149	0-0	0-0	-	0-0	-	-	-	-	-	-	-	-
Nick Novak	157	9-0	0-0	-	0-0	1	1	2	4:32	13	4	6	7
Jimmy Pierandozzi	157	7-1	0-0	-	0-1	2	1	-	1:58	11	5	1	4
Anthony Herrera	165	5-2	0-0	-	0-0	1	1	1	1:09	13	4	2	5
Jared Head	165	2-1	0-0	-	0-0	1	-	-	6:40	6	7	-	2
Abner Romero	174	3-0	0-0	-	1-0	-	1	1	-	12	3	-	7
Bryce Dagel	174	6-2	0-0	-	0-1	-	1	-	-	12	8	-	4
Shaeden Scheidt	184	7-2	0-0	-	0-0	2	-	2	1:12	11	5	-	6
Tyson Meyer	184	6-3	0-0	-	0-0	3	-	1	2:00	11	7	2	4
Dominic Murphy	197	9-1	0-0	-	1-1	1	1	2	0:22	31	11	2	1
Jadon Mims	HWT	10-1	0-0	-	0-0	1	-	-	4:30	27	4	-	3
Elijah Novak	HWT	9-2	0-0	-	0-0	3	-	-	1:03	11	8	2	4
Reserves	Weight	Overall Record	Dual Record	Dual Points	vs. Ranked Opponents	Falls	Tech Falls	MD	Quick	TD	Esc	Rev	NF
Paxton Creese	125	7-1	0-0	-	0-1	1	2	1	1:08	16	1	6	13
Robby Horsman	125	1-3	0-0	-	0-0	-	-	1	-	9	1	-	-
Daniel Valeria	133	2-1	0-0	-	0-0	1	-	-	0:17	1	2	-	-
Jake FitzPatrick	141	0-1	0-0	-	0-0	-	-	-	-	1	2	-	-
Kaleb Horn	141	2-4	0-0	-	0-0	-	-	1	-	7	2	-	1
Phillip Kue	141	3-1	0-0	-	0-0	1	-	-	0:31	2	1	1	1
Cody Minor	141	4-4	0-0	-	0-0	-	-	-	-	14	8	2	8
Nate Rocheleau	141	5-4	0-0	-	0-0	2	-	1	2:40	13	8	1	7
Augustus Donovan	149	2-4	0-0	-	0-0	1	-	-	3:38	3	7	6	3
Nolan Throne	149	6-4	0-0	-	0-0	2	2	1	0:30	10	4	2	12
Blake Legred	157	5-4	0-0	-	0-0	-	-	1	-	4	5	-	3
Colby Njos	157	3-0	0-0	-	0-0	-	-	-	-	3	4	-	-
Tanner Eischens	165	0-2	0-0	-	0-0	-	-	-	-	-	7	-	-
Bryce FitzPatrick	165	0-0	0-0	-	0-0	-	-	-	-	-	-	-	-
Sebastian Zamorano	165	2-4	0-0	-	0-0	1	-	-	0:52	6	4	-	1
Mac Copeland	174	5-4	0-0	-	0-0	1	-	-	1:43	19	5	2	-
Niko Lopez	184	2-2	0-0	-	0-0	2	-	-	1:47	3	2	-	1
Isaac Grams	197	6-3	0-0	-	0-0	3	-	1	1:42	9	8	1	5
Kaleb Haase	HWT	3-4	0-0	-	0-0	1	1	-	1:10	4	4	-	5
RS-Freshmen	Weight	Overall Record	Dual Record	Dual Points	vs. Ranked Opponents	Falls	Tech Falls	MD	Quick	TD	Esc	Rev	NF
Archer Heelan	125	8-3	0-0	-	0-0	1	-	2	5:42	20	6	3	2
Nick Renteria	125	0-0	0-0	-	0-0	-	-	-	-	-	-	-	-
Aoci Bernard	141	7-3	0-0	-	0-0	-	1	1	-	20	5	4	4
Luke Studer	141	4-4	0-0	-	0-0	-	-	-	-	7	7	-	-
Ethan Birch	149	7-3	0-0	-	0-0	2	1	1	0:16	16	9	1	6
Logan Vaughan	157	2-0	0-0	-	0-0	-	1	-	-	6	3	-	2
Owen Herbst	174	4-1	0-0	-	0-0	2	-	-	1:46	5	4	1	1
Jaydon Walls	197	5-3	0-0	-	0-0	3	-	1	0:25	5	4	4	4
Donnie Hidden	HWT	2-2	0-0	-	0-1	1	-	-	5:37	6	6	-	-

THE LAST TIME THE HUSKIES...

Won at Home	2/11/22 (26-6 win vs. No 21 Northern State)	Shut Out an Opponent	1/6/22 (47-0 win vs. (RV) King)
Lost at Home	2/14/10 (21-15 loss vs. No. 3 Upper Iowa)	Shut Out a Northern Sun Opponent	1/25/20 (45-0 win at Mary)
Won on the Road	2/17/22 (30-6 win at No. 10 Augustana)	Scored 50+ Points	11/9/19 (54-0 win vs. (RV) American International)
Lost on the Road	1/27/11 (18-13 loss at No. 2 Augustana)	Scored 40+ Points	2/10/22 (40-4 win vs. MSU-Moorhead)
Won a Northern Sun Dual	2/17/22 (30-6 win at No. 10 Augustana)	Scored 30+ Points	2/17/22 (30-6 win at No. 10 Augustana)
Lost a Northern Sun Dual	1/27/11 (18-13 loss at No. 2 Augustana)	Scored 20+ Points	2/17/22 (30-6 win at No. 10 Augustana)
Tied an Opponent	12/14/90 (20-20 tie vs. Minnesota State)	Scored less than 20 points	1/7/22 (19-14 loss vs. No. 1 Central Oklahoma)
Beat a Ranked Opponent	2/17/22 (30-6 win at No. 10 Augustana)	Won the Super Region V Championship	2022, Moorhead
Lost to a Ranked Opponent	1/7/22 (19-14 loss vs. No. 1 Central Oklahoma)	Won the NCAA Championship	2021, St. Louis
Wrestled No. 1 Team	1/7/22 (19-14 loss vs. No. 1 Central Oklahoma)	NCAA Top-5 Finish	2022, St. Louis (4th Place)
Beat No. 1 Team	11/9/19 (31-6 win vs. No. 1 Pitt-Johnston)	NCAA Top-10 Finish	2022, St. Louis (4th Place)
Wrestled Top-5 Team	1/7/22 (19-14 loss vs. No. 1 Central Oklahoma)	NCAA Individual Champion	2021 (Kameron Teacher, HWT)
Beat Top-5 Team	1/7/22 (19-14 win vs. No. 5 Nebraska-Kearney)	Multiple National Champions	1963 (Grant Nelson, Gary Smith and Jim Hazewinkel)



STEVE COSTANZO

HUSKIES HEAD COACH



Costanzo at a Glance

Education

- ▼ University of Nebraska-Omaha
B.S. in Physical Education
- ▼ Emporia State University
M.S. in Health, Physical Education and Recreation

17 Years at St. Cloud State

- ▼ In his 17th season leading St. Cloud State Wrestling after spending seven years at the helm of Dana College

Coaching Accomplishments

- ▼ Named St. Cloud State head coach on May 18, 2006
- ▼ Three-time NWCA DII National Coach of the Year (2011, 2016, 2020)
- ▼ Eight-time NSIC Coach of the Year (2011, 2012, 2013, 2015, 2016, 2017, 2019, 2020)
- ▼ Has coached five NCAA DII Championship teams (2015, 2016, 2018, 2019, 2021) and one NAIA National Championship team (2006)
- ▼ Has coached 183 National Qualifiers, 106 All-Americans, eight National Champions and 137 NWCA All-Academic recipients
- ▼ Led St. Cloud State to establish new NCAA all-division dual win streak with 77th consecutive win in 2022
- ▼ Has recruited and coached seven NSIC Wrestlers of the Year, six NSIC Rookies of the Year, a NWCA National Wrestler of the Year and a NWCA National Rookie of the Year
- ▼ SCSU has earned a top-20 academic finish (GPA) in 12 of 16 seasons
- ▼ Recorded the second-highest team GPA in NCAA DII Wrestling during the 2009-10 season
- ▼ 84 Huskies have earned Academic All-NSIC status under Costanzo
- ▼ Has led SCSU to 11 consecutive NSIC Championships and nine Super Region Championships
- ▼ SCSU has not lost a NSIC dual since 2010-11 under Costanzo's guidance
- ▼ Twice led SCSU to a program-best 21-0 record in 2011-12 and 2012-13
- ▼ Three-time NCAA DII All-American and two-time North Central Conference Champion at Nebraska-Omaha

Steve Costanzo will begin his 17th season leading St. Cloud State Wrestling in 2022-23. A three-time NCAA DII National Coach of the Year, Costanzo has molded Huskies Wrestling into a dynasty with five DII National Championships since 2015.

Named the 13th head coach in the history of SCSU Wrestling on May 18, 2006, Costanzo is 243-29 (.893) with a 100-10 (.900) conference record at St. Cloud State. He has led the Huskies to 11 consecutive Northern Sun Intercollegiate Conference Championships dating back to 2012 along with nine Super Region Championships, winning six NWCA DII National Duals along the way.

While at St. Cloud State, Costanzo has coached 118 NCAA qualifiers, 83 NCAA All-Americans, 20 NCAA Finalists and seven NCAA Champions. 97 Huskies have earned All-NSIC honors with Costanzo matside. The eight-time NSIC Coach of the Year and three-time Super Region Coach of the Year has coached seven NSIC Wrestlers of the Year, six NSIC Rookies of the Year, a NWCA National Wrestler of the Year and a NWCA National Rookie of the Year.

2022-23 also marks Costanzo's 24th season overall as a collegiate head coach, carrying a record of 304-59-2 (.833) while coaching 183 National Qualifiers, 106 All-Americans, eight National Champions and 137 NWCA All-Academic recipients. He is a six-time National Champion as his Huskies earned the NCAA Division II National Championship in 2015, 2016, 2018, 2019 and 2021. Costanzo punctuated his Dana College Hall of Fame coaching career by leading his team to the NAIA National title in 2006.

A primary building block of Costanzo's program has been developing success in the classroom. The Huskies have landed among the Top-20 wrestling programs nationally in team GPA in 12 of the past 16 seasons, finishing as high as second in 2010 (3.35) and consistently delivering GPA marks above 3.00. At St. Cloud State alone, a whopping 137 wrestlers have earned NWCA All-Academic notice, 84 have been named to the conference All-Academic team and seven have earned CoSIDA Academic All-American honors during Costanzo's time leading the program.

Last season the Huskies continued to rewrite collegiate wrestling history by setting a new all-time All-Division NCAA dual win streak, winning their 77th consecutive dual with a 19-14 final over Nebraska-Kearney at the National Duals. St. Cloud State finished the regular season 14-1 with a 7-0 NSIC record, earning their 11th-straight NSIC Championship before winning their sixth consecutive Super Region Championship. Seven wrestlers advanced to the NCAA Tournament with five earning All-American honors as the Huskies took fourth at the Championships, clinching their 10th top-four National finish in the past 11 tournaments.

2020-21 presented an unprecedented challenge for St. Cloud State as the pandemic significantly altered the structure of the season. Costanzo guided the Huskies to a 5-0 season wrestling solely NSIC competition, earning a share of the conference championship for the tenth-straight season. Eight members of the Super Region V Championship team advanced to the NCAA Tournament, setting the stage for one of the most thrilling title clinchers in recent memory. NWCA DII National Wrestler of the Year Kameron Teacher won the 2021 Heavyweight Championship in the final bout of the tournament to secure St. Cloud State's third-straight National Title, becoming one of seven Huskies All-Americans.



Garrett Aldrich, Joey Bianchini and Garrett Vos each were Finalists for the Huskies while Colby Njos and Devin FitzPatrick took third.

In 2019-20, the Huskies were poised to capture another NCAA title before the championships were cancelled due to the COVID-19 pandemic. SCSU ended the year 16-0, 8-0 in NSIC competition. The Huskies captured their ninth consecutive NSIC title, their fourth consecutive NWCA DII National Duals title and gained another NCAA DII Regional Championship. A total of seven Huskies won NCAA DII regional



championships and SCSU qualified nine wrestlers for the 2020 NCAA DII championships under the direction of Costanzo. For his work, Costanzo was recognized as the NWCA DII National Coach of the Year, NCAA DII Super 5 Regional Coach of the Year and the NSIC Coach of the Year in 2019-20.

In 2018-19, SCSU won its fourth NCAA DII championship while posting a perfect 20-0, 8-0 NSIC record. The Huskies won their eighth consecutive NSIC title another NCAA DII Super Regional title and the 2019 NWCA DII National Duals crown. SCSU sent nine wrestlers to the NCAA championships and brought home seven All-America awards, including a runner-up finish for Vince Dietz at 197-pounds.

In 2017-18, SCSU won its third NCAA Division II championship while charting a perfect 19-0, 8-0 NSIC dual record. The Huskies won the 2018 NCAA DII Super 3 Regional along with the 2018 NSIC Championship and the 2018 NWCA DII National Duals crown. St. Cloud State sent 10 wrestlers to the NCAA DII championships and saw six bring back All-America honors including runner-up places by Vince Dietz (197), Larry Bomstad (157) and James Pleski (149).

In 2016-17, SCSU won its sixth consecutive NSIC championship while posting a 17-1, 8-0 NSIC record. The Huskies won top honors at the 2017 NCAA Division II Super 3 Regional and claimed the title at the 2017 NWCA Division II National Duals. The Huskies sent nine wrestlers to the NCAA DII championships and four of those athletes against All-America honors in 2017. Costanzo earned NSIC Coach of the Year status in 2016-17 and Austin Goergen received the NCAA Most Dominant Wrestler award at the NCAA championships and James Pleski was the NSIC Rookie of the Year in 2017.

Costanzo was named the NWCA Division II Coach of the Year after leading the Huskies to their second NCAA Division II national title in 2016. The Huskies posted 90 points to win the title, while Notre Dame (OH) was second with 82.0 points. SCSU was paced at the tournament by Brett Velasquez, who won the title at 125-pounds. All six of SCSU's national qualifiers gained All-America status in 2016, including Austin Goergen (3rd at 285), Clint Poster (3rd at 165), Matt Nelson (5th at 141), Jay Hildreth (4th at 149), Clayton Jennissen (7th at 174) and Uthman Rabi (8th at 184).

SCSU placed second at the 2016 NCAA DII Super 3 Regional and won its fifth consecutive NSIC championship. Costanzo was named the NSIC Coach of the Year, while Clint Poster was the NSIC Wrestler of the Year and Brett Velasquez was the NSIC Rookie of the Y

St. Cloud State University captured its first-ever NCAA Division II wrestling championship in 2015. This marked the first time in school history that a team from St. Cloud State has won a national title in any sport. SCSU won the team title with 84.5 points, while Nebraska Kearney placed second at 75.5 points in the tournament that was held in St. Louis, Mo.

SCSU was led at the NCAA championships by Tim Prescott, who won a national title at 125-pounds. All six of SCSU's national qualifiers gained All-America status in 2015, including Austin Goergen with a second-place finish at 285-pounds and third place finishes by Clint Poster (157) and Gabe Fogarty (165).

The Huskies placed second at the 2015 NCAA Division II Super Regional, won their fourth consecutive NSIC championship in 2014-15 and placed third at the 2015 NWCA DII National Duals. Costanzo gained NSIC Coach of the Year accolades in 2014-15.

In 2013-14, the Huskies won their third consecutive NSIC championship and placed sixth at the NCAA DII championships. SCSU also placed third at the 2014 NWCA DII National Duals and third at the 2014 NCAA Division II Super 3 Regional. The Huskies capped the year by setting a new NCAA Division II record by posting 54 consecutive wins. The streak ended in 2013-14 with a 23-16 loss to national champion Notre Dame (Ohio).

In 2012-13, the Huskies completed their second consecutive perfect season at 21-0. SCSU captured first place in the NSIC and won top honors at the 2013 NWCA Division II National Duals. To cap the year, SCSU won its third consecutive NCAA DII Super Region 3 title and placed as the runner-up at the 2013 NCAA DII championships for the third consecutive season.

FIVE NCAA CHAMPIONSHIPS



2015



2016



2018



2019



2021

BLACK AND RED EDGE





At the NCAA championships in 2013, Husky Shamus O'Grady won the championship at 184-pounds and was named the Outstanding Wrestler at the NCAA championships. Costanzo was named the NSIC Coach of the Year and the Huskies also set a new team record by posting 105.0 points at the NCAA championships.

In 2011-12, the Huskies scored a perfect 21-0 dual record and captured top honors in the NSIC at 7-0. St. Cloud State brought home a first-place finish at the NWCA Division II National Duals in 2012 and won the 2012 NCAA Division II Super Region 3 team title.

For the second consecutive season in 2012, SCSU finished as the runner-up at the NCAA Division II championships. SCSU's Derek Skala won an individual title for the Huskies at 184-pounds and Husky Tad Merritt received the 2012 NCAA Division II Most Dominant Wrestler and Most Falls award at the NCAA championships. Costanzo gained both Regional and NSIC Coach of the Year honors in 2011 and 2012.

In 2010-11, SCSU placed second in the nation at the 2011 NCAA Division II championships, won the 2011 NCAA Division II Super Region #3 title and set a team record with a 19-2 dual meet record in 2010-11. Coach Costanzo was named the 2011 NCAA Division II Coach of the Year and senior wrestler John Sundgren won a national title at 157-pounds for the Huskies.

The runner-up national finish was the highest national tournament finish for the Huskies in team history, and the Huskies also posted a solid third place finish at the elite NWCA National Duals in 2011.

In 2009-10, SCSU posted a 14-7 overall record and placed 7th in the nation at the NCAA Division II championships. At the 2010 NCAA Super Regional, the Huskies placed 2nd and SCSU also placed third in the NSIC race at 5-2 in 2009-10. SCSU advanced eight grapplers to the NCAA finals in 2010, and they also saw four of those athletes earn All-American status in 2010. This marked SCSU's best national finish since 1983.

In 2008-09, Costanzo's Huskies finished their campaign with an 8-5 (5-2 NSIC) mark. The Huskies also advanced eight wrestlers to the NCAA Division II Championships and saw three of earn All-American status. At the 2009 NCAA Division II Championships, SCSU placed 8th as a team.

Prior to joining St. Cloud State, Costanzo spent seven seasons leading NAIA program Dana College. In 2006, Costanzo led Dana College to the NAIA National Championship – setting a new Tournament record with 193.0 team points – and a NWCA National Duals Championship. His squads while at Dana College won Great Plains Athletic Conference titles in 2003, 2004, 2005 and 2006. In addition, his teams claimed Regional Championships in 2001, 2002, 2005 and 2006. The Vikings finished with top 10 finishes at the NAIA National Championships in 2004, 2005 and 2006.

In 2003, Costanzo was credited with the NAIA Robert Bubb Coaching Excellence Award which epitomizes the qualities and characteristics of a role model and mentor for developing young student-athletes. In 2005, he served as the NWCA All-Star team coach at Oklahoma State University. Costanzo received the NWCA and NAIA Coach of the Year honors in 2006 and gained NAIA Regional Coach of the Year accolades in 2005 and 2006.

Costanzo was a three-time NCAA Division II All-American and two-time North Central Conference champion for the University of Nebraska-Omaha. He placed seventh in 1993, third in 1994 and third in 1995 at the NCAA Championships. Costanzo was named native Nebraskan Collegiate Wrestler of the Year in 1994. He ranked as high as seventh on UNO's all-time win list with 133 career victories as a collegiate wrestler.

For his wrestling accomplishments as a student-athlete, Costanzo was inducted into the 2006 NSWCA - Nebraska Scholastic Wrestling Coaches Association Hall of Fame. In 2019-20, Costanzo was inducted into the Dana College Hall of Fame.

A native of Bennington, Nebraska, Costanzo has a bachelor's degree in Physical Education from the University of Nebraska at Omaha and a master's degree in Health, Physical Education, and Recreation from Emporia State University. He and his wife Nancy have five children – Cassandra, Sam, Katie, Brock and Lacey.



ASSOCIATE HEAD COACH BRADY WILSON



Wilson at a Glance

Education

▼ Minnesota State University - Mankato
B.S. in Sports Management

▼ Minnesota State University - Mankato
M.S. in Sports Management

Brady Wilson enters his 12th season as the lead assistant for St. Cloud State Wrestling in 2022-23, his third campaign under the title of associate head coach.

A fixture both matside and in the wrestling room, the Huskies have gone 185-6 (.969) including a perfect 83-0 in NSIC duals since Wilson joined the staff in 2011-12. St. Cloud State has earned five NCAA Championships, six NWCA National Dual Championships, Championships, eight Super Region Championships and 11 NSIC Championships with Wilson serving as top assistant.

The former four-time All-American heavyweight has earned a strong reputation for developing upper weight stars at St. Cloud State. Wilson's heavyweight has qualified for the NCAA Tournament in 10 of his 11 seasons on staff headlined by four-time All-American Austin Goergen, two-time All-American and 2021 NCAA Champion Kameron Teacher and two-time All-American Jake Kahnke. Five straight 197-pounders have earned All-American status with Vince Dietz twice finishing runner-up and Noah Ryan earning three consecutive All-American honors. At 184, eight of Wilson's 11 seasons have sent a representative to the NCAA Tournament including National Champions Derek Skala (2012) and Shamus O'Grady (2013).

Since Wilson was appointed to the coaching staff, 67 of the Huskies' 86 NCAA Qualifiers (77.9%) have earned All-American status. 78 Huskies have earned All-NSIC recognition with six conference Wrestlers of the Year and five conference Rookies of the Year.

Wilson has been a key factor in St. Cloud State's success off the mat, as 107 wrestlers have earned NWCA All-Academic status along with 68 Academic All-NSIC honorees and seven CoSIDA Academic All-American nods.

A 2009 graduate of Minnesota State University, Wilson served as a graduate assistant coach at his alma mater in 2010-11 and he received a graduate degree in sports management from Minnesota State University in 2011. He helped lead the MSU Mavericks to a top-10 finish at the NCAA Championships, coaching three All-Americans and six national qualifiers.

Wilson brings a wealth of collegiate wrestling experience to the St. Cloud State wrestling room. At Minnesota State, Wilson was a four-time All-American, a four-time conference champion and a four-time NCAA regional champion during his collegiate wrestling career. At the NCAA Division II championships, Wilson earned top five NCAA finishes at heavyweight in all four seasons of his career, including a runner-up finish in 2010.

He set a record at Minnesota State with 143 wins during his career and he was named both MSU Athlete and Student-Athlete of the Year in 2010.

A 2005 graduate of Faribault High School in Faribault, Minn., Wilson was a 2005 MSHSL State Champion while posting a 109-30 career record as a prep athlete. At Faribault High School, Wilson also gained NHSCA, Greco Juniors and Fila Freestyle All-America accolades.



GRADUATE ASSISTANT COACH JAKE BARZOWSKI



Two-time All-American Jake Barzowski begins his first season as a member of the St. Cloud State coaching staff in 2022-23.

Barzowski carved out a stellar career for the Huskies from 2016 to 2022, finishing with exactly 100 collegiate wins while wrestling at 149 and 157. The Park Ridge, Illinois native earned All-American honors with a third-place finish at 157 in 2019 and landed the No. 2 seed at 157 ahead of the 2020 NCAA Championships. He was twice a Super Region V finalist – winning the title in 2020 – and garnered NWCA All-Academic honors in 2019.

A two-year captain for St. Cloud State, Barzowski held a strong reputation as a leader in the wrestling room. He was a member of three NCAA Championship teams and helped SCSU earn the NSIC Championship in each of his six seasons.

Barzowski attended Notre Dame College Prep and was a two-time state qualifier under head coach Augie Genovise.



2022-23 DUAL BOX SCORES

#2 ST. CLOUD STATE HUSKIES

#16 WESTERN COLORADO MOUNTAINEERS

December 4, 2022 | Chadron, Nebraska | Chicoine Center

WT	MATCH RESULTS	SCSU	WCU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES

NWCA NATIONAL DUALS

January 6, 2023 | Louisville, Kentucky | Kentucky Expo Center

WT	MATCH RESULTS	SCSU	TBD
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES

(RV) CHADRON STATE EAGLES

December 4, 2022 | Chadron, Nebraska | Chicoine Center

WT	MATCH RESULTS	SCSU	CSU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES

NWCA NATIONAL DUALS

January 6, 2023 | Louisville, Kentucky | Kentucky Expo Center

WT	MATCH RESULTS	SCSU	TBD
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES

SAN FRANCISCO STATE GATORS

December 4, 2022 | Chadron, Nebraska | Chicoine Center

WT	MATCH RESULTS	SCSU	SFSU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES

NWCA NATIONAL DUALS

January 7, 2023 | Louisville, Kentucky | Kentucky Expo Center

WT	MATCH RESULTS	SCSU	TBD
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			



2022-23 DUAL BOX SCORES

#1 ST. CLOUD STATE HUSKIES
NWCA NATIONAL DUALS--
--

January 7, 2023 | Louisville, Kentucky | Kentucky Expo Center

WT	MATCH RESULTS	SCSU	TBD
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES
#20 MINN. STATE-MANKATO MAVERICKS--
--

January 21, 2023 | St. Cloud, Minnesota | Halenbeck Hall

WT	MATCH RESULTS	SCSU	KATO
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES
#11 UW-PARKSIDE RANGERS--
--

January 12, 2023 | St. Cloud, Minnesota | Halenbeck Hall

WT	MATCH RESULTS	SCSU	UWP
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES
MSU-MOORHEAD DRAGONS--
--

January 27, 2023 | Moorhead, Minnesota | Nemzek Fieldhouse

WT	MATCH RESULTS	SCSU	MSUM
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES
#8 AUGUSTANA VIKINGS--
--

January 15, 2022 | St. Cloud, Minnesota | Halenbeck Hall

WT	MATCH RESULTS	SCSU	AUGIE
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES
#20 NORTHERN STATE WOLVES--
--

January 28, 2023 | Aberdeen, South Dakota | Wachs Arena

WT	MATCH RESULTS	SCSU	NSU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			



2022-23 DUAL BOX SCORES

#1 ST. CLOUD STATE HUSKIES
(RV) UPPER IOWA PEACOCKS

February 2, 2023 | Fayette, Iowa | Dorman Gymnasium

WT	MATCH RESULTS	SCSU	UIU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

-- #1 ST. CLOUD STATE HUSKIES
-- (RV) MINOT STATE BEAVERS

February 11, 2023 | Minot, North Dakota | Minot State Dome

WT	MATCH RESULTS	SCSU	MSU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

#1 ST. CLOUD STATE HUSKIES
#22 MARY MARAUDERS

February 10, 2023 | Bismarck, North Dakota | McDowell Center

WT	MATCH RESULTS	SCSU	MARY
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

-- #1 ST. CLOUD STATE HUSKIES
-- #23 SOUTHWEST MINN. STATE MUSTANGS

February 16, 2023 | St. Cloud, Minnesota | Halenbeck Hall

WT	MATCH RESULTS	SCSU	SMSU
125			
133			
141			
149			
157			
165			
174			
184			
197			
HWT			

2022-23 DUAL-BY-DUAL STARTERS

DUAL	125	133	141	149	157	165	174	184	197	HWT
WESTERN COLORADO	—	—	—	—	—	—	—	—	—	—
CHADRON STATE	—	—	—	—	—	—	—	—	—	—
SAN FRANCISCO STATE	—	—	—	—	—	—	—	—	—	—
NWCA DUALS	—	—	—	—	—	—	—	—	—	—
NWCA DUALS	—	—	—	—	—	—	—	—	—	—
NWCA DUALS	—	—	—	—	—	—	—	—	—	—
NWCA DUALS	—	—	—	—	—	—	—	—	—	—
UW-PARKSIDE	—	—	—	—	—	—	—	—	—	—
AUGUSTANA	—	—	—	—	—	—	—	—	—	—
MINN. STATE-MANKATO	—	—	—	—	—	—	—	—	—	—
MSU-MOORHEAD	—	—	—	—	—	—	—	—	—	—
NORTHERN STATE	—	—	—	—	—	—	—	—	—	—
UPPER IOWA	—	—	—	—	—	—	—	—	—	—
MARY	—	—	—	—	—	—	—	—	—	—
MINOT STATE	—	—	—	—	—	—	—	—	—	—
SOUTHWEST MINN. STATE	—	—	—	—	—	—	—	—	—	—





125

PROBABLE
STARTER

ASHTON CLARK

YEAR: RS-JUNIOR

HOMETOWN: PARK RAPIDS, MINNESOTA

HIGH SCHOOL: PARK RAPIDS AREA

2022-23 RECORD: 3 - 2

CAREER RECORD: 9 - 5

CAREER NOTES

2021-22 | RS-SOPHOMORE SEASON

Went 6-3 while competing at 125...recorded one tech fall...took third at the Dakota Wesleyan Open...took fourth at the Dragon Open...

2020-21 | RS-FRESHMAN SEASON

Did not appear in a match during the pandemic-shortened season...

2019-20 | REDSHIRT SEASON

Went 6-4 in his redshirt season...recorded one pin...runner-up at the Don Parker Open...took fifth at the Buena Vista Open...

Prep: Five-time MSHSL Class AA State Tournament participant at Park Rapids High School under coaches Matt Clark and Jeff Dravis...was 167-23 as a prep...2018 MSHSL Class AA State Runner-Up at 113...2017 MSHSL Class A State Runner-Up at 106...took fifth at 106 in the 2016 MSHSL Class A State Tournament...three-time section champion...2016 MN/USA Junior State Champion in Freestyle...2016 MN/USA Junior State Champion in Greco...two-time MN/USA Cadet State Champion in Freestyle (2015, 2016)...two-time MN/USA Cadet State Champion in Greco (2015, 2016)...five-time Minnesota Storm national team member...member of 2016 National Championship team...also lettered in cross country, tennis and golf at Park Rapids...

Personal: Son of Matt and Angel Clark...marketing major...honor roll member in high school...enjoys hunting, fishing, wakeboarding, surfing, skiing and spearing...

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
125	11/12	DWU Open	Stephen Moreno (St. Thomas)	W	Dec 4-2 SV1
125	11/12	DWU Open	Clayson Mele (MSUM)	W	Dec 10-4
125	11/12	DWU Open	Jack Schoenhard (Northern State)	W	Dec 3-0
125	11/12	DWU Open	Seth I'nama (Briar Cliff)	L	Dec 3-2
125	11/12	DWU Open	Bishop Murray (Nebraska Kearney)	L	TF 17-2 4:43

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2019-20	SCSU	Redshirted						
2020-21	SCSU	-	-	-	-	-	-	-
2021-22	SCSU	6-3	-	-	-	1	-	-
2022-23	SCSU	3-2	-	-	-	-	-	-
CAREER		9-5	-	-	-	1	-	-





133

PROBABLE
STARTER

CALEB MEEKINS

YEAR: RS-JUNIOR

HOMETOWN: LIVONIA, MICHIGAN

HIGH SCHOOL: JOHN GLENN

PREVIOUS SCHOOL: INDIAN HILLS CC

2022-23 RECORD: 6 - 1

CAREER RECORD: 45 - 4

CAREER NOTES

Athletic: Two-time NJCAA All-American...2022 NJCAA North Central District Champion at 133...2022 NJCAA Third Place at 133...2021 NJCAA Fourth Place at 133...2021 ICCAC Champion at 133...

2021-22 (INDIAN HILLS CC) | RS-SOPHOMORE SEASON

Became a two-time NJCAA All-American with a Third-Place finish at 133...spent most of the season ranked No. 1 at 133 and went 26-1...was 9-0 in duals...scored two major decisions, two tech falls and a whopping 15 pins...earned titles at the Falcon Invite and Drury Open...NJCAA North Central District Champion at 133...entered the NJCAA Championships as the No. 1 seed at 133...

2020-21 (INDIAN HILLS CC) | RS-FRESHMAN SEASON

Earned NJCAA All-American status by placing Fourth at 133...went 13-2 with a 7-0 record in duals...posted two major decisions and eight pins...earned the ICCAC Championship at 133...entered the NJCAA Championships as the No. 4 seed at 133...

2019-20 (NORTHERN ILLINOIS) | REDSHIRT SEASON

Went 12-5 in his redshirt season...scored a tech fall and nine pins...placed fifth at 125 at the Cyclone Open...earned third at 133 at the Flash Flanagan Open...earned a title at 125 at the Harper Open...

Prep: A two-time Michigan state placewinner at John Glenn...won 150 matches in his final three seasons with over 200 across his high school career...served as a captain while leading three Regional Championship teams with one Final Four appearance...

Personal: Son of Curtis and Natasha Meekins...majoring in Health & Physical Education...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2019-20	NIU	Redshirted						
2020-21	IHCC	13-2	7-0	-	2	-	8	-
2021-22	IHCC	26-1	9-0	-	2	2	15	-
2022-23	SCSU	6-1	-	1-0	2	1	2	2:04
CAREER		45-4	16-0	1-0	6	3	25	2:04

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
133	11/5	Yellowjacket Open	Cael Bartels (UW-Eau Claire)	W	MD 12-3
133	11/5	Yellowjacket Open	Rocco Visci (RCTC)	W	TF 20-5 5:13
133	11/5	Yellowjacket Open	No. 1 Reece Barnhardt (Mary)	W	Fall 4:03
133	11/12	DWU Open	James Blachard (St. Thomas)	W	Fall 2:04
133	11/12	DWU Open	Teagan Block (Northern State)	W	MD 18-4
133	11/12	DWU Open	Joseph Airola (Nebraska Kearney)	L	Dec 10-5





133

PROBABLE
STARTER

SAM SPENCER

YEAR: RS-SOPHOMORE

HOMETOWN: HUNTLEY, ILLINOIS

HIGH SCHOOL: HUNTLEY

2022-23 RECORD: 7 - 3

CAREER RECORD: 10 - 4

CAREER NOTES

2021-22 | RS-FRESHMAN SEASON

Went 2-1 while competing at 141...took fifth at the North Country Open...

2020-21 | REDSHIRT SEASON

Appeared in one match and went 1-0 at 133...was 1-0 in duals...

Prep: Four-time Illinois State Class 3A qualifier and four-year letterwinner at Huntley High School under coaches B.J. Bertelsman and Eric Lachel...170-27 as a prep...three-time state placewinner...took fifth at 126 at the 2020 IHSA Class 3A State Tournament...took fifth at 113 at the 2018 IHSA Class 3A State Tournament...took eighth at 126 at the 2019 IHSA Class 3A State Tournament...two-time IHSA Class 3A Section Champion...four-time IHSA Class 3A Region Champion...two-time IL/USA Junior State Greco Champion (2018 at 126, 2019 at 132)...2019 IL/USA Junior State Freestyle Champion at 132...

Personal: Son of Scott and Carrie Spencer...business management major...enjoys hanging out with friends, watching Netflix and YouTube...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2020-21	SCSU	1-0	1-0	-	-	-	-	-
2021-22	SCSU	2-1	-	-	-	-	-	-
2022-23	SCSU	7-3	-	-	3	-	1	1:57
CAREER		10-4	1-0	-	3	-	1	1:57

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
133	11/5	Yellowjacket Open	Lane Cowell (Iowa Central CC)	L	Dec 4-3
133	11/5	Yellowjacket Open	Robby Horsman (St. Cloud State)	W	MD 10-0
133	11/5	Yellowjacket Open	Lane Cowell (Iowa Central CC)	L	Dec 5-4
133	11/12	DWU Open	Zachary Ourada (Nebraska Kearney)	W	Dec 5-4
133	11/12	DWU Open	Omar Corrales (St. Thomas)	W	MD 8-0
133	11/12	DWU Open	Mason Turner (Fort Hays State)	W	Fall 1:57
133	11/12	DWU Open	Joseph Airola (Nebraska Kearney)	L	Dec 8-1
133	11/12	DWU Open	Thomas Carillo (MSUM)	W	MD 10-2
133	11/12	DWU Open	Teagan Block (Northern State)	W	Dec 7-4





141

PROBABLE
STARTER

ALYEUS CRAIG

YEAR: RS-FRESHMAN

HOMETOWN: WICHITA, KANSAS

HIGH SCHOOL: VALLEY CENTER

2022-23 RECORD: 8 - 0

CAREER RECORD: 8 - 0

CAREER NOTES

2021-22 | REDSHIRT SEASON

Went 9-3 in his redshirt season...six of his nine wins were in the bonus...piled up two major decisions, two tech falls and two pins...earned a title at the Dragon Open...took third at the Don Parker Open...

Prep: Four-time Class 5A Kansas State qualifier and 2021 Kansas State Champion at Valley Center High School...was 106-12 over his last three seasons as a prep...2020-21 KWCA Class 5A Senior Wrestler of the Year...four-time KSHSAA Class 5A State Qualifier at 126 (2018, 2019, 2020, 2021)...2021 KSHSAA Class 5A State Champion at 126...2020 KSHSAA Class 5A State Runner-Up at 126...two-time KSHSAA Class 5A Region Champion at 126...2021 USAW Junior State Champion in Freestyle at 132...2021 USAW Junior State Champion in Greco at 132...2021 Rocky Welton Invite Champion at 126...2019 Southern Plains Regional 16U Champion in Greco at 120...took third at 120 at the 2019 16U Southern Plains Regional...2019 USAW Cadet State Champion in Freestyle at 120...2019 USAW Cadet State Champion in Greco at 120...

Personal: Son of Joe Craig and Megan Corrad...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2021-22	SCSU	Redshirted						
2022-23	SCSU	8-0	-	-	1	1	1	1:58
CAREER		8-0	-	-	1	1	1	1:58

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
141	11/5	Yellowjacket Open	Kade Sammons (Augustana)	W	TF 17-0 4:03
141	11/5	Yellowjacket Open	Phillip Kue (St. Cloud State)	W	Dec 2-0
141	11/5	Yellowjacket Open	Laken Boese (Mary)	W	Dec 7-2
141	11/12	DWU Open	Trey Schuck (Northwestern IA)	W	MD 12-3
141	11/12	DWU Open	Ethan Krey (Briar Cliff)	W	Dec 5-2
141	11/12	DWU Open	Parker Benz (MSUM)	W	Fall 1:58
141	11/12	DWU Open	Daniel DeRosier (Nebraska Kearney)	W	Dec 7-0
141	11/12	DWU Open	Thomas Williams (St. Thomas)	W	Dec 2-0





149

PROBABLE
STARTER

CAMERON RIGGS

YEAR: RS-SENIOR

HOMETOWN: NORTH PLATTE, NEBRASKA

HIGH SCHOOL: MAXWELL

2022-23 RECORD: 9 - 2

CAREER RECORD: 35 - 10

CAREER NOTES

Academic: Two-time Academic All-NSIC (2021, 2022)...

2021-22 | RS-JUNIOR SEASON

Went 13-4 in his junior campaign...was 3-0 in duals...recorded three major decisions, a tech fall and two pins...runner-up at Cobber Invite and Dakota Wesleyan Open...took fourth at the Don Parker Open...took fifth at the North Country Open...named Jim & Dave Hazewinkel Tough Man of the Year...

2020-21 | RS-SOPHOMORE SEASON

Appeared in one match during the pandemic-shortened season...went 1-0...

2019-20 | RS-FRESHMAN SEASON

Went 12-4 while competing primarily at 141...recorded one major decision, one tech fall and five pins...runner-up at the North Country Open...took third at the Don Parker Open competing at 149...took fifth at the BVU Open and Ridgewater Open...

2018-19 | REDSHIRT SEASON

Went 22-7 in his redshirt season, competing primarily at 141...posted one major decision, two tech falls and a whopping 11 pins...his 11 pins tied him with Vince Dietz for the Huskies lead...earned the Dragon Open title...runner-up at the Huskies Open and Don Parker Open (149)...took third at the Dakota Wesleyan Open...took fourth at the North Country Open...took fifth at the Yellowjacket Open...named one of the SCSU Redshirt Wrestlers of the Year...

Prep: A record-setting 204-0 four-time Nebraska State champion at Maxwell High School...three-time NSAA Class D State Champion at 132 (2016, 2017, 2018)...2016 NSAA Class D State Champion at 113...four-time District Champion...four-time Conference Champion...2018 NE/USA Junior State Champion in Greco...2018 NE/USA Junior State Runner-up in Freestyle...took fifth at the 2017 USAW Preseason Nationals...took third at the 2017 NE/USA Junior State Greco Championships...took third at the 2017 NE/USA Junior State Freestyle Championships...

Personal: Son of Dan and Carolyn Riggs...marketing major and business management minor...

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
149	11/5	Yellowjacket Open	Tyler Soltau (SMSU)	W	MD 11-3
149	11/5	Yellowjacket Open	Shaemon Erb (Nebraska Wesleyan)	W	Fall 0:17
149	11/5	Yellowjacket Open	Cael Larson (Augustana)	W	Dec 3-1 SV1
149	11/5	Yellowjacket Open	No. 8 Nick Novak (St. Cloud Stat)	L	Dec 1-0
149	11/12	DWU Open	Brody Arrants (Nebraska Kearney)	W	Dec 8-7
149	11/12	DWU Open	Clayton Harris (Wayne State)	W	TF 20-5 5:26
149	11/12	DWU Open	Luke Peterson (SMSU)	L	Dec 6-5
149	11/12	DWU Open	Carter Ban (Northern State)	W	Dec 6-2
149	11/12	DWU Open	Brady Holien (Ridgewater CC)	W	Dec 15-10
149	11/12	DWU Open	Nolan Throne (St. Cloud State)	W	Dec 3-1

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2018-19	SCSU	Redshirted						
2019-20	SCSU	12-4	-	-	1	1	5	0:25
2020-21	SCSU	1-0	-	-	-	-	-	-
2021-22	SCSU	13-4	3-0	0-1	3	1	2	0:55
2022-23	SCSU	9-2	-	0-1	1	1	1	0:17
CAREER		35-10	3-0	0-2	5	3	8	0:17





149

PROBABLE
STARTER

JOEY BIANCHINI

YEAR: RS-SENIOR

HOMETOWN: ELK GROVE VILLAGE, ILLINOIS

HIGH SCHOOL: IC CATHOLIC PREP

2022-23 RECORD: 0 - 0

CAREER RECORD: 61 - 3

CAREER NOTES

Academic: Four-time NWCA All-Academic honoree (2019, 2020, 2021, 2022)...Academic All-NSIC (2021, 2022)...

Athletic: Three-time All-American...2021 NCAA Runner-Up at 141...placed third in 2022 at 141...three-time Super Region V Champion at 141 (2020, 2021, 2022)...2019-20 NWCA DII Rookie of the Year...2019-20 NSIC Rookie of the Year...three-time First team All-NSIC honoree (2020, 2021, 2022)...

2021-22 | RS-JUNIOR SEASON

Spent nearly the entire season ranked No. 1 at 141 and went 30-1...was a perfect 12-0 in dual meets...posted eight major decisions, three tech falls and five pins...led St. Cloud State with 16 bonus-point wins...also led the Huskies in scoring, winning percentage and majors while tying for the lead in pins...earned titles at the Cobber Invite, Dakota Wesleyan Open and North Country Open...First Team All-NSIC...Super Region V Champion at 141...entered the NCAA Tournament as the No. 1 seed and earned Third Place...St. Cloud State Wrestling "Dean Weisman" Wrestler of the Year...

2020-21 | RS-SOPHOMORE SEASON

Became a two-time All-American with a Runner-Up finish at 141 to help lead SCSU to a National Championship...went 11-1 with four major decisions...was 5-0 in dual meets...First Team All-NSIC...Super Region V Champion at 141...

2019-20 | RS-FRESHMAN SEASON

Named NWCA DII National Rookie of the Year and NSIC Rookie of the Year...named an All-American by the NWCA after the tournament was canceled by the NCAA...went 20-1 in his first season as the Huskies' starter at 141 while also wrestling a pair of duals at 149...was 6-1 in duals...recorded five major decisions, one tech fall and a pin...earned titles at the Cobber, Buena Vista and Don Parker Opens...First Team All-NSIC...Super Region V Champion at 141...

2018-19 | REDSHIRT SEASON

Went 2-1-4 in his redshirt season...recorded five major decisions, four tech falls and one pin...first place at RCTC, Dakota Wesleyan and Husky Opens...placed third at Cobber Open...named one of the SCSU Redshirt Wrestlers of the Year...

Prep: A grad of Immaculate Conception Catholic Prep High School...earned a berth in three Illinois High School Association 1A state finals...won back-to-back state titles in 2018 at 138 and 2017 at 113...placed second at the 2016 1A State championships at 106...earned the 2017 USAW National Championship at 132...an outstanding student academically...had a three year mark of 120-6...

Personal: Son of Susie and Tony Bianchini...marketing major at SCSU...enjoys hanging out with friends...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2018-19	SCSU	Redshirted						
2019-20	SCSU	20-1	6-1	2-0	5	1	1	2:51
2020-21	SCSU	11-1	5-0	3-1	4	-	-	-
2021-22	SCSU	30-1	12-0	1-1	8	3	5	0:55
2022-23	SCSU	-	-	-	-	-	-	-
CAREER		61-3	23-1	6-2	17	4	6	0:55

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
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157

PROBABLE
STARTER

NICK NOVAK

YEAR: SOPHOMORE

HOMETOWN: NEW PRAGUE, MINNESOTA

HIGH SCHOOL: NEW PRAGUE

2022-23 RECORD: 9 - 0

CAREER RECORD: 30 - 6

CAREER NOTES

Academic: 2022 NWCA All-Academic honoree...

Athletic: 2022 NCAA Qualifier...2022 Super Region V Champion at 149...

2021-22 | FRESHMAN SEASON

NCAA Qualifier at 149 as the No. 7 seed at the tournament...went 21-6 in his true freshman campaign, earning the starting spot at 149 midway through dual season...was 3-2 in duals...piled up six major decisions, seven tech falls and one pin...led the Huskies in tech falls while providing the second-most bonus-point wins...earned titles at the Dragon Open and North Country Open...Super Region V Champion at 149...earned the No. 7 seed at the NCAA Championships...SCSU Wrestling Buzz Saw Award recipient...

Prep: Four-year MSHSL State Placer at New Prague High School...2021 MSHSL Class AAA State Champion at 145, pinning his first two opponents then earning the title with a 15-0 tech fall...was 169-17 over his final four years of high school...went 30-1 as a senior with three major decisions, five tech falls and 19 pins...ranked No. 23 National-ly at 145 by USA Magazine entering his senior year...2020 USAW Preseason National Champion...2020 MSHSL Class AAA State Runner-up at 138...took fourth at 120 at the 2019 MSHSL Class AAA State Championships...took sixth at 106 at the 2018 MSHSL Class AAA State Championships...2019 USAW Junior National Champion in Folkstyle...three-year Rumble on the Red runner-up (2017, 2018, 2019)...took third at the 2019 Bi-State Classic...

Personal: Son of Dan and Julie Novak...engineering major...three-year honor roll student at New Prague...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2021-22	SCSU	21-6	3-2	2-2	6	7	1	1:36
2022-23	SCSU	9-0	-	-	2	1	1	4:32
CAREER		30-6	3-2	2-2	8	8	2	1:36

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
149	11/5	Yellowjacket Open	Kyle Boeke (Augustana)	W	MD 9-0
149	11/5	Yellowjacket Open	Lincoln Turman (Mary)	W	TF 19-3 5:51
149	11/5	Yellowjacket Open	Parker Kratochvill (UW-La Crosse)	W	Dec 7-3
149	11/5	Yellowjacket Open	Cameron Riggs (St. Cloud State)	W	Dec 1-0
149	11/12	DWU Open	Devin Padilla (Northwestern IA)	W	Fall 4:32
149	11/12	DWU Open	Carter Ban (Northern State)	W	Dec 5-0
149	11/12	DWU Open	Nolan Throne (St. Cloud State)	W	Dec 2-0
149	11/12	DWU Open	Noah Horst (St. Thomas)	W	Dec 5-1
149	11/12	DWU Open	Luke Peterson (SMSU)	W	MD 9-0





157

PROBABLE
STARTER

JIMMY PIERANDOZZI

YEAR: RS-SOPHOMORE

HOMETOWN: PLAINFIELD, ILLINOIS

HIGH SCHOOL: PLAINFIELD SOUTH

2022-23 RECORD: 7 - 1

CAREER RECORD: 18 - 4

CAREER NOTES

2021-22 | RS-FRESHMAN SEASON

Went 11-3 while competing at 157...recorded one tech fall and three pins...earned the Cobber Invite title...runner-up at the Dragon Open and North Country Open...took third at the Dakota Wesleyan Open...Gary Boman Most Improved Wrestler winner...

2020-21 | REDSHIRT SEASON

Did not appear in a match during his pandemic-shortened redshirt season...

Prep: Three-time Illinois Class 3A State qualifier at Plainfield South High School...went 110-27 as a prep...2020 IHSA Class 3A State Runner-Up at 152...took sixth at 145 at the 2019 IHSA Class 3A State Tournament...qualified at 138 at the 2018 IHSA Class 3A State Tournament...two-time IHSA Section Champion (2019, 2020)...three-time IHSA Region Champion (2018, 2019, 2020)...took third at the 2017 USAW Cadet Folkstyle National Championships at 126...2016 USAW Preseason All-American...2016 IL/USA Cadet State Freestyle Runner-Up...2016 IL/USA Cadet State Greco Runner-Up...

Personal: Son of Anthony and Noreen Pierandozzi...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2020-21	SCSU	Redshirted						
2021-22	SCSU	11-3	-	-	-	1	3	2:21
2022-23	SCSU	7-1	-	0-1	-	1	2	1:58
CAREER		18-4	-	0-1	-	2	5	1:58

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
157	11/5	Yellowjacket Open	Anthony Velazquez (Mary)	W	Fall 1:58
157	11/5	Yellowjacket Open	No. 5 Colby Njos (St. Cloud State)	L	Dec 1-0
157	11/5	Yellowjacket Open	Drayden Morton (Unattached)	W	Dec 4-2 SV1
157	11/12	DWU Open	Trevon Gilliam (Briar Cliff)	W	TF 16-1 1:52
157	11/12	DWU Open	Briar Reisz (Nebraska-Kearney)	W	Dec 7-3
157	11/12	DWU Open	Noah Styskal (Morningside)	W	Fall 2:34
157	11/12	DWU Open	Miles Fitzgerald (Augustana)	W	Dec 6-4
157	11/12	DWU Open	John Diener (Morningside)	W	Dec 7-3





165

PROBABLE
STARTER

ANTHONY HERRERA

YEAR: RS-SENIOR

HOMETOWN: STANSBURY PARK, UTAH

HIGH SCHOOL: STANSBURY PARK

PREVIOUS SCHOOL: WESTERN WYOMING CC

2022-23 RECORD: 5 - 2

CAREER RECORD: 69 - 13

CAREER NOTES

Academic: 2022 NWCA All-Academic honoree...

Athletic: Three-time All-American...2022 NCAA DII All-American...two-time NJCAA All-American (2020, 2021)...placed Fifth in the 2022 NCAA DII Tournament at 157...placed Third in the 2021 NJCAA Tournament at 157...placed Fourth in the 2020 NJCAA Tournament at 157...2022 Super Region V Champion at 157...two-time Rocky Mountain District Champion at 157 (2020, 2021)...2019-20 Rocky Mountain District Most Outstanding Wrestler...2022 First Team All-NSIC...

2021-22 | RS-JUNIOR SEASON

Earned NCAA All-American status in his debut season with SCSU after taking Fifth at 157...went 21-3 and 9-1 in duals...recorded one major decision, one tech fall and a pin...earned titles at the Cobber Invite and North Country Open...NSIC Wrestler of the Week (11/6/21)...First Team All-NSIC...Super Region V Champion at 157...entered the NCAA Tournament as the No. 1 seed at 157...St. Cloud State Wrestling Newcomer of the Year Award...

2020-21 (WESTERN WYOMING CC) | RS-SOPHOMORE SEASON

Became a two-time NJCAA All-American with a Third Place finish at 157...went 17-1 as a sophomore with an 8-0 record in duals...posted three major decisions, one tech fall and five pins...earned a title at the Golden Norsemen Invite...Rocky Mountain District Champion at 157...entered the NJCAA Championships as the No. 2 seed at 157...

2019-20 (WESTERN WYOMING CC) | RS-FRESHMAN SEASON

Earned NJCAA All-American status with a Fourth Place finish...went 26-7 with a 8-2 record in duals...recorded four major decisions, two tech falls and six pins...Rocky Mountain District Most Outstanding Wrestler...Rocky Mountain District Champion at 157...entered the NJCAA Championships as the No. 3 seed...

2018-19 (WESTERN WYOMING CC) | REDSHIRT SEASON

Went 13-8 in his redshirt season while wrestling unattached at 149...posted three major decisions and two pins...took third at the Northwest Open...took third at the Cusatis Open...

Prep: Went 150-34 in high school...earned the Class 4A Utah State Championship at 138 pounds as a senior...took third place as a junior and fifth as a sophomore in the Utah State Tournament...

Personal: Son of Jeff and Kim Herrera...Criminal Justice major...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2018-19	WWCC	Redshirted						
2019-20	WWCC	26-7	8-2	-	4	2	6	2:39
2020-21	WWCC	17-1	8-0	-	3	1	5	0:51
2021-22	SCSU	21-3	9-1	6-3	1	1	1	2:45
2022-23	SCSU	5-2	-	-	1	1	1	1:09
CAREER		69-13	25-3	6-4	9	5	13	0:51

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
165	11/5	Yellowjacket Open	Riley Noble (Mary)	L	Dec 4-3
165	11/5	Yellowjacket Open	Cole Hansen (UW-La Crosse)	L	Dec 5-4
165	11/12	DWU Open	Sam Copley (Northwestern IA)	W	Fall 1:09
165	11/12	DWU Open	Daniel Garlin (St. Thomas)	W	TF 21-5 5:46
165	11/12	DWU Open	Lucas Hodges (SMSU)	W	Dec 8-1
165	11/12	DWU Open	Zander Ernst (Morningside)	W	MD 16-2
165	11/12	DWU Open	Coy Gunderson (Augustana)	W	Dec 4-1





165

PROBABLE
STARTER

JARED HEAD

YEAR: RS-JUNIOR

HOMETOWN: WASHINGTON, ILLINOIS

HIGH SCHOOL: WASHINGTON COMMUNITY

PREVIOUS SCHOOL: OLD DOMINION

2022-23 RECORD: 2 - 1

CAREER RECORD: 17 - 10

CAREER NOTES

2021-22 | RS-SOPHOMORE SEASON

Went 14-8 and earned the starting spot at 165 late in the season...was 4-0 in duals...recorded two major decisions and four pins...took third at the Dakota Wesleyan Open...

2020-21 | RS-FRESHMAN SEASON

Went 1-1 in his debut season with the Huskies, wrestling a pair of bouts at 157...1-1 in duals...

2019-20 (OLD DOMINION) | REDSHIRT SEASON

Did not compete due to injury...

Prep: Helped Washington Community High School earn four straight Illinois Class 2A State Championships...first-ever Illinois high school to win four consecutive titles...went 90-8 over his final two seasons...two-time Illinois Class 2A State Runner-Up at 160 (2018, 2019)...two-time Illinois Greco-Roman State Runner-Up at 160 (2018, 2019)...2018 USAW Preseason National Champion...2016 Illinois Greco-Roman Cadet State Champion...

Personal: Son of Duane and Rhonda Head...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2019-20	ODU	Redshirted						
2020-21	SCSU	1-1	1-1	-	-	-	-	-
2021-22	SCSU	14-8	4-0	-	2	-	4	0:19
2022-23	SCSU	2-1	-	-	-	-	1	6:40
CAREER		17-10	5-1	-	2	-	5	0:19

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
165	11/5	Yellowjacket Open	Tyler Wagener (Augustana)	L	MD 16-3
165	11/5	Yellowjacket Open	Alfred Daniel (UW-Eau Claire)	W	Fall 6:40
165	11/5	Yellowjacket Open	Bryce Dagle (St. Cloud State)	W	Dec 3-1 SV1





174

PROBABLE
STARTER

ABNER ROMERO

YEAR: RS-SENIOR

HOMETOWN: FRESNO, CALIFORNIA

HIGH SCHOOL: BUCHANAN

PREVIOUS SCHOOL: LINDENWOOD

2022-23 RECORD: 3 - 0

CAREER RECORD: 59 - 2

CAREER NOTES

Athletic: 2021 NCAA DII Champion at 174...two-time NCAA DII All-American...two-time Super Region IV Champion at 174 (2020, 2021)...2018 CCCAA State Champion at 174...2021 First Team All-GLVC...2020 Second Team All-GLVC...2021 GLVC Wrestler of the Week (11/23)...

2021-22 (LINDENWOOD) | RS-SENIOR SEASON

Went 6-1 in his final season at Lindenwood...wrestled a pair of opens...recorded two major decisions and a pin...named GLVC Wrestler of the Week on November 23...earned a title in the Open Division of the Lindenwood Open, becoming the first LU wrestler to win the title since the event became a two-division format in 2013...

2020-21 (LINDENWOOD) | RS-JUNIOR SEASON

Earned the 2021 NCAA DII National Championship at 174, becoming a two-time All-American...spent the entire season ranked No. 1 at 174...went 12-0 with a 5-0 mark in duals...scored four major decisions, two tech falls and a pin...led Lindenwood in both major decisions and tech falls...First Team All-GLVC...Super Region IV Champion at 174...went 4-0 at the NCAA Tournament as the No. 1 seed at 174 and outscored his opponents 44-4...

2019-20 (LINDENWOOD) | RS-SOPHOMORE SEASON

Named an All-American by the NWCA after the national tournament was canceled...joined Lindenwood at semester and went 10-1 with a 6-1 record in duals...scored three major decisions, one tech fall and four pins...competed unattached at the Reno Tournament of Champions prior to joining the Lions, taking fourth at 174 and going 3-1 with wins over opponents from Cal Baptist, Colorado Mesa and Northern Colorado...Second Team All-GLVC...Super Region IV Champion at 174...

2017-18 (FRESNO CITY CC) | RS-FRESHMAN SEASON

Earned the 2018 CCCAA State Championship at 174...led Fresno City to the 2021 CCCAA State Championship...went 28-0 on the season...

2016-17 (OLD DOMINION) | REDSHIRT SEASON

Went 29-10 in his redshirt season, competing at 165 and 174...scored five major decisions, one tech fall and five pins...ranked second among all Old Dominion wrestlers in wins while sharing the lead in pins...earned titles at the Mat Town and Mat Town II Opens...placed fifth at the Southeast Open and sixth at the NCO...runner-up at the App State Open...placed third at the Wolfpack Open...went 2-2 at Midlands...

Prep: Ranked No. 14 at 160 and No. 55 overall in the class of 2016 by InterMat...2016 California State runner-up at 160...2016 NHSCA Senior National Champion at 170...three-time state qualifier and two-time placewinner...led Buchanan High School to a State Championship and a No. 5 national ranking by InterMat and FloWrestling...

Personal: Son of Abner Sr. and Leticia Romero...brother Joel Romero wrestles at Midland University...majoring in Health & Physical Education...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2016-17	ODU	Redshirted						
2017-18	FCCC	28-0	-	-	-	-	-	-
2019-20	LU	10-1	6-1	0-1	3	1	4	0:37
2020-21	LU	12-0	5-0	5-0	4	2	1	1:18
2021-22	LU	6-1	-	-	2	-	1	2:59
2022-23	SCSU	3-0	-	1-0	1	1	-	-
CAREER		59-2	11-1	6-1	10	4	6	0:37

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
174	11/5	Yellowjacket Open	Riley Mitchell (Mary)	W	MD 14-0
174	11/5	Yellowjacket Open	Emmanuel Zepeda (Neb. Wesleyan)	W	TF 19-3 5:19
174	11/5	Yellowjacket Open	No. 8 Max Bruss (Mary)	W	Dec 5-2





174

PROBABLE
STARTER

BRYCE DAGE

YEAR: RS-FRESHMAN

HOMETOWN: EDEN PRAIRIE, MINNESOTA

HIGH SCHOOL: EDEN PRAIRIE

2022-23 RECORD: 6 - 2

CAREER RECORD: 6 - 2

CAREER NOTES

2021-22 | REDSHIRT SEASON

Went 7-1 in his redshirt season...earned a title at the Don Parker Open...took third at the North Country Open...

Prep: Three-time Class AAA Minnesota State placewinner and four-time state qualifier at Eden Prairie High School...180-30 in high school...two-year captain...five-time All-Conference selection...2021 MSHSL Class AAA Runner-Up at 152...took fourth at 145 at the 2020 MSHSL Class AAA State Tournament...took sixth at 126 at the 2019 MSHSL Class AAA State Tournament...2018 MSHSL Class AAA State Qualifier at 106...two-time MSHSL Section 6AAA Champion (2018, 2019)...two-time MSHSL Section 6AAA Runner-Up (2020, 2021)...2021 MN/USA Junior State Greco Champion at 160...2021 MN/USA Junior State Freestyle Champion at 160...took fifth at 160 at the 2021 USA Wrestling Junior Folkstyle Nationals...

Personal: Son of Jen and Ken Dage...sports management major...volunteered with Special Olympics...enjoys fishing and lifting...aspires to own his own personal training business...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2021-22	SCSU	Redshirted						
2022-23	SCSU	6-2	-	0-1	-	1	-	-
CAREER		6-2	-	0-1	-	1	-	-

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
165	11/5	Yellowjacket Open	No. 11 Braydon Huber (Mary)	L	Dec 4-1
165	11/5	Yellowjacket Open	Brandon Lalla (SMSU)	W	TF 18-2 1:57
165	11/5	Yellowjacket Open	Cole Hansen (UW-La Crosse)	W	Dec 3-2
165	11/5	Yellowjacket Open	Jared Head (St. Cloud State)	L	Dec 3-1 SV1
174	11/12	DWU Open	Tyler Voorhees (Northern State)	W	Dec 12-5
174	11/12	DWU Open	Gavyn Brauer (Nebraska Kearney)	W	Dec 5-1
174	11/12	DWU Open	Jonah Gruenes (Augustana)	W	Dec 6-2
174	11/12	DWU Open	Tyson Lien (Northern State)	W	Dec 3-2





184

PROBABLE
STARTER

SHAEDEN SCHEIDT

YEAR: RS-SOPHOMORE

HOMETOWN: CANTON, SOUTH DAKOTA

HIGH SCHOOL: CANTON

2022-23 RECORD: 7 - 2

CAREER RECORD: 20 - 7

CAREER NOTES

Academic: 2022 NWCA All-Academic honoree...2022 SCSU Scholar Wrestler of the Year...

2021-22 | RS-FRESHMAN SEASON

Went 13-5 while competing at both 174 and 184...was 2-2 in duals...scored two major decisions, four tech falls and three pins...earned titles at the Dragon Open and North Country Open...took third at the Copper Invite...took fifth at the Dakota Wesleyan Open...SCSU Scholar Wrestler of the Year...Gary Boman Most Improved Wrestler winner...

2020-21 | REDSHIRT SEASON

Did not appear in a match during his pandemic-shortened redshirt season...

Prep: Four-time South Dakota Class B State Finalist at Canton High School under coaches Jeremy Ask and Jeremy Swenson...earned 252 varsity wrestling wins...five-time South Dakota Class B State qualifier...2020 SDHSAA Class B State Champion at 170...2019 SDHSAA Class B Runner-Up at 170...two-time SDHSAA Class B Runner-Up at 160 (2017, 2018)...three-time SDHSAA Region 2B Champion (2017, 2019, 2020)...2019 SD/USA Junior State Champion in Folkstyle at 182...2019 SD/USA Junior State Champion in Greco at 182...2019 SD/USA Junior State Runner-Up in Freestyle at 182...2018 SD/USA Cadet State Champion in Freestyle at 170...2018 SD/USA Cadet State Runner-Up in Greco at 170...All-State linebacker and running back in football...state qualifier in 110m hurdles in track & field...competed for the Legends of Gold club wrestling team...

Personal: Son of Walter and Kendra Scheidt...mechanical engineering major and math minor...in SCSU honors program...National Honor Society member at Canton...enjoys hunting, video games, reading, Wednesday church and origami...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2020-21	SCSU	Redshirted						
2021-22	SCSU	13-5	2-2	0-2	2	4	3	2:04
2022-23	SCSU	7-2	-	-	2	-	2	1:12
CAREER		20-7	2-2	0-2	4	4	5	1:12

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
184	11/5	Yellowjacket Open	Danny Reynolds (Augustana)	W	Dec 16-9
184	11/5	Yellowjacket Open	Wyatt Lidberg (Mary)	L	Dec 8-5
184	11/12	DWU Open	Isaac Voboril (Wayne State)	W	Fall 1:12
184	11/12	DWU Open	Ethan Tokar (Briar Cliff)	W	Fall 1:40
184	11/12	DWU Open	Luke Jenness (Northwestern IA)	W	MD 8-0
184	11/12	DWU Open	Dylan Vodicka (Nebraska Kearney)	L	Fall 1:29
184	11/12	DWU Open	Danny Reynolds (Augustana)	W	MD 11-2





184

PROBABLE
STARTER

TYSON MEYER

YEAR: RS-FRESHMAN

HOMETOWN: GLENWOOD, MINNESOTA

HIGH SCHOOL: MINNEWASKA AREA

2022-23 RECORD: 6 - 3

CAREER RECORD: 6 - 3

CAREER NOTES

2021-22 | REDSHIRT SEASON

Went 16-5 in his redshirt season...scored three major decisions, five tech falls and three pins...his 11 bonus-point wins tied for third on the team...earned the North Country Open title...took third at the Don Parker Open and Cobber Invite...took fifth at the Dragon Open...took sixth at the Dakota Wesleyan Open...SCSU Redshirt Wrestler of the Year...

Prep: Three-time Class A Minnesota State Champion at Minnewaska Area High School...was 227-30 as a prep...five-time MSHSL Class A State Tournament qualifier...2021 MSHSL Class A State Champion at 182...two-time MSHSL Class A State Champion at 170 (2019, 2020)...three-time MSHSL Section 5A Champion...two-time Big Bear Tournament Champion at 182 (2018, 2019)...took third at the 2018 NHSCA National Championships...

Personal: Son of Cole and Mindy Meyer...business major...National Honor Society member at Minnewaska...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2021-22	SCSU	Redshirted						
2022-23	SCSU	6-3	-	-	1	-	3	2:00
CAREER		6-3	-	-	1	-	3	2:00

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
184	11/5	Yellowjacket Open	Jared Loberg (Unattached)	W	Fall 2:00
184	11/5	Yellowjacket Open	Kolby Kost (Augustana)	W	Fall 6:45
184	11/5	Yellowjacket Open	Wyatt Lidberg (Mary)	L	Dec 6-2
184	11/12	DWU Open	Tate Kuchera (Nebraska-Kearney)	L	Fall 1:09
184	11/12	DWU Open	Lorenzo Esparza (York)	W	Fall 4:03
184	11/12	DWU Open	Ryan Tiers (Fort Hays State)	W	MD 10-2
184	11/12	DWU Open	Bryce Westmoreland (Fort Hays St.)	W	Dec 7-3
184	11/12	DWU Open	Kolby Kost (Augustana)	L	Dec 12-7





197

PROBABLE
STARTER

DOMINIC MURPHY

YEAR: RS-JUNIOR

HOMETOWN: EVERGREEN PARK, ILLINOIS

HIGH SCHOOL: BROTHER RICE

2022-23 RECORD: 9 - 1

CAREER RECORD: 33 - 8

CAREER NOTES

Academic: 2022 NWCA All-Academic honoree...2022 Academic All-NSIC...

Athletic: NSIC Wrestler of the Week (12/13/22)...

2021-22 | RS-SOPHOMORE SEASON

Went 23-6 and spent most of the season nationally ranked at 174...was 11-3 in duals...recorded five major decisions and four pins...earned titles at the Cobber Invite and North Country Open...NSIC Wrestler of the Week (12/13)...named Jim & Dave Haze-winkel Tough Man of the Year...

2020-21 | RS-FRESHMAN SEASON

Went 1-1 while competing at 174 and 165...was 0-1 in duals...recorded one major decision...

2019-20 | REDSHIRT SEASON

Went 25-6 in his redshirt season...recorded four major decisions, a tech fall and six pins...earned titles at the Cobber Open and Ridgewater Open...runner-up at the Don Parker Open...took third at the North Country Open and BVU Open...took fourth at the Bison Open...took fifth at the Yellowjacket Open...named a SCSU Redshirt Wrestler of the Year...

Prep: Four-year letterwinner and three-time Illinois State qualifier at Brother Rice High School under coaches Bill Weick, Ken Bringe and Jan Murzyn...119-49 career prep record...three-time Region Champion...two-time Section Champion...placed Third at 170 in the Class AA IHSA State Championships...2018 Preseason National Champion...two-time Illinois National Team member (2017, 2019)...wrestled at the Region Wrestling Academy under the Tsirtsis brothers...also lettered in football and was a member of the track & field team...

Personal: Son of Ed and Lynne Murphy...sister Abbey is a member of the United States Women's Hockey Senior National Team and participated in the 2022 Beijing Winter Olympics...mechanical engineering major...four-year high school honor roll recipient...enjoys fishing, cliff jumping, lifting, hunting and running...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2019-20	SCSU	Redshirted						
2020-21	SCSU	1-1	0-1	-	1	-	-	-
2021-22	SCSU	23-6	11-3	3-5	5	-	4	2:33
2022-23	SCSU	9-1	-	1-1	2	1	1	0:22
CAREER		33-8	11-4	4-6	8	1	5	0:22

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
197	11/5	Yellowjacket Open	Derek Werner (Augustana)	W	MD 17-5
197	11/5	Yellowjacket Open	No. 4 Matt Kaylor (Mary)	W	Dec 3-1
197	11/5	Yellowjacket Open	Max Ramberg (Augustana)	W	Dec 6-4
197	11/5	Yellowjacket Open	Marcus Orlandoni (UW-La Crosse)	W	Dec 3-1 SV1
197	11/12	DWU Open	Colten Hink (Dakota Wesleyan)	W	TF 21-6 4:10
197	11/12	DWU Open	Ryan Patterson (Fort Hays State)	W	MD 14-5
197	11/12	DWU Open	Carter Marx (SMSU)	W	Dec 6-2
197	11/12	DWU Open	No. 11 Tereus Henry (Fort Hays St.)	L	MD 15-7
197	11/12	DWU Open	Jud Kuchera (Nebraska Kearney)	W	Fall 0:22
197	11/12	DWU Open	Jackson Kinsella (Neb. Kearney)	W	Dec 3-1 SV1





HWT

PROBABLE
STARTER

ELIJAH NOVAK

YEAR: FRESHMAN

HOMETOWN: FOLEY, MINNESOTA

HIGH SCHOOL: FOLEY

2022-23 RECORD: 9 - 2

CAREER RECORD: 9 - 2

CAREER NOTES

Prep: Class AA Minnesota State Champion and three-time state qualifier at Foley High School...went 131-12 as a prep including a 48-0 senior campaign...2022 Foley Male Athlete of the Year...All-State B Team honoree...2022 MSHSL Class AA State Champion at heavyweight...took third at heavyweight at the 2021 MSHSL Class AA State Tournament...2020 MSHSL Class AA State Tournament qualifier at heavyweight...2022 MSHSL Section 6AA Champion at heavyweight...2020 MSHSL Section 7AA Champion at heavyweight...2021 MSHSL Section 7AA Runner-Up at heavyweight...National Freestyle All-American at heavyweight...two-time MN/USA Junior State Freestyle Champion at heavyweight (2021, 2022)...2022 MN/USA Junior State Greco Champion at heavyweight...2021 Rumble on the Red Champion at heavyweight...

Personal: Son of Mark and Joan Novak...construction management major...B honor roll student at Foley...volunteered as a wrestling referee...enjoys hunting, fishing, working out, cars and trucks...aspires to be a project manager...

CAREER STATISTICS

SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2022-23	SCSU	9-2	-	-	-	-	3	1:03
CAREER		9-2	-	-	-	-	3	1:03

2022-23 MATCH-BY-MATCH RESULTS

WT.	DATE	EVENT	OPPONENT	W/L	RESULT
HWT	11/5	Yellowjacket Open	Austin Franchino (RCTC)	W	Fall 3:47
HWT	11/5	Yellowjacket Open	Luke Tweeton (Mary)	W	Dec 8-1
HWT	11/5	Yellowjacket Open	Nate Beberg (RCTC)	W	Dec 10-6
HWT	11/12	DWU Open	Forrest Hyson (Morningside)	W	Dec 5-0
HWT	11/12	DWU Open	Sam Vonnahme (Northwestern)	W	Fall 1:03
HWT	11/12	DWU Open	Jake Boley (Nebraska Kearney)	L	Dec 3-2
HWT	11/12	DWU Open	Kaleb Haase (St. Cloud State)	W	Dec 9-7 SV1
HWT	11/12	DWU Open	Anthony Caldwell (Fort Hays State)	W	Fall 1:17
HWT	11/12	DWU Open	Hunter DeJong (Morningside)	L	Dec 3-2





HWT

PROBABLE
STARTER

JADON MIMS

YEAR: FRESHMAN

HOMETOWN: MAYWOOD, ILLINOIS

HIGH SCHOOL: IC CATHOLIC PREP

2022-23 RECORD: 10 - 1

CAREER RECORD: 10 - 1

CAREER NOTES

Prep: Class 1A Illinois State Champion and three-time state placewinner at IC Catholic Prep...went 105-26 as a prep...2022 IHSA Class 1A State Champion at 220...took third at 220 at the 2021 IWCOA Class 1A State Tournament...took eighth at 220 at the 2020 IHSA Class 1A State Tournament...four-time Region Champion...three-time Section Champion...set the IC Catholic single-season pin record with 29 falls as a sophomore...

Personal: Son of LaKesha Hardman...sports management major...aspires to be an athletic director...

2022-23 MATCH-BY-MATCH RESULTS


WT.	DATE	EVENT	OPPONENT	W/L	RESULT
HWT	11/5	Yellowjacket Open	Aidyn Mitchell (Mary)	W	Fall 4:30
HWT	11/5	Yellowjacket Open	Erik Garcia (Harper)	W	Dec 13-9
HWT	11/5	Yellowjacket Open	Austin Schlangen (Ridgewater CC)	W	Dec 11-6
HWT	11/5	Yellowjacket Open	Max Balow (Augustana)	W	Dec 8-5
HWT	11/12	DWU Open	Edward Hajas (Augustana)	W	Dec 9-6
HWT	11/12	DWU Open	Charlie Farhat (Ridgewater CC)	W	Dec 7-1
HWT	11/12	DWU Open	Hunter DeJong (Morningside)	L	Dec 4-3
HWT	11/12	DWU Open	Austin Schlangen (Ridgewater CC)	W	Dec 2-1
HWT	11/12	DWU Open	Edward Hajas (Augustana)	W	Dec 5-3


CAREER STATISTICS


SEASON	TEAM	Overall	Duals	vs. Ranked	MD	TF	Fall	Quick
2022-23	SCSU	10-1	-	-	-	-	1	4:30
CAREER		10-1	-	-	-	-	1	4:30



2022-23 DUAL RESULTS


	DUAL 1 Dec. 4, 2022 Chadron, Neb. Chicoine Center
ST. CLOUD STATE NO. 1	—
W. COLORADO NO. 16	—


	DUAL 2 Dec. 4, 2022 Chadron, Neb. Chicoine Center
ST. CLOUD STATE NO. 1	—
CHADRON STATE (RV)	—

	DUAL 3 Dec. 4, 2022 Chadron, Neb. Chicoine Center
ST. CLOUD STATE NO. 1	—
SAN FRANCISCO STATE	—



2022-23 DUAL RESULTS


	DUAL 4 Jan. 5, 2023 Louisville, Ky. Kentucky Expo Center
ST. CLOUD STATE NO. 1	—
TBD - NATIONAL DUALS	—


	DUAL 5 Jan. 6, 2023 Louisville, Ky. Kentucky Expo Center
ST. CLOUD STATE NO. 1	—
TBD - NATIONAL DUALS	—


	DUAL 6 Jan. 7, 2023 Louisville, Ky. Kentucky Expo Center
ST. CLOUD STATE NO. 1	—
TBD - NATIONAL DUALS	—



2022-23 DUAL RESULTS

	DUAL 7 Jan. 7, 2023 Louisville, Ky. Kentucky Expo Center
ST. CLOUD STATE NO. 1	—
TBD - NATIONAL DUALS	—

	DUAL 8 Jan. 12, 2023 St. Cloud, Minn. Halenbeck Hall
ST. CLOUD STATE NO. 1	—
UW-PARKSIDE NO. 11	—

	DUAL 9 Jan. 15, 2023 St. Cloud, Minn. Halenbeck Hall
ST. CLOUD STATE NO. 1	—
AUGUSTANA NO. 8	—



2022-23 DUAL RESULTS

**DUAL 10**Jan. 21, 2023 | St. Cloud, Minn.
Halenbeck Hall

ST. CLOUD STATE NO. 1	—
MSU-MANKATO NO. 20	—

**DUAL 11**Jan. 27, 2023 | Moorhead, Minn.
Nemzek Fieldhouse

ST. CLOUD STATE NO. 1	—
MSU-MOORHEAD	—

**DUAL 12**Jan. 28, 2023 | Aberdeen, S.D.
Wachs Arena

ST. CLOUD STATE NO. 1	—
NORTHERN STATE NO. 20	—



2022-23 DUAL RESULTS

**DUAL 13**Feb. 2, 2023 | Fayette, Iowa
Dorman Gymnasium

ST. CLOUD STATE NO. 1	—
UPPER IOWA (RV)	—

**DUAL 14**Feb. 10, 2023 | Bismarck, N.D.
McDowell Activity Center


ST. CLOUD STATE NO. 1	—
MARY NO. 22	—

**DUAL 15**Feb. 11, 2023 | Minot, N.D.
MSU Dome

ST. CLOUD STATE NO. 1	—
MINOT STATE (RV)	—



2022-23 DUAL RESULTS

	DUAL 16 Feb. 16, 2023 St. Cloud, Minn. Halenbeck Hall	
ST. CLOUD STATE NO. 1		—
SW MINN. STATE NO. 23		—



2022-23 TOURNAMENT RESULTS

YELLOWJACKET OPEN	Nov. 5, 2022 Rochester, Minn.
8 CHAMPIONS	
<p><i>Open division</i></p> <p>125: Paxton Creese (2nd)</p> <p>133: Caleb Meekins (1st), Sam Spencer (4th), Robby Horsman (DNP)</p> <p>141: Alyeus Craig (1st), Phillip Kue (3rd), Daniel Valeria (5th), Jake FitzPatrick (DNP)</p> <p>149: Nick Novak (1st), Cameron Riggs (2nd), Nolan Throne (DNP)</p> <p>157: Colby Njos (1st), Jimmy Pierandozzi (3rd), Blake Legred (DNP)</p> <p>165: Jared Head (5th), Bryce Dagel (6th), Anthony Herrera (DNP), Tanner Eischens (DNP)</p> <p>174: Abner Romero (1st)</p> <p>184: Shaeden Scheidt (2nd), Tyson Meyer (3rd)</p> <p>197: Dominic Murphy (1st)</p> <p>HWT: Kaleb Haase (4th)</p> <p><i>Freshman/Sophomore division</i></p> <p>125: Archer Heelan (5th)*</p> <p>141: Nate Rocheleau (8th)</p> <p>149: Aoci Bernard (3rd)*, Luke Studer (DNP)*, Kaleb Horn (DNP), Augustus Donovan (DNP)</p> <p>157: Ethan Birch (5th)*, Cody Minor (DNP), Wyatt Abele (DNP)*</p> <p>165: Owen Herbst (3rd)*, Logan Vaughan (4th)*</p> <p>174: Niko Lopez (DNP), Sebastian Zamorano (DNP), Mac Copeland (DNP)</p> <p>197: Isaac Grams (2nd), Jaydon Walls (5th)*</p> <p>HWT: Elijah Novak (T-1st)*, Jadon Mims (T-1st)*</p>	

*indicates unattached wrestler

DAKOTA WESLEYAN OPEN	Nov. 12, 2022 Mitchell, S.D.
6 CHAMPIONS	
<p><i>Open division</i></p> <p>125: Paxton Creese (1st), Ashton Clark (5th), Archer Heelan (DNP)*</p> <p>133: Caleb Meekins (2nd), Sam Spencer (3rd), Robby Horsman (DNP)</p> <p>141: Alyeus Craig (1st), Nate Rocheleau (DNP), Phillip Kue (DNP)</p> <p>149: Nick Novak (1st), Cameron Riggs (3rd), Nolan Throne (4th), Aoci Bernard (DNP)*</p> <p> Luke Studer (DNP)*, Kaleb Horn (DNP), Augustus Donovan (DNP)</p> <p>157: Jimmy Pierandozzi (1st), Blake Legred (5th), Cody Minor (DNP), Ethan Birch (DNP)*</p> <p>165: Anthony Herrera (1st)</p> <p>174: Bryce Dagel (1st), Mac Copeland (DNP), Sebastian Zamorano (DNP)</p> <p>184: Shaeden Scheidt (3rd), Tyson Meyer (DNP)</p> <p>197: Dominic Murphy (3rd), Isaac Grams (DNP), Jaydon Walls (DNP)*</p> <p>HWT: Jadon Mims (3rd)*, Elijah Novak (5th)*, Donnie Hidden (DNP)*, Kaleb Haase (DNP)</p>	

*indicates unattached wrestler

DRAGON OPEN	Dec. 3, 2022 Moorhead, Minn.

*indicates unattached wrestler

NCAA SUPER REGION V	Feb. 25, 2023 Aberdeen, S.D.

*indicates unattached wrestler

NCAA CHAMPIONSHIPS	Mar. 10-11, 2023 Cedar Rapids, Iowa

*indicates unattached wrestler

