

Bulldog Open
INDOOR TRACK & FIELD MEET
Birmingham CrossPlex – Birmingham, AL
February 11th, 2023

Meet Information

- **Spike check will be done by individual coaches with random checks at competition area. Failure to have correct shoe ties and or spike size ¼” is an automatic dismissal from competition for each individual athlete.**

Entries:

For visiting teams, the following guidelines will be followed:

Weight Throw:

- **Top 24 verifiable entries.**

Shot Put:

- **Three entries per school per gender.**

Long Jump, Triple Jump, Pole Vault, High Jump:

- **Three entries per school per gender.**

All Running Events:

- **Three athletes per school per gender.**
- **One relay entry per school**

NCAA Rule: Section 1. Misconduct

- **Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics.**

Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct is subject to reprimand or ejection by the referee or meet management.

Seeding:

- **All races will be seeded as finals against time, with the exception of the 60m Dash and 60m Hurdles.**
- **In the LJ, TJ, SP & WT, the top nine qualifiers will proceed to the finals.**

Lanes:

- **For the 60m Dash and 60m Hurdles, lanes 1-8 will be used.**
- **For the 200m Dash, lanes 1-6 will be used. Preferred lanes are: 5-6-4-3-2-1.**
- **For the 400m Dash, lanes 1-6 will be used. Preferred lanes are: 5-6-4-3-2-1.**

Team Scoring:

- **None**

Entry Procedures:

- **Online only at Directathletics.com**
- **You may begin processing online entries on December 20th, 2022. FINAL ENTRIES MUST BE DECLARED February 7th, 2023 at 6:00pm Central Time.**

Entry Fees:

- **\$600 per gender (\$1200 for dual gender program). There will be no half or partial team rates**
- **Please pay online at DirectAthletics, additional entries can be paid for online at Directathletics also**

Packet Pickup:

- **Available morning of meet. Packet pickup window at entrance of Crossplex**

Unattached: No unattached athletes

Check-in:

- **Track Athletes** - Check in 15min prior to your event starts. Once checked in, you will be required to stay in the clerking area to be escorted out to your event. Entrance to warm-up area 45min prior to your event. You will not be allowed to warmup in the warmup area before the 45min mark prior to your event. Warmup area is for sprinting, hurdling, starts, accelerations prior to your event, not for general warmup. No exceptions. General

warm up will be in adjacent basketball arena. Pick up hip numbers at check in. You will be required to have spike check prior to checking in. Spike Check #1 will be on the South side of bleachers outside of the warmup area, a zip tie will be attached to your spikes. Spike Check #2 will be at Check in. Spike Check #3 will be upon entrance to the warmup area. Spike check #4 will be at event site or starting line.

- **Field event athletes** - report to the head event official 45 minutes prior to your event.

Implement Certification:

- All implements in both the Weight Throw and Shot Put will be checked-in by the Weights and Measures Certifying Official.
- Please do not bring implements to the Inspection table before check-in.
- Coaches and athletes may use the infield equipment to "self-inspect" their implements prior to the first check-in of the day.

We will have weigh ins up to 30 min before competitions begin

Shower Facilities:

- Available in locker rooms in warm-up area upon request, please contact Preston Kirk.

Facility Restrictions:

- **The use of 1/4" pyramid spikes will be strictly enforced. *******
- **No marking chalk will be allowed on track or runways.**
- **No hard shell 20# or 35# weights allowed.**

Pre-Meet Warm-Up:

- General Warm-Ups on Friday will not be available due to lack of use of the Harris arena.
- On Saturday, Feb. 8th, 2020, no general warm-up will be available. The facility doors will open at 7:30am.

Training Room:

- Please contact [Ariel Beam Abeam@samford.edu](mailto:Ariel.Beam.Abeam@samford.edu) Athletic Trainer.

Team Parking:

- Team bus and vans should use rear entrance behind Harris Arena on Avenue W when entering the Crossplex.
- Drop off athletes at rear of the Crossplex building.

Results:

- Live Results will be available on XPRESSTIMING.INC as events are completed. Please do not come onto the meet management tower looking for results.
- Results will be posted during the meet in the track arena.
- A formal copy of the results will be made available on Samford athletic websites.

Coaching boxes:

- Coaching boxes will be clearly marked around the perimeter of the track for the field events.
- No **coaches** or athletes are allowed on the infield except those athletes competing in an event that is in progress.

Please be respectful of these requests in order to keep the infield a safe area for all competing athletes.

Awards:

- None

Feeding Athletes:

The area around the facility has very limited eating options for athletes. Please see our attached list of vendors who deliver food. If ordering food, Teams must eat in their busses/vans or outside of the arena.

There will be typical concession stand food available to purchase at the site (burgers, chicken fingers etc...) this food will be allowed in the concourse area only. No outside food is allowed in the CrossPlex facility. No food or drinks will be allowed on the track oval, infield or warm-up areas by coaches, athletes, college staff or trainers. Only bottled water is allowed in these areas. CrossPlex management will confiscate any other drinks.

Hotel and housing: see attached list



SAMFORD™

SPORTS PROPERTIES

Please support our official restaurant sponsors. Dine in, carry out or catering they're ready to serve you!

Chick-fil-A Midtown Plaza

1913 5th Avenue North, Birmingham, AL 35203
(205) 324-6161 Contact: Brad Johnson (205) 567-3571 or midtown.plaza@chick-fil-a.com

Cocina Superior

587 Brookwood Village, Birmingham, AL 35209
(205) 259-1985 Contact: Patrick Wilkins (205) 259-1980 or Pwilkins23@yahoo.com

Dreamcakes

960 Oxmoor Road, Homewood, AL 35209 (205) 871-9377 Contact: Dwight Potter
Dwight@dreamcakes-bakery.com

Dreamland Barbecue

1427 14th Avenue South, Birmingham, AL 35205
(205) 933-2133 Contact: Adam Whitley (205) 329-9322 or bhamcater@dreamlandbbq.com

Full Moon Bar-b-que

337 Valley Avenue, Birmingham, AL 35209 (205) 945-9997 Contact: Joe Maluff (205) 910-0060 or fullmoonoffice@aol.com

Jimmy John's

1919 Kentucky Ave., Vestavia Hills, AL 35216 (205) 637-0707 Contact: Christina Fox, GM Christina@hooverjj.com

Moe's Southwest Grill

716 Montgomery Highway, Vestavia Hills, AL 35216 (205) 824-7663 Contact: Leslie Barr (205) 987-6637 or lbarr.moes@gmail.com

Mugshots

1919 Kentucky Avenue, Suite 110, Vestavia Hills, AL 35216 (205) 824-9030 Contact: Joe Love (205) 824-9030 or mugshotsvestaviiahills@aintlifegrandinvestments.com

Bojangles

1545 Montclair Road, Birmingham, AL 35210 (205) 956-8242 Contact: Brad Hudson (205) 623-8456 or bhudson@bojangles.com

Hamburger Heaven

180 Oxmoor Blvd, Homewood, AL 35209 180 Oxmoor Blvd, Homewood, AL 35209

(205) 941-1668 (205) 941-1668

Contact: Kirk Roberts Contact: Kirk Roberts, Owner (205) 365-9765 or

hamburgerheaven1@bellsouth.net

Newk's

612 Montgomery Highway, Vestavia Hills, AL 35216 (205) 777-0442 Contact: John Reichle (205) 919-9944 or newks.catering@ckjeateries.com

Nothing But Noodles

2800 Cahaba Village Plaza, Suite 140, Mountain Brook, AL 35243 (205) 238-5511 Contact: Arnold Soni (205) 520-3183 or arnoldsoni@yahoo.com

Panera Bread

700 Montgomery Highway, Vestavia Hills, AL 35216 (205) 978-8910 Contact: Robin Franklin (205) 542-2711 robin.franklin@panerabread.com

Papa John's Pizza

736 Montgomery Highway, Vestavia Hills, AL 35216 (205) 978-7272 Contact: Ray Lineberry (205) 836-1297 or ray.lineberry@pjuned.com

Pizza 120

2737 Hwy 280, Suite 151, Mountain Brook, AL 35223 (205) 637-3103 Contact: Tasker Hewitt THewitt@PIZZA120.com

Taco Mama

63 Church Street, Mountain Brook, AL 35213 (205) 414-9314 Contact: Beka Tulley (205) 368-0964

Taziki's Mediterranean Café

2737 Hwy 280, Mountain Brook, AL 35223 (205) 380-4344 Contact: Megan Reese mreese@tazikiscafe.com

Tracy's Restaurant

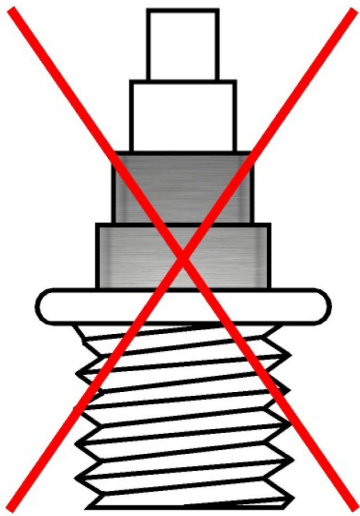
75 Church St. Mt. Brook / Crestline, AL 35213 (205) 803-3005 Contact: Jimmy Tracy (205) 541-2495 or Jtracy7973@att.net

Urban Cookhouse (Crestline Village)

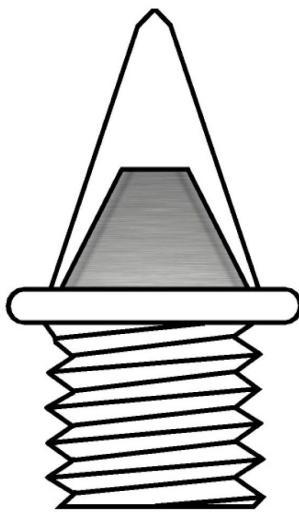
212 Country Club Park, Mt. Brook / Crestline, AL 35213 (205) 803-3535 Contact: Lindsay Horne (678) 463-6177 or lindsayhorne@urbancookhouse.com



SAMFORD



NO
Christmas
Tree Spike
Pins



1/4"
Pyramid



NO
Needle
Spike
Pins

Hotel Partners

Samford Athletics encourages our visitors to stay with our official hotel sponsors. Each property meets our high standards and is convenient to campus. In addition, you will find very competitive rates and outstanding customer service. Below is contact information each property. Thank you for staying with our hotel sponsors.

Sheraton Birmingham Hotel

2101 Richard Arrington Jr. Blvd. N
Birmingham, AL 35203

For reservations call (205) 307-3039

Contact: Matthew Beard
(matthew.beard@sheraton.com)

For reservations call 205-940-9500

Contact: Sandra Rayburn, Area Sales Manager
(Sandra.reyburn@druryhotels.com)

Courtyard by Marriott Homewood

500 Shades Creek Parkway

Homewood, AL 35209

For reservations call (205) 879-0400

Contact: Dan Applegate

(dan.applegate@marriott.com)

Drury Inn & Suites Southeast

3510 Grandview Parkway

Birmingham, AL 35243

For reservations call 205-967-2450

Contact: Sandra Rayburn, Area Sales Manager
(Sandra.reyburn@druryhotels.com)

Drury Inn & Suites Southwest

160 State Farm Parkway

Birmingham, AL 35209

Springhill Suites Marriott

3950 Colonnade Parkway

Birmingham, AL 35243

For reservations call (205) 969-8099 ext. 706

Contact: Sheryl Ellis, Director of Sales
(Sherry.ellis@marriott.com)

Aloft Birmingham Soho Square

1903 29th Avenue South

Homewood, AL 35209

For reservations call (205) 504-8354

Contact: Morgan Walls, Director of Sales

(Morgan.walls@aloftbirminghamsohosquare.com)

Hampton Inn-Mountain Brook

2731 US Highway 280 South

Birmingham, AL 35223

For reservations call (205) 870-7822

Contact: Taylor Harwood

(taylor.harwood@hilton.com)

Residence Inn Homewood Birmingham

50 State Farm Parkway

Homewood, AL 35209

For reservations call (205) 943-0044

Contact: Heather Dill, Account Executive

(Heather.dill@marriott.com)

Birmingham Marriott

3590 Grandview Parkway

Birmingham, AL 35243

For reservations call (205) 968-4508

Contact: Callie Melton, Sales Manager

(callie.swaid@marriott.com)

Hampton Inn-Lakeshore Drive

30 State Farm Parkway

Birmingham, AL 35209

For reservations call (205) 313-2060

Contact: Brandy Craig, Director of Sales

(brandy.craig@hilton.com)

Holiday Inn-Lakeshore

492 Wildwood Circle Drive North

Birmingham, AL 35209

For reservations call (205) 942-6070

Contact: Arthelia Lipscomb, Director of Sales

(alipscomb@kanahotelgroup.com)

Hilton Garden Inn-Birmingham/Lakeshore Drive

520 Wildwood Circle Drive North

Birmingham, AL 35209

(205) 314-0280 or (205) 314-0283

Contact: Riley McEuen, Sales & Catering Manager

(riley.mceuen@hilton.com)

Hyatt Regency Birmingham-The Wynfrey Hotel

1000 Riverchase Galleria

Birmingham, AL 35244



For reservations call 205-444-5707

Contact: Velda Johnson, Sales Manager

