



2022 SWIMMING & DIVING CHAMPIONSHIPS

February 16-19, 2022
West Fargo, N.D. // Hulbert Aquatic Center

WEDNESDAY, FEB. 16

Diving Prelims - 3 p.m.

One-Meter (M)

Swimming Finals - 6 p.m.

200 Yard Medley Relay (W)*
200 Yard Medley Relay (M)*

Diving Finals

One-Meter (M)

800 Yard Freestyle Relay (W)*

800 Yard Freestyle Relay (M)*

THURSDAY, FEB. 17

Swimming Prelims - 10 a.m.

500 Yard Freestyle (W)

500 Yard Freestyle (M)

200 Yard IM (W)

200 Yard IM (M)

50 Yard Freestyle (W)

50 Yard Freestyle (M)

Diving Prelims - 12:30 p.m.

One-Meter (W)

Swimming Finals - 6 p.m.

500 Yard Freestyle (W)

500 Yard Freestyle (M)

200 Yard IM (W)

200 Yard IM (M)

50 Yard Freestyle (W)

50 Yard Freestyle (M)

Diving Finals

One-Meter (W)

400 Yard Medley Relay (W)*

400 Yard Medley Relay (M)*

FRIDAY, FEB. 18

Swimming Prelims - 10 a.m.

400 Yard IM (W)

400 Yard IM (M)

100 Yard Butterfly (W)

100 Yard Butterfly (M)

200 Yard Freestyle (W)

200 Yard Freestyle (M)

100 Yard Breaststroke (W)

100 Yard Breaststroke (M)

100 Yard Backstroke (W)

100 Yard Backstroke (M)

Diving Prelims - 12:30 p.m.

Three-Meter (M)

Swimming Finals - 6 p.m.

400 Yard IM (W)

400 Yard IM (M)

100 Yard Butterfly (W)

100 Yard Butterfly (M)

200 Yard Freestyle (W)

200 Yard Freestyle (M)

100 Yard Breaststroke (W)

100 Yard Breaststroke (M)

100 Yard Backstroke (W)

100 Yard Backstroke (M)

Diving Finals

Three-Meter (M)

200 Yard Freestyle Relay (W)*

200 Yard Freestyle Relay (M)*

SATURDAY, FEB. 19

Swimming Prelims - 10 a.m.

100 Yard IM (W)

100 Yard IM (M)

200 Yard Backstroke (W)

200 Yard Backstroke (M)

100 Yard Freestyle (W)

100 Yard Freestyle (M)

200 Yard Breaststroke (W)

200 Yard Breaststroke (M)

200 Yard Butterfly (W)

200 Yard Butterfly (M)

Diving Prelims - 12:30 p.m.

Three-Meter (W)

1,650 Yard Freestyle**

Swimming Finals - 6 p.m.

100 Yard IM (W)

100 Yard IM (M)

1,650 Yard Freestyle (W)*

1,650 Yard Freestyle (M)*

200 Yard Backstroke (W)

200 Yard Backstroke (M)

100 Yard Freestyle (W)

100 Yard Freestyle (M)

200 Yard Breaststroke (W)

200 Yard Breaststroke (M)

200 Yard Butterfly (W)

200 Yard Butterfly (M)

Diving Finals

Three-Meter (W)

400 Yard Freestyle Relay (W)*

400 Yard Freestyle Relay (M)*

* Timed final event

** Minimum of 60 minutes between conclusion of preliminary heats of 1,650 freestyle and start of championship heat of 1,650 freestyle

(All times Central)

*For internal use only until released by the league office

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