

2022-23 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



CHAD ANDERSON • Senior
Lawrence, Kansas • Lawrence Free State H.S.
50 Freestyle: :23.58 // Dual vs. Iowa Central, 10-15-2022
100 Breaststroke: 1:04.42 // Dual at Augustana, 10-14-2022
200 Breaststroke: 2:24.82 // Dual at Augustana, 10-14-2022



JACK ELLISON • Freshman
Omaha, Nebraska • Westside H.S.
200 Freestyle: 1:49.48 // Dual vs. Iowa Central, 10-15-2022
500 Freestyle: 4:49.90 // Dual at Augustana, 10-14-2022
1,000 Freestyle: 10:04.14 // at Minnesota Tri, 10-28-2022



ERIC ANDERSON • Sophomore
Fargo, North Dakota • Shanley H.S.
50 Freestyle: :20.86 // at Minnesota Triangular, 10-28-2022
100 Freestyle: :46.59 // Dual at Augustana, 10-14-2022



SPENCER FRITZE • Senior
Park Rapids, Minnesota • Park Rapids Area H.S.
1-Meter Diving: 277.90 // Dual at Augustana, 10-14-2022
3-Meter Diving: 301.55 // Dual at Augustana, 10-14-2022



MARCUS BENSON • Junior
Park Rapids, Minnesota • Park Rapids Area H.S.
100 Backstroke: :54.56 // Dual vs. Iowa Central, 10-15-2022
200 Backstroke: 2:00.48 // Dual at Augustana, 10-14-2022
200 Ind. Medley: 2:06.92 // at Minnesota Tri, 10-28-2022



JON GALLES • Freshman
Gretna, Nebraska • Gretna H.S.
100 Freestyle: :46.76 // Dual at Augustana, 10-14-2022
200 Freestyle: 1:43.17 // Dual at Augustana, 10-14-2022



ZACH BOYD • Senior
Omaha, Nebraska • Millard South H.S.
1-Meter Diving: 245.25 // at Minnesota Triangular, 10-28-2022
3-Meter Diving: 248.95 // Dual at Augustana, 10-14-2022



CONNER HARR • Freshman
Fargo, North Dakota • Davies H.S.
100 Breaststroke: :58.00 // Dual vs. Iowa Central, 10-15-22
200 Breaststroke: 2:15.52 // Dual vs. Iowa Central, 10-15-22



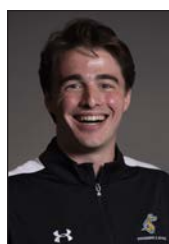
AIDEN CARSTENSEN • Freshman
Cedar Rapids, Iowa • Linn-Mar H.S.
50 Freestyle: :22.35 // Dual vs. Iowa Central, 10-15-2022
100 Backstroke: :51.67 // Dual at Augustana, 10-14-2022
200 Backstroke: 1:55.37 // Dual at Augustana, 10-14-2022



CALEB HARTHOORN • Senior
Norfolk, Nebraska • Norfolk H.S.
100 Backstroke: :53.57 // Dual at Augustana, 10-14-2022
200 Backstroke: 1:57.67 // Dual at Augustana, 10-14-2022
200 Ind. Medley: 2:07.49 // Dual vs. Iowa Central, 10-15-22



DENILSON CYPRIANOS • Sophomore
Bulawayo, Zimbabwe • Christian Brothers College/Carson-Newman
No Official Times during the 2022-23 season thus far



MATTHEW HEAPHY • Freshman
Anchorage, Alaska • Mother of Divine Grace School
100 Breaststroke: 1:01.74 // at Minnesota Tri, 10-28-2022
200 Breaststroke: 2:17.88 // at Minnesota Tri, 10-28-2022
200 Ind. Medley: 2:07.34 // at Minnesota Tri, 10-28-2022

2022-23 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



SAM JOHNSON • Sophomore
Sioux Falls, South Dakota • O'Gorman H.S.

50 Freestyle: :21.48 // Dual at Augustana, 10-14-2022
 100 Freestyle: :47.48 // Dual vs. Iowa Central, 10-15-2022
 200 Freestyle: 1:44.37 // at Minnesota Tri, 10-28-2022
 500 Freestyle: 4:56.92 // at Minnesota Tri, 10-28-2022



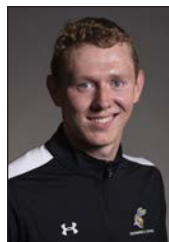
VAUGHN RAIMO • Freshman
West Fargo, North Dakota • West Fargo H.S.

100 Backstroke: :56.82 // Dual at Augustana, 10-14-2022
 200 Backstroke: 2:07.31 // at Minnesota Tri, 10-28-2022
 200 Ind. Medley: 2:06.11 // Dual vs. Iowa Central, 10-15-2022



ALEX KRAFT • Senior
Shakopee, Minnesota • Shakopee H.S.

50 Freestyle: :21.65 // Dual at Augustana, 10-14-2022
 100 Freestyle: :47.11 // Dual at Augustana, 10-14-2022
 200 Freestyle: 1:44.76 // Dual at Augustana, 10-14-2022
 500 Freestyle: 4:55.01 // Dual vs. Iowa Central, 10-15-2022



ROSS RITTER • Sophomore
Watertown, South Dakota • Watertown H.S.

50 Freestyle: :23.58 // Dual vs. Iowa Central, 10-15-2022
 500 Freestyle: 5:30.24 // Dual vs. Iowa Central, 10-15-2022
 1,000 Freestyle: 11:26.22 // Dual at Augustana, 10-14-2022



BRAXTON McGRATH • Freshman
Amana, Iowa • Clear Creek Amana H.S.

100 Butterfly: :51.70 // Dual at Augustana, 10-14-2022
 200 Butterfly: 1:56.56 // Dual at Augustana, 10-14-2022



COLLIN SCHOCK • Sophomore
Grand Haven, Michigan • Spring Lake H.S.

100 Freestyle: :51.26 // Dual vs. Iowa Central, 10-15-2022
 200 Freestyle: 1:54.54 // Dual vs. Iowa Central, 10-15-2022
 500 Freestyle: 5:04.25 // at Minnesota Tri, 10-28-2022
 1,000 Freestyle: 10:25.51 // Dual at Augustana, 10-14-2022



LIAM MURRAY • Senior
Omaha, Nebraska • North H.S.

50 Freestyle: :21.37 // Dual at Augustana, 10-14-2022
 100 Freestyle: :48.15 // Dual at Augustana, 10-14-2022
 200 Freestyle: 1:53.39 // Dual vs. Iowa Central, 10-15-2022



CHARLES SIEGLAFF • Junior
Lincoln, Nebraska • Lincoln H.S.

50 Freestyle: :21.85 // at Minnesota Triangular, 10-28-2022
 100 Freestyle: :48.78 // at Minnesota Triangular, 10-28-2022
 100 Breaststroke: 1:01.94 // Dual at Augustana, 10-14-2022
 100 Butterfly: :52.66 // Dual at Augustana, 10-14-2022



RAFAEL NEGRI • Sophomore
Sao Paulo, Brazil • Coligio CPV Morumbi

50 Freestyle: :21.79 // at Minnesota Triangular, 10-28-2022
 100 Backstroke: :52.48 // Dual at Augustana, 10-14-2022
 200 Backstroke: 2:00.29 // at Minnesota Tri, 10-28-2022



NAESTED SMIT • Senior
Lusaka, Zambia • American International School of Lusaka

1,000 Freestyle: 11:05.48 // Dual vs. Iowa Central, 10-15-22
 100 Backstroke: :56.58 // Dual vs. Iowa Central, 10-15-2022
 100 Butterfly: :53.64 // Dual at Augustana, 10-14-2022
 200 Butterfly: 2:01.60 // Dual at Augustana, 10-14-2022
 200 Ind. Medley: 2:03.89 // Dual at Augustana, 10-14-2022



LUKE NICHOLS • Sophomore
North Liberty, Iowa • Liberty H.S.

100 Butterfly: :53.73 // Dual vs. Iowa Central, 10-15-2022
 200 Ind. Medley: 2:06.33 // Dual vs. Iowa Central, 10-15-2022



AUSTIN SMITH • Sophomore
The Woodlands, Texas • Elkhorn South H.S. (Neb.)

200 Freestyle: 1:45.22 // at Minnesota Tri, 10-28-2022
 100 Butterfly: :50.49 // Dual at Augustana, 10-14-2022
 200 Butterfly: 1:59.39 // Dual at Augustana, 10-14-2022
 200 Ind. Medley: 1:58.02 // Dual at Augustana, 10-14-2022

2022-23 MEN'S SWIMMING AND DIVING INDIVIDUAL SEASON BESTS



MATT SORENSON • Junior
Mission Viejo, California • Mission Viejo H.S.
200 Freestyle: 1:49.67 // Dual vs. Iowa Central, 10-15-2022
100 Breaststroke: 1:01.63 // at Minnesota Tri, 10-28-2022
200 Breaststroke: 2:18.43 // at Minnesota Tri, 10-28-2022



GAVIN WHEELER • Senior
Atlanta, Georgia • Lakeside H.S.
100 Breaststroke: :59.06 // Dual at Augustana, 10-14-2022
200 Breaststroke: 2:12.32 // Dual at Augustana, 10-14-2022
200 Ind. Medley: 1:59.64 // Dual at Augustana, 10-14-2022



REECE STIKELEATHER • Senior
Lee's Summit, Missouri • Lee's Summit H.S.
200 Freestyle: 1:52.64 // Dual at Augustana, 10-14-2022
500 Freestyle: 5:15.65 // Dual vs. Iowa Central, 10-15-2022
100 Breaststroke: 1:02.50 // at Minnesota Tri, 10-28-2022
200 Breaststroke: 2:19.06 // at Minnesota Tri, 10-28-2022



MAX WHITE • Senior
Kokomo, Indiana • Kokomo H.S.
500 Freestyle: 5:07.42 // Dual at Augustana, 10-14-2022
1,000 Freestyle: 10:27.13 // at Minnesota Tri, 10-28-2022
100 Butterfly: :54.16 // at Minnesota Tri, 10-28-2022
200 Butterfly: 2:00.13 // Dual at Augustana, 10-14-2022



DAMON VENNER • Graduate Student
Sioux Falls, South Dakota • O'Gorman H.S.
500 Freestyle: 4:56.43 // at Minnesota Tri, 10-28-2022
1,000 Freestyle: 10:51.33 // Dual vs. Iowa Central, 10-15-22
100 Butterfly: :54.26 // Dual vs. Iowa Central, 10-15-2022
200 Butterfly: 1:57.64 // Dual at Augustana, 10-14-2022



BRYAN WONG • Sophomore
Subang Jaya, Malaysia • Sri Kuala Lumpur
200 Freestyle: 1:48.05 // Dual at Augustana, 10-14-2022
1,000 Freestyle: 10:30.79 // Dual vs. Iowa Central, 10-15-22
100 Butterfly: :52.14 // at Minnesota Triangular, 10-28-2022
200 Butterfly: 1:56.41 // at Minnesota Triangular, 10-28-2022
200 Ind. Medley: 1:58.82 // at Minnesota Tri, 10-28-2022



JUSTIN WALLAR • Senior
Chesterton, Indiana • Chesterton H.S.
50 Freestyle: :21.94 // Dual at Augustana, 10-14-2022
100 Freestyle: :48.60 // Dual at Augustana, 10-14-2022
200 Freestyle: 1:49.18 // at Minnesota Tri, 10-28-2022

2022-23 MEN'S SWIMMING AND DIVING TEAM SEASON BESTS

INDIVIDUAL

50 Freestyle	Eric Anderson	:20.86	Minnesota Triangular, 10-28-2022
100 Freestyle	Eric Anerson	:46.59	Dual at Augustana, 10-14-2022
200 Freestyle	Jon Galles	1:43.17	Dual at Augustana, 10-14-2022
500 Freestyle	Jack Ellison	4:49.90	Dual at Augustana, 10-14-2022
1,000 Freestyle	Jack Ellison	10:04.14	Minnesota Triangular, 10-28-2022
1,650 Freestyle	N/A		
50 Backstroke	N/A		
100 Backstroke	Aiden Carstensen	:51.67	Dual at Augustana, 10-15-2022
200 Backstroke	Aiden Carstensen	1:55.37	Dual at Augustana, 10-14-2022
50 Breaststroke	N/A		
100 Breaststroke	Conner Harr	:58.00	Dual vs. Iowa Central, 10-15-2022
200 Breaststroke	Gavin Wheeler	2:12.32	Dual at Augustana, 10-14-2022
50 Butterfly	N/A		
100 Butterfly	Austin Smith	:50.49	Dual at Augustana, 10-14-2022
200 Butterfly	Bryan Wong	1:56.41	Minnesota Triangular, 10-28-2022
100 Individual Medley	N/A		
200 Individual Medley	Austin Smith	1:58.02	Dual at Augustana, 10-14-2022
400 Individual Medley	N/A		
1-Meter Diving	Spencer Fritze	277.90	Dual at Augustana, 10-14-2022
3-Meter Diving	Spencer Fritze	301.55	Dual at Augustana, 10-14-2022

RELAYS

200 Freestyle Relay	Negri, Murray, Sieglaff, Johnson	1:25.77	Dual vs. Iowa Central, 10-15-2022
400 Freestyle Relay	Johnson, Galles, Kraft, E. Anderson	3:07.97	Minnesota Triangular, 10-28-2022
800 Freestyle Relay	N/A		
200 Medley Relay	Carstensen, Harr, Smith, E. Anderson	1:34.27	Minnesota Triangular, 10-28-2022
400 Medley Relay	Carstensen, Wheeler, Smith, Galles	3:27.96	Dual vs. Iowa Central, 10-15-2022