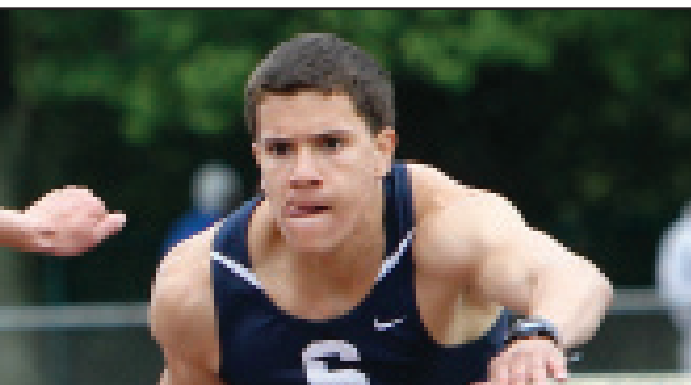




The University

Founded in 1893, Southern Connecticut State University is in the midst of a \$230 million building program. Southern comprises six academic schools: the School of Arts and Sciences; the School of Business; the School of Education; the School of Communication, Information and Library Science; the School of Professional Studies; and the School of Graduate Studies and Continuing Education.

The key to Southern's academic excellence is its faculty. In addition, the University has developed outstanding facilities including an extensive library, science center, and a new student center and residence hall.

Though committed to academics, Southern recognizes the lasting value of informal extracurricular activities for its students. By balancing solid classroom learning with a variety of clubs, sports and interest groups, Southern helps students grow to meet the social, intellectual, cultural and moral demands of the modern world.

Southern Connecticut State University Fight Song

Look now, here come the Owls, fighting for the White and Blue. Here come the fighting Owls, our team is tried and true. Victory is at hand, on the field we will make our stand. Raise a cheer for all to hear, go SCSU!

The **2012-13 Southern Connecticut State University Men's Cross Country/Track and Field Media Guide** is a publication of the Office of Athletic Communications. Graphic design, writing and layout by Michael Kobylanski, Associate Director of Athletics/Communications. and Erin Nemeth. Writing and editorial assistance provided by Pat Longobardi, Frank O'Brien, Scott Teisch and Samantha Masayda. Editorial assistance provided by Pat Longobardi and John Wallin. Photography by John Steady, Richard Orr, Blake Wood and Michael Kobylanski. Special thanks to the Southern Connecticut State University Office of Public Affairs.

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Southern Connecticut State University Quick Facts

Location	..New Haven, Conn.
Enrollment	11,300
President	.. Dr. Mary Papazian
Colors	 Blue and White
Nickname	 Owls
Home Facilities	Moore Field House/ Jess Dow Field
Capacities	 2,800/6,000
Conference	Northeast-10

Department of Athletics

Director of Athletics	Patricia Nicol
Associate A.D./SWA	 Boe Pearman
Associate A.D./Communications	Michael Kobylanski
Coordinator of Athletic Facilities	 Tony Aceto
Assistant A.D./Fiscal Affairs	Jane Marrone
Assistant A.D./Equipment	Chris Lynn
Head Athletic Trainer	 Carol Nelson
Assistant Coordinator of Facilities	Joe Hines
Faculty Athletics Rep.	Dr. Jim MacGregor

Men's Cross Country/Track and Field Quick Facts

Head Coach	John Wallin
Assistant Coaches	...Joseph Van Gilder, Bill Sutherland, Steve Jussume
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MEDIA INFORMATION

2012-13 Media Guide

The 2012-13 Southern Connecticut State University Men's Cross Country/Track and Field Media Guide is produced as a source of information for the media. Supplementary materials can be obtained either on the Web at www.southernctowls.com or by contacting the athletic communications office.

Working Press Credentials

Press and photograph credentials are issued to members of the working media only. These credentials can be obtained from Michael Kobylanski, associate director of athletics/communications. Passes should be requested no later than 24 hours prior to a contest to ensure space availability.

Media Parking

There is reserved parking available for members of the media located in close proximity to the entrances of Jess Dow Field and Moore Field House.

Post-Meet Interviews

Interviews with SCSU student-athletes and members of the coaching staff will take place following a 10-minute cooling-off period. Reporters can file from the press box area at Jess Dow Field (outdoor meets), Moore Field House (indoor meets) or the athletic communications office following the conclusion of competition.

Interview Policies

Interview requests are coordinated through the athletic communications office. Requests must be made at least one day in advance to allow the player/coach to be properly

notified. At no time will the player's dormitory telephone number be released to the media. However, if a telephone interview is necessary, arrangements can be made for the student-athlete to contact that member of the media.

Practice Coverage

The Southern Connecticut State University men's cross country and track and field program practices at set times during the fall and spring semesters. All student-athletes and coaches are available for interviews prior to, or following, practice with proper notification to the athletic communications office. Interviews are not granted on meet days unless there are extenuating circumstances.

www.southernctowls.com

Southern Connecticut State University men's cross country/track and field information is available on the Internet via www.southernctowls.com. Schedules/results, rosters and game stories are available, along with information about Southern Connecticut State University's 16 other varsity sports.

SCSU Athletic Communications

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MEDIA OUTLETS

New Haven Register

40 Sargent Drive
New Haven, CT 06511-5918
Phone: 203-789-5657
Fax: 203-789-5253
Sports Editor: Sean Barker
College Sports Editor: Bill Cloutier
E-mail: bcloutier@nhregister.com

Connecticut Post

410 State Street
Bridgeport, CT 06604
Phone: 203-330-6210
Fax: 203-334-6935
Sports Editor: Gary Rogo
E-mail: grogo@ctpost.com

Hartford Courant

285 Broad Street
Hartford, CT 06115
Phone: 800-524-4242, ext. 6764
Fax: 860-241-6600
College Sports Writer: Tom Yantz
E-mail: tyantz@courant.com

The Associated Press (Hartford)

55 Farmington Ave., Suite 402
Hartford, CT 06105
Phone: 860-246-6876
Fax: 860-727-4003
Sports Director: Pat Eaton-Robb

The Boston Globe

135 Morrissey Blvd.
Boston, MA 02107
Phone: 800-232-2860
Fax: 617-929-2670

Boston Herald

One Herald Square
Boston, MA 02106
Phone: 800-234-5680
Fax: 617-619-6655

The Waterbury Republican-American

389 Meadow Street
Waterbury, CT 06722
Phone: 800-992-3232, ext. 355
Fax: 203-596-9277
Sports: Mark Jaffee

Elm City Newspapers

349 New Haven Avenue
Milford, CT 06460
Phone: 203-876-6800
Fax: 203-877-4772
Sports Editor: Vinny Salzo

Shore Line Newspapers

85 Wall Street, P.O. Box 608
Madison, CT 06443
Phone: 203-245-0839
Fax: 203-245-9437

Record-Journal

11 Crown Street
Meriden, CT 06450
Phone: 203-317-2206
Fax: 203-639-0210
Sports Editor: Bryant Carpenter

Broadcast Media

WTNH-8 (ABC)

Noah Finz
8 Elm Street
New Haven, CT 06510
Phone: 203-784-8842
Fax: 203-787-9698

WTIC-TV 61 (FOX)

Rich Coppola
One Corporate Center
Hartford, CT 06103
Phone: 800-788-0852
Fax: 860-293-0178

WVIT-TV 30 (NBC)

Kevin Nathan
1422 New Britain Ave.
West Hartford, CT 06110
Phone: 860-521-8619
Fax: 860-521-4860

WFSB-TV 3 (CBS)

Joe Zone
3 Constitution Plaza
Hartford, CT 06103
Phone: 860-244-1708
Fax: 860-728-0263

HEAD COACH JOHN WALLIN



JOHN WALLIN
Head Coach
Third Season
Southern Connecticut '99

Already a four-time East Regional Men's Indoor and Outdoor Track and Field Coach of the Year by the United States Track and Field and Cross Country Coaches Association, John Wallin is in his third year as head men's cross country/track and field coach at Southern Connecticut State University in 2012-13.

Since taking over as head coach at his alma mater, Wallin engineered continued excellence in all three seasons, as all three programs have been nationally ranked since Wallin took the reins.

In addition, the men's indoor track and field team recorded a third-place finish at the 2012 NCAA Championships, the highest indoor placing in school history. The program's 13 All-America selections at the event were also a school record for a single NCAA Championship.

Southern Connecticut totaled 14 All-America selections in 2011-12 and Nick Lebron captured the NCAA title in the heptathlon, the program's first individual national championship since 1998.

Along with his two USTFCCCA Regional Coach of the Year honors in 2011-12, Wallin also swept the Northeast-10 Conference Coach of the Year awards during the indoor and outdoor seasons last year.

The Owls' 38 All-Region selections outdoors led all of Division II, while their 30 All-Region picks during the indoor season was the second-best total in the country. Southern Connecticut was ranked as high as No. 3 in the national rankings (indoors) during last year's track campaigns.

His student-athletes have also made a mark on the academic front. The Owls had two CoSIDA Academic All-Americans in 2011-12, seven selections to the Northeast-10 Conference Men's Cross Country or Track and Field All-Academic Teams and four selections to USTFCCCA All-Academic Teams on the men's side in 2011-12.

Wallin has also extended Southern Connecticut's streak to 20 consecutive Northeast-10 championships thanks to four titles over the past two years.

The Owls also finished as the runner-up at the 2012 New England Outdoor Championships and were third at the 2012 New England Indoor Championships.

He also stepped in as the interim coach of the women's cross country and track and field program in 2011-12 and helped that squad excel. The team had 24 USTFCCCA All-Region selections outdoors and 19 selections during the indoor season. Wallin guided four NCAA championships qualifiers and helped the outdoor team complete a runner-up finish at the NE-10 Championships.

The women's squad also had a pair of CoSIDA Academic All-District selections, as well as 11 honorees for the NE-10 Women's Track and Field All-Academic Teams and seven USTFCCCA All-Academic Team picks.

In his inaugural season as head coach of the men's program, he helped guide the Owls to an outstanding campaign in 2010-11 which included the program's first-ever New England Outdoor Track and Field Championship and a ninth place finish at the NCAA Outdoor Championships. Wallin also coached 11 All-America selections in 2010-11 and was named USTFCCA Regional Coach of the Year both indoors and outdoors.



COACHING STAFF

Wallin spent the 2009-10 academic year as an assistant coach for the Owls and was named USTFCCCA Men's Regional Assistant Coach of the Year during the outdoor campaign. During the 2009-10 academic year at SCSU, he coached seven All-Americans, nine NCAA qualifiers, 24 All-New England selections, two New England champions and 19 Northeast-10 Conference champions. The Owls also won the 2010 Northeast-10 Conference men's indoor and outdoor track and field championships and the Metropolitan Outdoor Championships for the first time in program history. SCSU was also ranked as high as No. 11 nationally during the indoor season.

Wallin has distinguished himself as one of the top coaches in the nation over the past decade, having coached more than 100 All-Americans during stints at Dartmouth, Adams State College (Colo.) and SCSU.

During his tenure at Adams State, Wallin coached seven individual national champions, one relay national champion and 104 All-Americans (45 men, 59 women). His student-athletes claimed 25 school records, eight indoor Rocky Mountain Athletic Conference meet records and 17 outdoor RMAC meet records.

Prior to joining the Adams State staff, Wallin served as assistant men's and women's track and field coach at Dartmouth College (1999-2001). During his time with the Big Green, he guided student-athletes to five school records, nine Ivy League titles, one Division I NCAA All-America honor and three New England decathlon champions.

Wallin also served as the recruiting coordinator for the Big Green and enjoyed a brief stint as assistant strength and conditioning coach at Dartmouth.

As a student-athlete, Wallin served as a two-year team captain for Southern Connecticut. He earned All-America honors in the decathlon as a junior and senior, while also qualifying for the NCAA Championships as a sophomore.

Wallin also took home conference champion honors in the 55 meter high hurdles as a senior, a campaign in which the Owls won their first indoor conference championship.

Wallin holds a bachelor's degree in human performance from Southern Connecticut State University and has completed graduate work towards a master's degree in human performance from Adams State.

He currently lives in Hamden, Conn. with his wife, Reidun and their sons, Torsten and Soren.



JOSEPH VAN GILDER
Assistant Coach
First Season
Southern Connecticut '05

Joseph Van Gilder is in his first year as an assistant coach with both the Southern Connecticut State University men's and women's cross country/track and field programs.

Van Gilder rejoins the Owls from the University of Hartford, where he spent the last two years with the Hawks men's and women's programs. First as an assistant and then as associate head coach, he was involved in all daily operational aspects including training, scheduling, recruiting, compliance and budget management.

Both programs earned the NCAA APR Public Recognition Award during his time on the staff. From the athletic standpoint, the team had 11 individuals and five relay groups earn All-New England honors, including three New England champions.

Prior to his time at Hartford, Van Gilder spent three years as an assistant coach at Springfield College. Selected as the Regional Assistant Men's Coach of the Year by the United States Track and Field and Cross Country Coaches Association in 2009, he mentored four NCAA National Champions, 25 All-Americans and a bevy of All-New England, All-ECAC and All-Conference selections.

Van Gilder has also amassed additional experience in the strength and conditioning realm at the University of Massachusetts and Valdosta State University (Ga.), and as a track and field coach at both Enfield and Enrico Fermi (Conn.) High Schools.

As a student-athlete at SCSU, Van Gilder was an All-New England and All-Conference selection in the 4x100 relay, as well as a IC4A qualifier.

He holds a bachelor's degree in liberal studies from SCSU and a M. Ed. in strength and conditioning from Springfield College. Van Gilder also completed graduate level coursework at Indiana University.

COACHING STAFF



BILL SUTHERLAND
Assistant Coach
22nd Season
Southern Connecticut '73

Bill Sutherland is in his 22nd season as the throwing coach with the Southern Connecticut State University track and field program.

A 1973 graduate of SCSU, Sutherland excelled in the discus throw and ranks in the Owls' top 10 in the event.

After graduation, Sutherland concentrated on the hammer throw and has thrown 224 feet, 9 inches. He competed in the 1984 U.S. Olympic Trials.

Sutherland, who also coached at Yale, has worked with two throwers who earned three NCAA Division II National Championships at Southern - Chris Sagnella (javelin, 1992) and Dan Bourque (35-pound weight, 1998, and hammer, 1998).

Sutherland has also coached Olympic competitors, including 2004 U.S. hammer performer Anna Mahon. His duties at SCSU also include responsibilities for the weight training programs of the throwers.

Sutherland resides in Orange, Conn. with his wife, Cathy.



STEVE JUSASUME
Assistant Coach
Third Season
New Haven '07

Steve Jusasume is in his third season as an assistant coach with the Owls in 2012-13. He works with the team's throwers.

Jusasume is no stranger to the area or the Northeast-10 Conference, as he was a four-year member of the University of New Haven track and field team.

A team captain as a junior and senior, Jusasume was a NCAA qualifier both seasons. He was also selected for both the NCAA Division II and ESPN The Magazine All-Academic Teams. Jusasume also earned the UNH Athlete of the Year award in 2007.

He holds a bachelor's degree in fire science Administration/Arson Investigation from UNH, as well as a MBA from SCSU.

2012-13 ROSTER

2012-13 Southern Connecticut State University Men's Track and Field Roster

Name	Cl.	Hometown/Previous School	Events
Chris Babcock	Sr.	New Windsor N.Y./New Windsor	middle distance
Fred Boateng	Sr.	Hamden, Conn./Hamden	sprints
Asher Brandt	Sr.	Orange, Conn./Amity	distance
Enis Bukalo	Jr.	Derby, Conn./Derby	throws
Michael Cameron	So.	Hartford, Conn./Jamaica College	throws
Daniel Candelaria	So.	New Haven, Conn./Platt Tech	hurdles/sprints
Joseph Caraciolo	Fr.	Massapequa, N.Y./Massapequa	jumps/sprints
Thomas Cassello	So.	Bolton, Conn./Bolton	distance
Ethan Chapman	So.	Post Mills, Vt./Colby-Sawyer College	hurdles
Connor Coleman	Jr.	Gunnison, Colo./Central Missouri	multi-event
Tresley Dupont	So.	Fall River, Mass./Bristol Community College	throws
Thomas Dusenberry	So.	Enfield, Conn./Plymouth State	javelin
Justin Escaravage	Sr.	Brookfield, Conn./Brookfield	multi-event
Twayne Forth	Sr.	Brooklyn, N.Y./Lincoln	sprints
Omar Gonzalez	Jr.	Bristol, Conn./Bristol Central	javelin
Brandon Gregory	Fr.	Northvale, N.J./Northern Valley Old Tappan	hurdles/sprints
A.J. Guerra	Jr.	Stafford Springs, Conn./Woodstock Academy	throws
Jimm Guerrier	Jr.	Brockton, Mass./Roxbury Community College	jumps/sprints
Denzel Jones	Fr.	Waterbury, Conn./Crosby	sprints
Nelson Laskoski	Jr.	Pomfret Center, Conn./Woodstock Academy	jumps
Nick Lebron	Jr.	Newington, Conn./Newington	multi-event
Michael Lee	Jr.	New London, Conn./New London	jumps
Selasi Lumax	Sr.	Somerset, N.J./Franklin	middle distance
Ryan Mills	So.	Stratham, N.H./Exeter	throws
Samuel Montclair	Sr.	Cheshire, Conn./University of New Haven	distance
Brian Nill	Sr.	Ridge, N.Y./Shoreham-Wading River	distance
Tahir Parkes	Fr.	Bloomfield, Conn./Bloomfield	throws
Thomas Phommalin	Sr.	Farmington, Conn./New Britain	sprints
Tomas Pytel	Fr.	Wethersfield, Conn./Wethersfield	sprints
Paul Ryskowski	Sr.	Bristol, Conn./Bristol Central	distance
Tom Saksa	So.	Seymour, Conn./Seymour	distance
Logan Sharpe	Sr.	Esperance, N.Y./Schoharie	sprints/hurdles
Justin Sherrick	Fr.	Milford, Conn./Law	jumps/sprints
John Simpson	R-Fr.	Bristol, Conn./University of Rhode Island	jumps/sprints
Franky St. Martin	So.	Bridgeport, Conn./Bridgeport Central	sprints
Jacob Tomczak	Fr.	Derby, Conn./Derby	throws
Michael Vagnini	So.	Woodbury, Conn./Nonnewaug	distance

2012-13 TRACK AND FIELD OUTLOOK

The Southern Connecticut State University men's track and field team will look to extend its streak of consecutive Northeast-10 Conference championships, currently stationed at 20 in a row, and remain a contender for the New England and NCAA Championships.

Head Coach John Wallin, now in his third season, is looking to continue the success enjoyed in recent years.

During the indoor season last year, the Owls finished third at the New England Championships, fourth at the Metropolitan Championships and won their 19th consecutive Northeast-10 Conference championship. They also had eight athletes qualify for the NCAA Championships.

From there, the team had the program's best ever finish, third place, at the NCAA Championships. SCSU also had an individual NCAA Champion, Nick Lebron, in the heptathlon. In addition, the team's 13 All-Americans were the top total for any NCAA showing.

During the outdoor season, the Owls finished second at the New England Championships, fourth at the Metropolitan Championships and won their 20th consecutive Northeast-10 Conference title at home from Jess Dow Field. They also had five student-athletes qualify for the NCAA Championships.

The captains this season will be seniors Selasi Lumax, Thomas Phommalin and Logan Sharpe, along with junior Nick Lebron.

Sprinters

The sprinting crew will be led by Sharpe, Phommalin and Twayne Forth.

Sharpe, a senior, was an All-American in 4x400 relay and distance medley relay, a Northeast-10 Conference champion (4x800 relay), All-Region (400 meters, 4x400 relay, distance medley relay), New England champion (4x400 relay) and All-New England (400 meters) last year.

Forth, a senior, was All-American (4x400 relay), All-Region (4x400 relay), and a New England champion in the 4x400 relay.

Phommalin will look to build off a junior season in which he was All-Region in the 4x100 relay.

The Owls will also look for contributions from senior Fred Boateng, sophomore Franky St. Martin and newcomers Jimm Guerrier, Brandon Gregory, Joe Caraciolo, Denzel Jones and Tomasz Pytel.

Throws

The throwers will be led by juniors Enis Bukalo and A.J. Guerra.

Bukalo was a Northeast-10 Conference Champion (shot put indoors and outdoors), All-Region (shot put and discus),



Connor Coleman (left) and Nick Lebron (right) will be among the NCAA title contenders in the heptathlon and decathlon this year.

and All-New England (shot put indoors and outdoors) honoree last year.

Guerra was the Northeast-10 Conference Champion in the hammer throw, All-New England selection in the hammer throw and All-Region in weight throw and hammer throw.

Junior Omar Gonzalez will also play a major role on the team after qualifying 2012 NCAA Championships last season. Gonzalez came in 10th in the javelin with a throw of 62.56 meters at the NCAA Championships. Gonzalez was All-New England in the javelin and All-Region selection in the javelin.

Sophomores Michael Cameron and Ryan Mills will also look to give the Owls a solid throwing corps for the season and in the future.

Cameron was the Northeast-10 Conference champion in the discus, All-Region (shot put, discus and weight throw) and All-New England in the shot put.

Joining the throwing group this year are newcomers Tresley Dupont, Tahir Parkes and Jacob Tomczak.

2012-13 TRACK AND FIELD OUTLOOK

Distance

The distance squad will bring back a strong cast of veterans to the team with both cross country and track experience.

The crew will be led by seniors Lumax and Brian Nill.

Lumax will be a key to the Owls success this season as a senior leader. He was named the Indoor Men's Track and Field Athlete of the Year last year.

He was an All-American (4x400 relay and 800 meters, distance medley relay), All-Region (4x400 relay, 800 meters, distance medley relay), All-New England (800 meters and 4x400 relay), Northeast-10 Conference champion in 4x800 meter relay and helped the team set a new meet record with a first place finishing time of 7:43.32.

Lumax was also the New England Champion (800 meters), and achieved the best time ever in New England collegiate indoor track and field history with a time of 1:47.34. Lumax also qualified for the 2012 United States Olympic Trials and participated in the African Track and Field Championships.

Nill was All-Region in the 1500 meters and All-New England in the 1500 meters, and will play a big factor after a good cross country season as well.

Other contributors include senior Samuel Montclair, senior Paul Ryskowski and sophomore Tom Saksa.

Hurdles

The hurdlers will be led by Sharpe, Lebron and junior Connor Coleman.

Lebron will look to improve on a great sophomore season. He was an NCAA Champion during the indoor season in the heptathlon, All-American in the decathlon, All-Region (110 hurdles, 4x400 relay, long jump, 60 hurdles, high jump, decathlon and the heptathlon), All-New England in the heptathlon, Northeast-10 champion (4x400 relay), All-New England (high jump and 4x400 relay).

Coleman was an All-American in the heptathlon, the Northeast-10 Men's Outdoor Athlete of the Year, USTFCCCA East Region Field Athlete of the Year, New England champion in the heptathlon and All-Region in the 100 meters, javelin, decathlon, 60 hurdles, pole vault and heptathlon.

Also expected to contribute for the Owls are Gregory and Daniel Candelaria.

Jumpers

The jumpers will be led by senior Justin Escaravage, Lebron and Coleman, along with returner Michael Lee.

Escaravage was a New England champion in the decathlon, Northeast-10 Conference Champion in the pole vault (outdoors), All-Region (pole vault, javelin, decathlon



Justin Escaravage was the 2012 New England champion in the decathlon and the Northeast-10 pole vault champion outdoors.

and heptathlon) and All-New England in heptathlon.

Lee earned All-New England and All-Region honors in the triple jump last year and was also All-Region in the long jump.

Newcomers Guerrier and Caraciolo are also expected to contribute for the Owls this year.

Pole Vault

The pole vault will be led by Escaravage and Nelson Laskoski. Last year, Escaravage was the New England champion in the decathlon and the Northeast-10 Conference Champion in the pole vault (outdoors). He was also All-Region in pole vault, javelin, decathlon and heptathlon and All-New England in the heptathlon.

Laskoski was the Northeast-10 Champion in the pole vault (indoors) and was also an All-Region and All-New England in the pole vault.

2012 CROSS COUNTRY RECAP

The Southern Connecticut State University men's cross country team had a solid season, and just missed out on a team trip to the NCAA Championships.

The Owls were ranked as high as No. 6 in the USTFCCCA East Region rankings during the season.

Seniors Josh Perry and Brian Nill were the leaders of this year's squad.

Two members of the team were named to the 2012 USTFCCCA Division II Cross Country All-Region Team, representing the East Region - Perry and Nill.

Perry was named the Northeast-10 Men's Athlete Of the Week after a third place individual finish to help lead the Owls at the Connecticut College Invitational at Harkness Memorial State Park in Waterford, Conn.

Perry finished in third with a time of 25:13.

The Owls finished 15th at the New England Championships at Stanley Park in Westfield, Mass.

Nill had an 11th place finish with a time of 24:40.30 in the race.

Nill was also named the men's Northeast-10 Athlete of the Week after a fourth place individual finish at the Stony Brook Season Opener.

SCSU came in sixth place finish at the Northeast-10 Conference Championships at Jamesville Beach Park in Jamesville, N.Y.

Two Owls finished in the top 10 at the meet and had four finishers in the top 50.

Nill led the team in fourth place, and earned Northeast-10 Conference First-Team honors with the performance. Perry was next for the Owls in 10th place, and earned Northeast-10 Conference Second Team honors with his effort.



Josh Perry earned All-Region, All-New England and All-Conference honors for the Owls this fall.

Asher Brandt followed in 30th and Tom Saksa also came in 39th.

The Owls finished in fifth place at the NCAA Division II East Region Championships in Nashua, N.H.

Perry came in eighth place and Nill finished in 14th place to collect All-Region laurels.

PLAYER BIOGRAPHIES



CHRIS BABCOCK
Senior
Middle Distance
New Windsor, N.Y.
New Windsor

In the 2012 Cross Country season:

Finished 35th at the Stony Brook Season Opener (6k) in 21:29.36...Placed 37th at the River Hawks Invitational in 27:50...Came in 60th at the CCSU Ted Owen Invitational (8k) in 28:25.02...Finished 96th at the Connecticut College Invitational (8k) in 27:09...Placed 97th at the Northeast-10 Conference Championships (8k) in 29:01.4...Came in 87th at the NCAA Division II East Region Championships (10k) in 33:24.1.

As a Junior in 2011-12:

Placed 10th in the 600 meters with a time of 1:28.85 at the UConn Triangular Invitational on 1/7... Contributed to the 4x400m relay team that finished sixth with a time of 3:31.98 and placed 10th in the 800 meters with a time of 2:20.22 at the Yale Season Opener on 1/14...In the Metropolitan Championships on 1/26, placed fifth in the 4,000 meter distance medley relay with a time of 10:21.34...Posted a time of 2:01.55 in the 800 meters to finish 24th at the UConn Spring Invitational on 3/31...Finished fifth in the 800 meters with a time of 2:00.48 at the Roadrunner Invitational on 4/6...Contributed to a eighth place finish in the 4x800 relay with a time of 8:10.25 at the Metropolitan Championships on 4/14...Also finished 23rd in the 800 meters with a time of 1:59.97...At the Northeast-10 Championships on 5/14, helped the 4x800 relay team to a fifth place finish with a time of 8:09.11...Also finished 13th in the 1,500 meters in a time of 4:05.11.

In the 2011 Cross Country season:

Finished in 96th place with a time of 29:16 in the Metropolitan Championships.



Before Southern Connecticut State University:

Attended Newburgh Free Academy (N.Y.)...4x800 meter champion at the Loucks Games...Placed sixth at states indoors in 4x800 relay...Team captain in his senior year.

Personal:

The son of Colleen and John Babcock...Born in Poughkeepsie, N.Y...Majoring in physical education.

PLAYER BIOGRAPHIES



FRED BOATENG

Senior
Sprints
Hamden, Conn.
Hamden/
Springfield College

*Northeast-10 Conference Commissioner's Honor Roll
selection*

As a Junior in 2011-12:

Northeast-10 Conference Commissioner's Honor Roll selection...Contributed to a third place finish in the 4x400 with a time of 3:29.99 at the Lidlifter Invitational on 12/3... Placed eighth in the 400 meters with a time of 52.89 at the UConn Triangular Meet on 1/7...Helped the 4x400 relay team finish sixth at the Great Dane Classic on 1/20...Captured first place in the 4x400 with a time of 3:15.64 at the Metropolitan Championships on 1/26...Also finished 18th in the 500 meters in a time of 1:11.11...Finished third in the 4,000 meter distance medley relay in 10:29.04 and was 19th in the 400 meters at the Northeast-10 Championships on 2/18...Helped the 4x400 relay team finish in 12th place with a time of 3:34.24 at the UConn Spring Invitational on 3/31...Also was a part of the 4x100 relay that finished 10th in a time of 44.24...At the Roadrunner Invitational on 4/6, contributed to the 4x100 relay team that finished ninth with a time of 45.18...Placed 21st in the 400 meters with a time of 53.57 at the Metropolitan Championships on 4/14...At the Yale Springtime Invitational on 4/29, finished 18th in the 400 meters with a time of 53.57... At the Northeast-10 Championships on 5/4, he placed 10th in the 400 meters in 52.07.

Before Southern Connecticut State University:

Attended Springfield (Mass.) College, where he played basketball...Played scholastically at Hamden (Conn.) High, where he was a member of the basketball and track and field teams...All-Conference and All-Division pick in track and field...State qualifier...Team captain for basketball.

Personal:

The son of Michelle Augustt...Born in Bronx, N.Y...A biology major.

PLAYER BIOGRAPHIES



SAMUEL MONTCLAIR

Senior
Distance
Cheshire, Conn.
Cheshire/
Univ. of New Haven

In the 2012 Cross Country season:

Finished 15th at the River Hawks Invitational in 26:43... Placed 38th at the CCSU Ted Owen Invitational (8k) in 27:42.56... Came in 112th at the New England Championships (8k) in 26:03.94... Finished 40th at the Connecticut College Invitational (8k) in 26:26... Placed 85th at the Northeast-10 Conference Championships (8k) in 28:24.8... Came in 26th at the NCAA Division II East Region Championships (10k) in 31:35.7.

In the 2011 Cross Country season:

Finished seventh overall while helping Southern to a first place finish at the Blue Devil Classic... Competed at the Division II Cross Country Challenge... Participated at the New England Championships and Connecticut College Invitational... Finished 55th overall at the Northeast-10 Championships.

Before Southern Connecticut State University:

Cross country MVP and captain of both the track and field and cross country squads at Cheshire (Conn.) High... Attended the University of New Haven.

Personal:

The son of Jackie and John Montclair... Born in Fort Bragg, N.C... Plans to major in human performance.



PLAYER BIOGRAPHIES



JUSTIN ESCARAVAGE

Senior
Multi-Event
Brookfield, Conn.
Brookfield

2012 New England champion in the decathlon
2012 Northeast-10 Conference champion in the pole vault (outdoors)
2012 All-Region in the pole vault, javelin, decathlon and heptathlon
2012 All-New England in heptathlon
2011 All-Region selection in pole vault, heptathlon and decathlon
2011 NCAA qualifier in the decathlon
2010 and 2011 All-New England selection in decathlon
Northeast-10 Conference Commissioner's Honor Roll selection

As a Junior in 2011-12:

New England champion in the decathlon...Northeast-10 Conference Champion in the pole vault (outdoors)...All-Region in pole vault, javelin, decathlon and heptathlon...All-New England in heptathlon...Northeast-10 Conference Commissioner's Honor Roll selection...Captured first place in the pole vault with a height of 4.65 meters at the Lidlifter Invitational on 12/3...Also helped the 4x400 relay team to a third place finish with a time of 3:29.99 and added an eighth place finish in the 60 meter hurdles with a time of 9.22...Finished third in the heptathlon with 4743 points, which included placing first in the pole vault (4.60 meters), fifth in the high jump (1.73 meters), third in the 60 meters (7.40), third in the shot put (10.72 meters), second in the 1,000 meters (2:52.81), third in the long jump (6.38 meters) and fourth in the 60 meter hurdles (9.19) at the Brother Jasper Invite on 12/9...Placed seventh in the long jump with a leap of 6.27 meters along with a fourth place finish on the pole vault with a distance of 4.55 meters at the UConn Triangular meet on 1/7...Finished ninth in the pole vault with a distance of 4.50 meters at the Great Dane Classic on 1/20...Competed at the Metropolitan Championships on 1/26 and finished third in the heptathlon with 4607 points, which included first place in the pole vault (4.50 meters), third in the 1,000 meters (2:52.37), fifth in the shot put (10.49 meters), seventh



in the 60 meter hurdles (9.25), fourth in the high jump (1.70 meters) and fifth in the high jump (6.00 meters)...Placed second in the pole vault with a distance of 4.45 meters at the Northeast-10 Championships on 2/18...Competed at the New England Championships on 2/24 and finished fifth in the heptathlon with a score of 4775, which included a first place finish in the pole vault (4.55 meters), fifth place finishes in the long jump (6.24 meters) and shot put (11.00 meters), sixth place in the 60 meters (7.40), ninth place in the high jump (1.78 meters) and 10th in the 60 meter hurdles (9.16)...Placed 10th in the 4x400 relay with a time of 3:29.29 and 15th in the long jump with a distance of 6.17 meters at the UConn Spring Invitational on 3/31...Captured first place in the pole vault with a leap of 4.65 meters along with a 13th place finish in the 110 meter hurdles at the Roadrunner Invitational on 4/6...Competed at the UConn Decathlon Invitational on 4/10 and finished ninth with a score of 6401, which included a fifth place finish in the 400 meters (51.88), sixth in the 1,500 meters (4:53.62), 10th in the high jump (1.76 meter), seventh in the 100 meters (11.63), first in the pole vault (4.45 meters),

PLAYER BIOGRAPHIES

11th in the long jump (6.31 meters), fourth in the javelin (52.19 meters), 10th in the discus throw (30.60 meters), seventh in the shot put (11.13 meters) and 11th in the 110 meter hurdles (16.26)...Finished third in the pole vault with a distance of 4.40 meters at the Yale Springtime Invitational on 4/29... Captured first in the pole vault with a leap of 4.80 meters along with a sixth place finish in the javelin at the Northeast-10 Championships on 5/4...Competed at the New England Championships on 5/10 and finished first in the decathlon with a score of 6419, which included first place finishes in the pole vault (4.60 meters), javelin (54.11 meters) and long jump (6.53 meters) and third place finishes in the discus (32.57 meters), 100 meters (11.61) and 400 meters (53.15).

As a Sophomore in 2010-11:

All-Region selection indoors in the pole vault (indoors and outdoors), heptathlon (indoors) and decathlon (outdoors)... All-New England in the decathlon outdoors...Placed sixth in the long jump with a distance of 6.26 meters, second in the pole vault (4.35 meters) and seventh in the 60 meter hurdles (9.28) at the Lidifter Invitational on 12/4...Finished ninth in the pole vault with a height of 4.35 meters at the Albany Great Dane Classic on 1/21...Cleared a height of 4.40 meters to place fourth in the pole vault at the Northeast-10 Indoor Championships on 2/17...Had a 10th place finish in the pole vault at the New England Indoor Championships with a height of 4.45 meters...Fared well at the Northeast-10 Outdoor Championships with a second place finish in the pole vault, clearing a height of 4.40 meters...Also competed in the javelin at the NE-10's and placed fifth with a throw of 49.75 meters...Competed in the decathlon at the New England Outdoor Championships and placed first among the field in the pole vault (4.70 meters) and the javelin (49.15 meters).

As a Freshman in 2009-10:

At the Lidifter Invitational, placed fifth in the pole vault with a vault of 4.12 meters...Also earned eighth place in the 60 meter hurdles with a time of 9.82...Finished second in the 55 meter hurdle with a time of 9.03 at the Southern Connecticut State Alumni Meet...Also finished third in the long jump with a leap of 5.68 meters...Placed ninth as a part of the 4x400 meter relay with a time of 3:29.18 at the Yale Collegiate Invitational...Placed eighth in the heptathlon at the Metropolitan Championships...Finished fourth at the Manhattan Invitational in the pole vault with a jump of 4.35 meters...Obtained second place at the Northeast-10 Indoor Championship in the pole vault with a spring of 4.10 meters...Took 10th place in the heptathlon at the New



England Championships...Finished sixth at the Brown Outdoor Invitational in the 110 meter hurdle with a time of 19.21...Took second place at the Metropolitan Outdoor Championships in the pole vault with a distance of 4.12 meters...Also obtained third place in the javelin throw with a toss of 45.46 meters...Obtained 18th place at the Yale Springtime Invitational in 110 meter hurdle with a time of 17.12...Finished fourth at the Northeast-10 Conference Outdoor Championships in the pole vault with a mark of 4.10 meters...Earned 5,643 points in the decathlon at the New England Outdoor Championships to place fifth overall.

Before Southern Connecticut State University:

Three-time All-Conference performer at Brookfield (Conn.) High School...Placed fifth at the State open in the pole vault and was third at the Class M indoor and outdoor championships...Finished fourth in the state in the decathlon as a senior...Two-year team captain.

Personal:

The son of Susan and John Escaravage...Born in Syosset, N.Y...An exercise science/human performance major.

PLAYER BIOGRAPHIES



TWAYNE FORTH

Senior
Sprints
Brooklyn, N.Y.
Lincoln

2012 All-American in the 4x400 relay
2012 All-Region in the 4x400 relay
2012 New England champion in the 4x400 relay
2011 All-Region in the 4x400 relay (outdoor)
Northeast-10 Conference Commissioner's Honor Roll selection

As a Junior in 2011-12:

All-American in the 4x400 relay...All-Region in the 4x400 relay...New England champion in the 4x400 relay...All-New England in the 4x400 relay...Northeast-10 Conference Commissioner's Honor Roll selection...Placed fifth in the 400 meters with a time of 51.59 in the UConn Triangular Meet on 1/7...Helped the 4x400 relay team to a third place finish with a time of 3:14.31 at the Great Dane Classic on 1/20...Also had a 13th place finish in the 400 meters with a time of 49.54...Contributed to the winning 4x400 relay team at the Metropolitan Championships on 1/26 with a time of 3:15.64...Also finished 10th in the 400 meters with a time of 50.75...Ran in the 4x400 relay and helped the Owls to a second place finish with a time of 3:12.17 at the Valentine's Invitational on 2/10...Contributed to the 4x400 relay team that placed third with a time of 3:23.04 at the Northeast-10 Championships on 2/18...Also chipped in with a sixth place finish in the 400 meters with a time of 49.86...Ran for the winning 4x400 relay team at the New England Championships on 2/24 with a time of 3:10.72...Helped the 4x400 relay team place third at the NCAA Championships on 3/9 with a time of 3:15.25...Ran in both the 4x400 relay and the 4x100 relay that both finished second with times of 3:18.39 and 42.5 at the UConn Springtime Invitational on 3/31...Also had a fourth place finish in the 100 meters with a time of 11.09...Helped the 4x100 relay team to a first place finish with a time of 42.59 at the Roadrunner Invitational on 4/6...Also added a second place finish in the 200 meters with a time 21.92 and a fourth place finish in the 400 meters with a time of 50.39...Contributed to the 4x400 relay team that finished third with a time of 3:18.57 at the Metropolitan Championships on 4/14...Also finished fourth in the 100 meters with a time of 10.83...



Ran in the 4x100 relay and helped the Owls place second with a time of 43.29 at Yale Springtime Invitational on 4/29...Captured second in the 100 meters with a time of 10.84 at the Northeast-10 Championships on 5/4...Ran for the 4x400 team that placed sixth at the New England Championships on 5/10 with a time of 3:16.09.

As a Sophomore in 2010-11:

All-Region in the 4x400 relay outdoors...Northeast-10 Conference Commissioner's Honor Roll selection...Placed fourth in the 400 meters at the Lidifter Invitational with a time of 50.47 on 12/4...Also ran in the 4x400 relay and helped the Owls win that event, posting a time of 3:18.44...Ran the 200 meters and finished 18th at the Harvard Open Track Meet with a time of 23.07 on 12/10...Also ran the 400 meters and finished 17th, recording a time of 51.64... Competed in

PLAYER BIOGRAPHIES

the 400 meters and placed 21st at the Yale Intercollegiate Track Classic with a time of 52.54...Also contributed to a fifth place finish in the 4x400 relay with a time 3:23.55...Came in 28th in the 400 meters, posting a time of 51.55 seconds and ran in the 4x400 relay, finishing 11th with a time of 3:24.25 at the Albany Great Dane Classic on 1/21/11...Had a fifth place performance in the 400 meters at the Northeast-10 Indoor Championships with a time of 50.46...Also had a strong showing in the 4x400 relay, helping the Owls to a time of 3:21.39 to place second at the NE-10s...Contributed to another second place finish in the 4x400 relay at the Larry Ellis Memorial with a final time of 3:12.11...Had a top 10 performance at the Northeast-10 Outdoor Championships in the 400 meters, posting a time of 48.76 to finish seventh... Finished 12th in the 400 meters at the New England Outdoor Championships with a time of 49.23.

As a Freshman in the 2009-10 season:

At the Lidlifter Invitational, placed eighth in the 200 meter dash with a time of 23.66.

Before Southern Connecticut State University:

Attended Old Harbour (Jamaica) and Lincoln (N.Y.) High... Team MVP...Team captain as a senior.

Personal:

The son of Claudette and Vincent Forth...Born in Spanish Town, Jamaica...Undecided on a major.



PLAYER BIOGRAPHIES



SELASI LUMAX
Redshirt Senior
Middle Distance
Somerset, N.J.
Franklin
Track and Field Captain



2012 All-American in the 800 meters, distance medley relay and 4x400 relay

2012 All-Region in the 800 meters, distance medley relay and 4x400 relay

2012 New England champion in 800 meters and 4x400 relay

2012 All-New England in 800 meters and 4x400 relay

New England record holder in 800 meters (indoors)

2010 and 2011 All-American in the 800 meters (indoors) and 4x400 relay

2011 All-Region in 4x100 relay and 800 meters

2011 Northeast-10 Conference Champion in the 1000 meters

2010 and 2011 All-New England in 4x400 relay and 800 meters

2010 Northeast-10 Conference champion in the 500 meters

2009 Northeast-10 Conference champion in the 500 meters and 4x400 relay (indoors)

2009 Northeast-10 Conference champion in the 800 meters (outdoors)

2009 All-New England honoree in 500 meters (indoors)

School record holder in 4x400 relay, 800 meters (indoors/ outdoors) and the distance medley relay

In the 2012 Cross Country Season:

Finished 107th at the Connecticut College Invitational (8k) in 27:19...Placed 95th at the NCAA Division II East Region Championships (10k) in 33:55.8.

In the Summer, 2012:

Competed at the African Track and Field Championships representing Ghana...Earned a spot in the field after winning Ghana's national title in the 800 meters...Placed third in his heat at the African Championships.

As a Senior in 2011-12:

All-American in the 800 meters, distance medley relay and 4x400 relay...All-Region in the 800 meters, distance medley relay and 4x400 relay...New England champion in the 800 meters and 4x400 relay...Set a new New England record in the 800 meters...All-New England in both events...Helped relay team finish third in the distance medley relay setting a new school record with a time of 9:48.22 at the New Balance

Invitational...Competed on the 4x800 meter relay team at the Valentine's Invitational breaking their own school record... Finished seventh in the 800 meters with a time of 1:48.7 at the Valentine's Invitational...Helped break a Northeast-10 Championships meet record in the 4x800 relay event, finishing first with a time of 7:43.32...Finished second at the Northeast-10 Championships in the 500 meters with a time of 1:03.51...Set the best time ever in New England history in the 800 meter with a time of 1:47.34 finishing first at the New England Championships...Helped the Distance Medley Relay team finish second at the NCAA Division II National Championships...Finished third in the 800 meters with a time of 1:52.61 at the NCAA Division II Championships...Competed in the 4x400 meter relay event where the team took third at the NCAA Division II Championships.

In the 2011 Cross Country Season:

Competed at the New England Championships... Participated at the Connecticut College Invitational... Finished the season placing 59th overall at the Northeast-10 Conference Championships.

PLAYER BIOGRAPHIES

As a Junior in 2010-11:

All-American in the 800 meters (indoors and outdoors), distance medley relay and 4x400 relay (indoors)...All-New England in the 4x400 relay and 800 meters (indoors and outdoors)...All-Region in the 800 meters and 4x400 relay (indoors and outdoors) and distance medley relay (indoors)...Northeast-10 Conference Champion in the 1000 meters...Contributed to a fifth place finish in the DMR at the Yale Intercollegiate Track Classic with a time of 10:13.61 on 1/15...Also ran in the 4x800 relay and finished fourth with a time 7:54.05...Had a fourth place performance in the 800 meters with a time of 1:53.54 at the Albany Great Dane Classic on 1/21...Posted a time of 2:29.43 to win the Northeast-10 Conference Indoor Championship in the 1000 meters on 2/17...Also ran in the 4x800 relay in the Conference Indoor Championship and finished on the fourth place team with a time 7:57.20...Placed third in the 800 meters, recording a time of 1:49.47 at the New England Indoor Championships...Also at that event, competed in the 4x400 relay and helped the Owls to a second place finish with a time of 3:13.92...Contributed to another second place finish in the 4x400 at the Larry Ellis Memorial on 4/23...Had a strong performance at the Northeast-10 Outdoor Championships, placing third in the 800 meters (1:55.33)...Finished second in the 800 meters at the New England Outdoor Championships...Placed fifth in the 800 meters at the NCAA Outdoor Championships.

As a Sophomore in 2009-10:

At the Lidlifter Invitational, placed second in the 800 meter run with a time of 1:54.04...Earned first place in the 1000 meter run with at time of 2:32.55 at the Southern Connecticut State Alumni Meet...Placed ninth at the Terrier Invitational in the 800 meter run with a time of 1:53.17...Also earned first place in the 500 meter dash with a time of 1:03.17...Also earned first place a part of the 4x400 meter relay with a time of 3:18.53...At the Valentine Invitational, was a part of the 4x400 meter relay team with a time of 3:16.56...Took first place at the Northeast-10 Indoor Championships, as well as shattering the previous record in the 500 meter run with a time of 1:03.79...Obtained fifth place at the New England Championships in the 800 meter run with a time of 1:52.55...Also earned second place as a part of the 4x400 meter relay with a time of 3:16.79...At the IC4A Championships, placed third in the 800 meter run with a personal best time of 1:51:38...Placed 22nd as a part of the 4x400 meter relay with a time of 3:17.49...At the NCAA Division II Championship, placed sixth in the 800 meter run with a time of 1:52.94...Finished first as a part of the 4x400 meter relay with a time of 3:16.49 at the Sam Howell Invitational...Took third at the Carolina Classic in 800 meter run with a time of 1:51.38...Captured first place at the Metropolitan Outdoor

Championship in the 400 meter dash with a time of 48.25...Also finished first as a part of the 4x400 meter relay with a time of 3:16.26...Captured first place in the 400 meter dash at the Yale Springtime Invitational with a time of 48.35...Also finished sixth in the 200 meter dash with a time of 22.68...In addition, captured first place as a part of the 4x400 meter relay...Finished first at the Northeast-10 Outdoor Championships as a part of the 4x800 team with a new NE-10 record time of 7:45.26...Took second as a part of the 4x400 meter relay at the New England Outdoor Championships with a time of 3:11.79...Finished eighth as a part of the 4x400 meter relay at the ECAC & IC4A Outdoor Championships with a mark of 3:09...Obtained sixth place at the NCAA Division II Championships as a part of the 4x400 meter relay with a time of 3:10.67...In addition, finished 17th in the 800 meter run at the with a time of 1:54.41.

As a Freshman in 2008-09:

Northeast-10 Conference Indoor Champion in the 500 meters and the 4x400 relay...Northeast-10 Conference Outdoor Champion in the 800 meters...All-New England selection in the 500 meters during the indoor season...Earned a fifth place finish at the URI Sorlein Invitational in the 800 meter run with a time of 2:00.79...At the Giegengack Invitational, finished ninth in the 500 meter dash...Finished eighth in the 500 meter dash at the Valentine's Invitational with a time of 1:04.83...At the Northeast-10 Conference Championships, won the 500 meter dash with a time of 1:06.66...Also captured the win in the 4x400 meter relay with a time of 3:24.06...Named to the NE-10 weekly honor roll...Placed fifth in the 500 meter dash with a time of 1:04.67 at the New England Championships...Finished second as part of 4x400 relay team with a time of 3:24 at Trinity Invitational...Earned fifth place finish in the 800 meters with a time of 1:59...At the Sam Howell Invitational, ran a 1:55 for a fourth place finish in the 800 meters...Selected for the NE-10 weekly honor roll...As part of the 4x400 relay team, ran for a second place finish with a time of 3:15.64 at the Larry Ellis Invitational...Also took eighth in the 400 meter dash in 48.7 seconds...At the Northeast-10 Conference championships, with a time of 1:54.7 was the champion of the 800 meter run.

Before Southern Connecticut State University:

Attended Franklin High School in Somerset, N.J...Served as team captain as a senior...800 meter state champion...Russell Blunt 800 meter champion...AAU Regional 800 meter champion.

Personal:

The son of Wise and Adelaide Lumax...Majoring in exercise science.

PLAYER BIOGRAPHIES



BRIAN NILL
Senior
Distance
Ridge, N.Y.
Shoreham-Wading River
Cross Country Captain

2012 All-Region selection in cross country
2011 and 2012 All-Conference selection in cross country
2012 All-Region selection in 1500 meters
2012 All-New England selection in 1500 meters
2011 All-Region honoree in the 5000 meters
2010 All-New England in the 4x800 relay
2010 Northeast-10 Conference 4x800 champion

In the 2012 Cross Country season:

All-Region and All-Conference selection...Finished fourth at the Stony Brook Season Opener (6k) in 19:44.10...Named Northeast-10 Men's Athlete of the Week...Came in 11th at the River Hawks Invitational in 26:36...Placed 11th at the New England Championships (8k) in 24:40.30...Finished fourth at the Northeast-10 Conference Championships (8k) in 25:26.5...Named to the Northeast-10 Weekly Honor Roll...Placed 14th at the NCAA Division II East Region Championships (10k) in 30:59.6.

As a Junior in 2011-12:

All-Region selection in the 1500 meters...All-New England in the 1500 meters...Had a sixth place finish in the mile with a time of 4:22.58 at the UConn Triangular Meet on 1/7...Competed in the Metropolitan Championships on 1/26 and finished fifth in the 4,000 meter distance medley relay with a time of 10:21.34...Also placed 10th place in the mile with a time of 4:20.37...Finished third in both the 4,000 meter distance medley (10:29.04) and the mile (4:14.12) at the Northeast-10 Championships on 2/18...Competed in the UConn Spring Invitational on 3/31 and placed fifth in the 800 meters with a time of 1:54.86...Finished second in the 1,500 meters with a time of 3:57.20 at the Sam Howell Invitational on 4/6...Placed fourth in the 1,500 meters with a time of 3:56.20 at the Metropolitan Championships on 4/14...Also had a pair of eighth places finishes in the 800 meters (1:56.11) and the 4x800 relay (8:10.25)...Captured second place in the 1,500 meters with a time of 3:52.12 at the Larry Ellis Invitational on 4/20...Competed at the Northeast-10 Championships on 5/4 and finished third in the 1,500 meters



with a time of 3:49.82...Also added a fifth place finish in the 800 meters with a time of 1:53.57...Placed third in the 1,500 meters at the New England Championships on 5/10.

In the 2011 Cross Country season:

All-Conference selection...Finished in third place overall with a time of 26:54 while helping Southern to a first place finish at the Blue Devil Classic...Placed second overall at the Division II Cross Country Challenge...Competed at the New England Championships...Took first place with a time of 25:26.97 to help lead Southern to first place at the Connecticut College Invitational...Finished in seventh place overall with a time of 24:42.63 at the Northeast-10 Conference Championships.

PLAYER BIOGRAPHIES

As a Sophomore in 2010-11:

All-Region honoree indoors in the 5000 meters...Competed in the 4x800 relay at the Yale Intercollegiate Track Classic and contributed to a fourth place relay with a time of 7:54.05... Had a 17th place finish in the 3000 meters at the Albany Great Dane Classic, finishing with a time of 8:53.68 on 1/21... Performed well at the Northeast-10 Indoor Championships with a third place finish in the 5000 meters, recording a time of 15:04.54 on 2/17...Also competed in the DMR and finished on the fourth place team with a time of 10:36.01...Ran in the 4x800 relay at the New England Indoor Championships and placed 17th with a total time of 8:07.31.

In the 2010 Cross Country season:

Led the Owls at the Central Connecticut Invitational with a 30th place finish and a time of 27:48...Finished the Connecticut College Invitational with a time of 27:34... Competed at the Division II Cross Country Challenge with a time of 27:28.

As a Freshman in 2009-10:

At the Lidlifter Invitational, placed fourth in the 3000 meter run with a time of 9:06.17...Earned third place in the 1000 meter run with a time of 2:37.72 at the Southern Connecticut State Alumni Meet...Earned first place at the URI Rhody Open in the 800 meter run with a time of 1:59.77...Also placed third as a part of the distance medley relay with a time of 10:43.56...At the Valentine Invitational, finished the 800 meters in 1:58.94...Scored seventh place in the 800 meter dash at the Northeast-10 Indoor Championships with a time of 1:58.01...Took fifth place at the New England Championships as a part of the 4x800 meter relay with a time of 7:45.98...At the Metropolitan Outdoor Championships, placed eighth in the 800 meter run with a time of 1:57.64... Also took fourth as a part of the 4x800 meter relay with a time of 8:07.15...In addition, finished first as a part of the 4x400 meter relay with a time of 3:16.26...Took 12th place at the Yale Springtime Invitational in the 800 meter dash with a time of 1:57.28...Finished first at the Northeast-10 Outdoor Championships as a part of the 4x800 team with a new NE-10 record time of 7:45.26.

In the 2009 Cross Country season:

Competed for the Owls in the Bryant Invitational...Took part in the Central Connecticut Invitational...Ran at the Connecticut College Invitational...Participated in the New England Championships...Competed in the Northeast-10 Conference Championships...Was a top performer for the Owls at the NCAA East Regional Championships.



Before Southern Connecticut State University:

Attended Shoreham-Wading River (N.Y.) High School...Two time League Seven champion in the 800 meters...League Five champion in the 600 meters...Section 11 champion in the 800 meters...Division Three County champion in 2009...Holds school records in the 600 meters and 800 meters...Helped team win the 2007 New York State Class B Championship, three county championships, three division championships and three league championships...Team captain as a senior.

Personal:

The son of Pam and Bob Nill...Born in Stony Brook, N.Y...Majoring in earth science/education.

PLAYER BIOGRAPHIES



THOMAS PHOMMALINH
Senior
Sprints
New Britain, Conn.
New Britain
Track and Field Captain

*2012 All-Region in the 4x100 relay
Northeast-10 Conference Commissioner's Honor Roll
selection*

As a Junior in 2011-12:

All-Region in the 4x100 relay...Northeast-10 Conference Commissioner's Honor Roll selection...Placed eighth in the 60 meters with a time of 7.21 at the Lidlifter Invitational on 12/3...Ran for the 4x400 relay team and helped the Owls to a sixth place finish with a time of 3:31.98 at the Yale Season Opener on 1/14...Competed in the Metropolitan Championships on 1/26 and helped the 4x400 relay team to a first place finish of 3:15.64...Also had a 27th place finish in the 200 meters...Helped the 4x400 team to a third place finish with a time of 3:23.04 at the Northeast-10 Championships on 2/18...Also added a 14th place finish in the 200 meters...Ran for the 4x100 team that placed second with a time of 42.5 at the UConn Spring Invitational on 3/31...Also placed 10th place with the 4x400 team in a time of 3:34.35...Competed in the Roadrunner Invitational on 4/6 and helped the 4x100 team to a first place mark with a time of 42.59...Also was 10th in the 100 meters with a time of 11.33...Placed ninth in the 4x100 relay with a time of 42.19 in the Larry Ellis Invitational on 4/20...Ran in the 4x100 relay and helped the team to a second place finish with a time of 43.29 at the Yale Springtime Invitational ...Also had an eighth place finish in the 100 meters with a time of 11.38...Performed at the Northeast-10 Championships on 5/4 and placed second in the 4x100 relay with a time of 42.21...Also finished 17th in the 200 meters with a time of 23.90.

As a Sophomore in 2010-11:

Northeast-10 Conference Commissioner's Honor Roll selection...Placed 47th in the 400 meters at the Yale Intercollegiate Track Classic on 1/15...Posted a time of 23.87 in the 200 meters to finish 47th at the Albany Great Dane Classic on 1/21...Also ran on the 11th place relay team in the 4x400 relay, contributing to a 3:24.25 time...Finished



seventh in the 55 meters, recording a time of 6.75 at the Northeast-10 Indoor Championships on 2/17...Competed in the 200 meters and had a 16th place (24.03) performance at the Northeast-10 Outdoor Championships.

As a Freshman in 2009-10:

At the Lidlifter Invitational, placed seventh in the 200 meter dash with a time of 23.66...Earned fourth place in the 55 meter dash with a time of 6.69 at the Southern Connecticut State Alumni Meet...Also placed fourth in the 200 meter dash with a time of 23.43...Took 29th place at the Giegengack Invitational in the 200 meter dash with a time of 24.08...Also placed 11th in the 60 meter dash with a time of 7.32...Obtained 18th place at the Northeast-10 Indoor Championships in the 200 meter dash with a time of 23:51...

PLAYER BIOGRAPHIES

At the Metropolitan Outdoor Championships, placed first as a part of the 4x100 meter relay with a time of 42.46... Obtained 14th place at the Yale Springtime Invitational in 100 meter dash with a time of 11.66.

Before Southern Connecticut State University:

Two-time Nationals qualifier at New Britain (Conn.) High School...All-State selection...Four-time All-Conference honoree...Helped team win outdoor conference title as a senior...Team captain...Two-time All-Herald selection... Also a four-year member of the football team.

Personal:

The son of Vong and Khamphon Phommalin...Born in New Britain, Conn...A business major.



PLAYER BIOGRAPHIES



PAUL RYSKOWSKI

Senior
Distance
Bristol, Conn.
Bristol Central

2011 All-Conference cross country pick

2010 All-Region cross country selection

2010 USTFCCCA All-Academic Team honoree

Northeast-10 Conference Commissioner's Honor Roll selection

In the 2012 Cross Country season:

Finished 21st at the Stony Brook Season Opener (6k) in 20:41.55.

As a Junior in 2011-12:

Northeast-10 Conference Commissioner's Honor Roll selection...Placed ninth in the mile with a time of 4:40.71 at the UConn Triangular Meet on 1/7...Finished 19th in the 3,000 meters with a time of 8:52.41 at the Yale Season Opener on 1/14...Competed in the Metropolitan Championships on 1/26 and finished ninth in the 3,000 meters in 8:59.31...Performed at the Northeast-10 Championships and finished 12th in the 3,000 meters with a time of 9:03.31...Finished sixth in the 3,000 meter steeplechase with a time of 10:22.84...Ran for the 4x400 relay team that finished eighth with a time of 8:10.25 at the Metropolitan Championships on 4/14...Placed eighth in the 3,000 meter steeplechase with a time of 10:31.64...Helped the 4x400 team finish fifth with a time of 8:09.11 along with an eighth place finish in the 3,000 meter steeplechase with a time of 10:00.09 at the Northeast-10 Championships on 5/4.

In the 2011 Cross Country season:

All-Conference honoree...Finished 12th overall with a time of 27:43 at the Blue Devil Invitational...Placed 13th overall at the Division II Cross Country Challenge...Competed in the New England Championships...Took fifth place overall with a time of 26:04:85 at the Connecticut College Invitational...Added a 12th place finish at the Northeast-10 Conference Championships with a time of 24:58:77.



As a Sophomore in 2010-11:

Competed in the 3000 meters and finished third with a time of 8:49.02 at the Albany Great Dane Classic on 1/21...Placed 11th in the 3000 meters at the Northeast-10 Indoor Championships, recording a time of 9:10.91.

In the 2010 Cross Country season:

Competed at the Central Connecticut Invitational...Competed at the New England Championships...Finished the Connecticut College Invitational with a time of 27.28...Competed at the Division II Cross Country Challenge with a time of 26:29...Placed 14th at the Northeast-10 Championships with a time of 25:37.8...Finished 14th with a time of 31:59 at the NCAA Division II Regionals.

PLAYER BIOGRAPHIES

As a Freshman in 2009-10:

At the Lidlifter Invitational, placed ninth in the 5000 meters with a time of 16:28.81...Earned seventh place in the mile run with a time of 4:44.07 at the Southern Connecticut State Alumni Meet...Took 16th place at the Metropolitan Championship in the 3000 meters with a time of 9:13.57... Placed 45th in the 3000 meters with a time of 9:12.03 at the Giegengack Invitational...Finished 16th place at the Northeast-10 Indoor Championships in the 5000 meters with a time of 16:14.

In the 2009 Cross Country season:

Placed 18th in the Bryant Invitational with a time of 17:16... Ran at the Central Connecticut Invitational for the Owls... Competed in the Connecticut College Invitational... Participated in the New England Championships... Competed in the Northeast-10 Conference Championships... Was a top performer for the Owls at the NCAA East Regional Championships.

Before Southern Connecticut State University:

All-Conference selection at Bristol Central (Conn.) High School...Helped cross country team win the CCC South Cross Country Championships two years in a row... Helped outdoor track team win the CCC South Outdoor Championship five years in a row and helped the indoor track team win the CCC South Indoor Championship as a senior...Team captain as a senior.

Personal:

Son of Rosemary and Raymond Ryskowski... Born in Bristol, Conn...Plans to major in secondary education-English.



PLAYER BIOGRAPHIES



LOGAN SHARPE
Senior
Sprints/Hurdles
Esperance, N.Y.
Schoarie
Track and Field Captain

2012 All-American in the 4x400 relay and distance medley relay

2012 All-Region in the 400 meters, 4x400 relay, distance medley relay

2012 New England Champion in the 4x400 relay

2012 All-New England in the 400 meters

2011 All-American in the distance medley relay

2010 and 2011 All-American in 4x400 relay

2011 All-Region in the 400 meters (indoors), 400 hurdles (outdoors) and 4x400 relay (indoors and outdoors)

2011 and 2012 Northeast-10 Men's Track and Field All-Academic Team

2010 and 2012 All-New England in the 4x400 relay

2010 Northeast-10 Conference champion in 400 hurdles

2010, 2011 and 2012 USTFCCA All-Academic Team selection

School record holder in 4x400 relay and 400 meters

Northeast-10 Conference Commissioner's Honor Roll selection



As a Junior in 2011-12:

All-American in 4x400 relay and distance medley relay... Academic All-America selection by the College Sports Information Directors of America...All-Region in 400 meters, 4x400 relay, distance medley relay...New England champion in 4x400 relay...All-New England in 400 meters...Northeast-10 champion in 4x800 relay...Northeast-10 Conference Commissioner's Honor Roll selection...Northeast-10 Conference Men's Track and Field All-Academic Team pick...Had a pair of second place finishes in the 400 meters (49.46) and the 500 meters (1:05.39) at the Lidlifter Invitational on 12/3...Captured first place in the 400 meters with a time of 49.64 at the UConn Triangular Meet on 1/7...Recorded a time of 1:03.63 in the 500 meters to capture second place along with a third place finish in the 4x400 relay with a time 3:14.31 at the Great Dane Classic on 1/20...Finished fourth in the 400 meters with a time of 49.19 at the Metropolitan Championships on 1/26...Placed third in the

4,000 meter DMR with a time of 9:48.22 in the Giegengack Invitational on 2/3...Ran in the 4x400 and helped the team to a second place finish with a total time of 3:12.71, along with a sixth place finish in the 400 meters with a time of 47.72 in the Valentine's Invitational on 2/10...Competed at the Northeast-10 Championships on 2/18 and helped the 4x800 team finish first with a total time of 7:43.22 along with a third place finish in the 500 meters with a time of 1:03.93...Helped the 4x400 team capture first place with a time of 3:10.72 along with a second place finish in the 400 meters with the time 47.30 at the New England Championships on 2/24...Performed at the NCAA Championships on 3/9 and placed second in the 4,000 meter DMR with a time of 9:55.34 and a third place finish in the 4x400 relay with a total time of 3:15.25.

PLAYER BIOGRAPHIES

As a Sophomore in 2010-11:

Named to the Northeast-10 Conference Men's Indoor and Outdoor Track and Field All-Academic Teams...All-American indoors in the 4x400 relay and distance medley relay...All-Region in the 400 meters (indoors), 400 hurdles (outdoors) and 4x400 relay (indoors and outdoors)...All-New England in the 4x400 relay and 400 meters...Northeast-10 Conference Commissioner's Honor Roll selection...Finished second in the 500 meters at the Lidifter Invitational with a time of 1:05.41 on 12/4...Also contributed to a winning relay team in the 4x400 meters that finished with a time of 3:18.44...Ran the 200 meters at the Harvard Open Track Meet and finished 22nd with a time of 23.12 on 12/10...Competed in both the 800 meters and 4x400 relay at the Yale Intercollegiate Track Classic, placing fifth (1:58.89) in the 800 and fifth (3:23.55) in the 4x400 on 1/15...Placed 18th in the 500 meters with a time of 1:05.50 at the Albany Great Dane Classic on 1/21...Performed well at the Northeast-10 Indoor Championships with a second place finish in the 500 meters (1:04.82) and contributing to a fourth place finish (10:36.01) in the distance medley relay on 2/17...Had a third place performance in the 400 meters, posting a time of 48.49, and a contributed to a second place (3:13.92) performance in the 4x400 relay at the New England Indoor Championships...Competed in the 400 meter hurdles at the Roadrunner Express Invitational and placed second with a time of 54.79 on 4/22...Helped his relay team to a second place finish in the 4x400 relay, contributing to a time of 3:12.11 at the Larry Ellis Memorial on 4/23...Placed second in the 400 hurdles with a time of 52.84 at the Northeast-10 Conference Championships.

As a Freshman in 2009-10:

At the Lidifter Invitational, placed eighth in the 400 meter dash with a time of 52.81...At the URI Rhody Open, placed sixth in the 500 meter run with a time of 1:07.37...Also placed fourth as a part of the 4x400 meter relay with a time of 3:29.04...Took 10th place in the 500 meter dash with a time of 1:06.47 at the Metropolitan Championships...Also was a part of the 4x400 meter relay earned eighth place with a time of 3:34.54...At the Valentine Invitational, was a part of the 4x400 meter relay with a time of 3:16.56...Scored fourth place at the Northeast-10 Indoor Championships in the 500 meter run with a time of 1:06.30...Captured second place at the New England Championships as a part of the 4x400 meter relay with a time of 3:16.79...At the IC4A Championships, placed twenty-second as a part of the 4x400 meter relay with a time of 3:17.49...Earned first place as a part of the 4x400 meter relay with a time of 3:16.49 at the Sam Howell Invitational...Took seventh place at the



Carolina Classic in 400 meter dash with a time of 49.50...Placed fifth at the Metropolitan Outdoor Championship in the 110 meter hurdles with a time of 16.42...Also obtained third place in the 400 meter hurdles with a time of 55.88...In addition, took first as a part of the 4x400 meter with a time of 3:16.26...Captured first place at the Yale Springtime Invitational as a part of the 4x400 meter relay with a time of 3:15.69...Also took fifth place in the 400 meter hurdles with a time of 55.20...Finished second as a part of the 4x400 meter relay at the Northeast-10 Outdoor Championships with a time of 3:16.73...Also claimed first place in the 400 meter hurdles with a time of 54.07...Took second as a part of the 4x400 meter relay at the New England Outdoor Championships with a season best time of 3:11.79...Finished eighth as a part of the 4x400 meter relay at the ECAC & IC4A Outdoor Championships with a mark of 3:13.56...Obtained sixth place at the NCAA Division II Championships as a part of the 4x400 meter relay with a time of 3:10.67.

Before Southern Connecticut State University:

Enjoyed a decorated scholastic career at Schoharie (N.Y.) High School...State qualifier in the 400 meters...Sectional champion in the 400 meter and 400 hurdles...Holds the school record in both the 400 and 400 hurdles, as well as the 4x400 relay...Two-year team captain...Also played varsity soccer.

Personal:

The son of Donna and Brett Sharpe...Born in Albany, N.Y...Plans to major in human performance.

PLAYER BIOGRAPHIES



ENIS BUKALO

Junior
Throws
Derby, Conn.
Derby

*2012 Northeast-10 Conference Champion in shot put
(indoors and outdoors)*

2011 and 2012 All-Region selection in shot put and discus

2011 and 2012 All-New England selection in shot put

2011 All-New England selection in shot put

As a Sophomore in 2011-12:

Northeast-10 Conference champion in the shot put indoors and outdoors...All-Region in the shot put and discus...All-New England in the shot put indoors and outdoors...Placed second in the shot put with a throw of 15.18 meters and finished fifth in the discus with a toss of 13.77 meters at the Lidlifter Invitational on 12/3...Captured third in the shot put with a mark of 16.06 meters at the UConn Triangular on 1/7...Finished in eighth in the shot put with a throw of 16.6 meters at the Great Dane Invitational on 1/20...At the Metropolitan Championships on 1/26, came in fourth in the shot put with a toss of 16.19 meters...Placed second in the shot put with a figure of 15.91 meters at the Giegengack Invitational on 2/3...At the Northeast-10 Championships on 2/18, captured first place in the shot put with a distance of 15.80 meters...Also finished eighth in the weight throw with a toss of 13.99 meters...Finished sixth at the New England Championships in the shot put with a distance of 15.97 meters...Placed 13th in the hammer throw with a toss of 35.27 meters along with a mark of 48.39 meters in the discus that was good for fourth place at the UConn Spring Invitational on 3/31...At the Roadrunner Invitational on 4/6, captured third in the shot put with a distance of 15.37 meters...Was also fourth in the discus with a throw of 47.02 meters...Finished fourth in the shot put (15.15 meters) and fourth in the discus throw (48.08 meters) at the Metropolitan Championships on 4/14...At the



Northeast-10 Championships on 5/4, captured first place in the shot put with a distance of 16.20 meters...Finished second in the discus throw with a toss of 47.29 meters...At the New England Championships, captured sixth place in the shot put (15.61 meters) and 11th in the discus throw (44.41 meters).

PLAYER BIOGRAPHIES

As a Freshman in 2010-11:

All-Region honoree in the shot put during the indoor and outdoor season...All-Region in the discus outdoors...All-New England in the shot put outdoors...Finished eighth in the weight throw (11.82 meters) and first in the shot put (14.54 meters) at the Lidifter Invitational on 12/4... Placed fourth in the shot put at the Yale Intercollegiate Track Classic on 1/15 with a throw of 14.85 meters...Came in second in the shot put at the Northeast-10 Conference Championships with a throw of 14.19 meters on 2/17...Recorded a throw of 14.36 meters to place 14th in the shot put at the New England Indoor Championships...Placed third in shot put at the Roadrunner Express Invitational on 4/22 with a throw of 15.06 meters...Also won the discus at that event with a toss of 45.43 meters...Had a second place finish at the NE-10 Outdoor Championships in the shot put with a throw of 15.70 meters...Also finished third in the discus with a toss of 41.61 meters...Placed eighth in the shot put at the New England Outdoor Championships with a throw of 15.69 meters...Competed in the discus at that event as well and finished 11th with a throw of 44.75 meters.

Before Southern Connecticut State University:

Class S state champion at Derby (Conn.) High School... State open champion...League champion...Conference champion...Class S state shot record holder...Team captain as a senior....Won the 2010 New England discus championship.

Personal:

The son of Sevala Bukalo...Born in Bazel, Switzerland...Plans to major in computer science.



PLAYER BIOGRAPHIES



CONNOR COLEMAN

Junior
Multi-Event
Gunnison, Colo.
Gunnison/
Central Missouri

2012 All-American in the heptathlon

2012 Northeast-10 Conference Men's Outdoor Athlete of the Year

2012 USTFCCCA East Region Field Athlete of the Year

2012 New England champion in the heptathlon

2012 All-Region in the 100 meters, javelin, decathlon, 60 hurdles, pole vault and heptathlon

As a Sophomore in 2011-12:

All-American in the heptathlon...Northeast-10 Men's Outdoor Athlete of the Year...USTFCCCA East Region Field Athlete of the Year...New England champion in the heptathlon...All-Region in the 100 meters, javelin, decathlon, 60 hurdles, pole vault and heptathlon...Placed second in the 60 meter hurdles with a time of 8.61 at the Lidlifter Invitational on 12/3...Also had a third place finish with the 4x400 relay team with a time of 3:29.99 and a fifth place finish in the pole vault with a distance of 3.90 meters...Competed in the Brother Jasper Invite on 12/9 and finished second in the heptathlon with a score of 4865, which included three first place finishes in the 60 meter hurdles (8.57), 1,000 meters (2:50.86) and high jump (1.88 meters), along with second place finishes in the long jump (6.41 meters) and shot put (11.19 meters)...Finished fourth in the long jump with a distance of 6.78 meters and third in the 55 meter hurdles with a time of 7.98 at the UConn Triangular Meet on 1/7...Placed seventh in the 60 meter hurdles with a time of 8.67 along with ninth place finishes in the high jump (1.84 meters) and pole vault (4.20 meters) at the Metropolitan Championships on 1/26...Had a pair of eighth place finishes in the pole vault (4.00 meters) and long jump (6.61 meters) along with a third place finish in the 55 meter hurdles with a time of 7.88 at the Northeast-10 Championships on 2/18...Competed in the New England Championships on 2/24 and finished first in the heptathlon with a score of 5047, which included a second place finish in the long jump (6.84 meters), a pair of third place finishes in the high jump (1.93 meters) and pole vault (4.05 meters)...Performed at the NCAA Championships and



finished third in the heptathlon with a score 5087, which included a third place finish in the long jump (6.85 meters), a pair of fifth place finishes in the 60 meter hurdles (8.36), 1,000 meters (2:47.88) and a trio of eighth places finishes in the shot put (11.73 meters), the 60 meters (7.39) and the pole vault (4.10 meters)...Finished third in the long jump with a distance of 6.84 meters at the UConn Spring Invitational on 3/31...Participated in the UConn Decathlon Invitational on 4/10 and finished third with a score of 7030, which included a first place finish in the javelin (60.56 meters), a pair of third place finishes in the discus throw (40.00 meters) and pole vault (4.25 meters) and a fifth place finish in the 1,500 meters with a time of 4:50.33...Captured first place in the 100 meter hurdles with a time of 15.04 along with a fifth place finish in the pole vault with a height of 3.95 meters at the Yale Springtime Invitational on 4/29...Competed at the Northeast-10 Championships on 5/4 and finished third in

PLAYER BIOGRAPHIES

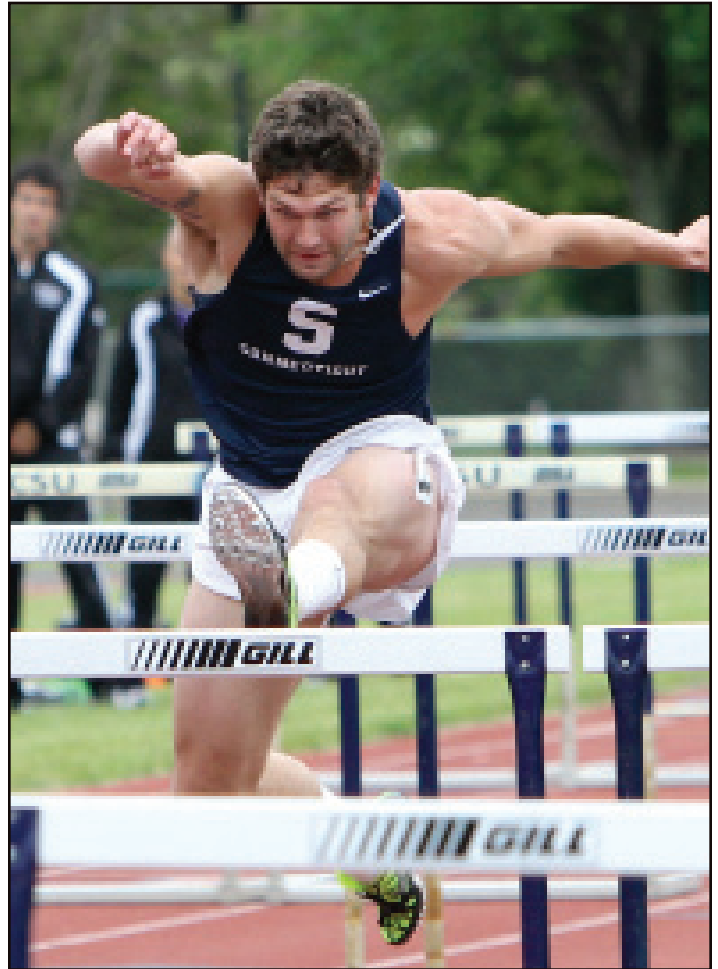
the javelin with a distance of 57.49 meters ...Added a pair of fifth place finishes in the long jump (6.75 meters) and the 110 hurdles (15.24)...Finished 16th in both the long jump (6.27 meters) and javelin (53.84 meters) at the New England Championships on 5/10.

Before Southern Connecticut State University:

Transfer from Central Missouri (Univ.)...Finished ninth in the javelin at the 2011 NCAA Division II Outdoor Championships...Attended Gunnison (Colo.) High...Team captain in his junior and senior year...Also participated in football and basketball.

Personal:

The son of Tracey and Ken Coleman...Born in Gunnison, Colo...Majoring in environmental earth science.



PLAYER BIOGRAPHIES



A.J. GUERRA
Junior
Throws
Stafford Springs, Conn.
Woodstock Academy

2011 and 2012 Northeast-10 Conference Champion in the hammer throw

2012 Northeast-10 Conference Men's Track and Field All-Academic Team selection

2011 and 2012 All-New England selection in the hammer throw

2011 and 2012 All-Region in weight throw and hammer throw

2012 Northeast-10 Conference Men's Track and Field All-Academic Team selection

USTFCCCA All-Academic Team selection

Northeast-10 Conference Commissioner's Honor Roll pick

As a Sophomore in 2011-12:

Northeast-10 Conference Champion in the hammer throw... Northeast-10 Conference Men's Track and Field All-Academic Team selection...All-New England selection in the hammer throw...All-Region in weight throw and hammer throw...Northeast-10 Conference Commissioner's Honor Roll pick...Finished sixth in the weight throw with a distance of 16.59 meters at the Great Dane Classic on 1/20...Captured second in the weight throw with a toss of 15.78 meters at the Metropolitan Championships on 1/26...Recorded a mark of 16.43 meters in the weight throw to finish third at the Giegengack Invitational on 2/3... Placed second in the weight throw with a distance of 16.45 meters at the Northeast-10 Championships on 2/18...Finished fourth in the hammer throw with a toss of 57.34 meters at the Army Dick Shea Open on 3/30...Placed fifth in the hammer throw with a distance of 56.90 meters at the Sam Howell Invitational on 4/6...Recorded a throw of 56.74 meters in the hammer throw to place second at the Metropolitan Championships on 4/14... Finished ninth in the hammer throw with a toss of 57.27 meters at the Larry Ellis Invitational on 4/20...Captured first place in the hammer throw with a distance of 57.56 meters at the Northeast-10 Championships on 5/4...Placed third in the hammer throw with a distance of 57.46 meters at the New England Championships on 5/10.



As a Freshman in 2010-11:

All-Region in the weight throw (indoors) and hammer throw (outdoors)...All-New England in the hammer throw... Northeast-10 Conference Champion in the hammer throw... Northeast-10 Conference Commissioner's Honor Roll pick... Finished fourth in the weight throw at the Lidifter Invitational with a throw of 15.22 meters... Won the weight throw at the Yale Intercollegiate Track Classic on 1/15, posting a distance of 17.20 meters...Finished fourth in the weight throw with a distance of 17.18 meters at the Albany Great Dane Classic on 1/21...Recorded a throw of 17.27 meters to place second at the Northeast-10 Indoor Championships on 2/17...Placed ninth in the weight throw at the New England Indoor

PLAYER BIOGRAPHIES

Championships with a distance of 16.91 meters...Finished second in the hammer throw at the Roadrunner Express Invitational with a distance of 54.60 meters...Won the hammer throw at the Northeast-10 Outdoor Championships with a toss of 55.06 meters...Placed fifth in the hammer throw at the New England Outdoor Championships with a distance of 57.04 meters.

Before Southern Connecticut State University:

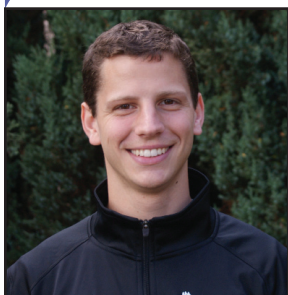
Holds Conn. High School state record in the weight throw with a toss of 211-feet-3 inches at Woodstock (Conn.) Academy...2010 New England hammer throw champion.

Personal:

The son of Cynthia and Arthur Guerra...Born in Stafford Springs, Conn...Plans to major in physics.



PLAYER BIOGRAPHIES



NELSON LASKOSKI

Junior
Pole Vault
Pomfret Center, Conn.
Woodstock Academy

*2012 Northeast-10 Champion in the pole vault
2011 and 2012 All-New England in the pole vault (indoor
and outdoors)*

*2011 and 2012 All-Region in the pole vault
Northeast-10 Conference Commissioner's Honor Roll
selection*

As a Sophomore in 2011-12:

Northeast-10 Champion in the pole vault...All-Region in the pole vault...All-New England in the pole vault...Finished fifth in the pole vault with a height of 4.4 meters at the UConn Triangular Meet on 1/7...Placed sixth in the pole vault with a mark of 4.65 meters at the Great Dane Classic on 1/20...Recorded a jump of 4.50 meters in the pole vault to place fourth at the Metropolitan Championships on 1/26...Captured first place in the pole vault with a height of 4.80 meters at the Fordham/Manhattan/SCSU Tri-Meet on 2/8...Finished first in the pole vault with a mark of 4.60 meters at the Northeast-10 Championships on 2/18...Finished fourth in the pole vault posting a jump of 4.75 meters at the New England Championships on 2/24...Placed fourth in the pole vault with a jump of 4.50 meters and helped the 4x400 relay team finish eighth with a time of 3:28.17 at the UConn Spring Invitational on 3/30...Captured second in the pole vault with a distance of 4.50 meters at the Roadrunner Invitational on 4/6...Finished second in the pole vault at the Metropolitan Championships on 4/14 with a height of 4.80 meters...Recorded a mark of 4.70 meters in the pole vault to finish first at the Yale Springtime Invitational on 4/29...Placed second in the pole vault with height of 4.70 meters at the Northeast-10 Championships on 5/4...Finished fifth in the pole vault with a distance of 4.80 meters at the New England Championships on 5/10.



As a Freshman in 2010-11:

All-New England in the pole vault (indoor and outdoors)...All-Region in the pole vault...Northeast-10 Conference Commissioner's Honor Roll selection...Placed 10th in the pole vault at the Albany Great Dane Classic, clearing a height of 4.20 meters on 1/21...Had a good performance in the pole vault at the Northeast-10 Indoor Championships, finishing second with a height of 4.55 meters on 2/17...Had a sixth place performance in the pole vault at the New England Indoor Championships in February, posting a height of 4.60 meters...Finished third in the pole vault at the Northeast-10 Outdoor Championships with a height of 4.40 meters...Had

PLAYER BIOGRAPHIES

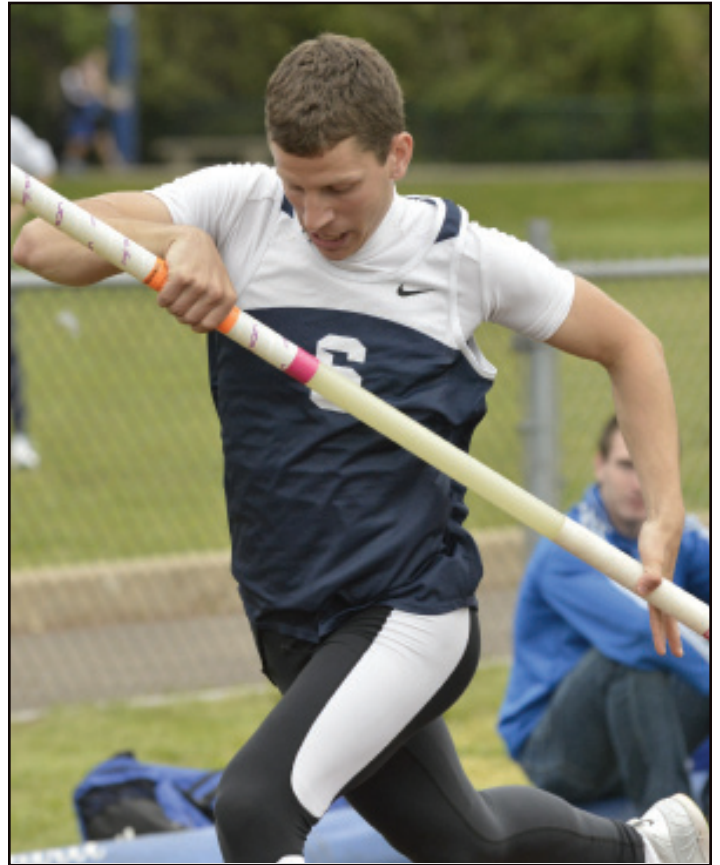
a sixth place finish in the pole vault at the New England Outdoor Championships, clearing a height of 4.65 meters.

Before Southern Connecticut State University:

Two-time state champion at Woodstock (Conn.) Academy... Finished fourth at New Englands in pole vault.

Personal:

The son of Brenda Ford and Joe Laskoski...Born in Northampton, Mass...Plans to major in computer science.



PLAYER BIOGRAPHIES



NICK LEBRON
Junior
Multi-Event
Newington, Conn.
Newington
Track and Field Captain

2012 NCAA Champion in the heptathlon

2012 All-American in the decathlon

2012 All-Region in the 110 hurdles, 4x400 relay, long jump, 60 hurdles, high jump, decathlon and the heptathlon

2012 All-New England in the heptathlon, high jump and 4x400 relay

2012 Northeast-10 champion in the 4x400 relay

Northeast-10 Conference Commissioner's Honor Roll selection

As a Sophomore in 2011-12:

2012 NCAA Champion in the heptathlon...All-American in the decathlon...All-Region in the 110 hurdles, 4x400 relay, long jump, 60 hurdles, high jump, decathlon and the heptathlon...All-New England in the heptathlon...Northeast-10 champion in the 4x400 relay...All-New England in the high jump and 4x400 relay...Northeast-10 Conference Commissioner's Honor Roll selection...Placed fourth in the high jump with a distance of 1.90 meters along with a fifth place finish in the 55 meter hurdles at the UConn Triangular Meet on 1/7...Competed at the Metropolitan Championships on 1/26 and finished fourth in the heptathlon with a score 4543, including a quartet of first place finishes in the 1,000 meters (2:44.13), 60 meter hurdles (8.55), 60 meters (7.38) and high jump (2.00 meter)...Participated in the Tufts Invitational on 2/4 and finished first in the heptathlon with a score of 4946, which included first place finishes in the 60 meter hurdles (8.75), long jump (6.49 meters), 1,000 meters (2:47.45), high jump (1.95 meters) and pole vault (4.06 meters)...Recorded a distance of 4.15 meters to capture sixth place in the pole vault and added a fifth place finish in the 55 meter hurdles at the Northeast-10 Championships on 2/18...Competed at the NCAA Championships on 3/9 and captured first place in the heptathlon with a score of 5225, which included a first place finish in the high jump (2.06 meters) along with a second place finish in the 1,000 meters (2:47.10) and a pair of fourth place finishes in the 60 meter hurdles (8.35) and the shot put (12.08 meters)...Placed fourth in the long jump with a leap of 6.81 meters at the UConn Invitational on 3/31...Finished second in the 110 meter hurdles with a time



of 15.37 at the Roadrunner Invitational on 4/6...Competed in the UConn Decathlon Invitational on 4/10 and placed fourth with a score 6913, which included a first place finish in the 1,500 meters (4:28.01), second place finishes in the 400 meters (50.91) and long jump (7.05 meters), along with a pair of third place finishes in the high jump (2.00 meters) and 110 meter hurdles (14.93)...Placed second in the 110 meter hurdles with a time of 15.08 along with a seventh place finish in the pole vault with a distance of 3.80 meters...At the Northeast-10 Championships on 5/4, captured first place in the 4x400 relay with a time of 3:18.18...Also added a second place finish in the 110 meter hurdles with a time of 15.03 and a fourth place finish in the high jump with a distance of 2.00 meters...Performed at the New England Championships on 5/10 and helped the 4x400 relay team to a sixth place finish with a time of 3:16.09...Also contributed an eighth

PLAYER BIOGRAPHIES

place finish in the high jump with a distance of 1.95 meters and a ninth place finish in the long jump with a distance of 6.62 meters...Competed at the NCAA Championships on 5/24 and finished fifth in the decathlon with a score of 6929, which included a second place finish in the high jump (1.98 meters), a fourth place finish in the 1,500 meter s(4:43.37), a fourth place finish in the long jump (6.76 meters), a fifth place finish in the 110 meter hurdles (15:13) and a sixth place finish in the 100 meters with a time of 11.41.

As a Freshman in 2010-11:

Northeast-10 Conference Commissioner's Honor Roll selection...Ran in the 4x400 relay and finished in 11th place with a time of 3:24.25 at the Albany Great Dane Classic on 1/21...Also competed in the high jump (12th, 1.91 meters) and the long jump (20th, 6.01 meters)...Placed seventh in the long jump at the Northeast-10 Indoor Championship with a distance of 6.36 meters on 2/17.

Before Southern Connecticut State University:

Two-time All-Conference at Newington (Conn.) High School...Currently holds school record in high jump.

Personal:

The son of Linda and Hipolito Lebron...Born in Hartford, Conn...Plans to major in exercise science.



PLAYER BIOGRAPHIES



OMAR GONZALEZ

Junior
Javelin
Bristol, Conn.
Bristol Central

*2012 NCAA qualifier
2012 All-New England in the javelin
2011 and 2012 All-Region selection in the javelin*

As a Sophomore in 2011-12

NCAA qualifier...All-New England in the javelin...All-Region selection in the javelin...Placed sixth in the javelin with a throw of 51.95 meters at the UConn Spring Invitational on 3/31...Finished fourth the javelin with a toss of 54.20 meters at the Metropolitan Championships on 4/14...Placed 16th in the javelin with a throw of 56.17 meters at the Larry Ellis Invitational...Captured second in the javelin with a distance of 58.09 meters at the Northeast-10 Championships on 5/4...Finished second in the javelin with a distance of 62.97 meters at the New England Championships on 5/10...Placed 10th in the javelin with a throw of 62.56 meters at the NCAA Championships on 5/24.

As a Freshman in 2010-11:

All-Region selection outdoors in the javelin...Placed 12th in the weight throw at the Lidifter Invitational with a toss of 9.42 meters on 12/4.



Before Southern Connecticut State University:
Competed at Bristol Central High School.

Personal:
Son of Sandra Gonzalez...Born in Bristol, Conn...Plans to major in exercise science.



DANIEL CANDELARIA

Sophomore
Sprints/Hurdles
New Haven, Conn.
Platt Tech

As a Freshman in 2011-12:

Finished 24th in the 400 meters with a time of 55.32 in the Metropolitan Championships on 1/26...Helped his team to a third place finish in the 4x400 relay with a time of 3:23.04 at the Northeast-10 Championships on 2/18...Contributed to the 4x400 relay team with a time of 3:34.35 to finish 12th at the UConn Spring Invitational on 3/31...Ran the 400 meters in 59.34 to place seventh at the Yale Springtime Invitational on 4/29...Placed eighth in the 400 meter hurdles with a time of 58.05 at the Northeast-10 Championships on 5/4.

Before Southern Connecticut State University:

State champion in the 100 hurdles at Platt Tech (Conn.) High...All-League selection in the 100 and 300 hurdles...Helped team win a conference title...Team captain as a senior.

Personal:

Son of Ana Colon and Daniel Candelaria...Born in Bridgeport, Conn...Plans to major in biology.



PLAYER BIOGRAPHIES



MICHAEL LEE
Sophomore
Jumps
New London, Conn.
New London

*2012 All-Region in the long jump and triple jump
2012 All-New England in the triple jump*

As a Freshman in 2012:

All-Region in the long jump and triple jump...All-New England in the triple jump...Placed fifth in the triple jump with a leap of 13.81 meters at the UConn Spring Invitational on 3/31...Also added a sixth place finish in the long jump with a distance of 6.78 meters and helped the 4x100 relay team finish 10th with a time of 44.24...Competed in the 4x100 relay and finished ninth with a time of 45.18 at the Roadrunner Invitational on 4/6...Also added a 27th place finish in the 200 meters with a time of 23.99....Finished seventh in the both the long jump (6.66 meters) and triple jump (13.56 meters) at the Metropolitan Championships on 4/14...Tallied a pair of second place finishes in the long jump (6.95 meters) and triple jump (14.43 meters) at the Yale Springtime Invitational on 4/29...Had a pair of second place finishes in the long jump (7.23 meters) and triple jump (14.38 meters) at the Northeast-10 Championships on 5/4...Placed seventh in the triple jump with a jump of 14.06 meters along with a ninth place finish in the long jump with a distance of 6.62 meters at the New England Championships on 5/10.

Before Southern Connecticut State University:

All-New England, All-State, All-Area and All-Conference pick at New London (Conn.) High School...School record holder in the long jump...Team was Class MM state runner-up...Served as team captain as a senior...Also played soccer and basketball.



Personal:

The son of Regina and Michael Lee, Sr...Born in Staten Island, N.Y...Plans to major in communications.

PLAYER BIOGRAPHIES



ASHER BRANDT

Senior
Distance
Orange, Conn.
Amity



MICHAEL CAMERON

Sophomore
Throws
Hartford, Conn.
Jamaica College

In the 2012 Cross Country season:

Finished 15th at the Stony Brook Season Opener (6k) in 20:21.38...Placed 14th at the River Hawks Invitational in 26:43...Came in 49th at the CCSU Ted Owen Invitational (8k) in 28:02.51...Finished 120th at the New England Championships (8k) in 26:96.91...Placed 16th at the Conn College Invitational (8k) in 25:50...Came in 30th at the Northeast-10 Conference Championships (8k) in 26:51.4...Finished 38th at the NCAA Division II East Region Championships (10k) in 31:57.8.

Before Southern Connecticut State University:

Helped Amity (Conn.) High School win 2009 state championship.

Personal:

Son of Paul and Patrice Brandt...Born in New Haven, Conn.

*2012 Northeast-10 Conference champion in the discus
2012 All-Region in the shot put, discus and weight throw
2012 All-New England in the shot put*

As a Freshman in 2011-12

Northeast-10 Conference champion in the discus...All-Region in the shot put, discus and weight throw...All-New England in the shot put...Opened the year at Yale on 12/3 and finished sixth in the weight throw with a toss of 13.39 meters... Placed seventh at the Metropolitan Championships on 1/26 in the shot put with a toss of 14.82 meters...Captured fourth place in the shot put in the Giegengack Invitational with a toss of 14.68 meters...Also finished sixth in the weight throw with a toss of 14.93 meters...At the Northeast-10 Championships on 2/18, landed a spot in second place in the shot put with a distance of 14.30 meters...Also placed fourth in the weight throw with a toss on 15.78 meters...Finished in 22nd in the shot put with a distance of 13.87 meters at the New England Championships on 2/24...Captured a pair of top-10 finishes in the shot put (13.45 meters) and in the discus throw (46.43 meters) in the UConn Spring Invitational on 3/31...Placed fifth in the discus with a toss of 46.79 meters at the Roadrunner Invitational at 4/6...Also finished sixth in the shot put with a distance of 14.25 meters...At the Northeast-10 Championships on 5/4, finished first in the discus throw with a distance of 48.14 meters and second in the shot put with a distance of 15.41 meters...Finished in fifth in the discus at the New England Championships on 5/10 with a throw of 46.25 meters...Also finished 10th in the shot put with a throw of 15.06 meters.

Before Southern Connecticut State University:

Attended Jamaica College...Penn Relays bronze medalist... Team MVP...Two-year team captain...Earned multiple medals in competitive action.

Personal:

The son of Linda White and Michael Cameron...Born in Kingston, Jamaica...Plans to major in business management.

PLAYER BIOGRAPHIES



RYAN MILLS
Sophomore
Throws
Stratham, N.H.
Exeter

Northeast-10 Conference Commissioner's Honor Roll selection

As a Freshman in 2011-12:

Northeast-10 Conference Commissioner's Honor Roll selection...Placed eighth in the weight throw with a toss of 11.89 meters and 12th in the shot put with a distance of 10.28 meters at the Lidlifter Invitational on 12/3...Recorded a throw of 11.88 meters in the weight throw to finish fourth at the UConn Triangular Meet on 1/7...Finished 19th in the weight throw with a heave of 11.19 meters at the Yale Season Opener on 1/14...Placed 16th in the weight throw with a mark of 11.85 meters at the Metropolitan Championships on 1/26...Recorded a throw of 11.92 meters in the weight throw for a 14th place finish at the Giegengack Invitational on 2/3...Finished 15th in the weight throw with a distance of 11.64 meters at the Northeast-10 Championships on 2/18...Posted a distance of 41.32 meters in the discus at the Roadrunner Invitational on 4/6...Placed eighth in the discus with a throw of 40.74 meters at the Metropolitan Championships on 4/14...Finished sixth in the discus with a toss of 39.97 meters at the Yale Springtime Invitational on 4/29...Placed sixth in the discus with a throw of 42.18 meters at the Northeast-10 Championships on 5/4...Finished 16th in the discus throw with a distance of 40.02 meters at the New England Championships on 5/10.

Before Southern Connecticut State University:

All-State selection at Exeter (N.H.) High School...Team captain as a junior and senior.

Personal:

The son of Elaine and Kevin Mills...Born in Portsmouth, N.H...Plans to major in exercise science.



TOM SAKSA
Sophomore
Distance
Seymour, Conn.
Seymour

Northeast-10 Conference Commissioner's Honor Roll selection

In the 2012 Cross Country season:

Finished 41st at the Stony Brook Season Opener (6k) in 21:43.80...Placed 43rd at the River Hawks Invitational in 28:14...Came in 56th at the CCSU Ted Owen Invitational (8k) in 28:17.50...Finished 154th at the New England Championships (8k) in 26:25.79...Placed 39th at the Northeast-10 Conference Championships (8k) in 27:02.7...Came in 41st at the NCAA Division II East Region Championships (10k) in 32:04.7.

As a Freshman in 2011-12:

Northeast-10 Commissioner's Honor Roll selection...Placed 14th in the 3,000 meter steeplechase with a time of 10:22.70 at the Metropolitan Championships on 4/14...Finished fifth in the 3,000 meter steeplechase with a time of 9:59.68 at the Yale Springtime Invitational on 4/29...Competed in the Northeast-10 Championships on 5/4 and helped the 4x800 relay team to a fifth place mark with a time of 8:09.11...Also finished seventh in the 3,000 meter steeplechase with a time of 9:57.85.



In the 2011 Cross Country season:

Competed at the Division II Cross Country Challenge...Participated at the Connecticut College Cross Country Invitational...Took part at the Northeast-10 Conference Championships.

Before Southern Connecticut State University:

All-Division selection in cross country at Seymour (Conn.) High.

Personal:

The son of Robin and Andrew Saksa...Born in Milford, Conn...Plans to major in business.

PLAYER BIOGRAPHIES



FRANKY ST. MARTIN

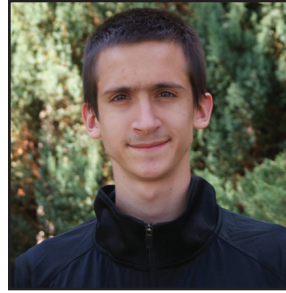
Sophomore
Sprints
Bridgeport, Conn.
Bridgeport Central

Before Southern Connecticut State University:

Two-year team captain at Bridgeport Central (Conn.) High School...Awarded Scholar Athlete honors in his freshman year...Awarded Most Improved his junior and senior year.

Personal:

The son of Melanie and Mondestin St. Martin...Born in Port-au-Prince, Haiti...Plans to major in accounting.



MICHAEL VAGNINI

Sophomore
Distance
Woodbury, Conn.
Nonnewaug

In the 2012 Cross Country season:

Finished 55th at the Stony Brook Season Opener (6k) in 22:59.99... Placed 61st at the River Hawks Invitational in 29:09...Came in 87th at the CCSU Ted Owen Invitational (8k) in 30:24.02...Finished 150th at the Conn College Invitational (8k) in 28:26...Placed 87th at the Northeast-10 Conference Championships (8k) in 28:30.2.

Before Southern Connecticut State University:

League champion in the 4x800 meters...Team captain as a junior and senior at Nonnewaug (Conn.) High School.

Personal:

Plans to major in chemistry.

PLAYER BIOGRAPHIES



THOMAS CASSELLO

Freshman
Distance
Bolton, Conn.
Bolton

In the 2012 Cross Country season:

Finished 54th at the Stony Brook Season Opener (6k) in 22:59.54...Placed 76th at the CCSU Ted Owen Invitational (8k) in 29:12.79.

Before Southern Connecticut State University:

Attended Bolton High (Conn.)...Three-time Class S state champion...NCCC All-Conference team member...All-State Class S...Named as MVP...Named as a team captain as a senior.

Personal:

Son of Lisa and Joseph Cassello...Born in Hartford, Conn.... Plans to major in nursing.



JOSEPH CARACIOLO

Freshman
Jumps/Sprints
Massapequa, N.Y.
Massapequa

Before Southern Connecticut State University:

New York State long jump champion as a senior at Massapequa High School...Three-time All-County selection...All-Long Island Honoree...Athlete of the Year as a senior...Team captain as a senior.

Personal:

The son of Lisette and Joseph Caraciolo...Born in Plainview, N.Y....Plans to major in athletic training.



ETHAN CHAPMAN

Sophomore
Hurdles
Post Mills, Vt.
Thetford Academy/
Colby-Sawyer

Before Southern Connecticut State University:

Attended Colby-Sawyer College and competed for the Chargers in the 2011-12 academic year...Graduated from Thetford Academy...Finished first in the state in the 110 hurdles as a senior...Holds Division 3 state records in the 110 and 300 hurdles...Helped team win three Division 3 state titles.

Personal:

The son of Olivia and Scott Chapman...Born in Lebanon, N.H....Plans to major in business.

PLAYER BIOGRAPHIES



TRESLEY DUPONT
Sophomore
Throws
Tiverton, R.I.
B.M.C. Durfee/
Bristol Comm. College

Before Southern Connecticut State University:

Attended Bristol Community College...Graduated from Durfee (Mass.) High School...Indoor and outdoor Division I state champion...Finished second in New England in 2011...Also a member of the football team...Named MVP of that squad....Served as team captain as a senior.

Personal:

The son of Mary and Roger Dupont...Born in Fall River, Mass...Plans to major in business.



THOMAS DUSENBERRY
Freshman
Javelin
Enfield, Conn.
Bristol Central/
Plymouth State

Before Southern Connecticut State University:

Attended Plymouth State College (N.H.) and was a member of the football team in 2011...Graduated from Bristol Central (Conn.) High...Member of the football and track and field teams.



BRANDON GREGORY
Freshman
Hurdles/Sprints
Northvale, N.J.
Northern Valley Old
Tappan

Before Southern Connecticut State University:

County champion and state sectional champion at Northern Valley Old Tappan (N.J.)...County champ in the 400 hurdles and 400 meters...State sectional champ in the 400 hurdles, 400 meters and 4x400 relay...Finished in eighth place at the Penn Relays in the 400 hurdles...Helped team to a county title and a Penn Relays title...Served as team captain as a senior.

Personal:

The son of Lisa Collins and Brandon Gregory...Born in Hackensack, N.J...Plans to major in exercise science.



JIMM GUERRIER
Junior
Jumps/Sprints
Brockton, Mass.
Brockton/
Roxbury Comm. College

Before Southern Connecticut State University:

Attended Roxbury (Mass.) Community College...Graduated from Brockton (Mass.) High School...State champion in the triple jump and 400 meters...Helped team win the Division I state title...Team captain as a junior and senior...Also participated in soccer and basketball.

Personal:

The son of Aly and Strare Guerrier...Born in Haiti...Plans to major in management.

PLAYER BIOGRAPHIES



DENZEL JONES
Freshman
Sprints
Waterbury, Conn.
Crosby

Before Southern Connecticut State University:

All-League selection in the 400 meters at Crosby (Conn.) High School...Helped team win a city championship...Served as a team captain as a senior.

Personal:

The son of Michele and Dwayne Jones, Sr....Born in Waterbury, Conn...Plans to major in communications.



TAHIR PARKES
Freshman
Throws
Bloomfield, Conn.
Bloomfield

Before Southern Connecticut State University:

All-State selection at Bloomfield (Conn.) High School...Helped team win a state title...Served as team captain as a senior...Earned the Best in Field award.

Personal:

The son of Pauline Hewitt-Parkes and Seymour Parkes...Born in Hartford, Conn...Plans to major in chemistry.



TOMASZ PYTEL
Freshman
Sprints
Wethersfield, Conn.
Wethersfield

Before Southern Connecticut State University:

All-Conference selection at Wethersfield (Conn.) High School...Team captain as a senior...Honor Roll student.

Personal:

The son of Maria and Eddy Pytel...Born in the Bronx, N.Y...Plans to major in athletic training.



JUSTIN SHERRICK
Freshman
Jumps/Sprints
Milford, Conn.
Jonathan Law

Before Southern Connecticut State University:

All-State and All-Conference pick at Law (Conn.) High School...Holds the school record in the 4x100 relay...Served as team captain as a senior...Also played soccer.

Personal:

The son of Tammy and Gary Sherrick...Born in Milford, Conn...Undecided on a major.

PLAYER BIOGRAPHIES



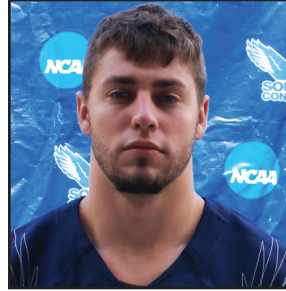
JOHN SIMPSON
Redshirt Freshman
Jumps/Sprints
Bristol, Conn.
Bristol Central/
Univ. of Rhode Island

Before Southern Connecticut State University:

Attended the University of Rhode Island in 2011-12 and was a member of the Rams' track and field squad...Graduated from Bristol Central (Conn.) High School...All-Conference selection in track and field...Helped his team win a conference title as a senior...Also played football...Three-time All-Conference pick on the gridiron...Helped team win four conference titles...Served as team captain.

Personal:

The son of Sarah and John Simpson...Born in Bristol, Conn...Plans to major in education and biology.



JACOB TOMCZAK
Freshman
Throws
Derby, Conn.
Derby

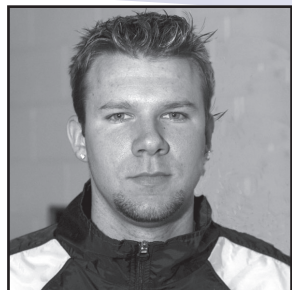
Before Southern Connecticut State University:

Class S state champion in the shot put as a senior. at Derby (Conn.) High...Also participated in football... Served as team captain as a senior.

Personal:

Son of Adam Tomczak...Born in Derby, Conn...Plans to major in athletic training.

THE RECORD BOOK



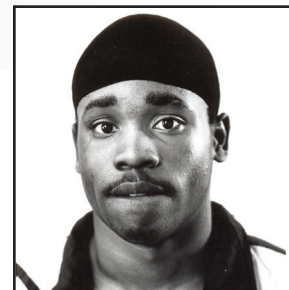
Eric Beaudoin



Anselm Felix



Ramon Laboy



Kenroy Woodhouse

Indoor Track and Field Records

Record	Time/Distance	Event
Anselm Felix-2003	6.30	55 meters
McNeil Johnson-2008	7.58	55m high hurdles
Kevin Rembert-1997	21.65	200 meters
Logan Sharpe-2012	47.30	400 meters
Donnovan Little-1988	47.95	440 yards
Eric Beaudoin-2000	1:03.15	500 meters
Mike Lewis-1988	1:11.7	600 yards
Selasi Lumax-2012	1:19.05	600 meters
Selasi Lumax-2012	1:47:34	800 meters
Josh Perry-2012	2:24.74	1000 meters
Andy Kohlbrenner-1985	3:53.17	1500 meters
Joshua Perry-2012	4:03.50	mile run
Ramon Laboy-2006	8:12.54	3000 meters
Mark MacIntyre-1981	9:02.02	two-mile run
Chris Chisholm-1984	14:24.20	5000 meters

Stenson Jean-Baptiste, 3:10.72 4x400m relay
Twayne Forth, Selasi Lumax, Logan Sharpe-2012

Burrowes, Rivera,
Douglas, Lewis-1987 7:35.62 4x800m relay

Selasi Lumax, Logan 9:48.22 DMR
Sharpe, Brian Robbins, Joshua Perry-2012

Makeba Davis-1983 3,678 pentathlon
Nick Lebron-2012 5,225 heptathlon

Bob Jones-1981 24'4 1/2" long jump
Winston Adams-1984 50'5 1/2" triple jump
Ivan Schmidt-2004 7' 2" high jump

Mike Drummey-1995 17'8 1/2" pole vault
Jeff Cretella-2005 56' 7 1/2" shot put
Dan Bourque -1998 70'1 1/2" 35-pound weight



Stenson Jean-Baptiste

THE RECORD BOOK

Outdoor Track and Field Records

Record	Time/Distance	Event
Kevin Rembert-1997	10.39	100 meters
Kevin Rembert-1997	21.20	200 meters
Larry Redden-1994	46.89	400 meters
Selasi Lumax-2011	1:49.90	800 meters
Josh Perry-2012	3:47.96	1500 meters
Chris Chisholm-1984	14:24.11	5000 meters
Jay O'Keefe-1986	29:32.7	10,000 meters
Fillippe Francis-2003	14.20	110m high hurdles
Kenroy Woodhouse-2002	51.59	400m int. hurdles
Joseph Poulsen-2012	8:58.06	3000 steeplechase
Seals, Ricks, Howard, Roach-1985	40.71	4x100m relay
Lumax, Jean-Baptiste Jackson, Sharpe-2010	3:09.93	4x400m relay
Burrowes, Douglas, Rivera, Lewis-1987	7:24.47	4x800m relay
Howie Horowitz-1981	58'3 3/4"	shot put
Mike Zolkiewicz-2000	174' 6"	discus
Greg Gassner-1983 and Dan Bourque-1998	219'7"	hammer throw
Fran Peters-1969	226'4"	javelin
Chris Sagnella-1992	222'9"	javelin (new style)
Russ Desrocher-1990 and Ivan Schmidt-2004	7'1"	high jump
Mike Drummey-1995	17'6 1/2"	pole vault
Eric Pierce-2003	51'5"	triple jump
Kevin Taylor-2008	24'5"	long jump
Makeba Davis-1983	7,351	decathlon



Ivan Schmidt



Joseph Poulsen

SOUTHERN'S NCAA CHAMPIONS

NCAA Division II Champions (19)

1970

George Jerome, Hammer Throw

1971

Frank Bredice, Hammer Throw

1972

Frank Bredice, Hammer Throw

1976

Wayne Durrigan, Hammer Throw

1977

Wayne Durrigan, Hammer Throw

1981

Dave Gibeault, Pole Vault;

Bill Borden, Hammer Throw

1982

Bill Borden, Hammer Throw

1983

Greg Gassner, Hammer Throw

1985

Ken Blanchard, 35-Pound Weight

1986

Ken Blanchard, Hammer Throw

1992

Chris Sagnella, Javelin

1995

Sean Mahon, Indoor High Jump

Mike Drummey, Indoor Pole Vault

Mike Drummey, Outdoor Pole Vault



Dan Bourque

1996

Sean Mahon, Indoor High Jump

1998

Dan Bourque, 35-Pound Weight

Dan Bourque, Hammer Throw

2012

Nick LeBron, Heptathlon

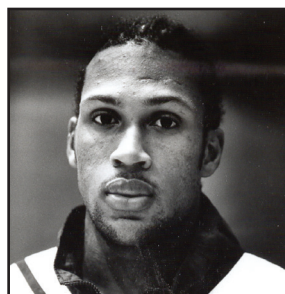
SOUTHERN'S ALL-AMERICANS

Division I All-America (6)

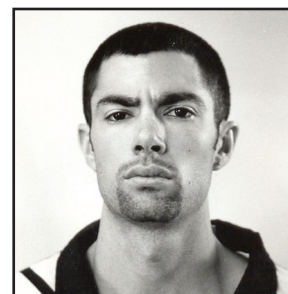
1971	Frank Bredice	35-Pound Weight
1972	Frank Bredice	Hammer Throw
1977	Wayne Durrigan	35-Pound Weight
1981	Bill Borden	35-Pound Weight
1983	Greg Gassner	Hammer Throw
1986	Ken Blanchard	35-Pound Weight

Division II All-America (145)

1968	Bill Murray	Hammer Throw
	Bruce Johnson	Hammer Throw
1969	George Jerome	Hammer Throw
1970	George Jerome	Hammer Throw
1971	Frank Bredice	Hammer Throw
1972	Frank Bredice	Hammer Throw
	Jim McKiernan	Shot Put
1973	Paul Taddei	Hammer Throw
1975	George Sandas	Hammer Throw
	Jeff Castaldi	Hammer Throw
	Wayne Durrigan	Hammer Throw
1976	Jeff Castaldi	Hammer Throw
	Wayne Durrigan	Hammer Throw
1977	Wayne Durrigan	Hammer Throw
	George Springsteen	Pole Vault
1979	Bob Rodgers	Hammer Throw
1980	Bill Borden	Hammer Throw
	Tom Law	Pole Vault
1981	Bill Borden	Hammer Throw
	Bob Rodgers	Hammer Throw
	Greg Gassner	Hammer Throw
	Mark Borrelli	Hammer Throw
	Howie Horowitz	Shot Put
	Dave Gibeault	Pole Vault
	Bob Jones	Long Jump
1982	Bill Borden	Hammer Throw
	Greg Gassner	Hammer Throw
	Bob Rodgers	Hammer Throw
	John Sullivan	Pole Vault
	Tom Law	Pole Vault
	Makeba Davis	Decathlon
1983	Greg Gassner	Hammer Throw
	Makeba Davis	Decathlon
1984	Brian Nierstedt	Cross Country
	Dave Chesbrough	Hammer Throw



Ricardo McDonald



Dustin Blair



Robert Keizer

SOUTHERN'S ALL-AMERICANS

1985	Ken Blanchard Tom Falco Dave Chesbrough Dave Chesbrough Bob Tomko Ken Blanchard Chris Chisholm Dan Seals, Trevor Howard, Ken Ricks, Lincoln Roach	35-lb. Weight 35-lb. Weight 35-lb. Weight Hammer Throw High Jump Hammer Throw Steeple Chase
	Jay O'Keefe Brian Nierstedt	4x100m relay Cross Country Cross Country
1986	Ken Blanchard Jay O'Keefe	Hammer Throw 10,000-meter run
1987	Jay O'Keefe Mike Lewis Brent Majors Bob Gagnon, Donnovan Little, Mike Lewis, Kirk Douglas	Cross Country 800 meters 400m Int. Hurdles
1988	Mike Lewis Donnovan Little Bob Gagnon, Mike Lewis, Kirk Douglas, Donnovan Little	4x400m relay 800 meters (B) 400 meters
1989	Mike Lewis	4x400m relay 800 meters
1990	Mark Mullarkey Russ Desrocher	1,500 meters High Jump (B)
1991	Blair Marelli Bob Antaya	400m Int. Hurdles Hammer Throw
1992	Chris Sagnella Chris Tokarz Ed Neilander Blair Marelli	Javelin Javelin 400m Int. Hurdles 400m Int. Hurdles
1993	Mike Drummey Blair Marelli	Pole Vault (B) 400 Int. Hurdles
1994	Mike Drummey Sean Mahon Ross Nelson Tony Martin	Pole Vault (B) High Jump Cross Country Cross Country
1995	Sean Mahon Mike Drummey Dean Marelli Lou DeCrescenzo	High Jump Pole Vault (B) 400 Int. Hurdles Pole Vault



Diwani Augustine



Taivon McKoy

SOUTHERN'S ALL-AMERICANS

1996	Sean Mahon Kevin Rembert Roy Bogue Dan Bourque Ross Nelson	High Jump 100 meters Hammer Throw Hammer Throw Cross Country			Jeremy Alvarez, Roman Henry Donald Stevens, Gary Pope	
1997	Roy Bogue Dan Bourque Roy Bogue Dan Bourque	35-lb. Weight 35-lb. Weight Hammer Throw Hammer Throw		2007	Christopher Croff Gary Pope, Roman Henry, McNeil Johnson, Tyrone Joseph	4x400m relay Cross Country
1998	Dan Bourque Dan Bourque John Wallin	35-lb. Weight Hammer Throw Decathlon		2008	Mike Cebula Gary Pope, Roman Henry, McNeil Johnson, Tyrone Joseph	1500 meters 4x400m relay
1999	John Wallin Rob Hamelin Ricardo McDonald Dustin Blair	Decathlon Hammer Throw Triple Jump Cross Country			Robert Keizer Kevin Taylor McNeil Johnson	Triple Jump Long Jump 400 Int. Hurdles
2000	Brian Brown Ricardo McDonald Eric Beaudoin	High Jump Triple Jump (B) 400 Int. Hurdles		2009	Sutton Underwood	Pole Vault
2001	Eric Beaudoin Dwayne Bowen, Mike Livingston, Ricardo McDonald, Kenroy Woodhouse Brian Brown Ricardo McDonald Kenroy Woodhouse	400 Int. Hurdles 400 Int. Hurdles 4 x 400m relay High Jump Triple Jump 400 Int. Hurdles		2010	Richard Jackson Stenson Jean-Baptiste Selasi Lumax Logan Sharpe Ryan Whitehead Diwani Augustine	4x400m relay 4x400m relay 4x400m relay, 800 meters 4x400m relay Pole Vault Triple jump
2002	Kenroy Woodhouse	400 Int. Hurdles		2011	Nana Ocran Patrick Waszczak Corey DeLaCruz	4x400 relay Pole Vault Distance Medley Relay, 800 meters (O)
2003	Scott Labonte, Kenroy Woodhouse, Kenroy O'Connor, Anselm Felix				Selasi Lumax	Distance Medley Relay, 800 meters (B), 4x400 relay (I),
2004	Ivan Schmidt Jeff Cretella Jon Seymour	4 x 400m relay High Jump (B) Shot Put 800 meters			Diwani Augustine Josh Perry	Long jump, Triple jump 800 meters (B), Distance Medley Relay
2005	Jeff Cretella Taivon McKoy John Seymour Jeremy Alvarez, Orville Bernard, Roman Henry, Donald Stevens	Shot Put Hammer Throw 800 meters 4x400m relay		2012	Logan Sharpe Stenson Jean-Baptiste Nick Lebron Selasi Lumax	4x400 relay, Distance Medley Relay 4x400 relay Heptathlon, Decathlon Distance Medley Relay, 800 meters, 4x400 relay
2006	Ivan Schmidt Robert Keizer Collin Walsh, Roman Henry, James King, Ramon Laboy	High Jump Triple Jump Dist. Medley Relay			Logan Sharpe Connor Coleman Stenson Jean-Baptiste Josh Perry	Distance Medley Relay, 4x400 relay Heptathlon 4x400 relay Mile, Distance Medley Relay
					Twayne Forth Brian Robbins	4x400 relay Distance Medley Relay, 800 meters

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Abate, Greg	2000-01	Bergvik, Eric	2000-01	Buyack, Jeff	1987-88	Connelly, James	1955-59
Aceto, Joe	1995-97	Bernacchia, Ray	1975-76	Byrne, D.	1961-62	Considine, Jim	1968-69
Aceto, Tony	1961-63	Bernard, Nate	2002-03	Byrnes, B.	1961-64	Cooney, Marty	1966-67
Adams, Spencer	1967-68	Bernard, Orville	2004-08	Calderon, Dwight	1992-93	Cooper, Bill	1979-80
Adams, Winston	1983-85	Biancamano, Frank	1994-98	Caldwell, Bob	1982-83	Copper, Ken	1987-88
Adanti, M.	1961-62	Bigley, Tom	1978-79	Caliendo, Stephen	1973-74	Corazo, Chris	1987-88
Agli, J.	1961-62	Biondi, Rich	1984-89	Campbell, David	1967-68	Corning, Bob	1955-56
Aitkenhead, Dave	1983-87	Bittle, Allen	1973-74	Campbell, Mike	1987-88	Correnty, Wayne	1975-76
Alderman, Michael	1976-77	Blair, Dustin	1997-00	Canada, Casey	2009-11	Cossuto, Vin	2004-09
Ales, Joseph	2008-11	Blake, Tony	1978-80	Candella, Wayne	1966-67	Costello, Bill	1984-85
Alexis, Alistair	1999-00	Blanchard, Ken	1983-86	Cannally, Bob	1966-67	Costello, Tim	1979-81
Ali, Brent	2001-02	Boardman, Bob	1967-69	Capezone, Peter	1979-80	Cote, Dan	1996-99
Allen, Derek	1987-91	Boateng, Fred	2009-10	Caporossi, Richard	1955-58	Cowan, Rudolph	2010-11
Allen, Wayne	1982-83	Bob, Agnese	1968-72	Cappello, Steve	2007-11	Cowell, Mark	1989-90
Almeida, Matthew	2008-10	Bobo, Ernie	1973-74	Cappiello, Rich	1966-67	Craig, Jeff	1997-01
Alston, Terrance	2001-02	Bogue, Roy	1992-97	Cardinal, Kerry	1982-83	Crandell, Ian	2005-07
Alvarez, Jeremy	2004-06	Boppert, Pete	1966-69	Caporossi, Richard	1955-58	Crawley, Mike	1984-85
Alves, Manny	1985-87	Boran, Bob	1966-67	Cappello, Steve	2007-11	Cretella, Jeff	2001-06
Amarante, Mike	1978-79	Borden, Bill	1979-82	Cappiello, Rich	1966-67	Critelli, John	2004-08
Ambrosecchio, Mike	1976-80	Borgnine, Tom	1992-93	Cardinal, Kerry	1982-83	Croff, Christopher	2006-09
Amini, Gerald	1973-76	Borque, Dan	1997-98	Carlson, Alec	2006-08	Cullen, Sean	1990-91
Anctil, Phil	1966-68	Borrelli, Mark	1978-82	Carroll, Jim	1977-79	Curley, Kevin	2005-06
Andrulis, Bob	1978-80	Boshnell, Adam	1998-00	Carson, Craig	1999-02	Czejak, Joe	1968-69
Annis, Aaron	2001-02	Bostic, Bill	1978-79	Carter, Scott	1967-68	D'Ambrose, F.	1958-59
Antaya, Bob	1989-92	Bourne, Carl	1971-72	Cary, Tom	1988-93	D'Ambrose, Robert	1956-59
Appel, Ken	1977-80	Bourne, Robin	1975-76	Cassarini, Thomas	2009-11	Daniel, Weston	2002-05
Archambault, Rich	1968-69	Bourque, David	1994-97	Cassidy, Brian	1975-76	Dasilva, Reuben	1994-95
Arvonio, Pat	1966-67	Bowen, Dwayne	2000-01	Castaldi, Jeffrey	1973-76	Datil, Louis	2002-03
Aszklar, Paul	1986-88	Bowering, Rich	1978-79	Cebula, Jason	2006-08	Davenport, Bob	1986-91
Athas, Christopher	2008-09	Bowles, Don	1966-67	Cebula, Mike	2005-07	Davidson, Bob	1981-85
Auger, Austin	1975-78	Bradley, Scott	1982-83	Celmer, Steve	1977-78	Davidson, Tom	1975-76
Augustine, Diwani	2006-11	Brady, Frank	2005-06	Cerino, Joe	1964-65	Davis, Andy	1986-90
Aurelio, Vincent	1987-88	Brady, Tom	1977-80	Cesarek, John	1992-96	Davis, Bob	1975-78
Babcock, Chris	2010-11	Bredice, Frank	1970-73	Chaconis, Nick	1971-74	Davis, D.	1962-63
Badger, Al	1956-57	Breece, Leon	2004-07	Chann, Keith	1992-95	Davis, Gerald	1970-71
Bagasse, Mike	1979-80	Bremmer, Kevin	1988-89	Chartier, David	1983-84	Davis, J.	1961-62
Bagwell, Herbie	1983-84	Briggs, R.	1957-58	Chenevert, Pete	1971-72	Davis, Jerry	1972-73
Baker, Bill	1983-84	Brinley, John	2005-09	Chernesky, John	2007-11	Davis, John	1980-82
Baker, James	1987-89	Brophy, Shaun	1988-92	Chesborough, Dave	1980-85	Davis, Makeba	1980-85
Baker, Timothy	2000-04	Broughton, Dave	1968-71	Cheshire, Art	1963-67	Davis, Ryan	1999-00
Baldwin, Tracey	1977-79	Brousseau, Eric	1999-01	Chesner, Bill	1989-91	Davison, Bob	1979-81
Bannerman, David	2008-11	Brown, A.	1961-63	Chiarelli, Lou	1971-72	Davison, Lee	1984-89
Baraniecki, George	1966-67	Brown, Andy	1984-85	Chisholm, Chris	1982-86	Dawson, Al	1978-83
Barber, Harold	1991-93	Brown, Brian	1997-01	Christodlous, S.	1957-59	Dawson, Steve	1977-78
Barber, James	1962-65	Brown, Mario	1988-89	Cirillo, Keith	1972-73	Deas, Isaac	1971-72
Barnes, Andre	1995-99	Brown, Nick	1999-00	Clapp, Charles	1984-96	DeChristoforo, J.	1962-63
Barnes, Brian	1986-87	Brown, Owen	1988-89	Clark, Nick	1999-03	DeCrescenzo, Lou	1991-96
Barsevich, John	1975-78	Brown, Tom	1981-82	Claytor, David	1977-78	DeGaetano, Bob	1975-76
Basiel, Steve	1975-76	Bucci, Vin	1961-62	Coates, Rob	2004-06	DeGrant, Ed	1970-73
Baskin, Jeff	1980-81	Budarz, Mark	1977-79	Cocca, Mike	1976-80	Del Prete, Dan	1998-99
Basney, A.	1957-58	Bukalo, Enis	2010-11	Cocco, Lenny	1973-78	DeLaCruz, Corey	2010-11
Basso, Dick	1966-69	Bullard, Ed	1981-82	Cocco, Michael	1976-77	Delmoor, Jim	1976-78
Bathrick, Ron	1981-82	Bulmer, John	1966-69	Cody, F.	1957-59	Dembinski, David	1998-00
Baukus, C.	1961-64	Burdick, Ben	1985-90	Cohn, Kevin	1990-93	Denino, Dave	1973-74
Beaudoin, Eric	1998-03	Burke, Chris	1994-96	Colby, Rick	1980-82	Deobil, Bob	1963-65
Belanger, Devin	2006-07	Burnside, Bob	1981-83	Coleman, Darian	1987-92	DePalma, Dave	1973-74
Bell, Don	1966-69	Burrowes, Horace	1984-88	Collett, Charles	1978-79	DePaola, David	1977-78
Belter, Steve	1975-80	Burton, Tom	1990-91	Collinsworth, Scott	1985-87	DePasquale, Steve	1968-69
Benanto, Jim	1966-67	Bushnell, Ed	1983-86	Colucci, Paul	1957-58	DePucchio, Mark	1973-74
Berberich, Ed	1999-02	Butler, Brian	1975-76	Condron, Thomas	1972-73	Despres, Brian	2007-08
Bergman, Richard	1955-59	Butterfield, Tom	1961-63	Coniglio, Bob	1968-69	Desrocher, Russ	1986-90

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DeStefano, Rich	1989-93	Festa, Larry	1956-57	Gonzalez, Milton	1993-94	Helgeson, Earl	1977-78
Detscher, Pat	1976-78	Findley, Chris	2006-07	Gonzalez, Omar	2010-11	Helveston, Blake	2003-05
Devens, Matthew	2002-03	Finn, John	1966-68	Gooden, Peter	1988-89	Henderson, Rich	1998-99
Devor, Kevin	1999-02	Fisch, Steve	1982-84	Goodin, Litvin	1984-85	Heneghan, Mike	1966-67
Dillon, Mark	1987-88	Fitzgerald, Jack	1983-86	Grabowski, Lou	1966-68	Hennessey, Mike	1982-84
DiNicola, S.	1962-63	Fitzsimmons, Ryan	2002-05	Grabowski, Tom	1966-67	Henning, Dick	1970-71
Dionne, Todd	1986-87	Flanagan, Bob	1966-67	Graham, Dave	1968-72	Henry, Leslie	1995-96
DiScala, Joe	1973-74	Flanagan, Tim	1983-84	Grant, Kevin	1984-88	Henry, Roman	2004-08
DiScipio, Tim	1980-85	Fletcher, Scott	1978-79	Grasso, Chris	1979-80	Herbst, Michael	1973-74
Dixon, Jared	2007-11	Flynn, Mike	1999-00	Grasso, Ken	1978-79	Herr, Jim	1985-89
Dobartz, Bruce	1963-67	Flythe, Earl	1999-00	Grauer, Jim	1970-73	Herrera, Steve	1991-96
Dobson, Bob	1976-79	Ford, James	1975-78	Graves, Paul	1973-74	Hessberger, Phil	1992-93
Doherty, John	1967-68	Ford, Michael	2002-04	Gray, Charles	1956-57	Hightower, David	1992-93
Dolan, Tom	1955-57	Ford, Mike	1989-93	Gray, Floyd	1983-84	Hill, Clifford	2003-04
Domond, Eliton	1998-00	Forlini, P.	1961-63	Greco, Richard	1967-71	Hill, Tom	1971-72
Donegan, Bill	1966-67	Forth, Twayne	2009-11	Green, Dave	1977-78	Hillman, Joe	1987-91
Doot, Duance	1973-74	Fountain, Brian	1986-88	Green, Gerald	1986-87	Hines, George	1966-67
Dougherty, R.	1957-58	Fountain, Peter	1986-89	Green, Jeff	1987-90	Hintzen, Neil	1972-73
Douglas, Greg	1997-01	Fowler, Mike	1975-78	Greenberg, Bob	1966-69	Hixson, Mark	1984-89
Douglas, Kirk	1986-91	Fox, Eric	1989-90	Greene, Dane	1978-80	Hixson, Tom	1987-91
Dow, Mike	1986-87	Fox, George	1961-63	Greene, Kyle	2005-06	Hodges, Woody	1978-80
Downey, Ray	1978-81	Francis, Fillippe	2002-03	Greenwood, Ray	1971-72	Hogan, Greg	1979-82
Dreaher, Martin	1977-78	Frasier, Richard	1973-74	Grey, Charles	1996-97	Holdampf, Anthony	1990-93
Drinkwater, Barry	1990-95	Fredsall, Tyler	2009-10	Griffin, Eric	1982-84	Homenick, B.J.	1968-72
Drummey, Mike	1992-95	Frey, Alan	1966-69	Griffin, James	1975-78	Horan, Tim	1975-77
Duff, Pat	1981-82	Frey, Mike	1978-79	Griffin, Kyle	1991-92	Horowitz, Howie	1978-81
Dufour, Aaron	1998-99	Friedman, Jay	1973-74	Griffin, Tyrone	1985-88	Howard, Joe	1971-74
Dugan, David	1967-68	Gagnon, Bob	1986-90	Grusauski, Dave	1984-85	Howard, John	1995-99
Dumas, Rashaan	1996-97	Gale, Travis	2001-05	Guarino, Matt	1978-79	Howard, Trevor	1984-86
Dumas, Tim	2003-04	Galli, Jonathan	2008-11	Guerra, A.J.	2010-11	Howe, Mark	1991-93
Duni, Craig	2006-07	Gambardella, Frank	2004-10	Guest, Derrick	2000-01	Howe, Mark	1993-96
Dunleavy, Dave	1977-78	Ganley, Kevin	1987-89	Gunther, Keith	2002-07	Howell, Harry	1966-68
Dunleavy, Dave	1985-86	Gargano, William	1964-65	Gustave, Ernest	1993-94	Howley, Jim	1975-78
Dunn, Jim	1966-67	Garry, Bob	1971-72	Hager, Brian	1986-90	Hudson, Richard	1967-68
Durrian, Wayne	1973-77	Gassner, Greg	1978-83	Haggerty, Daniel	2006-07	Hulten, Carl	1975-77
Dzialo, Eric	1992-96	Gaskin, John	1986-87	Hahn, Matt	1990-91	Humphrey, Ken	1980-82
Earley, Bill	1973-76	Gassner, Greg	1978-83	Hall, Allen	1998-02	Hunt, Pete	1998-02
Earls, Ed	1979-82	Gaunya, Daniel	2009-11	Hallisey, Pat	1975-77	Huskes, Eric	2003-05
Edwards, Jacob	2005-09	Gavin, Bob	1983-88	Hally, Larry	1968-72	Hutson, John	1986-87
Eichner, Rob	1987-88	Geary, Tim	1978-79	Hamblin, Mario	1977-80	Hyde, Derek	1981-83
Elliot, Akeem	2008-11	Gemmell, Peter	1973-76	Hamelin, Rob	1995-00	Ildefonso, Ken	2005-06
Emrich, James	1993-94	Genga, Adam	2000-01	Hapke, Gregory	1976-77	Intemann, Mike	1975-79
Ericson, Bob	1963-67	Gentles, Sheldon	2001-02	Hardt, Will	1966-68	Isabelle, Charles	1982-84
Eriksen, Dennis	1971-74	Giambra, Alex	1988-89	Harniman, Bob	1966-69	Jablonski, George	1972-73
Escaravage, Justin	2009-11	Gibeault, Dave	1980-82	Harper, Dave	1996-98	Jackson, Milton	1995-96
Estes, Nate	1989-91	Gibeault, Kevin	2009-10	Harper, Joe	1967-68	Jackson, Quincy	2003-06
Faber, Bob	1977-79	Gibson, Mike	1975-76	Harrell, Anthony	2001-02	Jackson, Richard	2008-11
Faitsch, Jon	1989-91	Gibson, Paul	1966-67	Harrell, Blair	2001-02	Jacob, Ryan	2002-04
Falco, Tom	1984-86	Gildea, Jim	1977-78	Harris, Calvin	1998-00	Jacobs, Tom	1985-86
Fallo, Russell	2008-11	Gilligan, Paul	1982-83	Harris, Eugene	1971-72	Jakiela, Joe	1966-67
Farber, Ted	1966-67	Ginnetti, Vincent	1972-74	Harris, George	1955-58	Jean-Baptiste, S.	2008-11
Farrell, Brian	2001-02	Giskin, Steve	1975-77	Harris, Mark	1993-96	Jean-Loius, Steve	1997-99
Farrington, Edward	1964-65	Gladwin, Russ	1973-74	Harrison, James	1972-73	Jeffress, Terrance	2000-02
Fazzina, Scott	1982-83	Gleason, John	1979-80	Hart, Ed	1982-83	Jeffrey, John	1975-77
Fedor, Nicholas	2007-11	Goehring, Kevin	1984-86	Harvey, Robert	1956-57	Jerome, George	1967-71
Feinberg, Allan	1968-72	Goffe, Anthony	1999-03	Hatje, Paul	1955-58	Jochum, Stephen	1983-87
Felix, Anselm	2002-03	Golabek, Robert	2007-08	Hayden, John	1970-71	Johnson, Bruce	1967-69
Fennekohl, John	2007-10	Golanski, P.	1961-62	Hayden, Robert	1981-82	Johnson, Damon	1966-68
Ferrare, Bill	1994-98	Goldsboro, Matt	1999-00	Hayes, Mike	1978-79	Johnson, Kenneth	1955-56
Ferrisi, Joseph	1970-73	Golino, Danny	1972-74	Heavens, Robert	1970-73	Johnson, Larry	2004-08
Ferrisi, Ralph	1961-63	Goncalo, Tom	1973-74	Helfant, Lawrence	1993-94	Johnson, McNeil	2005-09

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Johnston, John	1975-79	Kuczo, J.	1958-59	Machol, Chris	2002-03	Mitscherlich, Chris	1990-91
Johnston, John	1975-79	Kyrytschenko, Mike	2001-02	MacIntyre, Mark	1977-81	Modell, Scott	1988-93
Joly, Kevin	2002-04	Labonte, Scott	2000-04	Mahler, Ben	1970-71	Mongillo, John	1955-56
Jones, Andre	1980-82	Laboy, Roman	2005-06	Mahon, Sean	1991-96	Monticello, Mike	1987-90
Jones, Bob	1967-69	LaBreche, B.	1961-62	Mainville, Ray	1961-65	Montillas, Luis	1997-01
Jones, Bob	1980-81	LaChance, Peter	1989-90	Majors, Brent	1985-88	Moon, Jimin	2009-11
Jones, Douglas	1992-93	Laffin, Dan	1999-02	Malay, Brad	2000-03	Moore, Charles	1978-79
Jones, Jeff	1975-78	Laffin, Peter	1975-76	Malley, Joe	1975-78	Moore, Ken	1993-94
Jones, Leary	1981-83	Laffin, Tom	1975-76	Manko, R.	1961-63	Moreland, Morris	1970-71
Jordan, Cedric	1990-91	Lahr, Ed	1984-88	Manson, Martin	2005-07	Morris, John	1986-87
Jordan, Stephon	2004-05	Lamoreaux, Ed	1971-72	Marchetti, Ed	1990-91	Morse, Alan	1991-93
Joseph, Ali	2000-03	Lamour, Gibson	1999-00	Marelli, Blair	1989-93	Mosley, Corey	2006-09
Joseph, Socrate	2000-02	Landino, John	1967-68	Marelli, Dean	1994-96	Moss, Wade	1993-97
Joseph, Tyrone	2005-09	Lange, Charles	1978-79	Marini, Frank	1990-91	Mougey, Ramiro	1995-96
Judd, Rich	1982-84	Langen, Bill	1967-69	Marino, Ray	1966-67	Mrazik, Dave	1999-02
Judenis, Mike	1992-93	Lapinski, Raymond	1972-74	Marlow, Gene	1975-78	Mull, Linjamin	1994-95
Judenis, Mike	1993-96	Large, Fred	1964-65	Marmanillo, Phillip	1972-73	Mullarkey, Mark	1987-91
Jusseume, Dave	1975-76	Larsen, Jim	1970-72	Marone, G.	1963-64	Mullen, John	1978-81
Kachmarsky, Ryan	2007-08	Lasko, Robert	2008-09	Martens, Dave	1970-73	Murphy, Chris	2002-03
Kaczmarek, Tyson	1998-03	Laskoski, Nelson	2010-11	Martin, Tony	1992-96	Murphy, Ryan	1989-91
Kadish, Art	1970-72	Lauzon, Kyle	1988-89	Martucci, Patrick	2008-09	Murray, Bill	1966-69
Kalinka, Greg	2001-05	Lavoy, Harvey	1973-74	Mason, Brian	2003-07	Murray, Bill	1978-79
Kearney, Jim	1985-87	Law, Tom	1979-82	Mason, David	1994-99	Murray, Bob	1988-93
Keizer, Robert	2005-08	Lawlor, Eric	1991-92	Mason, Mike	1989-90	Murray, Tim	2005-07
Kelley, Gene	1967-71	Lawrence, Andrew	2004-05	Mather, Tracy	1962-65	Muttart, Glenn	1981-82
Kelley, Steve	1971-73	Lawson, R.	1961-63	Matthews, James	1967-69	Myers, Eugene	1984-85
Kelly, John	1990-91	Lazaro, Larry	1992-93	Matthews, Neuton	2003-04	Myers, Gene	1982-84
Kelso, R.	1957-58	Leahy, B.	1962-63	Mattson, Verne	1955-57	Nabors, Phil	1984-85
Kenny, Rick	1977-78	Lebron, Nick	2010-11	Matute, Rudy	1990-91	Naples, Peter	1975-76
Keough, Mike	1966-67	LeCara, Joe	2001-04	Mauner, Chris	1982-83	Nappe, Bob	1978-80
Kerwin, Dan	1990-92	Leckey, Bill	1986-88	May, Ernie	1986-88	Nastri, Vincent	2007-08
Kichar, Paul	2007-09	Leckey, William	1994-95	Maybery, Searle	1981-82	Naude, Brendhan	2008-09
Kiernan, Lee	1992-93	Lee, Paul	1990-91	McBean, Kirk	1993-94	Navarro, Frank	1967-68
Kimball, Kevin	1988-89	Lemay, Gerry	1978-80	McComb, Tim	1990-91	Neal, Kevin	1994-95
Kimball, Lee	1964-67	Lendaro, Val	1966-69	McCormack, Chris	2000-05	Neilander, Ed	1989-94
King, James	2002-06	Letitia, Wayne	1985-86	McDermott, Chris	2008-09	Neirstedt, Briant	1984-86
Kinsella, Kevin	1961-65	Letts, Jim	1978-80	McDermott, Jeff	2002-06	Nelson, Frank	1970-73
Kirchhofer, Ralph	1964-65	Levine, Jonathon	1979-80	McDonald, Jim	2003-04	Nelson, Ross	1993-97
Kirschner, Miles	1986-88	Lewis, John	2004-05	McDonald, Ricardo	1998-01	Nicoleau, Anthero	1956-57
Kittredge, Jim	1986-87	Lewis, Michael	1985-89	McDonnell, John	1966-69	Niedermeier, Tom	1995-96
Klein, Chris	1971-72	Lewis, Tim	1979-80	McDonough, Tim	1971-72	Nierstedt, Briant	1983-84
Klein, Jay	1970-72	Lindsay, Tom	1968-72	McFarlane, Malachi	1982-83	Nill, Brian	2009-11
Klotz, Eric	1993-94	Link, G.	1963-64	McFee, Bill	1984-87	Nitopi, Vincent	2000-01
Kluntz, Jerry	1980-82	Liquori, Gary	1986-87	McGuire, Mark	1972-73	Nivet, Mark	1988-89
Knauth, A.	1963-64	Liscomb, Todd	1989-91	McHugh, Joe	1956-59	Noisette, Guy	1998-99
Knorrs, F.	1957-58	Little, Donovan	1984-88	McKeon, Larry	1981-82	Nye, George	1978-79
Knous, Fred	1956-59	Livingston, Mike	1999-01	McKiernan, James	1971-73	O'Connell, Frank	1955-57
Koch, Charles	2000-01	Lombard, Keith	1988-91	McKoy, Taivon	2001-05	O'Connor, Kenroy	2000-04
Koestner, Eric	2002-06	Lonbardo, K.	1957-58	McLean, Adam	2006-10	O'Connor, Phil	1991-93
Kohlbrener, Andy	1984-86	Lopes, Marco	1998-00	Mellor, Dave	1991-92	O'Connor, T.	1961-62
Kollar, Tom	1982-84	Lopez, Gino	1980-81	Meneo, Joe	1973-74	O'Donnell, Tom	1966-68
Konz, Jack	1964-65	Louis, Jean	1999-03	Messier, D.H.	1968-69	O'Keefe, Jay	1985-88
Kopp, Fred	1966-67	Lucan, Rich	1968-71	Midgette, Darrell	1988-89	O'Laughlin, Brian	1988-91
Koram, Ofori	2005-06	Lucas, Chris	1993-94	Mike, Kevin	1996-97	O'Neil, Pat	1989-91
Koram, Ofori	2005-06	Lumax, Selasi	2008-11	Miller, Brian	1977-78	O'Neil, Tom	1991-92
Kosakowski, Donald	2005-06	Lupinacci, Marc	1997-99	Miller, Ryan	2003-05	O'Neill, Brian	1977-78
Kotkosky, Stan	1973-74	Lusa, Peter	1981-82	Miller, Warren	1964-67	O'Neill, Scott	2006-07
Kraft, Patrick	1994-95	Luxton, Charlie	1966-68	Mills, D.	1962-63	Ocran, Nana	2007-11
Kreischer, Paul	1985-86	Macary, Paul	1977-78	Mills, Steve	1995-96	Ogden, Marty	1988-92
Krier, Garrett	2005-06	MacGregor, Justin	2005-09	Mirabilio, Derek	2002-03	Ogle, Joseph	1973-74
Kruszewski, John	1975-76	Machado, John	1966-67	Misiasiak, Hank	1955-56	Oliver, Bernard	2004-05

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Oliver, Larry	1967-68	Pretak, Stephen	2002-06	Salley, Willie	1975-76	Soule, Jeff	1972-74
Olliviere, Ashton	2003-04	Preziosi, Louis	1968-71	Salomoni, Joe	1975-76	Sparso, Greg	1981-82
Om, Varum	1999-01	Price, Matt	2004-06	Sanchez, Alfredo	1994-95	Sparso, Mike	1979-83
Ortiz, Chris	1995-97	Puopolo, Joe	1977-78	Sandas, George	1973-74	Springsteen, George	1973-77
Ortiz, Hector	1985-87	Quinn, Kevin	1973-74	Sanger, Derrek	1994-97	Stanco, Tony	1979-80
Ossman, Rob	1992-93	Quint, Gregory	1985-89	Santos, Scott	1966-67	Stavropoulos, Ted	1973-76
Owen, DeCardo	2002-05	Quintiero, Diego	1991-94	Saxton, Moleek	1988-92	Stein, R.	1957-58
Owens, D.	1961-62	Quirke, John	1955-56	Schaefer, Tucker	2009-10	Stellaccio, Frank	1967-68
Owens, H	1961-62	Rainey, Kevin	1975-76	Schepisi, Greg	1989-91	Stelmat, Ted	1975-76
Paglia, Damian	1995-96	Ramos, Carlos	1977-81	Scherer, Paul	1977-79	Stevens, Donald	2004-07
Paige, Rick	1976-80	Rancourt, Norm	1986-91	Schmidt, Clifford	1972-73	Stevens, Gary	1997-98
Paine, John	1987-88	Ranger, Ron	1996-00	Schmidt, Ivan	2002-06	Stietzel, Kevin	1992-95
Palmer, Nate	2003-07	Ratteree, Christian	1992-93	Schneider, John	1982-83	Stokes, Martin	1975-78
Paone, Mike	1987-89	Raymond, Brent	1992-94	Schnyer, Jim	1955-56	Stokes, Thomas	1975-78
Papst, Greg	1993-94	Reale, Tom	1966-68	Schoepfer, Warren	1990-92	Strobino, Jay	1975-78
Pardew, Don	1964-65	Recine, Eric	1992-93	Schofield, Jonathan	2009-10	Strumolo, Mark	1973-74
Parkosewich, Gary	1971-73	Redden, Larry	1991-95	Schultz, Jeff	1995-96	Suarez, Jim	1977-78
Pasek, Rob	1990-94	Reiss, Kyle	2010-11	Schumacher, Jeromie	1996-01	Sudora, Mike	1956-57
Paul, Greg	2002-04	Rembert, Kevin	1994-98	Schwarz, Dirk	1981-84	Sullivan, Jacob	2007-08
Pawlak, P.	1961-62	Reynolds, Ken	1968-71	Scott, Ken	2000-03	Sullivan, John	1980-85
Peart, Edmund	1980-81	Riccio, Rich	1984-88	Scully, Todd	1981-82	Sullivan, Joseph	2008-09
Pecylak, Steve	1956-58	Ricknavsky, Scott	2002-06	Seals, Dan	1984-85	Sullivan, Sean	1980-81
Pereira, Jason	2006-09	Ricks, Ken	1982-86	Seals, Josh	1999-00	Sullivan, Tom	1980-81
Perkin, W.	1962-63	Riggio, Nick	2000-04	Seelig, Jeffrey	1973-74	Suomi, Rory	1976-78
Perregaux, Kevin	2001-03	Ritchens, Kryan	2003-05	Segal, Mike	1971-73	Susi, Mike	1988-93
Perry, Dave	1999-00	Rivera, Estaban	1986-91	Sepko, Pete	1968-72	Sutherland, William	1972-73
Perry, Josh	2009-11	Roach, Kevin	1994-95	Serignese, Paul	1993-96	Sutton, Steve	1990-91
Persky, Bob	1955-56	Roach, Lincoln	1981-85	Seymour, Jon	2001-06	Swanzy-Parker, Jim	1992-96
Peters, Fran	1966-69	Robbins, Brian	2007-11	Seymour, Michael	2002-03	Szarmach, Steve	1976-79
Peterson, Eric	1997-01	Robbs, Chauncey	2001-02	Sfikas, Dean	1982-84	Szczepanik, Greg	1986-91
Phommalin, Tom	2009-11	Roberson, Anthony	2005-06	Shail, Michael	2006-08	Szwez, Tony	1981-82
Picarelli, Dick	1966-67	Roberts, Marty	1966-67	Shandrowski, Paul	1970-71	Taddei, Paul	1972-73
Pierce, Eric	2002-03	Robertson, Perry	1979-83	Sharkey, Brian	1988-89	Taylor, Bill	1973-77
Pindara, Matt	1982-83	Robins, Mike	1991-92	Sharpe, Logan	2009-11	Taylor, Charles	2007-08
Pinto, Richard	1976-77	Robinson, David	2001-03	Shea, Kevin	1989-90	Taylor, Gordon	1970-73
Pires, Mike	1992-94	Robinson, Derek	1982-86	Shelton, Jeremy	1991-92	Taylor, Kevin	2004-07
Pitney, Louis	1955-59	Rocha, Len	1968-69	Shelton, Walter	1970-72	Taylor, Mark	1988-89
Plis, David	2004-05	Rocker, Carl	1985-86	Sherrill, Mike	1980-83	Tedeschi, Chris	2002-04
Ploch, Patrick	1972-73	Rodgers, Bob	1978-82	Shielke, Ken	1987-88	Teeling, Rich	1967-69
Plude, Jim	1966-69	Rodrigues, Alden	2001-03	Shinsky, Michael	1985-86	Testa, Joe	1966-67
Polakowski, Chris	1975-78	Rodriguez, Jose	2005-07	Sholtes, Tom	1981-82	Theis, Tom	1967-69
Polakowski, Jason	2007-11	Rodriguez, Richard	1990-91	Sieviec, John	1971-72	Thomas, Chuck	1999-00
Polizzi, Mark	1993-94	Roitman, Jay	1973-74	Sieviec, Pete	1971-72	Thomas, Dan	1979-80
Ponte, Richard	1961-63	Rose Jr., Jeffrey	2008-09	Sikorski, Bill	1992-93	Thompson, Mel	1985-89
Pope, Gary Kendon	2004-09	Rottler, Bob	1966-67	Sikorsky, Joe	2005-07	Thompson, Shawneil	2008-11
Porta, Kurt	1987-88	Rowland, Fred	1964-65	Simms, Eric	1989-94	Thompson, Stephan	1989-90
Porter, Doug	1994-95	Roy, A.J.	2002-06	Sinensky, Arnold	1966-67	Thornton, Deryl	1970-73
Porter, John	1962-65	Rubler, Mark	1977-78	Sipes, Rodney	1997-99	Tobin, Kyle	2001-02
Porter, John	1996-97	Rudd, Tim	1999-00	Sipp, Andrew	1983-85	Tokarz, Chris	1988-92
Porteus, Bob	1973-74	Russell, John	1972-73	Siskorski, Don	1984-89	Tolbert, John	1992-93
Porto, Dave	1976-77	Russell, Vincent	1967-69	Sizemore, Jim	2004-06	Toledo-Quinones, J.	2010-11
Posey, Johnny	2003-05	Russo, Joe	1967-68	Skelton, David	1976-78	Tomko, Bob	1982-87
Potter, Dick	1966-67	Ryan, Gene	1976-77	Sloan, Ted	1979-80	Toomer, Jordan	2003-05
Potter, Ned	1966-67	Ryan, Jim	1979-85	Small, Raymond	2002-03	Torpey, Paul	1966-68
Poulsen, Joseph	2007-11	Ryan, Steve	1984-85	Smith, Forrest	1967-69	Torres, Danny	2001-02
Powell, Ray	1963-67	Ryskowski, Paul	2009-11	Smith, Gary	1971-73	Towler, Marvin	1990-91
Pratt, Andrew	2005-07	Sack, John	1991-95	Smith, Glen	1966-67	Trelli, Fred	1975-77
Prawl, Donovan	1991-94	Sacramone, Tom	1955-58	Smith, Ken	1964-65	Trentowski, Ed	1968-71
Prescod, Tyrone	1984-85	Sagnella, Chris	1991-93	Smith, Mike	1990-92	Trentowski, Steve	1990-91
Presson, Tom	1999-00	Salerno, Robert	1956-59	Smith, Russ	1982-83	Trovato, Ron	1979-80
Preston, Billy	2002-06	Sales, Richard	1976-77	Soucey, David	1976-78	Trowse, John	1987-88

ALL-TIME ROSTER

Troxler, Ronald 1988-89
 Trzaski, Matthew 2005-06
 Tucker, Adrian 1995-97
 Tutolo, Steve 1975-76
 Tuttle, Tim 2000-03
 Uhelsky, Mike 1997-98
 Ulkus, Robert 1973-76
 Underwood, Sutton 2006-09
 Vadas, Jim 1970-71
 Van Demark, Scot 1976-77
 Van Gilder, Joe 2000-04
 Vasiliauskas, Joe 1979-82
 Vasiliauskas, Mike 1973-76
 Vines, Ashley 1997-99
 Violette, Justin 2008-10
 Vogel, Mark 1975-77
 Vollero, Michael 1972-74
 Wadley, Maurice 1955-57
 Walcott Jr., Everet 2008-09
 Walcott, John 1971-72
 Walelo, Titus 2009-10
 Walker, Martin 1977-78
 Wallick, Paul 1968-69
 Wallin, John 1994-99
 Walsh, Chris 1973-77
 Walsh, Colin 2004-08
 Walsh, John 2008-10
 Warfield, Don 1973-76
 Warren, Dave 1996-97
 Wasielewski, Jeff 2002-03
 Waszczak, Patrick 2007-11
 Watson, Angelo 2007-09
 Watson, Chris 2004-08
 Watson, Pat 1966-67
 Webb, Larry 1976-77
 Webster, Jeff 2000-01
 Wedge, Norman 1987-88
 Weigand, Ted 1986-89
 Weiner, Mike 1986-87
 Weinstein, Lloyd 1977-79
 Weiss, Tom 1971-72
 Weissman, Wayne 1966-68
 Welfare, Harry 1977-80
 Wells, Torin 1975-76
 Welsh, Robert 1973-74
 Welton, Bob 1979-80
 White, J. 1957-62
 White, Jim 1997-00
 White, Marty 1966-67
 White, Randy 1984-85
 Whitehead, Ryan 2007-11
 Wilda, David 1972-73
 Wilder, Michael 2007-08
 Wilkins Jr., Jeffrey 2008-09
 Willerford, Barry 1968-69
 Williams Jr., Jeffrey 2008-11
 Williams, Al 2003-07
 Williams, Andre 1999-00
 Williams, Ian 1981-83
 Williams, Jeff 1996-00
 Williams, M. 1963-64

Williams, Paul 1968-73
 Wilson, Glenn 1977-80
 Wilson, John 1968-69
 Wimler, Tom 1986-91
 Winston, Roderick 1988-92
 Wolak, Frank 1978-82
 Wood, Justin 2006-07
 Woodburn, Scott 1964-65
 Woodhouse, Kenroy 1999-03
 Woods, Bruce 1978-80
 Woods, P. 1961-63
 Woodward, Marvin 1988-91
 Wormley, Ed 1977-78
 Wright, Dave 1955-56
 Wright, Wayne 1975-76
 Young, Joe 1982-83
 Young, P. 1962-63
 Zajkowski, Paul 1984-89
 Zambelli, Ed 1973-76
 Zarterian, Dave 1980-82
 Zembruski, Bob 1968-71
 Zembruski, Rob 1995-97
 Zemliauskas, Ginter 1966-69
 Ziemba, Brian 1993-94
 Zolkiewicz, Mike 1997-00
 Zona, Mike 1993-94
 Zotta, Michael 1964-65
 Zuniga, Mark 1979-82

Information was compiled through media guides and yearbooks. Rosters were not available for the following years:

1960-62, 1970, 1975

Please contact Michael Kobylanski, Associate AD/Communications at kobylanskim1@southernct.edu with any additions or corrections to this roster



McNeil Johnson



Gary Kendon Pope

TRACK AND FIELD FACILITIES



James W. Moore Field House is Southern's primary indoor athletic complex. The facility underwent a complete floor restoration in the fall of 2007, including a placement of the new Owls' logo at center court.

The main arena, with a permanent seating capacity of 2,800, has a six-lane, artificially-surfaced track (200 meters), which was completely renovated in the summer of 1997.

The fieldhouse is utilized for all major indoor events and can accommodate multiple practice sessions simultaneously. Drop curtains and netting allow the main arena to accommodate a complete baseball or softball infield for practice as well as the traditional indoor programs.

Moore Field House also has complete weight-training facilities, locker rooms and equipment rooms.

Through the years, Moore Field House has played host to numerous collegiate and scholastic championship events.

Dedicated in November of 1988, Jess Dow Field is a multi-million dollar stadium facility which can accommodate football, soccer, field hockey, lacrosse and track and field.

The AstroPlay artificially-surfaced playing field is surrounded by an eight-lane, state-of-the-art 400-meter track surface,. The artificial field surface was updated in the summer, 2011.

Directly adjacent to Southern's Moore Field House, Dow Field is lighted and has seating for some 6,000.

Through the years, Jess Dow Field has also played host to numerous collegiate and scholastic championship events.



OWLS IN THE COMMUNITY

Community engagement is an important component of the experience as a Division II student-athlete. The Southern Connecticut State University men's cross country and track and field teams continue to be active in the local community with various ventures.

All intercollegiate programs at SCSU participate in the Tim Greer Insurance Agency, Inc. Community Service Cup, which provides a competitive format that allows student-athletes to gain an enriched experience through engagement with the on-campus and local communities by supporting ventures of traditional citizens, campus community members and peer students and student-athletes. SCSU student-athletes volunteered nearly 3,000 hours of their time to numerous outreach efforts, both on-campus and in Greater New Haven, during the 2011-12 academic year.

Among the events that the team and coaching staff participated in during the past calendar year:

- Provided support at academic programs with students at Clinton Avenue School in New Haven.
- Contributed to a department wide food drive to benefit the needy during the holiday season.
- Took part in academic programming with students at the Clinton Avenue School in New Haven.
- Assisted with the on-campus Corda Road Race in conjunction with Homecoming.

NORTHEAST-10 CONFERENCE

The Northeast-10 Conference is an NCAA Division II conference that was established in 1979. The NE-10 consists of 16 member institutions that are located throughout the Northeast including Connecticut, Massachusetts, New Hampshire, New York and Vermont.

The institutions that make up the Northeast-10 are Adelphi University (Garden City, N.Y.), American International College (Springfield, Mass.), Assumption College (Worcester, Mass.), Bentley University (Waltham, Mass.), Franklin Pierce University (Rindge, N.H.), Le Moyne College (Syracuse, N.Y.), University of Massachusetts Lowell (Lowell, Mass.), Merrimack College (North Andover, Mass.), University of New Haven (West Haven, Conn.), Pace University (Pleasantville, N.Y.), Saint Anselm College (Manchester, N.H.), Saint Michael's College (Colchester, Vt.), College of Saint Rose (Albany, N.Y.), Southern Connecticut State University (New Haven, Conn.), Southern New Hampshire University (Manchester, N.H.), and Stonehill College (Easton, Mass.).

The 16 member institutions are spread geographically from Syracuse, New York to Boston, Massachusetts and from Burlington, Vermont to Long Island, New York. Many of the members are located in or around the metropolitan areas of Albany, Boston, New Haven, Worcester, and New York.

The Conference most recently welcomed the University of New Haven in 2008 and Adelphi University in 2009, adding to the powerful union of strong academic and athletic colleges and universities. The Northeast-10 has evolved into

a membership committed to competitive athletics programs that emphasize the education on and off the field of its more than 5,500 student athletes.

Counted among the many accomplishments of our institutions are NCAA Division II National Championships in women's basketball, field hockey, men's lacrosse, women's lacrosse, men's soccer, women's track & field, and men's and women's swimming & diving.

From the field of play to the class room, the Northeast-10 honored a number of student-athletes for their academic accomplishments. The conference honored close to 200 student-athletes throughout the year that excelled at a high level on the field and in the classroom as members of the academic all conference teams. Additionally, 2,917 student-athletes representing each of the sixteen schools earned a 3.0 GPA or higher and were named to the Commissioner's Honor Roll last year.

Today's Northeast-10 Conference remains focused on complementing the academic integrity and missions of the member institutions with a commitment to a broad-based championship program, as evidenced by the 23 sports the Conference offers in championship play, the most of any Division II conference.



DIRECTOR OF ATHLETICS PATRICIA NICOL

PATRICIA NICOL

Director of Athletics



The architect behind one of the top Division II athletic departments in the nation, Patricia Nicol is now in her ninth year as Director of Athletics and 14th overall as an athletic administrator at Southern Connecticut State University. A 2010 nominee for the Division II Athletic Director of the Year award and a 2011 selection to the National Register's

'Who's Who Among Business and Professional Achievers', she leads a department that is comprised of nearly 80 coaches, administrators and staff members.

Since her appointment in April, 2005, the Owls have excelled on the playing fields, in the classroom and in the community, maintaining a status for those around the nation to emulate.

Over the course of the past nine years, SCSU has won one team NCAA Division II championship (women's basketball in 2007) and eight individual NCAA Division II championships. Southern Connecticut's teams have made 77 NCAA Championships appearances and produced a total of 179 All-Americans during her tenure.

As a department, the Owls have ranked among the top-20 percent among all institutions in each of the past six years in the Learfield Sports Division II Directors' Cup, including four top-15 percent finishes and two top-10 percent finishes over that same stretch.

However, success has stretched far beyond the realm of athletic competition. The department has had nearly 1,200 selections to the Northeast-10 Commissioners Honor Roll over the past five years. Under Nicol's guidance, the department initiated its inaugural National Student-Athlete Day celebration in April, 2009 and has recognized more than 500 student-athletes since the event's inception.

In addition, the overall graduation rate of SCSU student-athletes continues to exceed that of the general student population.

Southern Connecticut's student-athletes, coaches and staff also continue to impact the campus and local communities under the guidance of Nicol. The creation of the Community Service Cup in 2008-09 enhanced the volunteer efforts all of athletic department representatives. Southern Connecticut student-athletes have volunteered more than 11,000 hours of their team to numerous outreach efforts over the last five years.

Success in all facets remained at the forefront during the 2011-12 academic year. The Owls posted a runner-up finish

for the Northeast-10 Conference Presidents' Cup – the highest mark since joining the league and third top-three finish in the last four years. In addition, the department finished No. 48 in the Learfield Sports Directors Cup, once again ranking in the top-20 percent of all Division II programs.

Seven programs were represented in NCAA Championships action, including a third-place finish – highest in program history – by the men's indoor track and field team and a run by the softball team to the College World Series. The women's basketball team also reached the second round of the NCAA Tournament.

Five programs won Northeast-10 Conference Championships during the year – men's indoor and outdoor track and field, men's and women's swimming and diving and softball (regular season).

On the individual front, the Owls produced three NCAA National Champions and two NCAA runner-up performances. A total of 20 student-athletes representing six different programs were named All-Americans.

The Owls also thrived in the classroom and in the community in 2011-12. SCSU student-athletes, coaches and staff members volunteered more than 3,000 hours of their time for numerous community service initiatives, including campus events such as Jail N Bail, Friends of Rudolph and The Big Event, as well as off-campus projects with numerous organizations.

Nicol also oversaw the continued facility improvements at Moore Field House and Pelz Gymnasium, and spearheaded the creation of a 'Fan Zone' store for SCSU athletics apparel and merchandise in the Michael J. Adanti Student Center.

The academic achievements of the Owls in 2011-12 continue to highlight the outstanding work through the combined efforts between student-athletes, coaches and administrators. SCSU student-athletes soared to new heights, as evidenced by nearly 325 selections to the Northeast-10 Conference Commissioner's Honor Roll and 36 Northeast-10 Conference All-Academic Team honorees. The department also had seven Academic All-Americans, 14 Academic All-District selections and one Northeast-10 Conference Scholar-Athlete Sport Excellence Award winner.

The department enjoyed one of the finest years in school history in 2010-11, including NCAA Championship participation from 10 programs for the second straight year. SCSU also finished No. 25 in the Learfield Sports Directors Cup, best among Northeast-10 Conference schools and the highest finish in school history. In addition, SCSU finished third out of 15 member institutions in the annual Northeast-10 Conference Presidents' Cup.

DIRECTOR OF ATHLETICS PATRICIA NICOL

The baseball team reached the College World Series and advanced to the national semifinals for the first time in school history, while the men's outdoor track and field program finished ninth at the NCAA Championships and won its first-ever New England Championship. The men's soccer team reached the NCAA second round, while the softball squad made it to the NCAA regional finals.

Eight programs won Northeast-10 Conference Championships during the year – men's indoor and outdoor track and field, men's and women's swimming and diving, women's indoor and outdoor track and field, baseball (regular season) and softball (tournament).

On the individual front, the Owls produced one NCAA National Champion and three NCAA runner-up performances. In addition, a total of 24 student-athletes representing eight different programs were named All-Americans.

SCSU student-athletes, coaches and staff members also volunteered more than 3,000 hours of their time for community service in 2010-11. Academically, the department had more than 350 selections to the Northeast-10 Conference Commissioner's Honor Roll and 30 Northeast-10 Conference All-Academic Team honorees – both the highest totals in school history. A pair of senior student-athletes – Logan Lentz and Jennifer Peterson – were also awarded the prestigious Henry Barnhard Award, given to just four students at SCSU and only a dozen across the entire CSU system annually.

Nicol also spearheaded facility improvements to both Moore Field House and Jess Dow Field, including a complete replacement of the artificial surface, during the 2010-11 academic year. She also oversaw the creation of an individual Community Service accolade awarded to one exceptional student-athlete each academic year.

The 2009-10 academic year featured NCAA Championship participation from 10 programs, highlighted by appearances from the men's soccer, baseball and softball teams. Seven programs won Northeast-10 Conference Championships during the year – football, men's indoor and outdoor track and field, women's swimming and diving, women's outdoor track and field, baseball (regular season) and softball (tournament). On the individual front, 22 student-athletes were named All-Americans.

The Owls continued to excel in the classroom and in the community as well in 2009-10. SCSU student-athletes, coaches and staff members volunteered more than 2,500 hours of their time for numerous community service initiatives.

Furthermore, the Owls had 300 selections to the Northeast-10 Conference Commissioner's Honor Roll. From the conference level, 18 student-athletes were also named to the Northeast-10 Conference All-Academic Team,

while three student-athletes were selected as winners of the league's inaugural Scholar-Athlete Sport Excellence Award. The department also had six Academic All-District selections, while senior gymnast Sarah Darst was named a First-Team Academic All-American.

The 2008-09 academic year featured 11 programs participating in NCAA post-season action, including appearances by the football, field hockey and softball teams. SCSU finished third out of 15 member institutions in the annual Northeast-10 Conference Presidents' Cup, matching the highest department finish since joining the league. In addition, the Owls also won four Northeast-10 Conference championships and 18 student-athletes earned All-America honors during the year.

In addition, Nicol has been instrumental in lending support and oversight to several key department projects.

The first phase of facility upgrades to Moore Field House was completed in late 2008. Improvements in phase one included several lobby upgrades – including new displays of the history of SCSU athletics, its 10 team National Championships, a new Athletic Hall of Fame display, as well as additional signage – as well as new team locker rooms and a new state-of-the-art Athletic Training room. The main gymnasium in Moore Field House now also houses banners for all athletic programs recognizing Northeast-10 Conference and NCAA Tournament success.

Additional initiatives spearheaded by Nicol include the launch of the Athletic Department Study Table and Tutorial programs, relaunch of the Faculty Athletic Advisory Board, creation of the annual Senior Athletic Awards banquet and implementation of the department's new website, www.southernctowls.com.

The Owls have also enjoyed an increased external affairs presence in the areas of marketing, promotions and corporate sponsorships with Nicol leading the department.

Nicol had been Southern's interim director since August, 2004, after serving as interim co-director since June, 2003. She is the fourth director of athletics in Southern history and the first female to be appointed to that position.

Prior to her interim appointment, Nicol served as associate director of athletics with the Owls' administration following three years as assistant director of athletics at the University of Maryland. Prior to that, Nicol spent six years as associate director of athletics at Providence College.

Nicol earned bachelor's (1980) and master's (1983) degrees from the University of Rhode Island, where she was an NCAA qualifier in track and field. Inducted into the URI Athletic Hall of Fame in 1990, she also served as head cross country/track coach at West Virginia University in 1983-84.

Nicol, a resident of Wallingford, Conn., has two children, Christine and Michael.

ATHLETIC ADMINISTRATION

BOE PEARMAN

Associate Director of Athletics/
Senior Woman Administrator



Now in her eighth year as associate director of athletics and senior woman administrator at Southern Connecticut State University, Belinda "Boe" Pearman possesses a background of more than 20 years in collegiate athletics as a student-athlete, coach and administrator, in addition to experience in professional sports

and the private sector.

Pearman is responsible for the department's compliance with NCAA and conference rules and regulations, encompassing more than 500 student-athletes and 60 coaches. She also coordinates all rules education programs for coaches and staff, as well as initial and continuing eligibility for all student-athletes.

She also serves as the sport administrator for the men's and women's basketball, men's and women's swimming and diving and gymnastics programs. In this role, she supervises all aspects of the daily operations of the five squads.

She also serves as the department liaison with campus constituents including the Offices of Admissions, Financial Aid, Residence Life, the Registrar, Bursar and Institutional Advancement.

During her time at SCSU, Pearman has developed and implemented several new policies and procedures, including the Athletic Department Study Table and Tutorial programs. Academic success for Owls' student-athletes continues to soar to an all-time high thanks to these initiatives. The department has had nearly 1,200 selections Northeast-10 Commissioners Honor Roll over the course of the past five years. In addition, more than 100 student-athletes were recognized at the conference level or higher for academic excellence within a specific sport in each of the past five years.

Pearman also serves as a member of the Student Athlete Advisory Board and serves on the planning committee for the Annual Owl Golf Classic. She has also served on the University's Drug and Alcohol Task Force Committee. On the internal front, Pearman has also chaired several committees at SCSU.

She has also been active on the conference and regional levels, having served as the department representative on the Northeast-10 Conference's Committee for Sports Administration. Pearman also completed a term on the NCAA Division II East Regional Women's Basketball Committee.

Also a respected member of the coaching community, Pearman was the head women's basketball coach at Rhode Island from 1999-2004 and guided the Rams to the Atlantic 10 Conference Championship game for only the second time in the history of the program. She also helped to reenergize the local community through extensive outreach and fundraising efforts and resulted in new benchmarks in annual giving and attendance.

In addition, Pearman's teams had three consecutive winning seasons for only the second time in URI history.

Equally as impressive was the fact that all players that completed their eligibility under Pearman graduated during her stint with the Rams.

Pearman took over at URI after serving as the associate head coach with the New England Blizzard of the American Basketball League. In this role, she provided leadership in the pioneering effort to organize and conduct the first professional basketball league for women.

She joined the Blizzard after a successful stint as an assistant coach at the University of Maryland (1985-97). During her time at Maryland as both a student-athlete and coach, the Terps won six ACC championships and appeared in 12 NCAA tournaments with three Elite Eight berths and two Final Four berths.

Numerous individuals who once played for Pearman have since moved on into the college coaching ranks at institutions in several notable Division I conferences, including the Atlantic Coast Conference, Big East Conference, West Coast Conference, Atlantic-10 Conference and Northeast Conference.

A four-year starter and Second Team All-Atlantic Coast Conference player at the University of Maryland from 1980-84, Pearman earned a bachelor's degree from UM.

Pearman, who also has amassed experience in the private sector as a community consultant, currently resides in Cheshire, Conn.

ATHLETIC ADMINISTRATION

MICHAEL KOBYLANSKI

Associate Director of Athletics/
Communications



Veteran athletic administrator Michael Kobylanski joined the Owls' staff in July, 2007 and is in his sixth year as Associate Director of Athletics/Communications.

He oversees all internal and external communications efforts for the SCSU Athletic Department and its 19 varsity sports, including media relations, publications, marketing, promotions, community

relations and corporate sponsorship. He also serves as the sport administrator for the Owls' baseball, field hockey and women's lacrosse programs, as well as the department's NCAACHAMPS/Life Skills Coordinator. In total, Kobylanski has amassed more than a decade's worth of experience within the field of collegiate athletic administration.

Kobylanski's first five years at SCSU have been highlighted by the formation of numerous key initiatives, including the relaunch of a renamed athletic department website - www.southernctowls.com, implementation of the Community Service Cup and National Student-Athlete Day event and the creation of comprehensive marketing and promotional schedules for all athletic programs.

In addition, Kobylanski has also played a pivotal role investigating and securing new corporate sponsors, implementing consistent brand imagery for external publications and promoting athletic department initiatives through an array of on- and off-campus measures.

He has also spearheaded new community outreach initiatives both on-campus and within Greater New Haven, including the creation of relationships with local groups such as the Boys and Girls Club and New Haven elementary schools.

Kobylanski also served as the search committee chair for the head men's basketball coach vacancy that resulted in the successful hire of Michael Donnelly.

Extremely active within the local community, Kobylanski is a member of the Knights of Columbus Council 9921 and a co-chair of the Greater New Haven Chamber of Commerce Sports Council Steering Committee. He is a past member of the New Haven YMCA Youth Center Board of Managers and a past co-chair of the March of Dimes' annual 'Elm City Legends' event.

Prior to joining the SCSU staff, he served as both Assistant Athletic Director and Sports Information Director during a six-year run at Quinnipiac University. In that role, Kobylanski was responsible for the publicity and media relations for 21 Division I programs and oversaw the daily operations of the Sports Information office.

A native of North Haven, Conn., Kobylanski graduated

TONY ACETO

Coordinator of Athletic Facilities



Tony Aceto, who is in his 17th year as Southern's coordinator of athletic facilities, is responsible for all facilities and event management for the athletic department.

Aceto oversees all operational aspects, including but not limited to: hosting of all University, NCAA, Northeast-10 and outside events, contracting and rental agreements,

game scheduling, oversight of supervisory personnel and facility maintenance.

Over the course of Aceto's tenure, SCSU has hosted NCAA Championship events in men's and women's gymnastics, along with NCAA Tournament competition in baseball, softball, men's soccer and football.

In addition, Aceto has directed or assisted with outside events such as the Connecticut Special Olympics, Relay for Life and both Connecticut Interscholastic Athletic Conference (CIAC) and Southern Connecticut Conference (SCC) high school championship events.

The former Hamden High football star was a standout for the Owls and served as a co-captain for Coach Jess Dow's team in 1962. He played from 1960-62, a stretch in which SCSU posted a 21-7 (.750) mark.

Previously, Aceto also served as interim co-director of athletics from June, 2002, through July, 2003.

Aceto holds both bachelor's and master's degrees from SCSU. He was a teacher and coach in North Haven before opening a successful construction company.

He resides in Hamden, Conn. with his wife, Rae. They have three sons and six grandchildren.

cum laude from the University of Massachusetts with a bachelor's degree in communications. He has also completed studies towards two advanced degrees. Kobylanski earned a master's degree in journalism from Quinnipiac University in 2005. He was awarded a second master's degree in management of sport industries from the University of New Haven in May 2008.

Kobylanski resides in Cheshire with his wife, Kristen, and their son, Christopher.

ATHLETIC ADMINISTRATION

JANE MARRONE

Assistant Director of Athletics/
Fiscal Affairs



Jane E. Marrone joined the Southern athletic administrative staff in 2004 as assistant director of athletics for fiscal affairs. She is in her ninth year in this capacity in 2011-12.

In this position, Marrone is responsible for oversight of the athletics business area, University and Foundation funds

administration, NCAA and EADA financial reporting and fiscal audit compliance.

She is also the electronic scoreboard display operator stationed in the Jess Dow Field Press Box during athletic events running message graphics and animations, most of which she designs and produces.

After growing up in North Branford, Conn., Marrone graduated cum laude with a bachelor's degree in business administration from the University of Connecticut, where she was elected to the national business honor society Beta Gamma Sigma.

She later earned a master's degree in business administration in which her culminating project was integrated marketing communications and included in-depth research on advertising, traditional and new media, web site design and a practical application for an area business.

Marrone worked for eight years in the University's Department of Financial Planning from 1996-2004 as the University Budget Analyst. Prior to that, from 1990-96, she worked in Student Affairs, where she had responsibilities for the Freshman Orientation program including schedule development, brochure and student materials. She also wrote, updated and edited various division publications that covered the broad spectrum of the Division's resources, services and activities.

Marrone has experience in the corporate world in private industry and with a public accounting firm, and additional higher education experience with Yale University.

Marrone currently resides in the Mount Carmel section of Hamden, Conn.

CHRIS LYNN

Assistant Director of Athletics/
Equipment



Chris Lynn is in his fifth year as Assistant Director of Athletics/Equipment Manager at Southern Connecticut State University. Lynn was appointed to his position in August, 2008.

Lynn has been involved with numerous facets of the daily operations of the SCSU athletic department over the course of the

past seven years. He earned his start as an undergraduate, where he served as an assistant in the equipment room.

He handles all equipment requests for the University's 19 intercollegiate programs, while also supervising all department student workers and assisting with game operations.

In 2004, Lynn was named Director of Football Operations for the Owls. In that role, he was responsible for team travel, meals, video, equipment, practice setup and also held administrative duties. During his three seasons with the team, the Owls qualified for the NCAA Division II playoffs on two occasions.

Lynn earned a bachelor's degree from SCSU in 2007 and then completed additional studies from the State of Connecticut Police Academy. While serving as a police officer in Orange, Conn., he still continued to serve as an assistant in the equipment room in a part-time capacity.

Lynn was promoted to the Interim Head Equipment Manager post in February, 2008.

Lynn, who is E.M.,C certified, resides in Monroe, Conn. with his wife, Kate and their son, Colton.

ATHLETIC ADMINISTRATION

JOE HINES

Assistant Coordinator of Athletic Facilities



Joe Hines returns for his 13th year as athletic facilities assistant at SCSU in 2012-13. Hines also oversees the Owls' Student Athletic Advisory Committee (SAAC).

In these roles, Hines assists Tony Aceto with facilities and event management. Previously, he has also served as the Co-Director

of the basketball venue for the 1995 Special Olympics World Games.

In his position with the SAAC, Hines has spearheaded efforts for numerous worthy causes, including the Make-A-Wish Foundation and St. Jude's Children's Hospital.

Hines started his affiliation with the Owls in 1985 while as a student-athlete on the men's basketball team. He played three years for SCSU (1985-88) and earned a bachelor's degree in corporate communications.

After graduation, he moved over to nearby Albertus Magnus College in New Haven and served as assistant men's basketball coach, assistant athletic facilities director and sports information director from 1989-91.

Hines returned to SCSU in 1991 and spent the next nine seasons as assistant men's basketball coach and athletic facilities assistant. As a coach, he led the Owls to one trip to the NCAA Elite Eight (1997), one Division II Northeast Region semifinal appearance (2000) and two ECAC Tournament berths (1991-92).

He stepped away from coaching in 2000 to serve in a full-time capacity in the area of athletic administration.

Hines previously served as director of intramurals, where he oversaw a broad-based program comprised of 10 leagues and nearly 1,000 participants. Just the third director of intramurals in SCSU history, he replaced the legendary Bob Dikranian.

Hines currently resides in Hamden, Conn.

CAROL NELSON

Head Athletic Trainer



Carol Nelson was named head athletic trainer at Southern Connecticut in August, 2004. She has earned two undergraduate degrees from Southern, one in elementary education in 1977 and another cum laude in exercise science/athletic training in 2000. She went on to earn a master's degree in kinesiology/athletic training from

Indiana University in 2001.

Nelson has been the athletic trainer for the Interstate Junior Hockey League; a graduate assistant at Indiana; an assistant athletic trainer at the University of Southern Maine; and for HealthSouth as head athletic trainer at Newington High.

DR. JIM MACGREGOR

Faculty Athletics Representative



Dr. Jim MacGregor serves as the Faculty Athletics Representative at Southern Connecticut State University and is an associate professor in the department of

recreation and leisure.

MacGregor has enjoyed a long relationship with the SCSU dating back to his days as an undergraduate. A widely respected and well-published member within the field of therapeutic recreation, MacGregor has been instrumental in both developing new courses and revising numerous others during his time as a professor at the university.

He holds bachelor's and master's degrees from SCSU and earned his doctorate in educational leadership from the University of Hartford.

ATHLETIC ADMINISTRATION



GARY MORIN
Athletic Training

Gary Morin, a professor of exercise science and the program director of the athletic training education program, is in his 23rd season as a member of Southern's training staff and was the Owls' head athletic trainer for 12 seasons. Prior to that, Morin also spent three years as the head athletic trainer at American International College and was also an athletic trainer at the University of Massachusetts.

Morin earned a bachelor's degree from Slippery Rock University, a master's degree in exercise science from the University of Massachusetts, and a Ph.D. in Sports, Leisure and Exercise Science from the University of Connecticut.



CHARLES DAVIS
Athletic Training

Charles Davis, an associate professor of exercise science, begins his 20th season with the Owls in 2012-13. Davis is a graduate of Bridgewater (Mass.) State with a master's degree in sports medicine/athletic training from the University of Virginia. Davis was the head athletic trainer and a faculty member at Bradley University and Colby-Sawyer College, as well as a clinical and high school athletic trainer.



ALLISON DALE
Athletic Training

Allison Dale is in her sixth year as an assistant athletic trainer at Southern Connecticut State University. A 2006 graduate of SCSU with a bachelor's degree in exercise science/athletic training, Dale went on to earn a master's degree in exercise science from East Stroudsburg University in 2007. Dale, a resident and native of Meriden, Conn., also previously served as a student assistant athletic trainer at both SCSU and Branford (Conn.) High School.



Southern Connecticut State University maintains an outstanding intercollegiate athletic program for men and women, recognizing the needs of students in individual and team sports. The Owls are members of the Northeast-10 Conference, the Eastern College Athletic Conference (ECAC) and the National Collegiate Athletic Association (NCAA) Division II. Southern's women's gymnastics program also participates in the USA Gymnastics collegiate championships.

Southern has had numerous individual NCAA champions in swimming, track and field and gymnastics and ranks among the top 10 of Division II colleges and universities for most individual championships. In addition, the Owls have won a NCAA Division II record six NCAA team titles in men's soccer, three in men's gymnastics and one in women's basketball.

Women's programs in cross country, field hockey, volleyball, soccer, swimming, gymnastics, basketball, track and field (indoor & outdoor), lacrosse and softball have produced many distinguished athletes and coaches. Southern has a rich tradition in women's basketball, having placed among the top four teams nationally four times. The Owls' Mary Anne O'Connor and Sue Rojcewicz were members of the 1976 U.S. Olympic women's basketball team, which won a silver medal at Montreal. The 2007 team won the Division II National Championship for the first time in program history while finishing the year 34-2 overall.

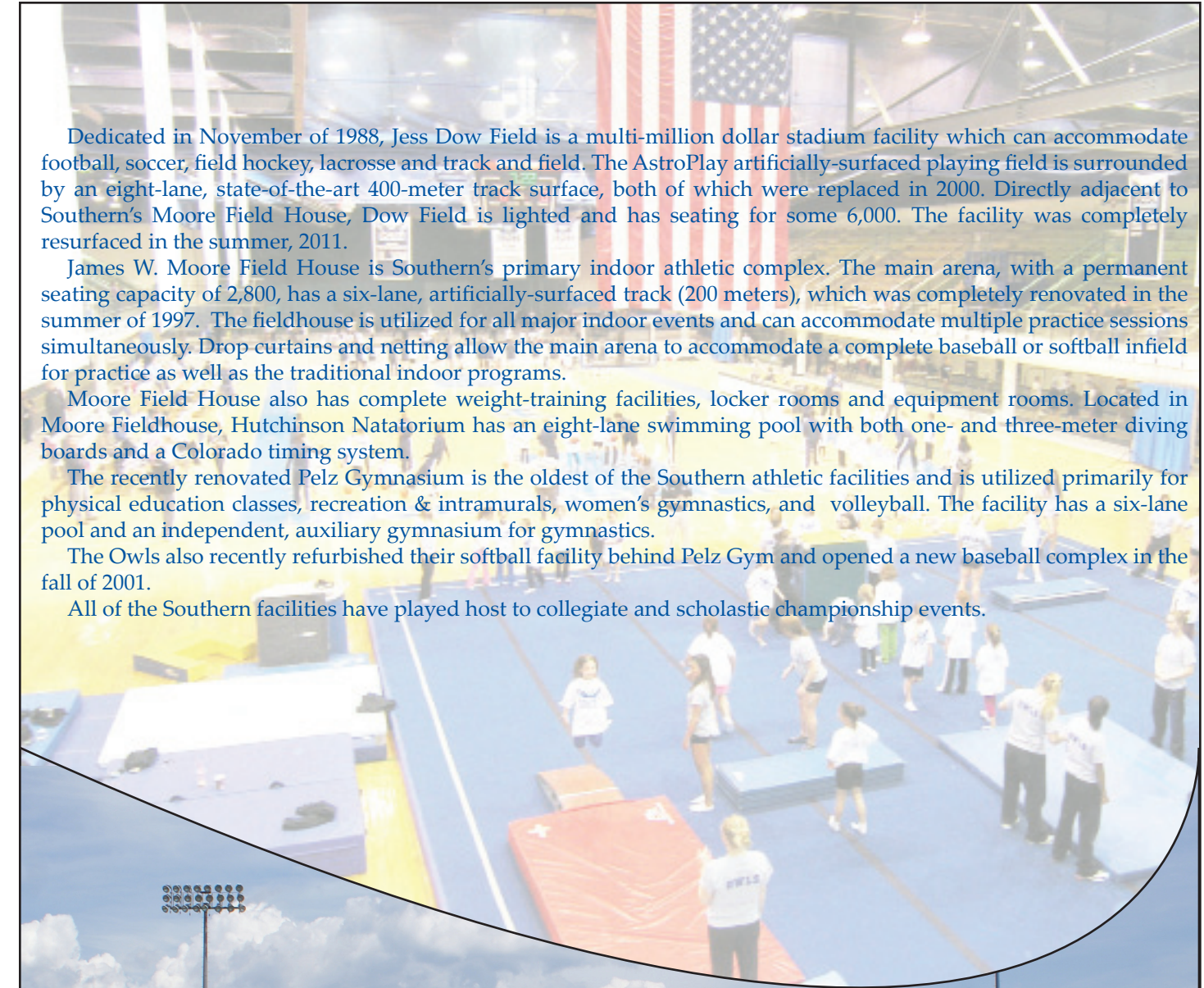
Men's programs include soccer, cross country, football, track and field (indoor & outdoor), swimming, basketball and baseball. The Owls' Ben Michaelson, a 10-time NCAA champion in swimming, won two gold medals and set two records in 2003 for the United States at the Pan American Games. Peter Kormann, who coached U.S. Olympic teams at Atlanta in 1996 and in Sydney in 2000, became the first U.S. gymnast in 44 years to win an Olympic medal when he captured a bronze medal in floor exercise at the 1976 Montreal Olympic Games. Owls' gymnastics coach emeritus Abie Grossfeld coached the U.S. Olympic team in 1972, 1984 and 1988, leading his team to a team gold medal in 1984.

Among Southern alumni in professional sports, Joe Andruzzi recently retired after a 10-year career with the New England Patriots, Green Bay Packers and Cleveland Browns of the National Football League. Andruzzi was a part of three Super Bowl winning clubs with the Patriots. Currently, Jacques Cesaire is a defensive lineman with the San Diego Chargers.

The Owls also have a strong presence in the National Football League coaching ranks. Kevin Gilbride currently serves as offensive coordinator for the Super Bowl champion New York Giants. He was also the head coach for the San Diego Chargers during a NFL coaching career that has spanned more than 20 years. Chris Palmer is the current offensive coordinator for the Tennessee Titans. He was the quarterbacks coach for the Giants during their Super Bowl XLII victory and has also been the head coach of the Cleveland Browns during a NFL coaching career of more than two decades. Tim Holt is in his first year as offensive line coach for the Chicago Bears after three years on the staff of the Tampa Bay Buccaneers.

Bo Oshoniyi, currently an assistant men's soccer coach at Penn State University, retired from Major League Soccer after suiting up with the Columbus Crew and Kansas City Wizards. Fellow men's soccer alum Brian Bliss played for three teams in MLS and also served as head coach of Kansas City. He is currently the Technical Director with Columbus. Two-time Major League Soccer All-Star Mike Petke retired from the MLS with the New York Red Bulls in 2010. Former Owl Juan Carlos Osorio is a past head coach of Red Bull New York.

The Owls have enjoyed a strong alumni presence in the college basketball coaching community. Joan Bonvicini is the head coach at Seattle University and has also served as head coach at the University of Arizona and Long Beach State University in a distinguished career with more than 600 victories. Cathy Inglese is the head coach at the University of Rhode Island after previous stops at Boston College and the University of Vermont. She has totaled more than 400 victories in her coaching career. Don Perrelli, a former SCSU men's basketball standout, won more than 400 games as a college women's basketball coach with stops at SCSU, St. John's and Northwestern University.



Dedicated in November of 1988, Jess Dow Field is a multi-million dollar stadium facility which can accommodate football, soccer, field hockey, lacrosse and track and field. The AstroPlay artificially-surfaced playing field is surrounded by an eight-lane, state-of-the-art 400-meter track surface, both of which were replaced in 2000. Directly adjacent to Southern's Moore Field House, Dow Field is lighted and has seating for some 6,000. The facility was completely resurfaced in the summer, 2011.

James W. Moore Field House is Southern's primary indoor athletic complex. The main arena, with a permanent seating capacity of 2,800, has a six-lane, artificially-surfaced track (200 meters), which was completely renovated in the summer of 1997. The fieldhouse is utilized for all major indoor events and can accommodate multiple practice sessions simultaneously. Drop curtains and netting allow the main arena to accommodate a complete baseball or softball infield for practice as well as the traditional indoor programs.

Moore Field House also has complete weight-training facilities, locker rooms and equipment rooms. Located in Moore Fieldhouse, Hutchinson Natatorium has an eight-lane swimming pool with both one- and three-meter diving boards and a Colorado timing system.

The recently renovated Pelz Gymnasium is the oldest of the Southern athletic facilities and is utilized primarily for physical education classes, recreation & intramurals, women's gymnastics, and volleyball. The facility has a six-lane pool and an independent, auxiliary gymnasium for gymnastics.

The Owls also recently refurbished their softball facility behind Pelz Gym and opened a new baseball complex in the fall of 2001.

All of the Southern facilities have played host to collegiate and scholastic championship events.

