

2023-24 WOMEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



ZOEY AHRENS • Senior
Bettendorf, Iowa • Bettendorf H.S.

50 Freestyle: :26.94 // at Coyote Invite, 2-2-2024
200 Freestyle: 1:59.97 // at Augie Invite, 11-17-2023
500 Freestyle: 5:14.44 // at Augie Invite, 11-16-2023
1,000 Freestyle: 10:57.96 // Dual vs. Augustana, 10-6-2023
1,650 Freestyle: 17:55.12 // at Augie Invite, 11-18-2023
100 Butterfly: 1:02.74 // at Augie Invite, 11-17-2023
200 Butterfly: 2:20.09 // at Augie Invite, 11-18-2023
400 Ind. Medley: 5:00.09 // at Coyote Invite, 2-2-2024



IZZY COX • Freshman
Lakeside, California • Granite Hills H.S.

50 Freestyle: :25.14 // at Coyote Invite, 2-2-2024
200 Freestyle: 2:05.29 // Dual at Nebraska, 10-20-2023
500 Freestyle: 5:44.22 // Dual vs. Iowa Central, 10-7-2023
100 Backstroke: 1:01.34 // at Coyote Invite, 2-3-2024
200 Backstroke: 2:13.03 // at Coyote Invite, 2-3-2024
200 Breaststroke: 2:36.26 // Dual vs. Augustana, 10-6-2023
100 Butterfly: 1:05.17 // Dual at Omaha, 12-1-2023
200 Butterfly: 2:15.48 // at Augie Invite, 11-18-2023
100 Ind. Medley: 1:01.11 // at Augie Invite, 11-18-2023
200 Ind. Medley: 2:11.56 // at Augie Invite, 11-16-2023
400 Ind. Medley: 4:40.47 // at Augie Invite, 11-17-2023



EMMA BACHELDER • Senior
Decorah, Iowa • Decorah H.S.

50 Freestyle: :23.85 // at Augie Invite, 11-16-2023
100 Freestyle: :51.71 // at Augie Invite, 11-18-2023
200 Freestyle: 1:53.66 // at Augie Invite, 11-17-2023
500 Freestyle: 5:22.86 // at Coyote Invite, 2-2-2024
100 Backstroke: 1:05.79 // at Coyote Invite, 2-3-2024
200 Backstroke: 2:22.99 // at Coyote Invite, 2-3-2024



JENNA CURRIER • Sophomore
Denison, Iowa • Denison H.S.

50 Freestyle: :23.67 // at Augie Invite, 11-16-2023
100 Freestyle: :51.58 // at Augie Invite, 11-18-2023
200 Freestyle: 2:00.21 // Dual vs. Augustana, 10-6-2023
100 Backstroke: :58.50 // at Augie Invite, 11-17-2023
100 Breaststroke: 1:08.05 // at Coyote Invite, 2-3-2023
200 Breaststroke: 2:28.93 // at Coyote Invite, 2-3-2023
100 Butterfly: :56.42 // at Augie Invite, 11-17-2023
200 Ind. Medley: 2:09.790 // at Coyote Invite, 2-2-2024



MARISSA BRANHAM • Sophomore
Williston, North Dakota • Williston H.S.

100 Breaststroke: 1:05.11 // at Augie Invite, 11-17-2023
200 Breaststroke: 2:20.94 // at Augie Invite, 11-18-2023
100 Backstroke: 1:03.99 // at Coyote Invite, 2-3-2024
100 Butterfly: 1:04.06 // Dual vs. Iowa Central, 10-7-2023
100 Ind. Medley: 1:02.59 // at Coyote Invite, 2-3-2024
200 Ind. Medley: 2:06.51 // at Augie Invite, 11-16-2023
400 Ind. Medley: 4:34.77 // at Augie Invite, 11-17-2023



KAYLIN DE ALMEIDA • Junior
Johannesburg, South Africa • Northcliff H.S. •
Indian River State College (Fla.)

200 Freestyle: 1:58.69 // at Coyote Invite, 2-3-2024
100 Backstroke: :57.97 // at Augie Invite, 11-17-2023
200 Backstroke: 2:03.20 // at Augie Invite, 11-18-2023
200 Butterfly: 2:11.50 // at Coyote Invite, 2-3-2024
200 Ind. Medley: 2:06.67 // at Augie Invite, 11-16-2023
400 Ind. Medley: 4:28.03 // at Augie Invite, 11-17-2023



NATALIE CANNELL • Senior
Olathe, Kansas • Christ Preparatory Academy

50 Freestyle: :27.51 // at Coyote Invite, 2-2-2024
100 Freestyle: :54.34 // at Augie Invite, 11-18-2023
200 Freestyle: 1:57.38 // at Augie Invite, 11-17-2023
500 Freestyle: 5:06.39 // at Augie Invite, 11-16-2023
1,000 Freestyle: 11:17.45 // Dual at Omaha, 12-1-2023
1,650 Freestyle: 17:56.53 // at Augie Invite, 11-18-2023
100 Backstroke: 1:07.11 // at Coyote Invite, 2-3-2024
100 Ind. Medley: 1:06.00 // at Coyote Invite, 2-3-2024
200 Ind. Medley: 2:20.82 // at Coyote Invite, 2-2-2024



AUBREY DOUDS • Sophomore
Des Moines, Iowa • Lincoln H.S.

50 Freestyle: :24.45 // at Augie Invite, 11-16-2023
100 Freestyle: :52.84 // at Augie Invite, 11-18-2023
200 Freestyle: 1:53.76 // at Augie Invite, 11-17-2023
500 Freestyle: 5:20.50 // at Coyote Invite, 2-2-2024
100 Freestyle: :55.11 // Dual at Nebraska, 10-20-2023
100 Breaststroke: 1:13.08 // at Coyote Invite, 2-3-2024
100 Butterfly: :58.42 // at Augie Invite, 11-17-2023
200 Butterfly: 2:14.44 // at Coyote Invite, 2-3-2024
200 Ind. Medley: 2:15.00 // at Coyote Invite, 2-2-2024



ANNA MEI CASTRO • Freshman
Barcelona, Spain • I.E.S. CAR

1-Meter Diving: 228.83 // Dual at Nebraska, 10-20-2023
3-Meter Diving: 252.30 // Dual vs. Augustana, 10-6-2023



SIANNE DOWNES • Senior
Edenvale, South Africa • Holy Rosary School

50 Freestyle: :26.34 // at Coyote Invite, 2-2-2024
500 Freestyle: 5:43.54 // at Coyote Invite, 2-2-2024
100 Backstroke: :55.82 // at Augie Invite, 11-17-2023
200 Backstroke: 1:59.79 // at Augie Invite, 11-18-2023 [SR]
100 Breaststroke: 1:09.87 // at Coyote Invite, 2-3-2024
100 Butterfly: :58.77 // at Augie Invite, 11-17-2023
100 Ind. Medley: 1:01.98 // at Coyote Invite, 2-3-2024
200 Ind. Medley: 2:08.73 // at Augie Invite, 11-16-2023

2023-24 WOMEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



MIE DUE • Senior
Rancho Palos Verdes, California •
Palos Verdes Peninsula H.S.

100 Backstroke: 1:01.49 // at Augie Invite, 11-17-2023
 200 Backstroke: 2:16.04 // at Augie Invite, 11-18-2023
 100 Butterfly: 1:00.61 // at Augie Invite, 11-17-2023
 100 Ind. Medley: 1:04.17 // at Coyote Invite, 2-3-2024
 200 Ind. Medley: 2:15.31 // at Augie Invite, 11-16-2023



GIGI HIOKI • Freshman
Liberty Lake, Washington •
Sacred Hearts Academy

50 Freestyle: :24.08 // at Coyote Invite, 2-2-2024
 100 Freestyle: :52.18 // at Augie Invite, 11-18-2023
 200 Freestyle: 1:52.02 // at Augie Invite, 11-17-2023
 500 Freestyle: 5:00.29 // at Augie Invite, 11-16-2023
 1,650 Freestyle: 17:30.43 // at Coyote Invite, 2-3-2024
 100 Butterfly: :57.78 // at Coyote Invite, 2-3-2024
 200 Butterfly: 2:08.06 // at Coyote Invite, 2-3-2024



LILY ESMAS • Freshman
Centennial, Colorado • Cherry Creek H.S.

50 Freestyle: :25.72 // at Coyote Invite, 2-2-2024
 100 Freestyle: :55.88 // at Augie Invite, 11-18-2023
 200 Freestyle: 2:04.03 // at Coyote Invite, 2-3-2024
 100 Backstroke: :58.51 // at Augie Invite, 11-17-2023
 200 Backstroke: 2:05.36 // at Augie Invite, 11-18-2023
 100 Butterfly: 1:02.95 // at Augie Invite, 11-17-2023
 200 Ind Medley: 2:21.06 // at Coyote Invite, 2-2-2024



SARA JUEZ • Sophomore
Zaragoza, Spain •
Colegio Sagrada Familia Zaragoza

50 Freestyle: :24.70 // at Coyote Invite, 2-2-2024
 100 Freestyle: :52.47 // at Augie Invite, 11-18-2023
 200 Freestyle: 1:54.46 // at Augie Invite, 11-17-2023
 500 Freestyle: 5:42.25 // Dual vs. Augustana, 10-6-2023
 200 Backstroke: 2:18.90 // at Coyote Invite, 2-3-2024
 100 Breaststroke: 1:13.94 // at Coyote Invite, 2-3-2024
 100 Butterfly: :57.71 // Augie Invite, 11-17-2023
 200 Butterfly: 2:21.16 // Dual at Nebraska, 10-20-2023
 100 Ind. Medley: :59.78 // at Augie Invite, 11-18-2023
 200 Ind. Medley: 2:10.13 // at Augie Invite, 11-16-2023



ANNABELLE GIFFORD • Freshman
St. Paul, Minnesota • Highland Park H.S.

1-Meter Diving: 168.50 // at Coyote Invite, 2-3-2024
 3-Meter Diving: 158.30 // at Coyote Invite, 2-3-2024



GABBY GNEWUCH • Senior
Verona, Wisconsin • Verona Area H.S.

50 Freestyle: :24.51 // at Augie Invite, 11-16-2023
 100 Freestyle: :52.87 // at Augie Invite, 11-18-2023
 200 Freestyle: 1:52.93 // at Augie Invite, 11-17-2023
 500 Freestyle: 5:06:58 // at Augie Invite, 11-16-2023
 1,000 Freestyle: 11:22.17 // Dual vs. Iowa Central, 10-7-2023
 200 Backstroke: 2:19.71 // at Coyote Invite, 2-3-2024
 100 Breaststroke: 1:12.75 // at Coyote Invite, 2-3-2024
 100 Butterfly: 1:00.14 // at Coyote Invite, 2-3-2024
 200 Ind. Medley: 2:14.46 // at Coyote Invite, 2-2-2024



KELSEY KOCON • Senior
St. Michael, Minnesota •
St. Michael-Albertville H.S.

50 Freestyle: :24.26 // at Coyote Invite, 2-2-2024
 100 Freestyle: :53.32 // at Coyote Invite, 2-3-2024
 200 Freestyle: 1:55.46 // at Augie Invite, 11-17-2023
 100 Backstroke: :56.07 // at Augie Invite, 11-17-2023
 200 Backstroke: 2:02.53 // at Augie Invite, 11-18-2023
 100 Ind. Medley: 1:00.59 // at Coyote Invite, 2-3-2024
 200 Ind. Medley: 2:06.56 // at Augie Invite, 11-16-2023
 400 Ind. Medley: 4:47.92 // at Coyote Invite, 2-3-2024



SOPHIE HAISE • Sophomore
Charlottesville, Virginia • Albemarle H.S.

50 Freestyle: :25.77 // at Augie Invite, 11-16-2023
 100 Freestyle: :57.66 // at Coyote Invite, 2-3-2024
 100 Backstroke: 1:05.04 // at Augie Invite, 11-17-2023
 100 Butterfly: 1:09.40 // Dual vs. Iowa Central, 10-7-2023
 100 Ind. Medley: 1:05.23 // at Coyote Invite, 2-3-2024
 200 Ind. Medley: 3:26.98 // at Coyote Invite, 2-2-2024



POPPY MEAD • Freshman
Derby, England • Alestree Woodlands

500 Freestyle: 5:10.73 // at Augie Invite, 11-16-2023
 1,000 Freestyle: 11:06.33 // Dual at Nebraska, 10-20-2023
 1,650 Freestyle: 18:04.55 // at Augie Invite, 11-18-2023
 100 Butterfly: :58.40 // at Augie Invite, 11-17-2023
 200 Butterfly: 2:06.96 // at Augie Invite, 11-18-2023
 200 Ind. Medley: 2:12.14 // at Coyote Invite, 2-2-2024
 400 Ind. Medley: 4:38.94 // at Augie Invite, 11-17-2023

2023-24 WOMEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



MAVEN MOORE • Redshirt Freshman
Friendswood, Texas

500 Freestyle: 5:26.99 // at Coyote Invite, 2-2-2024
100 Backstroke: 1:00.77 // at Coyote Invite, 2-3-2024
200 Backstroke: 2:08.16 // at Coyote Invite, 2-3-2024
100 Breaststroke: 1:06.91 // at Augie Invite, 11-17-2023
200 Breaststroke: 2:23.75 // at Augie Invite, 11-18-2023
100 Butterfly: :59.74 // at Coyote Invite, 2-3-2024
100 Ind. Medley: :59.34 // at Augie Invite, 11-18-2023
200 Ind. Medley: 2:07.73 // at Augie Invite, 11-16-2023
400 Ind. Medley: 4:36.44 // at Augie Invite, 11-17-2023



OLIVIA TAGART • Sophomore
Thornton, Colorado • Horizon H.S.

50 Freestyle: :24.57 // at Coyote Invite, 2-2-2024
100 Freestyle: :54.95 // at Coyote Invite, 2-3-2024
100 Backstroke: 1:00.60 // at Augie Invite, 11-17-2023



MORGAN NELSON • Junior
Pierre, South Dakota • T.F. Riggs H.S.

50 Freestyle: :27.25 // at Coyote Invite, 2-2-2024
100 Freestyle: :58.98 // at Coyote Invite, 2-3-2024
100 Breaststroke: 1:05.14 // at Augie Invite, 11-17-2023
200 Breaststroke: 2:27.60 // at Augie Invite, 11-18-2023
100 Ind. Medley: 1:03.13 // at Augie Invite, 11-18-2023
200 Ind. Medley: 2:19.39 // at Augie Invite, 11-16-2023



KAYLEE TRINGALI • Senior
Sussex, Wisconsin •
Waukesha Academy of Health Professions

100 Freestyle: :57.00 // at Coyote Invite, 2-3-2024
200 Freestyle: 1:59.17 // at Augie Invite, 11-17-2023
100 Backstroke: 1:04.30 // at Coyote Invite, 2-3-2024
100 Butterfly: :59.27 // at Augie Invite, 11-17-2023
200 Butterfly: 2:15.69 // at Augie Invite, 11-18-2023
200 Ind. Medley: 2:15.19 // at Augie Invite, 11-16-2023



KATIE PATTEE • Junior
Farmington, Minnesota • Lakeville North H.S.

50 Freestyle: :24.01 // at Augie Invite, 11-16-2023
100 Freestyle: :53.99 // at Augie Invite, 11-18-2023
200 Freestyle: 2:06.30 // at Augie Invite, 11-17-2023
500 Freestyle: 5:51.85 // at Coyote Invite, 2-2-2023
1,650 Freestyle: 20:57 // at Coyote Invite, 2-3-2023
100 Backstroke: 1:03.28 // at Augie Invite, 11-17-2023
100 Butterfly: 1:07.41 // at Augie Invite, 11-17-2023



MARY THOMPSON • Freshman
Lincoln, Neb. • Pius X H.S.

1-Meter Diving: 169.88 // Dual vs. Augustana, 10-6-2023
3-Meter Diving: 184.43 // Dual vs. Augustana, 10-6-2023



ANNEMARIE REHBEIN • Junior
Independence, Missouri • Blue Springs H.S.

50 Freestyle: :25.75 // at Coyote Invite, 2-2-2024
100 Freestyle: :57.00 // at Coyote Invite, 2-3-2024
100 Breaststroke: 1:06.02 // at Augie Invite, 11-17-2023
200 Breaststroke: 2:27.80 // at Augie Invite, 11-18-2023
100 Butterfly: 1:04.35 // at Coyote Invite, 2-3-2024
100 Ind. Medley: 1:02.01 // at Augie Invite, 11-18-2023
200 Ind. Medley: 2:13.91 // at Augie Invite, 11-16-2023



EMMA WALZ • Senior
Fremont, Nebraska • Bergen Catholic H.S.

50 Freestyle: :24.14 // at Augie Invite, 11-16-2023
100 Freestyle: :53.01 // at Augie Invite, 11-18-2023
100 Backstroke: :56.50 // at Augie Invite, 11-17-2023
200 Backstroke: 2:04.78 // at Augie Invite, 11-18-2023
100 Breaststroke: 1:13.62 // at Coyote Invite, 2-3-2024
100 Butterfly: :57.66 // at Augie Invite, 11-17-2023
100 Ind. Medley: 1:01.53 // at Coyote Invite, 2-3-2024
200 Ind. Medley: 2:14.65 // at Coyote Invite, 2-2-2023



OLIVIA STIKELEATHER • Sophomore
Lee's Summit, Missouri • Lee's Summit H.S.

50 Freestyle: :27.00 // at Coyote Invite, 2-2-2024
100 Freestyle: :58.35 // at Coyote Invite, 2-3-2024
100 Breaststroke: 1:11.28 // at Coyote Invite, 2-3-2024
200 Breaststroke: 2:31.03 // at Augie Invite, 11-18-2023
100 Ind. Medley: 1:03.63 // at Augie Invite, 11-18-2023
200 Ind. Medley: 2:14.58 // at Augie Invite, 11-16-2023
400 Ind. Medley: 4:53.00 // at Augie Invite, 11-17-2023

2023-24 WOMEN'S SWIMMING AND DIVING TEAM SEASON BESTS

INDIVIDUAL

50 Freestyle	Jenna Currier	:23.67	Augie Invite, 11-16-2023
100 Freestyle	Jenna Currier	:51.58	Augie Invite, 11-18-2023
200 Freestyle	Gigi Hioki	1:52.02	Augie Invite, 11-17-2023
500 Freestyle	Gigi Hioki	5:00.29	Augie Invite, 11-16-2023
1,000 Freestyle	Zoey Ahrens	10:57.96	Dual vs. Augustana, 10-6-2023
1,650 Freestyle	Zoey Ahrens	17:55.12	Augie Invite, 11-18-2023
50 Backstroke	N/A		
100 Backstroke	Sianne Downes	:55.82	Augie Invite, 11-17-2023
200 Backstroke	Sianne Downes	1:59.79 [SR]	Augie Invite, 11-18-2023
50 Breaststroke	N/A		
100 Breaststroke	Marissa Branham	1:05.11	Augie Invite, 11-17-2023
200 Breaststroke	Marissa Branham	2:20.94	Augie Invite, 11-18-2023
50 Butterfly	N/A		
100 Butterfly	Jenna Currier	:56.42	Augie Invite, 11-16-2023
200 Butterfly	Poppy Mead	2:06.96	Augie Invite, 11-18-2023
100 Individual Medley	Maven Moore	:59.34	Augie Invite, 11-18-2023
200 Individual Medley	Marissa Branham	2:06.51	Augie Invite, 11-16-2023
400 Individual Medley	Kaylin de Almeida	4:28.03	Augie Invite, 11-17-2023
1-Meter Diving	Anna Mei Castro	228.83	Dual at Nebraska, 10-20-2023
3-Meter Diving	Anna Mei Castro	252.30	Dual vs. Augustana, 10-6-2023

RELAYS

200 Freestyle Relay	Pattee, Walz, Currier, Bachelder	1:34.12	Augie Invite, 11-16-2023
400 Freestyle Relay	Walz, Bachelder, Hioki, Douds	3:27.41	Augie Invite, 11-18-2023
800 Freestyle Relay	N/A		
200 Medley Relay	Downes, Branham, Currier, Bachelder	1:43.85	Augie Invite, 11-17-2023
400 Medley Relay	Downes, Branham, Currier, Hioki	3:48.15	Augie Invite, 11-16-2023