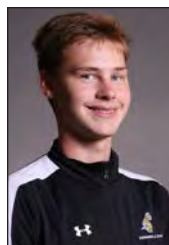


## 2022-23 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



**CHAD ANDERSON • Senior**  
Lawrence, Kansas • Lawrence Free State H.S.

50 Freestyle: :23.58 // Dual vs. Iowa Central, 10-15-2022  
100 Breaststroke: 1:04.42 // Dual at Augustana, 10-14-2022  
200 Breaststroke: 2:24.82 // Dual at Augustana, 10-14-2022



**JACK ELLISON • Freshman**  
Omaha, Nebraska • Westside H.S.

200 Freestyle: 1:49.48 // Dual vs. Iowa Central, 10-15-2022  
500 Freestyle: 4:49.90 // Dual at Augustana, 10-14-2022  
1,000 Freestyle: 10:04.14 // at Minnesota Tri, 10-28-2022  
1,650 Freestyle: 17:19.48 // Coyote Extravaganza, 11-5-2022  
400 Ind. Medley: 4:23.98 // Coyote Extravaganza, 11-4-2022



**ERIC ANDERSON • Sophomore**  
Fargo, North Dakota • Shanley H.S.

50 Freestyle: :20.86 // at Minnesota Triangular, 10-28-2022  
100 Freestyle: :46.59 // Dual at Augustana, 10-14-2022



**SPENCER FRITZE • Senior**  
Park Rapids, Minnesota •  
Park Rapids Area H.S.

1-Meter Diving: 287.10 // Dual vs. Omaha, 11-11-2022  
3-Meter Diving: 301.55 // Dual at Augustana, 10-14-2022



**MARCUS BENSON • Junior**  
Park Rapids, Minnesota •  
Park Rapids Area H.S.

100 Backstroke: :54.29 // Dual vs. Omaha, 11-11-2022  
200 Backstroke: 2:00.48 // Dual at Augustana, 10-14-2022  
200 Ind. Medley: 2:06.65 // Dual vs. Omaha, 11-11-2022



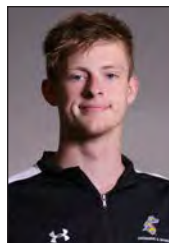
**JON GALLES • Freshman**  
Gretna, Nebraska • Gretna H.S.

100 Freestyle: :46.76 // Dual at Augustana, 10-14-2022  
200 Freestyle: 1:43.17 // Dual at Augustana, 10-14-2022



**ZACH BOYD • Senior**  
Omaha, Nebraska • Millard South H.S.

1-Meter Diving: 245.25 // at Minnesota Triangular, 10-28-2022  
3-Meter Diving: 248.95 // Dual at Augustana, 10-14-2022



**CONNER HARR • Freshman**  
Fargo, North Dakota • Davies H.S.

100 Breaststroke: :58.00 // Dual vs. Iowa Central, 10-15-22  
200 Breaststroke: 2:15.52 // Dual vs. Iowa Central, 10-15-22



**AIDEN CARSTENSEN • Freshman**  
Cedar Rapids, Iowa • Linn-Mar H.S.

50 Freestyle: :21.83 // Coyote Extravaganza, 11-4-2022  
100 Backstroke: :50.83 // Dual vs. Omaha, 11-11-2022  
200 Backstroke: 1:55.20 // Dual vs. Omaha, 11-11-2022



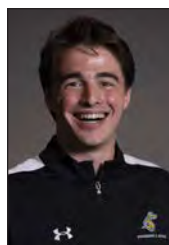
**CALEB HARTHOORN • Senior**  
Norfolk, Nebraska • Norfolk H.S.

100 Backstroke: :53.57 // Dual at Augustana, 10-14-2022  
200 Backstroke: 1:57.67 // Dual at Augustana, 10-14-2022  
200 Ind. Medley: 2:06.72 // Dual vs. Omaha, 11-11-2022



**DENILSON CYPRIANOS • Sophomore**  
Bulawayo, Zimbabwe •  
Christian Brothers College/Carson-Newman

No Official Times during the 2022-23 season thus far



**MATTHEW HEAPHY • Freshman**  
Anchorage, Alaska •  
Mother of Divine Grace School

100 Breaststroke: 1:00.93 // Coyote Extravaganza, 11-4-2022  
200 Breaststroke: 2:17.88 // at Minnesota Tri, 10-28-2022  
100 Ind. Medley: :57.17 // Coyote Extravaganza, 11-5-2022  
200 Ind. Medley: 2:07.34 // at Minnesota Tri, 10-28-2022

## 2022-23 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



**SAM JOHNSON • Sophomore**  
Sioux Falls, South Dakota • O'Gorman H.S.

50 Freestyle: :21.48 // Dual at Augustana, 10-14-2022  
100 Freestyle: :47.48 // Dual vs. Iowa Central, 10-15-2022  
200 Freestyle: 1:44.37 // at Minnesota Tri, 10-28-2022  
500 Freestyle: 4:56.92 // at Minnesota Tri, 10-28-2022



**VAUGHN RAIMO • Freshman**  
West Fargo, North Dakota • West Fargo H.S.

100 Backstroke: :56.82 // Dual at Augustana, 10-14-2022  
200 Backstroke: 2:07.31 // at Minnesota Tri, 10-28-2022  
100 Butterfly: :55.60 // Dual vs. Omaha, 11-11-2022  
200 Ind. Medley: 2:06.11 // Dual vs. Iowa Central, 10-15-22



**ALEX KRAFT • Senior**  
Shakopee, Minnesota • Shakopee H.S.

50 Freestyle: :21.65 // Dual at Augustana, 10-14-2022  
100 Freestyle: :47.11 // Dual at Augustana, 10-14-2022  
200 Freestyle: 1:44.72 // Dual vs. Omaha, 11-11-2022  
500 Freestyle: 4:54.04 // Dual vs. Omaha, 11-11-2022



**ROSS RITTER • Sophomore**  
Watertown, South Dakota • Watertown H.S.

50 Freestyle: :23.58 // Dual vs. Iowa Central, 10-15-2022  
200 Freestyle: 2:03.83 // Dual vs. Omaha, 11-11-2022  
500 Freestyle: 5:19.61 // Coyote Extravaganza, 11-5-2022  
1,000 Freestyle: 11:20.59 // Coyote Extravaganza, 11-4-2022



**BRAXTON McGRATH • Freshman**  
Amana, Iowa • Clear Creek Amana H.S.

100 Butterfly: :51.70 // Dual at Augustana, 10-14-2022  
200 Butterfly: 1:56.56 // Dual at Augustana, 10-14-2022



**COLLIN SCHOCK • Sophomore**  
Grand Haven, Michigan • Spring Lake H.S.

100 Freestyle: :51.26 // Dual vs. Iowa Central, 10-15-2022  
200 Freestyle: 1:52.37 // Dual vs. Omaha, 11-11-2022  
500 Freestyle: 5:04.25 // at Minnesota Tri, 10-28-2022  
1,000 Freestyle: 10:25.51 // Dual at Augustana, 10-14-2022  
1,650 Freestyle: 17:59.04 // Coyote Extravaganza, 11-5-2022



**LIAM MURRAY • Senior**  
Omaha, Nebraska • North H.S.

50 Freestyle: :21.37 // Dual at Augustana, 10-14-2022  
100 Freestyle: :48.15 // Dual at Augustana, 10-14-2022  
200 Freestyle: 1:53.39 // Dual vs. Iowa Central, 10-15-2022  
100 Backstroke: :56.46 // Dual vs. Omaha, 11-11-2022



**CHARLES SIEGLAFF • Junior**  
Lincoln, Nebraska • Lincoln H.S.

50 Freestyle: :21.85 // at Minnesota Triangular, 10-28-2022  
100 Freestyle: :48.70 // Coyote Extravaganza, 11-4-2022  
200 Freestyle: 1:53.92 // Coyote Extravaganza, 11-4-2022  
100 Breaststroke: 1:01.94 // Dual at Augustana, 10-14-2022  
100 Butterfly: :52.66 // Dual at Augustana, 10-14-2022  
100 Ind. Medley: :58.48 // Coyote Extravaganza, 11-5-2022



**RAFAEL NEGRI • Sophomore**  
Sao Paulo, Brazil • Coligio CPV Morumbi

50 Freestyle: :21.49 // Coyote Extravaganza, 11-5-2022  
100 Backstroke: :52.48 // Dual at Augustana, 10-14-2022  
200 Backstroke: 2:00.29 // at Minnesota Tri, 10-28-2022



**NAESTED SMIT • Senior**  
Lusaka, Zambia •  
American International School of Lusaka

1,000 Freestyle: 11:05.48 // Dual vs. Iowa Central, 10-15-22  
100 Backstroke: :56.58 // Dual vs. Iowa Central, 10-15-2022  
100 Butterfly: :53.64 // Dual at Augustana, 10-14-2022  
200 Butterfly: 2:01.60 // Dual at Augustana, 10-14-2022  
200 Ind. Medley: 2:03.89 // Dual at Augustana, 10-14-2022



**LUKE NICHOLS • Sophomore**  
North Liberty, Iowa • Liberty H.S.

50 Freestyle: :21.60 // Coyote Extravaganza, 11-5-2022  
100 Freestyle: :48.97 // Coyote Extravaganza, 11-5-2022  
100 Butterfly: :52.66 // Coyote Extravaganza, 11-4-2022  
200 Butterfly: 2:07.74 // Dual vs. Omaha, 11-11-2022  
200 Ind. Medley: 2:06.33 // Dual vs. Iowa Central, 10-15-22



**AUSTIN SMITH • Sophomore**  
The Woodlands, Texas •  
Elkhorn South H.S. (Neb.)

200 Freestyle: 1:45.22 // at Minnesota Tri, 10-28-2022  
100 Butterfly: :50.49 // Dual at Augustana, 10-14-2022  
200 Butterfly: 1:59.39 // Dual at Augustana, 10-14-2022  
100 Ind. Medley: :53.73 // Coyote Extravaganza, 11-5-2022  
200 Ind. Medley: 1:58.02 // Dual at Augustana, 10-14-2022

## 2022-23 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



**MATT SORENSON • Junior**  
**Mission Viejo, California • Mission Viejo H.S.**

200 Freestyle: 1:49.67 // Dual vs. Iowa Central, 10-15-2022  
100 Breaststroke: 1:01.63 // at Minnesota Tri, 10-28-2022  
200 Breaststroke: 2:18.43 // at Minnesota Tri, 10-28-2022



**GAVIN WHEELER • Senior**  
**Atlanta, Georgia • Lakeside H.S.**

100 Breaststroke: :59.06 // Dual at Augustana, 10-14-2022  
200 Breaststroke: 2:12.32 // Dual at Augustana, 10-14-2022  
100 Ind. Medley: :54.49 // Coyote Extravaganza, 11-4-2022  
200 Ind. Medley: 1:59.64 // Dual at Augustana, 10-14-2022  
400 Ind. Medley: 4:26.73 // Coyote Extravaganza, 11-5-2022



**REECE STIKELEATHER • Senior**  
**Lee's Summit, Missouri • Lee's Summit H.S.**

200 Freestyle: 1:52.10 // Dual vs. Omaha, 11-11-2022  
500 Freestyle: 5:15.65 // Dual vs. Iowa Central, 10-15-2022  
100 Breaststroke: 1:02.50 // at Minnesota Tri, 10-28-2022  
200 Breaststroke: 2:19.06 // at Minnesota Tri, 10-28-2022



**MAX WHITE • Senior**  
**Kokomo, Indiana • Kokomo H.S.**

500 Freestyle: 5:03.76 // Coyote Extravaganza, 11-4-2022  
1,000 Freestyle: 10:26.62 // Dual vs. Omaha, 11-11-2022  
100 Butterfly: :54.04 // Dual vs. Omaha, 11-11-2022  
200 Butterfly: 1:58.12 // Coyote Extravaganza, 11-5-2022



**DAMON VENNER • Graduate Student**  
**Sioux Falls, South Dakota • O'Gorman H.S.**

500 Freestyle: 4:56.43 // at Minnesota Tri, 10-28-2022  
1,000 Freestyle: 10:33.68 // Dual vs. Omaha, 11-11-22  
100 Butterfly: :54.26 // Dual vs. Iowa Central, 10-15-2022  
200 Butterfly: 1:57.64 // Dual at Augustana, 10-14-2022  
400 Ind. Medley: 4:25.40 // Coyote Extravaganza, 11-4-2022



**BRYAN WONG • Sophomore**  
**Subang Jaya, Malaysia • Sri Kuala Lumpur**

200 Freestyle: 1:48.05 // Dual at Augustana, 10-14-2022  
1,000 Freestyle: 10:30.79 // Dual vs. Iowa Central, 10-15-22  
200 Breaststroke: 2:16.66 // Coyote Extravaganza, 11-5-2022  
100 Butterfly: :52.14 // at Minnesota Triangular, 10-28-2022  
200 Butterfly: 1:56.41 // at Minnesota Triangular, 10-28-2022  
100 Ind. Medley: :55.41 // Coyote Extravaganza, 11-5-2022  
200 Ind. Medley: 1:58.82 // at Minnesota Tri, 10-28-2022  
400 Ind. Medley: 4:20.82 // Coyote Extravaganza, 11-4-2022



**JUSTIN WALLAR • Senior**  
**Chesterton, Indiana • Chesterton H.S.**

50 Freestyle: :21.90 // Coyote Extravaganza, 11-4-2022  
100 Freestyle: :48.60 // Dual at Augustana, 10-14-2022  
200 Freestyle: 1:49.18 // at Minnesota Tri, 10-28-2022

## 2022-23 MEN'S SWIMMING AND DIVING TEAM SEASON BESTS

### INDIVIDUAL

50 Freestyle	Eric Anderson	:20.86	Minnesota Triangular, 10-28-2022
100 Freestyle	Eric Anerson	:46.59	Dual at Augustana, 10-14-2022
200 Freestyle	Jon Galles	1:43.17	Dual at Augustana, 10-14-2022
500 Freestyle	Jack Ellison	4:49.90	Dual at Augustana, 10-14-2022
1,000 Freestyle	Jack Ellison	10:04.14	Minnesota Triangular, 10-28-2022
1,650 Freestyle	Jack Ellison	17:19.48	Coyote Extravaganza, 11-5-2022
50 Backstroke	N/A		
100 Backstroke	Aiden Carstensen	:50.83	Dual vs. Omaha, 11-11-2022
200 Backstroke	Aiden Carstensen	1:55.20	Dual vs. Omaha, 11-11-2022
50 Breaststroke	N/A		
100 Breaststroke	Conner Harr	:58.00	Dual vs. Iowa Central, 10-15-2022
200 Breaststroke	Gavin Wheeler	2:12.32	Dual at Augustana, 10-14-2022
50 Butterfly	N/A		
100 Butterfly	Austin Smith	:50.49	Dual at Augustana, 10-14-2022
200 Butterfly	Bryan Wong	1:56.41	Minnesota Triangular, 10-28-2022
100 Individual Medley	Austin Smith	:53.73	Coyote Extravaganza, 11-5-2022
200 Individual Medley	Austin Smith	1:58.02	Dual at Augustana, 10-14-2022
400 Individual Medley	Bryan Wong	4:20.82	Coyote Extravaganza, 11-4-2022
1-Meter Diving	Spencer Fritze	277.90	Dual at Augustana, 10-14-2022
3-Meter Diving	Spencer Fritze	301.55	Dual at Augustana, 10-14-2022

### RELAYS

200 Freestyle Relay	Negri, Murray, Sieglaff, Johnson	1:25.77	Dual vs. Iowa Central, 10-15-2022
400 Freestyle Relay	Johnson, Kraft, Galles, E. Anderson	3:07.12	Dual vs. Omaha, 11-11-2022
800 Freestyle Relay	N/A		
200 Medley Relay	Carstensen, Harr, Smith, E. Anderson	1:33.38	Dual vs. Omaha, 11-11-2022
400 Medley Relay	Carstensen, Wheeler, Smith, Galles	3:27.96	Dual vs. Iowa Central, 10-15-2022