

<b>Nowak, Kam</b>		<b>50 Free</b>	<b>100 Free</b>	<b>200 Free</b>	<b>500 Free</b>	<b>1000 Free</b>	<b>1650 Free</b>	<b>100 Back</b>	<b>200 Back</b>	<b>100 Breast</b>	<b>200 Breast</b>	<b>100 Fly</b>	<b>200 Fly</b>	<b>200 IM</b>	<b>400 IM</b>
2025 A-10 Men's & Women's Championsh	Feb-19-25		53.38	1:57.06	5:17.07										
SLU vs Maryville 2025	Jan-25-25							1:07.17		1:13.99					
SLU @ UMSL 2025	Jan-24-25		51.08	1:51.28											
20th House of Champions Invitational	Nov-21-24		52.85	1:56.46	5:10.55										
SLU vs Bellarmine	Nov-02-24		55.80	2:01.07	5:26.10										
Little Rock vs Saint Louis vs Henderson St	Oct-26-24				5:12.81										
WashU vs Slu 2024	Oct-18-24				5:29.65	11:11.29									
SLU vs UMSL	Oct-04-24			2:00.49	5:23.98										
SLU Intrasquad White vs Blue 2024	Sep-21-24		56.70	2:03.96											

**Also competed in:**

**Butler Duals** – 200 free (2:02.11); 500 free (5:32.00)

**SLU vs. Omaha** – 1000 free (10:51.16); 500 free (5:20.55)