



RUTGERS RELAYS

APRIL 11, 2026
BAUER TRACK AND FIELD COMPLEX
PISCATAWAY, N.J.

RUNNING EVENTS

9:45am	5000m	MEN
10:10am	5000m	WOMEN
10:35am	3000m Steeplechase	MEN
10:55am	3000m Steeplechase	WOMEN
11:15am	Senior Day Recognition	
12:00pm	4x100m	MEN
12:10pm	4x100m	WOMEN
12:25pm	110mH	MEN
12:35pm	100mH	WOMEN
12:45pm	4x200m	MEN
12:50pm	4x200m	WOMEN
12:55pm	400m	MEN
1:05pm	400m	WOMEN
1:15pm	100m	MEN
1:30pm	100m	WOMEN
1:45pm	Letterwinner Mile	
2:00pm	Letterwinner Recognition	
2:20pm	800m	MEN
2:40pm	800m	WOMEN
2:55pm	400mH	MEN
3:05pm	400mH	WOMEN
3:15pm	200m	MEN
3:35pm	200m	WOMEN
3:55pm	1500m	MEN
4:15pm	1500m	WOMEN
4:35pm	4x400m	MEN
4:45pm	4x400m	WOMEN

FIELD EVENTS

9:30am	Hammer	
	*Men followed by Women	
10:00am	Pole Vault	
	*Women followed by Men	
10:30am	Long Jump	(M/W)
	Triple Jump	(M/W)
11:45am	Shot Put	
	*Men followed by Women	
12:00pm	High Jump	
	*Men followed by Women	
12:15pm	Javelin	
	*Men followed by Women	
1:00pm	Discus	
	*Men followed by Women	