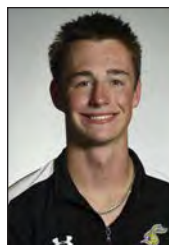


2023-24 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



ERIC ANDERSON • Junior
Fargo, North Dakota • Shanley H.S.

50 Freestyle: :21.06 // Dual vs. Augustana, 10-6-2023
100 Freestyle: :46.35 // Dual vs. Augustana, 10-6-2023
200 Freestyle: 1:47.86 // Dual vs. Iowa Central, 10-7-2023



OSCAR FRANCIS • Freshman
Fargo, North Dakota •
Oak Grove Lutheran School

No official diving marks yet this season



MARCUS BENSON • Senior
Park Rapids, Minnesota •
Park Rapids Area H.S.

200 Backstroke: 1:59.17 // Dual vs. Augustana, 10-6-2023
200 Ind. Medley: 2:07.37 // Dual vs. Iowa Central, 10-7-2023



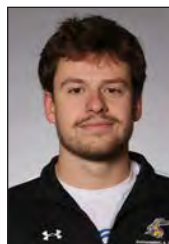
JON GALLES • Sophomore
Gretna, Nebraska • Gretna H.S.

No official swimming times yet this season



JACOB BRUNS • Freshman
Onalaska, Wisconsin • Luther H.S.

100 Freestyle: :50.61 // Dual vs. Augustana, 10-6-2023
200 Freestyle: 1:55.94 // Dual vs. Iowa Central, 10-7-2023



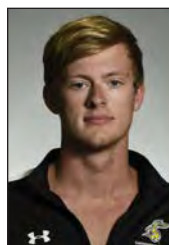
BRAEDEN GLOR • Junior
Winnipeg, Manitoba • Institut collégial
Vincent Massey Collegiate • Concordia, Irvine

50 Freestyle: :23.24 // Dual vs. Iowa Central, 10-7-2023
200 Freestyle: 1:51.48 // Dual vs. Augustana, 10-6-2023
100 Backstroke: :56.46 // Dual vs. Iowa Central, 10-7-2023



AIDEN CARSTENSEN • Sophomore
Cedar Rapids, Iowa • Linn-Mar H.S.

50 Freestyle: :21.97 // Dual vs. Augustana, 10-6-2023
100 Backstroke: :51.85 // Dual vs. Iowa Central, 10-7-2023
200 Backstroke: 1:55.53 // Dual vs. Augustana, 10-6-2023



CONNER HARR • Sophomore
Fargo, North Dakota • Davies H.S.

No official swimming times yet this season



DENILSON CYPRIANOS • Junior
Bulawayo, Zimbabwe • Christian Brothers
College • Carson-Newman

200 Freestyle: 1:45.77 // Dual vs. Iowa Central, 10-7-2023
500 Freestyle: 4:48.67 // Dual vs. Iowa Central, 10-7-2023
1,000 Freestyle: 9:58.48 // Dual vs. Augustana, 10-6-2023
200 Backstroke: 1:54.20 // Dual vs. Augustana, 10-6-2023



JACK HOMME • Freshman
Rochester, Minnesota • Century H.S.

100 Freestyle: :50.67 // Dual vs. Augustana, 10-6-2023
200 Freestyle: 1:52.22 // Dual vs. Iowa Central, 10-7-2023
100 Butterfly: :56.12 // Dual vs. Iowa Central, 10-7-2023



JACK ELLISON • Sophomore
Omaha, Nebraska • Westside H.S.

200 Freestyle: 1:47.62 // Dual vs. Augustana, 10-6-2023
500 Freestyle: 4:48.67 // Dual vs. Augustana, 10-6-2023
1,000 Freestyle: 9:54.76 // Dual vs. Iowa Central, 10-7-2023
100 Breaststroke: 1:03.90 // Dual vs. Iowa Central, 10-7-2023



SAM JOHNSON • Junior
Sioux Falls, South Dakota • O'Gorman H.S.

100 Freestyle: :47.63 // Dual vs. Augustana, 10-6-2023
200 Freestyle: 1:44.70 // Dual vs. Augustana, 10-6-2023
500 Freestyle: 4:57.19 // Dual vs. Iowa Central, 10-7-2023

2023-24 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



KOLDEN KRINGEN • Freshman
Williston, North Dakota • Williston H.S.

500 Freestyle: 5:01.70 // Dual vs. Augustana, 10-6-2023
1,000 Freestyle: 10:21.32 // Dual vs. Augustana, 10-6-2023
100 Breaststroke: 1:02.86 // Dual vs. Iowa Central, 10-7-2023
200 Ind. Medley: 2:01.12 // Dual vs. Iowa Central, 10-7-2023



VAUGHN RAIMO • Sophomore
West Fargo, North Dakota •
West Fargo Sheyenne H.S.

200 Backstroke: 2:07.67 // Dual vs. Augustana, 10-6-2023
100 Butterfly: :57.05 // Dual vs. Iowa Central, 10-7-2023
200 Ind. Medley: 2:05.63 // Dual vs. Augustana, 10-6-2023



BRAXTON McGRATH • Sophomore
Amana, Iowa • Clear Creek Amana H.S.

100 Butterfly: :52.76 // Dual vs. Iowa Central, 10-7-2023
200 Butterfly: 1:57.40 // Dual vs. Augustana, 1:57.40



REECE REID • Freshman
Keller, Texas • Keller H.S.

1-Meter Diving: 191.25 // Dual vs. Augustana, 10-6-2023
3-Meter Diving: 231.38 // Dual vs. Augustana, 10-6-2023



LIAM MURRAY • Senior
Omaha, Nebraska • North H.S.

50 Freestyle: :21.56 // Dual vs. Augustana, 10-6-2023



ROSS RITTER • Junior
Watertown, South Dakota • Watertown H.S.

200 Freestyle: 1:55.89 // Dual vs. Iowa Central, 10-7-2023
500 Freestyle: 5:16.65 // Dual vs. Augustana, 10-6-2023
1,000 Freestyle: 11:00.38 // Dual vs. Augustana, 10-6-2023



RAFAEL NEGRI • Junior
Sao Paulo, Brazil • Coligio CPV Morumbi

50 Freestyle: :21.85 // Dual vs. Iowa Central, 10-7-2023
100 Freestyle: :48.40 // Dual vs. Iowa Central, 10-7-2023
200 Backstroke: 2:06.03 // Dual vs. Augustana, 10-6-2023



NATHAN ROZEBOOM • Sophomore
Mount Horeb, Wisconsin • Mount Horeb H.S.
• Wisconsin-Milwaukee

100 Breaststroke: 1:01.11 // Dual vs. Iowa Central, 10-7-2023
200 Breaststroke: 2:18.58 // Dual vs. Augustana, 10-6-2023
200 Ind. Medley: 2:08.23 // Dual vs. Iowa Central, 10-7-2023



LUKE NICHOLS • Junior
North Liberty, Iowa • Liberty H.S.

50 Freestyle: :22.59 // Dual vs. Iowa Central, 10-7-2023
200 Freestyle: 1:51.48 // Dual vs. Augustana, 10-6-2023
200 Butterfly: 2:04.22 // Dual vs. Augustana, 10-6-2023



COLLIN SCHOCK • Junior
Grand Haven, Michigan • Spring Lake H.S.

50 Freestyle: :22.45 // Dual vs. Augustana, 10-6-2023
100 Freestyle: :49.49 // Dual vs. Augustana, 10-6-2023
200 Freestyle: 1:51.65 // Dual vs. Iowa Central, 10-7-2023



JORDAN ODOR • Freshman
Park Rapids, Minnesota •
Park Rapids Area H.S.

No official diving marks yet this season



CHARLES SIEGLAFF • Senior
Lincoln, Nebraska • Lincoln H.S.

50 Freestyle: :22.54 // Dual vs. Augustana, 10-6-2023
100 Freestyle: :51.32 // Dual vs. Augustana, 10-6-2023
100 Butterfly: :54.78 // Dual vs. Iowa Central, 10-7-2023

2023-24 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



AUSTIN SMITH • Junior
The Woodlands, Texas • Elkhorn South H.S.
(Neb.)

200 Freestyle: 1:45.82 // Dual vs. Augustana, 10-6-2023
100 Butterfly: :54.15 // Dual vs. Iowa Central, 10-7-2023
200 Ind. Medley: 1:57.76 // Dual vs. Iowa Central, 10-7-2023



CODY VERTIN • Freshman
Brookings, South Dakota • Brookings H.S.

100 Backstroke: :53.20 // Dual vs. Iowa Central, 10-7-2023
100 Breaststroke: :58.27 // Dual vs. Iowa Central, 10-7-2023
200 Breaststroke: 2:05.79 // Dual vs. Augustana, 10-6-2023
200 Ind. Medley: 1:53.60 // Dual vs. Augustana, 10-6-2023



MATT SORENSON • Senior
Mission Viejo, California • Mission Viejo H.S.

100 Freestyle: :50.79 // Dual vs. Iowa Central, 10-7-2023
1,000 Freestyle: 10:36.11 // Dual vs. Iowa Central, 10-7-2023
100 Breaststroke: 1:03.04 // Dual vs. Iowa Central, 10-7-2023
200 Breaststroke: 2:19.52 // Dual vs. Augustana, 10-6-2023



BRYAN WONG • Junior
Subang Jaya, Malaysia • Sri Kuala Lumpur

50 Freestuytle: :22.38 // Dual vs. Iowa Central, 10-7-2023
100 Freestyle: :48.96 // Dual vs. Iowa Central, 10-7-2023
200 Butterfly: 1:57.82 // Dual vs. Augustana, 10-6-2023
200 Ind. Medley: 1:59.65 // Dual vs. Augustana, 10-6-2023



WILL STANTON • Freshman
Sioux Falls, South Dakota • O'Gorman H.S.

200 Backstroke: 2:00.29 // Dual vs. Augustana, 10-6-2023

2023-24 MEN'S SWIMMING AND DIVING TEAM SEASON BESTS

INDIVIDUAL

50 Freestyle	Eric Anderson	:21.06	Dual vs. Augustana, 10-6-2023
100 Freestyle	Eric Anderson	:46.35	Dual vs. Augustana, 10-6-2023
200 Freestyle	Sam Johnson	1:44.70	Dual vs. Augustana, 10-6-2023
500 Freestyle	Jack Ellison/Denilson Cyprianos	4:48.67	Duals vs. Augustana, 10-6-23 and Iowa Central, 10-7-23
1,000 Freestyle	Jack Ellison	9:54.76	Dual vs. Iowa Central, 10-7-2023
1,650 Freestyle	N/A		
50 Backstroke	N/A		
100 Backstroke	Aiden Carstensen	:51.85	Dual vs. Iowa Central, 10-7-2023
200 Backstroke	Denilson Cyprianos	1:54.20	Dual vs. Augustana, 10-6-2023
50 Breaststroke	N/A		
100 Breaststroke	Cody Vertin	:58.27	Dual vs. Iowa Central, 10-7-2023
200 Breaststroke	Cody Vertin	2:05.79	Dual vs. Augustana, 10-6-2023
50 Butterfly	N/A		
100 Butterfly	Braxton McGrath	:52.76	Dual vs. Iowa Central, 10-7-2023
200 Butterfly	Braxton McGrath	1:57.40	Dual vs. Augustana, 10-6-2023
100 Individual Medley	N/A		
200 Individual Medley	Cody Vertin	1:53.60	Dual vs. Augustana, 10-6-2023
400 Individual Medley	N/A		
1-Meter Diving	Reece Reid	191.25	Dual vs. Augustana, 10-6-2023
3-Meter Diving	Reece Reid	231.38	Dual vs. Augustana, 10-6-2023

RELAYS

200 Freestyle Relay	Anderson, Murray, Nichols, Johnson	1:25.21	Dual vs. Iowa Central, 10-7-2023
400 Freestyle Relay	Cyprianos, Anderson, Negri, Johnson	3:08.67	Dual vs. Augustana, 10-6-2023
800 Freestyle Relay	N/A		
200 Medley Relay	Negri, Vertin, Smith, Murray	1:34.43	Dual vs. Augustana, 10-6-2023
400 Medley Relay	Cyprianos, Vertin, Smith, Anderson	3:28.59	Dual vs. Iowa Central, 10-7-2023