



***SAINT MARTIN'S
UNIVERSITY***

2024-25

VISITOR'S GUIDE



Saint Martin's University

Saint Martin's University is a small private Catholic, Benedictine University in Lacey, Washington. A member of the NCAA Division II and the Great Northwest Athletic Conference (GNAC), Saint Martin's sponsors 15 varsity sports with over 240 student-athletes.

Our 380-acre campus means there's plenty of room for play! The Hall and Inge Marcus Pavilion seats 4,500 fans for our home basketball and volleyball matches, while the 36,000-square-foot Charneski Recreation Center features three multi-purpose courts, a multi-lane running track, 2 batting cages, and a 9,000-square-foot fitness center equipped with weights, cardio equipment, a multi-purpose classroom, and an aerobic-dance studio. New for 2017, 2 new Tennis courts have been added to the campus. The on-campus baseball and softball fields, the competition track and field facility and soccer field, and the miles of on-campus wooded trails provide a home for all of our athletes!

Contents

Staff Directory.....	1
Directions to Campus.....	4
SMU Athletic Facilities	5
Parking for Athletic Events.....	7
Marcus Pavilion Map	9
Ticket Information	10
Athletic Training Information..	11
Sports Information.....	13
Lodging in the Area	14
Food in the Area	15
SMU Campus Map	16



#SAINTSTRONG

Saint Martin's University Athletics

Staff Directory

Mailing Address

Saint Martin's University Athletics
 Attn: (person / department)
 5300 Pacific Ave. SE
 Lacey, WA 98503

Contact SMU Athletics

Phone: 360-438-4305
 Email: athletics@stmartin.edu

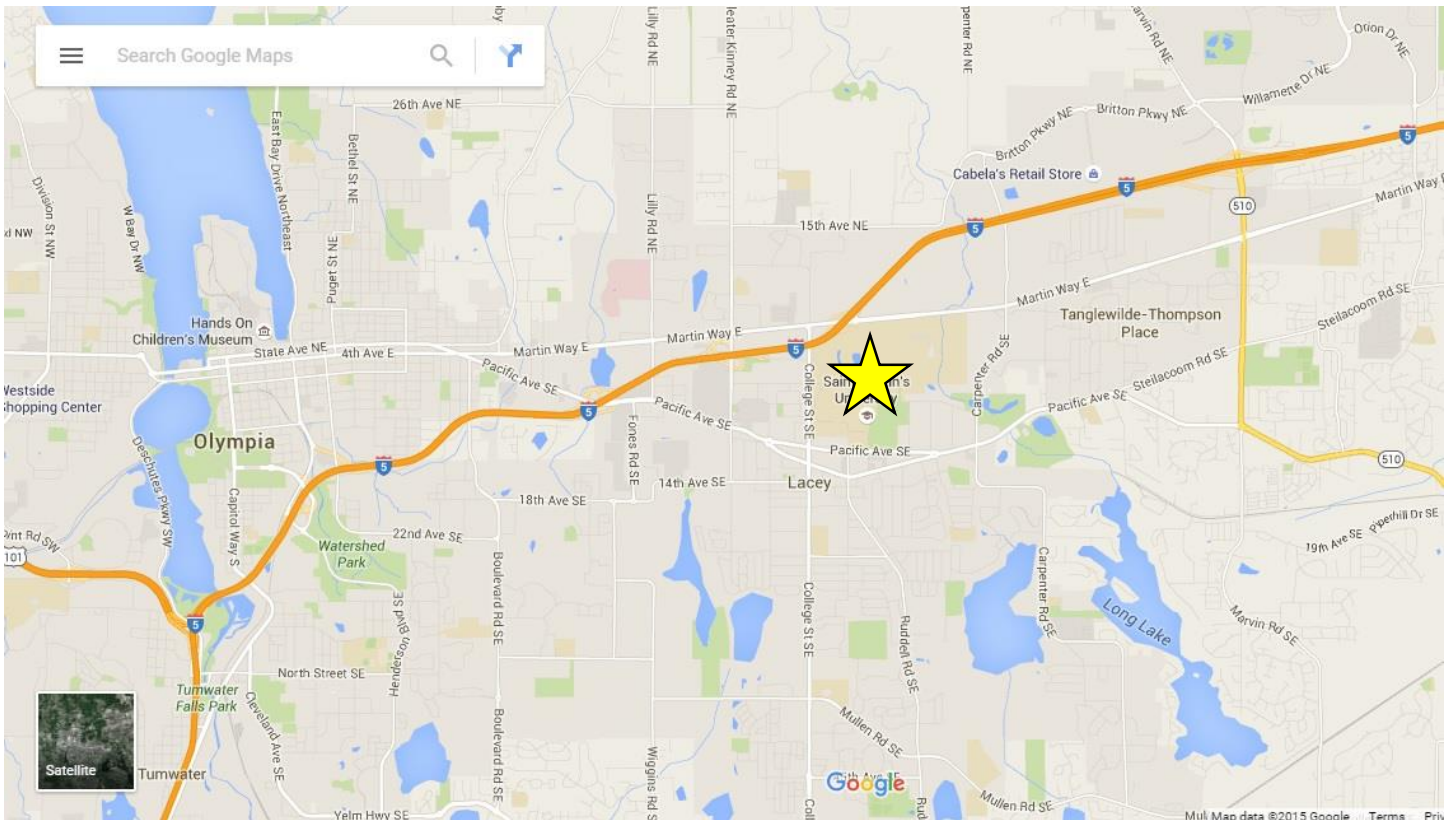
NAME	TITLE	EMAIL ADDRESS	PHONE
ADMINISTRATION			
<u>Theresa Hanson</u>	Interim Athletic Director	thanson@stmartin.edu	
<u>Chris Gregor</u>	Associate Athletic Director of Internal Operations & Compliance	cgregor@stmartin.edu	360-438-4510
<u>Isaac Thompkins, MS, ATC, LAT, CSCS</u>	Assistant Athletic Director of Sports Medicine & Wellness	ithompkins@stmartin.edu	360-688-2853
<u>Emily Tate</u>	Assistant Athletic Director of Administration & External Relations / Senior Women's Administrator	etate@stmartin.edu	360-438-4305
<u>Matthew Schwaerzler</u>	Assistant Athletic Director of Communications	mschwaerzler@stmartin.edu	360-438-4328
SPORTS INFORMATION			
<u>Matthew Schwaerzler</u>	Assistant Athletic Director of Communications	mschwaerzler@stmartin.edu	360-438-4328
<u>Keeli Jade Smith</u>	Sports Communications Graduate Assistant	keelijade.smith@stmartin.edu	
ATHLETIC TRAINING			
<u>Isaac Thompkins, MS, ATC, LAT, CSCS</u>	Assistant Athletic Director of Sports Medicine & Wellness	ithompkins@stmartin.edu	360-688-2853
<u>Dani Tang, MS, LAT, ATC</u>	Assistant Athletic Trainer	dtang@stmartin.edu	360-688-2854
<u>Dr. Dominic Femiano, MD</u>	Team Physician		
<u>Dr. Kaley Capitano, DO</u>	Team Physician		360-570-3460
<u>Dr. Frank Krause, DC</u>	Team Chiropractor		360-570-9580
RECREATION			
<u>Taylor Boster</u>	Director of Charneski Recreation Center / Assistant Baseball Coach	tboster@stmartin.edu	360-688-2892
BASEBALL			

NAME	TITLE	EMAIL ADDRESS	PHONE
Joey Swanson	Interim Head Baseball Coach	jswanson@stmartin.edu	360-791-6308
Tyler Raskin	Assistant Baseball Coach	tyler.raskin@stmartin.edu	
Taylor Boster	Director of Charneski Recreation Center / Assistant Baseball Coach	tboster@stmartin.edu	360-688-2892
MEN'S BASKETBALL			
Aaron Landon	Head Men's Basketball Coach	alandon@stmartin.edu	360-438-4551
Tyler Velasquez	Associate Head Men's Basketball Coach	tvelasquez@stmartin.edu	
Wesley Reynolds	Assistant Men's Basketball Coach		
Branden Bunn	Assistant Men's Basketball Coach		
Hunter Sipe	Assistant Men's Basketball Coach		
WOMEN'S BASKETBALL			
Natalie Marlowe	Head Women's Basketball Coach	nmarlowe@stmartin.edu	360-688-2858
Jayde Christopher	Assistant Women's Basketball Coach	jchristopher@stmartin.edu	
Chris Henry	Women's Basketball Strength & Performance Coach		
Jamari Foster	Women's Basketball Student Assistant		
Brea Martinez	Women's Basketball Student Assistant		
Isabella Brady	Women's Basketball Student Assistant		
CROSS COUNTRY			
Gabriel Trimbur	Head Cross Country Coach / Assistant Track & Field Coach	gtrimbur@stmartin.edu	360-486-8853
MEN'S GOLF			
Anne Bahr	Head Golf Coach	abahr@stmartin.edu	360-438-4523
Tony Robydek	Assistant Golf Coach		
Taylor Dodson	Assistant Golf Coach		
MEN'S SOCCER			
Rob Walker	Head Men's Soccer Coach	rwalker@stmartin.edu	360-438-4372
Iovani Rodriguez Perez	Assistant Men's Soccer Coach	iovanirp@gmail.com	
Niel Boyal	Volunteer Men's Soccer Coach		
WOMEN'S SOCCER			
Derek Faulkner	Head Women's Soccer Coach	dfaulkner@stmartin.edu	360-688-2856
Alex Pagonis	Assistant Women's Soccer Coach	alexander.pagonis@stmartin.edu	
Lisa Ryan	Volunteer Women's Soccer Coach		
Stephen Searles	Volunteer Women's Soccer Coach		
SOFTBALL			

NAME	TITLE	EMAIL ADDRESS	PHONE
<u>Jim Peterson</u>	Head Softball Coach	<u>jpeterson@stmartin.edu</u>	<u>360-438-4296</u>
<u>Mark Liljenberg</u>	Assistant Softball Coach	<u>mliljenberg@stmartin.edu</u>	
<u>Scott Harris</u>	Volunteer Softball Coach		
<u>Kevin Kinzner</u>	Volunteer Softball Coach		
<u>Levi Tate</u>	Volunteer Softball Coach		
<u>Ken Olson</u>	Volunteer Softball Coach		
TRACK & FIELD			
<u>John Schultz</u>	Head Track & Field Coach	<u>jschultz@stmartin.edu</u>	
<u>Gabriel Trimbur</u>	Head Cross Country Coach / Assistant Track & Field Coach	<u>gtrimbur@stmartin.edu</u>	<u>360-486-8853</u>
<u>Brianna Cabrer</u>	Assistant Track & Field Coach	<u>brianna.cabrera@stmartin.edu</u>	
<u>Steve Schultz</u>	Assistant Track & Field Coach	<u>stephen.schultz@stmartin.edu</u>	
<u>Dwight Midles</u>	Assistant Track & Field Coach		
<u>Larry Weber</u>	Volunteer Track & Field Coach		
VOLLEYBALL			
<u>Tracie Lindeblom</u>	Interim Head Volleyball Coach	<u>tracie.lindeblom@stmartin.edu</u>	<u>360-438-4535</u>
<u>Joshua Sablan</u>	Digital Media Specialist	<u>joshua.sablan@stmartin.edu</u>	
WOMEN'S GOLF			
<u>Anne Bahr</u>	Head Golf Coach	<u>abahr@stmartin.edu</u>	<u>360-438-4523</u>
<u>Tony Robydek</u>	Assistant Golf Coach		
<u>Taylor Dodson</u>	Assistant Golf Coach		

SAINT MARTIN'S UNIVERSITY DIRECTIONS TO CAMPUS

Saint Martin's University is located roughly one hour from Seattle and about two hours from Portland. The campus is conveniently located just minutes off of I-5 from either direction.



Northbound I-5 travelers:

- Take exit 108 from I-5 North, follow the College St. exit signs (last of 3 exits on 108)
- at the stop light, turn right onto College St.
- proceed into the left lane and at the stop light take a left onto 6th Ave.
- 6th Ave. becomes Abbey Way SE
- take your first right, Baran Dr. and follow it through campus

Southbound I-5 travelers:

- Take exit 109 from I-5 South (Martin Way exit)
- at the stop light, turn right onto Martin Way SE
- proceed into one of the two left lanes and turn left at the stop light onto College St.
- at the 2nd stop light take a left onto 6th Ave.
- 6th Ave. becomes Abbey Way SE
- take your first right, Baran Dr. and follow it through campus

SAINT MARTIN'S ATHLETIC FACILITIES

HAL AND INGE MARCUS PAVILION AND TWINSTAR COURT

Located on campus (see Building 9 on campus map), this facility seats 4,500 fans and is home to the Men's and Women's Basketball teams, the Women's Volleyball team, and contains the majority of the athletic staff offices.



SAINT MARTIN'S TRACK AND FIELD AND SOCCER COMPLEX

Located on campus this facility is home to the Saint Martin's Track and Field Program as well as housing the on campus Men's and Women's Soccer competitions.



SAINT MARTIN'S BASEBALL FIELD

Located on campus this facility is home to the Saint Martin's Baseball team for practices and all home games.



SAINT MARTIN'S SOFTBALL FIELD

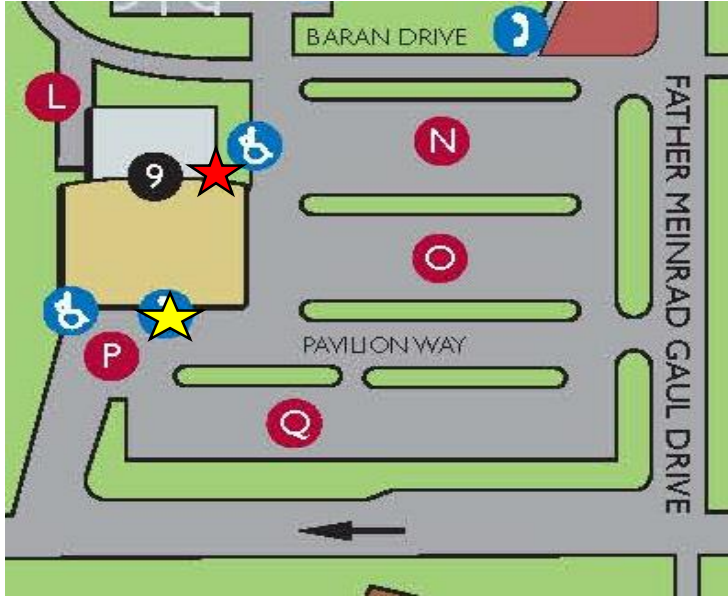
Located on campus this facility is home to the Saint Martin's Softball team for practices and all home games.



SAINT MARTIN'S AHTLETIC PARKING INFORMATION

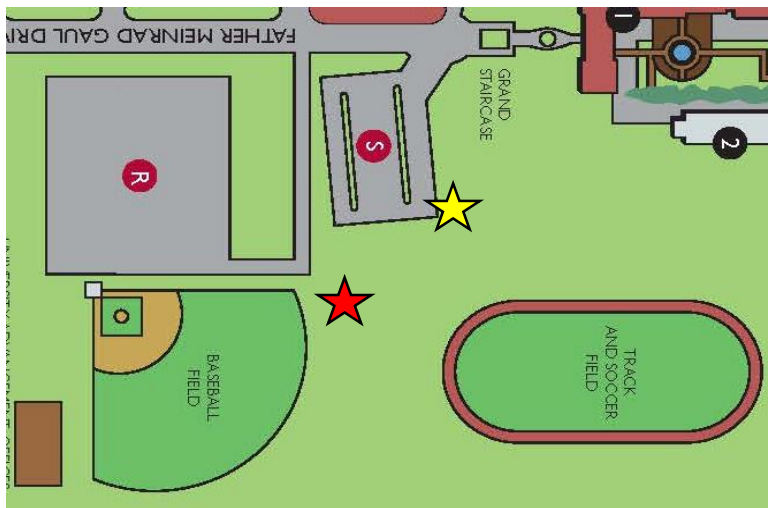
MEN'S AND WOMEN'S BASKETBALL AND VOLLEYBALL EVENTS

Visitors for these events are encouraged to park in the N, O, or Q lots surrounding the Hal and Inge Marcus Pavilion, as indicated in the campus map below. Handicap parking is available on a first come first serve basis in both the N and the P lots. The main entrance to the facility is located on the South end of the building facing Pacific Ave. near the Yellow star, while visiting teams may also enter from the side entrance indicated by the red star.



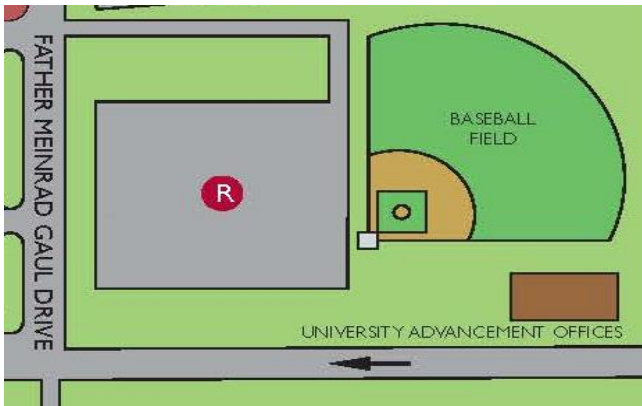
SAINT MARTIN'S TRACK AND FIELD AND SOCCER COMPLEX

Visitor parking for all home Men's and Women's Soccer contests and any home Track and Field meets is located in the S and the R lots listed below. Fan entrance into this facility is located off of the S lot near the Yellow Star while visiting teams may also enter from the gate at the Red star.



SAINT MARTIN'S BASEBALL FIELD

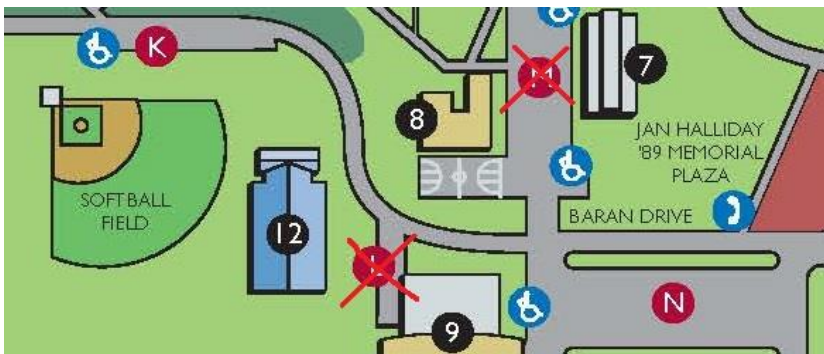
Visitor parking for all home Saint Martin's Baseball games can be located in the R lot shown below, directly off of Pacific Ave (the road with the arrow).



Please note parking near the baseball field is done at your own risk due to the possibility of foul balls entering the area.

SAINT MARTIN'S SOFTBALL FIELD

Visitor parking for all home Saint Martin's Softball games can be located in the K and N lots shown below, directly off of Baran Drive. Handicap parking is available in Lots N and K.



Please note parking near the softball field is done at your own risk due to the possibility of foul balls entering the area.

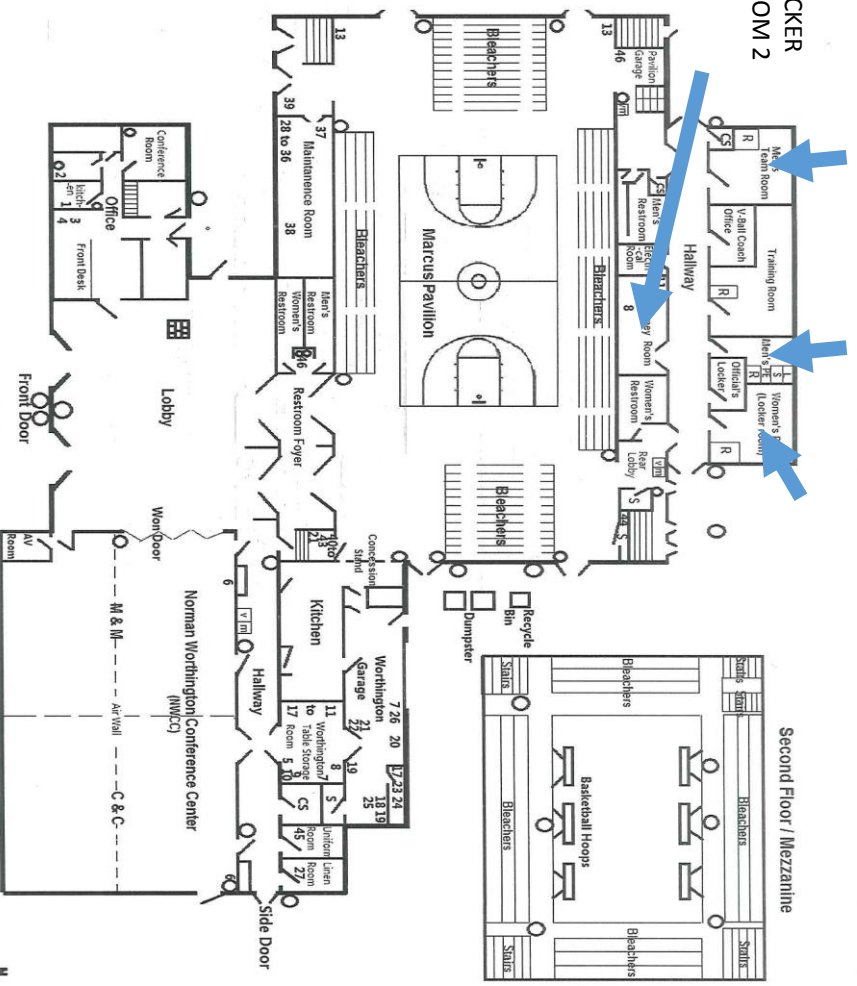
BUS AND OTHER LARGE VEHICLE PARKING

Parking for any visiting team Buses, Shuttles, or other large vehicles is available in the R lot located near the baseball field off of Father Meinrad Gaul Drive, as pictured below.



LOCKER ROOM 1 LOCKER ROOM 4 LOCKER ROOM 3

LOCKER ROOM 2



Pacific Ave

SAINT MARTIN'S AHTLETICS TICKET INFORMATION

Basketball (M/W) Fees	
Reserved Seating (any age)	\$15.00
Adults	\$10.00
Seniors/Military/Non-SMU Students w/ID	\$8.00
Students (8-17)	\$8.00
Children (under 8)	FREE
Volleyball/Soccer (M/W) Fees	
Adults	\$7.00
Seniors/Military/Non-SMU Students w/ID	\$5.00
SMU Students (with school ID)	Free
Children (11 and under)	Free

Season ticket packages can be purchased through the Athletic Department website at or by emailing Emily Tate at etate@smartin.edu.

Season Tickets for Basketball

Reserved - \$325 (theatre seating with assigned seats for each game in the middle section and access to all Warming up with the Saints Pre-Game Tailgates!)

General Admissions - \$200





August 1, 2024

Dear Visiting Athletic Trainer,

Saint Martin's University would like to welcome you to our campus for your upcoming competition with us. If there is anything we can do to assist you or your team on your visit, please let us know and we will try our best to accommodate you.

The Athletic Training Room is located in the north side of Marcus Pavilion. The Athletic Training Room includes the following for your athlete's needs: treatment tables, hydrocollator, electrical stimulation and ultrasound units, a whirlpool, a taping area and ice. The facility will be available for taping and treatments 2 hours prior to an event and up to 1 hour following the competition. A Certified Athletic Trainer will be in attendance at all events.

If an ATC will not be traveling with the team, please notify us in advance so that we may better accommodate your team. Please provide a kit stocked with whatever your team will need, as well as any other necessary supplies. Modalities are available for use with written notification from an ATC or team physician. Without appropriate documentation (parameters, etc.), modalities will not be provided. Modalities will be provided based upon staff availability. Please send student-athlete insurance and contact information so that it will be available in the event of an emergency.

The following items will be provided on-site for your use on game day:

- Water, cups, ice
- Analgesics
- Crutches and splints
- Biohazard Kit
- AED

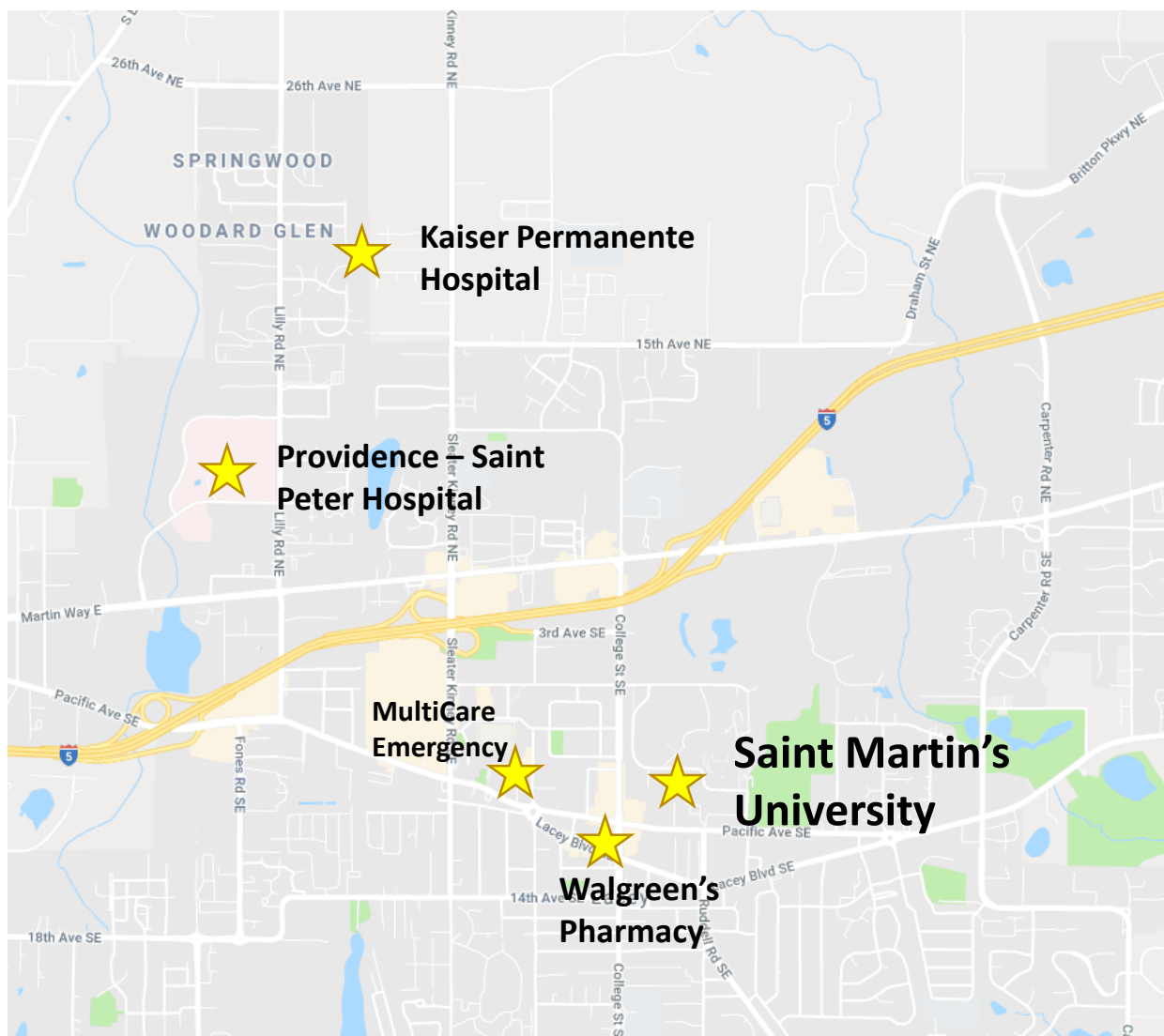
We hope this information is valuable in planning your trip to Saint Martin's University. If you have questions or need anything, please contact our Athletic Training department at (360) 438-4536. Please refer to our website smusaints.com for other useful information.

Best of luck!

Issac Thompkins, MS, ATC, LAT CSCS
Assistant Athletic Director of Sports Medicine and Wellness
Sport coverage: Men/Women Soccer, Men's Basketball, Softball, Track and Field, Men/Women's Golf
Office: 360-688-2853
Email: ithompkins@stmartin.edu

Dani Tang, MS, LAT, ATC
Assistant Athletic Trainer
Sport coverage: Volleyball, Women's Basketball, Baseball
Office: 360-688-2854
Email: dtang@stmartin.edu

Hospitals, Urgent Care, and Pharmacy Locations



LOCAL HOSPITALS

Providence Saint Peter Hospital
413 Lilly Rd NE
Olympia WA 98506
(888) 492-9480

Kaiser Permanente Medical Center
700 Lilly Rd NE
Olympia WA 98506
(360) 923-7000

LOCAL URGENT CARE

MultiCare Capital Medical Center Emergency Lacey
4312 Pacific Ave SE
Lacey WA 98503
564-669-5200
Open 24 Hours

LOCAL PHARMACY

Walgreen's Pharmacy
4540 Lacey Blvd SE
Lacey WA 98503
(360) 438-2353
Mon-Fri 9-7:00pm, Sat/sun 10-6:00pm

Saint Martin's Sports Information

The Saint Martin's University Sports Information Office is available to assist you with coverage of all 15 Saints athletic teams. Sports Information Director Austin Byrnes will be happy to serve you during the athletic season. The Sports Information Office is located inside the Worthington Center. Enter the main office on your left when you come in the front door of the building and then head up the stairs.

To assist you during the season, please take time to read the media information found on this page. Briefly, interviews must be arranged through the SID Office at least one day (24 hours) in advance. All SMU practices are closed to the media without prior notification given to the SID. This rule will be strictly enforced.

Student-Athletes

All Saint Martin's student-athletes, including transfers, are required to fill out a Saint Martin's student-athlete questionnaire so that the SID Office can keep an accurate record of your time as a Saint. Click [HERE](#) to fill out the questionnaire.

MEDIA GUIDELINES

Media Credentials

Credentials for Saint Martin's University home athletic events, as well as sideline passes, will only be issued to working media outlets. If you wish to obtain credentials, please contact the SMU Sports Information Office at least three days prior to the event. Any person wishing to take photos must obtain credentials from the SID office.

Interview Policy

All SMU coaches and players are normally available for interviews following a 10-minute post-game cool down period, as per NCAA regulations. Please ask a member of the SID staff to arrange an interview. The SMU Department of Athletics does not hold weekly press conferences. All interviews with coaches and student-athletes must go through the SID office. Please give at least 24 hour notice for interview requests.

Great Northwest Athletic Conference

Statistics, league standings and other information for all 10 Great Northwest Athletic Conference teams and the league as a whole are available 24 hours a day, seven days a week exclusively on the world wide web at www.gnacsports.com

QUICK FACTS

Location: Lacey, Wash.

Enrollment: 1,120

Founded: 1895

Affiliation: NCAA Division II

Conference: Great Northwest Athletic Conference (GNAC)

Colors: Red & Black

Nickname: Saints

President: Dr. Bill Brownsberger

Faculty Athletic Representative: Dr. Stephen Parker

Interim Director of Athletics: Theresa Hanson

Assistant A.D./Compliance: Chris Gregor

Senior Woman Administrator: Emily Tate

Sports Information Director

Name: Matt Schwaerzler

Office: 360-438-4328

Email: mschwaerzler@stmartin.edu

How to refer to SMU

We ask that you refer to our institution as Saint Martin's University on the first reference and as SMU or Saint Martin's on subsequent references. Please refrain from referring as St. Martin's.

Lacey/Olympia Area Lodging



DoubleTree by Hilton
415 Capitol Way N
Olympia WA 98501
360-570-0555



Holiday Inn Express
4460 3rd Ave SE
Lacey WA 98503
866-573-4235



Hampton Inn & Suites
4301 Martin Way E
Olympia WA 98516
360-459-5000



La Quinta Inn
4704 Park Center Ave NE
Lacey WA 98516
360-412-1200



Candlewood Suites
4440 3rd Ave SE
Lacey WA 98503
866-678-6350

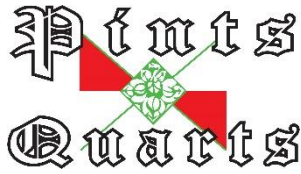


Ramada
4520 Martin Way E
Olympia WA 98516
866-538-0251



Comfort Inn
4700 Park Center Ave NE
Lacey WA 98516
866-925-8676

Lacey/Olympia Area Dining



Pints and Quarts
1230 College St SE
Lacey WA 98503
360-438-9183



Farrelli's Pizza
4870 Yelm Hwy SE
Lacey WA 98503
360-493-2090



O'Blarney's Pub & Restaurant
4411 Martin Way SE
Olympia WA 98516
360-459-8084



Fire Creek Ale House
5225 Yelm Hwy SE
Lacey WA 98503
360-491-5111



Jimmy John's
4530 Martin Way E
Olympia WA 98516
360-455-1111



Mayan Mexican Restaurant
4520 Pacific Ave SE
Lacey WA 98503
360-491-8244



Chipolte
5116 Yelm Hwy SE
Lacey WA 98503
Lacey WA 360-339-4611



Meconi's Italian Subs
5225 Lacey Blvd SE
Lacey WA 98503
360-459-0213



Brewery City Pizza
4353 Martin Way E
Olympia WA 98516
360-491-6630

SAINT MARTIN'S UNIVERSITY AND ABBEY
 5000 ABBEY WAY SE • LACEY, WASHINGTON • 98503 • WWW.STMARTIN.EDU



Campus Map

Legend

BUILDINGS

1. Old Main (Bookstore on 2nd floor)
2. Monastery
3. Abbey Church
4. Lynch Center (Abbey Guest House)
5. Zaverl Hall (Maintenance Building)
6. Harned Hall (Academic Building)
7. Engineering Annex
8. Trautman Student Union Building (TUB)
9. Hal and Inge Marcus Pavilion/
Norman Worthington Conference Center
10. Baran Hall (Residence)
11. Burton Hall (Residence)
12. Charneski Recreation Center
13. Kreihsheimer Hall (Arts Education)
14. O'Grady Library
15. Spangler Hall (Residence)
16. Parsons Hall (Residence)
22. 'NEW' Cebula Hall (Engineering)

PARKING

- C. University and Abbey visitor lot
- D. Lynch employee lot—permit required
- E. Lynch private guest lot
- F. O'Grady Library lot—handicapped parking only
- G. Reserved employee lot—permit required
- H. Parsons Hall (resident student lot) permit required
- I. Baran/Spangler Hall (resident student lot) permit required
- J. Burton Hall (resident student lot) permit required
- K. Softball (resident student/student lot) permit required
- M. Employee lot—permit required
- N. NE Pavilion lot—open parking
- O. SE Pavilion lot—open parking
- Q. South Pavilion lot—open parking
- R. Overflow lot
- S. Grand Staircase student lot—permit required