

# Lady Raider Basketball

2008-2009

Lauren Beckley



Elise Mercer

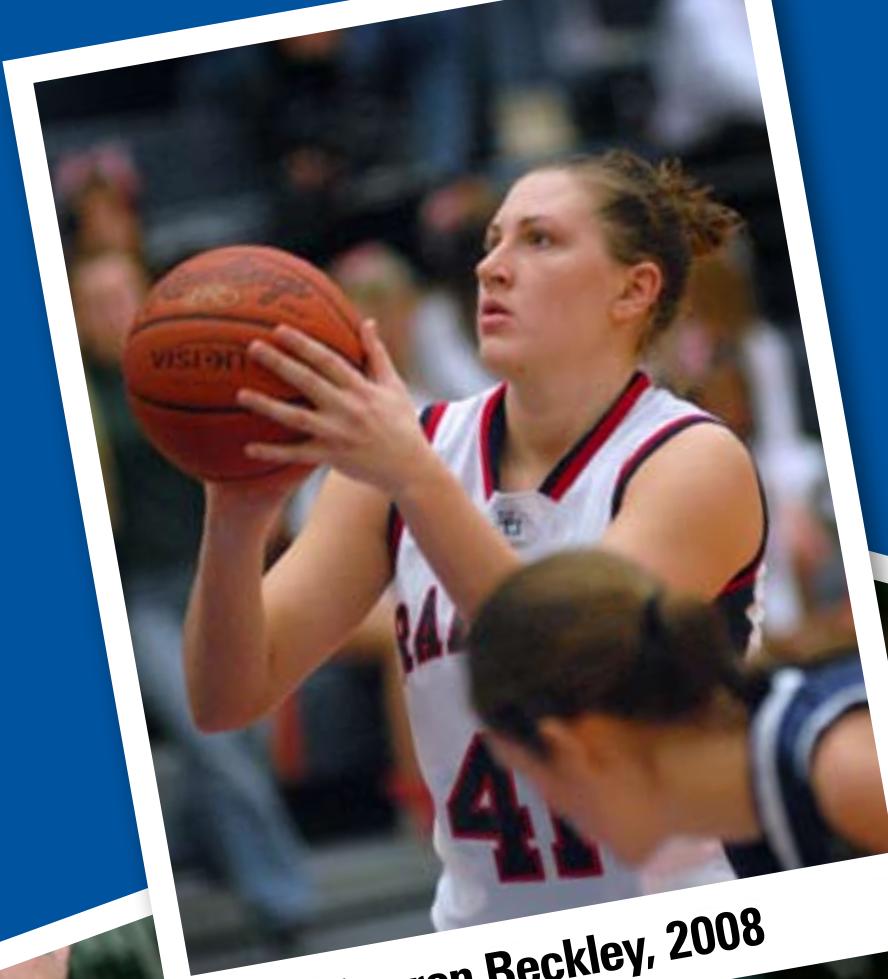


Head Coach Kristy Trn



SHIPPENSBURG  
UNIVERSITY

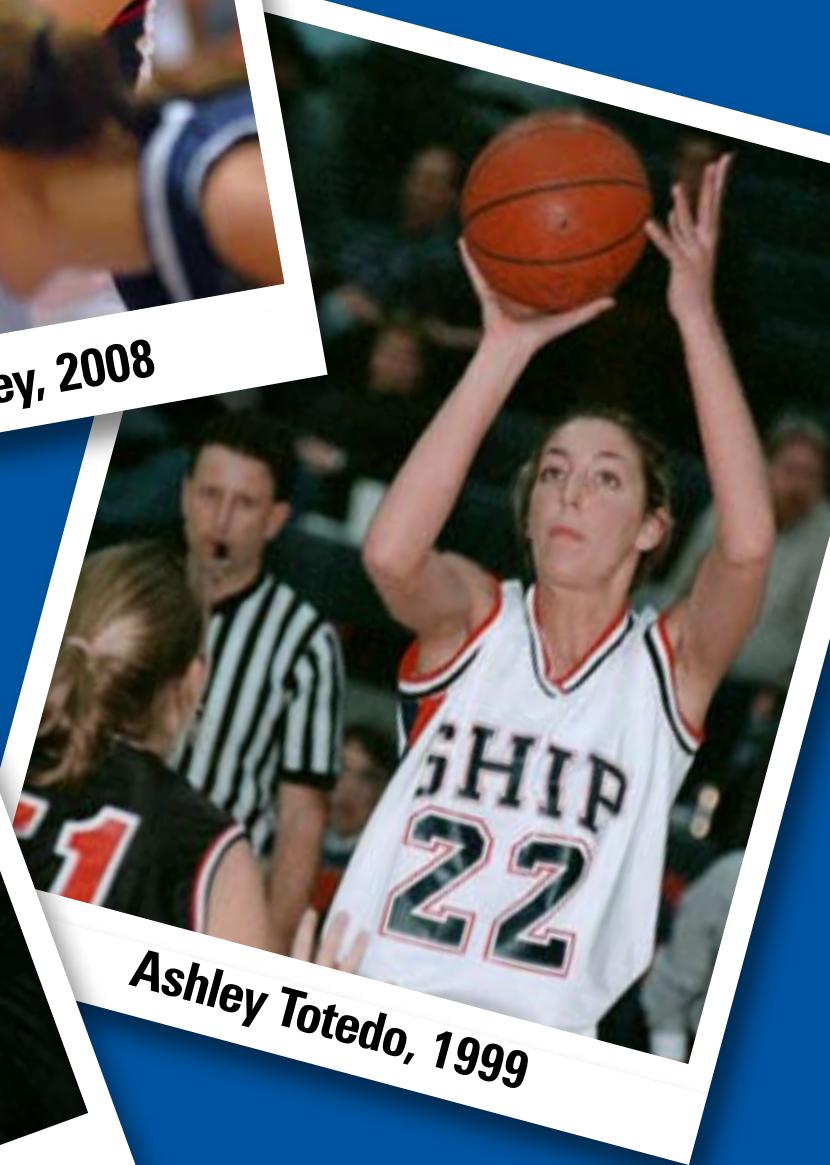
[WWW.SHIPRAIDERS.COM](http://WWW.SHIPRAIDERS.COM)



Lauren Beckley, 2008



Christa Cline, 2001



Ashley Totedo, 1999

## PSAC Western Division Players of the Year

*Shippensburg has had five players of the year since 1996, including three under head coach Kristy Trn.*

## Table of Contents

### General Information

|   |            |
|---|------------|
| About Shippensburg University .....                 | 4          |
| Academic Programs.....                              | 5          |
| Academics and Athletics .....                       | 6          |
| Academic Support Services for Student Athletes..... | 6          |
| Athletic Administration .....                       | 7          |
| Heiges Field House.....                             | 8          |
| <b>The Coaches</b>                                  |            |
| Head Coach .....                                    | 10-11      |
| Coaching Staff .....                                | 12         |
| <b>Season Outlook</b>                               |            |
| Rosters.....  | 14         |
| Season Outlook.....                                 | 15-16      |
| <b>Player Profiles</b>                              |            |
| Returning Players .....                             | 18-24      |
| Newcomers.....                                      | 25-28      |
| <b>Season Review (2007-2008)</b>                    |            |
| Season Review.....                                  | 30-31      |
| Season Statistics .....                             | 32         |
| <b>The PSAC</b>                                     |            |
| Awards and Results .....                            | 34         |
| Individual Statistics .....                         | 35         |
| Statistics .....                                    | 36-37      |
| All-Time History .....                              | 38         |
| <b>Opponents</b>                                    |            |
| Game by Game .....                                  | 40-42      |
| <b>History</b>                                      |            |
| Women's Basketball at Shippensburg.....             | 44-46      |
| Distinguished Alumnae.....                          | 47         |
| Team Capsules .....                                 | 48-51      |
| Lady Raiders in the NCAA Tournament .....           | 52         |
| Record Book.....                                    | 53         |
| Career Leaders .....                                | 54         |
| Single Season Leaders .....                         | 55         |
| Pacesetters .....                                   | 56-57      |
| Radio/Television Chart .....                        | 58         |
| JAM the GYM .....                                   | 59         |
| Schedule .....                                      | Back Cover |

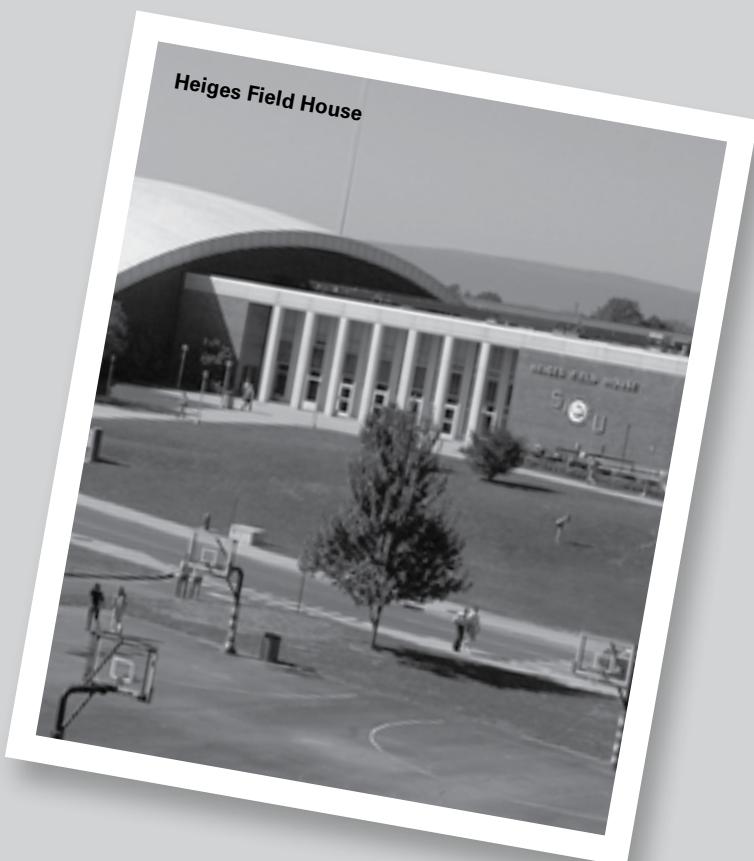
### Shippensburg Quick Facts

|                                     |  |
|-------------------------------------|--|
| <b>Official Name of University:</b> | Shippensburg University of Pennsylvania  |
| <b>Member:</b>                      | The Pennsylvania State System of Higher Education  |
| <b>Location and Zip Code:</b>       | Shippensburg, Pa. 17257  |
| <b>President:</b>                   | Dr. William N. Ruud  |
| <b>Undergraduate Enrollment:</b>    | 6,600  |
| <b>Overall Enrollment:</b>          | 7,600  |
| <b>Founded:</b>                     | 1871   |
| <b>Colors:</b>                      | Red and Blue   |
| <b>Nickname:</b>                    | Lady Raiders   |
| <b>Conference:</b>                  | Pennsylvania State Athletic  |
| <b>Other Affiliations:</b>          | NCAA Division II   |
| <b>Director of Athletics:</b>       | Dr. Roberta Page   |
| <b>Athletics Office:</b>            | (717) 477-1541   |
| <b>Head Coach:</b>                  | Kristy Trn (Shippensburg '93/94M)  |
| <b>Assistant Coaches:</b>           | Jen Scaffidi (Shippensburg '05)<br>Jack Schenzel (Shippensburg '95)<br>Megan Fogle   |
| <b>Head Coach's Office:</b>         | 717-477-1543   |
| <b>Head Coach's E-Mail:</b>         | kktrn@ship.edu   |
| <b>Home Court:</b>                  | Heiges Field House (2,768)   |
| <b>Sports Information Director:</b> | Bill Morgal  |
| Office Phone                        | 717-477-1201   |
| E-mail                              | wjmorgal@ship.edu  |
| Fax                                 | 740-477-1253   |
| Hotline                             | 717-477-7678   |
| Mailing Address                     | Sports Information Office<br>1871 Old Main Drive (OM 302)<br>Shippensburg, Pa. 17257<br><a href="http://www.shipraiders.com">www.shipraiders.com</a> |
| Web site                            |  |

Shippensburg University of Pennsylvania, in compliance with federal and state laws and university policy, is committed to human understanding and provides equal educational, employment, and economic opportunities for all persons without regard to race, color, sex, age, creed, national origin, religion, veteran status, or disability. Direct requests for disability accommodations and other inquiries to the Office of Disability Services, Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329.

**Photographic credits:** Photography by Bill Smith. Pages 2, 3, 4 by Chris Stutz of Golden Proportions Marketing. Inside front cover by Dan Putz

Press passes and all other media requests are to be directed to Bill Morgal, sports information director.



## About Shippensburg University

### General Information

- Founded in 1871 as the Cumberland Valley State Normal School
- Comprehensive regional public university
- Member of the Pennsylvania State System of Higher Education
- Located on 200 acres in southcentral Pennsylvania

### Enrollment

- 6,621 undergraduate students and 1,144 graduate students
- 53% women and 47% men
- 40% of our students live on campus
- 95% of our students are from Pennsylvania.

### Faculty

- Student-faculty ratio: 19:1 and each student has a faculty advisor
- 86% of the 301 full-time instructional faculty members hold a doctorate or other terminal degree in their field
- Our faculty's main focus is teaching. All classes are taught by faculty, not graduate assistants

### Accreditations

- AACSB International
- ABET (computer science)
- American Chemical Society
- Council for the Accreditation of Counseling and Related Educational Programs
- Council for Exceptional Children
- Council on Social Work Education
- International Association of Counseling Services
- National Council for the Accreditation of Coaching Education
- Middle States Association of Colleges and Schools
- National Council for the Accreditation of Teachers

### Academic Programs and Opportunities

- 75 majors and concentrations and 22 graduate programs
- 3 colleges: Arts and Sciences, Business, and Education and Human Services; plus an Office of Undeclared Students.
- Study abroad opportunities are available in dozens of countries. Find out more at [www.ship.edu/international](http://www.ship.edu/international)
- Internships, hands-on labs, graduate assistantships and more, SU helps you create opportunities for real-life experiences.
- Academic options include independent study and research internships, field experience, the Marine Science Consortium at Wallops Island, a

3+2 engineering program with two schools of engineering, 3+4 and 3+3 health science programs with professional schools, 2+2 allied health programs, and Army ROTC.

- Find a job or focus on a career with the help of Career Development Center and alumni career services.

### Facilities and Resources

- Ezra Lehman Memorial Library houses more than 2 million items and provides access to electronic resources which are accessible from your personal computer 24-7.
- Campus computer network has connections in every classroom, faculty office, and residence hall rooms (one for every student). Every student has an e-mail and a Web homepage account. Students can access their academic and scheduling records online. A wireless network is available in many buildings on campus.
- 21 microcomputer labs (3 general and 18 with major specific software). Two labs are open 24-7.

### Student Life

- The Student Services, Inc. administers a \$2.8 million budget and provides a highly diversified program of student activities.
- More than 200 student clubs, organizations, honor societies and activity groups.
- Cultural and lecture series brings nationally and inter-nationally known persons to campus.
- 9 student housing facilities; all but one are co-ed. Rooms are double occupancy and have two high-speed computer connections. Seavers Complex houses six students in each unit. Stone Ridge Commons offers apartment-style living for two, four, or six students.
- Student services: University Counseling Center, Career Development Center, Learning Center, Women's Center, Multicultural Student Development Center.
- Etter Health Center provides 24-hour access to medical services.

### Athletics

- Member of the Pennsylvania State Athletic Conference and NCAA Division II.
- Intercollegiate sports  
**Men:** baseball, basketball, cross-country, football, soccer, swimming, track and field, wrestling.  
**Women:** basketball, cross country, field hockey, lacrosse, soccer, softball, swimming, tennis, track/field, volleyball.



### Intramural sports:

Basketball, bowling, racquetball, soccer, softball, street hockey, tennis, Ultimate Frisbee, volleyball

**Sports facilities include:** outdoor tennis courts, indoor and outdoor track, two indoor swimming pools, squash and handball courts, a rehabilitation center, outdoor sand volleyball courts.

62,000-square-foot Student Recreation Building features an 8,000-square-foot fitness center, an elevated running track, racquetball courts, and four multi-purpose courts.

12-acre student recreation center includes: hockey rink; sand volleyball courts; basketball courts; fields for football, softball, lacrosse, and rugby; exercise trail for rollerblading, biking, and jogging.

80 percent of undergraduates receive some form of financial aid, including grants, academic or athletic scholarships, loans, and student employment.

### Admission to SU

- Prospective students must provide: a completed application form, a \$30 processing fee, official high school transcript\*, recommendations\*, and aptitude test results (SAT or ACT)\*. The new SAT essay score or writing sample will not be used in the admission decision, but will be used for English placement.

(\*These must be sent by the high school, the College Board, or ACT.)

- Transfer students must submit college transcripts.
- The Admissions Office operates on a rolling basis.
- The average applicant has a grade average of B or better and SAT score of 1070, for regularly admitted students.
- Successful applications display a student's leadership ability, special talents and interests and a high school record of college preparatory courses.
- 75% of applying students are admitted.

### Costs/Financial Aid

• Total estimated annual costs/in-state: \$12,245\* per year

• Total estimated annual costs/out-of-state students: \$19,868\* per year.

*\*Estimated annual costs include tuition, fees, room and board (2007-2008). Average cost for books and supplies: \$700.*

## Academic Programs

### Undergraduate Major Programs of Study

- Accounting
- Applied Physics
- Nanofabrication
- Art
- Computer Graphics
- Biology
- Biotechnology
- Ecology and Environment
- Medical Technology



### Chemistry

- Biochemistry
- Medical Technology

### Communication/Journalism

- Electronic Media
- Print Media
- Public Relations

### Computer Science

- Computer Graphics
- Embedded Programming
- Related Discipline
- Software Engineering
- Systems Programming

### Criminal Justice

### Earth Science

### Economics

- Business
- Mathematics
- Political Science
- Public Administration
- Social Science

### Elementary Education

### English

- Writing

### Exercise Science

### Finance

- Personal Financial Planning

### French

### Geoenvironmental Studies

### Geography

- Geographic Information Systems

### Human-Environment

- Land Use

### History

- Public History

### Human Communication Studies

### Information Technology for Business Education

### Interdisciplinary Arts

### Management

- Entrepreneurship & Corporate Entrepreneurship

### General

### Human Resource

### International

### Management Information Systems

### Marketing

### Mathematics

### Applied

### Computer Science

### Statistics

### Physics

### Political Science

### Psychology

### Public Administration

### Secondary Certification

### Art

### English

### French

### Spanish

### Secondary Education

### Biology

- Biology/Environmental Education

### Chemistry

### Information Technology for Business Education

### Mathematics

### Physics

### Sociology

### Social Studies

### Economics

### Geography

### History

### Political Science

### Social Work

### Spanish

### Supply Chain Management

### Logistics

### Pre-Forensic Science

Students interested in a pre-forensic science program may select any major. Typical curricula include Biology, Chemistry, and Criminal Justice.



### Pre-Law

Students interested in a pre-law program may select any major. Typical curricula include Political Science, Business, English, and History.

### Health Professions Concentration

- Pre-Chiropractic
- Pre-Dentistry
- Pre-Medicine
- Pre-Optometry
- Pre-Pharmacy
- Pre-Physical Therapy
- Pre-Podiatry
- Pre-Veterinary Medicine

### Allied Health Science

Shippensburg University is affiliated with Thomas Jefferson University Jefferson College of Health Professions. These are 2+2 transfer programs unless otherwise indicated. Respective fields of study are:

- Bioscience Technology
- Nursing
- Occupational Therapy (2+3)
- P.A.C.E. Program (2+2, 3+3)
- Radiologic Sciences

### Undergraduate Minor Programs

### Anthropology

### Biochemistry

### Business

### Coaching

### Early Childhood Education

### Ethnic Studies

### Geographic Information Science

### German Studies

### Gerontology

### International Studies

### Music

### Philosophy

### Reading

### Technical/Professional Communications

### Theater

### Women's Studies



### Graduate Degree Programs

### Administration of Justice

### Biology

### Business Administration (MBA)

### Communication Studies

### Computer Science

### Counseling

### College

### Community

### Elementary

### Mental Health

### Secondary

### Student Personnel

### Curriculum & Instruction

### Biology

### Early Childhood Education

### Elementary Education

### English

### Geography/Earth Science

### History

### Mathematics

### Middle School Education

### Geoenvironmental Studies

### History-Applied

### Information Systems

### Organizational Development and Leadership

### Business

### Communications

### Education

### Environmental Management

### Higher Education

### Individual and Organizational Development

### Public Organizations

### Psychology

### Public Administration

### Reading

### School Administration

### Social Work (with Millersville)

### Special Education

### Behavior Disorders

### Comprehensive

### Learning Disabilities

### Mental Retardation

### Certificate and Certification Programs

### Advanced Studies in Business

### Advanced Counseling in

### Marriage, Couples and Family Therapy

### Applied History

### Principal's Certification K-12

### Superintendent's Letter of Eligibility

### Supervisory I Certificate

## Academics and Athletics

### Shippensburg University shapes its athletic program to fit within the overall academic goals of the university—maintaining a balance between athletics and academics.

Since 1984, the university's Office of Institutional Research has monitored the progress of our athletes in the classroom. The original study found that Shippensburg was ahead of many institutions in meeting the standards of Propositions 48 and 64—two NCAA resolutions designed to set minimum educational levels in collegiate athletes.

Proposition 64 of the NCAA established a minimum score of 700 in the SAT and a 2.0 grade point average in 11 core curriculum courses in high school. Proposition 48 carries these minimums even further and outlines availability of scholarships to freshmen athletes based on their school performance.

Incoming freshmen athletes show preparation levels comparable to those of all incoming students. In 2006, the average SAT score for incoming freshmen athletes was 1006, only slightly below the SAT average for new incoming students of 1015. Both groups average in the upper two-fifths of their graduating high school classes.

Today Shippensburg University athletes continue to uphold the study's findings. The quality point average (QPA) for all athletic teams in 2006-07 was 2.67 on a 4.0 scale. The 10 women's teams had a 2.93 overall average while the eight men's teams averaged 2.82. This can be compared to the fall 2006 figures: the total student body QPA averaged 2.82, females were slightly higher at 2.98, and males were slightly lower at 2.66.

Shippensburg's athletes continue to show high six-year graduation rates. Seventy-one percent of those receiving athletically related financial aid graduate within six years of enrolling. The 2005 NCAA Graduation Rate Report found that nationally, among public Division II schools, the graduation rate was 45 percent with athletes graduating at 54 percent. Retention studies by the Office of Institutional Research and Planning show male athletes at Shippensburg graduated at 55 percent and those receiving athletically related financial aid graduated at 54 percent. In addition, female athletes graduated at 79 percent and those receiving athletically related financial aid graduated at a rate of 81 percent.



Since 1975, 43 athletes have earned Academic All-America honors and three athletes have earned NCAA Postgraduate scholarships. Many more of Shippensburg's fine athletes have been nominated for these and other regional and national honors.

Although the academic standards are stringent at Shippensburg, the 20 athletic teams have won about 60 percent of all their contests since 1975. Twelve university teams have won 53 Pennsylvania State Athletic Conference (PSAC) championships in the same period.

## Academic Support Services for Student Athletes

Shippensburg University established the Office of Academic Support Services for Student-Athletes to provide the best possible resources for enhancing the academic experiences of student-athletes. Through the coordinator, a variety of academic assistance services are available, including academic advising support, academic progress monitoring, academic counseling and referral, and assisting graduating student-athletes in researching and pursuing employment and/or opportunities for graduate education.

The Office of Academic Support Services for Student-Athletes has strong links with the Learning Center and other campus-wide programs to support the academic well being of student-athletes.

All student-athletes have the opportunity to participate in the CHAMPS/ Life Skills program. This program is committed to promoting excellence in academics, athletics, career and personal development, and community service. In addition, all incoming first-year student-athletes have the opportunity to voluntarily participate in the PACES program. PACES (Personal, Academic, and Career Exploration Seminar) is open to all incoming undeclared first-year student-athletes who want to gain greater insight into campus majors, possible careers paths, campus resources, technology, scheduling concerns, and wellness issues.

The office provides advisement and a variety of programming options for all student-athletes to assist with balancing the demands of academic achievement and athletics success.

### 2008 SPRING SEMESTER STUDENT-ATHLETE ACADEMIC SUMMARY

The information listed below is based on 18 intercollegiate athletics teams. Shippensburg University had a total of 398 student-athletes during the 2008 spring semester.

- The semester QPA for all student-athletes was a 2.82.
- The semester QPA for men's athletics was a 2.57.
- The semester QPA for women's athletics was a 3.13.
- Women's swimming compiled the highest semester QPA by achieving a 3.45. Seven additional teams earned a QPA of 3.0 or higher: Tennis (3.32), Volleyball (3.29), Women's Cross Country (3.22), Women's Basketball (3.21), Field Hockey (3.19), Women's Soccer (3.16), and Women's Track and Field (3.12).
- Fourteen student-athletes earned a 4.0 QPA.
- Twenty-two percent (88) of student-athletes earned a 3.5 or higher QPA.
- Forty-three percent (172) of student-athletes earned a 3.0 or higher QPA.
- Thirty-six percent (142) of student-athletes have achieved a 3.0 or higher cumulative QPA.

## Athletics Administration

### Dr. Roberta Page

#### *Director of Athletics*

Dr. Roberta Page was appointed director of athletics in June 2003. She joined Shippensburg athletics in January 2000 as associate director of athletics and then served as interim director of athletics from December 2001 until June 2003.

Since coming on board, she has helped maintain Shippensburg's winning traditions. Shippensburg earned the 2005 Dixon Trophy, which is awarded by the Pennsylvania State Athletic Conference to the member institution that has the best overall athletic program. It was the fifth time in the 10-year history of the award Shippensburg captured the honor.

A native of Greensburg, Pa., Page played basketball and softball at Slippery Rock University where she graduated in 1988. She majored in physical education with a minor in sports management.

Following graduation she taught health and physical education and served as assistant track coach (1989-95) and assistant varsity and head junior varsity basketball coach (1989-94) at Chambersburg High School. She also was head volleyball coach at Wilson College (1992-94).

Page earned two master's degrees from Western Maryland College — in athletic administration and educational administration with a concentration on higher education. She earned a doctoral degree in educational leadership from Duquesne University.



### Jeff Michaels

#### *Associate Director of Athletics*

Jeff Michaels, associate director of athletics since July 2005, is responsible for organizing and implementing all aspects of NCAA rules compliance and education for the Shippensburg University Athletics Department.

Michaels is the chair of the NCAA Division II Field Hockey committee and is also a member of the Division II women's lacrosse regional advisory committee. In addition, he has served as a facilitator for the NCAA Division II Leadership Academy for the past two years.

Prior to coming to Shippensburg, Michaels served five years as an assistant to the athletics director at Slippery Rock University where he worked with rules compliance and facilities.

Previous to his position Slippery Rock, Michaels spent five years as the sports information director at Lycoming College, a Division III school in Williamsport, Pa. Prior to Lycoming, Michaels served six months as Slippery Rock's interim sports promotion and information director and one year as a graduate assistant in the same capacity.

Michaels earned his bachelor of arts in mass communication and political science from Lycoming in 1992 and his master's degree in athletics administration from Slippery Rock in 1993. He is Shippensburg with his wife Carrie and is the father of two sons, Douglas and Drew.



### Carrie Michaels

#### *Assistant Director of Athletics*

On Sept. 2, 2008, the Raider athletic department announced the hiring of Carrie Michaels as the assistant athletic director and senior woman administrator at Shippensburg University. Michaels had been serving as the interim coordinator of Academic Support Services for Student-Athletes since September of 2006.

"I am extremely excited about the opportunity to work directly in athletics," Michaels said.



Before coming to Shippensburg, Michaels served as the assistant to the Athletics Director at Slippery Rock University where she coordinated all academic support services for student-athletes, in addition to directing athletic fund-raising and camps and conferences.

Prior to that position, Michaels served as the Athletics Academic Coordinator and Assistant Women's Basketball Coach. After her time in Slippery Rock, Michaels served as Commissioner of the Atlantic Women's Colleges Conference (AWCC).

Michaels earned her bachelor of arts in psychology and criminal justice in 1995 at Duquesne where she also competed as a student-athlete in the sport of basketball. She earned her master's degree in sport management at Slippery Rock in 2001. She resides in Shippensburg with her husband, Jeff.

### Shippensburg University PSAC Championship Teams

| <b>Baseball</b>           | <b>Football</b>       | <b>Men's Indoor Track</b>    |
|---------------------------|-----------------------|------------------------------|
| 1926 1941 1954            | 1925 1931 1935        | 2005 2006                    |
| 1958 1977 1981            | 1938 1957 1976        |                              |
| 1984 1986 1987            | 1981 2004             |                              |
| 1989 1996 2000            |                       |                              |
| 2003 2007                 |                       |                              |
| <b>Men's Basketball</b>   | <b>Softball</b>       | <b>Men's Outdoor Track</b>   |
| 1991                      | 2003 2004 2005        | 1931 1958 1982               |
| <b>Women's Basketball</b> |                       | 1984 1985 1986               |
| 1996 1997 1998            |                       | 1990 1991 1992               |
| 1999 2000 2001            |                       | 1993 1995 1997               |
| <b>Men's Soccer</b>       |                       | 2003 2004 2005               |
| 1971 1975                 |                       | 2006                         |
| <b>Women's X-Country</b>  | <b>Men's Swimming</b> | <b>Women's Indoor Track</b>  |
| 1996 1997 2008            | 1990 1991 1993        | 2008                         |
|                           | 1994                  |                              |
| <b>Field Hockey</b>       | <b>Men's Tennis</b>   | <b>Women's Outdoor Track</b> |
| 2005                      | 1960 1963 1965        | 1984 1993 1994               |
| <b>Women's Tennis</b>     |                       | 1998                         |
|                           | 1983 1984 1992        |                              |
|                           | 1994                  |                              |
| <b>Women's Volleyball</b> |                       |                              |
|                           |                       | 2004                         |

# General Information

## Heiges Field House

### **Fitness Center**

In addition to the rehabilitation center, Shippensburg University has a complete weight-training and fitness center inside the field house. The facility contains state-of-the-art equipment that benefits the athletes on campus and remains open more than 80 hours per week.

The facility is undergoing a complete renovation this winter and will be operational in February with brand new equipment specifically designed to enhance the well being of the student athletes on campus.

The cornerstone of Shippensburg's recent construction is a brand new Student Recreation Center - an 8,000 square foot, two-level, fitness center with free weights and cardio machines. It houses a four-court gymnasium, an elevated running track, racquet and handball courts, and exercise and dance spaces.

### **Training Facilities**

The scope and importance of sports medicine at Shippensburg University has shown rapid growth in recent years. In addition to upgraded facilities in Heiges Field House, the university completed the renovation of a sports medicine facility in Henderson Gymnasium that primarily serves the women's lacrosse, field hockey, and softball teams. Three full-time trainers oversee the training needs of 20 men's and women's athletic teams.



### **Rehabilitation Center**

The Etter Health Center provides essential health-care services for Shippensburg's student athletes. Orthopaedic Associates of Chambersburg serve as the team orthopedic consultants. Wes Mallicone, director of sports medicine, supervises the first-aid, prevention, treatment, evaluation, and rehabilitation of injuries to approximately 600 student athletes. The sports medicine staff operates three coed training rooms on campus.

Student athletes to seek out the new techniques and care now available to them in the area of sports medicine. They continue to be surprisingly sophisticated in their knowledge of today's sports medicine methods. The coaches are very supportive of Ship's sports medicine program since strong and healthy athletes are at a premium.

According to Orthopaedic Associates of Chambersburg, "The speciality of sports medicine is now as deeply involved in the prevention of sports injuries as in their treatment. This requires the active participation and input of coaches, trainers, and physicians in the use of highly specialized equipment during the pre-season conditioning programs."

Shippensburg's evaluation and rehabilitation capabilities in Heiges Field House were relocated to the west end of the field house arena in 1991 for easier accessibility. Constantly upgrading, the rehabilitation center offers state-of-the-art Cybex evaluation and rehabilitation equipment. The equipment includes a computerized treadmill that can operate at speeds up to 10 miles per hour and can be elevated to heights up to 25 degrees; four Fitron bicycle ergometers; an Upper Body Ergometer; an Orthotron for knee rehabilitation; and a multi-axle ankle rehabilitation machine. The most dynamic piece of equipment is the Cybex II isokinetic dynamometer, which produces a computerized readout on muscle strength and weakness for every muscle group and joint in the body. This equipment gives Shippensburg an evaluation and rehabilitation center that is unique in the Pennsylvania State Athletic Conference.

# The Coaches



# The Coaches

## HEAD COACH KRISTY TRN

### Kristy Trn

*Head Coach*

*Shippensburg '93-'94M*

*Tenth Year*



Kristy Trn enters her tenth season as head coach of the Shippensburg University women's basketball team in 2008 as the winningest coach in Lady Raider basketball history. The two-time PSAC Western Division Coach of the Year has a career record of 169-91 overall and a mark of 65-43 in the PSAC Western Division.

Shippensburg has had seven winning seasons in nine years under Trn. The team has also posted three seasons of 20 or more wins and has advanced to the PSAC tournament eight times and won two PSAC championships in 2000 and 2001. She was named PSAC Western Division Coach of the Year in 2001 and 2002.

In Trn's 14 seasons at Shippensburg as both the head coach and full-time assistant coach from 1994-present, the Lady Raiders have a record of 296-119 (.713), 12 winning seasons, eight 20-win seasons, eight NCAA Tournament appearances, seven PSAC championships, three NCAA East Region titles, three NCAA Division II Elite Eight appearances and a final national ranking of No. 2 in 1996.

### TRN CAREER PROFILE

| Year                  | Position    | Record         | Pct.        | Postseason                  |
|-----------------------|-------------|----------------|-------------|-----------------------------|
| 1994-95               | Asst. Coach | 22-7           | .759        | NCAA Second Round           |
| 1995-96               | Asst. Coach | 28-6           | .824        | NCAA Runner-up              |
| 1996-97               | Asst. Coach | 25-5           | .833        | NCAA East Semifinal         |
| 1997-98               | Asst. Coach | 28-4           | .875        | NCAA Elite Eight            |
| 1998-99               | Asst. Coach | 25-6           | .806        | NCAA East Final             |
| 1999-00               | Head Coach  | 24-6           | .800        | NCAA East Semifinal         |
| 2000-01*              | Head Coach  | 28-5           | .848        | NCAA Final Four             |
| 2001-02               | Head Coach  | 20-9           | .690        | NCAA East Quaterfinals      |
| 2002-03               | Head Coach  | 13-15          | .464        |                             |
| 2003-04               | Head Coach  | 19-11          | .633        |                             |
| 2004-05               | Head Coach  | 17-10          | .630        |                             |
| 2005-06               | Head Coach  | 12-15          | .444        |                             |
| 2006-07               | Head Coach  | 17-11          | .607        |                             |
| 2007-08               | Head Coach  | 19-9           | .679        |                             |
| <b>Head Coach</b>     |             | <b>169-91</b>  | <b>.650</b> | <b>3 Appearances (3-3)</b>  |
| <b>Overall Record</b> |             | <b>297-119</b> | <b>.714</b> | <b>8 Appearances (11-7)</b> |

### COACHING CREDENTIALS

PSAC Western Division Coach of the Year (2001, '02)

Eight NCAA Tournaments (1995, '96, '97, '98, '99, '00, '01, '02)

Three NCAA Elite Eight Appearances (1996, '98, '01)

PSAC Western Division Athlete of the Year (1996, '98, '99, '01, '08)

PSAC Western Division Rookie of the Year (1998, '01, '04, '05, '07)

\*Trn coached four Academic All-America nominees in 2000-01

### MILESTONE VICTORIES

#1 • Nov. 19, 1999 vs. Georgian Court, 86-30

#25 • Nov. 17, 2000 vs. Felician, 95-49

#50 • March 9, 2001 vs. Pittsburgh-Johnstown, 80-70

#75 • Dec. 2, 2002 vs. University of the Sciences, 81-67

#100 • Feb. 10, 2004 vs. Pittsburgh-Johnstown, 83-61

#150 • Feb. 19, 2007 vs. California (Pa.), 79-68

In addition, the program has also boasted 19 All-PSAC Western Division First Team selections, 11 Second Team selections, five Athlete of the Year and five Rookie of the Year honors.

Last year, Shippensburg thrived with a combination of veteran leadership and young scoring threats, totaling a 19-9 record and advancing to the team's second consecutive PSAC Tournament. Trn's instruction helped the Lady Raiders place a strong emphasis on ball control and distribution. As a result, Shippensburg led the conference in three-point shooting (38.6 percent) and assist-to-turnover ratio (0.92) while committing the second-fewest turnovers in the PSAC.

In the 2006-07 season, Shippensburg regained its standing as one of the top teams in the PSAC after finishing with an overall record of 17-11, improving by five victories from a disappointing 2005-06 campaign. A year after going 2-10 in conference play, the Lady Raiders went 7-5 in the PSAC Western Division to finish third and begin a new streak of consecutive PSAC Women's Basketball Championship appearances.

The success of the program continued to flourish under Trn during the 2004-05 season as the Lady Raiders finished third in the highly competitive Western Division with an 8-4 record, the fifth time that the team has won at least seven conference games and finished in the top three. She also continued her success in developing and mentoring some of the top players in the PSAC as Shippensburg had two players named to the All-PSAC Western Division First Team and the Rookie of the Year. The team also advanced to the conference tournament for the 11th consecutive year.

In 2003-04, Trn led Shippensburg to a 19-11 record and an appearance in the PSAC tournament championship game for the eighth time in school history before losing to eventual national champion California (Pa.). The Vulcans finished the year with a 35-1 record with the team's only loss coming at Shippensburg, 77-73, on Feb. 21, 2004.

In 2002-03, the Lady Raiders finished fourth in the PSAC Western Division and in 2001-02, totaled the team's eighth-straight 20-win season.

Two years earlier in 2001, Trn guided Shippensburg to its sixth consecutive conference championship, still, the only time in PSAC history that a men's or women's basketball team has won six-straight championships. The next closest team to challenge that mark was the California (Pa.) women who won three-straight from 2002-04.

Also that year, the Lady Raiders were ranked No. 4 in the nation in the final Women's Basketball Coaches Association (WBCA) Division II Coaches' Poll, advancing to the program's second-straight NCAA Tournament under Trn before losing to North Dakota in the national semifinals. Off the court, Shippensburg had a 3.401 team grade point average, the 18th highest on the WBCA Honor Roll and the only team from the East Region listed.

In Trn's first year at the helm during the 1999-2000 season, the Lady Raiders won the PSAC Western Division championship as well as the team's fourth-straight conference tournament title. Under Coach Trn, the women's basketball team has also thrived academically - never holding a team grade-point average lower than 2.75 while compiling a grade-point average above 3.0 in five seasons.

A 1993 graduate of Shippensburg, Trn was a volunteer assistant coach for the Lady Raiders in 1994 before being elevated to a full-time assistant coach prior to the 1994-95 season. Trn received her master's degree in administration of justice from Shippensburg in 1994.

As a player, Kristy (O'Hara) Trn scored 1,765 points, the fourth-highest total in school history. Her career free throw percentage of 78.8-percent stood for 11 seasons. Trn is also fifth in school history in rebounds (656), seventh in assists (348) and ninth in steals (180). She is the only player to have led Shippensburg in scoring, rebounding, assists, steals and blocked shots in the same season, a feat she accomplished during the 1992-93 season. Trn also held the Lady Raider single-game scoring record for 15 seasons, totaling 45 points on Feb. 11, 1993 against Cheyney.

In 1992 and 1993, Trn was named All-PSAC Western Division First Team after earning Second Team honors as a sophomore. As a junior and senior, she was an All-Eastern College Athletic Conference (ECAC) selection and in 1993, Trn was an NCAA Division II All-East Region honoree and Honorable Mention All-American.

In 2003, she was inducted into the University's Athletic Hall of Fame for her accomplishments as a player and was inducted into the hall of fame at Plum High School in 2007.

A member of the WBCA, Trn is a voting member for the USA Today/ESPN/WBCA Division Coaches' Poll. She and her husband John currently live in Shippensburg and are the proud parents of two-year-old daughter Alyssa, born in June 2006, and son Cole, born December 2007.

### TRN RECORDS

|                        |                  |
|------------------------|------------------|
| Record at Shippensburg | 169-91 (9 years) |
| Overall Record         | 169-91 (9 years) |
| Home Record            | 99-27            |
| Away Record            | 59-57            |
| Neutral Record         | 11-7             |
| PSAC West Record       | 70-49            |
| PSAC East Record       | 50-18            |
| Non-Conference Record  | 49-24            |
| NCAA Tournament Record | 3-3              |

### BY CONFERENCE

#### Carolinas-Virginia Athletic (1-1)

|                          |     |
|--------------------------|-----|
| St. Andrews Presbyterian | 0-1 |
| Pfeiffer                 | 1-0 |

#### Central Atlantic Collegiate (5-0)

|                            |     |
|----------------------------|-----|
| Caldwell                   | 1-0 |
| Felician                   | 1-0 |
| Georgian Court             | 1-0 |
| University of the Sciences | 2-0 |

#### Central Intercollegiate Athletic Association (4-2)

|              |     |
|--------------|-----|
| Bowie State  | 2-1 |
| N.C. Central | 1-1 |
| Shaw         | 1-0 |

#### East Coast (4-0)

|                |     |
|----------------|-----|
| Concordia (NY) | 1-0 |
| Dowling        | 1-0 |
| Mercy          | 1-0 |
| New Haven      | 1-0 |

#### Great Lakes Intercollegiate Athletic (1-0)

|        |     |
|--------|-----|
| Tiffin | 1-0 |
|--------|-----|

#### Gulf South (1-0)

|             |     |
|-------------|-----|
| Delta State | 1-0 |
|-------------|-----|

#### Independent (2-0)

|                |     |
|----------------|-----|
| Columbia Union | 2-0 |
|----------------|-----|

#### North Central Intercollegiate Athletic (0-1)

|              |     |
|--------------|-----|
| North Dakota | 0-1 |
|--------------|-----|

#### Northeast-10 (2-1)

|            |     |
|------------|-----|
| Saint Rose | 1-0 |
| Assumption | 1-0 |
| Bentley    | 0-1 |

#### Pacific West (1-1)

|              |     |
|--------------|-----|
| Grand Canyon | 1-1 |
|--------------|-----|

#### PSAC Eastern Division (50-18)

|                  |      |
|------------------|------|
| Bloomsburg       | 10-1 |
| Cheyney          | 8-0  |
| East Stroudsburg | 8-1  |
| Kutztown         | 7-3  |
| Mansfield        | 6-2  |
| Millersville     | 5-6  |
| West Chester     | 6-5  |

#### PSAC Western Division (70-49)

|                  |      |
|------------------|------|
| California (Pa.) | 7-15 |
| Clarion          | 11-9 |
| Edinboro         | 13-7 |
| Gannon           | 0-1  |
| Indiana (Pa.)    | 7-12 |
| Lock Haven       | 15-3 |
| Mercyhurst       | 1-0  |
| Slippery Rock    | 17-3 |

#### Sunshine State (0-2)

|                  |     |
|------------------|-----|
| Florida Southern | 0-1 |
| Tampa            | 0-1 |

#### West Virginia Intercollegiate Athletic (25-13)

|                        |     |
|------------------------|-----|
| Charleston (WV)        | 2-2 |
| Davis & Elkins         | 1-0 |
| Glenville State        | 0-1 |
| Ohio Valley            | 1-0 |
| Pittsburgh-Johnstown   | 6-5 |
| Seton Hill             | 2-0 |
| Shepherd               | 6-2 |
| West Virginia Wesleyan | 3-1 |
| West Liberty State     | 0-1 |
| West Virginia State    | 1-1 |
| West Virginia Tech     | 2-0 |
| Wheeling Jesuit        | 1-0 |

### OTHER

#### NCAA DIVISION I (1-1)

|            |     |
|------------|-----|
| Binghamton | 0-1 |
| Longwood   | 1-0 |

### BY OPPONENT

|                            |      |
|----------------------------|------|
| Assumption                 | 1-0  |
| Bentley                    | 0-1  |
| Binghamton                 | 0-1  |
| Bloomsburg                 | 10-1 |
| Bowie State                | 2-1  |
| Caldwell                   | 1-0  |
| California (Pa.)           | 7-15 |
| Charleston (WV)            | 2-2  |
| Cheyney                    | 8-0  |
| Clarion                    | 11-9 |
| Columbia Union             | 2-0  |
| Concordia (NY)             | 1-0  |
| Davis & Elkins             | 1-0  |
| Delta State                | 1-0  |
| Dowling                    | 1-0  |
| Edinboro                   | 13-7 |
| Florida Southern           | 0-1  |
| Gannon                     | 0-1  |
| Glenville State            | 0-1  |
| Grand Canyon               | 1-1  |
| Hillsdale                  | 0-1  |
| Indiana (Pa.)              | 7-12 |
| Kutztown                   | 7-3  |
| Lock Haven                 | 15-3 |
| Longwood                   | 1-0  |
| Mansfield                  | 6-2  |
| Mercy                      | 1-0  |
| Mercyhurst                 | 1-0  |
| Millersville               | 5-6  |
| N.C. Central               | 1-1  |
| New Haven                  | 1-0  |
| North Dakota               | 0-1  |
| Ohio Valley                | 1-0  |
| Pfeiffer                   | 1-0  |
| Pittsburgh-Johnstown       | 6-5  |
| Saint Rose                 | 1-0  |
| Seton Hill                 | 2-0  |
| Shaw                       | 1-0  |
| Shepherd                   | 6-2  |
| Slippery Rock              | 17-3 |
| St. Andrew's Presbyterian  | 0-1  |
| Tampa                      | 0-1  |
| Tiffin                     | 1-0  |
| University of the Sciences | 2-0  |
| Warren Wilson              | 1-0  |
| West Chester               | 6-5  |
| West Liberty State         | 0-1  |
| West Virginia State        | 1-1  |
| West Virginia Tech         | 2-0  |
| West Virginia Wesleyan     | 3-1  |
| Wheeling Jesuit            | 1-0  |

### NON-NCAA

#### United States Collegiate Athletic

#### Association (1-0)

|               |     |
|---------------|-----|
| Warren Wilson | 1-0 |
|---------------|-----|

# The Coaches

## ASSISTANT COACHES

### Jen Scaffidi

*Assistant Coach  
Shippensburg '05  
Second Year*

After completing one season as the team's interim full-time assistant, former Shippensburg women's basketball standout Jen Scaffidi has officially landed the job and begins her second season as the primary assistant coach with the Lady Raiders this year.

Following her career with the Lady Raiders, Scaffidi was an assistant coach at Shippensburg High School during the 2005-06 season where she worked with the guards.

A native of Turnersville, New Jersey, Scaffidi spent the 2006-07 season as the assistant varsity coach at her high school alma mater, Washington Township, while also working as a ninth grade math teacher. As an assistant on the varsity, she helped lead the Minutemaids to a 21-7 record, an Olympic Conference championship and berth in the sectional semifinals.

As a player at Washington Township, Scaffidi was a two-year captain and 1,000-point scorer en route to earning All-South Jersey First Team and All-State Honorable Mention honors.

Scaffidi returns to Shippensburg following a highly successful four-year career in which she earned two All-PSAC Western Division honors, including a first team selection in 2005. She is currently ranked sixth on the school's career scoring list with 1,583 points and holds the school records for career and season free throw percentage. Scaffidi graduated in 2005.

For her career, Scaffidi made 405-of-510 attempts for 79.4 percent while as a senior during the 2004-05 season, she made 104-of-122 attempts for 85.2 percent. She is also the only player to total over 100 assists in four-straight seasons and lead the team in assists four consecutive years. Scaffidi concluded her career with 481 assists.

A Daktronics, Inc. All-East Region Second Team selection as a senior, Scaffidi is the only player since Trn during the 1992-93 season, to lead the team in both scoring and assists, a feat she accomplished twice as a sophomore and a senior. She played in all 114 of the team's games during her four-year career, starting in 111 of them. During that time, the Lady Raiders had a record of 69-45, a winning percentage of 60.5 percent.



### Jack Schenzel

*Assistant Coach  
Shippensburg '95  
Fourth Year*

A 1995 graduate of Shippensburg University, Schenzel begins his fourth year with the women's basketball team as an assistant coach for the 2008-09 season.

Schenzel has over 10 years of basketball coaching experience, including four years as a high school assistant coach at Shippensburg Area Senior High School. With the Greyhounds, the boys' basketball team won a Mid-Penn championship and made three district playoff appearances.

Schenzel was also a coach at Grace Baptist Temple High School in St. Albans, West Virginia during the 2002-03 season.

As a student-athlete at Shippensburg, Schenzel received a bachelor of arts degree in history in 1995. A member of the track and field team, he was named All-ECAC as a junior and senior. During his career, the Red Raiders won three PSAC championships in 1992, 1993 and 1995.

Schenzel currently resides in Falling Waters, West Virginia with his wife, Erin, and two boys, Aidan and Micah. In addition to his work with the women's basketball team, he works as a large claims property adjuster for Erie Insurance.



### Megan Fogle

*Assistant Coach  
First Year*

Four-year standout Megan Fogle joins the Lady Raider coaching staff as an assistant coach for 2008-09 while she completes her bachelor's degree. Fogle ranks 11th on the school's all-time scoring list with 1,418 points and had 208 career three-pointers to rank second behind Tracy Spencer's 246.

A dependable guard and one of the school's best defenders in history, Fogle ranks seventh in school history in assists with 353 and converted 35.9 of her three-point field goal attempts. She was a 2006 All-PSAC Western Division Second Team selection and the 2005 PSAC Western Division Rookie of the Year after averaging 12.0 points per game and draining 64 three-pointers in her debut season.

Before arriving at Shippensburg, Fogle was a standout athlete at Eastern York High School, where she graduated with the fifth-most points in school history. She is the 15th player in Shippensburg history to have totaled 1,000 career points.



# Season Outlook



# Season Outlook

## ROSTER



| No. | Name              | Pos. | Yr. | Ht.  | Hometown/High School               |
|-----|-------------------|------|-----|------|------------------------------------|
| 12  | Kasey Gardner     | F    | So. | 5-9  | Sharpsville / Sharpsville          |
| 13  | Erin Varley       | G    | Fr. | 5-5  | Bethel Park / Bethel Park          |
| 20  | Elise Mercer      | G    | Sr. | 5-7  | Bishopville, Md. / Stephen Decatur |
| 21  | Michelle Metz     | G    | Jr. | 5-6  | Pottsgrove / Pottsgrove            |
| 23  | Phylicia Bessick  | G    | Sr. | 5-8  | Columbia / Hempfield               |
| 24  | Sheila Wasser     | G    | Jr. | 5-8  | Tremont / Pine Grove               |
| 31  | Caitlin Bamberger | F    | Fr. | 5-11 | Blandon / Fleetwood                |
| 32  | Ally Briggs       | G    | Jr. | 5-6  | Palmyra / Palmyra                  |
| 33  | Kaitlin Capriccio | F    | Fr. | 6-0  | Hillsborough, N.J. / Hillsborough  |
| 34  | Shannon Stokes    | C    | Fr. | 6-2  | Lebanon / Cedar Crest              |
| 35  | Shelley Wasser    | F    | Jr. | 5-9  | Tremont / Pine Grove               |
| 40  | Lindsay Howard    | C    | Fr. | 6-1  | Forest Hills, Md. / Fallston       |
| 41  | Lauren Beckley    | F    | Jr. | 6-0  | Fairfield / Fairfield              |
| 42  | Jenn Morrow       | C    | Fr. | 6-3  | Etters / Red Land                  |
| 44  | Beth Hart         | C    | Fr. | 6-2  | Crownsville, Md. / Old Mill        |

**Head Coach:** Kristy Trn (Shippensburg '93/'94M), 10th year at SU, 10th overall

**Assistant Coach:** Jen Scaffidi (Shippensburg '05)

**Assistant Assistant:** Jack Schenzel (Shippensburg '95)

**Assistant Assistant:** Megan Fogle

### PRONUNCIATION GUIDE

|    |                                   |              |
|----|-----------------------------------|--------------|
| 13 | Erin Varley                       | VAR-lee      |
| 24 | Sheila Wasser                     | WASS-ur      |
| 33 | Kaitlin Capriccio                 | cuh-PREEZ-io |
| 35 | Shelley Wasser                    | WASS-ur      |
| 42 | Jenn Morrow                       | MAR-oh       |
|    | <b>Head Coach:</b> Kristy Trn     | TURN         |
|    | <b>Asst. Coach:</b> Jack Schenzel | SHENZ-ull    |
|    | <b>Asst. Coach:</b> Megan Fogle   | FO-gull      |

After making its second consecutive appearance in the PSAC Women's Basketball Championship in 2007-08, the Shippensburg University women's basketball team had returned to its rightful position as one of the premier squads in the conference's Western Division.

Heading into the 2008-09 season, the Lady Raiders will find themselves as the premier team in the PSAC Eastern Division, beginning their first season in the new division following a conference re-alignment that includes the addition of Mercyhurst and Gannon to the Western Division.

Shippensburg has posted a 50-18 record against PSAC Eastern Division opponents in nine seasons under head coach Kristy Trn '93/'94M, including a 6-1 mark last season. This season, the Lady Raiders will be vying for a third-straight appearance in the PSAC Women's Basketball Championship and the team's 14th in the last 15 seasons.

One of the primary objectives for Shippensburg this season will be to establish consistency. The team returns six letter winners from last year's squad, including four starters. The team's only significant loss is senior Megan Fogle, who completed her four-year run at Shippensburg starting in all 110 of the team's games during that span and ranking 11th in school history with 1,418 career points.

Perhaps Fogle's most valuable assets were her leadership, ball control and court vision. She will personally assist the transition as an assistant coach this season while completing her degree this winter. One of her primary pupils will be junior guard **Michelle Metz**, who broke through for a much-improved sophomore campaign with 140 assists in 2007-08, the fourth-most in a single season in school history.

Much to the conference's dismay, junior phenom **Lauren Beckley** is back and better than ever. Already ranked 13th in school history

with 1,172 points through just two seasons, Beckley is prepared to shoulder a significant offensive load once again and is perfectly capable of providing double digits every night on the court. With two competitive seasons under her belt, Beckley will also be looked upon as one of the team's leaders this season.

Opposing defenses are well aware of Beckley's prowess for points, but at the same time they must focus on her supporting cast that is more than capable of complementing the reigning PSAC Western Division Player of the Year.

Sophomore **Kasey Gardner** finished her debut season averaging 12.1 points and 5.2 rebounds while starting in all 28 games and will return to her familiar role on the court this season. Meanwhile, senior **Elise Mercer** capitalized on her open looks last season by averaging 9.6 points per game and recording 15 double-digit scoring games.

These four veterans will be primed to produce while gearing up to mentor one of the strongest, deepest and most talented recruiting classes in several seasons. Seven true freshmen have entered camp in excellent condition and prepared to receive as much playing time as they earn.

In Trn's nine seasons at Shippensburg, four Lady Raiders have earned the honor of the division's top newcomer, and that doesn't even factor in the excellent production of Gardner, who finished last season with five Rookie of the Week awards.

With all of these elements in place, the coaching staff is confident that the ingredients are in place for the Lady Raiders to be a serious contender for the program's league-leading seventh PSAC championship.

## BACKCOURT

The consistency of Fogle will certainly be missed. But the improved guard play of Metz has eased the comfort level of the ball-handling capabilities for Shippensburg. Metz will once again run the point and continue to guide the team in a positive direction on the court as a team leader.

Her improvement could be seen in 2007-08 by doubling her freshman assist total from 70 to 140 and raising her three-point percentage by 12 points, shooting 41.4 percent from distance and connecting for an impressive 29 triples.

Shifting back to the guard position in her senior season is Mercer, who played a bit more of a bruising role in 2007-08. Mercer quadrupled her average playing time as a junior, starting in 25 of the team's 28 games and averaging 31.8 minutes per contest. She averaged 40 percent shooting from the field and 4.5 rebounds per contest.

Complementing these two players will be junior **Sheila Wasser** - a diligent worker who has continued to gain experience and has taken full advantage of her game opportunities over the past two seasons. Wasser has expanded her confidence as a point guard and appeared in 21 games last season, averaging 14.9 minutes per contest. She will be counted upon as a valuable reserve for the Lady Raiders this season.

Unfortunately, the Lady Raiders will be without senior guard **Phylicia Bessick**, who suffered a knee injury and has undergone surgery that will sideline her for the season. Bessick missed the beginning of last season with an injury and averaged 4.4 points per game in 14 contests. Bessick is expected to return for her red-shirt senior season in 2009-10.

Among the freshmen that could see time in the backcourt this season are **Erin Varley** and **Ally Briggs**. Varley was a three-year letter winner for Bethel Park High School and averaged seven points and six assists per game while appearing in four consecutive district playoffs. Briggs is a junior who is formerly of the Shippensburg outdoor track and field squad but won four letters in high school as a guard and was named her team's MVP as a senior.

## FRONTCOURT

The list of accomplishments achieved by Beckley last season would put an embarrassment to the term "laundry list," so we can begin by mentioning that the junior forward is the reigning PSAC Western Division Player of the Year and a National All-American after becoming the first sophomore in conference history to eclipse the 1,000-point total.

Last season, Beckley led the conference in scoring (23.1 points per game) and rebounding (11.1 rebounds per game) while playing out of position. Due to a lack of size on the roster, Beckley primarily played the post and even center at certain times and yet still thrived due to her tenacity and sheer desire to win.

# Season Outlook

For the 2008-09 season, Beckley is back to her natural position of power forward and the opportunity to build off 130 career three-pointers and 400 career field goals is simply huge. She enters the season with the second-best scoring average in school history (20.9 points) behind Stacey Cunningham and in no time flat will be among the school's Top 10 in points and rebounds.

Gardner excelled after being given the opportunity to start at forward last season and will again be counted upon for significant offensive production. After finishing her high school career with 1,445 points and 731 rebounds, Gardner totaled 340 points as a freshman for an average of 12.1 per contest.

Her versatility is particularly impressive, as Gardner was second on the team last season with 5.2 rebounds per contest yet also connected for 39.8 percent of her three-point attempts. She totaled 72 assists and 37 steals while averaging 34.7 minutes per contest.

The only other returning forward is junior **Shelley Wasser**, who is eager to fill a bench role after joining the team midway through the 2007-08 season. Wasser played in six games last season for the Lady Raiders.

Two exciting freshmen forwards with similar first names will be vying for chances to play as soon as possible in the Lady Raider rotation. Freshman **Kaitlin Capriccio**, a native of Hillsborough High School in New Jersey, earned multiple awards as a senior (including team MVP and school's outstanding female athlete) while thriving as a power forward and center. Freshman **Caitlin Bamberger** totaled 934 points in high school and was a three-time All-Berks Division II selection for Fleetwood Area High School.

Last season, Shippensburg did not have a center on its roster. This year, four freshmen with a boatload of talent are seeking playing time at the '5', including **Beth Hart** and **Lindsay Howard**. Hart was a member of the regional championship squad at Old Mill High School in Maryland last season and over her career averaged 12.6 points and 11.3 rebounds per game. Howard totaled 749 points, 510 rebounds and 148 blocks for Fallston High School in Maryland and averaged 10.6 points per game as a senior.

Two other centers joining the Lady Raiders this season are **Jenn Morrow** and **Shannon Stokes**. Morrow was a three-year letter winner for Red Land High School, while Stokes was a two-time All-Lebanon County selection as a post player for Cedar Crest High School.



## COACHING STAFF

Head coach **Kristy Trn '93/94M** begins her 10th season at the helm of the Lady Raiders in 2008 and has been a full-time coach at Shippensburg since 1994. The two-time PSAC Western Division Coach of the Year has a career record of 169-91 overall and has guided the team to seven winning seasons.

Former standout **Jen Scaffidi '05** begins her second season as the team's primary assistant this year after initially earning the job on an interim basis last season. **Jack Schenzel '95** returns for his fourth season on the Lady Raider staff and **Megan Fogle** will also assist while completing her bachelor's degree.

With this trio joining Trn, a 1993 graduate and the fourth-leading scorer in team history, the Lady Raiders have a staff that has been a part of the program's rich history and is fully aware of the high level of competition in the conference.

## SCHEDULE

Shippensburg shifts to the PSAC Eastern Division this season after spending 21 seasons in the PSAC West. Since joining the Western Division prior to the 1987-88 season, the Lady Raiders won six PSAC West titles, the most of any current Western Division team.

The team will host its annual Wolf's Bus Lines Tournament on a Saturday and Sunday, November 15 and 16. The University of Charleston, UDC and East Stroudsburg will come calling to Heiges Field House that weekend.

Following the season-opening tournament, the Lady Raiders will only have two home games in December (West Virginia Wesleyan on December 3 and Fairmont State on December 20).

From there, the team will travel to Arizona to compete in the Grand Canyon Classic against Franklin Pierce and Gannon. An added highlight will be on the weekend of January 10 and 11, when Shippensburg travels to take on familiar rivals Indiana (Pa.) and California (Pa.) on back-to-back days in PSAC crossover competition.

The team opens its PSAC Eastern Division schedule at Mansfield on January 14. That weekend, Shippensburg will host East Stroudsburg in a game on January 17 that will be broadcast live on the CBS College Sports television network and online at ncaa.com. Shippensburg is the only institution from the PSAC and one of just four women's Division II programs in the nation granted the privilege this season to host a game on the network this season.

The quarterfinals of the PSAC Women's Basketball Championship are set for March 4 with the semifinals and championship game being held on March 7 and 8 at the top remaining seed in the East.

# Player Profiles



# Player Profiles

## RETURNING PLAYERS



### Lauren Beckley

Jr. • Forward • 6-0

Fairfield/Fairfield

#### 2007-08 (as a sophomore)

Concluded an unbelievable sophomore season in which she was named PSAC Western Division Player of the Year, earning her second straight PSAC First Team selection... became the third player in school history to be named to the WBCA Coaches' All-America Team and was one of just ten players across the country to earn the award... received a selection to the PSAC Winter Top 10 team and was a PSAC Scholar Athlete after compiling a 3.62 grade-point average... also named to the Division II Daktronics All-American Team as voted on by the Division members of CoSIDA... finished the season leading the conference in both points (23.1) and rebounds (11.1) per game... led the conference in double-doubles with 21... was a five-time PSAC Western Division Player of the Week over the course of the season... completed the season with 624 points, the third-highest single-season total in school history... through two seasons has totaled 1,172 career points, ranking 13th on school's all-time list... became the first woman in PSAC history to record 1,000 career points as a sophomore... scored double digits in all but one contest... notched 20 points or more on 17 occasions... topped 30 points on six occasions... broke the school record for points in a single game with 47 (15-of-22 shooting) against Lock Haven on February 13, .... among single-season totals, finished fourth in school history in scoring average (22.3 points), fifth in rebounds (310), fourth in rebounding average (11.1), and fourth in three-point percentage (.433)... capped off her season ranked fourth in the nation in scoring and ninth in rebounds per game.

#### 2006-07 (as a freshman)

Named PSAC Rookie of the Year and selected First Team All-Conference, the first freshman to receive such an honor since 2001-02 ... broke the PSAC freshman scoring record which was previously set by California's Erin McKinney ... became the first Shippensburg freshman to lead the team in scoring since Stacey Cunningham set the school's freshman scoring record in 1981 ... named PSAC West Rookie of the Week six times and player of the week twice during the 2007 season ... selected to the Daktronics All-East Region Second Team ... averaged 19.6 points per game, and posted a .455 shooting percentage ... led the team in field goals, (183) free throws made (107), steals (47), three-pointers (75) and rebounds (231) ... finished second on the team with 13 blocks ... totaled 34 assists ... was one of two players to start in all 28 of the team's games.

#### Before Shippensburg

Averaged 24.5 points as a senior at Fairfield in earning AP Pennsylvania AA First Team honors ... played for head coach Gregg Dietz ... finished her career with 2,258 points to rank as the all-time leading scorer in both Adams and York County ... set a school record for most points in a season with 717 as a senior where she averaged 24.5 points per game ... scored 50 points in an 81-42 win against Biglerville on Dec. 16, 2005 to set the single-game school record ... named Co-Player of the Year by the YAIAA, Gettysburg Times and Hanover Evening Sun ... selected Gettysburg Times 2005-06 Outstanding Female Athlete of the Year ... named AP Pennsylvania Girls Basketball Class AA First Team and PIAA AA All-State First Team honors as a senior.

#### Personal

Full name is Lauren Christine Beckley ... born on July 11, 1987 in Frederick, Maryland ... is the daughter of Joe and Peg Beckley ... majoring in exercise science.

#### CAREER STATISTICS

| Year    | G-GS  | Min-Avg   | FG-FGA  | Pct. | 3FG-FGA | Pct. | FT-FTA  | Pct. | Off-Def | Reb-Avg  | PF-DQ | A  | TO  | Blk | Stl | Pts-Avg   |
|---------|-------|-----------|---------|------|---------|------|---------|------|---------|----------|-------|----|-----|-----|-----|-----------|
| 2006-07 | 28-28 | 925-33.0  | 183-402 | .455 | 75-170  | .441 | 107-133 | .805 | 59-172  | 231-8.3  | 67-1  | 34 | 61  | 13  | 47  | 548-19.6  |
| 2007-08 | 28-28 | 983-35.1  | 217-430 | .505 | 55-127  | .433 | 135-163 | .828 | 59-251  | 310-11.1 | 67-2  | 34 | 48  | 25  | 40  | 624-22.3  |
| Career  | 56-56 | 1964-35.1 | 400-832 | .481 | 130-297 | .438 | 242-296 | .818 | 118-423 | 541-9.7  | 134-3 | 68 | 177 | 38  | 87  | 1172-20.9 |



## Phylicia Bessick

*Sr. • Guard • 5-8*  
*Columbia/Hempfield*



### Career Highs

#### Points

20 vs. Slippery Rock (2/17/07)

#### Rebounds

12 vs. West Chester (12/3/05)

#### Field Goals

3 vs Indiana (Pa.) (02/27/08)

#### Field Goals Attempted

8 at California (02/20/08)

#### 3-Pointers Made

2 at Indiana (Pa.) (03/04/08)

#### 3-Pointers Attempted

3 at Edinboro (02/09/08)

#### Free Throws Made

10 at Cheyney (01/13/08)

#### Free Throws Attempted

11 at Cheyney (01/13/08)

#### Assists

5 at Pitt-Johnstown

#### Blocked Shots

1 vs. Bentley (12/30/06)

#### Steals

6 vs. Shepherd (11/22/05)

#### Minutes

40 vs. Clarion (2/6/06)

# 23

### 2007-08 (as a junior)

Made two starts while appearing in 14 games during the season after missing the first two months of the season with a foot injury...averaged 4.4 points per game for the season...scored a season-high 10 points against Cheyney on January 13...shot 37 percent from the field...converted five three pointers...totaled 61 points and 18 rebounds along 11 steals for the season.

### 2006-07 (as a sophomore)

Appeared in all 28 games as a sophomore, earning four starts ... posted 6.3 points per game and finished the year with 175 total points...was third on the team with 70 assists ... finished second on the team with 26 steals ... totaled 31 assists and 61 rebounds ... tied for third on the team with 16 three-point field goals, averaged 20.9 minutes per game as an integral member of the team's rotation.

### 2005-04 (as a freshman)

Finished third on the team in scoring, averaging 10.7 points per game, the fifth-highest average by a freshman in school history ... ranked 24th in the PSAC in scoring and fourth among all freshmen ... was also second on the team in three-point field goals with 42, the seventh-highest total in the PSAC ... ranked 10th in the conference in three-point field goal percentage at 34.4-percent ... led the team in scoring three times and scored in double figures in 16 games ... scored a career-high 19 points in her second collegiate game against Mercy on November 19 ... also added seven rebounds and made five three-pointers ... matched her career-high with 19 points at home versus Clarion on February 6 ... totaled 11 points and a career-high nine rebounds at home against West Chester on December 3 ... had 14 points, seven rebounds, a career-high six steals and four assists versus Shepherd at home on November 22.

### Before Shippensburg

Averaged over 18 points per game at Hempfield for head coach Lenny Groft ... scored over 1,000 career points and led her team in points, assists and three-point field goals as a senior ... holds the school records for career points and three-pointers ... led her team to the district playoffs four-straight seasons and a state appearance her senior year ... was voted a Section 1 All-Star twice and was named All-League and District 3 All-Star as a senior ... graduated with a 3.1 grade point average and was on the honor roll all four years.

### Personal

Full name is Phylicia Ranae Bessick ... born on February 18, 1987 in Lancaster ... is the daughter of Terry and Robin Bessick ... majoring in business/marketing ... Robin is a 1979 graduate of Shippensburg.

### Trn on Bessick

*"Phylicia again has been bitten by the injury bug early this season. Unfortunately she will have surgery for an ACL tear and will be relegated to the sidelines to provide emotional support and guidance to her teammates. Hopefully we will see her again in the future on the hardwood."*

### CAREER STATISTICS

| Year    | G-GS  | Min-Avg   | FG-FGA  | Pct. | 3FG-FGA | Pct. | FT-FTA  | Pct. | Off-Def | Reb-Avg | PF-DQ | A  | TO  | Blk | Stl | Pts-Avg  |
|---------|-------|-----------|---------|------|---------|------|---------|------|---------|---------|-------|----|-----|-----|-----|----------|
| 2005-06 | 27-18 | 902-33.4  | 99-261  | .379 | 42-122  | .344 | 50-72   | .694 | 41-86   | 127-4.7 | 60-1  | 49 | 69  | 1   | 40  | 290-10.7 |
| 2006-07 | 28-4  | 585-20.9  | 59-156  | .378 | 16-49   | .327 | 41-81   | .506 | 19-42   | 61-2.2  | 43-0  | 31 | 64  | 4   | 26  | 175-6.3  |
| 2007-08 | 14-2  | 208-14.9  | 20-54   | .370 | 5-17    | .294 | 16-28   | .571 | 6-12    | 18-1.3  | 18-0  | 15 | 22  | 0   | 11  | 61-4.4   |
| Career  | 69-24 | 1695-24.6 | 178-471 | .378 | 63-188  | .335 | 107-181 | .591 | 66-140  | 206-3.0 | 121-1 | 95 | 155 | 5   | 77  | 526-7.6  |

# Player Profiles

## RETURNING PLAYERS



### Career Highs

#### Points

27 vs Indiana (Pa.) (02/27/08)

#### Rebounds

10 vs Edinboro (01/19/08)

#### Field Goals

9 at Indiana (Pa.) (01/30/08)

#### Field Goals Attempted

17 vs Clarion (02/16/08)

#### 3-Pointers Made

6 at Indiana (Pa.) (01/30/08)

#### 3-Pointers Attempted

8 at Indiana (Pa.) (01/30/08)

#### Free Throws Made

10 vs Indiana (Pa.) (02/27/08)

#### Free Throws Attempted

10 vs Indiana (Pa.) (02/27/08)

#### Assists

5 at California (02/20/08)

#### Blocked Shots

1 vs Clarion (02/16/08)

#### Steals

4 vs Pittsburgh-Johnstown  
(11/25/07)

#### Minutes

44 vs Clarion (02/16/08)

12

## Kasey Gardner

So. • Forward • 5-9

Sharpsville/Sharpsville

### 2007-08 (as a freshman)

Completed her debut season as a six-time PSAC Western Division Rookie of the Week selection...finished the season averaging 13.1 points and 5.1 rebounds per game and was second among all PSAC freshman in scoring and third in rebounding...averaged 14.6 points per contest in PSAC Western Division games...led the team in scoring four times and scored 20 or more points three times...scored a career-high 27 points in a home victory over IUP on February 27...in three games against PSAC Champion IUP, she averaged 18.0 points and totaled 11 three pointers...delivered 2.6 assists per game.

### Before Shippensburg

Four-time letter winner for coach Jeff Hanley at Sharpsville High School ... concluded her career with 1,445 points and 731 rebounds, finishing with a field-goal percentage of 46 percent ... named a Region One All Star, and honored as Third Team All-State ... received All-District 10 Region 1 honors for three consecutive seasons ... also totaled 204 assists, 177 steals and 104 three-point field goals ... also competed for the volleyball and track teams.

### Personal

Full name is Kasey Janine Gardner ... born on Jan. 12, 1989 in Sharon ... is the daughter of Kim and Tim Gardner ... majoring in criminal justice.



### Trn on Gardner

*"In Kasey's first season her work ethic and competitiveness made her impact to the program undeniable. With that experience under her belt I see Kasey stepping up more as a leader on the court. She is one of the hardest workers we have, and she has worked tirelessly to improve her shooting range and ball handling in the off-season. I see her stepping into the role of defensive stopper, and emotional spark plug left with the graduation of Megan Fogle."*

### CAREER STATISTICS

| Year          | G-GS         | Min-Avg         | FG-FGA         | Pct.        | 3FG-FGA      | Pct.        | FT-FTA       | Pct.        | Off-Def       | Reb-Avg    | PF-DQ       | A         | TO        | Blk      | Stl       | Pts-Avg         |
|---------------|--------------|-----------------|----------------|-------------|--------------|-------------|--------------|-------------|---------------|------------|-------------|-----------|-----------|----------|-----------|-----------------|
| 2007-08       | 28-28        | 971-34.7        | 117-273        | .429        | 37-93        | .398        | 69-96        | .719        | 40-106        | 146        | 73-1        | 72        | 94        | 1        | 37        | 340-12.1        |
| <b>Career</b> | <b>28-28</b> | <b>971-34.7</b> | <b>117-273</b> | <b>.429</b> | <b>37-93</b> | <b>.398</b> | <b>69-96</b> | <b>.719</b> | <b>40-106</b> | <b>146</b> | <b>73-1</b> | <b>72</b> | <b>94</b> | <b>1</b> | <b>37</b> | <b>340-12.1</b> |



## Elise Mercer

*Sr. • Guard • 5-7*

*Bishopville, Md./Stephen Decatur*



### Career Highs

**Points**

21 vs California (Pa.) (01/23/08)

**Rebounds**

7 vs Indiana (Pa.) (02/27/08)

**Field Goals**

8 at Edinboro (02/09/08)

**Field Goals Attempted**

20 vs California (Pa.) (01/23/08)

**3-Pointers Attempted**

1 at Indiana (Pa.) (03/04/08)

**Free Throws Made**

6 vs West Chester (01/05/08)

**Free Throws Attempted**

10 vs West Chester (01/05/08)

**Assists**

4 vs Indiana (Pa.) (02/27/08)

**Blocked Shots**

1 vs California (Pa.) (01/23/08)

**Steals**

3 vs Dowling (12/07/07)

**Minutes**

40 at West Virginia Wesleyan  
(12/15/07)

# 20

### 2007-08 (as a junior)

Enjoyed a breakout campaign in 2007-08, evolving into a reliable team player who is able to adapt to the needs of the team...appeared in all 28 games on the season, making 25 starts...recorded a career-high 21 points on 5-of-6 shooting against California (Pa.) on January 23...completed four games as the team's leading scorer...totaled double-digit scoring totals in 15 games...compiled 268 points and finished the season averaging 9.6 points per game...was third on the team in rebounding with 126 for an average of 4.5 per game...ranked second on the team in offensive boards.

### 2006-07 (as a sophomore)

Appeared in 27 of the team's 28 games and made eight starts...posted a 42.4 field goal percentage and totaled 27 rebounds...totaled 17 assists and recorded five steals ... averaged 2.4 points per game, totaling 65 for the season.

### 2005-06 (as a freshman)

Appeared in 21 games, including the final seven contests ...scored a career-high nine points to go along with six rebounds at California (Pa.) on February 15 ... totaled four assists in 22 minutes, both career-highs, combined with eight points at Indiana (Pa.) on January 21 ... made nine consecutive free throws to end the season after starting the year 4-for-7 ... had a career-high three rebounds in four games, including most recently against Indiana (Pa.) at home on February 11 ...had four points and three rebounds versus Mercy at home on November 19 ... totaled five points, three rebounds and two assists in upset victory over Edinboro at home on February 4 ... the Fighting Scots entered the game at No. 8 in the NCAA Division II East Region rankings and first in the PSAC Western Division standings.

### Before Shippensburg

Finished her career as the all-time leading scorer in school history with 1,494 points ... played small forward for head coach Dan Mergott at Stephen Decatur ... was named Bayside South Player of the Year as a senior and team Player of the Year as both a junior and senior ... earned three-straight All-Bayside First Team honors from 2003-05 ... led her team to the Maryland state semifinals as a junior ... also played volleyball and softball ... was a four-year letterwinner in basketball ... was a four-year member of the honor roll and two-year member of the National Honor Society.

### Personal

Full name is Elise Aunshae' Mercer ... born on January 6, 1987 in Salisbury, Maryland ... is the daughter of Curtis and Valarie Mercer ... majoring in exercise science.

### Trn on Mercer

*"Elise will be back to her natural position as a guard this season.*

*She did a great job last year adapting to the team's needs, and spending some time at the small forward position. She has been working to improve her shooting range, and with her penetrating and elevating ability should be able to make up for some of the offensive firepower lost with the graduation of*

*Megan Fogle."*

### CAREER STATISTICS

| Year    | G-GS  | Min-Avg   | FG-FGA  | Pct. | 3FG-FGA | Pct. | FT-FTA | Pct. | Off-Def | Reb-Avg | PF-DQ | A  | TO  | Blk | Stl | Pts-Avg |
|---------|-------|-----------|---------|------|---------|------|--------|------|---------|---------|-------|----|-----|-----|-----|---------|
| 2005-06 | 21-0  | 167-8.0   | 12-46   | .261 | 1-3     | .333 | 13-16  | .813 | 13-14   | 27-1.3  | 15-0  | 9  | 21  | 0   | 6   | 38-1.8  |
| 2006-07 | 27-8  | 228-8.4   | 28-66   | .424 | 0-2     | .000 | 9-17   | .529 | 7-20    | 27-1.0  | 13-0  | 17 | 15  | 0   | 5   | 65-2.4  |
| 2007-08 | 28-25 | 891-31.8  | 103-257 | .401 | 0-2     | .000 | 62-91  | .681 | 49-77   | 126-4.5 | 60-2  | 46 | 82  | 3   | 20  | 268-9.6 |
| Career  | 46-33 | 1286-27.9 | 143-369 | .387 | 1-7     | .143 | 84-124 | .677 | 69-111  | 180-3.9 | 88-2  | 72 | 118 | 3   | 31  | 371-8.1 |

# Player Profiles

## RETURNING PLAYERS



### Career Highs

#### Points

15 vs West Chester (01/05/08)

#### Rebounds

7 at Lock Haven (02/13/08)

#### Field Goals

6 vs East Stroudsburg (12/02/07)

#### Field Goals Attempted

11 vs East Stroudsburg (12/02/07)

#### 3-Pointers Made

5 vs West Chester (01/05/08)

#### 3-Pointers Attempts

6 vs West Chester (01/05/08)

#### Free Throws Made

3 vs Edinboro (01/19/08)

#### Free Throws Attempted

4 at Indiana (Pa.) (01/30/08)

#### Assists

9 at Slippery Rock (02/02/08)

#### Blocked Shots

1 at Indiana (Pa.) (03/04/08)

#### Steals

3 vs Lock Haven (01/16/08)

#### Minutes

40 at Edinboro (02/09/08)

21

## Michelle Metz

Jr. • Guard • 5-6

Pottstown/Pottsgrove



### 2007-08 (as a sophomore)

Continues to improve at the point guard position...excels with ability to drive to the basket and create open looks for teammates...led team with 140 assists, an average of 5.0 per game...that total is the fourth-most in SU single-season history... tied a career high with 15 points on five three-pointers against West Chester on January 5...recorded a career-high nine assists against Slippery Rock on February 2...was also a strong rebounder...grabbed a career-high seven rebounds against Lock Haven on February 13...finished the season shooting 41 percent from three point range, and paired with Lauren Beckley to become the first duo in school history to shoot over 40 percent in the same season...averaged 6.8 points per game and 5.0 assists per game...averaged 8.8 points per game in PSAC contests...ranked 35th in the nation in assists per game and 65th in assist-to-turnover ratio.

### 2006-07 (as a freshman)

Was one of six players to appear in all 28 of the team's games, averaging 17.9 minutes per game ... made five starts for the season as a valuable member of the guard rotation...totaled 11 three-point field goals ... converted over 71 percent of her free throw attempts ... averaged 3.2 points per game, totaling 89 for the season ... recorded 18 steals and five blocks.

### Before Shippensburg

Totaled 1,345 points, 15th in Pottstown Mercury-area history and third on Pottsgrove's career list ... also had 473 assists and 298 steals at Pottsgrove where she played for head coach Mike Brendlinger ... averaged nearly five assists per game in helping her team to a 71-27 record during her career, including 59-15 her last three seasons ... led the Pioneer Athletic Conference in three pointers as a senior ... named Pottstown Mercury Player of the Year last year ... averaged 13.3 points, 5.9 assists, 4.4 rebounds and two steals per game as a junior ... she also made 39 three-pointers ... earned four consecutive All-PAC First Team honors ... named Honorable Mention Southeastern Pennsylvania by the Philadelphia Inquirer as a junior and senior ... although the Falcons were quite successful during Metz's four seasons, they never won a PAC postseason championship or advanced past the second round of the District 1 Class AAA tournament ... an all-around athlete, Metz played field hockey and softball through 10th grade before trying lacrosse as a junior and track and field as a senior.

### Personal

Full name is Michelle Lynne Metz ... born on March 9, 1988 in Phoenixville ... is the daughter of Randy and Susan Metz ... majoring in art ... uncle Rick Sturgeon also attended Shippensburg

### Trn on Metz

*"Michelle made many improvements throughout the 2007-2008 season, and will be looked upon to take that experience to the next level for the Lady Raiders. She showed she has the ability to get to the basket, and set up her teammates very well off the pass. If she can step up as a leader on the floor, there is no telling where we can go!"*

### CAREER STATISTICS

| Year    | G-GS  | Min-Avg   | FG-FGA | Pct. | 3FG-FGA | Pct. | FT-FTA | Pct. | Off-Def | Reb-Avg | PF-DQ | A   | TO  | Blk | Stl | Pts-Avg |
|---------|-------|-----------|--------|------|---------|------|--------|------|---------|---------|-------|-----|-----|-----|-----|---------|
| 2006-07 | 28-5  | 502-17.9  | 24-70  | .343 | 11-37   | .297 | 30-42  | .714 | 8-49    | 57-2.0  | 54-1  | 70  | 62  | 5   | 18  | 89-3.2  |
| 2007-08 | 28-28 | 982-35.1  | 68-157 | .433 | 29-70   | .414 | 24-36  | .667 | 10-96   | 106-3.8 | 63-0  | 140 | 95  | 5   | 21  | 189-6.8 |
| Career  | 56-33 | 1484-26.5 | 92-227 | .405 | 40-107  | .374 | 54-78  | .692 | 18-145  | 163-2.9 | 117-1 | 210 | 367 | 10  | 39  | 278-5.0 |



## Sheila Wasser

*Jr. • Guard • 5-8*  
*Tremont/Pine Grove*

### 2007-08 (as a sophomore)

Appeared in 21 games before missing time with a foot injury... provided critical depth in the Lady Raider rotation...shot 45 percent from the field...totaled 44 points on the season for an average of 2.1 per game...scored a career-high seven points against Tiffin on November 16...recorded five rebounds and played 23 minutes against West Virginia Wesleyan on December 15...averaged 13.5 minutes per game.

### 2006-07 (as a freshman)

Appeared in eight of the team's games as a freshman, earning a start on the road against Lock Haven ... totaled three points and one rebound, while forcing two steals ... averaged 2.3 minutes per game.

### Before Shippensburg

Four-year letterwinner at Pine Grove for head coach Theodore Dreisbach ... averaged 10.2 points and 4.8 rebounds as a senior ... totaled 861 points, 352 rebounds, 255 assists and 153 steals in her career with the Cardinals ... earned All-Schuylkill League Second Team honors as a senior ... team won at least 20 games in all four seasons ... won Schuylkill League championship and District 9 championship as a freshman ... also competed in cross country and track and field ... graduated ranked sixth out of 132 in her class ... member of distinguished honor roll and National Honor Society.

### Personal

Full name is Sheila Marie Wasser ... born on August 31, 1988 in Pottsville ... is the daughter of Bill and Sandy Wasser ... majoring in education ... has a twin sister, Shelley also a member of the Lady Raider basketball team.

### Trn on Wasser

*"Sheila provided some key minutes for our team last season before being sidelined with a foot injury. As she continues to get healthy and back into game shape, I see Sheila providing us with solid, fundamental play on both offense and defense. Sheila knows the game and makes solid decisions on the floor. She has a very good perimeter shot, and our goal is to get her to take more of her open looks on the floor."*

### Career Highs

#### Points

7 vs Tiffin (11/16/07)

#### Rebounds

5 at West Virginia Wesleyan (12/15/07)

#### Field Goals

3 at West Virginia Wesleyan (12/15/07)

#### Field Goals Attempted

7 at West Virginia Wesleyan (12/15/07)

#### 3-Pointers Made

1 at Cheyney (01/13/08)

#### 3-Pointers Attempted

2 vs Dowling (12/07/07)

#### Free Throws Made

2 vs Dowling (12/07/07)

#### Free Throws Attempted

7 at West Virginia Wesleyan (12/15/07)

#### Assists

2 vs Lock Haven (01/16/08)

#### Steals

2 vs Kutztown (12/01/07)

#### Minutes

23 at West Virginia Wesleyan (12/15/07)

24

### CAREER STATISTICS

| Year          | G-GS        | Min-Avg        | FG-FGA       | Pct.        | 3FG-FGA     | Pct.        | FT-FTA     | Pct.        | Off-Def      | Reb-Avg       | PF-DQ       | A        | TO        | Blk      | Stl      | Pts-Avg       |
|---------------|-------------|----------------|--------------|-------------|-------------|-------------|------------|-------------|--------------|---------------|-------------|----------|-----------|----------|----------|---------------|
| 2006-07       | 8-1         | 18-2.3         | 1-3          | .333        | 0-2         | .000        | 1-2        | .500        | 1-0          | 1-0.1         | 0-0         | 0        | 3         | 0        | 2        | 3-0.4         |
| 2007-08       | 21-0        | 208-14.9       | 19-42        | .452        | 3-8         | .375        | 3-7        | .429        | 14-19        | 33-1.6        | 10-0        | 9        | 17        | 0        | 5        | 44-2.1        |
| <b>Career</b> | <b>29-1</b> | <b>226-7.8</b> | <b>20-45</b> | <b>.444</b> | <b>3-10</b> | <b>.300</b> | <b>4-9</b> | <b>.444</b> | <b>15-19</b> | <b>34-1.2</b> | <b>10-0</b> | <b>9</b> | <b>20</b> | <b>0</b> | <b>7</b> | <b>47-1.6</b> |

# Player Profiles

## RETURNING PLAYERS



### Shelley Wasser

Jr. • Guard • 5-8

Tremont/Pine Grove

#### 2007-08 (as a sophomore)

Appeared in six games after joining the team in the middle of the season...added depth to the roster during the second half of the season...scored seven points on 3-of-4 shooting from the field...was 1-of-2 from the free throw line...totaled three rebounds on the year.

#### 2006-07 (as a freshman)

Attended Millersville University but did not compete in any athletic programs.

#### Before Shippensburg

Four-year letterwinner at Pine Grove for head coach Ted Dreisbach ... averaged 9.7 points and 6.6 assists as a senior ... totaled 838 points during her career with the Cardinals ... earned All-Schuylkill League Honorable Mention honors as a senior ... team won at least 20 games in all four seasons ... won Schuylkill League championship all four seasons ... won District 9 championship as a freshman ... also competed in cross country and track and field ... graduated third out of 132 in her class ... member of distinguished honor roll and National Honor Society ... named Senior of the Month.



#### Trn on Wasser

*"Shelley joined us midseason last year, and worked very hard to acclimate herself to our system. She has a tremendous work ethic, and continues to improve with every passing day. I feel she has the ability to play the 2, 3, or 4 spot for us."*

#### Career Highs

##### Points

2 vs Indiana (Pa.) (02/27/08)

##### Field Goals

1 vs Indiana (Pa.) (02/27/08)

##### Field Goals Attempted

2 at California (02/20/08)

##### Free Throws Made

1 vs California (Pa.) (01/23/08)

##### Free Throws Attempted

2 vs California (Pa.) (01/23/08)

##### Minutes

2 vs Indiana (Pa.) (02/27/08)

35

#### CAREER STATISTICS

| Year    | G-GS       | Min-Avg      | FG-FGA     | Pct.        | 3FG-FGA    | Pct.        | FT-FTA     | Pct.        | Off-Def    | Reb-Avg      | PF-DQ      | A        | TO       | Blk      | Stl      | Pts-Avg      |
|---------|------------|--------------|------------|-------------|------------|-------------|------------|-------------|------------|--------------|------------|----------|----------|----------|----------|--------------|
| 2007-08 | 6-0        | 8-1.3        | 3-4        | .750        | 0-0        | .000        | 1-2        | .500        | 2-1        | 3-0.5        | 0-0        | 0        | 1        | 0        | 0        | 7-1.2        |
| Career  | <b>6-0</b> | <b>8-1.3</b> | <b>3-4</b> | <b>.750</b> | <b>0-0</b> | <b>.000</b> | <b>1-2</b> | <b>.500</b> | <b>2-1</b> | <b>3-0.5</b> | <b>0-0</b> | <b>0</b> | <b>1</b> | <b>0</b> | <b>0</b> | <b>7-1.2</b> |



# 32

## Ally Briggs

Jr. • Guard • 5-7

Palmyra/ Palmyra

### 2007-08 (as a sophomore)

Was not with the team...competed for the Lady Raider track and field program.

### 2006-07 (as a freshman)

Was not with the team...competed for the Lady Raider track and field program.

### Before Shippensburg

Was named the most-valuable player of her high school team in her senior year... earned a playing spot in the Pennsylvania vs. Maryland game... won four letters while playing at Palmyra... also ran cross country, track, and played tennis.

### Personal

Full name is Alexis Julianne Briggs... born Mar. 3, 1987... is the daughter to Tray and Julie Briggs... majoring in biology and marketing.



### Trn on Briggs

*"Ally comes to us after two years with the track and field program. She has done an outstanding job in pre-season, and will provide us with extra depth at the 1 or 2 spot this season. She is very focused on the defensive end, and can provide us with the extra help we need in that area."*



# 31

## Caitlin Bamberger

Fr. • Forward • 6-0

Blandon/ Fleetwood Area

### Before Shippensburg

Totaled 934 total points while averaging 21.1 points per game... was a three-time All-Berks Division II Team...was a three-time MVP, a two-year captain, and a four-year varsity starter... won four letters... also played volleyball and ran track.

### Personal

Full name is Caitlin Renee Bamberger... born Nov. 1, 1989... is the daughter of Greg and Bernie Bamberger... is majoring in biology.



### Trn on Bamberger

*"Although undersized for the post, she has great natural instincts on the block, and the ability to put the ball on the floor and go strong from the perimeter. I see her creating some matchup problems for our opponents. She has the ability to play the '3' or '4' for us."*

# Player Profiles

## NEWCOMERS



33

### Kaitlin Capriccio

Fr. • Forward • 6-0

Hillsborough, N.J./Hillsborough

#### Before Shippensburg

Earned a leadership role as a team captain at Hillsborough High School in 2007 and 2008... received the Star Player of the Year and MVP award in 2008... also won the Outstanding Female Athlete Award and received Second Team All-Conference honors in 2008... was an All-Area Honorable Mention recipient in 2008... received All-Area Improvement Team honors in 2008... earned the All-Tournament MVP award 2008... won the Skyland Conference Delaware East Division Championship in 2007... won the Somerset County Conference Title in 2006... earned four letters.

#### Personal

Full name is Kaitlin Mary Capriccio... born Oct. 19, 1989... is the daughter of Frank and Kerry Capriccio... majoring in education.



### Trn on Capriccio

*"Kaitlin has outstanding fundamentals, footwork, strength and instincts in the block area. She wants to learn and has a great work ethic. I see her making contributions right away."*



44

### Beth Hart

Fr. • Center • 6-2

Crownsville, Md./ Old Mill

#### Before Shippensburg

Was a part of the MPSAA Regional Champion squad in 2007...won second county championship in 2007... had a career-high of 20 points and 16 rebounds in one game... averaged 12.6 points and 11.3 rebounds throughout her high school career... won three letters at Old Mill High School.

#### Personal

Full name is Bethany Faithe Hart... born Oct. 20, 1989... daughter to Jonathan and Kendra Hart... is majoring in communications/journalism.



### Trn on Hart

*"Beth gives us that strong presence in the lane we were lacking last season. We need her to establish herself as a defensive presence in the paint. She has the ability to get up and down the floor, and her toughness on the block can provide us with some offensive impact as well. She will need to battle in the paint everyday."*



# 40



# 42

## Lindsay Howard

*Fr. • Center • 6-1*

*Forest Hills, Md./ Fallston*

### Before Shippensburg

Earned 749 career points, 148 career blocks, and 510 career rebounds... averaged 10.6 points per game as a senior... the Fallston women's basketball team won the UCBA conference in all three years in which she participated... earned a UCBA All-Star award as a senior... won a spot on the First Team All-County during two years of competition... received Second Team All-Metro honors as a senior... won three letters and also earned two letters for women's soccer.

### Personal

Full name is Lindsay Anne Howard... born June 25, 1990... is the daughter of Marty and Kathy Howard... majoring in exercise science.



### **Trn on Howard**

*"Lindsay provides us with a post that can really get up and down the floor. She is more finesse than power in the post. She has a good perimeter touch, and will provide us with many different looks from our post positions."*

## Jenn Morrow

*Fr. • Center • 6-4*

*Etters/Red Land*

### Before Shippensburg

Won three letters at Red Land High School... played for the Mid-Penn Motion club team for head coach Brett McCreary.

### Personal

Full name is Jennifer Leigh Morrow... born July 2, 1990... is the daughter of Craig and Kathy Morrow... majoring in elementary education.



### **Trn on Morrow**

*"Jenn will also be looked upon to provide a presence in the paint for us. Defense will be the focus with Jenn, and as she gets stronger and in better shape, she too will give us many options in the post this year."*

# Player Profiles

## NEWCOMERS



34



13

### Shannon Stokes

*Fr. • Center • 6-2  
Lebanon/Cedar Crest*

#### Before Shippensburg:

Selected to the Lebanon All-County Team... earned a spot on the Cedar Crest High School Tip-off All-Tournament Team in 2007 and 2008... won three letters while playing at Cedar Crest.

#### Personal

Full name is Shannon Michele Stokes... born Oct. 10, 1989 in Lebanon... is the daughter of Timothy and Michele Stokes... majoring in chemistry.



#### Trn on Stokes

*"Shannon has great hands. She can shoot with accuracy from the perimeter, and can hit turnaround shots on the baseline. Once she gets in shape and adds some strength the sky's the limit."*

### Erin Varley

*Fr. • Guard • 5-5  
Bethel Park/ Bethel Park*

#### Before Shippensburg

Averaged seven points, six assists and five rebounds per game in her high school career... nominated for Athlete of the Year and the National Women in Sports award by The Almanac... played on four district playoff teams, one district final team, three state playoff teams and one state quarterfinal team at Bethel Park... won three letters... earned a leadership role as captain.

#### Personal

Full name is Erin Kathleen Varley... born Oct. 21, 1989... is the daughter of Kevin and Kathleen Varley... majoring in chemistry.



#### Trn on Varley

*"Erin has come into the program as one of the best conditioned freshmen I have ever coached. She is a tremendous worker and team player. Her ability to make plays and set up her teammates will give us very good depth at the point position. She is a coach's dream. You know she is always working and looking for ways to improve herself, for her team."*

# 2007-2008 Season Review



# 2007-2008 Season in Review

## No. 16 IUP Edges Shippensburg 55-48 in PSAC Quarterfinals, Lady Raiders End Season 19-9

Jahzinga Tracey totaled 19 points and 12 rebounds, both game-highs, to lead No. 16-ranked Indiana (Pa.) to its first victory in three tries against Shippensburg this season, 55-48 in the quarterfinals of the PSAC Women's Basketball Championship at Memorial Field House.

With the win, the Crimson Hawks (25-4) will host the PSAC final four where they will play West Chester in the semifinals after the Golden Rams defeated Cheyney 84-69. Meanwhile, Shippensburg concludes its season with a 19-9 record, just missing its first 20-win season since 2002.

With 6:06 left in the first half, senior guard Megan Fogle scored to put Shippensburg in front 27-20, but the Lady Raiders would not hit another field goal until Fogle scored with 15:54 to play in the game that put Shippensburg up by one, 31-30.

Following a two-pointer by Fogle with 5:49 left in the game, the Lady Raiders did not score another point from the field, finishing the game with just two attempts from the floor while committing six turnovers.

Sophomore forward Lauren Beckley led Shippensburg in scoring with 13 points and 10 rebounds, while Fogle finished with 11 points, and sophomore guard Michelle Metz added seven points and seven assists.

Through two seasons, Beckley has totaled 28 double-doubles and 1,172 points, including 130 three-point field goals.

## Gardner Keys Second Victory Over Nationally-Ranked IUP, 77-50

Shippensburg University women's basketball freshman forward Kasey Gardner scored a career-high 27 points while holding All-American Jahzinga Tracey to just eight points as the Lady Raiders upset nationally-ranked Indiana (Pa.) for the second time in as many games this season, 77-50 at Heiges Field House.

More importantly for Shippensburg (19-8, 7-5 PSAC West), the win all but assures the team the fourth and final playoff spot from the Western Division for the PSAC Women's Basketball Championship. If the Lady Raiders can clinch, it will mark the 14th time in the last 15 seasons that the Lady Raiders have advanced to the conference tournament, including the last two-straight.

## Strong Defense, Balanced Scoring Lead Lady Raiders Past Slippery Rock, 62-44

Strong defense and balanced scoring helped the Shippensburg University women's basketball move one step closer to making a return trip to the PSAC Women's Basketball Championship and highlighted a 62-44 victory over Slippery Rock at Heiges Field House.

The Lady Raiders maintained their half-a-game lead over Edinboro for the fourth and final playoff spot from the Western Division after the Fighting Scots were also winners, 75-65 over Lock Haven.

Four players scored in double figures for Shippensburg, who limited The Rock (7-18, 1-0 PSAC West) to just 44 points, the fewest a Lady Raider opponent has totaled all season. Slippery Rock managed only 17 points in the first half and trailed by 15, 32-17.

## Beckley Scores School Record 47 Points in 76-69 Victory at Lock Haven

Shippensburg University women's basketball sophomore forward Lauren Beckley scored a school record 47 points, 30 of which came in the second half, as the Lady Raiders won their ninth game out of the last 12, 76-69 at Lock Haven at Thomas Fieldhouse.

The 47 points broke a 15-year old school record held by current head coach Kristy Trn '93-'94M who scored 45 against Cheyney on Feb. 11, 1993.

The game featured 12 lead changes, including eight in the first half, the last of which came with four seconds remaining when sophomore guard Michelle Metz scored on a layup to give Shippensburg (17-6, 5-3 PSAC West) a 33-31 halftime lead. There were also 16 ties.

## Beckley Makes History in Scoring 1,000th Career Point in 74-58 Victory at The Rock

Shippensburg University women's basketball sophomore forward Lauren Beckley became the first woman in PSAC history to score 1,000 points as a sophomore, finishing with 23 to lead the Lady Raiders to a 74-58 victory at Slippery Rock inside Morrow Field House.

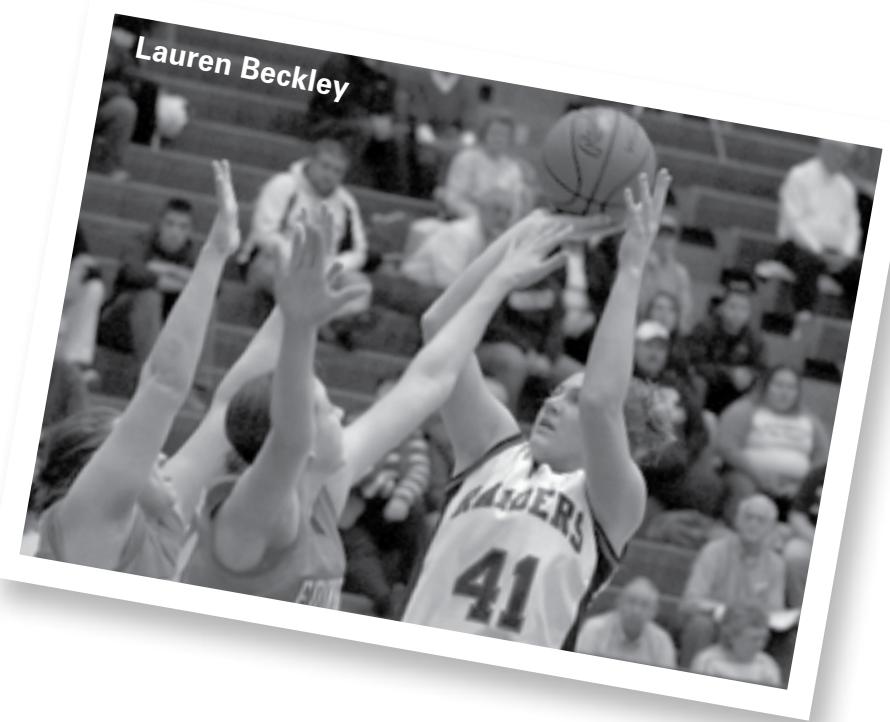
The win was important for Shippensburg (16-5, 4-2 PSAC West) who maintained its hold on third place in the PSAC Western Division, just a half-game behind California (Pa.) and Indiana (Pa.) who are tied for first with a 4-1 record.

## Strong Free Throw Shooting Leads Lady Raiders Past Cheyney on the Road, 82-73

Sophomore forward Lauren Beckley scored a career-high 38 points to lead four Lady Raiders in double figures as the Shippensburg University women's basketball team overcame 30 turnovers en route to an 82-73 victory over Cheyney at Cope Hall.

As a team, Shippensburg (12-3) has now won nine in a row over Cheyney, including six-straight on the road, while matching its best start since the 2000-01 season when the Lady Raiders started 18-2 en route to a 28-5 record, their conference record sixth-straight PSAC championship and an appearance in the Elite Eight.

Shippensburg has not lost to Cheyney on the road since Jan. 30, 1989 and is 49-19 against the PSAC Eastern Division in nine seasons under head coach Kristy Trn, who became the team's career wins leader on January 6 with a 72-61 victory over Millersville at home.



## Second Half Run Leads Lady Raiders to Third-Straight Win, 72-61 Over Millersville

Shippensburg University women's basketball team used a decisive 19-1 run to open an 11-point lead midway through the second half en route to its third consecutive win, 72-61 over Millersville in a PSAC crossover contest Sunday afternoon at Heiges Field House.

During the run, the Lady Raiders (11-3) scored 12 points on four three-pointers while holding the Marauders to 0-of-8 shooting from the floor and forcing four turnovers. Shippensburg finished the game with a season-high 10 three-pointers, tying the mark set in yesterday's 74-62 win over West Chester at home.

During that time, Shippensburg turned a seven-point deficit into an 11-point lead before Kunzman's basket cut the deficit to eight.

## Kristy Trn Becomes the Winningest Coach in School History with a 72-61 Victory over Millersville

The Shippensburg University women's basketball team's 72-61 victory over Millersville on January 6 was the 161st victory for head coach Kristy Trn '93-'94M in nine seasons at Shippensburg, making her the winningest coach in school history. She passed current Belalrmine head coach David Smith who totaled 160 wins in eight seasons with the Lady Raiders from 1990-98.

Trn, who played three seasons under Smith in from 1990-93 before joining him as an assistant coach for four seasons from 1994-98, had a career record of 161-85 (.654). Smith had a record of 160-69 (.699) at Shippensburg.

The victory also marked the Lady Raiders' best start to a season since the 2001-02 campaign when Shippensburg also started the year 11-3 en route to a 20-9 record and an appearance in the 2002 NCAA Women's Basketball Championship.

In Trn's 13-plus seasons at Shippensburg as both the head coach and full-time assistant coach, the Lady Raiders had a record of 288-113 (.718), 11 winning seasons, eight 20-win seasons, eight NCAA Tournament appearances, six PSAC championships, three NCAA East Region titles, three Elite Eight appearances and a final national ranking of No. 2 in 1996.

## Lady Raiders Hold Off Late Rally From West Virginia Wesleyan in 75-72 Road Victory

Led by 21 points from senior guard Megan Fogle, highlighted by two free throws with 7.1 seconds remaining, the Shippensburg University women's basketball team escaped West Virginia Wesleyan with a 75-72 victory at Rockefeller Center.

## 2007-2008 SEASON RESULTS

OVERALL: • HOME: • AWAY: • NEUTRAL: • PSAC WEST:

| Date     | Opponent          | W/L    | Score  | High Points | High Rebounds |
|----------|-------------------|--------|--------|-------------|---------------|
| 11/16/07 | TIFFIN            | W      | 89-71  | 31-Beckley  | 10-Beckley    |
| 11/17/07 | HILLSDALE         | L      | 49-64  | 20-Fogle    | 6-Metz        |
| 11/25/07 | PITT-JOHNSTOWN    | W      | 71-57  | Two with 16 | 10-Beckley    |
| 12/01/07 | KUTZTOWN          | W      | 62-46  | 24-Beckley  | 14-Beckley    |
| 12/02/07 | E. STROUDSBURG    | W      | 76-65  | 30-Beckley  | 12-Beckley    |
| 12/07/07 | DOWLING           | W      | 61-50  | Two with 15 | Two with 7    |
| 12/08/07 | SETON HILL        | W      | 66-47  | 27-Beckley  | 10-Beckley    |
| 12/15/07 | WEST VA WESLEYAN  | W      | 75-72  | 23-Beckley  | 10-Beckley    |
| 12/18/07 | BLOOMSBURG        | W      | 90-74  | 25-Beckley  | 11-Beckley    |
| 12/19/07 | MANSFIELD         | L      | 56-76  | 26-Beckley  | 12-Beckley    |
| 12/29/07 | CHARLESTON (WV)   | L      | 51-68  | 14-Beckley  | 16-Beckley    |
| 12/30/07 | W. VIRGINIA STATE | W      | 74-61  | 35-Beckley  | 8-Beckley     |
| 01/05/08 | WEST CHESTER      | W      | 74-62  | Two with 18 | Four with 6   |
| 01/06/08 | MILLERSVILLE      | W      | 72-61  | 21-Beckley  | 8-Beckley     |
| 01/13/08 | CHEYNEY           | W      | 82-73  | 38-Beckley  | 10-Beckley    |
| 01/16/08 | LOCK HAVEN        | W      | 69-55  | 20-Beckley  | 13-Beckley    |
| 01/19/08 | EDINBORO          | W      | 72-65  | 22-Beckley  | 11-Beckley    |
| 01/23/08 | CALIFORNIA (PA.)  | L      | 74-100 | 21-Mercer   | 10-Beckley    |
| 01/26/08 | CLARION           | L      | 58-72  | 20-Gardner  | 15-Beckley    |
| 01/30/08 | INDIANA (Pa.)     | W      | 88-75  | 25-Gardner  | 19-Beckley    |
| 02/02/08 | SLIPPERY ROCK     | W      | 74-58  | 23-Beckley  | 14-Beckley    |
| 02/09/08 | EDINBORO          | L      | 65-77  | 19-Mercer   | 12-Beckley    |
| 02/13/08 | LOCK HAVEN        | W      | 76-69  | 47-Beckley  | 11-Beckley    |
| 02/16/08 | CLARION           | L (OT) | 81-88  | 32-Beckley  | 18-Beckley    |
| 02/20/08 | CALIFORNIA        | L      | 66-86  | 20-Beckley  | 8-Beckley     |
| 02/23/08 | SLIPPERY ROCK     | W      | 62-44  | 13-Beckley  | Three with 7  |
| 02/27/08 | INDIANA (PA.)     | W      | 77-50  | 27-Gardner  | 14-Beckley    |
| 03/04/08 | INDIANA (Pa.)     | L      | 48-55  | 13-Beckley  | 10-Beckley    |

The win was the sixth-straight for the Lady Raiders (7-1) who are off to their best start since the 2003-04 season when the team also started 7-1 en route to a 19-11 final record and an appearance in the title game of the PSAC Women's Basketball Championship.

Fogle, who has made 79.0 percent of her free throw attempts in her career, would hit both to give Shippensburg a three-point lead, 75-72, and more importantly, force the Lady Bobcats to have to make a three-pointer to send the game into overtime.

Fogle finished the game with 21 points, five rebounds and five assists while holding Darling, the Lady Bobcats' second-leading scorer and top three-point shooter, scoreless. Her 79.0 percent career free throw percentage is just off the school record held by current assistant coach Jen Scaffidi who made 79.3 percent of her attempts from 2001-05.

## Metz Scores Career-High 15 in 76-65 Victory over East Stroudsburg

Behind 30 points and 12 rebounds from sophomore forward Lauren Beckley, the Shippensburg University women's basketball team won its third-straight, using a strong second half to down East Stroudsburg, 76-65 at Heiges Field House.

Beckley was one of four Lady Raiders to score in double figures. Sophomore guard Michelle Metz was also a factor in the second half, totaling 12 of her career-high 15 points. She also finished the game with six rebounds, one shy of her career-high.

Freshman forward Kasey Gardner continued her strong rookie season, scoring in double figures for the fourth time this season with 14 points, all in the second half, while adding five rebounds. Despite a poor shooting performance on Saturday, senior guard Megan Fogle rebounded with 10 points on Sunday to go along with a career-high eight assists.

# 2007-2008 Season Statistics

## SEASON STATISTICS

| Name             | GP-GS     | Min-Avg     | (- - - TOTAL - - -) |             |                | (- - - 3 PTS - - -) |                |             | (- - - REBOUNDS - - -) |            |             |             |            |          |            |            |           |            |             |             |
|------------------|-----------|-------------|---------------------|-------------|----------------|---------------------|----------------|-------------|------------------------|------------|-------------|-------------|------------|----------|------------|------------|-----------|------------|-------------|-------------|
|                  |           |             | FG-FGA              | Pct         | 3FG-FGA        | Pct                 | FT-FTA         | Pct         | Off                    | Def        | Reb         | Avg         | PF         | FO       | A          | TO         | Blk       | Stl        | Pts         | Avg         |
| Lauren Beckley   | 28-28     | 983-35.1    | 217-430             | .505        | 55-127         | .433                | 135-163        | .828        | 59                     | 251        | 310         | 11.1        | 67         | 2        | 34         | 48         | 25        | 40         | 624         | 22.3        |
| Megan Fogle      | 28-28     | 993-35.5    | 128-327             | .391        | 47-136         | .346                | 76-99          | .768        | 35                     | 82         | 117         | 4.2         | 68         | 0        | 104        | 77         | 4         | 53         | 379         | 13.5        |
| Kasey Gardner    | 28-28     | 971-34.7    | 117-273             | .429        | 37-93          | .398                | 69-96          | .719        | 40                     | 106        | 146         | 5.2         | 73         | 1        | 72         | 94         | 1         | 37         | 340         | 12.1        |
| Elise Mercer     | 28-25     | 891-31.8    | 103-257             | .401        | 0-2            | .000                | 62-91          | .681        | 49                     | 77         | 126         | 4.5         | 60         | 2        | 46         | 82         | 3         | 20         | 268         | 9.6         |
| Michelle Metz    | 28-28     | 982-35.1    | 68-157              | .433        | 29-70          | .414                | 24-36          | .667        | 10                     | 96         | 106         | 3.8         | 63         | 0        | 140        | 95         | 5         | 21         | 189         | 6.8         |
| Phylicia Bessick | 14-2      | 208-14.9    | 20-54               | .370        | 5-17           | .294                | 16-28          | .571        | 6                      | 12         | 18          | 1.3         | 18         | 0        | 15         | 22         | 0         | 11         | 61          | 4.4         |
| Sheila Wasser    | 21-0      | 284-13.5    | 19-42               | .452        | 3-8            | .375                | 3-7            | .429        | 14                     | 19         | 33          | 1.6         | 10         | 0        | 9          | 17         | 0         | 5          | 44          | 2.1         |
| Chrissy Minnick  | 26-1      | 249-9.6     | 17-44               | .386        | 0-0            | .000                | 2-4            | .500        | 11                     | 28         | 39          | 1.5         | 21         | 0        | 4          | 11         | 1         | 7          | 36          | 1.4         |
| Shelley Wasser   | 6-0       | 8-1.3       | 3-4                 | .750        | 0-0            | .000                | 1-2            | .500        | 2                      | 1          | 3           | 0.5         | 0          | 0        | 0          | 1          | 0         | 0          | 7           | 1.2         |
| Natalie Monroig  | 15-0      | 56-3.7      | 3-14                | .214        | 0-3            | .000                | 4-6            | .667        | 1                      | 6          | 7           | 0.5         | 8          | 0        | 3          | 10         | 0         | 0          | 10          | 0.7         |
| <b>TEAM</b>      |           |             |                     |             |                |                     |                |             | <b>50</b>              | <b>60</b>  | <b>110</b>  | <b>3.9</b>  | <b>0</b>   |          |            |            | <b>7</b>  |            |             |             |
| <b>Total</b>     | <b>28</b> | <b>5625</b> | <b>695-1602</b>     | <b>.434</b> | <b>176-456</b> | <b>.386</b>         | <b>392-532</b> | <b>.737</b> | <b>277</b>             | <b>738</b> | <b>1015</b> | <b>36.2</b> | <b>388</b> | <b>5</b> | <b>427</b> | <b>464</b> | <b>39</b> | <b>194</b> | <b>1958</b> | <b>69.9</b> |
| <b>Opponents</b> | <b>28</b> | <b>5625</b> | <b>699-1712</b>     | <b>.408</b> | <b>103-366</b> | <b>.281</b>         | <b>340-455</b> | <b>.747</b> | <b>336</b>             | <b>707</b> | <b>1043</b> | <b>37.2</b> | <b>452</b> | <b>-</b> | <b>352</b> | <b>459</b> | <b>90</b> | <b>248</b> | <b>1841</b> | <b>65.8</b> |

## PSAC WESTERN DIVISION STATISTICS

| Name             | GP-GS     | Min-Avg     | (- - - TOTAL - - -) |             |               | (- - - 3 PTS - - -) |                |             | (- - - REBOUNDS - - -) |            |            |             |            |          |            |            |           |            |            |             |
|------------------|-----------|-------------|---------------------|-------------|---------------|---------------------|----------------|-------------|------------------------|------------|------------|-------------|------------|----------|------------|------------|-----------|------------|------------|-------------|
|                  |           |             | FG-FGA              | Pct         | 3FG-FGA       | Pct                 | FT-FTA         | Pct         | Off                    | Def        | Reb        | Avg         | PF         | FO       | A          | TO         | Blk       | Stl        | Pts        | Avg         |
| Lauren Beckley   | 12-12     | 434-36.2    | 85-181              | .470        | 26-59         | .441                | 69-86          | .802        | 21                     | 131        | 152        | 12.7        | 34         | 1        | 20         | 24         | 6         | 14         | 265        | 22.1        |
| Kasey Gardner    | 12-12     | 438-36.5    | 59-114              | .518        | 25-46         | .543                | 32-44          | .727        | 18                     | 46         | 64         | 5.3         | 30         | 0        | 32         | 48         | 1         | 14         | 175        | 14.6        |
| Megan Fogle      | 12-12     | 408-34.0    | 53-126              | .421        | 17-47         | .362                | 41-59          | .695        | 12                     | 30         | 42         | 3.5         | 29         | 0        | 35         | 29         | 1         | 26         | 164        | 13.7        |
| Elise Mercer     | 12-10     | 326-27.2    | 38-96               | .396        | 0-1           | .000                | 23-30          | .767        | 18                     | 25         | 43         | 3.6         | 26         | 0        | 15         | 28         | 1         | 3          | 99         | 8.3         |
| Michelle Metz    | 12-12     | 430-35.8    | 26-70               | .371        | 13-33         | .394                | 14-21          | .667        | 6                      | 32         | 38         | 3.2         | 29         | 0        | 63         | 33         | 2         | 6          | 79         | 6.6         |
| Phylicia Bessick | 12-2      | 176-14.7    | 18-50               | .360        | 3-15          | .200                | 6-16           | .375        | 5                      | 6          | 11         | 0.9         | 15         | 0        | 12         | 18         | 0         | 10         | 45         | 3.8         |
| Shelley Wasser   | 6-0       | 8-1.3       | 3-4                 | .750        | 0-0           | .000                | 1-2            | .500        | 2                      | 1          | 3          | 0.5         | 0          | 0        | 0          | 1          | 0         | 0          | 7          | 1.2         |
| Sheila Wasser    | 6-0       | 68-11.3     | 3-3                 | 1.000       | 1-1           | 1.000               | 0-0            | .000        | 2                      | 3          | 5          | 0.8         | 2          | 0        | 3          | 7          | 0         | 1          | 7          | 1.2         |
| Natalie Monroig  | 7-0       | 23-3.3      | 3-5                 | .600        | 0-1           | .000                | 2-2            | 1.000       | 0                      | 4          | 4          | 0.6         | 3          | 0        | 2          | 6          | 0         | 0          | 8          | 1.1         |
| Chrissy Minnick  | 12-0      | 114-9.5     | 6-21                | .286        | 0-0           | .000                | 1-2            | .500        | 6                      | 13         | 19         | 1.6         | 5          | 0        | 2          | 6          | 0         | 2          | 13         | 1.1         |
| <b>TEAM</b>      |           |             |                     |             |               |                     |                |             | <b>19</b>              | <b>28</b>  | <b>47</b>  | <b>3.9</b>  | <b>0</b>   |          |            |            | <b>2</b>  |            |            |             |
| <b>Total</b>     | <b>12</b> | <b>2425</b> | <b>294-670</b>      | <b>.439</b> | <b>85-203</b> | <b>.419</b>         | <b>189-262</b> | <b>.721</b> | <b>109</b>             | <b>319</b> | <b>428</b> | <b>35.7</b> | <b>173</b> | <b>1</b> | <b>184</b> | <b>202</b> | <b>11</b> | <b>76</b>  | <b>862</b> | <b>71.8</b> |
| <b>Opponents</b> | <b>12</b> | <b>2425</b> | <b>317-757</b>      | <b>.419</b> | <b>39-145</b> | <b>.269</b>         | <b>166-217</b> | <b>.765</b> | <b>147</b>             | <b>303</b> | <b>450</b> | <b>37.5</b> | <b>213</b> | <b>-</b> | <b>146</b> | <b>180</b> | <b>30</b> | <b>112</b> | <b>839</b> | <b>69.9</b> |

## TEAM STATISTICS

| Opponent              | Score  | W/L  | (- - - TOTAL - - -) |      |         | (- - - 3 PTS - - -) |        |      | (- - - REBOUNDS - - -) |     |     |      |    |    |    |     |     |     |      |
|-----------------------|--------|------|---------------------|------|---------|---------------------|--------|------|------------------------|-----|-----|------|----|----|----|-----|-----|-----|------|
|                       |        |      | FG-FGA              | Pct  | 3FG-FGA | Pct                 | FT-FTA | Pct  | Off                    | Def | Reb | Avg  | FO | A  | TO | Blk | Stl | Pts | Avg  |
| TIFFIN                | 89-71  | W    | 29-53               | .547 | 7-17    | .412                | 24-29  | .828 | 10                     | 32  | 42  | 42.0 | 15 | 17 | 20 | 3   | 10  | 89  | 89.0 |
| HILLSDALE             | 49-64  | L    | 20-59               | .339 | 2-11    | .182                | 7-10   | .700 | 6                      | 22  | 28  | 35.0 | 13 | 10 | 15 | 2   | 8   | 49  | 69.0 |
| PITT-JOHNSTOWN        | 71-57  | W    | 29-67               | .433 | 5-16    | .313                | 8-11   | .727 | 16                     | 18  | 34  | 34.7 | 9  | 17 | 10 | 4   | 13  | 71  | 69.7 |
| KUTZTOWN              | 62-46  | W    | 25-61               | .410 | 4-16    | .250                | 8-11   | .727 | 14                     | 27  | 41  | 36.2 | 6  | 13 | 12 | 3   | 13  | 62  | 67.8 |
| E. STROUDSBURG        | 76-65  | W    | 28-61               | .459 | 9-14    | .643                | 11-16  | .688 | 12                     | 29  | 41  | 37.2 | 12 | 15 | 16 | 3   | 6   | 76  | 69.4 |
| vs Dowling            | 61-50  | W    | 22-53               | .415 | 3-13    | .231                | 14-19  | .737 | 10                     | 26  | 36  | 37.0 | 11 | 12 | 15 | 0   | 9   | 61  | 68.0 |
| vs Seton Hill         | 66-47  | W    | 21-56               | .375 | 6-18    | .333                | 18-26  | .692 | 11                     | 25  | 36  | 36.9 | 12 | 12 | 13 | 1   | 7   | 66  | 67.7 |
| at West Virginia Wesl | 75-72  | W    | 23-64               | .359 | 6-19    | .316                | 23-26  | .885 | 12                     | 21  | 33  | 36.4 | 21 | 15 | 13 | 2   | 8   | 75  | 68.6 |
| at Bloomsburg         | 90-74  | W    | 37-65               | .569 | 8-13    | .615                | 8-13   | .615 | 10                     | 30  | 40  | 36.8 | 13 | 22 | 14 | 0   | 4   | 90  | 71.0 |
| at Mansfield          | 56-76  | L    | 23-64               | .359 | 4-22    | .182                | 6-9    | .667 | 12                     | 16  | 28  | 35.9 | 20 | 14 | 11 | 2   | 7   | 56  | 69.5 |
| vs Charleston (WV)    | 51-68  | L    | 20-58               | .345 | 2-11    | .182                | 9-11   | .818 | 10                     | 33  | 43  | 36.5 | 14 | 10 | 24 | 1   | 4   | 51  | 67.8 |
| vs West Virginia Stat | 74-61  | W    | 30-62               | .484 | 5-11    | .455                | 9-11   | .818 | 10                     | 33  | 43  | 37.1 | 15 | 15 | 14 | 3   | 3   | 74  | 68.3 |
| WEST CHESTER          | 74-62  | W    | 27-62               | .435 | 10-21   | .476                | 10-18  | .556 | 12                     | 23  | 35  | 36.9 | 15 | 22 | 19 | 0   | 11  | 74  | 68.8 |
| MILLERSVILLE          | 72-61  | W    | 26-52               | .500 | 10-22   | .455                | 10-15  | .667 | 8                      | 23  | 31  | 36.5 | 9  | 21 | 18 | 2   | 6   | 72  | 69.0 |
| at Cheyney            | 82-73  | W    | 24-47               | .511 | 6-13    | .462                | 28-33  | .848 | 8                      | 34  | 42  | 36.9 | 20 | 16 | 30 | 1   | 5   | 82  | 69.9 |
| LOCK HAVEN            | 69-55  | W    | 20-52               | .385 | 9-19    | .474                | 20-26  | .769 | 12                     | 30  | 42  | 37.2 | 12 | 15 | 23 | 0   | 11  | 69  | 69.8 |
| EDINBORO              | 72-65  | W    | 29-59               | .492 | 4-11    | .364                | 10-16  | .625 | 7                      | 28  | 35  | 37.1 | 11 | 16 | 12 | 2   | 5   | 72  | 69.9 |
| CALIFORNIA (PA.)      | 74-100 | L    | 23-61               | .377 | 6-14    | .429                | 22-28  | .786 | 12                     | 21  | 33  | 36.8 | 10 | 11 | 15 | 1   | 5   | 74  | 70.2 |
| at Clarion            | 58-72  | L    | 23-72               | .319 | 6-17    | .353                | 6-8    | .750 | 9                      | 24  | 33  | 36.6 | 17 | 12 | 9  | 1   | 7   | 58  | 69.5 |
| at Indiana (Pa.)      | 88-75  | W    | 30-54               | .556 | 10-20   | .500                | 18-32  | .563 | 3                      | 34  | 37  | 36.7 | 16 | 21 | 12 | 3   | 5   | 88  | 70.4 |
| at Slippery Rock      | 74-58  | W    | 29-62               | .468 | 12-23   | .522                | 4-8    | .500 | 10                     | 20  | 30  | 36.3 | 10 | 23 | 10 | 0   | 9   | 74  | 70.6 |
| at Edinboro           | 65-77  | L    | 23-55               | .418 | 4-18    | .222                | 15-21  | .714 | 15                     | 19  | 34  | 36.2 | 17 | 14 | 15 | 0   | 2   | 65  | 70.4 |
| at Lock Haven         | 76-69  | W    | 25-52               | .481 | 7-15    | .467                | 19-28  | .679 | 12                     | 25  | 37  | 36.3 | 15 | 7  | 20 | 0   | 8   | 76  | 70.6 |
| CLARION               | 81-88  | L OT | 26-62               | .419 | 6-14    | .429                | 23-28  | .821 | 11                     | 31  | 42  | 36.5 | 28 | 17 | 18 | 2   | 4   | 81  | 71.0 |
| at California         | 66-86  | L    | 26-51               | .510 | 5-14    | .357                | 9-11   | .818 | 7                      | 22  | 29  | 36.2 | 11 | 17 | 29 | 0   | 4   | 66  | 70.8 |
| SLIPPERY ROCK         | 62-44  | W    | 19-46               | .413 | 6-18    | .333                | 18-25  | .72  |                        |     |     |      |    |    |    |     |     |     |      |

# The PSAC



# The PSAC

## AWARDS AND RESULTS

**The Pennsylvania State Athletic Conference**, with 57 years of organized competition, has evolved into one of the NCAA's largest and most heralded intercollegiate athletic conferences.

The 2008-09 academic year will be a groundbreaking one for the PSAC, as the league will expand beyond its original 14 members for the first time since its official formation in 1951. New full-time members Gannon University and Mercyhurst College, along with associate member Long Island University – C.W. Post, expect to complement the PSAC's already solid foundation.

With 16 full-time institutions, the PSAC shares distinction with the West Virginia Intercollegiate Athletic Conference as the NCAA Division II's largest in terms of membership. League expansion has brought acclaim through postseason opportunities, as well. In 2008-09, the Conference will sponsor 23 championships, the most for leagues in Division II.

Highly competitive on a regional and national level, PSAC schools annually combine to send nearly one-third of its teams into NCAA postseason play. Ultimately, the membership's success has yielded 40 NCAA team and 218 individual title winners.

While proud of its athletic accomplishments, the league also has evolved into one of Division II's finest from an academic standpoint. Today, well over a quarter of the PSAC's estimated 5,300 participants are honored each year as "Scholar-Athletes" for maintaining a grade-point average of 3.25 or better – a total that has nearly doubled since PSAC Scholar-Athletes were first recognized in the mid-1990s.

The PSAC was organized in 1951 for the purpose of promoting and administering men's athletic programs within the 14 state teachers colleges in the Commonwealth of Pennsylvania. In 1977, due to the interest and growth of women's athletics, the conference was restructured to provide for women's programs.

Upon its formation, the league did not have a standard competitive division. However, in 1980, the league voted to reclassify the entire conference to NCAA Division II. Although all 16 current institutions are members of Division II, eight schools also compete at the Division I level in select sports. PSAC schools enroll over 117,000 students and claim over 661,000 alumni, including 430,000 who reside in Pennsylvania.

The PSAC is governed by the presidents of the 16 member institutions. It employs a commissioner, two assistant commissioners and a director of media relations at its headquarters in Lock Haven, Pa.



## PSAC Final Standings

### WESTERN DIVISION

| Team                 | PSAC | Overall | Pct. |
|----------------------|------|---------|------|
| Indiana (Pa.) # * \$ | 9-3  | 27-5    | .844 |
| California (Pa.)\$   | 9-3  | 27-7    | .794 |
| Clarion              | 8-4  | 18-9    | .667 |
| Shippensburg         | 7-5  | 19-9    | .679 |
| Edinboro             | 6-6  | 17-10   | .630 |
| Lock Haven           | 2-10 | 7-19    | .269 |
| Slippery Rock        | 1-11 | 7-20    | .259 |

### EASTERN DIVISION

| Team              | PSAC | Overall | Pct. |
|-------------------|------|---------|------|
| Millersville # \$ | 12-0 | 24-6    | .800 |
| West Chester      | 9-3  | 19-10   | .655 |
| Cheyney           | 7-5  | 11-16   | .407 |
| East Stroudsburg  | 6-6  | 12-15   | .444 |
| Kutztown          | 4-8  | 11-16   | .407 |
| Bloomsburg        | 3-9  | 8-19    | .296 |
| Mansfield         | 1-11 | 6-21    | .222 |

# Division Champion

\* Tournament Champion

\$ NCAA Tournament participant

## 2008 PSAC Tournament

### QUARTERFINALS

California 79, Shippensburg 65

Indiana 81, Edinboro 58

East Stroudsburg 66, Mansfield 45

Millersville 57, West Chester 54

### SEMIFINALS

Indiana 71, Millersville 53

California 59, East Stroudsburg 52

### FINAL

Indiana 63, California 53

## 2008 PSAC Tournament

### WESTERN DIVISION FIRST TEAM

|     |                                   |
|-----|-----------------------------------|
| F   | Lauren Beckley, Shippensburg      |
| G   | Katrina Greer, Clarion            |
| G   | Samantha Reimer, Edinboro         |
| F   | Kayla Smith, California (Pa.)     |
| G/F | Jahzinga Tracey, Indiana (Pa.)    |
| G   | Brooqe Williams, California (Pa.) |

### WESTERN DIVISION SECOND TEAM

|     |                                   |
|-----|-----------------------------------|
| F   | Jessica Albanese, Clarion         |
| F   | Crystal Andrews, California (Pa.) |
| F   | Kelsey Conklin, Edinboro          |
| G   | Megan Fogle, Shippensburg         |
| F   | Kasey Gardner, Shippensburg       |
| G/F | Staci Heberling, Indiana (Pa.)    |

### WESTERN DIVISION HONORS

|  |
|--|
| Athlete of the Year – Lauren Beckley, Shippensburg |
| Rookie of the Year – Kayla Smith, California (Pa.) |
| Coach of the Year – Gie Parsons, Clarion           |

### EASTERN DIVISION FIRST TEAM

|   |                                       |
|---|---------------------------------------|
| G | Danielle Jones, Cheyney               |
| C | Colleen Kegerreis, Bloomsburg         |
| F | Gladine St. Julien, Millersville      |
| C | Mercedes Van Wagner, Kutztown         |
| G | Dana Weems, West Chester              |
| G | Jackie Yandrisevits, East Stroudsburg |

### EASTERN DIVISION SECOND TEAM

|   |                                      |
|---|--------------------------------------|
| G | Catherine Andrews, West Chester      |
| G | Alicia Espigh, Mansfield             |
| F | Monika Fogelsanger, East Stroudsburg |
| F | Janelle Garber, West Chester         |
| F | Stephanie Orji, Cheyney              |
| G | Rachel Weidensaul, Kutztown          |

### EASTERN DIVISION HONORS

|  |
|--|
| Athlete of the Year – Dana Weems, West Chester   |
| Rookie of the Year – Megan Stewart, West Chester |
| Coach of the Year – Darryl Brown, Cheyney        |

**SCORING**

| No. | Name, Team               | Yr. | G   | FG  | 3FG | FT  | Pts  | Avg  |
|-----|--------------------------|-----|-----|-----|-----|-----|------|------|
| 1.  | Beckley, Lauren-SHIP     | So. | 28  | 217 | 55  | 135 | 624  | 22.3 |
| 2.  | Reimer, Samantha-EDIN    | So. | 27  | 155 | 53  | 175 | 538  | 19.9 |
| 3.  | Tracey, Jahzinga-IUP     | Jr. | 32  | 262 | 16  | 67  | 607  | 19.0 |
| 4.  | Williams, Brooqe-CAL     | 34  | 252 | 0   | 107 | 611 | 18.0 |      |
| 5.  | Kelshaw, Lauren-LHU      | Jr. | 26  | 149 | 46  | 80  | 424  | 16.3 |
| 6.  | Yandrisevits, Jackie     | Jr. | 27  | 162 | 17  | 90  | 431  | 16.0 |
| 7.  | Smith, Kayla-CAL         | 33  | 204 | 0   | 93  | 501 | 15.2 |      |
| 8.  | Greer, Katrina-CLAR      | Jr. | 27  | 114 | 36  | 127 | 391  | 14.5 |
| 9.  | Conklin, Kelsey-EDIN     | So. | 26  | 147 | 7   | 71  | 372  | 14.3 |
| 10. | Espigh, Alicia-MANS      | 27  | 131 | 63  | 54  | 379 | 14.0 |      |
| 11. | Kegerreis, Colleen-BLOOM | 27  | 142 | 1   | 83  | 368 | 13.6 |      |
| 12. | Kudrick, Kristin-LHU     | So. | 26  | 121 | 2   | 110 | 354  | 13.6 |
| 13. | Fogle, Megan-SHIP        | 28  | 128 | 47  | 76  | 379 | 13.5 |      |
| 14. | Albanese, Jessica-CLAR   | Sr. | 24  | 123 | 0   | 65  | 311  | 13.0 |
| 15. | St. Julien, Gladine-MILL | Jr. | 30  | 124 | 1   | 126 | 375  | 12.5 |
| 16. | Gardener, Kasey-SHIP     | Fr. | 28  | 117 | 37  | 69  | 340  | 12.1 |
| 17. | Weems, Dana-WCU          | JR  | 29  | 130 | 6   | 81  | 347  | 12.0 |
| 18. | Cohill, My'Kea-CLAR      | Sr. | 25  | 112 | 24  | 49  | 297  | 11.9 |
| 19. | Healy, Lauren-BLOOM      | 27  | 106 | 33  | 64  | 309 | 11.4 |      |
| 20. | Andrews, Catherine-WCU   | Sr. | 29  | 124 | 36  | 42  | 326  | 11.2 |
| 21. | Correll, Clarissa-MANS   | 27  | 99  | 19  | 79  | 296 | 11.0 |      |
| 22. | Jones, Danielle-CHEY     | Sr. | 25  | 102 | 33  | 36  | 273  | 10.9 |
| 23. | McDonald, Janine-EDIN    | Fr. | 27  | 114 | 21  | 42  | 291  | 10.8 |
| 24. | Nero, Amanda-ROCK        | Jr. | 27  | 97  | 49  | 45  | 288  | 10.7 |
| 25. | Garber, Janelle-WCU      | So. | 27  | 108 | 0   | 67  | 283  | 10.5 |
| 26. | Molloy, Julie-ROCK       | So. | 24  | 88  | 43  | 31  | 250  | 10.4 |
| 27. | Fogelsanger, Monika-ESU  | Sr. | 27  | 98  | 9   | 75  | 280  | 10.4 |
| 28. | Heberling, Staci-IUP     | Jr. | 32  | 128 | 3   | 69  | 328  | 10.3 |
| 29. | Pratt, Sara-CLAR         | Sr. | 27  | 109 | 0   | 58  | 276  | 10.2 |

**REBOUNDS**

| No. | Name, Team                | Yr. | G   | Off | Def | Total | Avg  |
|-----|---------------------------|-----|-----|-----|-----|-------|------|
| 1.  | Beckley, Lauren-SHIP      | So. | 28  | 59  | 251 | 310   | 11.1 |
| 2.  | Kegerreis, Colleen-BLOOM  | 27  | 62  | 194 | 256 | 9.5   |      |
| 3.  | Tracey, Jahzinga-IUP      | Jr. | 32  | 116 | 173 | 289   | 9.0  |
| 4.  | Williams, Brooqe-CAL      | 34  | 114 | 154 | 268 | 7.9   |      |
| 5.  | Smith, Kayla-CAL          | 33  | 113 | 137 | 250 | 7.6   |      |
| 6.  | Mcquade, Melissa-Kutz     | Fr. | 27  | 54  | 148 | 202   | 7.5  |
|     | Garber, Janelle-WCU       | So. | 27  | 84  | 118 | 202   | 7.5  |
| 8.  | Albanese, Jessica-CLAR    | Sr. | 24  | 57  | 122 | 179   | 7.5  |
| 9.  | Van Wagner, Mercedes-KUTZ | Sr. | 27  | 52  | 148 | 200   | 7.4  |
| 10. | Zabresky, Janelle-CLAR    | Si. | 27  | 63  | 135 | 198   | 7.3  |
| 11. | Weems, Dana-WCU           | Jr. | 29  | 69  | 142 | 211   | 7.3  |
| 12. | Pratt, Sara-CLAR          | Sr. | 27  | 61  | 134 | 195   | 7.2  |
|     | Stephens, Angel-CHEY      | So. | 27  | 102 | 93  | 195   | 7.2  |
| 14. | Craig, Jenna-MILL         | So. | 30  | 62  | 147 | 209   | 7.0  |
| 15. | Meacham, Jeanette-MANS    | Sr. | 25  | 70  | 102 | 172   | 6.9  |
| 16. | Orji, Stephanie-CHEY      | So. | 27  | 92  | 89  | 181   | 6.7  |
| 17. | St. Julien, Gladine-MILL  | Jr. | 30  | 89  | 112 | 201   | 6.7  |
| 18. | Heberling, Staci-IUP      | Jr. | 32  | 74  | 138 | 212   | 6.6  |
| 19. | Conklin, Kelsey-EDIN      | So. | 26  | 62  | 108 | 170   | 6.5  |
| 20. | Yandrisevits, Jackie-ESU  | Jr. | 27  | 46  | 127 | 173   | 6.4  |

**STEALS**

| No. | Name, Team           | Yr. | G   | Stls | Avg  |
|-----|----------------------|-----|-----|------|------|
| 1.  | Williams, Brooqe-CAL | 34  | 130 | 3.82 |      |
| 2.  | Andrews, Crystal-CAL | 34  | 122 | 3.59 |      |
| 3.  | Tracey, Jahzinga-IUP | Jr. | 32  | 10   | 3.34 |
| 4.  | Miller, Malika-LHU   | So. | 26  | 73   | 2.81 |
| 5.  | Weems, Dana-WCU      | Jr. | 29  | 81   | 2.79 |
| 6.  | Orji, Stephanie-CHEY | So. | 27  | 73   | 2.70 |

|     |                         |     |    |      |      |
|-----|-------------------------|-----|----|------|------|
| 7.  | Jones, Danielle-CHEY    | Sr. | 25 | 60   | 2.40 |
| 8.  | Stewart, Megan-WCU      | Fr. | 28 | 65   | 2.32 |
| 9.  | Kelshaw, Lauren-LHU     | Fr. | 26 | 60   | 2.31 |
| 10. | Andrews, Catherine-WCU  | Sr. | 29 | 66   | 2.28 |
| 11. | Mitchell, Michelle-LHU  | Sr. | 25 | 56   | 2.24 |
| 12. | Dubyak, Amber-CAL       | 34  | 70 | 2.06 |      |
| 13. | Cohill, My'Kea-CLAR     | Sr. | 25 | 51   | 2.04 |
| 14. | Conklin, Kelsey-EDIN    | So. | 26 | 53   | 2.04 |
| 15. | Muhammad, Lutfiyya-CHEY | So. | 27 | 55   | 2.04 |

**FIELD GOAL PERCENTAGE (Min. 3.0 made per game)**

| No. | Name, Team                | Yr. | G   | FG  | FGA  | Pct  |
|-----|---------------------------|-----|-----|-----|------|------|
| 1.  | Zabresky, Janelle-CLAR    | So. | 27  | 85  | 152  | .559 |
| 2.  | Conklin, Kelsey-EDIN      | So. | 26  | 147 | 269  | .546 |
| 3.  | Williams, Brooqe-CAL      | 34  | 252 | 472 | .534 |      |
| 4.  | Albanese, Jessica-CLAR    | Sr. | 24  | 123 | 323  | .530 |
| 5.  | Tracey, Jahzinga-IUP      | Jr. | 32  | 262 | 500  | .524 |
| 6.  | Smith, Kayla-CAL          | 33  | 204 | 392 | .520 |      |
| 7.  | Kudrick, Kristin-LHU      | So. | 26  | 121 | 235  | .515 |
| 8.  | Pratt, Sara-CLAR          | Sr. | 27  | 109 | 214  | .509 |
| 9.  | Weems, Dana-WCU           | Jr. | 29  | 130 | 256  | .508 |
| 10. | Beckley, Lauren-SHIP      | So. | 28  | 217 | 430  | .505 |
| 11. | Yandrisevits, Jackie-ESU  | Jr. | 27  | 162 | 322  | .503 |
| 12. | Heberling, Staci-IUP      | Jr. | 32  | 128 | 255  | .502 |
| 13. | Van Wagner, Mercedes-KUTZ | Sr. | 27  | 93  | 186  | .500 |
| 14. | Fogelsanger, Monika-ESU   | Sr. | 27  | 98  | 197  | .497 |
| 15. | St. Julien, Gladine-MILL  | Jr. | 30  | 124 | 252  | .492 |

**ASSISTS (Min. 3.0 per game)**

| No. | Name, Team             | Yr. | G   | Asst | Avg  |
|-----|------------------------|-----|-----|------|------|
| 1.  | Grimm, Ashley-CLAR     | Sr. | 27  | 171  | 6.33 |
| 2.  | Reimer, Samantha-EDIN  | So. | 27  | 143  | 5.30 |
| 3.  | Andrews, Crystal-CAL   | 34  | 176 | 5.18 |      |
| 4.  | Metz, Michelle-SHIP    | So. | 28  | 140  | 5.00 |
| 5.  | Andrews, Catherine-WCU | Sr. | 29  | 117  | 4.03 |
| 6.  | Correll, Clarissa-MANS | 27  | 107 | 3.96 |      |
| 7.  | Fogle, Megan-SHIP      | 28  | 104 | 3.71 |      |
| 8.  | Stewart, Megan-WCU     | Fr. | 28  | 103  | 3.68 |
| 9.  | Fillia, Kierstin-IUP   | So. | 32  | 116  | 3.63 |
| 10. | Nero, Amanda-ROCK      | Jr. | 27  | 97   | 3.59 |
| 11. | Philo, Jenna-MILL      | Jr. | 30  | 107  | 3.57 |
| 12. | Williams, Brooqe-CAL   | 34  | 117 | 3.44 |      |
| 13. | Bellamy, Aiesha-MILL   | So. | 30  | 94   | 3.13 |
| 14. | Cohill, My'Kea-CLAR    | Sr. | 25  | 76   | 3.04 |
| 15. | Miler, Kylie-IUP       | Jr. | 32  | 91   | 2.84 |

**FREE THROW PERCENTAGE (Min. 2.0 made per game)**

| No. | Name, Team               | Yr. | G  | 3FG | FGA  | Pct  |
|-----|--------------------------|-----|----|-----|------|------|
| 1.  | Greer, Katrina-CLAR      | Jr. | 27 | 127 | 124  | .894 |
| 2.  | Reimer, Samantha-EDIN    | So. | 27 | 175 | 206  | .850 |
| 3.  | Fogelsanger, Monika-ESU  | Sr. | 27 | 75  | 89   | .843 |
| 4.  | Shope, Hillary-IUP       | So. | 32 | 69  | 82   | .841 |
| 5.  | Albanese, Jessica-CLAR   | Sr. | 24 | 65  | 78   | .833 |
| 6.  | Espigh, Alicia-MANS      | 27  | 54 | 65  | .831 |      |
| 7.  | Beckley, Lauren-SHIP     | So. | 28 | 135 | 163  | .828 |
| 8.  | Hemberling, Staci-IUP    | Jr. | 32 | 69  | 87   | .793 |
| 9.  | Rayam, DeAnna-ESU        | So. | 27 | 80  | 101  | .792 |
| 10. | Healy, Lauren-BLOOM      | 27  | 64 | 82  | .780 |      |
| 11. | Kegerreis, Colleen-BLOOM | 27  | 83 | 107 | .776 |      |
| 12. | Fogle, Megan-SHIP        | 28  | 76 | 99  | .768 |      |
| 13. | Kudrick, Kristin-LHU     | So. | 26 | 110 | 144  | .764 |
| 14. | Cahill, Keri-ESU         | Jr. | 27 | 56  | 74   | .757 |
| 15. | Kelshaw, Lauren-LHU      | Jr. | 26 | 80  | 106  | .755 |

# The PSAC

## STATISTICS

### SCORING OFFENSE

| No. | Team                | G         | W-L         | Pts         | Avg         |
|-----|---------------------|-----------|-------------|-------------|-------------|
| 1.  | California          | 34        | 27-7        | 2624        | 77.2        |
| 2.  | Clarion             | 27        | 18-9        | 1954        | 72.4        |
| 3.  | Indiana             | 32        | 77-5        | 2295        | 71.7        |
| 4.  | Edinboro            | 27        | 17-10       | 1908        | 70.7        |
| 5.  | West Chester        | 29        | 19-10       | 2043        | 70.4        |
| 6.  | <b>Shippensburg</b> | <b>28</b> | <b>19-9</b> | <b>1958</b> | <b>69.9</b> |
| 7.  | East Stroudsburg    | 27        | 12-15       | 1835        | 68.0        |
| 8.  | Millersville        | 30        | 24-6        | 1977        | 65.9        |
| 9.  | Cheyney             | 27        | 11-16       | 1749        | 64.8        |
| 10. | Lock Haven          | 26        | 7-19        | 1665        | 64.0        |
| 11. | Slippery Rock       | 27        | 7-20        | 1642        | 60.8        |
| 12. | Kutztown            | 27        | 11-16       | 1627        | 60.3        |
| 13. | Bloomsburg          | 27        | 8-19        | 1560        | 57.8        |
| 14. | Mansfield           | 27        | 6-21        | 1512        | 56.0        |

### SCORING DEFENSE

| No. | Team                | G         | Pts         | Avg         |
|-----|---------------------|-----------|-------------|-------------|
| 1.  | Millersville        | 30        | 1616        | 53.9        |
| 2.  | California          | 34        | 2068        | 60.8        |
| 3.  | Indiana             | 32        | 1948        | 60.9        |
| 4.  | Kutztown            | 27        | 1667        | 61.7        |
| 5.  | West Chester        | 29        | 1867        | 64.4        |
| 6.  | <b>Shippensburg</b> | <b>28</b> | <b>1841</b> | <b>65.8</b> |
| 7.  | Edinboro            | 27        | 1796        | 66.5        |
| 8.  | Slippery Rock       | 27        | 1811        | 67.1        |
| 9.  | Mansfield           | 27        | 1815        | 67.2        |
| 10. | East Stroudsburg    | 27        | 1823        | 67.5        |
| 11. | Bloomsburg          | 27        | 1826        | 67.6        |
| 12. | Clarion             | 27        | 1835        | 68.0        |
| 13. | Cheyney             | 27        | 1908        | 70.7        |
| 14. | Lock Haven          | 26        | 1881        | 72.3        |

### SCORING MARGIN

| No. | Team                | G         | OFF         | DEF         | Margin      |
|-----|---------------------|-----------|-------------|-------------|-------------|
| 1.  | California (Pa.)    | 34        | 77.2        | 60.8        | +16.4       |
| 2.  | Millersville        | 30        | 65.9        | 53.9        | +12.0       |
| 3.  | Indiana (Pa.)       | 32        | 71.7        | 60.9        | +10.8       |
| 4.  | West Chester        | 29        | 70.4        | 64.4        | +6.1        |
| 5.  | Clarion             | 27        | 72.4        | 68.0        | +4.4        |
| 6.  | <b>Shippensburg</b> | <b>28</b> | <b>69.9</b> | <b>65.8</b> | <b>+4.2</b> |
| 7.  | Edinboro            | 27        | 70.7        | 66.5        | +4.1        |
| 8.  | East Stroudsburg    | 27        | 68.0        | 67.5        | +0.4        |
| 9.  | Kutztown            | 27        | 60.3        | 61.7        | -1.5        |
| 10. | Cheyney             | 27        | 64.8        | 70.7        | -5.9        |
| 11. | Slippery Rock       | 27        | 60.8        | 67.1        | -6.3        |
| 12. | Lock Haven          | 26        | 64.0        | 72.3        | -8.3        |
| 13. | Bloomsburg          | 27        | 57.8        | 67.6        | -9.9        |
| 14. | Mansfield           | 27        | 56.0        | 67.3        | -11.2       |

### FREE THROW PERCENTAGES

| No. | Team                | G         | FTM        | FTA        | Pct         |
|-----|---------------------|-----------|------------|------------|-------------|
| 1.  | Clarion             | 27        | 440        | 554        | .794        |
| 2.  | Edinboro            | 27        | 381        | 500        | .762        |
| 3.  | East Stroudsburg    | 27        | 406        | 542        | .749        |
| 4.  | <b>Shippensburg</b> | <b>28</b> | <b>392</b> | <b>532</b> | <b>.737</b> |
| 5.  | Indiana (Pa.)       | 32        | 428        | 611        | .700        |
| 6.  | Slippery Rock       | 27        | 325        | 464        | .700        |
| 7.  | Millersville        | 30        | 508        | 738        | .688        |
| 8.  | Bloomsburg          | 27        | 306        | 446        | .686        |
| 9.  | Kutztown            | 27        | 285        | 427        | .667        |
| 10. | Lock Haven          | 26        | 363        | 549        | .661        |
|     | West Chester        | 29        | 363        | 549        | .661        |
| 12. | Mansfield           | 27        | 251        | 383        | .655        |
| 13. | California (Pa.)    | 34        | 429        | 666        | .644        |
| 14. | Cheyney             | 27        | 329        | 536        | .614        |

### FIELD GOAL PERCENTAGES

| No. | Team                | G         | FG         | FGA         | Pct         |
|-----|---------------------|-----------|------------|-------------|-------------|
| 1.  | California (Pa.)    | 34        | 1049       | 2309        | .454        |
| 2.  | Clarion             | 27        | 698        | 1578        | .442        |
| 3.  | <b>Shippensburg</b> | <b>28</b> | <b>695</b> | <b>1602</b> | <b>.434</b> |
| 4.  | Slippery Rock       | 27        | 606        | 1422        | .426        |
| 5.  | East Stroudsburg    | 27        | 648        | 1540        | .421        |
| 6.  | Indiana (Pa.)       | 32        | 862        | 2052        | .420        |
| 7.  | West Chester        | 29        | 768        | 1830        | .420        |
| 8.  | Edinboro            | 27        | 691        | 1661        | .416        |
| 9.  | Kutztown            | 27        | 600        | 1504        | .399        |
| 10. | Millersville        | 30        | 677        | 1714        | .395        |
| 11. | Mansfield           | 27        | 563        | 1454        | .387        |
| 12. | Lock Haven          | 26        | 605        | 1579        | .383        |
| 13. | Bloomsburg          | 27        | 566        | 1534        | .369        |
| 14. | Cheyney             | 27        | 646        | 1869        | .346        |

### FIELD GOAL PCT DEFENSE

| No. | Team                | G         | FG         | FGA         | Pct         |
|-----|---------------------|-----------|------------|-------------|-------------|
| 1.  | Millersville        | 30        | 570        | 1596        | .357        |
| 2.  | Kutztown            | 27        | 601        | 1672        | .359        |
| 3.  | West Chester        | 29        | 664        | 1746        | .380        |
| 4.  | Bloomsburg          | 27        | 674        | 1711        | .394        |
| 5.  | California (Pa.)    | 34        | 721        | 1823        | .396        |
| 6.  | East Stroudsburg    | 27        | 660        | 1664        | .397        |
| 7.  | Clarion             | 27        | 691        | 1737        | .398        |
| 8.  | Edinboro            | 27        | 650        | 1606        | .405        |
| 9.  | Indiana (Pa.)       | 32        | 746        | 1834        | .407        |
| 10. | <b>Shippensburg</b> | <b>28</b> | <b>699</b> | <b>1712</b> | <b>.408</b> |
| 11. | Slippery Rock       | 27        | 694        | 1632        | .425        |
| 12. | Mansfield           | 27        | 703        | 1641        | .428        |
| 13. | Lock Haven          | 26        | 617        | 1438        | .429        |
| 14. | Cheyney             | 27        | 651        | 1479        | .440        |

### 3-POINT FIELD GOAL PERCENTAGES

| No. | Team                | G         | FG         | FGA        | Pct         |
|-----|---------------------|-----------|------------|------------|-------------|
| 1.  | <b>Shippensburg</b> | <b>28</b> | <b>176</b> | <b>456</b> | <b>.386</b> |
| 2.  | Kutztown            | 27        | 142        | 424        | .335        |
| 3.  | West Chester        | 29        | 144        | 435        | .331        |
| 4.  | Slippery Rock       | 27        | 105        | 323        | .325        |
| 5.  | Clarion             | 27        | 118        | 363        | .325        |
| 6.  | Mansfield           | 27        | 135        | 417        | .324        |
| 7.  | East Stroudsburg    | 27        | 133        | 428        | .311        |
| 8.  | Edinboro            | 27        | 145        | 472        | .307        |
| 9.  | Indiana (Pa.)       | 32        | 143        | 466        | .307        |
| 10. | Bloomsburg          | 27        | 122        | 430        | .284        |
| 11. | Millersville        | 30        | 115        | 409        | .281        |
| 12. | Lock Haven          | 26        | 92         | 342        | .269        |
| 13. | California (Pa.)    | 34        | 97         | 361        | .296        |
| 14. | Cheyney             | 27        | 128        | 481        | .266        |

### 3-POINT FIELD GOAL PCT DEFENSE

| No. | Team                | G         | FG         | FGA        | Pct         |
|-----|---------------------|-----------|------------|------------|-------------|
| 1.  | Millersville        | 30        | 108        | 402        | .269        |
| 2.  | California (Pa.)    | 34        | 140        | 500        | .280        |
| 3.  | <b>Shippensburg</b> | <b>28</b> | <b>103</b> | <b>366</b> | <b>.281</b> |
| 4.  | Edinboro            | 27        | 90         | 311        | .289        |
| 5.  | West Chester        | 29        | 147        | 503        | .292        |
| 6.  | Indiana (Pa.)       | 32        | 150        | 503        | .298        |
| 7.  | Kutztown            | 27        | 132        | 442        | .299        |
| 8.  | Mansfield           | 27        | 121        | 404        | .300        |
| 9.  | Bloomsburg          | 27        | 136        | 445        | .306        |
| 10. | East Stroudsburg    | 27        | 144        | 471        | .306        |
| 11. | Cheyney             | 27        | 105        | 316        | .332        |
| 12. | Clarion             | 27        | 124        | 357        | .347        |
| 13. | Slippery Rock       | 27        | 159        | 453        | .351        |
| 14. | Lock Haven          | 26        | 145        | 410        | .354        |

**REBOUNDING MARGIN**

| No. | Team                | G         | Team        | Avg         | Opp         | Avg         | Margin      |
|-----|---------------------|-----------|-------------|-------------|-------------|-------------|-------------|
| 1.  | California (Pa.)    | 34        | 1454        | 42.8        | 1163        | 34.2        | +8.6        |
| 2.  | Millersville        | 30        | 1231        | 41.0        | 1032        | 34.4        | +6.6        |
| 3.  | West Chester        | 29        | 1223        | 42.2        | 1116        | 38.5        | +3.7        |
| 4.  | Clarion             | 27        | 1073        | 39.7        | 1001        | 37.1        | +2.7        |
| 5.  | Indiana (Pa.)       | 32        | 1272        | 39.8        | 1216        | 38.0        | +1.8        |
| 6.  | Kutztown            | 27        | 1095        | 40.6        | 1049        | 38.9        | +1.7        |
| 7.  | <b>Shippensburg</b> | <b>28</b> | <b>1015</b> | <b>36.2</b> | <b>1042</b> | <b>37.2</b> | <b>-1.0</b> |
| 8.  | Slipper Rock        | 27        | 875         | 32.4        | 907         | 33.6        | -1.2        |
| 9.  | Cheyney             | 27        | 1133        | 42.0        | 1170        | 43.3        | -1.4        |
| 10. | Edinboro            | 27        | 999         | 37.0        | 1063        | 39.4        | -2.4        |
| 11. | East Stroudsburg    | 27        | 988         | 36.6        | 1062        | 39.3        | -2.7        |
| 12. | Lock Haven          | 26        | 916         | 35.2        | 991         | 38.1        | -2.9        |
| 13. | Bloomsburg          | 27        | 1027        | 38.0        | 1114        | 41.3        | -3.2        |
| 14. | Mansfield           | 27        | 936         | 34.7        | 1029        | 38.1        | -3.4        |

**BLOCKED SHOTS**

| No. | Team                | G         | Blocks    | Avg         |
|-----|---------------------|-----------|-----------|-------------|
| 1.  | Clarion             | 27        | 151       | 5.59        |
| 2.  | Kutztown            | 27        | 135       | 5.00        |
| 3.  | Edinboro            | 27        | 104       | 3.85        |
| 4.  | Millersville        | 30        | 112       | 3.73        |
| 5.  | Bloomsburg          | 27        | 88        | 3.26        |
| 6.  | Cheyney             | 27        | 80        | 2.76        |
| 7.  | West Chester        | 29        | 80        | 2.76        |
| 8.  | California (Pa.)    | 24        | 82        | 2.41        |
| 9.  | East Stroudsburg    | 27        | 64        | 2.37        |
| 10. | Indiana (Pa.)       | 32        | 70        | 2.19        |
| 11. | Slippery Rock       | 27        | 49        | 1.81        |
| 12. | Lock Haven          | 26        | 44        | 1.69        |
| 13. | <b>Shippensburg</b> | <b>28</b> | <b>39</b> | <b>1.39</b> |
| 14. | Mansfield           | 27        | 36        | 1.33        |

**ASSISTS**

| No. | Team                | G         | Asst       | Avg          |
|-----|---------------------|-----------|------------|--------------|
| 1.  | West Chester        | 29        | 480        | 16.55        |
| 2.  | Clarion             | 27        | 446        | 16.52        |
| 3.  | California (Pa.)    | 34        | 55         | 16.24        |
| 4.  | Kutztown            | 27        | 434        | 16.07        |
| 5.  | <b>Shippensburg</b> | <b>28</b> | <b>427</b> | <b>15.25</b> |
| 6.  | East Stroudsburg    | 27        | 409        | 15.15        |
| 7.  | Slippery Rock       | 27        | 406        | 15.04        |
| 8.  | Indiana (Pa.)       | 32        | 471        | 14.72        |
| 9.  | Edinboro            | 27        | 392        | 14.52        |
| 10. | Millersville        | 30        | 419        | 13.97        |
| 11. | Mansfield           | 27        | 344        | 12.74        |
| 12. | Cheyney             | 27        | 313        | 11.59        |
| 13. | Bloomsburg          | 27        | 311        | 11.52        |
| 14. | Lock Haven          | 26        | 297        | 11.42        |

**STEALS**

| No. | Team                | G         | Steals     | Avg/G       |
|-----|---------------------|-----------|------------|-------------|
| 1.  | California (Pa.)    | 32        | 518        | 15.24       |
| 2.  | Cheyney             | 27        | 380        | 14.07       |
| 3.  | West Chester        | 29        | 397        | 13.69       |
| 4.  | Millersville        | 30        | 360        | 12.00       |
| 5.  | Lock Haven          | 26        | 308        | 11.85       |
| 6.  | East Stroudsburg    | 27        | 304        | 11.26       |
| 7.  | Indiana (Pa.)       | 32        | 354        | 11.06       |
| 8.  | Mansfield           | 27        | 230        | 8.52        |
|     | Edinboro            | 27        | 230        | 8.52        |
| 10. | Clarion             | 27        | 220        | 8.15        |
| 11. | Slippery Rock       | 27        | 198        | 7.33        |
| 12. | <b>Shippensburg</b> | <b>28</b> | <b>194</b> | <b>6.93</b> |
| 13. | Kutztown            | 27        | 179        | 6.63        |
| 14. | Bloomsburg          | 27        | 176        | 6.52        |

**TURNOVER MARGIN**

| No. | Team                | G         | Team       | Avg         | Opp        | Avg         | Margin       |
|-----|---------------------|-----------|------------|-------------|------------|-------------|--------------|
| 1.  | California (Pa.)    | 34        | 668        | 19.6        | 885        | 26.0        | +6.38        |
| 2.  | Indiana (Pa.)       | 32        | 562        | 17.6        | 743        | 23.2        | +5.66        |
| 3.  | Cheyney             | 27        | 582        | 21.6        | 707        | 26.2        | +4.63        |
| 4.  | Millersville        | 30        | 627        | 20.9        | 727        | 24.2        | +3.33        |
| 5.  | Lock Haven          | 26        | 547        | 21.0        | 599        | 23.0        | +2.00        |
|     | Edinboro            | 27        | 447        | 16.6        | 501        | 18.6        | +2.00        |
| 7.  | West Chester        | 29        | 641        | 22.1        | 647        | 23.2        | +1.14        |
| 8.  | <b>Shippensburg</b> | <b>28</b> | <b>464</b> | <b>16.6</b> | <b>459</b> | <b>16.4</b> | <b>-0.18</b> |
| 9.  | East Stroudsburg    | 27        | 566        | 21.0        | 556        | 20.6        | -0.37        |
| 10. | Clarion             | 27        | 526        | 19.5        | 463        | 17.1        | -2.33        |
| 11. | Slippery Rock       | 27        | 546        | 20.2        | 438        | 16.2        | -4.00        |
| 12. | Bloomsburg          | 27        | 581        | 21.5        | 463        | 17.1        | -4.37        |
| 13. | Mansfield           | 27        | 581        | 21.5        | 457        | 16.9        | -4.59        |
| 14. | Kutztown            | 27        | 584        | 21.6        | 430        | 15.9        | -5.70        |



# The PSAC

## ALL-TIME HISTORY

### All-time PSAC Career Leaders

#### POINTS

| Name, Team                                | Years          | Points       |
|---|----------------|--------------|
| 1. Valerie Walker, Cheyney                | 1978-82        | 2,289        |
| 2. Theresa Lorenzi, Bloomsburg            | 1985-89        | 2,173        |
| 3. Yolanda Laney, Cheyney                 | 1980-84        | 2,173        |
| 4. Tina Martin, Lock Haven                | 1982-86        | 2,157        |
| 5. Sara McKinney, California (Pa.)        | 2001-05        | 2,117        |
| <b>6. Stacey Cunningham, Shippensburg</b> | <b>1980-84</b> | <b>2,057</b> |
| <b>7. Ashley Totedo, Shippensburg</b>     | <b>1995-99</b> | <b>2,050</b> |
| 8. Becky Siembak, SRU/Cal                 | 99-01/02-04    | 2,019        |
| <b>9. Tracy Spencer, Shippensburg</b>     | <b>1992-96</b> | <b>1,976</b> |
| 10. Carlita Jones, Clarion                | 1990-95        | 1,948        |

#### REBOUNDS

| Name, Team                            | Years          | Rebounds     |
|---------------------------------------|----------------|--------------|
| <b>1. Ashley Totedo, Shippensburg</b> | <b>1995-99</b> | <b>1,489</b> |
| 2. Heather Gates, Edinboro            | 1994-98        | 1,301        |
| 3. Carlita Jones, Clarion             | 1990-95        | 1,258        |
| 4. Sara McKinney, California (Pa.)    | 2001-05        | 1,204        |
| 5. Becky Siembak, SRU/Cal             | 99-01/02-04    | 1,203        |
| 6. Heather Cigich, Clarion            | 2001-05        | 1,121        |
| 7. Montique Wade, Edinboro            | 1985-90        | 1,113        |
| 8. Mona Gaffney, Clarion              | 1992-96        | 1,079        |
| 9. Sherri Leysock, Indiana (Pa.)      | 1987-91        | 1,075        |
| 10. Helen Woltman, Lock Haven         | 1981-86        | 1,044        |

#### ASSISTS

| Name, Team                              | Years          | Assists    |
|---|----------------|------------|
| 1. Megan Storck, California (Pa.)       | 2003-06        | 767        |
| 2. Callie Iorfido, Edinboro             | 2002-06        | 682        |
| 3. Lori Richelderfer, California (Pa.)  | 1993-94        | 660        |
| 4. Tammy Wood, California (Pa.)         | 1988-92        | 656        |
| 5. Lori Young, Lock Haven               | 1983-87        | 643        |
| 6. Stacy Perryman, East Stroudsburg     | 1992-96        | 607        |
| 7. Paula Light, Millersville            | 1990-93        | 597        |
| <b>8. Vickie Mikesic, Shippensburg</b>  | <b>1997-01</b> | <b>575</b> |
| Becky Pigga, Bloomsburg                 | 1987-91        | 575        |
| <b>10. Melissa Swartz, Shippensburg</b> | <b>1993-97</b> | <b>572</b> |

### All-time PSAC Titles

|                     |          |
|---------------------|----------|
| <b>Shippensburg</b> | <b>6</b> |
| California (Pa.)    | 4        |
| Cheyney             | 4        |
| Clarion             | 3        |
| Millersville        | 3        |
| Indiana (Pa.)       | 3        |
| Lock Haven          | 2        |
| Bloomsburg          | 1        |
| East Stroudsburg    | 1        |
| Edinboro            | 1        |
| Slippery Rock       | 1        |

### PSAC Championship Appearances Year-by-Year

#### 2008

QF Indiana (Pa.) 55, Shippensburg 48

#### 2007

QF California (Pa.) 79, Shippensburg 65

#### 2005

QF Clarion 69, Shippensburg 49

#### 2004

CH California 87, Shippensburg 54

SF Shippensburg 73, West Chester 50

QF Shippensburg 65, Clarion 36

#### 2003

QF California 82, Shippensburg 50

#### 2002

SF Millersville 73, Shippensburg 63

QF Shippensburg 96, S. Rock 84

#### 2001

CH Shippensburg 86, California 71

SF Shippensburg 88, W. Chester 75

QF Shippensburg 82, Edinboro 53

#### 2000

CH Shippensburg 83, Millersville 57

SF Shippensburg 85, Bloomsburg 62

QF Shippensburg 90, Edinboro 76

#### 1999

CH Shippensburg 92, IUP 85

SF Shippensburg 54, Kutztown 51

QF Shippensburg 85, California 48

#### 1998

CH Shippensburg 89, Edinboro 80 (ot)

SF Shippensburg 75, Kutztown 66

QF Shippensburg 69, IUP 60

#### 1997

CH Shippensburg 89, Edinboro 74

SF Shippensburg 70, West Chester 62

QF Shippensburg 68, Kutztown 59

#### 1996

CH Shippensburg 87, Slippery Rock 67

SF Shippensburg 95, Bloomsburg 87

QF Shippensburg 93, West Chester 83

#### 1995

SF East Stroudsburg 80, Shippensburg 69

#### 1985

QF Millersville 84, Shippensburg 69

#### 1984

SF Shippensburg 69, IUP 67

QF Shippensburg 65, East Stroudsburg 61

#### Key:

QF - Quarterfinals

SF - Semifinals

CH - Championship

# The Opponents



# The Opponents

## District of Columbia

### GAME 1

**Date:** November 15, 2008

**Location:** Washington, DC

**Nickname:** Firebirds

**Colors:** Red & Yellow

**Arena:** Physical Activities Center

**Affiliation:** NCAA Division II

**Conference:** Independent

**Head Coach/Years:** Lester Butler/4th

**2007-08 Results:** 13-15

**SID:** Bernard Payton

**Phone:** (202) 274-5064

**E-mail:** bpayton@udc.edu

**Fax:** (202) 274-5065

**Web site:** [www.udcfirebirds.com](http://www.udcfirebirds.com)

**Last meeting:** W, 81-45 (12-27-97)



## Charleston

### GAME 2

**Date:** November 16, 2008

**Location:** Charlestown, WV

**Nickname:** Golden Eagles

**Colors:** Maroon & Gold

**Arena:** Eddie King Gymnasium

**Affiliation:** NCAA Division II

**Conference:** WVIAC

**Head Coach:** Sherry Winn

**2007-08 Results:** 17-11, 14-6 WVIAC

**Web site:** [www.ucwv.edu](http://www.ucwv.edu)

**Last meeting:** W, 68-51 (12-29-07)



## Pittsburgh-Johnstown

### GAME 3

**Date:** November 22, 2008

**Location:** Johnstown, Pa.

**Nickname:** Lady Cats

**Colors:** Navy Blue & Vegas Gold

**Arena:** Sports Center

**Affiliation:** NCAA Division II

**Conference:** West Virginia Intercollegiate Athletic Conference (WVIAC)

**Head Coach/Years:** Sasha Palmer/ 2 years

**2007-08 Results:** 10-18, 9-11 WVIAC

**SID:** Chris Caputo

**Phone:** (814) 269-2031

**E-mail:** [ccaputo@pitt.edu](mailto:ccaputo@pitt.edu)

**Fax:** (814) 269-2026

**Web site:** [www.upj.pitt.edu/athletics](http://www.upj.pitt.edu/athletics)

**Last meeting:** W, 71-57 (11-25-07)



## Philadelphia

### GAME 4

**Date:** November 25, 2008



**Location:** Philadelphia, Pa.

**Nickname:** Rams

**Colors:** Maroon and Grey

**Arena:** Gallagher Center

**Affiliation:** NCAA Division II

**Conference:** Central Atlantic Collegiate Conference (CACC)

**Head Coach:** Tom Shirley

**2007-08 Results:** 19-10, 12-6 CACC

**SID:** Sarah Punderson

**Phone:** (215) 951-2852

**E-mail:** [pundersons@philau.edu](mailto:pundersons@philau.edu)

**Fax:** (215) 951-0049

**Web site:** [www.philaurams.com](http://www.philaurams.com)

**Last meeting:** W, 72-59 (12-08-90)

## West Virginia Wesleyan

### GAME 5

**Date:** December 3, 2008

**Location:** Buckhannon, WV

**Nickname:** Lady Bobcats

**Colors:** Orange and Black

**Arena:** Rockefeller Center

**Affiliation:** NCAA Division II

**Conference:** West Virginia Intercollegiate Athletic Conference (WVIAC)

**Head Coach/Years:** Steve Tierney/5th

**2007-08 Results:** 19-11, 14-6 WVIAC

**SID:** Duane Carpenter

**Phone:** (304) 473-8102

**Fax:** (304) 473-8056

**Web site:** [bobcats.wwwc.edu](http://bobcats.wwwc.edu)

**Last meeting:** W, 75-72 (12-15-07)



## Seton Hill

### GAME 6

**Date:** December 18, 2008

**Location:** Greensburg, Pa.

**Nickname:** Griffins

**Colors:** Crimson and Vegas Gold

**Arena:** McKenna Center

**Affiliation:** NCAA Division II

**Conference:** West Virginia Intercollegiate Athletic Conference (WVIAC)

**Head Coach/Years:** Ferne Labati/3rd

**2007-08 Results:** 12-15, 8-12 WVIAC

**SID:** Jason Greene

**Phone:** (724) 830-1132

**E-mail:** [greene@setonhill.edu](mailto:greene@setonhill.edu)

**Fax:** (724) 830-1173

**Web site:** [www.setonhill.edu](http://www.setonhill.edu)

**Last meeting:** W, 66-47 (12-08-07)



## Fairmont State

### GAME 7



**Date:** December 20, 2008

**Location:** Fairmont, WV.

**Nickname:** Fighting Falcons

**Colors:** Maroon, White, and

Fairmont Tan

**Affiliation:** NCAA Division II

**Conference:** West Virginia Intercollegiate Athletic Conference (WVIAC)

**Head Coach:** Steve McDonald

**2007-08 Results:** 25-7, 15-5 WVIAC

**SID:** Adam Zundell

**Phone:** (304) 367-4264

**E-mail:** [azundell@fairmontstate.edu](mailto:azundell@fairmontstate.edu)

**Fax:** (304) 367-0202

**Web site:** [www.fairmontstate.edu](http://www.fairmontstate.edu)

**Last meeting:** W, 69-55 (11-15-96)

## Franklin Pierce

### GAME 8

**Date:** December 29, 2008 at Mesa

**High School (Phoenix, AZ)**



**Location:** Rindge, N.H.

**Nickname:** Ravens

**Colors:** Maroon, White, and Fairmont Tan

**Affiliation:** NCAA Division II

**Conference:** Northeast - 10 Conference (NE-10)

**Head Coach/Years:** Mark Swasey/7th

**2007-08 Results:** 27-6 NE-10

**SID:** Doug Monson

**Phone:** (603) 899-4222

**E-mail:** [monsond@franklinpierce.edu](mailto:monsond@franklinpierce.edu)

**Fax:** (603) 899-4328

**Web site:** [www.athletics.franklinpierce.edu](http://www.athletics.franklinpierce.edu)

**Last meeting:** N/A

## Gannon

### GAME 9

**Date:** December 30, 2008 at Mesa

**High School (Phoenix, AZ)**



**Location:** Erie, Pa.

**Nickname:** Lady Knights

**Colors:** Maroon, White, and Gold

**Arena:** Hammerhill Center

**Affiliation:** NCAA Division II

**Conference:** PSAC Western Division

**Head Coach/Years:** Cleve Write/6th

**2007-08 Results:** 16-12, 10-7 GLIAC

**SID:** Dan Teliski

**Phone:** (814) 871-7418

**E-mail:** [teliski002@gannon.edu](mailto:teliski002@gannon.edu)

**Fax:** (814) 871-7794

**Web site:** [www.gannonsports.com](http://www.gannonsports.com)

**Last Meeting:** L, 57-81 (12-28-01)

## Mercyhurst

### GAME 10

**Date:** January 3, 2009

**Location:** Erie, Pa.

**Nickname:** Lakers

**Colors:** Green & Blue

**Arena:** Mercyhurst Athletic Center

**Affiliation:** NCAA Division II

**Conference:** PSAC Western Division

**Head Coach/Years:** Deanna Richard/8th

**2007-08 Results:** 7-20, 2-15 GLIAC

**SID:** Lauren Webster

**Phone:** (814) 824-2525

**E-mail:** lwebster@mercyhurst.edu

**Fax:** (814) 824-2591

**Web site:** [www.hurstathletics.com](http://www.hurstathletics.com)

**Last meeting:** W, 88-77 (12-30-01)



## Slippery Rock

### GAME 11

**Date:** January 4, 2009

**Location:** Slippery Rock, Pa.

**Nickname:** The Rock

**Colors:** Green and White

**Arena:** Morrow Field House

**Affiliation:** NCAA Division II

**Conference:** PSAC Western Division

**Head Coach/Years:** Laurel Heilman/9th

**2007-08 Results:** 7-20, 1-11 PSAC West

**SID:** Bob McComas

**Phone:** (724) 738-2777

**E-mail:** Robert.mccomas@sru.edu

**Fax:** (724) 738-4761

**Web site:** [www.rockathletics.com](http://www.rockathletics.com)

**Last meeting:** W, 62-44 (02-23-08)



## Indiana (Pa.)

### GAME 12

**Date:** January 10, 2009

**Location:** Indiana, Pa.

**Nickname:** Crimson Hawks

**Colors:** Crimson and Gray

**Arena:** Memorial Field House

**Affiliation:** NCAA Division II

**Conference:** PSAC Western Division

**Head Coach/Years:** Jeff Dow/1st

**2007-08 Results:** 27-5, 9-3 PSAC West

**SID:** Mike Hoffman

**Phone:** (724) 357-2747

**E-mail:** mhoffman@iup.edu

**Fax:** (724) 357-2754

**Web site:** [www.iupathletics.com](http://www.iupathletics.com)

**Last meeting:** L, 48-55 (03-04-08)



## California (Pa.)

### GAME 13



**Date:** January 11, 2009

**Location:** California, Pa.

**Nickname:** Vulcans

**Colors:** Red & Black

**Arena:** Hamer Hall

**Affiliation:** NCAA Division II

**Conference:** PSAC Western Division

**Head Coach/Years:** Heather Kearney/1st

**2007-08 Results:** 27-7, 9-3 PSAC West (1st)

**SID:** Matthew Kifer

**Phone:** (724) 938-4351

**E-mail:** kifer@cup.edu

**Fax:** (724) 938-5849

**Web site:** [www.calvulcans.com](http://www.calvulcans.com)

**Last meeting:** L, 68-86 (2-20-08)



## Mansfield

### GAME 14/21



**Date:** January 14, 2009 at Mansfield

February 7, 2009

at Shippensburg

**Location:** Mansfield, Pa.

**Nickname:** Mountaineers

**Colors:** Red and Black

**Arena:** Decker Gymnasium

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Ruth Hermansen/10th

**2007-08 Results:** 6-21, 1-11 PSAC East

**SID:** Steve McCloskey

**Phone:** (570) 337-1308

**E-mail:** smcclosk@mansfield.edu

**Web site:** [www.sports.mansfield.edu](http://www.sports.mansfield.edu)

**Last meeting:** L, 56-76 (12-19-08)

# The Opponents

## East Stroudsburg

### GAME 15/24



**Date:** January 17, 2009  
at Shippensburg  
February 14, 2009 at East Stroudsburg

**Location:** East Stroudsburg, Pa.

**Nickname:** Warriors

**Colors:** Red and Black

**Arena:** Koehler Fieldhouse

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Juliene Simpson/8th

**2007-08 Results:** 12-15, 6-6 PSAC East (4th)

**SID:** Greg Knowlden

**Phone:** (570) 422-3312

**E-mail:** gknowlden@po-box.esu.edu

**Fax:** (570) 422-3586

**Web site:** [www.esu.edu](http://www.esu.edu)

**Last meeting:** W, 76-56 (12-02-08)

## Millersville

### GAME 16/22



**Date:** January 21, 2009 at Millersville  
February 11, 2009  
at Shippensburg

**Location:** Millersville, Pa.

**Nickname:** Marauders

**Colors:** Black and Gold

**Arena:** Pucillo Gymnasium

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Mary Fleig / 19th

**2007-08 Results:** 24-6, 12-0 PSAC East (1st)

**SID:** Ethan Hulsey

**Phone:** (717) 872-3100

**E-mail:** chulsey@millersville.edu

**Fax:** (717) 872-3995

**Web site:** [www.millersvilleathletics.com](http://www.millersvilleathletics.com)

**Last meeting:** W, 72-61 (01-06-08)

## Kutztown

### GAME 17/25



**Date:** January 24, 2009  
at Shippensburg  
February 21, 2009 at Kutztown

**Location:** Kutztown, Pa.

**Nickname:** Golden Bears

**Colors:** Maroon and Gold

**Arena:** Keystone Hall

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Janet Malout/15th

**2007-08 Results:** 11-16, 4-8 PSAC East

**SID:** Josh Leiboff

**Phone:** (610) 683-4182

**E-mail:** leiboff@kutztown.edu

**Fax:** (610) 683-4676

**Web site:** [www.kubears.com](http://www.kubears.com)

**Last meeting:** W, 62-46 (12-01-07)

## Bloomsburg

### GAME 19/24



**Date:** January 28, 2009  
at Bloomsburg  
February 18, 2009  
at Shippensburg

**Location:** Bloomsburg, Pa.

**Nickname:** Huskies

**Colors:** Maroon and Gold

**Arena:** Nelson Field House

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Bill Cleary/1st

**2007-08 Results:** 8-19, 3-9 PSAC East

**SID:** Tom McGuire

**Phone:** (570) 389-4413

**E-mail:** tmccguire@bloomu.edu

**Web site:** [www.buhuskies.com](http://www.buhuskies.com)

**Last meeting:** W, 90-74 (12-18-07)

## Cheyney

### GAME 19/27



**Date:** January 31, 2009 at Cheyney  
February 28, 2009  
at Shippensburg

**Location:** Cheyney, Pa.

**Nickname:** Wolves

**Colors:** Royal Blue and White

**Arena:** Cope Hall

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Marilyn Stephens/1st

**2007-08 Results:** 11-16, 7-5 PSAC East

**SID:** Lenn Margolis

**Phone:** (610) 399-2143

**E-mail:** lmargolis@cheyney.edu

**Web site:** [www.cheyneywolves.com](http://www.cheyneywolves.com)

**Last meeting:** W, 82-73 (01-13-08)

## West Chester

### GAME 20/26



**Date:** February 4, 2009  
at Shippensburg  
February 25, 2009  
at West Chester

**Location:** West Chester, Pa.

**Nickname:** Golden Rams

**Colors:** Purple and Gold

**Arena:** Hollinger Field House

**Affiliation:** NCAA Division II

**Conference:** PSAC Eastern Division

**Head Coach/Years:** Deirdre Kane/22nd

**2007-08 Results:** 19-10, 9-3 PSAC East

**SID:** Jim Zuhlke

**Phone:** (610) 436-3316

**E-mail:** jzuhlke@wcupa.edu

**Web site:** [www.wcupagoldenrams.com](http://www.wcupagoldenrams.com)

**Last meeting:** W, 74-62 (01-05-08)

# History



# History

## WOMEN'S BASKETBALL AT SHIPPENSBURG



**The bench erupts with joy at the buzzer as the Lady Raiders defeat Abilene Christian 84-81 in the 1996 NCAA Division II semifinals in Fargo, North Dakota. The victory allowed Shippensburg to advance to the national championship game. (Photo by Bruce Crummy and courtesy of the Fargo Forum)**

**The Shippensburg University women's basketball team has a** long and proud tradition that dates back to the early years of this century. The women's basketball team was formed during the 1902-03 academic year and played two games. The Red and Blue traveled to Carlisle to play the Dickinson varsity and lost 6-4. One week later, in a return engagement on the Shippensburg campus, Shippensburg registered its first victory, defeating Dickinson 6-2.

The following year women's basketball was relegated to intramural status. Philosophically, physical education for women emphasized participation and shunned the male model which gave more importance to competition.

It was not until the 1921-22 academic year that Shippensburg reorganized the basketball team and began competing again against outside competition. The team was coached by Claudia Robb for two seasons and the Evelyn Van Duzer for three years.

In 1926, the Pennsylvania legislature granted Shippensburg and the other normal schools the authority to award bachelor's degrees and Shippensburg became a four-year college. The age of intercollegiate athletics officially began that fall.

That year the women's basketball team was coached by Esther Henderson, who was a proponent of the philosophy emphasizing participation. The schedule was scaled back to three games in 1927 and 1928. In 1928-29, basketball was relegated to intramural status again.

However, on the eve of World War II, that philosophy was undergoing changes. The war itself accelerated social change including women's physical education. During the war teams comprised of Shippensburg's best intramural basketball players

were organized and sent to compete with other schools in Central Pennsylvania in what were known as "play days." Usually one day a year was set aside for field hockey and basketball games played at another school or hosted by Shippensburg. Organized schedules between schools spanning weeks and months were not widespread and did not exist at Shippensburg. The intramural program was still prominent and 16 basketball teams existed, encompassing a sizeable percentage of the female student body.

In 1943-44 the women's basketball team was re-established under Coach Robb and a couple games were played. The following year four games were played.

The 1947-48 season was the beginning of Shippensburg's first basketball dynasty. Again, Esther Henderson was named coach. Led by freshmen Shirley Fordney and Marty Stroup, Shippensburg went 7-1. The team lost its first game to an industrial league team, the Fairchild Aircraft Cargolettes, but then swept over seven collegiate opponents. The following year, with coach Eleanor Wright at the helm, the team was undefeated, but had one tie. The season ended with a 7-0-1 record. (Basketball rules for women did not allow for overtime periods until the 1953-54 season).

Fordney and company went 7-1 the next season and then in 1950-51, with Esther Henderson again coaching the team, the Raiderettes enjoyed an undefeated and untied season with a 6-0 record. Fordney averaged 21 points per game.

Henderson coached the rest of the decade and had an outstanding team in 1952 with a 5-0-1 record and a 6-0 team in 1956. She retired following the 1961 season and ended her career with a 59-28-4 record for a winning percentage of .670.

In 1962, Gwen Baker took over as head coach and guided the team until 1980. The Red and Blue began another dynasty in 1965-66 and compiled a 28-2 record in four seasons. Shippensburg beat Penn State four straight years and Maryland twice. The 1969 team, led by Sandy Stewart, went 10-0 and beat teams by the average margin of 23.3 points. After ten straight wins in 1969, the Lady Raiders won their first five in 1970 for a 24 game winning streak, that still stands today.

Congress passed Title IX in 1972 and Shippensburg began to increase its efforts to achieve gender equity. The basketball schedules began to increase along with scholarship aid and the level of competition.

The 1977-78 basketball team was one of the best of that era. Forwards Dorothy Fichter and Kristi Miller, and center Linda Virgins led the team to a 13-5 record and a berth in the Association of Intercollegiate Athletics for Women (AIAW) tournament. It was Shippensburg's first taste of post-season competition. Fichter led the team to a 13-9 record in 1980 and a berth in the first annual Pennsylvania State Athletic Conference women's basketball tournament. Baker retired after the 1980 season with a record of 150-67 for a .691 winning percentage.

The 1981 team, with Fichter and freshman guard Stacey Cunningham grabbing headlines, went 14-4. Cunningham was the premier player at Shippensburg in the 1980s. She set numerous school and national records, including most free throws made in a game with 21 against West Liberty in 1982 and scoring average with 29.9 points per game in 1983. That NCAA Division II scoring record was not broken until 1990. Cunningham was invited to a try out for the 1984 Olympics and finished her career with 2,057 points, a mark that still stands today. She averaged 23.1 points per game for her career.

In 1983-84, the team moved from Henderson Gym to Heiges Field House. Led by Cunningham and point guard Mary Endsley, Shippensburg went 18-9 that season and finished second in the PSAC tournament. Cunningham was named first team All-America by the Women's Basketball Coaches Association (WBCA).

After Cunningham graduated, the team entered a period of decline and was not revived until the arrival of Dave Smith at the helm. Gradually building respectability for the team, the Lady Raiders received their first bid to the NCAA tournament in 1995. Led by guards Tracy Spencer and Melissa Swartz, Shippensburg topped UDC 87-81 in the first round but lost to eventual region champion Mercyhurst.

In 1996, Shippensburg achieved one of its highest pinnacles of success. The Lady Raiders won their first PSAC championship with an 87-67 triumph over Slippery Rock and then won the NCAA Division II East Region championship. Shippensburg beat Salem-Teikyo 79-68 in the regional final.

Advancing to the Elite Eight tournament in Fargo, North Dakota, the underdog Lady Raiders with Spencer and Swartz in the backcourt, and Ann Svensson, Jessica Bobiak and freshman Ashley Totedo starting in the front court, defeated Wingate 78-64 in the national quarterfinals.

Shippensburg faced second-ranked Abilene Christian in the semifinals. The Wildcats had a 30-1 record and were led by Jennifer Clarkson, the Division II Player of the Year. Spencer and Swartz tallied 26 and 23 points, respectively and Svensson grabbed 10



*Julie Sutch (1996-2000)*

rebounds as the Lady Raiders pulled off a major upset with an 84-81 win. Shippensburg advanced to the championship game and a national TV audience on ESPN2. Shippensburg lost 104-78 in the title game to North Dakota State.

In 1997 Shippensburg continued to dominate the PSAC. The Lady Raiders, led by Swartz and Totedo, won their second straight PSAC title and finished the year with a 25-5 record. Shippensburg's season ended in the regional semifinals with a loss to High Point. Totedo became Shippensburg's second WBCA first team All-American.

In 1998 the Lady Raiders won their third straight PSAC championship and added a NCAA East Region championship to their laurels. With only one starter returning to the lineup, the Shippensburg got off to a rough start, going 8-3 in the early part of the season. Then the youngsters, sophomore Julie Sutch and freshmen Christa Cline, Vickie Mikesic and Janette Pieczynski, began to jell, putting together a 20-game winning streak. The Lady Raiders became the first PSAC Western Division team to win all 12 conference games in a season.

After winning the regional crown they advanced to the Elite Eight but lost in the quarterfinals. The team went 28-4, and Totedo earned All-America honors again. In six pressure-filled PSAC and NCAA tournament games she averaged 24 points and 11.5 rebounds per game. She was the MVP of both the conference and regional tournaments.

# History

## WOMEN'S BASKETBALL AT SHIPPENSBURG

In 1999 Shippensburg won its fourth straight PSAC title and Totedo earned All-America first team honors for the third straight season. She is the only player in the NCAA to combine 2,000 points, 1,400 rebounds and 300 blocked shots in a career.

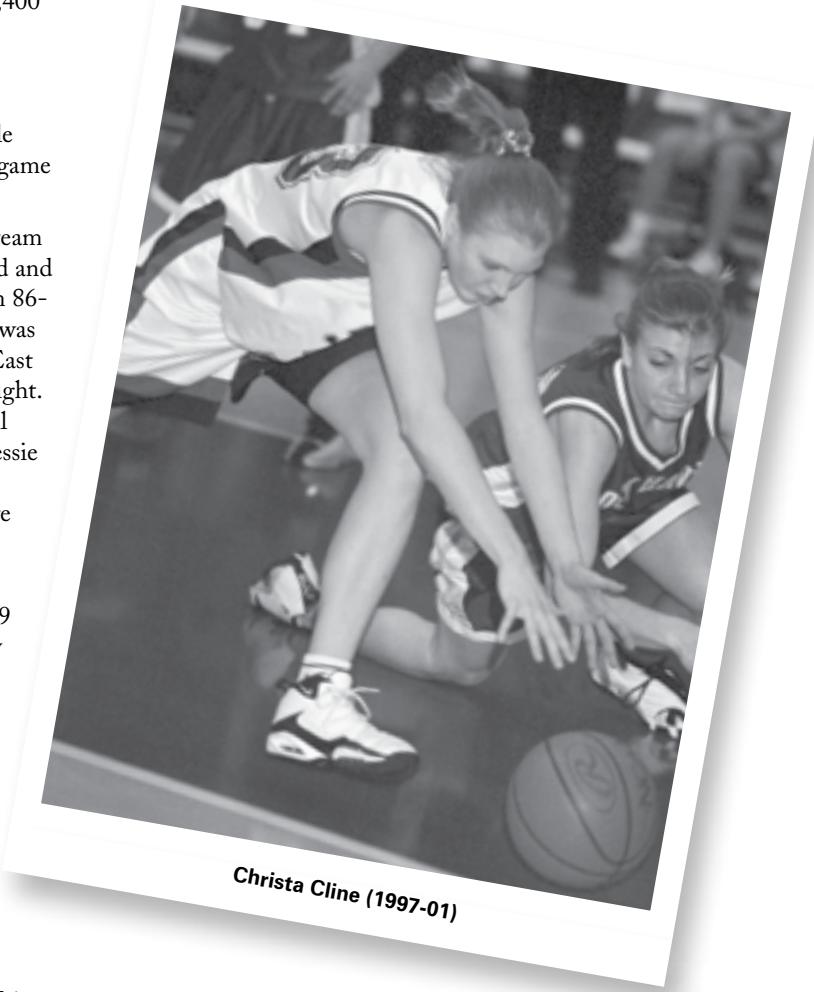
In 2000, Shippensburg became the first PSAC team to win five straight conference championships. All five starters, Pieczynski, Cline, Mikesic, Tamaura Woodson and Sutch averaged in double figures. The Lady Raiders were upset in the regional semi-final game the following weekend.

In 2001, Shippensburg put together one of its finest seasons in team history. The Lady Raiders finished the season with a 28-5 record and won the PSAC championship for the sixth year in a row with an 86-71 win over California. Janette Pieczynski tallied 25 points and was tournament MVP. The following week Shippensburg won the East region title (third time in six years) and advanced to the Elite Eight. Shippensburg defeated Delta State 70-65. The Lady Raiders fell 76-67 to North Dakota in a thrilling semi-final game. Center Jessie Gordon scored 24 points and pulled down nine rebounds. Cline was PSAC West Player of the Year. Pieczynski and Mikesic were named first team All-Conference.

In 2002 Shippensburg engaged in a rebuilding season and achieved many accolades. The team finished the year with a 20-9 overall record, marking the eighth season in a row that the Lady Raiders won 20 or more games. The team also competed in the NCAA Division II tournament for the eighth year in a row. Head Coach Kristy Trn was named PSAC Western Division Coach of the Year for the second season in a row.

In 2003 the Lady Raider suffered through a losing season with a 13-15 record, but earned a PSAC tournament berth for the ninth year in a row, compiling a 6-6 record in the conference's Western Division.

Shippensburg ended the 2004-05 season with a 17-10 record, including a mark of 8-4 in the Pennsylvania State Athletic Conference (PSAC) Western Division. Sixth-year head coach Kristy Trn was faced with the challenge of replacing two 1,000-point scorers from the 2003-04 team and two All-PSAC Western Division selections in Katie Bray and Emily Swingler.



### Historical notes

- Shippensburg won six consecutive PSAC Championships from 1996 to 2001. That is the longest string of basketball championships in PSAC history in either men's or women's basketball.
- Shippensburg finished 2nd in the NCAA Division II national tournament in 1996
- Shippensburg reached the semi-finals of the NCAA Division II national tournament in 2001.
- Shippensburg is one of only five teams outside the state of North Dakota that has reached the Final Four more than once during the past eight seasons and one of only five to reach the Elite Eight three times or more.
- Eastern College Athletic Conference Division II Team of the Year in 1996 and 2001.
- Eight straight 20 win seasons and eight straight NCAA tournament appearances from 1995 to 2002.

### PSAC Western Division Players of the Year

|      |                |
|------|----------------|
| 1996 | Tracy Spencer  |
| 1998 | Ashley Totedo  |
| 1999 | Ashley Totedo  |
| 2001 | Christa Cline  |
| 2008 | Lauren Beckley |

## Ashley (Totedo) Swanson

One of the best players in the history of NCAA Division II women's basketball, Ashley Totedo is currently an associate with Dickie, McCamey & Chilcote, P.C., in the firm's Pittsburgh office. She concentrates her practice in the areas of general liability and construction law with a particular emphasis in transportation law.

Totedo, who graduated cum laude from Shippensburg in 1999 with a bachelor's degree in psychology, was the first women's player in Division II history to total over 2,000 points, 1,400 rebounds and 300 blocked shots in a career. She finished her career with 2,050 points, 1,489 rebounds and 315 blocks.

A three-time Kodak/WBCA All-American First Team selection from 1997-99, Totedo was inducted in the Shippensburg Athletic Hall of Fame in 2000. During her career, Shippensburg compiled a 106-21 record, won four PSAC and two NCAA East Region championships.

Totedo was also a member of the only two teams in school history to advance to the Elite Eight. In 1996, the Lady Raiders finished the year ranked No. 2 in the nation after advancing to the national championship game.

Off the court, Totedo was an Academic All-American and two-time PSAC Winter Top Ten award winner. Following her graduation from Shippensburg, she attended the Duquesne University School of Law as a recipient of both an NCAA postgraduate scholarship and academic scholarship.

Totedo received her justice degree from Duquesne in 2002, where she was a recipient of the CALI Excellence for the Future Award in Trial Advocacy.

A member of the Allegheny County, Pennsylvania, and American Bar Associations, Totedo is admitted to practice before the Supreme Court of Pennsylvania and the United States District Court for the Western District of Pennsylvania.

Before joining Dickie McCamey, Totedo worked as an associate with Meyer, Darragh, Buckler, Bebenek & Eck and Burns White & Hickton LLC, two mid-sized Pittsburgh law firms.

Totedo is also executive board member of Young Republicans of Allegheny County and an Assistant Solicitor of the Republican Committee of Allegheny County.

A native of Donora, Totedo currently resides in Aspinwall with her husband, Matthew Swanson.



## Jeanne Shaheen

Born Jeanne Bowers in Saint Charles, Missouri on Jan. 28, 1947, Shaheen was elected this November as the first female senator to represent the people of New Hampshire in the U.S. Senate. A 1967 graduate of Shippensburg with a bachelor's degree in English, she was a member of the junior varsity team for two seasons in 1965-66 and 1966-67.



Shaheen has served as the Director of the Institute of Politics (IOP) at Harvard University's John F. Kennedy School of Government. She is also currently on the board of the Nellie Mae Education Foundation. Following her graduation from Shippensburg, Shaheen earned her master's degree in political science from the University of Mississippi in 1973. She would teach high school in Mississippi before moving to New Hampshire where she became a school teacher and ran a small business with her husband.

Shaheen was the national campaign manager for Jimmy Carter during the 1980 presidential campaign and for Gary Hart in 1984. She also managed two state campaigns for Paul McEachern in 1986 and 1988. Following her stints as a campaign manager, Shaheen decided to run for office herself. Her career in elected office began in 1990 when she was elected to the New Hampshire state Senate and served three terms, being re-elected twice in 1992 and 1994.

In 1996, Shaheen was elected Governor of New Hampshire, becoming the state's first woman governor and the first Democrat elected governor in 16 years. She served three terms as governor, winning re-election in 1998 and 2000. As the governor, Shaheen chaired the Education Commission of the States from 2000-01 and led the first trade mission for New Hampshire outside North America, generating \$500 million dollars in projected sales for New Hampshire businesses.

After leaving office, Shaheen served as a Senior Fellow at the IOP at the Kennedy School and at the Tufts University College of Citizenship and Public Service. Shaheen previously ran for the U.S. Senate in 2002 and in 2004, served as the national chairperson of Senator John Kerry's U.S. presidential campaign and vice chairman of the Democratic Party National Convention.

Jeanne and her husband, Bill, have been married for 35 years and live in Madbury, New Hampshire. They have three daughters and four grandchildren.



Shirley Fordney

Stacey Cunningham

Dorothy Fichter Cross

Mary Jo Grove

Tracy Spencer

# History

## TEAM CAPSULES

**1994-95**

**22-7 OVERALL • 9-3 PSAC WEST**  
**Western Division Champions**  
**NCAA Second Round**



**1995-96**

**22-5 OVERALL • 9-3 PSAC WEST**  
**PSAC Champions**  
**Western Division Champions**  
**NCAA Elite Eight**



### TEAM ROSTER

| No. | Name              | Yr. | Pos. | Ht.  | Hometown/High School               |
|-----|-------------------|-----|------|------|------------------------------------|
| 13  | Tracy Spencer     | Jr. | G    | 5-7  | Collegeville/Perkiomen Valley      |
| 20  | Deborah Dawson    | So. | F/C  | 6-1  | Crownsville, Md./Old Mill          |
| 22  | Christi Hare      | Sr. | G/F  | 5-9  | Shrewsbury/Susquehannock           |
| 23  | Stephanie Hector  | Fr. | G    | 5-6  | Glenside/Cheltenham                |
| 24  | Jennifer Rasberry | Sr. | G    | 5-7  | Walkerville, Md./Walkersville      |
| 30  | Jessica Bobiak    | So. | G    | 5-9  | Frackville/North Schuylkill        |
| 32  | Marie McDonald    | So. | F    | 5-10 | Centralia Heights/North Schuylkill |
| 33  | Melissa Swartz    | So. | G    | 5-8  | Carlisle/Big Spring                |
| 34  | Alyson Mangan     | Jr. | F    | 5-11 | Eastampton, N.J./Rancocas Valley   |
| 35  | Kelly Doerzbacher | Fr. | G    | 5-9  | Apollo/Greensburg Central Catholic |
| 41  | Dee DeShong       | So. | C    | 6-3  | Big Cove Tannery/McConnellsburg    |
| 42  | Anne Svensson     | Fr. | C    | 6-3  | Norrkoping, Sweden                 |

### SEASON STATISTICS

| Name              | GP/GS | FG%  | FT%  | Reb/Avg   | Asst | Pts/Avg   |
|-------------------|-------|------|------|-----------|------|-----------|
| Tracy Spencer     | 29/29 | 37.9 | 77.4 | 111/3.8   | 91   | 614/21.2  |
| Melissa Swartz    | 29/29 | 37.8 | 71.9 | 137/4.7   | 136  | 375/12.9  |
| Christi Hare      | 29/29 | 54.4 | 70.1 | 249/8.6   | 56   | 318/11.0  |
| Anne Svensson     | 29/29 | 50.0 | 44.9 | 175/6.0   | 34   | 226/7.8   |
| Kelly Doerzbacher | 29/17 | 37.7 | 76.6 | 101/3.5   | 35   | 206/7.1   |
| Deborah Dawson    | 29/0  | 48.1 | 57.1 | 116/4.0   | 22   | 178/6.1   |
| Marie McDonald    | 29/0  | 46.2 | 70.2 | 135/4.7   | 17   | 161/5.6   |
| Dee DeShong       | 16/0  | 51.0 | 72.7 | 53/3.3    | 15   | 66/4.1    |
| Jessica Bobiak    | 29/12 | 31.3 | 66.0 | 68/2.3    | 49   | 94/3.2    |
| Stephanie Hector  | 29/0  | 42.0 | 64.0 | 51/1.8    | 25   | 91/3.1    |
| Jennifer Rasberry | 28/0  | 44.8 | 60.9 | 33/1.2    | 60   | 43/1.5    |
| Alyson Mangan     | 1/0   | 0.0  | 0.0  | 0/0       | 0    | 0/0.0     |
| Shippensburg      | 29    | 42.4 | 68.4 | 1347/46.4 | 540  | 2372/81.8 |
| Opponents         | 29    | 39.3 | 67.7 | 1216/41.9 | 374  | 1996/68.8 |

### PSAC TOURNAMENT

Semifinals - East Stroudsburg 80, Shippensburg 69

### NCAA TOURNAMENT

First Round - Shippensburg 87, District of Columbia 81 (OT)

Regional Semifinals - Mercyhurst 73, Shippensburg 68

### TEAM ROSTER

| No. | Name              | Yr. | Pos. | Ht.  | Hometown/High School               |
|-----|-------------------|-----|------|------|------------------------------------|
| 12  | Vanessa Walker    | Fr. | G    | 5-3  | Carlisle/Tulsa Union (Okla.)       |
| 13  | Tracy Spencer     | Sr. | G    | 5-7  | Collegeville/Perkiomen Valley      |
| 14  | Anna Latschar     | Fr. | G    | 5-6  | Gettysburg/North Pocono            |
| 15  | Dorrie Martin     | Fr. | G    | 5-4  | Marietta/Donegal                   |
| 20  | Deborah Dawson    | Jr. | F/C  | 6-1  | Crownsville, Md./Old Mill          |
| 23  | Stephanie Hector  | So. | G    | 5-6  | Glenside/Cheltenham                |
| 24  | Jennifer Steck    | Jr. | G    | 5-9  | Dry Run/Fannett-Metal              |
| 30  | Jessica Bobiak    | Jr. | G    | 5-9  | Frackville/North Schuylkill        |
| 32  | Marie McDonald    | Jr. | F    | 5-10 | Centralia Heights/North Schuylkill |
| 33  | Melissa Swartz    | Jr. | G    | 5-8  | Carlisle/Big Spring                |
| 34  | Alyson Mangan     | Sr. | F    | 5-11 | Eastampton, N.J./Rancocas Valley   |
| 35  | Kelly Doerzbacher | So. | G    | 5-9  | Apollo/Greensburg Central Catholic |
| 40  | Ashley Totedo     | Fr. | C    | 6-0  | Donora/Ringgold                    |
| 42  | Anne Svensson     | So. | C    | 6-3  | Norrkoping, Sweden                 |

### SEASON STATISTICS

| Name              | GP/GS | FG%  | FT%   | Reb/Avg   | Asst | Pts/Avg   |
|-------------------|-------|------|-------|-----------|------|-----------|
| Tracy Spencer     | 34/34 | 36.4 | 77.2  | 148/4.4   | 117  | 670/19.7  |
| Melissa Swartz    | 34/34 | 41.4 | 80.5  | 195/5.7   | 215  | 614/18.1  |
| Ashley Totedo     | 34/31 | 53.9 | 65.2  | 359/10.6  | 37   | 421/12.4  |
| Anne Svensson     | 34/34 | 50.2 | 61.0  | 201/5.9   | 49   | 265/7.8   |
| Deborah Dawson    | 34/0  | 48.2 | 59.9  | 173/5.1   | 15   | 264/7.8   |
| Jessica Bobiak    | 34/33 | 42.6 | 71.7  | 140/4.1   | 81   | 205/6.0   |
| Marie McDonald    | 34/3  | 42.6 | 78.1  | 170/5.0   | 14   | 167/4.9   |
| Kelly Doerzbacher | 26/1  | 36.6 | 72.4  | 67/2.6    | 14   | 102/3.9   |
| Vanessa Walker    | 5/0   | 22.2 | 66.7  | 4/0.8     | 4    | 8/1.6     |
| Stephanie Hector  | 32/0  | 19.1 | 42.3  | 43/1.3    | 26   | 31/1.0    |
| Alyson Mangan     | 22/0  | 30.8 | 55.6  | 16/0.7    | 1    | 21/1.0    |
| Jennifer Steck    | 18/0  | 20.0 | 30.0  | 15/0.8    | 1    | 9/0.5     |
| Dorrie Martin     | 19/0  | 20.0 | 50.0  | 4/0.2     | 1    | 3/0.2     |
| Anna Latschar     | 20/0  | 0.0  | 100.0 | 7/0.4     | 2    | 2/0.1     |
| Shippensburg      | 34    | 42.3 | 71.6  | 1645/48.4 | 577  | 2782/81.8 |
| Opponents         | 34    | 38.3 | 68.8  | 1539/45.3 | 518  | 2565/75.4 |

### PSAC TOURNAMENT

Quarterfinals - Shippensburg 93, West Chester 83

Semifinals - Shippensburg 95, Bloomsburg 87

Championship - Shippensburg 87, Slippery Rock 67

### NCAA TOURNAMENT

Regional Semifinals - Shippensburg 87, Pittsburgh-Johnstown 77

Regional Championship - Shippensburg 79, Salem International 68

NCAA Quarterfinals - Shippensburg 78, Wingate 64

NCAA Semifinals - Shippensburg 84, Abilene Christian 81

NCAA Championship - North Dakota State 104, Shippensburg 78

## 1996-97

25-5 OVERALL • 10-2 PSAC WEST

PSAC Champions

Western Division Champions

NCAA First Round



## 1997-98

28-4 OVERALL • 12-0 PSAC WEST

PSAC Champions

Western Division Champions

NCAA Elite Eight



## TEAM ROSTER

| No. | Name              | Yr. | Pos. | Ht.  | Hometown/High School               |
|-----|-------------------|-----|------|------|------------------------------------|
| 12  | Abigail Minder    | Fr. | G    | 5-7  | Lebanon/Lebanon Catholic           |
| 14  | Julie Sutch       | Fr. | G    | 5-5  | New Bloomfield/West Perry          |
| 15  | Nisa Wilson       | Fr. | G    | 5-4  | Lancaster/McCaskey                 |
| 20  | Deborah Dawson    | Sr. | C    | 6-1  | Crownsville, Md./Old Mill          |
| 23  | Jennifer Hamilton | Fr. | F    | 6-0  | Perkasie/Pennridge                 |
| 24  | Christy Hammaker  | Fr. | G    | 5-4  | Sanatoga/Pottsgrove                |
| 30  | Jessica Bobiak    | Sr. | F    | 5-9  | Frackville/North Schuylkill        |
| 32  | Marie McDonald    | Sr. | F    | 5-10 | Centralia Heights/North Schuylkill |
| 33  | Melissa Swartz    | Sr. | G    | 5-8  | Carlisle/Big Spring                |
| 34  | Rebekah Hosler    | Fr. | F    | 5-11 | Newville/Big Spring                |
| 35  | Kelly Doerzbacher | Jr. | F    | 5-10 | Apollo/Greensburg Central Catholic |
| 40  | Ashley Totedo     | So. | C    | 6-0  | Donora/Ringgold                    |
| 41  | Jamie Porter      | Fr. | F    | 5-9  | Pittsburgh/Plum                    |

## SEASON STATISTICS

| Name              | GP/GS | FG%  | FT%   | Reb/Avg   | Asst | Pts/Avg   |
|-------------------|-------|------|-------|-----------|------|-----------|
| Ashley Totedo     | 30/30 | 45.9 | 64.2  | 391/13.0  | 39   | 466/15.5  |
| Melissa Swartz    | 30/30 | 40.2 | 68.9  | 109/3.6   | 173  | 432/14.4  |
| Deborah Dawson    | 30/30 | 46.0 | 75.9  | 209/7.0   | 31   | 332/11.1  |
| Nisa Wilson       | 29/4  | 36.0 | 72.2  | 69/2.4    | 59   | 261/9.0   |
| Marie McDonald    | 30/0  | 44.5 | 84.4  | 159/5.3   | 26   | 236/7.9   |
| Kelly Doerzbacher | 30/20 | 37.8 | 77.4  | 127/4.2   | 42   | 232/7.7   |
| Jessica Bobiak    | 30/30 | 39.4 | 68.9  | 124/4.1   | 80   | 191/6.4   |
| Julie Sutch       | 26/0  | 37.5 | 65.7  | 45/1.7    | 33   | 72/2.8    |
| Jamie Porter      | 22/6  | 36.8 | 50.0  | 53/2.4    | 20   | 69/3.1    |
| Christy Hammaker  | 11/0  | 35.0 | 0.0   | 9/0.8     | 8    | 18/1.6    |
| Abigail Minder    | 17/0  | 18.2 | 57.1  | 21/1.2    | 7    | 20/1.2    |
| Jennifer Hamilton | 16/0  | 37.5 | 63.6  | 16/1.0    | 1    | 19/1.2    |
| Rebekah Hosler    | 12/0  | 50.0 | 100.0 | 16/1.3    | 0    | 14/1.2    |
| Shippensburg      | 30    | 41.2 | 70.5  | 1427/47.6 | 519  | 2362/78.7 |
| Opponents         | 30    | 37.4 | 64.3  | 1269/42.3 | 414  | 1945/64.8 |

## PSAC TOURNAMENT

Quarterfinals - Shippensburg 68, Kutztown 59

Semifinals - Shippensburg 70, West Chester 62

Championship - Shippensburg 89, Edinboro 74

## NCAA TOURNAMENT

First Round - High Point 71, Shippensburg 53

## TEAM ROSTER

| No. | Name               | Yr.   | Pos. | Ht.  | Hometown/High School         |
|-----|--------------------|-------|------|------|------------------------------|
| 12  | Julie Sutch        | So.   | G    | 5-5  | New Bloomfield/West Perry    |
| 15  | Vickie Mikesic     | Fr.   | G    | 5-7  | Hollidaysburg/Hollidaysburg  |
| 20  | Nisa Wilson        | So.   | G    | 5-4  | Lancaster/McCaskey           |
| 22  | Ashley Totedo      | Jr.   | F    | 6-0  | Donora/Ringgold              |
| 23  | Janette Pieczynski | Fr.   | G    | 5-7  | Kingston/Wyoming Valley West |
| 32  | Stephanie Rothery  | Fr.   | C    | 5-11 | Berwick/Berwick              |
| 33  | Christa Cline      | R-Fr. | F    | 5-10 | Carlisle/Carlisle            |
| 41  | Jamie Porter       | So.   | F    | 5-9  | Pittsburgh/Plum              |
| 42  | Tamaura Woodson    | Fr.   | C    | 5-11 | Harrisburg/Harrisburg        |

## SEASON STATISTICS

| Name               | GP/GS | FG%  | FT%  | Reb/Avg   | Ast. | Pts./Avg. |
|--------------------|-------|------|------|-----------|------|-----------|
| Ashley Totedo      | 32/32 | 43.7 | 76.6 | 370/11.6  | 34   | 569/17.8  |
| Nisa Wilson        | 30/25 | 34.0 | 72.7 | 86/2.9    | 148  | 366/12.2  |
| Christa Cline      | 32/31 | 49.7 | 68.4 | 198/6.2   | 52   | 365/11.4  |
| Janette Pieczynski | 32/22 | 43.0 | 71.4 | 127/4.0   | 88   | 364/11.4  |
| Vickie Mikesic     | 32/5  | 39.4 | 73.6 | 85/2.7    | 74   | 247/7.7   |
| Julie Sutch        | 32/32 | 38.9 | 74.4 | 128/4.0   | 112  | 225/7.0   |
| Stephanie Rothery  | 31/3  | 46.0 | 79.6 | 109/3.5   | 15   | 131/4.2   |
| Tamaura Woodson    | 28/8  | 44.2 | 40.0 | 100/3.6   | 11   | 112/4.0   |
| Jamie Porter       | 32/2  | 28.8 | 71.2 | 123/3.8   | 47   | 124/3.9   |
| Shippensburg       | 32    | 40.9 | 69.8 | 1446/42.3 | 581  | 2503/79.6 |
| Opponents          | 32    | 37.5 | 68.6 | 1310/40.9 | 451  | 2070/64.7 |

## PSAC TOURNAMENT

Quarterfinals - Shippensburg 69, Indiana (Pa.) 60

Semifinals - Shippensburg 75, Kutztown 66

Championship - Shippensburg 89, Edinboro 80 (OT)

## NCAA TOURNAMENT

Regional Semifinals - Shippensburg 88, Edinboro 78

Regional Championship - Shippensburg 91, Bloomsburg 62

NCAA Quarterfinals - Emporia State 122, Shippensburg 84

# History

## TEAM CAPSULES

1998-99

**25-6 OVERALL • 8-4 PSAC WEST**  
**PSAC Champions**  
**NCAA Sweet Sixteen**



1999-2000

**24-6 OVERALL • 10-2 PSAC WEST**  
**PSAC CHAMPIONS**  
**WESTERN DIVISION CHAMPIONS, NCAA SECOND ROUND**



### TEAM ROSTER

| No. | Name               | Yr. | Pos. | Ht.  | Hometown/High School          |
|-----|--------------------|-----|------|------|-------------------------------|
| 12  | Julie Sutch        | Jr. | G    | 5-5  | New Bloomfield/West Perry     |
| 15  | Vickie Mikesic     | So. | G    | 5-7  | Hollidaysburg/Hollidaysburg   |
| 20  | Jennifer Hamilton  | So. | F    | 5-11 | Perkasie/Pennridge            |
| 22  | Ashley Totedo      | Sr. | F    | 6-0  | Donora/Ringgold               |
| 23  | Janette Pieczynski | So. | G    | 5-7  | Kingston/Wyoming Valley West  |
| 24  | Erin Corrie        | Fr. | G    | 5-9  | Orbisonia/Southern Huntingdon |
| 30  | Trisha Lower       | Fr. | G    | 5-7  | Williamsburg/Williamsburg     |
| 32  | Stephanie Rothery  | So. | C    | 5-11 | Berwick/Berwick               |
| 33  | Christa Cline      | So. | F    | 5-10 | Carlisle/Carlisle             |
| 34  | Anja Thiele        | Fr. | C    | 6-1  | Halle, Germany                |
| 42  | Tamaura Woodson    | So. | C    | 5-11 | Harrisburg/Harrisburg         |

### SEASON STATISTICS

| Name               | GP/GS | FG%  | FT%  | Reb/Avg   | Asst | Pts/Avg   |
|--------------------|-------|------|------|-----------|------|-----------|
| Ashley Totedo      | 31/31 | 42.4 | 77.3 | 369/11.9  | 52   | 594/19.2  |
| Janette Pieczynski | 31/29 | 41.6 | 70.5 | 151/4.9   | 89   | 448/14.5  |
| Vickie Mikesic     | 31/31 | 43.4 | 79.8 | 154/5.0   | 136  | 406/13.1  |
| Christa Cline      | 31/31 | 42.7 | 74.6 | 163/5.3   | 40   | 288/9.3   |
| Julie Sutch        | 31/31 | 36.1 | 63.4 | 125/4.0   | 125  | 227/7.3   |
| Tamaura Woodson    | 31/2  | 59.3 | 35.0 | 108/3.5   | 16   | 213/6.9   |
| Stephanie Rothery  | 31/0  | 39.1 | 72.9 | 91/2.9    | 30   | 135/4.4   |
| Erin Corrie        | 13/0  | 37.5 | 62.5 | 20/1.5    | 10   | 23/1.8    |
| Jennifer Hamilton  | 20/0  | 60.0 | 30.8 | 22/1.1    | 5    | 34/1.7    |
| Anja Thiele        | 9/0   | 28.6 | 62.5 | 15/1.7    | 0    | 13/1.4    |
| Trisha Lower       | 31/0  | 19.6 | 41.2 | 36/1.2    | 27   | 32/1.0    |
| Shippensburg       | 31    | 41.2 | 70.7 | 1464/45.8 | 577  | 2514/78.6 |
| Opponents          | 31    | 37.5 | 68.6 | 1310/40.9 | 451  | 2070/64.7 |

### PSAC TOURNAMENT

Quarterfinals - Shippensburg 85, California (Pa.) 48  
 Semifinals - Shippensburg 54, Kutztown 51  
 Championship - Shippensburg 92, Indiana (Pa.) 85

### NCAA TOURNAMENT

Regional Semifinals - Shippensburg 86, Belmont Abbey 62  
 Regional Championship - Indiana (Pa.) 85, Shippensburg 75

### TEAM ROSTER

| No. | Name               | Yr. | Pos. | Ht.  | Hometown/High School          |
|-----|--------------------|-----|------|------|-------------------------------|
| 12  | Julie Sutch        | Sr. | G    | 5-5  | New Bloomfield/West Perry     |
| 14  | Cortney Campbell   | Fr. | F    | 5-9  | Marysville/Susquenita         |
| 15  | Vickie Mikesic     | Jr. | G    | 5-7  | Hollidaysburg/Hollidaysburg   |
| 20  | Jennifer Hamilton  | Jr. | F    | 5-11 | Perkasie/Pennridge            |
| 21  | Christan Kelly     | Fr. | G/F  | 5-10 | Holland/Council Rock          |
| 23  | Janette Pieczynski | Jr. | G    | 5-7  | Kingston/Wyoming Valley West  |
| 24  | Erin Corrie        | So. | G    | 5-9  | Orbisonia/Southern Huntingdon |
| 31  | Jamie Fredley      | Fr. | G    | 5-9  | State College/Council Rock    |
| 32  | Stephanie Rothery  | Jr. | F    | 5-11 | Berwick/Berwick               |
| 33  | Christa Cline      | Jr. | F    | 5-10 | Carlisle/Carlisle             |
| 42  | Tamaura Woodson    | Jr. | C    | 5-11 | Harrisburg/Harrisburg         |

### SEASON STATISTICS

| Name               | GP/GS | FG%  | FT%  | Reb/Avg   | Asst | Pts/Avg   |
|--------------------|-------|------|------|-----------|------|-----------|
| Janette Pieczynski | 30/29 | 43.8 | 74.1 | 119/4.0   | 87   | 452/15.1  |
| Christa Cline      | 30/30 | 44.5 | 73.5 | 247/8.2   | 42   | 415/13.8  |
| Vickie Mikesic     | 30/30 | 43.7 | 65.5 | 163/5.4   | 170  | 394/13.1  |
| Tamaura Woodson    | 29/28 | 54.8 | 50.4 | 220/7.6   | 35   | 372/12.8  |
| Julie Sutch        | 30/30 | 39.9 | 66.7 | 171/5.7   | 105  | 303/10.1  |
| Stephanie Rothery  | 30/2  | 35.9 | 80.0 | 126/4.2   | 38   | 226/7.5   |
| Jennifer Hamilton  | 8/0   | 37.5 | 66.7 | 13/1.6    | 6    | 26/3.3    |
| Christan Kelly     | 15/0  | 48.1 | 69.2 | 25/1.7    | 5    | 35/2.3    |
| Erin Corrie        | 30/1  | 36.0 | 54.5 | 39/1.3    | 18   | 48/1.6    |
| Jamie Fredley      | 20/0  | 52.6 | 58.3 | 9/0.5     | 11   | 29/1.5    |
| Cortney Campbell   | 2/0   | 0.0  | 0.0  | 1/0.5     | 0    | 0/0.0     |
| Shippensburg       | 30    | 44.0 | 67.0 | 1267/42.2 | 517  | 2300/76.7 |
| Opponents          | 30    | 38.9 | 70.0 | 1168/38.9 | 405  | 1891/63.0 |

### PSAC TOURNAMENT

Quarterfinals - Shippensburg 90, Edinboro 76  
 Semifinals - Shippensburg 85, Bloomsburg 62  
 Championship - Shippensburg 83, Millersville 57

### NCAA TOURNAMENT

Regional Semifinals - Slippery Rock 74, Shippensburg 65

2000-01

**28-5 OVERALL • 10-2 PSAC WEST**  
**PSAC CHAMPIONS**  
**WESTERN DIVISION CHAMPIONS**  
**NCAA ELITE EIGHT**



2001-02

**20-8 OVERALL • 8-4 PSAC WEST**  
**NCAA FIRST ROUND**

**TEAM ROSTER**

| No. | Name               | Yr. | Pos. | Ht.  | Hometown/High School          |
|-----|--------------------|-----|------|------|-------------------------------|
| 12  | Christian Kelly    | So. | G/F  | 5-10 | Holland/Council Rock          |
| 13  | Jamie Cable        | Fr. | F    | 5-9  | Brunswick, Md./Brunswick      |
| 14  | Jamie Fredley      | So. | G    | 5-9  | State College/Council Rock    |
| 15  | Vickie Mikesic     | Sr. | G    | 5-7  | Hollidaysburg/Hollidaysburg   |
| 20  | Holly Evanov       | Fr. | G    | 5-2  | South Park/South Park         |
| 21  | Katie Bray         | Fr. | G    | 5-9  | Reedsville/Indian Valley      |
| 22  | Emily Swingler     | Fr. | G    | 5-10 | Columbia/Columbia             |
| 23  | Janette Pieczynski | Sr. | G    | 5-7  | Kingston/Wyoming Valley West  |
| 24  | Erin Corrie        | Jr. | G    | 5-9  | Orbisonia/Southern Huntingdon |
| 30  | Janet Williams     | Fr. | G    | 5-8  | Meadville/Saegertown          |
| 32  | Stephanie Rothery  | Sr. | F    | 5-11 | Berwick/Berwick               |
| 33  | Christa Cline      | Sr. | F    | 5-10 | Carlisle/Carlisle             |
| 35  | Jessie Gordon      | Jr. | C    | 6-0  | Williamsburg/Williamsburg     |
| 42  | Tamaura Woodson    | Sr. | C    | 5-11 | Harrisburg/Harrisburg         |

**SEASON STATISTICS**

| Name               | GP/GS | FG%  | FT%  | Reb/Avg   | Asst | Pts/Avg   |
|--------------------|-------|------|------|-----------|------|-----------|
| Janette Pieczynski | 32/32 | 39.1 | 74.3 | 105/3.3   | 84   | 417/13.0  |
| Christa Cline      | 33/33 | 43.7 | 74.6 | 261/7.9   | 37   | 426/12.9  |
| Jessie Gordon      | 33/26 | 49.5 | 73.0 | 263/8.0   | 44   | 394/11.9  |
| Tamaura Woodson    | 6/6   | 54.0 | 40.0 | 53/8.8    | 2    | 66/11.0   |
| Vickie Mikesic     | 33/33 | 46.6 | 69.5 | 144/4.4   | 195  | 352/10.7  |
| Katie Bray         | 33/28 | 51.3 | 81.0 | 120/3.6   | 92   | 313/9.5   |
| Stephanie Rothery  | 33/6  | 36.2 | 71.1 | 104/3.2   | 23   | 195/5.9   |
| Christian Kelly    | 21/0  | 43.4 | 65.0 | 31/1.5    | 10   | 74/3.5    |
| Erin Corrie        | 28/0  | 43.0 | 65.7 | 34/1.2    | 11   | 91/3.3    |
| Jamie Cable        | 19/0  | 37.3 | 47.1 | 53/2.8    | 8    | 47/2.5    |
| Emily Swingler     | 18/0  | 40.9 | 50.0 | 18/1.0    | 5    | 43/2.4    |
| Holly Evanov       | 14/0  | 22.2 | 68.8 | 12/0.9    | 12   | 21/1.5    |
| Janet Williams     | 16/0  | 10.0 | 82.4 | 10/0.6    | 10   | 17/1.1    |
| Jamie Fredley      | 27/1  | 14.8 | 42.9 | 19/0.7    | 26   | 12/0.4    |
| Shippensburg       | 33    | 43.7 | 70.7 | 1391/42.2 | 559  | 2468/74.8 |
| Opponents          | 33    | 38.8 | 66.2 | 1178/35.7 | 386  | 2021/61.2 |

**PSAC TOURNAMENT**

Quarterfinals - Shippensburg 82, Edinboro 53

Semifinals - Shippensburg 88, West Chester 75

Championship - Shippensburg 86, California (Pa.) 71

**NCAA TOURNAMENT**

Regional Semifinals - Shippensburg 80, Pittsburgh-Johnstown 70

Regional Championship - Shippensburg 76, Bloomsburg 75

NCAA Quarterfinals - Shippensburg 70, Delta State 65

NCAA Semifinals - North Dakota State 76, Shippensburg 67

**NCAA ALL-TOURNAMENT TEAM**

Jessie Gordon

**TEAM ROSTER**

| No. | Name             | Yr. | Pos. | Ht.  | Hometown/High School               |
|-----|------------------|-----|------|------|------------------------------------|
| 12  | Christian Kelly  | Jr. | G/F  | 5-10 | Holland/Council Rock               |
| 13  | Alicia Bray      | Fr. | G    | 5-7  | Reedsville/Indian Valley           |
| 14  | Jamie Cable      | So. | F    | 5-9  | Brunswick, Md./Brunswick           |
| 15  | Jamie Fredley    | Jr. | G    | 5-9  | State College/Council Rock         |
| 20  | Janet Williams   | So. | G    | 5-8  | Meadville/Saegertown               |
| 21  | Katie Bray       | So. | G    | 5-9  | Reedsville/Indian Valley           |
| 22  | Emily Swingler   | So. | G    | 5-10 | Columbia/Columbia                  |
| 23  | Holly Evanov     | So. | G    | 5-2  | South Park/South Park              |
| 24  | Erin Corrie      | Sr. | G    | 5-9  | Orbisonia/Southern Huntingdon      |
| 30  | Jen Scaffidi     | Fr. | G    | 5-8  | Turnersville, N.J./Washington Twp. |
| 32  | Emma Lomax       | Fr. | F    | 5-8  | Dumfries/Gar-Field                 |
| 35  | Jessie Gordon    | Sr. | C    | 6-0  | Williamsburg/Williamsburg          |
| 40  | Katie Lazor      | Fr. | F    | 5-9  | Wood/Tussey Mountain               |
| 41  | Christine Brobst | Fr. | C    | 6-1  | Yorktown, Va./Grafton              |
| 42  | Sonia Spriggs    | Fr. | F    | 5-11 | Avondale/Avon Grove                |

**SEASON STATISTICS**

| Name             | GP/GS | FG%  | FT%   | Reb/Avg   | Asst | Pts/Avg   |
|------------------|-------|------|-------|-----------|------|-----------|
| Jessie Gordon    | 29/29 | 45.1 | 76.0  | 275/9.5   | 40   | 487/16.8  |
| Jen Scaffidi     | 29/27 | 43.9 | 76.3  | 100/3.4   | 129  | 384/13.2  |
| Emily Swingler   | 28/28 | 45.1 | 83.6  | 160/5.7   | 61   | 342/12.2  |
| Katie Bray       | 29/29 | 47.0 | 76.4  | 141/4.9   | 101  | 336/11.6  |
| Christan Kelly   | 28/28 | 41.8 | 66.3  | 275/9.8   | 43   | 303/10.8  |
| Jamie Cable      | 27/1  | 43.4 | 50.0  | 77/2.9    | 8    | 81/3.0    |
| Janet Williams   | 17/1  | 38.2 | 78.3  | 31/1.8    | 15   | 46/2.7    |
| Jamie Fredley    | 23/2  | 21.2 | 52.6  | 15/0.7    | 23   | 26/1.1    |
| Emma Lomax       | 23/0  | 17.2 | 50.0  | 19/0.8    | 13   | 25/1.1    |
| Katie Lazor      | 22/0  | 30.0 | 50.0  | 35/1.6    | 2    | 24/1.1    |
| Erin Corrie      | 19/0  | 42.9 | 44.4  | 11/0.6    | 6    | 22/1.2    |
| Holly Evanov     | 9/0   | 28.6 | 63.6  | 5/0.6     | 4    | 11/1.2    |
| Sonia Spriggs    | 7/0   | 66.7 | 100.0 | 4/0.6     | 0    | 6/0.9     |
| Christine Brobst | 4/0   | 50.0 | 0.0   | 4/1.0     | 0    | 2/0.5     |
| Alicia Bray      | 7/0   | 0.0  | 50.0  | 3/0.4     | 0    | 1/0.1     |
| Shippensburg     | 29    | 43.3 | 70.6  | 1274/43.9 | 445  | 2096/72.3 |
| Opponents        | 29    | 38.4 | 67.0  | 1052/36.3 | 379  | 1883/64.9 |

**PSAC TOURNAMENT**

Quarterfinals - Shippensburg 96, Slippery Rock 84

Semifinals - Millersville 73, Shippensburg 63

**NCAA TOURNAMENT**

First Round - West Liberty State 82, Shippensburg 72 (OT)

# History

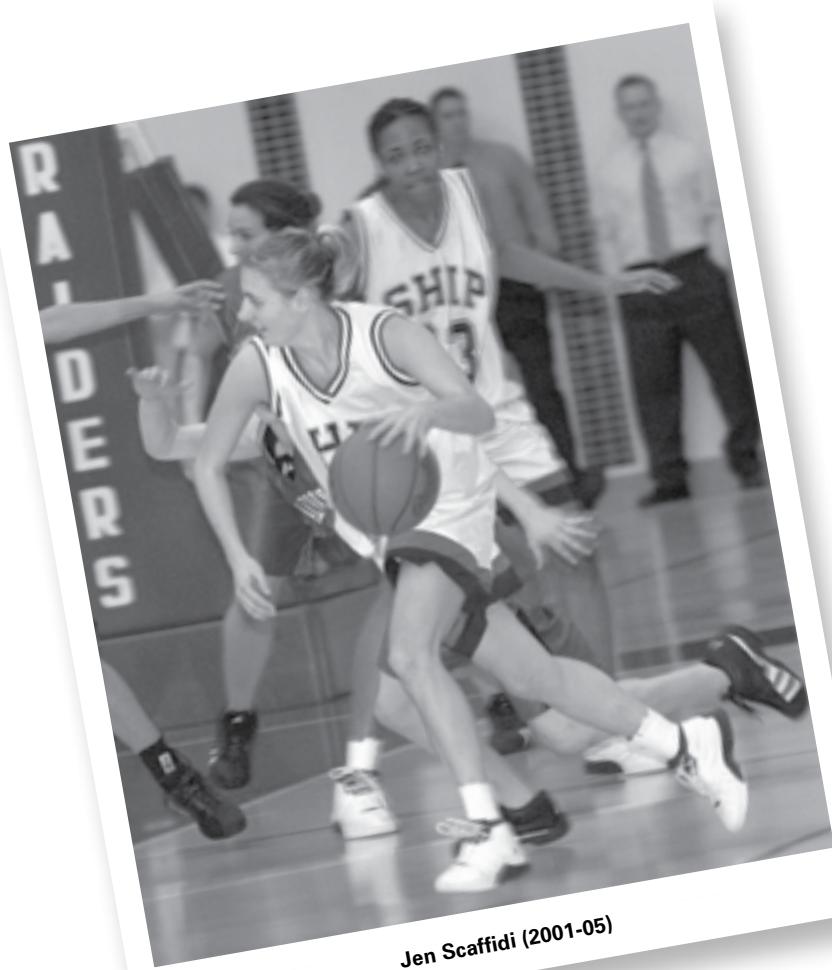
## LADY RAIDERS IN THE NCAA TOURNAMENT

### NCAA Tournament Appearances Year-by-Year

| Date    | Location          | Round         | Opponent             | Result      |
|---------|-------------------|---------------|----------------------|-------------|
| 3/7/95  | Washington, D.C.  | First Round   | District of Columbia | W, 87-81 OT |
| 3/10/95 | Erie, Pa.         | Region Semis  | Mercyhurst           | L, 73-68    |
| 3/8/96  | Shippensburg, Pa. | Region Semis  | Pittsburgh-Johnstown | W, 87-77    |
| 3/9/96  | Shippensburg, Pa. | Region Final  | Salem International  | W, 79-68    |
| 3/20/96 | Fargo, N.D.       | NCAA Quarters | Wingate              | W, 78-64    |
| 3/21/96 | Fargo, N.D.       | NCAA Semis    | Abilene Christian    | W, 84-81    |
| 3/24/96 | Fargo, N.D.       | NCAA Final    | North Dakota State   | L, 78-104   |
| 3/7/97  | Shippensburg, Pa. | First Round   | High Point           | L, 53-71    |
| 3/6/98  | Philippi, W. Va.  | Region Semis  | Edinboro             | W, 88-78    |
| 3/7/98  | Philippi, W. Va.  | Region Final  | Bloomsburg           | W, 91-62    |
| 3/18/98 | Pine Bluff, Ark.  | NCAA Quarters | Emporia State        | L, 84-122   |
| 3/5/99  | Indiana, Pa.      | Region Semis  | Belmont Abbey        | W, 86-62    |
| 3/6/99  | Indiana, Pa.      | Region Final  | Indiana (Pa.)        | L, 75-85    |
| 3/10/00 | Shippensburg, Pa. | Region Semis  | Slippery Rock        | L, 65-74    |
| 3/9/01  | Shippensburg, Pa. | Region Semis  | Pittsburgh-Johnstown | W, 80-70    |
| 3/10/01 | Shippensburg, Pa. | Region Final  | Bloomsburg           | W, 76-75    |
| 3/21/01 | Rochester, Minn.  | NCAA Quarters | Delta State          | W, 70-65    |
| 3/22/01 | Rochester, Minn.  | NCAA Semis    | North Dakota         | L, 67-76    |
| 3/7/02  | Glenville, W. Va. | First Round   | West Liberty State   | L, 72-82 OT |

#### Appearances: Eight (11-8)

1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002



**TEAM RECORDS:**

**Highest Winning Pet.:** 1,000, 1951 (6-0); 1956 (10-0); 1966 (10-0); 1969 (10-0)

**Most Consecutive Victories:** 24 (1968-70); 20 (1997-98)

**Most Wins:** 28, (1995-96; 1997-98; 2000-01)

**Most Points Scored in One Season:** 2,782 (1995-96)

**Highest Average Per Game:** 81.82 (1995-96)

**Most Points Scored in One Game:** 115, vs. California (1982-83)

**MOST POINTS SCORED:**

|                |                                      |   |
|----------------|--------------------------------------|---|
| <b>Game:</b>   | 47                                   | Lauren Beckley vs. Lock Haven, (2/13/08)        |
|                | 45                                   | Kristy (O'Hara) Trn vs. Cheyney, 2/11/93        |
|                | 44                                   | Stacey Cunningham vs. California (Pa.), 1/15/83 |
|                | 44                                   | Stacey Cunningham vs. Bloomsburg, 2/3/83        |
|                | 44                                   | Stacey Cunningham vs. West Chester, 2/19/83     |
|                | 41                                   | Stacey Cunningham vs. West Liberty, 2/13/82     |
|                | 41                                   | Kristy (O'Hara) Trn vs. Slippery Rock, 1/25/92  |
|                | 41                                   | Tracy Spencer vs. Indiana (Pa.), 2/8/95         |
| <b>Season:</b> | 670                                  | Tracy Spencer (1995-96)                         |
|                | 658                                  | Stacey Cunningham (1982-83)                     |
| <b>624</b>     | <b>Lauren Beckley (2007-08)</b>      |   |
|                | 614                                  | Tracy Spencer (1994-95)                         |
|                | 614                                  | Melissa Swartz (1995-96)                        |
|                | 595                                  | Kristy (O'Hara) Trn (1992-93)                   |
|                | 594                                  | Ashley Totedo (1998-99)                         |
|                | 582                                  | Stacey Cunningham (1981-82)                     |
|                | 569                                  | Ashley Totedo (1997-98)                         |
| <b>548</b>     | <b>Lauren Beckley (2006-07)</b>      |   |
|                | 545                                  | Kristy (O'Hara) Trn (1991-92)                   |
|                | 523                                  | Stacey Cunningham (1983-84)                     |
| <b>Career:</b> | 2,057                                | Stacey Cunningham (1980-84)                     |
|                | 2,050                                | Ashley Totedo (1995-99)                         |
|                | 1,976                                | Tracy Spencer (1992-96)                         |
|                | 1,765                                | Kristy (O'Hara) Trn (1989-93)                   |
|                | 1,681                                | Janette Pieczynski (1997-01)                    |
|                | 1,583                                | Jen Scaffidi (2001-05)                          |
|                | 1,551                                | Melissa Swartz (1993-97)                        |
|                | 1,494                                | Christa Cline (1997-01)                         |
|                | 1,453                                | Shanna Oaddams (2003-07)                        |
|                | 1,440                                | Katie Bray (2000-03)                            |
|                | 1,399                                | Vickie Mikesic (1997-01)                        |
| <b>1,172</b>   | <b>Lauren Beckley (2006-present)</b> |   |
|                | 1,146                                | Emily Swingler (2000-03)                        |
|                | 1,113                                | Ellen Banick (1990-94)                          |
|                | 1,418                                | Megan Fogli (2004-08)                           |
|                | 1,023                                | Mary Endsley (1981-85)                          |

**HIGHEST AVERAGE POINTS PER GAME:**

|                |      |                             |
|----------------|------|-----------------------------|
| <b>Season:</b> | 29.9 | Stacey Cunningham (1982-83) |
| <b>Career:</b> | 23.1 | Stacey Cunningham (1980-84) |

**MOST GAMES IN DOUBLE FIGURES:**

|                |     |                                     |
|----------------|-----|-------------------------------------|
| <b>Season:</b> | 32  | Melissa Swartz (1995-96)            |
| <b>Career:</b> | 110 | Ashley Totedo (1995-99, 110 of 127) |

**MOST CONSECUTIVE GAMES SCORING IN DOUBLE FIGURES:**

|                |    |                             |
|----------------|----|-----------------------------|
| <b>Season:</b> | 31 | Ashley Totedo (1998-99)     |
| <b>Career:</b> | 51 | Stacey Cunningham (1981-84) |

**MOST FIELD GOAL ATTEMPTS:**

|                |       |   |
|----------------|-------|---|
| <b>Game:</b>   | 32    | Stacey Cunningham vs. Indiana (Pa.), 11/28/83 |
| <b>Season:</b> | 579   | Tracy Spencer (1992-96)                       |
| <b>Career:</b> | 1,777 | Tracy Spencer (1992-96)                       |

**MOST FIELD GOALS MADE:**

|                |     |   |
|----------------|-----|---|
| <b>Game:</b>   | 19  | Stacey Cunningham vs. California (Pa.), 1/15/83 |
| <b>Season:</b> | 266 | Stacey Cunningham (1982-83)                     |
| <b>Career:</b> | 816 | Stacey Cunningham (1981-84)                     |

**HIGHEST FIELD GOAL PERCENTAGE:**

|                        |      |  |
|------------------------|------|--|
| <b>Game (10 att.):</b> | 92.9 | Tamaura Woodson vs. Kutztown, 11/29/99 (13-14) |
| <b>Game (20 att.):</b> | 75.0 | Shanna Oaddams vs. Shepherd, 11/22/05 (15-29)  |
| <b>Season:</b>         | 63.6 | Michelle Trego (1991-92, 145-228)              |
| <b>Career:</b>         | 61.3 | Michelle Trego (1988-92, 401-654)              |

**MOST 3-POINT FIELD GOAL ATTEMPTS:**

|                |     |                                    |
|----------------|-----|------------------------------------|
| <b>Game:</b>   | 20  | Tracy Spencer vs. Clarion, 1/14/95 |
| <b>Season:</b> | 269 | Tracy Spencer (1995-96)            |
| <b>Career:</b> | 701 | Tracy Spencer (1992-96)            |

**MOST 3-POINT FIELD GOALS MADE:**

|                |     |   |
|----------------|-----|---|
| <b>Game:</b>   | 8   | Tracy Spencer vs. Clarion, 1/14/95      |
|                | 8   | Tracy Spencer vs. Indiana (Pa.), 2/8/95 |
|                | 8   | Julie Sutch vs. Millersville, 3/04/00   |
| <b>Season:</b> | 93  | Tracy Spencer (1994-95)                 |
| <b>Career:</b> | 246 | Tracy Spencer (1992-96)                 |

**HIGHEST 3-POINT FIELD GOAL PERCENTAGE:**

|                           |       |  |
|---------------------------|-------|--|
| <b>Game (5 att.):</b>     | 100.0 | Kristy (O'Hara) Trn vs. Cheyney, 2/11/93 (5-5) |
| <b>Season (50 att.):</b>  | 51.0  | Kristy (O'Hara) Trn (1990-91, 26-51)           |
| <b>Season (100 att.):</b> | 43.3  | Lauren Beckley (2007-08)                       |
| <b>Career (200 att.):</b> | 39.2  | Kristy (O'Hara) Trn (1989-93, 105-268)         |

**MOST FREE THROW ATTEMPTS:**

|                |     |   |
|----------------|-----|---|
| <b>Game:</b>   | 22  | Stacey Cunningham vs. West Liberty, 2/13/82 |
| <b>Season:</b> | 272 | Melissa Swartz (1995-96)                    |
| <b>Career:</b> | 711 | Ashley Totedo (1995-99)                     |

**MOST FREE THROWS MADE:**

|                |     |   |
|----------------|-----|---|
| <b>Game:</b>   | 21  | Stacey Cunningham vs. West Liberty, 2/13/82 |
| <b>Season:</b> | 219 | Melissa Swartz (1995-96)                    |
| <b>Career:</b> | 508 | Ashley Totedo (1995-99)                     |

**HIGHEST FREE THROW PERCENTAGE:**

|                                |      |   |
|--------------------------------|------|---|
| <b>Game: (min. 10 att.)</b>    |      |   |
|                                | 100  | Tracy Spencer vs. Clarion, 1/13/96 (18-18)            |
|                                | 100  | Jen Scaffidi vs. Edinboro, 1/19/02 (12-12)            |
|                                | 100  | Jen Scaffidi vs. Millersville, 12/22/02 (10-10)       |
|                                | 100  | Christa Cline vs. Edinboro, 1/22/00 (10-10)           |
|                                | 100  | Nisa Wilson vs. Elon, 11/29/97 (10-10)                |
|                                | 100  | Kristy (O'Hara) Trn vs. West Chester, 12/5/90 (10-10) |
|                                | 100  | Stacey Cunningham vs. Bloomsburg, 2/3/83 (10-10)      |
| <b>Game: (min. 20 att.)</b>    |      |   |
|                                | 95.5 | Stacey Cunningham vs. West Liberty, 2/13/83 (21-22)   |
| <b>Season: (min. 100 att.)</b> |      |   |
|                                | 85.2 | Jen Scaffidi (2004-05, 104-122)                       |
| <b>Career:</b>                 | 80.0 | Michelle Sneedinger (1989-1993, 212-265)              |
|                                | 79.4 | Jen Scaffidi (2001-05, 405-510)                       |

**MOST CONSECUTIVE FREE THROW MADE:**

|                |    |                                    |
|----------------|----|------------------------------------|
| <b>Game:</b>   | 18 | Tracy Spencer vs. Clarion, 1/13/96 |
| <b>Season:</b> | 25 | Emily Swingler, 2003               |

**MOST REBOUNDS:**

|                |       |  |
|----------------|-------|--|
| <b>Game:</b>   | 24    | Patty Wallace-Bonitz vs. California (Pa.), 1/25/89 |
| <b>Season:</b> | 391   | Ashley Totedo (1996-97)                            |
| <b>Career:</b> | 1,489 | Ashley Totedo (1995-99)                            |

**HIGHEST AVERAGE REBOUNDS PER GAME:**

|                |      |  |
|----------------|------|--|
| <b>Season:</b> | 13.0 | Ashley Totedo (1996-97, 391 in 30 games)   |
| <b>Career:</b> | 11.7 | Ashley Totedo (1995-99, 1489 in 127 games) |

**MOST ASSISTS:**

|                |     |  |
|----------------|-----|--|
| <b>Game:</b>   | 15  | Vickie Mikesic vs. Lock Haven, 1/31/01 |
| <b>Season:</b> | 215 | Melissa Swartz (1995-96)               |
| <b>Career:</b> | 575 | Vickie Mikesic (1997-01)               |

**HIGHEST AVERAGE ASSISTS PER GAME:**

|                |      |  |
|----------------|------|--|
| <b>Season:</b> | 6.32 | Melissa Swartz (1995-96, 215 in 34 games)  |
| <b>Career:</b> | 4.89 | Melissa Swartz (1993-97, 572 in 117 games) |

**MOST STEALS:**

|                |     |   |
|----------------|-----|---|
| <b>Game:</b>   | 12  | Stacey Cunningham vs. West Liberty, 2/13/82 |
| <b>Season:</b> | 114 | Janette Pieczynski (1999-00)                |
| <b>Career:</b> | 379 | Janette Pieczynski (1997-01)                |

**MOST BLOCKED SHOTS:**

|                |     |  |
|----------------|-----|--|
| <b>Game:</b>   | 8   | Gloria Goworowski vs. Indiana (Pa.), 1/27/83 |
|                | 8   | Ashley Totedo, three times                   |
| <b>Season:</b> | 106 | Ashley Totedo (1997-98)                      |
| <b>Career:</b> | 315 | Ashley Totedo (1995-99)                      |

# History

## CAREER LEADERS

### GAMES

|     |     |                                |
|-----|-----|--------------------------------|
| 1.  | 127 | Ashley Totedo (1995-99)        |
| 2.  | 126 | Vickie Mikesic (1997-2001)     |
| 3.  | 126 | Christa Cline (1997-2001)      |
| 4.  | 125 | Janette Pieczynski (1997-2001) |
| 5.  | 125 | Stephanie Rothery (1997-2001)  |
| 6.  | 120 | Katie Bray (2000-03)           |
| 7.  | 119 | Julie Sutch (1996-2000)        |
| 8.  | 117 | Melissa Swartz (1994-97)       |
| 9.  | 117 | Jessica Bobiak (1993-97)       |
| 10. | 117 | Debbie Dawson (1993-97)        |

### SCORING AVERAGE

|     |      |                                      |
|-----|------|--------------------------------------|
| 1.  | 23.1 | Stacey Cunningham (1980-84)          |
| 2.  | 20.9 | <b>Lauren Beckley (2006-present)</b> |
| 3.  | 17.8 | Kristy (O'Hara) Trn (1989-93)        |
| 4.  | 17.3 | Tracy Spencer (1992-96)              |
| 5.  | 16.1 | Ashley Totedo (1995-99)              |
| 6.  | 14.2 | Jessie Gordon (2000-02)              |
| 7.  | 13.9 | Jen Scaffidi (2001-05)               |
| 8.  | 13.7 | Megan Fogle (2004-08)                |
| 9.  | 13.4 | Janette Pieczynski (1997-2001)       |
| 10. | 13.3 | Melissa Swartz (1993-97)             |

### REBOUNDS

|     |      |                               |
|-----|------|-------------------------------|
| 1.  | 1489 | Ashley Totedo (1995-99)       |
| 2.  | 969  | Shanna Oaddams (2003-07)      |
| 3.  | 869  | Christa Cline (1997-2001)     |
| 4.  | 666  | Kristy Weil (1988-92)         |
| 5.  | 664  | Linda Virgens (1975-80)       |
| 6.  | 656  | Kristy (O'Hara) Trn (1989-93) |
| 7.  | 631  | Kim Strickland (2002-06)      |
| 8.  | 585  | Christan Kelly (1999-2003)    |
| 9.  | 584  | Debbie Dawson (1993-97)       |
| 10. | 574  | Shelly Trego (1993-92)        |

### REBOUND AVERAGE

|     |      |                               |
|-----|------|-------------------------------|
| 1.  | 11.7 | Ashley Totedo (1995-99)       |
| 2.  | 9.7  | Lauren Beckley (2006-present) |
| 3.  | 9.0  | Shanna Oaddams (2003-07)      |
| 4.  | 8.7  | Jessie Gordon (2000-02)       |
| 5.  | 7.2  | Patty Wallace (1986-90)       |
| 6.  | 7.2  | Kristy Weil (1988-92)         |
| 7.  | 7.0  | Casey Reath (2003-05)         |
| 8.  | 6.9  | Christa Cline (1997-2001)     |
| 9.  | 6.6  | Kristy (O'Hara) Trn (1989-93) |
| 10. | 6.4  | Christan Kelly (1999-2003)    |

### FIELD GOALS MADE

|     |     |                                |
|-----|-----|--------------------------------|
| 1.  | 816 | Stacey Cunningham (1980-84)    |
| 2.  | 771 | Ashely Totedo (1995-99)        |
| 3.  | 679 | Kristy (O'Hara) Trn (1989-93)  |
| 4.  | 670 | Tracy Spencer (1992-96)        |
| 5.  | 585 | Christa Cline (1997-2001)      |
| 6.  | 568 | Janette Pieczynski (1997-2001) |
| 7.  | 583 | Shanna Oaddams (2003-07)       |
| 8.  | 506 | Katie Bray (2000-03)           |
| 9.  | 495 | Jen Scaffidi (2001-05)         |
| 10. | 478 | Melissa Swartz (1993-97)       |

### FIELD GOAL ATTEMPTS

|     |       |                                |
|-----|-------|--------------------------------|
| 1.  | 1,777 | Tracy Spencer (1992-96)        |
| 2.  | 1,704 | Stacey Cunningham (1980-84)    |
| 3.  | 1,691 | Ashley (Totedo) Trn (1995-99)  |
| 4.  | 1,608 | Kristy O'Hara (1989-93)        |
| 5.  | 1,361 | Janette Pieczynski (1997-2001) |
| 6.  | 1,297 | Christa Cline (1997-2001)      |
| 7.  | 1,275 | Jen Scaffidi (2001-05)         |
| 8.  | 1,229 | Melissa Swartz (1993-97)       |
| 9.  | 1,124 | Shanna Oaddams (2003-07)       |
| 10. | 1,095 | Vickie Mikesic (1997-2001)     |

### FIELD GOAL PCT. (MIN. 400 ATTEMPTS)

|     |      |                                      |
|-----|------|--------------------------------------|
| 1.  | .613 | Shelly Trego (1990-92)               |
| 2.  | .542 | Tamura Woodson (1997-2001)           |
| 3.  | .524 | Christi Hare (1991-95)               |
| 4.  | .520 | Nicki Straley (1992-93)              |
| 5.  | .519 | Shanna Oaddams (2003-07)             |
| 6.  | .501 | Anne Svensson (1994-96)              |
| 7.  | .481 | <b>Lauren Beckley (2006-present)</b> |
| 8.  | .485 | Patty Wallace-Bonitz (1986-90)       |
| 9.  | .472 | Debbie Dawson (1993-97)              |
| 10. | .469 | Katie Bray (2000-03)                 |

### BLOCKED SHOTS

|     |     |                            |
|-----|-----|----------------------------|
| 1.  | 315 | Ashley Totedo (1995-99)    |
| 2.  | 141 | Kim Strickland (2002-06)   |
| 3.  | 77  | Shanna Oaddams (2003-07)   |
| 4.  | 97  | Sue Noel (1980-84)         |
| 5.  | 62  | Debbie Dawson (1993-97)    |
| 6.  | 50  | Tamura Woodson (1997-2001) |
| 7.  | 47  | Anne Svensson (1994-96)    |
| 8.  | 47  | Doreen Sabol (1984-86)     |
| 9.  | 43  | Katie Bray (2000-03)       |
| 10. | 41  | Ellen Banick (1990-94)     |

### FREE THROWS MADE

|     |     |                               |
|-----|-----|-------------------------------|
| 1.  | 508 | Ashley Totedo (1995-99)       |
| 2.  | 501 | Melissa Swartz (1993-97)      |
| 3.  | 427 | Janette Pieczynski (1997-01)  |
| 4.  | 425 | Stacey Cunningham (1980-84)   |
| 5.  | 405 | Jen Scaffidi (2001-05)        |
| 6.  | 390 | Tracy Spencer (1992-96)       |
| 7.  | 328 | Vickie Mikesic (1997-2001)    |
| 8.  | 302 | Kristy (O'Hara) Trn (1989-93) |
| 9.  | 287 | Shanna Oaddams (2003-07)      |
| 10. | 270 | Katie Bray (2000-03)          |

### STEALS

|     |     |                                |
|-----|-----|--------------------------------|
| 1.  | 379 | Janette Pieczynski (1997-2001) |
| 2.  | 346 | Vickie Mikesic (1997-2001)     |
| 3.  | 345 | Stacey Cunningham (1980-84)    |
| 4.  | 298 | Melissa Swartz (1993-97)       |
| 5.  | 254 | Tracy Spencer (1992-96)        |
| 6.  | 219 | Julie Sutch (1996-2000)        |
| 7.  | 194 | Ashley Totedo (1995-99)        |
| 8.  | 185 | Jen Scaffidi (2001-05)         |
| 9.  | 180 | Kristy (O'Hara) Trn (1989-93)  |
| 10. | 151 | Nisa Wilson (1996-99)          |

### 3-POINT FIELD GOALS MADE

|     |     |                                      |
|-----|-----|--------------------------------------|
| 1.  | 246 | Tracy Spencer (1992-96)              |
| 2.  | 208 | Megan Fogle (2004-08)                |
| 3.  | 188 | Jen Scaffidi (2001-05)               |
| 4.  | 158 | Katie Bray (2000-03)                 |
| 5.  | 132 | Emily Swingler (2000-03)             |
| 6.  | 131 | Michelle Sneeringer (1989-93)        |
| 7.  | 130 | <b>Lauren Beckley (2006-present)</b> |
| 8.  | 126 | Julie Sutch (1996-2000)              |
| 9.  | 118 | Ellen Banick (1990-94)               |
| 10. | 117 | Vickie Mikesic (1997-2001)           |

### 3-POINT FIELD GOAL ATTEMPTS

|     |     |                                |
|-----|-----|--------------------------------|
| 1.  | 701 | Tracy Spencer (1992-96)        |
| 2.  | 579 | Megan Fogle (2004-08)          |
| 3.  | 545 | Jen Scaffidi (2001-05)         |
| 4.  | 469 | Emily Swingler (2000-03)       |
| 5.  | 398 | Katie Bray (2000-03)           |
| 6.  | 380 | Julie Sutch (1996-2000)        |
| 7.  | 375 | Michelle Sneeringer (1989-93)  |
| 8.  | 365 | Janette Pieczynski (1997-2001) |
| 9.  | 356 | Vickie Mikesic (1997-2001)     |
| 10. | 306 | Ellen Banick (1990-94)         |

### 3-POINT FIELD GOAL PCT. (Min. 100 attempts)

|     |      |                                      |
|-----|------|--------------------------------------|
| 1.  | .438 | <b>Lauren Beckley (2006-present)</b> |
| 2.  | .397 | Katie Bray (2000-03)                 |
| 3.  | .393 | Kristy (O'Hara) Trn (1989-93)        |
| 4.  | .386 | Ellen Banick (1990-94)               |
| 5.  | .364 | Kelly Doerzbacher (1994-98)          |
| 6.  | .359 | Megan Fogle (2004-08)                |
| 7.  | .351 | Tracy Spencer (1992-96)              |
| 8.  | .349 | Michelle Sneeringer (1989-93)        |
| 9.  | .345 | Jen Scaffidi (2001-03)               |
| 10. | .332 | Julie Sutch (1996-2000)              |

**SCORING AVERAGE**

|           |             |                                 |
|-----------|-------------|---------------------------------|
| 1.        | 29.9        | Stacey Cunningham (1982-83)     |
| 2.        | 26.5        | Stacey Cunningham (1981-82)     |
| 3.        | 22.9        | Kristy (O'Hara) Trn (1992-93)   |
| <b>4.</b> | <b>22.3</b> | <b>Lauren Beckley (2007-08)</b> |
| 5.        | 21.2        | Tracy Spencer (1994-95)         |
| 6.        | 20.2        | Kristy (O'Hara) Trn (1991-92)   |
| 7.        | 19.7        | Tracy Spencer (1995-96)         |
| <b>8</b>  | <b>19.6</b> | <b>Lauren Beckley (2006-07)</b> |
| 9.        | 19.4        | Stacey Cunningham (1982-84)     |
| 10.       | 19.2        | Ashley Totedo (1998-99)         |

**REBOUNDS**

|           |            |                                 |
|-----------|------------|---------------------------------|
| 1.        | 391        | Ashley Totedo (1996-97)         |
| 2.        | 370        | Ashley Totedo (1997-98)         |
| 3.        | 369        | Ashley Totedo (1998-99)         |
| 4.        | 359        | Ashley Totedo (1995-96)         |
| <b>5.</b> | <b>310</b> | <b>Lauren Beckley (2007-08)</b> |
| 6.        | 275        | Kristy Weil (1991-92)           |
|           | 275        | Jessie Gordon (2001-02)         |
|           | 275        | Christan Kelly (2001-02)        |
| 9.        | 274        | Shanna Oaddams(2004-05)         |
|           | 274        | Shanna Oaddams (2005-06)        |

**REBOUND AVERAGE**

|           |             |                                 |
|-----------|-------------|---------------------------------|
| 1.        | 13.0        | Ashley Totedo (1996-97)         |
| 2.        | 11.9        | Ashley Totedo (1998-99)         |
| 3.        | 11.6        | Ashley Totedo (1997-98)         |
| <b>4.</b> | <b>11.1</b> | <b>Lauren Beckley (2007-08)</b> |
| 5.        | 10.6        | Ashley Totedo (1995-96)         |
| 6.        | 10.2        | Kristy Weil (1991-92)           |
| 7.        | 10.1        | Shanna Oaddams (2004-05)        |
|           | 10.1        | Shanna Oaddams (2005-06)        |
| 9.        | 9.8         | Christan Kelly (2001-02)        |
| 10.       | 9.5         | Jessie Gordon (2001-02)         |

**FIELD GOALS MADE**

|           |            |                                 |
|-----------|------------|---------------------------------|
| 1.        | 266        | Stacey Cunningham (1982-83)     |
| 2.        | 225        | Stacey Cunningham (1981-82)     |
| 3.        | 222        | Ashley Totedo (1998-99)         |
| 4.        | 221        | Kristy (O'Hara) Trn (1992-93)   |
| <b>5.</b> | <b>217</b> | <b>Lauren Beckley (2007-08)</b> |
| 6.        | 211        | Tracy Spencer (1995-96)         |
| 7.        | 209        | Ashley Totedo (1997-98)         |
| 8.        | 206        | Kristy (O'Hara) Trn (1991-92)   |
| 9.        | 199        | Tracey Spencer (1994-95)        |
| 10.       | 196        | Jessie Gordon (2001-02)         |

**FIELD GOAL ATTEMPTS**

|     |     |                               |
|-----|-----|-------------------------------|
| 1.  | 579 | Tracy Spencer (1995-96)       |
| 2.  | 539 | Kristy (O'Hara) Trn (1992-93) |
| 3.  | 525 | Tracey Spencer (1994-95)      |
| 4.  | 524 | Ashley Totedo (1998-99)       |
| 5.  | 499 | Stacey Cunningham (1981-82)   |
| 6.  | 479 | Stacey Cunningham (1982-83)   |
| 7.  | 478 | Ashley Totedo (1997-98)       |
| 8.  | 462 | Kristy (O'Hara) Trn (1990-91) |
| 9.  | 447 | Tracey Spencer (1993-94)      |
| 10. | 438 | Kristy (O'Hara) Trn (1990-91) |

**FIELD GOAL PCT. (Min 100 attempts)**

|     |      |                           |
|-----|------|---------------------------|
| 1.  | .636 | Shelly Trego (1991-92)    |
| 2.  | .623 | Shelly Trego (1990-91)    |
| 3.  | .593 | Tamaura Woodson (1998-99) |
| 4.  | .590 | Christi Hare (1993-94)    |
| 5.  | .588 | Shelly Trego (1989-90)    |
| 6.  | .548 | Tamaura Woodson (1999-00) |
| 8.  | .544 | Christi Hare (1994-95)    |
| 9.  | .543 | Nicki Straley (1992-93)   |
| 10. | .539 | Ashley Totedo (1995-96)   |

**FREE THROWS MADE**

|           |            |                                 |
|-----------|------------|---------------------------------|
| 1.        | 156        | Tracy Spencer (1995-96)         |
| 2.        | 151        | Ashley Totedo (1997-98)         |
| 3.        | 150        | Ashley Totedo (1998-99)         |
| <b>4.</b> | <b>135</b> | <b>Lauren Beckley (2007-08)</b> |
| 5.        | 131        | Melissa Swartz (1996-97)        |
| 6.        | 126        | Stacey Cunningham (1982-83)     |
| 7.        | 123        | Tracey Spencer (1994-95)        |
|           | 123        | Jen Scaffidi (2002-03)          |
| 9.        | 118        | Kristy (O'Hara) Trn (1992-93)   |
| 10.       | 115        | Melissa Swartz (1994-95)        |

**FREE THROW ATTEMPTS**

|           |            |                                 |
|-----------|------------|---------------------------------|
| 1.        | 272        | Melissa Swartz (1995-96)        |
| 2.        | 202        | Tracy Spencer (1995-96)         |
| 3.        | 197        | Ashley Totedo (1997-98)         |
| 4.        | 194        | Ashley Totedo (1998-99)         |
| 5.        | 190        | Melissa Swartz (1996-97)        |
| 6.        | 175        | Stacey Cunningham (1981-82)     |
| 7.        | 166        | Janette Pieczynski (1998-99)    |
| <b>8.</b> | <b>163</b> | <b>Lauren Beckley (2007-08)</b> |
| 9.        | 162        | Ashley Totedo (1996-97)         |
| 10.       | 160        | Melissa Swartz (1994-95)        |

**FREE THROW PCT. (Min 50 attempts)**

|           |             |                                 |
|-----------|-------------|---------------------------------|
| 1.        | .863        | Emily Swingler (2002-03)        |
| 2.        | .852        | Jen Scaffidi (2004-05)          |
| 3.        | .844        | Marie McDonald (1996-97)        |
| 4.        | .836        | Emily Swingler (2001-02)        |
|           | .836        | Megan Fogle (2005-06)           |
| <b>6.</b> | <b>.828</b> | <b>Lauren Beckley (2007-08)</b> |
| 7.        | .819        | Michelle Sneeringer (1990-91)   |
| 8.        | .814        | Kristy (O'Hara) Trn (1992-91)   |
| 9.        | .810        | Katie Bray (2000-01)            |
| 10.       | .805        | Melissa Swartz (1995-96)        |

**ASSISTS**

|           |            |                                |
|-----------|------------|--------------------------------|
| 1.        | 215        | Melissa Swartz (1995-96)       |
| 2.        | 195        | Vickie Mikesic (2000-01)       |
| 3.        | 173        | Melissa Swartz (1996-97)       |
| 4.        | 170        | Vickie Mikesic (1999-00)       |
| 5.        | 148        | Nisa Wilson (1997-98)          |
| <b>6.</b> | <b>140</b> | <b>Michelle Metz (2007-08)</b> |
| 7.        | 137        | Michelle Sneeringer (1990-91)  |
| 8.        | 136        | Melissa Swartz (1994-95)       |
|           | 136        | Vickie Mikesic (1998-99)       |
| 10.       | 130        | Jen Scaffidi (2003-04)         |

**BLOCKED SHOTS**

|     |     |                             |
|-----|-----|-----------------------------|
| 1.  | 106 | Ashley Totedo (1997-98)     |
| 2.  | 72  | Ashley Totedo (1995-96)     |
| 3.  | 69  | Ashley Totedo (1996-97)     |
| 4.  | 68  | Ashley Totedo (1998-99)     |
| 5.  | 51  | Kim Strickland (2005-06)    |
| 6.  | 48  | Sue Noel (1981-82)          |
| 7.  | 38  | Doreen Sabol (1984-85)      |
|     | 38  | Gloria Goworowski (1982-83) |
| 9.  | 37  | Carol Katchik (1984-85)     |
| 10. | 33  | Anne Svensson (1995-96)     |
|     | 33  | Kim Strickland (2002-03)    |

**STEALS**

|     |     |                              |
|-----|-----|------------------------------|
| 1.  | 114 | Janette Pieczynski (1999-00) |
| 2.  | 108 | Stacey Cunningham (1981-82)  |
| 3.  | 103 | Janette Pieczynski (1998-99) |
| 4.  | 102 | Vickie Mikesic (2000-01)     |
| 5.  | 97  | Melissa Swartz (1994-95)     |
|     | 97  | Melissa Swartz (1995-96)     |
| 7.  | 93  | Vickie Mikesic (1998-99)     |
| 8.  | 92  | Nisa Wilson (1997-98)        |
| 9.  | 91  | Stacey Cunningham (1983-84)  |
| 10. | 85  | Vickie Mikesic (1999-00)     |
|     | 85  | Janette Pieczynski (2000-01) |

**3-POINT FIELD GOAL MADE**

|           |           |                                 |
|-----------|-----------|---------------------------------|
| 1.        | 93        | Tracy Spencer (1994-95)         |
| 2.        | 92        | Tracy Spencer (1995-96)         |
| <b>3.</b> | <b>75</b> | <b>Lauren Beckley (2006-07)</b> |
| 4.        | 64        | Megan Fogle (2004-05)           |
| 5.        | 60        | Jen Scaffidi (2004-05)          |
| 6.        | 58        | Megan Fogle (2005-06)           |
| 7.        | 56        | Katie Bray (2003-04)            |
| <b>8.</b> | <b>55</b> | <b>Lauren Beckley (2007-08)</b> |
| 9.        | 51        | Julie Sutch (1999-00)           |
| 10.       | 50        | Emily Swingler (2003-04)        |

**3-POINT FIELD GOAL ATTEMPTED**

|           |            |                                 |
|-----------|------------|---------------------------------|
| 1.        | 269        | Tracy Spencer (1995-96)         |
| 2.        | 245        | Tracy Spencer (1994-95)         |
| 3.        | 179        | Emily Swingler (2003-04)        |
| <b>4.</b> | <b>170</b> | <b>Lauren Beckley (2006-07)</b> |
| 5.        | 169        | Megan Fogle (2005-06)           |
| 6.        | 164        | Jen Scaffidi (2004-05)          |
| 7.        | 159        | Nisa Wilson (1997-98)           |
| 8.        | 157        | Emily Swingler (2002-03)        |
| 9.        | 154        | Jen Scaffidi (2004-05)          |
| 10.       | 150        | Megan Fogle (2004-05)           |

**3-POINT FIELD GOAL PCT. (MIN 50 ATT)**

|           |             |                                 |
|-----------|-------------|---------------------------------|
| 1.        | .510        | Kristy (O'Hara) Trn (1990-91)   |
| <b>2.</b> | <b>.441</b> | <b>Lauren Beckley (2006-07)</b> |
| 3.        | .440        | Kristy (O'Hara) Trn (1992-93)   |
| <b>4.</b> | <b>.433</b> | <b>Lauren Beckley (2007-08)</b> |
| 5.        | .427        | Megan Fogle (2004-05)           |
| 6.        | .423        | Jessie Gordon (2001-02)         |
| 7.        | .422        | Michelle Sneeringer (1989-90)   |
| 8.        | .417        | Ellen Banick (1993-94)          |
| <b>9.</b> | <b>.414</b> | <b>Michelle Metz (2007-08)</b>  |
| 10.       | .413        | Katie Bray (2000-01)            |

# History

## PACESETTERS

### SCORING

| Year    | Name              | G  | Pts. | Avg.  |
|---------|-------------------|----|------|-------|
| 1961-62 | Kathy Zimmerman   | 8  | 156  | 19.5  |
| 1962-63 | Kathy Zimmerman   | 8  | 125  | 15.6  |
| 1963-64 | Kathy Zimmerman   | 9  | 128  | 14.2  |
| 1964-65 | Linda McClure     | 9  | 56   | 6.2   |
| 1965-66 | Sandy Stewart     | 10 | 170  | 17.0  |
| 1966-67 | Sandy Stewart     | 10 | 118  | 11.8  |
| 1967-68 | Jan Lauver        | 10 | 111  | 11.1  |
| 1968-69 | Kathy Lippy       | 10 | 137  | 13.7  |
| 1969-70 | Kathy Lippy       | 10 | 134  | 13.4  |
| 1970-71 | Donna Shanabrook  | 11 | 74   | 6.7   |
| 1971-72 | Emily Toot        | 9  | 104  | 11.6  |
| 1972-73 | Emily Toot        | 10 | 128  | 12.8  |
| 1973-74 | Karen Reed        | 10 | 72   | 7.2   |
| 1974-75 | Barb Schmit       | 10 | 153  | 15.3  |
| 1975-76 | Linda Virgens     | 13 | 158  | 12.2  |
| 1976-77 | Kristi Miller     | 13 | 129  | 9.9   |
| 1977-78 | Linda Virgens     | 16 | 204  | 12.7  |
| 1978-79 | Linda Virgens     | 17 | 212  | 12.4  |
| 1979-80 | Dee Fichter       | 22 | 236  | 10.7  |
| 1980-81 | Stacey Cunningham | 18 | 294  | 16.3  |
| 1981-82 | Stacey Cunningham | 22 | 582  | 26.4  |
| 1982-83 | Stacey Cunningham | 22 | 658  | 29.9* |
| 1983-84 | Stacey Cunningham | 27 | 523  | 19.4  |
| 1984-85 | Mary Endsley      | 24 | 360  | 15.0  |

| Year    | Name                 | G  | Pts. | Avg. |
|---------|----------------------|----|------|------|
| 1985-86 | Bobbie Mitzel        | 23 | 402  | 17.5 |
| 1986-87 | Ruth McCraw          | 21 | 267  | 12.7 |
| 1987-88 | Sandy Reno           | 26 | 250  | 9.6  |
| 1988-89 | Terri Bischof        | 24 | 306  | 12.8 |
| 1989-90 | Patty Wallace-Bonitz | 25 | 326  | 13.0 |
| 1990-91 | Kristy (O'Hara) Trn  | 26 | 481  | 18.5 |
| 1991-92 | Kristy (O'Hara) Trn  | 27 | 545  | 20.2 |
| 1992-93 | Kristy (O'Hara) Trn  | 26 | 595  | 22.9 |
| 1993-94 | Ellen Banick         | 25 | 469  | 18.8 |
| 1994-95 | Tracy Spencer        | 29 | 614  | 21.2 |
| 1995-96 | Tracy Spencer        | 34 | 670* | 19.7 |
| 1996-97 | Ashley Totedo        | 30 | 466  | 15.5 |
| 1997-98 | Ashley Totedo        | 32 | 569  | 17.8 |
| 1998-99 | Ashley Totedo        | 31 | 594  | 19.2 |
| 1999-00 | Janette Pieczynski   | 30 | 452  | 15.1 |
| 2000-01 | Christa Cline        | 33 | 426  | 12.9 |
|         | Janette Pieczynski   | 32 | 417  | 13.0 |
| 2001-02 | Jessie Gordon        | 29 | 487  | 16.8 |
| 2002-03 | Jen Scaffidi         | 28 | 411  | 14.7 |
| 2003-04 | Katie Bray           | 30 | 419  | 14.0 |
| 2004-05 | Jen Scaffidi         | 27 | 432  | 16.0 |
| 2005-06 | Shanna Oaddams       | 27 | 479  | 17.7 |
| 2006-07 | Lauren Beckley       | 28 | 548  | 19.6 |
| 2007-08 | Lauren Beckley       | 28 | 624  | 22.3 |

### REBOUNDING

| Year    | Name                 | G  | Rebs | Avg.  |
|---------|----------------------|----|------|-------|
| 1979-80 | Linda Virgens        | 22 | 177  | 8.0   |
| 1980-81 | Dee Fichter          | 18 | 167  | 9.1   |
| 1981-82 | Sue Noel             | 22 | 206  | 9.1   |
| 1982-83 | Gloria Goworowski    | 22 | 201  | 9.1   |
| 1983-84 | Gloria Goworowski    | 27 | 216  | 8.0   |
| 1984-85 | Bobbie Mitzel        | 24 | 187  | 8.1   |
| 1985-86 | Bobbie Mitzel        | 23 | 248  | 10.8  |
| 1986-87 | Teddi Hesser         | 21 | 124  | 5.9   |
| 1987-88 | Cary Jones           | 26 | 132  | 5.3   |
| 1988-89 | Patty Wallace-Bonitz | 24 | 212  | 8.8   |
| 1989-90 | Patty Wallace-Bonitz | 25 | 227  | 9.1   |
| 1990-91 | Shelly Trego         | 26 | 234  | 9.0   |
| 1991-92 | Kirsten Weil         | 27 | 275  | 10.2  |
| 1992-93 | Kristy (O'Hara) Trn  | 26 | 241  | 9.3   |
| 1993-94 | Ellen Banick         | 25 | 186  | 7.4   |
| 1994-95 | Christi Hare         | 29 | 249  | 8.6   |
| 1995-96 | Ashley Totedo        | 34 | 359  | 10.6  |
| 1996-97 | Ashley Totedo        | 30 | 391* | 13.0* |
| 1997-98 | Ashley Totedo        | 32 | 370  | 11.6  |
| 1998-99 | Ashley Totedo        | 31 | 369  | 11.9  |
| 1999-00 | Christa Cline        | 30 | 247  | 8.2   |
| 2000-01 | Jessie Gordon        | 33 | 263  | 8.0   |
| 2001-02 | Christan Kelly       | 28 | 275  | 9.8   |
|         | Jessie Gordon        | 29 | 275  | 9.5   |
| 2002-03 | Christan Kelly       | 28 | 254  | 9.1   |
| 2003-04 | Shanna Oaddams       | 29 | 196  | 6.8   |
| 2004-05 | Shanna Oaddams       | 27 | 274  | 10.1  |
| 2005-06 | Shanna Oaddams       | 27 | 274  | 10.1  |
| 2006-07 | Lauren Beckley       | 28 | 231  | 8.3   |
| 2007-08 | Lauren Beckley       | 28 | 310  | 11.1  |

### ASSISTS

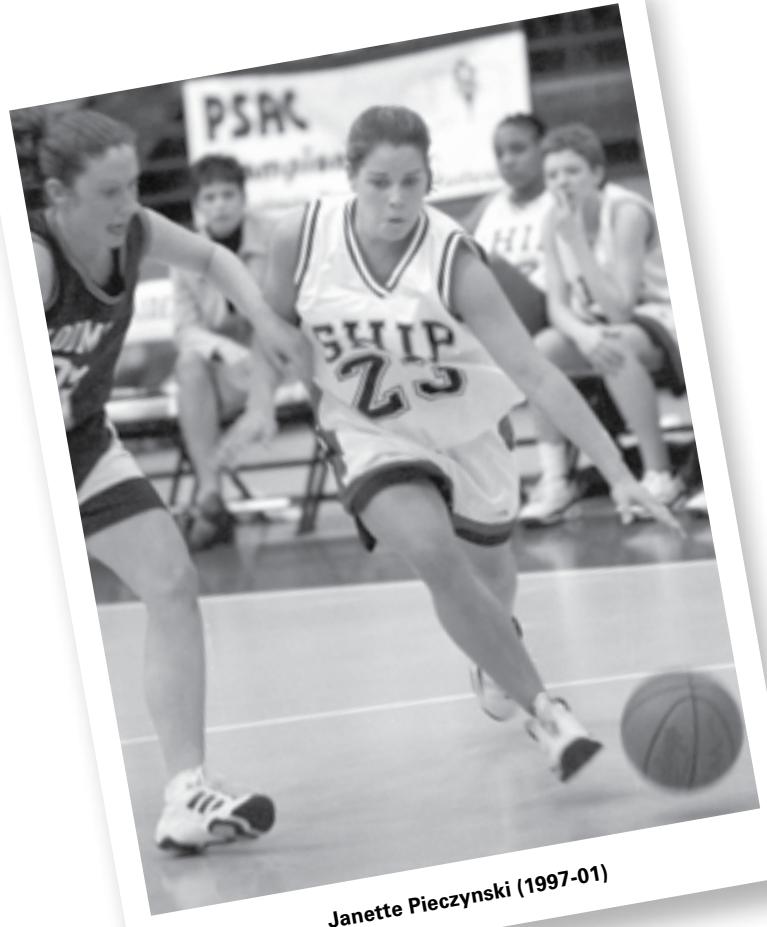
| Year    | Name                | G  | Assts | Avg. |
|---------|---------------------|----|-------|------|
| 1979-80 | Kathy Pillion       | 22 | 59    | 2.7  |
| 1980-81 | Kele White          | 18 | 80    | 4.4  |
| 1981-82 | Kele White          | 22 | 105   | 4.8  |
| 1982-83 | Mary Endsley        | 22 | 81    | 3.7  |
| 1983-84 | Mary Endsley        | 27 | 107   | 3.9  |
| 1984-85 | Mary Endsley        | 24 | 96    | 4.0  |
| 1985-86 | Cathy Damiano       | 23 | 77    | 3.3  |
| 1986-87 | Cindy King          | 21 | 67    | 3.2  |
| 1987-88 | Terri Bischof       | 26 | 96    | 3.7  |
| 1988-89 | Terri Bischof       | 24 | 106   | 4.4  |
| 1989-90 | Terri Bischof       | 19 | 96    | 5.1  |
| 1990-91 | Michelle Sneeringer | 26 | 136   | 5.2  |
| 1991-92 | Sherri Martin       | 22 | 114   | 5.2  |
| 1992-93 | Kristy (O'Hara) Trn | 26 | 99    | 3.8  |
| 1993-94 | Tracy Spencer       | 25 | 101   | 4.0  |
| 1994-95 | Melissa Swartz      | 29 | 136   | 4.7  |
| 1995-96 | Melissa Swartz      | 34 | 215*  | 6.3* |
| 1996-97 | Melissa Swartz      | 30 | 173   | 5.8  |
| 1997-98 | Nisa Wilson         | 30 | 148   | 4.9  |
| 1998-99 | Vickie Mikesic      | 31 | 136   | 4.4  |
| 1999-00 | Vickie Mikesic      | 30 | 170   | 5.7  |
| 2000-01 | Vickie Mikesic      | 33 | 195   | 5.9  |
| 2001-02 | Jen Scaffidi        | 29 | 129   | 4.4  |
| 2002-03 | Jen Scaffidi        | 28 | 121   | 4.3  |
| 2003-04 | Jen Scaffidi        | 30 | 130   | 4.3  |
| 2004-05 | Jen Scaffidi        | 27 | 101   | 3.7  |
| 2005-06 | Sam Ramus           | 27 | 122   | 4.5  |
| 2006-07 | Megan Fogle         | 28 | 78    | 2.8  |
| 2007-08 | Michelle Metz       | 28 | 140   | 5.0  |

**STEALS**

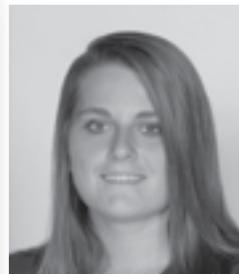
| <b>Year</b> | <b>Name</b>          | <b>G</b> | <b>Steals</b> | <b>Avg.</b> |
|-------------|----------------------|----------|---------------|-------------|
| 1982-83     | Stacey Cunningham    | 22       | 88            | 4.0         |
| 1983-84     | Stacey Cunningham    | 27       | 91            | 3.4         |
| 1984-85     | Mary Endsley         | 24       | 51            | 2.1         |
| 1985-86     | Cathy Damiano        | 23       | 53            | 2.3         |
| 1986-87     | Ruth McCraw          | 21       | 41            | 1.9         |
| 1987-88     | Terri Bischoff       | 26       | 66            | 2.5         |
| 1988-89     | Terri Bischoff       | 24       | 72            | 3.0         |
| 1989-90     | Patty Wallace-Bonitz | 25       | 58            | 2.3         |
| 1990-91     | Michelle Sneeringer  | 26       | 66            | 2.5         |
| 1991-92     | Kristy (O'Hara) Trn  | 27       | 46            | 1.7         |
| 1992-93     | Kristy (O'Hara) Trn  | 26       | 63            | 2.4         |
| 1993-94     | Tracy Spencer        | 25       | 70            | 2.8         |
| 1994-95     | Melissa Swartz       | 29       | 97            | 3.3         |
| 1995-96     | Melissa Swartz       | 34       | 97            | 2.9         |
| 1996-97     | Melissa Swartz       | 30       | 70            | 2.3         |
| 1997-98     | Nisa Wilson          | 30       | 92            | 3.1         |
| 1998-99     | Janette Pieczynski   | 31       | 103           | 3.3         |
| 1999-00     | Janette Pieczynski   | 30       | 114*          | 3.8*        |
| 2000-01     | Vickie Mikesic       | 33       | 102           | 3.1         |
| 2001-02     | Katie Bray           | 29       | 47            | 1.6         |
| 2002-03     | Emily Swingler       | 28       | 60            | 2.1         |
| 2003-04     | Jen Scaffidi         | 30       | 57            | 1.9         |
| 2004-05     | Casey Reath          | 27       | 52            | 1.9         |
| 2005-06     | Phylicia Bessick     | 27       | 40            | 1.5         |
| 2006-07     | Lauren Beckley       | 28       | 47            | 1.7         |
| 2007-08     | Megan Fogle          | 28       | 53            | 1.9         |

**BLOCKED SHOTS**

| <b>Year</b> | <b>Name</b>          | <b>G</b> | <b>No.</b> | <b>Avg.</b> |
|-------------|----------------------|----------|------------|-------------|
| 1982-83     | Gloria Goworowski    | 22       | 38         | 1.7         |
| 1984-85     | Doreen Sabol         | 23       | 38         | 1.7         |
| 1986-87     | Teddi Hesser         | 21       | 17         | 0.8         |
| 1987-88     | Amy Powers           | 25       | 10         | 0.4         |
| 1988-89     | Cary Jones           | 24       | 8          | 0.3         |
|             | Patty Wallace-Bonitz | 24       | 8          | 0.3         |
| 1989-90     | Michelle Trego       | 25       | 10         | 0.4         |
|             | Cary Jones           | 25       | 10         | 0.4         |
| 1990-91     | Michelle Trego       | 26       | 17         | 0.7         |
| 1991-92     | Michelle Trego       | 27       | 22         | 0.8         |
| 1992-93     | Kristy (O'Hara) Trn  | 26       | 15         | 0.6         |
| 1993-94     | Debbi Dawson         | 24       | 17         | 0.7         |
| 1994-95     | Anne Svensson        | 29       | 14         | 0.5         |
| 1995-96     | Ashley Totedo        | 34       | 72         | 2.1         |
| 1996-97     | Ashley Totedo        | 30       | 69         | 2.3         |
| 1997-98     | Ashley Totedo        | 32       | 106*       | 3.3*        |
| 1998-99     | Ashley Totedo        | 31       | 68         | 2.2         |
| 1999-00     | Tamaura Woodson      | 29       | 23         | 0.8         |
| 2000-01     | Christa Cline        | 33       | 19         | 0.6         |
| 2001-02     | Jessie Gordon        | 29       | 31         | 1.1         |
| 2002-03     | Kim Strickland       | 28       | 33         | 1.2         |
| 2003-04     | Kim Strickland       | 30       | 31         | 1.0         |
| 2004-05     | Casey Reath          | 27       | 27         | 1.0         |
| 2005-06     | Kim Strickland       | 27       | 51         | 1.9         |
| 2006-07     | Shanna Oaddams       | 28       | 27         | 1.0         |
| 2007-08     | Lauren Beckley       | 28       | 25         | 0.9         |



# Radio and Television Chart

**12**

*Kasey Gardner*  
Forward  
5-9, So.  
*Sharpsville / Sharpsville*

**13**

*Erin Varley*  
Guard  
5-5, Fr.  
*Bethel Park / Bethel Park*

**20**

*Elise Mercer*  
Guard  
5-7, Sr.  
*Bishopsville, Md. / Stephen Decatur*

**21**

*Michelle Metz*  
Guard  
5-6, Jr.  
*Pottsgrove / Pottsgrove*

**23**

*Phylicia Bessick*  
Guard  
5-8, Sr.  
*Columbia / Hempfield*

**24**

*Sheila Wasser*  
Guard  
5-8, Jr.  
*Tremont / Pine Grove*

**31**

*Caitlin Bamberger*  
Forward  
5-11, Fr.  
*Blandon / Fleetwood*

**32**

*Ally Briggs*  
Guard  
5-6, Jr.  
*Palmyra / Palmyra*

**33**

*Kaitlin Capriccio*  
Forward  
6-0, Fr.  
*Hillsborough, N.J. / Hillsborough*

**34**

*Shannon Stokes*  
Center  
6-2, Fr.  
*Lebanon / Cedar Crest*

**35**

*Shelley Wasser*  
Forward  
5-9, Jr.  
*Tremont / Pine Grove*

**40**

*Lindsay Howard*  
Center  
6-1, Fr.  
*Forest Hills, Md. / Fallston*

**41**

*Lauren Beckley*  
Forward  
5-11, Jr.  
*Fairfield / Fairfield*

**42**

*Jenn Morrow*  
Center  
6-3, Fr.  
*Etters / Red Land*

**44**

*Beth Hart*  
Center  
6-3, Fr.  
*Crownsville, Md. / Old Mill*

# JAM the GYM



Lauren Beckley



Jackie Yandrisevits



Division II Women's Basketball Game of the Week

East Stroudsburg at Shippensburg

January 17, 2009 • 1 PM

Televised by CBS College Sports



# 2008-2009 Lady Raider Basketball Schedule

| Day       | Date       | Opponent                                  | Location                    | Time    |
|-----------|------------|---|-----------------------------|---------|
| Sat.-Sun. | Nov. 15-16 | WOLF'S BUS LINES CLASSIC                  |                             |         |
| Sat.      | Nov. 15    | Charleston (WV) vs. East Stroudsburg      | Heiges Field House          | 1 PM    |
| Sat.      | Nov. 16    | DISTRICT OF COLUMBIA                      | Heiges Field House          | 3 PM    |
| Sun.      | Nov. 16    | District of Columbia vs. East Stroudsburg | Heiges Field House          | 1 PM    |
|           |            | CHARLESTON (WV)                           | Heiges Field House          | 3 PM    |
| Sat.      | Nov. 22    | at Pittsburgh-Johnstown                   | Johnstown, PA               | 2 PM    |
| Tue.      | Nov. 25    | at Philadelphia                           | Philadelphia, PA            | 6 PM    |
| Wed.      | Dec. 3     | WEST VIRGINIA WESLEYAN                    | Heiges Field House          | 6 PM    |
| Thu.      | Dec. 18    | at Seton Hill                             | Greensburg, PA              | 5:30 PM |
| Sat.      | Dec. 20    | FAIRMONT STATE                            | Heiges Field House          | 2 PM    |
| Mon.      | Dec. 29    | at Grand Canyon Classic                   | Phoenix, AZ                 | TBA     |
| Tue.      | Dec. 30    | at Grand Canyon Classic                   | Phoenix, AZ                 | TBA     |
| Sat.      | Jan. 3     | MERCYHURST                                | Heiges Field House          | 1 PM    |
| Sun.      | Jan. 4     | SLIPPERY ROCK                             | Heiges Field House          | 1 PM    |
| Sat.      | Jan. 10    | at Indiana (Pa.)                          | Indiana, PA                 | 1 PM    |
| Sat.      | Jan. 11    | at California (Pa.)                       | California, PA              | 1 PM    |
| Sun.      | Jan. 11    | at Mansfield *                            | Mansfield, PA               | 6 PM    |
| Wed.      | Jan. 14    | EAST STROUDSBURG *                        | Heiges Field House          | 1 PM    |
| Sat.      | Jan. 17    | at Millersville *                         | Millersville, PA            | 6 PM    |
| Wed.      | Jan. 21    | ALUMNI GAME                               | Heiges Field House          | 10 AM   |
| Sat.      | Jan. 24    | KUTZTOWN *                                | Heiges Field House          | 1 PM    |
| Sat.      | Jan. 24    | at Bloomsburg *                           | Bloomsburg, PA              | 6 PM    |
| Wed.      | Jan. 28    | at Cheyney *                              | Cheyney, PA                 | 1 PM    |
| Sat.      | Jan. 31    | WEST CHESTER *                            | Heiges Field House          | 6 PM    |
| Wed.      | Feb. 4     | MANSFIELD *                               | Heiges Field House          | 1 PM    |
| Sat.      | Feb. 7     | MILLERSVILLE *                            | Heiges Field House          | 6 PM    |
| Wed.      | Feb. 11    | at East Stroudsburg *                     | Heiges Field House          | 1 PM    |
| Sat.      | Feb. 14    | BLOOMSBURG *                              | East Stroudsburg, PA        | 6 PM    |
| Wed.      | Feb. 18    | at Kutztown *                             | Heiges Field House          | 1 PM    |
| Sat.      | Feb. 21    | at West Chester *                         | Kutztown, PA                | 6 PM    |
| Wed.      | Feb. 25    | CHEYNEY *                                 | Heiges Field House          | 1 PM    |
| Sat.      | Feb. 28    | PSAC Quarterfinals                        | Higher seed                 | 6 PM    |
| Tue.      | Mar. 4     | PSAC Semifinals                           | Top seed - Eastern Division | 1 PM    |
| Fri.      | Mar. 7     | PSAC Championship                         | Top seed - Eastern Division |         |
| Sat.      | Mar. 8     |   |                             |         |

\* PSAC Eastern Division game  
Home games in **bold CAPS**

Head Coach: Kristy Trn (Shippensburg '93/94M), 10th year  
Phone: 717-477-1543 • Email: [kktrn@ship.edu](mailto:kktrn@ship.edu)

