

SDSU HOLIDAY INVITE AND MULTI
 HOSTED BY SOUTH DAKOTA STATE UNIVERSITY
 INDOOR TRACK & FIELD MEET
 SANFORD-JACKRABBIT ATHLETIC COMPLEX
 DECEMBER 6-7

MEET SCHEDULE

FRIDAY, DECEMBER 6TH

WOMEN'S PENTATHLON

12:30 PM	60m Hurdles
1:10 PM	High Jump
2:30 PM	Shot Put
3:40 PM	Long Jump
5:00 PM	800m Run

MEN'S HEPTATHLON

12:00 PM	60m Dash
12:35 PM	Long Jump
1:30 PM	Shot Put
2:30 PM	High Jump

FIELD EVENTS

3:00 PM	W	Weight Throw
To Follow Multi	M	Shot Put
4:00 PM	W	Pole Vault (2 Pits)
5:00 PM	M / W	Long Jump
To Follow Multi	W	High Jump (2 pits)
6:30 PM	M	Pole Vault (2 pits)
To Follow Women	M	Weight Throw
To Follow Men	W	Shot Put
7:00 PM	M / W	Triple Jump
To Follow Women	M	High Jump (2 pits)

RUNNING EVENTS

4:00 PM	W – M	5000 Run	Final
4:40 PM	W – M	60m Hurdles	Qualifying* (if needed)
4:50 PM	W – M	60m Dash	Qualifying* (if needed)
5:05 PM	W	800m Run (Pentathlon)	
5:10 PM	M – W	60m Hurdles	Prelim
5:35 PM	W – M	60m Dash	Prelim
5:50 PM	W – M	Mile Run	Final
6:05 PM	W – M	600m Run	Final
6:30 PM	W – M	60m Hurdles	Final
6:40 PM	W – M	60m Dash	Final
6:50 PM	W – M	400m Dash	Final
7:05 PM	W – M	800m Run	Final
7:20 PM	W – M	300m Dash	Final
7:30 PM	W – M	200m Dash	Final
7:55 PM	W – M	3000m Run	Final
8:15 PM	W – M	4 x 400m Relay	Final

SATURDAY, DECEMBER 7TH

FIELD EVENTS

11:00 AM	W – M	Discus (Indoor)
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MEN'S HEPTATHLON

11:00 AM	60m Hurdles
11:40 AM	Pole Vault
1:40 PM	1000m Run