

South Dakota State University
Indoor Track and Field Meet Schedule
Sanford-Jackrabbit Athletic Complex
February 11-12, 2022
Final Schedule

Friday, February 11^h

Running Events (heats will run fast to slow)

5:00 PM	W	3000m Run (2 heats)
5:25 PM	M	3000m Run (3 heats)
6:00 PM	W	5000m Run (3 heats)
7:05 PM	M	5000m Run (3 heats)
8:00 PM	W	Distance Medley Relay
8:30 PM	M	Distance Medley Relay
8:45 PM	W	4 x 800 Meter Relay
8:55 PM	M	4 x 800 Meter Relay

Saturday, February 12th

Field Events

11:00 AM	M-W	Weight Throw (Women to follow 30 minutes after the men)
11:00 AM	W-M	Shot Put (Men to follow 30 minutes after the women)
11:00 AM	W-M	Long Jump (Men and Women will both start at 11am)
11:00 AM	W-M	Pole Vault (Using 2 pits, men to follow women)
11:00 AM	M-W	High Jump (Using 2 pits, Women to follow 45 minutes after)
	M-W	Triple Jump (30 minutes after the LJ completes)

Running Events (200, 400 heats go fast to slow. 800, 1000, Mile go slow to fast)

11:00 AM	W-M	60 Meter Hurdles Qualifying Round
11:45 AM	W-M	60 Meter Dash Qualifying Round
12:20 PM	W-M	High School Mile
12:45 PM	M-W	60m Hurdles Preliminary Round
1:05 PM	W-M	60m Dash Preliminary Round
1:20 PM	W-M	Mile Run
2:25 PM	W-M	400 Meter Dash
3:00 PM	W-M	60m Hurdles final
3:10 PM	W-M	60m Dash final
Officials Break		
3:35 PM	W-M	600 Meter Run
4:00 PM	W-M	800m Run
4:30 PM	W-M	200m Dash
5:30 PM	M-W	1000m Run
5:50 PM	W-M	4x400m Relay