

# South Dakota State Track and Field

2026 Jim Emmerich Alumni Meet

JANUARY 24, 2026/Sanford Jackrabbit Athletic Complex/1440 Jackrabbit Blvd,  
Brookings, SD

Schools-South Dakota State, South Dakota, North Dakota State and North Dakota

## TENATIVE SCHEDULE

### Friday, January 23rd

7:30pm M & W Discus (exhibition)

### Saturday, January 24th

#### Field Events

1:30 PM	M & W	Long Jump
1:30 PM	M	Pole Vault-north pit
1:30 PM	W	High Jump (coming off the track).
2:00 PM	W	Weight Throw (Men to Follow 30 minutes after)
2:00 PM	M	Shot Put (Women to follow 30 minutes after)
TBD	M & W	Triple Jump (30 minutes after the LJ)
3:45 PM	M	High Jump (or 45 minutes after the women)
3:15 PM	W	Pole Vault-south pit

#### Running Events

1:45 PM	W - M	60m Hurdles	Prelims
2:10 PM	W - M	60m Dash	Prelims
2:30 PM		Phil LaValle Alumni Mile	
2:37 PM	W - M	Mile Run	Final (est. 2 sections/gender)
3:10 PM	M - W	60m Hurdles	Final
3:25 PM	W - M	60m Dash	Final
3:35 PM		FASTEST LITTLE JACKRABBIT	
3:40 PM	W - M	400m Dash	Final (invite sections first)
4:00 PM		Alumni 4 x 300 relay/Officials Break	
4:05 PM	W - M	800m Run	Final (est 2-3 sections/gender)
4:40 PM	W - M	200m Dash	Final (invite sections first)
4:45 PM	W - M	3000m Run	Final (est 2 sections/gender)
5:30 PM	W - M	4 x 400m Relay	Final
6:00 PM		End of the meet.	