

2024-25 WOMEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



MARISSA BRANHAM • Junior
Williston, North Dakota • Williston H.S.

100 Breaststroke: 1:09.29 // Dual at Iowa State, 10-10-2024
200 Breaststroke: 2:27.03 // Dual at Iowa State, 10-10-2024
100 Butterfly: 1:03.30 // Minnesota Tri-Dual, 10-18-2024
400 Ind. Medley: 4:46.74 // Minnesota Tri-Dual, 10-18-2024



LILY DAVIS • Freshman
Fairbury, Nebraska • Fairbury Senior H.S.

No official diving marks yet this season



ANNA MEI CASTRO • Sophomore
Barcelona, Spain • I.E.S. CAR

1-Meter Diving: 225.82 // Dual at Iowa State, 10-10-2024
3-Meter Diving: 234.07 // Dual at Iowa State, 10-10-2024



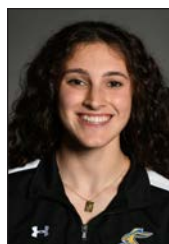
KAYLIN DE ALMEIDA • Senior
Johannesburg, South Africa • Northcliff H.S. • Indian River State College (Fla.)

100 Backstroke: 1:01.71 // Dual at Iowa State, 10-10-2024
200 Backstroke: 2:10.80 // Minnesota Tri-Dual, 10-18-2024



IZZY COX • Sophomore
Lakeside, California • Granite Hills H.S.

No official times established during 2024-25 season



AUBREY DOUDS • Junior
Des Moines, Iowa • Lincoln H.S.

50 Freestyle: :25.42 // Minnesota Tri-Dual, 10-18-2024
100 Freestyle: :55.26 // Dual at Iowa State, 10-10-2024
200 Freestyle: 1:59.14 // Minnesota Tri-Dual, 10-18-2024



KAILEE CRANE • Freshman
Edmonton, Alberta • Vimy Ridge Academy

200 Freestyle: 2:00.69 // Dual at Iowa State, 10-10-2024
200 Backstroke: 2:09.67 // Minnesota Tri-Dual, 10-18-2024
100 Ind. Medley: 1:00.23 // Minnesota Tri-Dual, 10-18-2024
200 Ind. Medley: 2:15.73 // Dual at Iowa State, 10-10-2024
400 Ind. Medley: 4:39.54 // Minnesota Tri-Dual, 10-18-2024



LILY ESMAS • Sophomore
Centennial, Colorado • Cherry Creek H.S.

100 Backstroke: :59.42 // Dual at Iowa State, 10-10-2024
200 Backstroke: 2:11.20 // Minnesota Tri-Dual, 10-18-2024



HAILEY CREARY • Freshman
Gillette, Wyoming • Campbell County H.S.

100 Backstroke: 1:02.16 // Minnesota Tri-Dual, 10-18-2024
100 Ind. Medley: 1:02.35 // Minnesota Tri-Dual, 10-18-2024
200 Ind. Medley: 2:17.17 // Dual at Iowa State, 10-10-2024



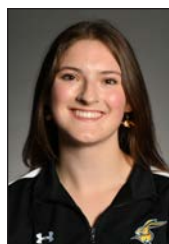
BROOKLYN FLEMMING • Freshman
Spearfish, South Dakota • Spearfish H.S.

100 Freestyle: :56.94 // Dual at Iowa State, 10-10-2024
100 Backstroke: 1:02.02 // Dual at Iowa State, 10-10-2024
200 Backstroke: 2:16.53 // Minnesota Tri-Dual, 10-18-2024



JENNA CURRIER • Junior
Denison, Iowa • Denison H.S.

50 Freestyle: :24.67 // Minnesota Tri-Dual, 10-18-2024
100 Butterfly: 1:00.08 // Minnesota Tri-Dual, 10-18-2024



ANNABELLE GIFFORD • Sophomore
St. Paul, Minnesota • Highland Park H.S.

1-Meter Diving: 192.15 // Dual at Iowa State, 10-10-2024
3-Meter Diving: 211.20 // Minnesota Tri-Dual, 10-18-2024

2024-25 WOMEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



ISABELLA GNEWUCH • Freshman
Verona, Wisconsin • Verona Area H.S.

100 Butterfly: :58.92 // Minnesota Tri-Dual, 10-18-2024
200 Butterfly: 2:10.20 // Minnesota Tri-Dual, 10-18-2024
100 Ind. Medley: 1:01.83 // Minnesota Tri-Dual, 10-18-2024



ANNABELLE MacADAMS • Freshman
Ponte Vedra Beach, Florida •
Ponte Vedra H.S.

100 Breaststroke: 1:10.68 // Dual at Iowa State, 10-10-2024
200 Breaststroke: 2:31.81 // Minnesota Tri-Dual, 10-18-2024
200 Ind. Medley: 2:18.06 // Dual at Iowa State, 10-10-2024
400 Ind. Medley: 4:46.97 // Minnesota Tri-Dual, 10-18-2024



SOPHIE HAISE • Junior
Charlottesville, Virginia • Albemarle H.S.

No official times established during 2024-25 season



POPPY MEAD • Sophomore
Derby, England • Alestree Woodlands School

500 Freestyle: 5:18.91 // Minnesota Tri-Dual, 10-18-2024
1,000 Freestyle: 10:44.22 // Dual at Iowa State, 10-10-2024
200 Butterfly: 2:07.93 // Minnesota Tri-Dual, 10-18-2024



GIGI HIOKI • Sophomore
Liberty Lake, Washington •
Sacred Hearts Academy

100 Freestyle: :52.51 // Minnesota Tri-Dual, 10-18-2024
200 Freestyle: 1:52.69 // Minnesota Tri-Dual, 10-18-2024
500 Freestyle: 5:09.64 // Minnesota Tri-Dual, 10-18-2024



HANNAH MILLER • Freshman
Rice Lake, Wisconsin • Rice Lake H.S.

50 Freestyle: :25.39 // Dual at Iowa State, 10-10-2024
100 Freestyle: :54.65 // Minnesota Tri-Dual, 10-18-2024
100 Breaststroke: 1:07.44 // Minnesota Tri-Dual, 10-18-2024



EMMA INGALLS • Freshman
Spokane, Washington • Mead Senior H.S.

100 Butterfly: :58.81 // Dual at Iowa State, 10-10-2024
200 Butterfly: 2:09.24 // Dual at Iowa State, 10-10-2024
400 Ind. Medley: 4:39.84 // Minnesota Tri-Dual, 10-18-2024



BRAYLYNN MOORE • Freshman
Friendswood, Texas • Abeka Academy

200 Freestyle: 2:09.64 // Minnesota Tri-Dual, 10-18-2024
500 Freestyle: 5:36.73 // Minnesota Tri-Dual, 10-18-2024
1,000 Freestyle: 11:37.62 // Dual at Iowa State, 10-10-2024



ELYSE JAHN • Freshman
St. Paul, Minnesota • Two Rivers H.S.

200 Freestyle: 2:02.83 // Minnesota Tri-Dual, 10-18-2024
500 Freestyle: 5:26.44 // Dual at Iowa State, 10-10-2024
1,000 Freestyle: 11:09.64 // Dual at Iowa State, 10-10-2024



MAVEN MOORE • Sophomore
Friendswood, Texas

100 Breaststroke: 1:10.60 // Minnesota Tri-Dual, 10-18-2024
200 Breaststroke: 2:33.70 // Dual at Iowa State, 10-10-2024
200 Ind. Medley: 2:19.56 // Dual at Iowa State, 10-10-2024



SARA JUEZ • Junior
Zaragoza, Spain •
Colegio Sagrada Familia Zaragoza

200 Freestyle: 1:58.46 // Minnesota Tri-Dual, 10-18-2024
100 Butterfly: 1:00.02 // Dual at Iowa State, 10-10-2024
100 Ind. Medley: 1:02.10 // Minnesota Tri-Dual, 10-18-2024



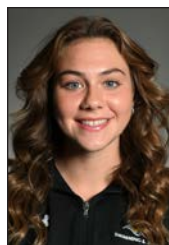
MORGAN NELSON • Senior
Pierre, South Dakota • T.F. Riggs H.S.

100 Breaststroke: 1:07.64 // Minnesota Tri-Dual, 10-18-2024
200 Breaststroke: 2:33.51 // Dual at Iowa State, 10-10-2024
100 Ind. Medley: 1:05.94 // Minnesota Tri-Dual, 10-18-2024

2024-25 WOMEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



KATIE PATTEE • Senior
Farmington, Minnesota • Lakeville North H.S.
50 Freestyle: :25.06 // Minnesota Tri-Dual, 10-18-2024
100 Freestyle: :58.33 // Dual at Iowa State, 10-10-2024



MARY THOMPSON • Freshman
Lincoln, Neb. • Pius X H.S.
1-Meter Diving: 185.00 // Minnesota Tri-Dual, 10-18-2024
3-Meter Diving: 190.65 // Minnesota Tri-Dual, 10-18-2024



MIA PENDLETON • Junior
Oologan, Oklahoma • Oologan H.S.
50 Freestyle: :25.03 // Minnesota Tri-Dual, 10-18-2024
100 Freestyle: :55.18 // Dual at Iowa State, 10-10-2024



KAYLEE TRINGALI • Senior
Sussex, Wisconsin • Waukesha Academy of Health Professions
100 Butterfly: 1:02.10 // Minnesota Tri-Dual, 10-18-2024
200 Butterfly: 2:24.60 // Minnesota Tri-Dual, 10-18-2024



ANNEMARIE REHBEIN • Senior
Independence, Missouri • Blue Springs H.S.
No official times established during 2024-25 season



HANNAH WARMBRAND • Junior
Pukwana, South Dakota • University of Sioux Falls
100 Butterfly: 1:00.16 // Minnesota Tri-Dual, 10-18-2024
200 Butterfly: 2:16.42 // Minnesota Tri-Dual, 10-18-2024



EMMA (BACHELDER) SCHULTZ • Senior
Decorah, Iowa • Decorah H.S.
50 Freestyle: :24.66 // Minnesota Tri-Dual, 10-18-2024
100 Freestyle: :53.36 // Minnesota Tri-Dual, 10-18-2024
100 Breaststroke: 1:07.05 // Dual at Iowa State, 10-10-2024



OLIVIA STIKELEATHER • Junior
Lee's Summit, Missouri • Lee's Summit H.S.
100 Breaststroke: 1:09.63 // Minnesota Tri-Dual, 10-18-2024
200 Breaststroke: 2:30.73 // Minnesota Tri-Dual, 10-18-2024
200 Ind. Medley: 2:19.15 // Dual at Iowa State, 10-10-2024



OLIVIA TAGART • Junior
Thornton, Colorado • Horizon H.S.
No official times established during 2024-25 season

2024-25 WOMEN'S SWIMMING AND DIVING TEAM SEASON BESTS

INDIVIDUAL

50 Freestyle	Emma Schultz	:24.66	Minnesota Tri-Dual, 10-18-2024
100 Freestyle	Gigi Hioki	:52.51	Minnesota Tri-Dual, 10-18-2024
200 Freestyle	Gigi Hioki	1:52.69	Minnesota Tri-Dual, 10-18-2024
500 Freestyle	Gigi Hioki	5:09.64	Minnesota Tri-Dual, 10-18-2024
1,000 Freestyle	Poppy Mead	10:44.22	Dual at Iowa State, 10-10-2024
1,650 Freestyle	N/A		
50 Backstroke	N/A		
100 Backstroke	Lily Esmas	:59.42	Dual at Iowa State, 10-10-2024
200 Backstroke	Kailee Crane	2:09.67	Minnesota Tri-Dual, 10-18-2024
50 Breaststroke	N/A		
100 Breaststroke	Emma Schultz	1:07.05	Dual at Iowa State, 10-10-2024
200 Breaststroke	Marissa Branham	2:27.03	Dual at Iowa State, 10-10-2024
50 Butterfly	N/A		
100 Butterfly	Emma Ingalls	:58.81	Dual at Iowa State, 10-10-2024
200 Butterfly	Poppy Mead	2:07.93	Minnesota Tri-Dual, 10-18-2024
100 Individual Medley	Kailee Crane	1:00.23	Minnesota Tri-Dual, 10-18-2024
200 Individual Medley	Kailee Crane	2:15.73	Dual at Iowa State, 10-10-2024
400 Individual Medley	Kailee Crane	4:39.54	Minnesota Tri-Dual, 10-18-2024
1-Meter Diving	Anna Mei Castro	225.82	Dual at Iowa State, 10-10-2024
3-Meter Diving	Anna Mei Castro	234.07	Dual at Iowa State, 10-10-2024

RELAYS

200 Freestyle Relay	N/A		
400 Freestyle Relay	Currier, Miller, Schultz, Hioki	3:32.54	Minnesota Tri-Dual, 10-18-2024
800 Freestyle Relay	N/A		
200 Medley Relay	Crane, Nelson, Gnewuch, Pendleton	1:49.30	Minnesota Tri-Dual, 10-18-2024
400 Medley Relay	N/A		