

# 2025 CRIMSON TIDE INVITE SCHEDULE

**FRIDAY APRIL 11TH, 2025**

TIME	GENDER	FIELD EVENTS
10:00AM	WOMEN	HAMMER THROW (E. RING) 2 FLIGHTS OF 10
12:00PM	MEN	HAMMER THROW (E. RING) 2 FLIGHTS OF 10
2:00PM	WOMEN	HAMMER THROW INVITE (E. RING) – TOP 9 COMPETITORS
3:00PM	MEN	HAMMER THROW INVITE (E. RING) – TOP 9 COMPETITORS
5:00PM	WOMEN	DISCUS THROW INVITE (E. RING) – TOP 9 COMPETITORS
6:00PM	MEN	DISCUS THROW INVITE (E. RING) – TOP 9 COMPETITORS
7:00PM	WOMEN	DISCUS THROW (E. RING) – 2 FLIGHTS OF 10
9:00PM	MEN	DISCUS THROW (E. RING) – 2 FLIGHTS OF 10

TIME	GENDER	RUNNING EVENTS
9:00PM	WOMEN	5000M
9:20PM	MEN	5000M

**SATURDAY APRIL 12TH, 2025**

TIME	GENDER	FIELD EVENTS
10:30AM	MEN	JAVELIN (E. RUNWAY)- 2 FLIGHTS OF 10
12:30PM	WOMEN	LONG JUMP (S. RUNWAY)-2 FLIGHTS OF 14
12:40PM	MEN	LONG JUMP (N. RUNWAY)-2 FLIGHTS OF 14
12:30PM	WOMEN	JAVELIN THROW (E. RUNWAY)-2 FLIGHTS OF 10
2:00PM	WOMEN	HIGH JUMP (W. PIT)-24 ENTRIES
3:00PM	WOMEN	POLE VAULT (E. PIT)-24 ENTRIES
3:05PM	MEN	POLE VAULT (C. PIT)-24 ENTRIES
4:00PM	WOMEN	TRIPLE JUMP (S. RUNWAY)-2 FLIGHTS OF 10
4:05PM	MEN	TRIPLE JUMP (N. RUNWAY)-2 FLIGHTS OF 10
4:30PM	MEN	HIGH JUMP (W. PIT)-24 ENTRIES
4:00PM	WOMEN	SHOT PUT (N. RING)-2 FLIGHTS OF 10
4:05PM	MEN	SHOT PUT (S. RING)-2 FLIGHTS OF 10

TIME	GENDER	RUNNING EVENTS
1:00PM		NATIONAL ANTHEM
1:05PM		SENIOR RECOGNITION
1:25PM	WOMEN	100M HURDLES
1:45PM	MEN	110M HURDLES
2:00PM	WOMEN	4 x100M RELAY
2:10PM	MEN	4x100M RELAY
2:15PM	WOMEN	3000M STEEPLECHASE
2:30PM	MEN	3000M STEEPLECHASE
2:45PM	WOMEN	400M DASH
3:05PM	MEN	400M DASH
3:30PM	WOMEN	100M DASH
3:45PM	MEN	100M DASH
4:00PM	WOMEN	800M RUN
4:15PM	MEN	800M RUN
4:35PM	WOMEN	400M HURDLES
4:45PM	MEN	400M HURDLES
5:00PM	WOMEN	200M DASH
5:25PM	MEN	200M DASH
5:50PM	WOMEN	1500M RUN
6:05PM	MEN	1500M RUN
6:20PM	WOMEN	4 x 400M RELAY
6:30PM	MEN	4 x 400M RELAY