



WOMEN'S TRACK & FIELD RECORDS -- Individual & Team Records

Indoor Records

Event	Name(s)	Time	Date/Site
55-meter dash	Aubrey Moore	7.30	Feb. 25, 2011 at Kenosha, Wis.
60-meter dash	Jamie Webb	7.69	Feb. 25, 2005 at Warrensburg, Mo.
200-meter dash	Aubrey Moore	25.07	Feb. 25, 2011 at Kenosha, Wis.
400-meter dash	Aubrey Moore	56.37	Feb. 25, 2011 at Kenosha, Wis.
600-yard run	Aubrey Moore	1:26.23	Feb. 12, 2011 at Ames, Iowa
800-meter run	Kate Hamera	2:15.55	Jan. 24, 2004 at Charleston, Ill.
1-mile run	Kate Hamera	4:49.05	March 13, 2004 at Boston, Mass.
3,000-meter run	Kate Hamera	10:07.44	Feb. 28, 2004 at Joplin, Mo.
5,000-meter run	Becky Wilson	17:52.72	Feb. 26, 1994 at Warrensburg, Mo.
55-meter hurdles	Anne Massey	8.55	Feb. 27, 2016 at Kenosha, Wis.
60-meter hurdles	Camille Baker	8.86	Feb. 24, 2019 at Indianapolis, Ind.
4x400-meter relay	Rachael Lawal, Natalie Schriever, Erika Simple, Alexis Lee	3:57.81	Feb. 13, 2016 at Pittsburg, Kan.
Distance medley relay	Alyson Smith, Rachael Lawal, Crystal Beffa, Megan Schulte	12:38.73	March 1, 2014 at Indianapolis, Ind.
High Jump	Skyler Ruszkowski	5-10 3/4 (1.80m)	Feb. 9, 2019 at Pittsburg, Kan.
Pole Vault	Amanda Wetzel	12-8 1/4 (3.87m)	Feb. 26, 2017 at Indianapolis, Ind.
Long Jump	Skyler Ruszkowski	18-8 1/2 (5.70m)	Feb. 16, 2019 at Columbia, Mo.
Triple Jump	Hailey Smith	37-6 (11.43m)	March 1, 2025 at Indianapolis, Ind.
Shot Put	Sydney Stephens	42-0 3/4 (12.82m)	Feb. 24, 2024 at Indianapolis, Ind.
Weight Throw	Jessica Rhoads	51-7 1/4 (15.73m)	Feb. 27, 2022 at Indianapolis, Ind.
Pentathlon	Camille Baker	3,724	March 8, 2019 at Pittsburg, Kan.

Outdoor Records

Event	Name(s)	Time	Date/Site
100-meter dash	Maya Washington	11.79	April 23, 2022 at St. Charles, Mo.
200-meter dash	Jamie Webb	24.37	May 7, 2005 at Pittsburg, Kan.
400-meter dash	Aubrey Moore	54.99	May 21, 2009 at San Angelo, Texas
800-meter run	Aly VanCardo	2:14.35	May 4, 2018 at Romeoville, Ill.
1,500-meter run	Kate Hamera	4:28.35	May 29, 2004 at Walnut, Calif.
3,000-meter run	Kate Hamera	10:07.63	April 10, 2004 at Edwardsville, Ill.
5,000-meter run	Emma Puetz	17:27.85	April 20, 2024 at Rolla, Mo.
10,000-meter run	Becky Wilson	38:19.24	April 28, 1994 at Joplin, Mo.
100-meter hurdles	Camille Baker	14.35	April 23, 2017 at Rolla, Mo.
400-meter hurdles	Katlyn Meier	1:01.65	May 2, 2015 at Liberty, Mo.
3,000-meter steeplechase	Megan Schulte	10:58.66	May 11, 2018 at Joplin, Mo.
4x100-meter relay	Aubrey Moore, Hillary Griffith, Kendra Lewis, Tamara McCaskill	47.48	April 18, 2009 at Rolla, Mo.
4x400-meter relay	Rachael Lawal, Erika Simple Camille Baker, Katlyn Meier	3:53.04	May 2, 2015 at Liberty, Mo.
High Jump	Tamara McCaskill	5-8 1/2 (1.73m)	May 23, 2009 at San Angelo, Texas May 29, 2010 at Charlotte, N.C.
Pole Vault	Amanda Wetzel	13-5 3/4 (4.11m)	April 15, 2017 at Liberty, Mo.
Long Jump	Bessie Mullins	19-0 (5.79m)	April 24, 2015 at Joplin, Mo.
Triple Jump	Hailey Smith	38-3 1/2 (11.67m)	March 22, 2025 at Rolla, Mo.
Shot Put	Sydney Morris	45-3 (13.79m)	April 11, 2025 at Warrensburg, Mo.
Discus Throw	Jessica Rhoads	145-6 (44.36m)	April 15, 2023 at Long Beach, Calif.
Hammer Throw	Sydney Stephens	155-2 (47.31m)	May 2, 2024 at Kirksville, Mo.
Javelin Throw	Jackie Kelble	150-4 (45.82m)	May 29, 1999 at Emporia, Kan.
Heptathlon	Camille Baker	4,715	April 11-12, 2017 at Wichita, Kan.

WOMEN'S TRACK & FIELD RECORDS -- Allgood-Bailey Stadium Records

Missouri S&T Competitors

Event	Name(s)	Time	Date/Meet
100-meter dash	Maya Washington	11.82	May 12, 2022/S&T Last Chance Qualifier
200-meter dash	Aubrey Moore	24.53	May 8, 2011/GLVC Championships
400-meter dash	Aubrey Moore	56.05	May 8, 2011/GLVC Championships
800-meter run	Aly VanCardo	2:16.10	April 21, 2018/Allgood Invitational
1,500-meter run	Emma Puetz	4:45.54	April 22, 2023/Allgood Invitational
3,000-meter run	Lisa Lake	10:55.29	April 17, 2010/Allgood Invitational
5,000-meter run	Emma Puetz	18:41.14	May 6, 2023/GLVC Championships
10,000-meter run	Katelyn Fricke	39:05.85	April 23, 2016/Allgood Invitational
100-meter hurdles	Camille Baker	14.35	April 23, 2017/Allgood Invitational
400-meter hurdles	Katlyn Meier	1:02.31	April 18, 2015/Allgood Invitational
3,000-meter steeplechase	Hannah Shearer	11:23.68	April 20, 2019/Allgood Invitational
4x100-meter relay	Aubrey Moore, Hillary Griffith, Kendra Lewis, Tamara McCaskill	48.02	April 18, 2009/Allgood Invitational
4x400-meter relay	Aubrey Moore, Natalie Updyke, Kassie Osborne, Paige Kruse	3:56.76	April 17, 2010/Allgood Invitational
High Jump	Skyler Ruszkowski	5-7 3/4 (1.72m)	April 23, 2016/Allgood Invitational
Pole Vault	Taylor Cipicchio	12-5 1/2 (3.80m)	April 19, 2014/Allgood Invitational
Long Jump	Mary Ann Bradshaw	18-7 1/4 (5.67m)	April 19, 2014/Allgood Invitational
Triple Jump	Hailey Smith	38-3 1/2 (11.67m)	March 22, 2025/Miner Invitational
Shot Put	Sydney Stephens	42-4 1/4 (12.91m)	May 5, 2023/GLVC Championships
Discus Throw	Jessica Rhoads	139-7 (42.55m)	May 6, 2023/GLVC Championships
Hammer Throw	Jessica Rhoads	154-5 (47.08m)	May 6, 2021/GLVC Championships
Javelin Throw	Haylee Woodall	137-0 (41.76m)	March 23, 2024/Miner Invitational
Heptathlon	Camile Baker	4,644	April 19-20, 2019/Allgood Invitational

All Competitors

Event	Name(s)	School/Affiliation	Time	Date/Site
100-meter dash	Khristel Martindale	Lewis	11.52	May 6, 2023
200-meter dash	Sarai Brown	Maryville	23.63	March 21, 2025
400-meter dash	Allie Heinzer	Lewis	54.77	May 8, 2021
800-meter run	Mary Carr	Southwest Baptist	2:08.67	April 23, 2017
1,500-meter run	Elysia Burgos	Southwest Baptist	4:32.68	May 8, 2021
3,000-meter run	Jackie Henderson	Southern Indiana	10:03.09	May 8, 2010
5,000-meter run	Jennifer Comastri	Southern Indiana	17:20.07	May 8, 2021
10,000-meter run	Taryn Christy	Illinois Springfield	34:48.34	May 6, 2021
100-meter hurdles	Ladonna Richards	Lincoln	13.53	April 18, 2015
400-meter hurdles	Emilyn Dearman	Pittsburg State	1:00.31	April 23, 2016
3,000-meter steeplechase	Mary Ballinger	Southern Indiana	10:56.31	May 8, 2010
4x100-meter relay	Shantae George, Monea Carey, Shanette Allison, Hughasia Fyffe	Lincoln	45.22	May 12, 2022
4x400-meter relay	Tsitsi Mahachi, Allie Heinzer, Kyla Chalmers, Grace Harris	Lewis	3:45.32	May 8, 2021
High Jump	Notoya Thompson	Lincoln	5-9 1/4 (1.76m)	April 22, 2007
Pole Vault	Emily Presley	Missouri Southern	14-5 1/4 (4.40m)	April 23, 2017
Long Jump	Denise Hernandez	Lewis	19-11 1/2 (6.08m)	March 25, 2023
Triple Jump	Alecea Cardillo	Lewis	41-3 (12.57m)	May 8, 2021
Shot Put	Cassie Caswell	Pittsburg State	49-2 1/2 (15.00m)	April 23, 2016
Discus Throw	Heavin Warner	Central Missouri	160-7 (48.96m)	April 23, 2016
Hammer Throw	Heavin Warner	Central Missouri	205-1 (62.51m)	April 23, 2016
Javelin Throw	Chantae McMillan	Unattached	159-4 (48.58m)	April 20, 2024
Heptathlon	Casey Berberich	Maryville	4,856	May 6-7, 2021



WOMEN'S TRACK & FIELD RECORDS -- Top Five Performances by Event

OUTDOOR PERFORMANCES

100-meter dash

11.79, Maya Washington (4/23/2022 at St. Charles, Mo.)
 11.82, Maya Washington (5/12/2022 at Rolla, Mo.)
 11.93, Maya Washington (4/23/2022 at St. Charles, Mo.)
 11.95, Jamie Webb (5/7/2005 at Pittsburg, Kan.)
 11.96, Jamie Webb (5/26/2005 at Abilene, Texas)
 11.96, Jamie Webb (5/3/2003 at Kirksville, Mo.)

200-meter dash

24.37, Jamie Webb (5/7/2005 at Pittsburg, Kan.)
 24.41, Jamie Webb (5/9/2004 at Maryville, Mo.)
 24.47, Jamie Webb (5/8/2005 at Pittsburg, Kan.)
 24.53, Aubrey Moore (5/8/2011 at Rolla, Mo.)
 24.59, Jamie Webb (5/3/2003 at Kirksville, Mo.)

400-meter dash

54.99, Aubrey Moore (5/21/2009 at San Angelo, Texas)
 55.15, Aubrey Moore (5/2/2009 at Indianapolis, Ind.)
 55.94, Aubrey Moore (4/16/2011 at Pittsburg, Kan.)
 56.05, Aubrey Moore (5/8/2011 at Rolla, Mo.)
 56.35, Aubrey Moore (4/23/2011 at Rolla, Mo.)

800-meter run

2:14.35, Aly VanCardo (5/4/2018 at Romeoville, Ill.)
 2:14.89, Kate Hamera (4/26/2003 at Edwardsville, Ill.)
 2:15.07, Aly VanCardo (5/5/2018 at Romeoville, Ill.)
 2:15.70, Wendy Moore (4/15/2007 at Emporia, Kan.)
 2:15.98, Paige Kruse (4/7/2012 at Searcy, Ark.)

1,500-meter run

4:28.35, Kate Hamera (5/29/2004 at Pomona, Calif.)
 4:32.19, Kate Hamera (5/22/2003 at Edwardsville, Ill.)
 4:34.54, Kate Hamera (5/14/2004 at Naperville, Ill.)
 4:35.25, Kate Hamera (4/18/2003 at Lawrence, Kan.)
 4:35.53, Kate Hamera (4/24/2004 at Des Moines, Iowa)

3,000-meter run

10:07.63, Kate Hamera (4/10/2004 at Edwardsville, Ill.)
 10:10.04, Kate Hamera (4/16/2004 at Lawrence, Kan.)
 10:16.59, Kate Hamera (5/9/2004 at Maryville, Mo.)
 10:28.70, Kate Hamera (4/6/2002 at St. Louis, Mo.)
 10:32.65, Becky Wilson (4/29/1994 at Joplin, Mo.)

5,000-meter run

17:27.85, Emma Puetz (4/20/2024 at Rolla, Mo.)
 17:36.07, Emma Puetz (5/4/2024 at Kirksville, Mo.)
 17:42.46, Megan Schulte (3/30/2018 at St. Louis, Mo.)
 17:46.41, Emma Puetz (4/14/2023 at Azusa, Calif.)
 17:47.29, Emma Puetz (3/29/2024 at St. Louis, Mo.)

10,000-meter run

38:19.24, Becky Wilson (4/28/1994 at Joplin, Mo.)
 39:05.35, Katelyn Fricke (4/23/2016 at Rolla, Mo.)
 39:26.33, Katelyn Fricke (5/5/2016 at Liberty, Mo.)
 39:33.48, Katelyn Fricke (5/1/2015 at Liberty, Mo.)
 39:37.09, Katelyn Fricke (5/5/2018 at Romeoville, Ill.)

100-meter hurdles

14.35, Camille Baker (4/23/2017 at Rolla, Mo.)
 14.52, Anne Massey (5/5/2018 at Romeoville, Ill.)
 14.55, Camille Baker (4/13/2019 at Pittsburg, Kan.)
 14.57, Camille Baker (3/24/2017 at Shawnee, Okla.)
 14.61, Maya Wright (5/1/2025 at Romeoville, Ill.)

400-meter hurdles

1:01.65, Katlyn Meier (5/2/2015 at Liberty, Mo.)
 1:02.31, Katlyn Meier (4/18/2015 at Rolla, Mo.)
 1:02.72, Katlyn Meier (4/4/2015 at Bolivar, Mo.)
 1:03.23, Mary Ann Bradshaw (5/4/2013 at Romeoville, Ill.)
 1:04.53, Mary Ann Bradshaw (4/19/2014 at Rolla, Mo.)

3,000-meter steeplechase

10:58.66, Megan Schulte (5/11/2018 at Joplin, Mo.)
 11:05.02, Megan Schulte (5/5/2018 at Romeoville, Ill.)
 11:19.70, Hannah Shearer (5/3/2019 at Kirksville, Mo.)
 11:20.58, Hannah Shearer (4/13/2019 at Pittsburg, Kan.)
 11:22.01, Grace Giesler (5/3/2024 at Kirksville, Mo.)

4x100-meter relay

47.48, Aubrey Moore, Hillary Griffith, Tamara McCaskill, Kendra Lewis (5/2/2009 at Indianapolis, Ind.)
 48.02, Aubrey Moore, Hillary Griffith, Kendra Lewis, Tamara McCaskill (4/18/2009 at Rolla, Mo.)
 48.18, Rachael Gliotoni, Terri Barnes, Jamie Webb, Auburn Walker (5/9/2004 at Maryville, Mo.)
 48.24, (4/21/2007 at Rolla, Mo.)
 48.34, Katlyn Meier, Erika Simple, Rachael Lawal, Natalie Schriever (5/2/2015 at Liberty, Mo.)

4x400-meter relay

3:53.04, Rachael Lawal, Erika Simple, Camille Baker, Katlyn Meier (5/2/2015 at Liberty, Mo.)
 3:53.55, Alexis Lee, Natalie Schriever, Erika Simple, Rachael Lawal (5/6/2016 at Liberty, Mo.)
 3:54.81, Rachael Gliotoni, Wendy Moore, Linzi Rector, Kate Hamera (5/15/2004 at Emporia, Kan.)
 3:54.90, Aubrey Moore, Lindsay Crutcher, Kierra Handley, Paige Kruse (5/2/2009 at Indianapolis, Ind.)
 3:54.91, Rachael Gliotoni, Wendy Moore, Linzi Rector, Kate Hamera (5/9/2004 at Maryville, Mo.)

High Jump

1.73, Tamara McCaskill (5/29/2010 at Charlotte, N.C.)
 1.73, Tamara McCaskill (5/23/2009 at San Angelo, Texas)
 1.72, Annmarie Tyson (4/9/2022 at Jefferson City, Mo.)
 1.72, Skyler Ruszkowski (5/4/2019 at Kirksville, Mo.)
 1.72, Skyler Ruszkowski (5/11/2018 at Joplin, Mo.)
 1.72, Skyler Ruszkowski (4/23/2016 at Rolla, Mo.)

Pole Vault

4.11, Amanda Wetzel (4/15/2017 at Liberty, Mo.)
 4.03, Amanda Wetzel (5/27/2017 at Bradenton, Fla.)
 4.00, Taylor Cipicchio (5/22/2014 at Allendale, Mich.)
 3.95, Amanda Wetzel (5/5/2017 at Rensselaer, Ind.)
 3.95, Amanda Wetzel (4/8/2017 at Bolivar, Mo.)

Long Jump

5.79, Bessie Mullins (4/24/2015 at Joplin, Mo.)
 5.78, Rachael Gliotoni (5/1/2004 at Springfield, Mo.)
 5.67, Mary Ann Bradshaw (4/19/2014 at Rolla, Mo.)
 5.67, Rachael Gliotoni (5/15/2004 at Emporia, Kan.)
 5.61, Ali McClure (5/2/2025 at Romeoville, Ill.)

Triple Jump

11.67, Hailey Smith (3/22/2025 at Rolla, Mo.)
 11.62, Auburn Walker (4/1/2004 at Stephenville, Texas)
 11.55, Halley Smith (5/3/2025 at Romeoville, Ill.)
 11.54, Hailey Smith (4/20/2024 at Rolla, Mo.)
 11.49, Hailey Smith (5/4/2024 at Kirksville, Mo.)

Shot Put

13.79, Sydney Morris (4/11/2025 at Warrensburg, Mo.)
 13.22, Sydney Stephens (5/4/2024 at Kirksville, Mo.)
 12.91, Sydney Stephens (5/5/2023 at Rolla, Mo.)
 12.91, Sydney Morris (5/11/2025 at Searcy, Ark.)
 12.72, Luci Minor (5/2/1993 at Warrensburg, Mo.)

WOMEN'S TRACK & FIELD RECORDS -- Top Five Performances by Event

Discus Throw

44.36, Jessica Rhoads (4/15/2023 at Long Beach, Calif.)
44.22, Becca Kueny (3/18/2006 at Memphis, Tenn.)
43.34, Jessica Rhoads (4/2/2022 at Bolivar, Mo.)
43.25, Dion McNeal (5/6/2000 at Pittsburg, Kan.)
43.11, Madelaine Fischer (5/11/2025 at Searcy, Ark.)

Hammer Throw

47.31, Sydney Stephens (5/2/2024 at Kirksville, Mo.)
47.08, Jessica Rhoads (5/6/2021 at Rolla, Mo.)
46.91, Jessica Rhoads (4/24/2022 at St. Charles, Mo.)
46.21, Sydney Stephens (4/12/2024 at Warrensburg, Mo.)
45.63, Sydney Morris (4/11/2025 at Warrensburg, Mo.)

Javelin

45.82, Jackie Kelble (5/29/1999 at Emporia, Kan.)
45.26, Becca Kueny (5/27/2006 at Emporia, Kan.)
42.69, Jackie Kelble (5/8/1999 at Maryville, Mo.)
42.30, Becca Kueny (4/7/2007 at Edwardsville, Ill.)
42.23, Becca Kueny (5/5/2006 at Rensselaer, Ind.)

Heptathlon

4715, Camille Baker (4/11-12/2017 at Wichita, Kan.)
4653, Camille Baker (5/3-4/2019 at Kirksville, Mo.)
4644, Camille Baker (4/19-20/2019 at Rolla, Mo.)
4631, Camille Baker (3/25-26/2016 at Shawnee, Okla.)
4630, Maya Wright (4/10-11/2025 at Canyon, Texas)

INDOOR PERFORMANCES

55-meter dash

7.30, Aubrey Moore (2/25/2011 at Kenosha, Wis.)
7.35, Leta Thomas (1993)
7.38, Jamie Webb (2/15/2003 at Carbondale, Ill.)
7.38, Elizabeth Saitz (1/13/2024 at Cape Girardeau, Mo.)
7.39, Hillary Griffith (2/27/2009 at Crawfordsville, Ind.)
7.39, Elizabeth Saitz (1/13/2024 at Cape Girardeau, Mo.)

60-meter dash

7.69, Jamie Webb (2/25/2005 at Warrensburg, Mo.)
7.72, Jamie Webb (2/26/2005 at Warrensburg, Mo.)
7.73, Jamie Webb (3/1/2003 at Warrensburg, Mo.)
7.75, Elizabeth Saitz (12/9/2023 at Pittsburg, Kan.)
7.79, Maya Washington (12/4/2021 at Pittsburg, Kan.)

200-meter dash

25.07, Aubrey Moore (2/26/2011 at Kenosha, Wis.)
25.10, Aubrey Moore (2/18/2011 at Warrensburg, Mo.)
25.17, Aubrey Moore (2/12/2011 at Ames, Iowa)
25.53, Aubrey Moore (2/5/2011 at Joplin, Mo.)
25.59, Aubrey Moore (1/28/2011 at Lawrence, Kan.)

400-meter dash

56.37, Aubrey Moore (2/26/2011 at Kenosha, Wis.)
56.73, Aubrey Moore (2/5/2011 at Joplin, Mo.)
57.72, Aubrey Moore (2/18/2011 at Warrensburg, Mo.)
57.95, Aubrey Moore (3/11/2011 at Albuquerque, N.M.)
58.05, Aubrey Moore (1/28/2011 at Lawrence, Kan.)

600-yard run

1:26.23, Aubrey Moore (2/12/2011 at Ames, Iowa)
1:27.28, Aubrey Moore (1/22/2011 at Ames, Iowa)
1:27.53, Rachael Lawal (12/5/2015 at Pittsburg, Kan.)
1:29.11, Natalie Updyke (1/28/2012 at Joplin, Mo.)
1:29.12, Kassie Osborne (1/23/2010 at Ames, Iowa)

800-meter run

2:15.55, Kate Hamera (1/24/2004 at Charleston, Ill.)
2:15.60, Kate Hamera (2/28/2004 at Joplin, Mo.)
2:16.62, Paige Kruse (2/26/2011 at Kenosha, Wis.)
2:17.86, Wendy Moore (2/10/2007 at Ames, Iowa)
2:17.87, Wendy Moore (2/24/2007 at Crawfordsville, Ind.)

1-mile run

4:49.05, Kate Hamera (3/13/2004 at Boston, Mass.)
4:53.25, Kate Hamera (2/14/2004 at Ames, Iowa)
5:01.99, Kate Hamera (1/31/2004 at Lawrence, Kan.)
5:03.94, Kate Hamera (1/16/2004 at Columbia, Mo.)
5:04.63, Kate Hamera (3/1/2003 at Warrensburg, Mo.)

3,000-meter run

10:07.44, Kate Hamera (2/28/2004 at Joplin, Mo.)
10:16.07, Kate Hamera (2/7/2004 at Warrensburg, Mo.)
10:27.31, Hannah Shearer (2/10/2018 at Pittsburg, Kan.)
10:32.85, Hannah Shearer (2/25/2018 at Indianapolis, Ind.)
10:33.16, Jennifer Frazer (1998)

5,000-meter run

17:52.72, Becky Wilson (2/26/1994 at Warrensburg, Mo.)
18:18.84, Becky Wilson (1/28/1994 at Jonesboro, Ark.)
18:27.70, Emma Puetz (2/24/2024 at Indianapolis, Ind.)
18:32.01, Emma Puetz (2/10/2024 at Pittsburg, Kan.)
18:35.56, Kennedy Duffy (2/13/2020 at Pittsburg, Kan.)
18:36.68, Kennedy Duffy (2/29/2020 at Indianapolis, Ind.)

55-meter hurdles

8.55, Anne Massey (2/27/2016 at Kenosha, Wis.)
8.58, Camille Baker (2/27/2016 at Kenosha, Wis.)
8.72, Camille Baker (2/27/2016 at Kenosha, Wis.)
8.86, Anne Massey (2/27/2016 at Kenosha, Wis.)
8.89, Samantha Wermager (2/24/2012 at Kenosha, Wis.)

60-meter hurdles

8.86, Camille Baker (2/24/2019 at Indianapolis, Ind.)
8.87, Camille Baker (3/9/2019 at Pittsburg, Kan.)
8.94, Camille Baker (12/7/2018 at Pittsburg, Kan.)
8.95, Camille Baker (12/9/2016 at Pittsburg, Kan.)
8.97, Camille Baker (2/25/2017 at Indianapolis, Ind.)

4x400-meter relay

3:57.81, Rachael Lawal, Natalie Schriever, Erika Simple, Alexis Lee (2/13/2016 at Pittsburg, Kan.)
3:58.30, Rachael Lawal, Natalie Schriever, Erika Simple, Alexis Lee (2/28/2016 at Kenosha, Wis.)
4:00.15, Katlyn Meier, Rachael Lawal, Crystal Beffa, Mary Ann Bradshaw (2/21/2014 at Columbia, Mo.)
4:00.96, Aubrey Moore, Paige Kruse, Natalie Updyke, Kassie Osborne (2/5/2011 at Joplin, Mo.)
4:01.95, Mary Ann Bradshaw, Rachael Lawal, Natalie Updyke, Katlyn Meier (2/23/2013 at Indianapolis, Ind.)

Distance medley relay

12:38.73, Alyson Smith, Rachael Lawal, Crystal Beffa, Megan Schulte (2/28/2014 at Indianapolis, Ind.)
12:39.83, Hannah Shearer, Kim Huskey, Aly VanCardo, Megan Schulte (2/25/2018 at Indianapolis, Ind.)
12:42.57, Fran Chronister, Crystal Beffa, Kim Huskey, Megan Schulte (2/28/2015 at Indianapolis, Ind.)
12:47.97, Tori Bonnot, Anne Simpson, Aly VanCardo, Krista Hilmas (2/24/2019 at Indianapolis, Ind.)
12:52.81, Brenda Ellis, Kassie Osborne, Alyson Smith, Colleen Conrad (2/24/2012 at Kenosha, Wis.)

High Jump

1.80, Skyler Ruskowski (2/8/2019 at Pittsburg, Kan.)
1.74, Skyler Ruskowski (12/7/2018 at Pittsburg, Kan.)
1.74, Whitney Rasmussen (2/26/2005 at Warrensburg, Mo.)
1.72, Skyler Ruskowski (2/23/2019 at Indianapolis, Ind.)
1.71, Tamara McCaskill (2/6/2010 at Jacksonville, Ill.)
1.71, Skyler Ruskowski (2/17/2017 at Columbia, Mo.)
1.71, Skyler Ruskowski (2/1/2019 at Joplin, Mo.)
1.71, Skyler Ruskowski (3/9/2019 at Pittsburg, Kan.)



WOMEN'S TRACK & FIELD RECORDS -- Top Five Performances by Event

Pole Vault

3.87, Amanda Wetzel (2/26/2017 at Indianapolis, Ind.)
 3.86, Taylor Cipicchio (2/28/2014 at Indianapolis, Ind.)
 3.86, Amanda Wetzel (2/11/2017 at Joplin, Mo.)
 3.82, Taylor Cipicchio (2/15/2014 at Indianapolis, Ind.)
 3.81, Amanda Wetzel (2/17/2017 at Columbia, Mo.)

Long Jump

5.70, Skyler Ruskowski (2/16/2019 at Columbia, Mo.)
 5.53, Mary Kimmerle (3/1/2025 at Indianapolis, Ind.)
 5.51, Auburn Walker (2/5/2005 at Joplin, Mo.)
 5.49, Mary Ann Bradshaw (2/22/2013 at Indianapolis, Ind.)
 5.49, Skyler Ruskowski (12/7/2018 at Pittsburg, Kan.)

Triple Jump

11.43, Hailey Smith (2/21/2025 at Jacksonville, Ill.)
 11.29, Mary Ann Bradshaw (2/23/2013 at Indianapolis, Ind.)
 11.27, Bessie Mullins (2/28/2015 at Indianapolis, Ind.)
 11.27, Auburn Walker (2/25/2005 at Warrensburg, Mo.)
 11.24, Hailey Smith (3/1/2025 at Indianapolis, Ind.)

Shot Put

12.82, Sydney Stephens (2/24/2024 at Indianapolis, Ind.)
 12.70, Paige Lambright (1/19/2024 at Warrensburg, Mo.)
 12.58, Sydney Morris (1/24/2025 at Warrensburg, Mo.)
 12.52, Sydney Stephens (1/27/2024 at Indianapolis, Ind.)
 12.51, Sydney Stephens (2/26/2023 at Indianapolis, Ind.)

Weight throw

15.73, Jessica Rhoads (2/27/2022 at Indianapolis, Ind.)
 15.59, Jessica Rhoads (1/29/2022 at Elsau, Ill.)
 15.46, Jessica Rhoads (2/26/2023 at Indianapolis, Ind.)
 15.23, Sydney Stephens (2/3/2023 at Romeoville, Ill.)
 15.16, Hannah Terwelp (3/1/2008 at Crawfordsville, Ind.)

Pentathlon

3724, Camille Baker (3/9/2019 at Pittsburg, Kan.)
 3662, Camille Baker (12/7/2018 at Pittsburg, Kan.)
 3648, Camille Baker (12/9/2017 at Pittsburg, Kan.)
 3639, Skyler Ruskowski (12/8/2018 at Pittsburg, Kan.)
 3573, Skyler Ruskowski (2/23/2019 at Indianapolis, Ind.)

WOMEN'S TRACK & FIELD RECORDS -- All-America Performers

ALL-AMERICA PERFORMERS (WOMEN'S INDOOR TRACK & FIELD)

Year	Performer(s)	Event	Place
2004	Kate Hamera	Mile	7th
2005	Whitney Rasmussen	High Jump	Tie-5th
2014	Taylor Cipicchio	Pole Vault	Tie-4th
2019	Camille Baker	Pentathlon	6th
	Skyler Ruskowski	High Jump	7th

ALL-AMERICA PERFORMERS (WOMEN'S OUTDOOR TRACK & FIELD)

Year	Performer(s)	Event	Place
1999	Jackie Kelble	Javelin	6th
2003	Kate Hamera	1500-meters	3rd
2004	Kate Hamera	1500-meters	6th
2005	Jamie Webb	100-meters	8th
2006	Becca Kueny	Javelin	8th
2009	Tamara McCaskill	High Jump	3rd
	Aubrey Moore	400-meters	8th
2010	Tamara McCaskill	High Jump	2nd
2014	Taylor Cipicchio	Pole Vault	4th
2017	Amanda Wetzel	Pole Vault	3rd